

1. Fill in the blank:

a) Self-exploration is the process for..... Education.

Answer: Self-education

Explanation:

Self-exploration is the process through which a person tries to understand themselves deeply. It involves asking questions like “Who am I?”, “What is my goal?”, “What makes me happy?”, and “What do I really want in life?” This process does not depend on external teachers or books. It is a personal journey of understanding. Therefore, it is called **Self-education**. It helps us realize our potential, our values, and helps us live with clarity. Self-education through self-exploration gives true knowledge that is connected to our life and leads to harmony with self and others.

b) is a feeling of having more than required physical facilities.

Answer: Prosperity

Explanation:

Prosperity means having **enough physical resources** to take care of our needs and also feeling satisfied. It is not just about collecting wealth or material things. True prosperity is when we feel we have more than enough to fulfill our needs, and we do not feel greedy or lacking. For example, if a person has two cars but still wants more and feels poor, they are not prosperous. But someone who has enough for their needs and is happy with it is truly prosperous. So, **prosperity is a feeling**, not just a situation.

c) is the foundational value in relationships.

Answer: Trust

Explanation:

Trust is the base of any healthy relationship. It means having confidence that the other person wants our happiness and well-being, just like we want theirs. Without trust, we feel fear, doubt, and misunderstandings in relationships. Trust removes these problems and creates harmony. For example, if two friends trust each other, they share things honestly and help each other. Trust gives strength to all other values like respect, affection, and care. Therefore, trust is called the **foundational value** in relationships.

d) Justice is Harmony in

Answer: Relationship

Explanation:

Justice means **giving what is right and fair** to others. In Universal Human Values, justice is defined as **harmony in relationships**. It involves four steps: recognition of the relationship, right feelings, right expectations, and mutual fulfillment. When both people in a relationship understand and respect each other, there is no conflict, only justice. For example, if a teacher respects students and students respect the teacher, their relationship is full of justice. Therefore, justice means **balanced and respectful interaction** between individuals.

e) There are order in Nature.

Answer: Four

Explanation:

There are **four orders** in nature as per the Universal Human Values curriculum. These are:

1. Material Order (non-living things like soil, water)
2. Plant/Bio Order (plants and trees)
3. Animal Order (animals and birds)
4. Human Order (human beings)

Each order plays a specific role in nature. Humans have the responsibility to understand these orders and live in harmony with them. All the orders are interconnected and support each other. Understanding these orders helps us live with responsibility and care for the environment and society.

a) is the foundational value in relationships.

Answer: Trust (Repeated – same explanation as point c)

c) We should not operate only on the basis of pre

Answer: Conditionings

Explanation:

We should not live life only based on **pre-conditionings**. These are the beliefs or habits that we learn from society, family, media, etc., without checking if they are right or wrong. When we follow something blindly, it may create confusion, conflicts, or suffering. For example, someone might believe that more money means more happiness, but in reality, happiness comes from good relationships and peace of mind. That's why it's important to question and understand things ourselves. This leads to right understanding and better decisions.

d) Physical facilities are necessary but for humans.

Answer: Not sufficient

Explanation:

Physical facilities like food, clothes, shelter, and money are important to live. But they are **not sufficient** for humans to feel happy and satisfied. Human beings also need good relationships, understanding, peace, and respect. These things cannot be bought with money. For example, a person may have a big house and car but still feel lonely or stressed. Therefore, physical things are necessary but **not enough** for a complete and happy life.

e) Existence is submerged in space.

Answer: Co-existence

Explanation:

Existence means **everything that exists around us**—living or non-living. According to this subject, existence is in the form of **co-existence**, and it is submerged in space. This means everything in nature exists in relationship with each other, and space is present everywhere, connecting everything. Space is not empty; it holds and supports all existence. Co-existence teaches us to live in harmony with other beings, understanding that everything is interconnected.

b) Animal order in nature contains and

Answer: Sentience and Breed

Explanation:

The **animal order** in nature includes two important characteristics: **Sentience** (ability to feel and respond) and **Breed** (the biological process of reproduction and growth). Animals have physical needs like food and shelter, and they also show some behavior like love, fear, or protection, but they work mostly on instincts. Unlike humans, animals cannot do conscious evaluation of right and wrong. So, they live naturally without disturbing the balance in nature.

d) To be in a state of liking is

Answer: Happiness

Explanation:

Happiness is the feeling of being in a **state of liking**. It means when we are comfortable, relaxed, and feeling good inside. It is not something that comes from outside, like money or gadgets. Happiness is a continuous inner state that we experience when we understand ourselves and live in harmony with others. True happiness comes when our thoughts, behavior, and feelings are right.

e) Right understanding + = Mutual prosperity.

Answer: Physical facilities

Explanation:

Mutual Prosperity means well-being for yourself and others. It is achieved when you have both:

- **Right understanding** (knowing what is truly valuable in life)
- **Physical facilities** (having enough resources to fulfill your needs)

When we have the right understanding, we know how much is enough, and we don't run after unnecessary things. When everyone lives like this, there is peace in society and balance in nature. This leads to **mutual prosperity**, where both people and the environment benefit.

f) Existence is nature submerged in space.

Answer: True

Explanation:

According to UHV, **existence** is considered as **co-existence** of all units (material and conscious) in **space**. All natural entities—like plants, animals, humans, and matter—are called **nature**, and all of this exists in **space**. Space is not empty; it is active and holds everything together. So, **existence = nature + space**. This means nature is submerged (present) in space. Recognizing this helps us understand that everything is interconnected and nothing is separate in the universe.

g) There is no self-regulation in Nature.

Answer: False

Explanation:

Nature is full of **self-regulation**. Every natural system works in balance and harmony without needing external control. For example, **plants grow, rivers flow, seasons change**, and **animals reproduce** naturally. This is called **self-regulation**. Nature does not require supervision like humans do. It works according to its own laws and patterns. This harmony is disturbed only when humans interfere. So, the statement is false. Nature is self-regulated and functions perfectly.

h) Developing ethical competence in individual ensures professional ethics.

Answer: True

Explanation:

Ethical competence means the ability to understand and practice what is right, fair, and just. When a person develops ethical competence, they automatically act responsibly and ethically in their **professional life**. They treat others with respect, don't cheat, and follow rules not out of fear but because they believe in them. Thus, personal ethics leads to **professional ethics**. A good human being becomes a good professional. Therefore, developing ethical competence ensures ethical behavior in the workplace.

i) Holistic technologies should be eco-friendly and people-friendly.

Answer: True

Explanation:

Holistic technologies are those that do not harm nature and benefit people. These technologies are both **eco-friendly** (safe for the environment) and **people-friendly** (helpful for human well-being). For example, solar energy, organic farming, and biodegradable packaging are holistic because they don't pollute and help society. Holistic development means thinking about both people and the planet. That's why such technologies are preferred for a sustainable and healthy future.

j) The value "care" is related with body.

Answer: True

Explanation:

Care is one of the values in relationships. It means giving attention to the **physical needs** of others, like food, health, rest, and comfort. For example, when a mother cares for her child, she makes sure the child eats well and stays clean. This shows care is directly connected to the **body**. It's about taking action to ensure the physical well-being of the person you love or value. So, the statement is true.

h) Value Education should be rational.

Answer: True

Explanation:

Value Education should be based on **logic and reasoning**, not blind beliefs. When students understand the importance of values like trust, respect, and honesty through real-life examples and reasoning, they are more likely to follow them. It's not about forcing values but helping students explore and accept them by understanding. A rational approach builds clarity, confidence, and commitment in students. So, yes, value education must be rational and universal.

i) Giving all the priorities to Physical Facilities is living with Animal consciousness.

Answer: True

Explanation:

Animal consciousness means living only for **physical needs**, like food, shelter, and comfort—just like animals do. When humans focus only on material things (money, gadgets, etc.) and ignore relationships, understanding, and emotions, they live like animals. But humans have a **higher potential**—we can think, understand values, and build meaningful relationships. So, focusing only on physical facilities is not true human living. It's living with **animal consciousness**.

f) Human values are universal.

Answer: True

Explanation:

Human values like love, trust, respect, honesty, and compassion are the same everywhere. Whether a person is from India or another country, everyone wants to be respected and trusted. These values are not based on religion, caste, or culture. They are **universal** because they are applicable to all human beings. Understanding this helps us live with others peacefully and create a better society. That's why they are called **Universal Human Values**.

g) Prosperity and wealth are equivalent.

Answer: False

Explanation:

Prosperity and **wealth** are not the same. Wealth means having money or material things. Prosperity is a **feeling** of having enough and being satisfied. A person may have a lot of wealth but still feel unhappy or poor. But someone with enough to meet their needs and a peaceful mind is truly prosperous. So, prosperity is about **contentment and satisfaction**, not just money. That's why the two are **not equivalent**.

h) Imaging is an activity of the body.

Answer: False

Explanation:

Imaging is the process of forming pictures, ideas, or plans in the **mind**. It is part of the activities of the **self (I)**, not the body. For example, when you imagine a holiday or dream about success, your body is not doing it—your **conscious self** is. The body only responds to what the self thinks. Therefore, imaging is a **mental** activity, not a physical one. So, the statement is false.

i) The innateness of material order is existence.

Answer: True

Explanation:

The **material order** includes non-living things like water, soil, air, and metals. These things **exist naturally** and **continue to exist** over time. Their **innate nature** is to simply **exist**. They don't make decisions, and they don't change on their own. For example, a stone remains a stone unless acted upon. This quality of being stable and continuous in nature is called **innateness**, and for the material order, it is **existence**.

j) Right understanding forms the basis for definitiveness of human conduct.

Answer: True

Explanation:

Right understanding means having clear knowledge of ourselves, relationships, and the world. It helps us make correct choices and behave in a way that leads to **happiness and harmony**. When we have right understanding, our actions are stable, clear, and consistent. This is called **definitiveness in conduct**. Without it, our behavior changes based on mood or pressure. So, right understanding gives a strong base for good and predictable human behavior.

h) Respect is right evaluation.

Answer: True

Explanation:

Respect means giving value to someone for what they are, not just for their position or money. It is about **right evaluation** of a person's qualities and role. For example, we should respect elders not just because they are old, but because of their wisdom and experience. If we evaluate people correctly and fairly, we naturally respect them. So, respect is based on understanding and is equal for all humans. That's why it is called **right evaluation**.

i) There are four orders in Nature.

Answer: True

Explanation:

There are **four orders in Nature** according to UHV:

1. **Material Order** – Non-living things like soil, air, water
2. **Plant/Bio Order** – Plants and vegetation
3. **Animal Order** – Animals and birds
4. **Human Order** – Human beings

Each order has its own characteristics and works in harmony. Humans are the only ones who can understand all orders and have the responsibility to maintain balance. Knowing these orders helps us live in **harmony with nature**.

j) Ethical Human Conduct leads to Mutual Fulfilment.

Answer: True

Explanation:

Ethical conduct means behaving in a way that is truthful, fair, respectful, and caring. When a person lives ethically, it not only helps them feel peaceful, but it also creates trust and happiness in others. This leads to **mutual fulfillment**, where both parties feel satisfied and respected in the relationship. For example, in a workplace, if everyone is honest and respectful, work becomes smooth and fulfilling for all. So, ethical human conduct is the path to **harmony and mutual satisfaction**.