

Enrico Perinelli

Department of Psychology and Cognitive Science
University of Trento
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Curriculum Vitae
September 11, 2025



Academic Position

- **Tenure Track Researcher (RTT) – Work and Organizational Psychology** Jul 1, 2024 - Current
University of Trento *Rovereto, Italy*
- **Research Fellow (RTD-A) – Work and Organizational Psychology** Jul 1, 2021 - June 30, 2024
University of Trento *Rovereto, Italy*
- **Postdoctoral Researcher – Work and Organizational Psychology** Sept 15, 2018 - Jun 30, 2021
University of Trento *Rovereto, Italy*

Education

- **Ph.D. – Personality and Organizational Psychology** Nov 1, 2014 - Feb 12, 2018
Sapienza University of Rome *Rome, Italy*
 - *Dissertation:* On the validity of the state-like component of global self-esteem: Relationships with implicit self-esteem and work-related variables using different Latent State-Trait models
 - *Advisor:* Guido Alessandri
 - *Area:* Psychometrics (M-PSI/03)
 - *Classification:* Excellent
- **M.S. – Clinical Psychology** Nov 9, 2010 - Feb 6, 2013
University of Bologna *Cesena, Italy*
 - *Thesis:* Social Desirability: A review of its relevance in Clinical Psychology using the PRISMA statement and an exploration of its relationship with personality using Structural Equation Modeling
 - *Advisor:* Paola Gremigni
 - *Area:* Psychometrics (M-PSI/03)
 - *Final grade:* 110/110
- **B.S. – Psychology** Oct 19, 2007 - Oct 21, 2010
University of L'Aquila *L'Aquila, Italy*
 - *Thesis:* Psicobiologia e psicologia dinamica: Due prospettive a confronto
 - *Advisor:* Enrico Perilli
 - *Area:* Dynamic Psychology (M-PSI/07)
 - *Final grade:* 99/110

Publications

• Peer reviewed international journals

35. **Perinelli, E.**, Stella, M., Bizzego, A., Pisanu, F., & Fraccaroli, F. (in press). Lagged predictors of Psychological Capital in junior high school students: A supervised Machine Learning approach. *International Journal of Behavioral Development*. <https://doi.org/10.1177/01650254251368793>

34. Avanzi, L., **Perinelli, E.**, Menghini, L., Vignoli, M., Junker, N. M., & Balducci, C. (in press). From workaholism to overcommitment and burnout: The moderating role of job satisfaction. *The Spanish Journal of Psychology*. <https://doi.org/10.1017/SJP.2025.10007>
33. Ciringione, L., **Perinelli, E.**, Mancini, F., & Prunetti, E. (2025). Beyond the Scars: An Analysis of Adverse Childhood Experiences and the Interconnections Between Emotion Dysregulation, Dissociation, and Trauma in Patients with Borderline Personality Disorder. *Brain Sciences*, 15(8), Article 889. <https://doi.org/10.3390/brainsci15080889>
32. Zasso, S., De Marco, L., Sette, S., Stella, M., & **Perinelli, E.** (2025). Predictors of loneliness at school: An explainable artificial intelligence approach on a large-scale cross-cultural assessment. *Personality and Individual Differences*, 246, Article 113346. <https://doi.org/10.1016/j.paid.2025.113346>
31. Zagaria, A., **Perinelli, E.**, & Lombardi, L. (2025). Development and validation of the Adult Attachment Trauma Questionnaire (AATQ). *European Journal of Trauma & Dissociation*, 9(2), Article 100533. <https://doi.org/10.1016/j.ejtd.2025.100533>
30. Menghini, L., **Perinelli, E.**, & Balducci, C. (2025). Manipulation of Intensive Longitudinal Data: A tutorial in R with applications on the Job Demand-Control model. *International Journal of Psychology*, 60(2), Article e70040. <https://doi.org/10.1002/ijop.70040>
29. Vignoli, M., Costantini, A., Ceschi, A., & **Perinelli, E.** (2024). It's an e-work life! An explorative study on the relationships between e-work characteristics and well-being. *International Journal of Psychology*, 59(5), 624–631. <https://doi.org/10.1002/ijop.13127>
28. Neoh, M. J. Y., Lieu, A. A., **Perinelli, E.**, Balagtas, J. P. M., Nah, H., Ho, M.-H. R., & Esposito, G. (2024). An intergenerational study of parental bonding on perceptions of parental and spousal criticism and marital relationship quality in Singapore. *Family Process*, 63(2), 947-966. <https://doi.org/10.1111/famp.12942>
27. Stanghellini, F., **Perinelli, E.**, Lombardi, L., & Stella, M. (2024). Introducing semantic loadings in factor analysis: Bridging network psychometrics and cognitive networks for understanding depression, anxiety and stress. *advances.in/psychology*, 2, Article e35366. <https://doi.org/10.56296/aip00008>
26. Alessandri, G., Tavorucci, S., **Perinelli, E.**, Eisenberg, N., Golfieri, F., Caprara, G. V., & Crocetti, E. (2023). Regulatory emotional self-efficacy beliefs matter for (mal)adjustment: A meta-analysis. *Current Psychology*, 42(35), 31004–31023. <https://doi.org/10.1007/s12144-022-04099-3>
25. **Perinelli, E.**, Vignoli, M., Kröner, F., Müller, A., Genrich, M., & Fraccaroli, F. (2023). Workers' emotional exhaustion and mental well-being over the COVID-19 pandemic: A Dynamic Structural Equation Modeling (DSEM) approach. *Frontiers in Psychology*, 14, Article 1222845. <https://doi.org/10.3389/fpsyg.2023.1222845>
24. **Perinelli, E.**, Balducci, C., & Fraccaroli, F. (2023). Structural validity and classification performance of the Italian Short Negative Acts Questionnaire: A Structural Equation Modeling approach for building ROC curves. *Current Psychology*, 42(30), 26300-26316. <https://doi.org/10.1007/s12144-022-03741-4>
23. Avanzi, L., **Perinelli, E.**, & Mariani, M. G. (2023). The effect of individual, group, and shared organizational identification on job satisfaction and collective actual turnover. *European Journal of Social Psychology*, 53(5), 956-969. <https://doi.org/10.1002/ejsp.2946>
22. Vignoli, M., **Perinelli, E.**, Demerouti, E., & Truxillo, D. M. (2023). An analysis of the multidimensional structure of job crafting for older workers with a managerial role. *Work, Aging and Retirement*, 9(1), 136–150. <https://doi.org/10.1093/workar/waab031>
21. Alessandri, G., Filosa, L., **Perinelli, E.**, Carnevali, L., Ottaviani, C., Ferrante, C., & Pasquali, V. (2023). The association of self-esteem variability with diurnal cortisol patterns in a sample of adult workers. *Biological Psychology*, 176, Article 108470. <https://doi.org/10.1016/j.biopsycho.2022.108470>
20. **Perinelli, E.**, Filosa, L., Avanzi, L., & Fraccaroli, F. (2023). Self-esteem stability and change at home versus at work: An application of the Latent State-Trait model for the combination of Random and Fixed situations (LST-RF). *Identity*, 23(1), 50-66. <https://doi.org/10.1080/15283488.2022.2115495>

19. Alessandri, G., **Perinelli, E.**, Filosa, L., Eisenberg, N., & Valiente, C. (2022). The validity of the higher-order structure of effortful control as defined by inhibitory control, attention shifting, and focusing: A longitudinal and multi-informant study. *Journal of Personality*, 90(5), 781-798. <https://doi.org/10.1111/jopy.12696>
18. **Perinelli, E.**, Alessandri, G., Vecchione, M., & Mancini, D. (2022). A comprehensive analysis of the psychometric properties of the Contingencies of Self-Worth Scale (CSWS). *Current Psychology*, 41(8), 5307-5322. <https://doi.org/10.1007/s12144-020-01007-5>
17. **Perinelli, E.**, Pisanu, F., Checchi, D., Scalas, L. F., & Fraccaroli, F. (2022). Academic self-concept change in junior high school students and relationships with academic achievement. *Contemporary Educational Psychology*, 69, Article 102071. <https://doi.org/10.1016/j.cedpsych.2022.102071>
16. **Perinelli, E.**, Alessandri, G., Cepale, G., & Fraccaroli, F. (2022). The sociometer theory at work: Exploring the organizational interpersonal roots of self-esteem. *Applied Psychology: An International Review*, 71(1), 76-102. <https://doi.org/10.1111/apps.12312>
15. Avanzi, L., **Perinelli, E.**, Bressan, M., Balducci, C., Lombardi, L., Fraccaroli, F., & van Dick, R. (2021). The mediational effect of social support between organizational identification and employees' health: A three-wave study on the social cure model. *Anxiety, Stress, & Coping*, 34(4), 465-478. <https://doi.org/10.1080/10615806.2020.1868443>
14. Cepale, G., Alessandri, G., Borgogni, L., **Perinelli, E.**, Avanzi, L., Livi, S., & Coscarelli, A. (2021). Emotional efficacy beliefs at work and turnover intentions: The mediational role of organizational socialization and identification. *Journal of Career Assessment*, 29(3), 442-462. <https://doi.org/10.1177/1069072720983209>
13. Filosa, L., Cepale, G., **Perinelli, E.**, Cinque, L., Coscarelli, A., & Alessandri, G. (2021). The Military Academic Motivation Scale (MAMS): A new scale to assess motivation among military cadets from a self-determination theory perspective. *European Journal of Psychological Assessment*, 37(3), 193-207. <https://doi.org/10.1027/1015-5759/a000593>
12. **Perinelli, E.**, & Alessandri, G. (2020). A Latent State-Trait analysis of global self-esteem: A reconsideration of its state-like component in an organizational setting. *International Journal of Selection and Assessment*, 28(4), 465-483. <https://doi.org/10.1111/ijsa.12308>
11. Alessandri, G., **Perinelli, E.**, Robins, R. W., Vecchione, M., & Filosa, L. (2020). Personality trait change at work: Associations with organizational socialization and identification. *Journal of Personality*, 88(6), 1217-1234. <https://doi.org/10.1111/jopy.12567>
10. Avanzi, L., **Perinelli, E.**, Vignoli, M., Junker, N. M., & Balducci, C. (2020). Unravelling work drive: A comparison between workaholism and overcommitment. *International Journal of Environmental Research and Public Health*, 17(16), Article 5755. <https://doi.org/10.3390/ijerph17165755>
9. Alessandri, G., De Longis, E., **Perinelli, E.**, Balducci, C., & Borgogni, L. (2020). The costs of working too hard: Relationships between workaholism, job demands, and prosocial organizational citizenship behavior. *Journal of Personnel Psychology*, 19(1), 24-32. <https://doi.org/10.1027/1866-5888/a000240>
8. Alessandri, G., **Perinelli, E.**, De Longis, E., Schaufeli, W. B., Theodorou, A., Borgogni, L., Caprara, G. V., & Cinque, L. (2018). Job burnout: The contribution of emotional stability and emotional self-efficacy beliefs. *Journal of Occupational and Organizational Psychology*, 91(4), 823-851. <https://doi.org/10.1111/joop.12225>
7. **Perinelli, E.**, Alessandri, G., Donnellan, M. B., & Laguna, M. (2018). State-trait decomposition of Name Letter Test scores and relationships with global self-esteem. *Journal of Personality and Social Psychology*, 114(6), 959-972. <https://doi.org/10.1037/pspp0000125>
6. Alessandri, G., **Perinelli, E.**, De Longis, E., & Theodorou, A. (2018). Second-order growth mixture modeling in organizational psychology: An application in the study of job performance using the cusp catastrophe model. *Nonlinear Dynamics, Psychology, and Life Sciences*, 22(1), 53-76.

5. Caprara, G. V., Gerbino, M., **Perinelli, E.**, Alessandri, G., Lenti, C., Walder, M., ... Nobile, M. (2017). Individual differences in personality associated with aggressive behavior among adolescents referred for externalizing behavior problems. *Journal of Psychopathology and Behavioral Assessment*, 39(4), 680-692. <https://doi.org/10.1007/s10862-017-9608-8>
4. Alessandri, G., **Perinelli, E.**, De Longis, E., Rosa, V., Theodorou, A., & Borgogni, L. (2017). The costly burden of an inauthentic self: Insecure self-esteem predisposes to emotional exhaustion by increasing reactivity to negative events. *Anxiety, Stress, & Coping*, 30(6), 630-646. <https://doi.org/10.1080/10615806.2016.1262357>
3. Alessandri, G., Zuffianò, A., & **Perinelli, E.** (2017). Evaluating intervention programs with a pretest-posttest design: A Structural Equation Modeling approach. *Frontiers in Psychology*, 8, Article 223. <https://doi.org/10.3389/fpsyg.2017.00223>
2. Castellani, V., **Perinelli, E.**, Gerbino, M., & Caprara, G. V. (2016). Positivity and interpersonal styles. *Personality and Individual Differences*, 98, 229-234. <https://doi.org/10.1016/j.paid.2016.04.048>
1. **Perinelli, E.**, & Gremigni, P. (2016). Use of social desirability scales in clinical psychology: A systematic review. *Journal of Clinical Psychology*, 72(6), 534-551. <https://doi.org/10.1002/jclp.22284>

• National journals

4. Gentile, M., Cerni, T., **Perinelli, E.**, & Pisanu, F. (2023). Analisi delle pratiche valutative e attuazione della riforma della valutazione nella scuola primaria: Un'interazione tra persone e contesti [Analysis of assessment practices and implementation of evaluation reform in the primary school: An interplay between persons and contexts]. *QTimes – Journal of Education, Technology and Social Studies*, 15(4), 258-274. doi: 10.14668/QTimes_15420
3. Gentile, M., Pisanu, F., **Perinelli, E.**, & Cerni, T. (2023). Promuovere a scuola le competenze non-cognitive: Risorse per la ricerca, la formazione e la consulenza [Promoting non-cognitive skills in school: Resources for research, training and counseling]. *RicercAzione*, 15(1), 63-83. <https://doi.org/10.32076/RA15104>
2. Paladino, M. P., Stefani, S., & **Perinelli, E.** (2022). Feeling of power: Validation of the Italian Personal Sense of Power Scale. *Psicologia Sociale*, 17(1), 103-123. <https://www.rivisteweb.it/doi/10.1482/103780>
1. **Perinelli, E.**, Salomone, R., & Fraccaroli, F. (2020). Nudging e mercato del lavoro: Primi spunti per un dialogo tra psicologia e diritto [Nudging and the labor market: Contribution for a dialogue between psychology and law]. *Giornale Italiano di Psicologia*, 47(2), 487-494. <https://www.rivisteweb.it/doi/10.1421/97877>

• Chapters of book

3. Cerni, T., & **Perinelli, E.** (2023). Il concetto di sé scolastico [Academic self-concept]. In M. Gentile & F. Pisanu (Eds.), *Insegnare Educando. Promuovere a scuola le risorse psicosociali di chi apprende: modelli, strategie, attività* (pp. 65-75). UTET Università.
2. Alessandri, G., & **Perinelli, E.** (2018). Metodi di ricerca in psicologia del lavoro e delle organizzazioni [Research methods in work and organizational psychology]. In G. Alessandri & L. Borgogni (Eds.), *Psicologia del lavoro: Dalla teoria alla pratica* (Vol. 2, pp. 27-55). Franco Angeli.
1. Alessandri, G., & **Perinelli, E.** (2018). Psicologia positiva al lavoro: Un'analisi dei principali approcci e costrutti [Positive psychology at work: An analysis of the main approaches and constructs]. In G. Alessandri & L. Borgogni (Eds.), *Psicologia del lavoro: Dalla teoria alla pratica* (Vol. 1, pp. 223-244). Franco Angeli.

• Technical reports

5. Menghini, L., Freuli, F., **Perinelli, E.**, & Fraccaroli, F. (2023). *Condizioni di lavoro nell'Euregio Tirolo - Alto Adige - Trentino: Analisi dei dati raccolti nella European Working Conditions Survey (EWCS) 2021*. Department of Psychology and Cognitive Science, University of Trento.
4. Merlo, G., Molino, M., **Perinelli, E.**, Zanutto, A., Salomone, R., & Fraccaroli, F. (2022). *Sperimentazioni di misure di Nudging nell'ambito del reinserimento lavorativo e sociale dei beneficiari di Reddito di Cittadinanza nella Provincia Autonoma di Trento*. University of Trento.
3. Fraccaroli, F., Pisanu, F., Gentile, M., **Perinelli, E.**, & Cerni, T. (2022). *Sentirsi "forti" per superare le difficoltà nella ripartenza della scuola: L'importanza del self-concept scolastico negli studenti della scuola secondaria di primo grado dopo l'emergenza da covid-19* [Feeling "strong" to overcome the difficulties in restarting the school: The importance of the academic self-concept in junior high school students after the covid-19 emergency]. Department of Psychology and Cognitive Science, University of Trento.
2. Gentile, M., Cerni, T., **Perinelli, E.**, & Pisanu, F. (2021). *Valutazione formativa e per l'apprendimento: L'impatto dell'OM 172 sulle pratiche e la cultura della valutazione in relazione agli apprendimenti cognitivi e non-cognitivi*. LUMSA Università di Roma.
1. Fraccaroli, F., & **Perinelli, E.** (2020). *Il mobbing nel territorio Trentino* [Mobbing in the Trentino area]. Department of Psychology and Cognitive Science, University of Trento.

• Manuscripts submitted for publication

8. Zagaria, A., **Perinelli, E.**, & Lombardi, L. (2025). *The structure of Attachment Trauma: a Confirmatory Factor Analysis and Latent Profile Analysis on the Adult Attachment Trauma Questionnaire*. Manuscript submitted for publication.
7. De Marco, L., Brunetti, M., Roorda, D. L., **Perinelli, E.**, Cannoni, E., Laghi, F., Longobardi, E., & Sette, S. (2025). *The Student-Teacher Relationship and Children's Internalizing Difficulties: Psychometric Properties of the Student-Teacher Relationship Drawings (STRDs) in Italy*. Manuscript submitted for publication.
6. Carrillo, A., Roske, S. F., Ianov-Vitanov, R., **Perinelli, E.**, Grecucci, A., & Stella, M. (2025). *Textual form mentis networks bridge language structure, emotional content and psychopathology levels in adolescents*. Manuscript submitted for publication.
5. Stefani, S., Paladino, M. P., Easterbrook, M., & **Perinelli, E.** (2025). *Unpacking Identity in Higher Education: A Psychometric Investigation of Identity Compatibility, Sense of Belonging, and Academic Social Identification across Low and High-SES Students*. Manuscript submitted for publication.
4. Balducci, C., **Perinelli, E.**, Avanzi, L., Atroszko, P., Charzyńska, E., & Menghini, L. (2024). *Does your work make you a workaholic? Situational triggers and chronic enhancers of state workaholism*. Manuscript submitted for publication.
3. Giovanelli, E., **Perinelli, E.**, Valzolgher, C., Gessa, E., & Pavani, F. (2024). *Self-Efficacy and Locus of Control when facing listening challenges: Validation of the Listening Challenges Attitude Scale (LiCAS)*. Manuscript submitted for publication.
2. Zasso, S., Sette, S., Pisanu, F., Fraccaroli, F., & **Perinelli, E.** (2024). *Links between loneliness, math anxiety, and academic achievement in 15-year-old adolescents: A cross-national latent variable analysis using PISA 2022*. Manuscript submitted for publication.
1. Avanzi, L., **Perinelli, E.**, Balducci, C., Alessandri, G., & Fraccaroli, F. (2022). *The relationship between job role, organizational identification, workaholism, and job performance: A moderated mediation model using a diary study*. Manuscript submitted for publication.

Presentations

• International peer reviewed conference presentations

20. Zasso, S., De Marco, L., Sette, S., Stella, M., & **Perinelli, E.** (2025, June 11–13). *Predictors of loneliness at school: An Explainable Artificial Intelligence approach on a large-scale cross-cultural assessment* [Poster presentation]. Theme Week on Loneliness, Volkswagen Foundation, Hannover, Germany.
19. Menghini, L., **Perinelli, E.**, Balducci, C., & Psicostat Core Team (2025, May 21-24). *From Open Materials to Multiverses of Datasets: A Tutorial on Intensive Longitudinal Data Pre-processing* [Paper presentation]. European Association of Work and Organizational Psychology (EAWOP) 22nd Congress, Prague, Czech Republic.
18. Casciano, A., Menghini, L., **Perinelli, E.**, Pisanu, F., & Fraccaroli F. (2025, May 21-24). *Psycho-Social Factors in Youth Transitions: Evidence from the Euregio Area* [Paper presentation]. European Association of Work and Organizational Psychology (EAWOP) 22nd Congress, Prague, Czech Republic.
17. Gaggero, G., Zasso, S., Manfredi, L., De Marco, L., **Perinelli, E.**, & Sette, S. (2025, May 9–10). *Exploring the link between the quality of parental relationships and loneliness in adolescents with a migrant-origin background* [Oral presentation]. Workshop Parenting and Culture: Cross-Cultural and International Migration Perspectives, Chieti, Italy.
16. Zasso, S., Sette, S., Pisanu, F., Fraccaroli, F., & **Perinelli, E.** (2024, September 25-28). *The mediational role of math anxiety in the link between loneliness and math achievement: An analysis using PISA 2022* [Paper presentation]. XIX European Association for Research on Adolescence (EARA) Conference, Limassol, Cyprus.
15. **Perinelli, E.**, Lombardi, L., & Stella, M.* (2024, June 17-20). *Semantic loadings as a bridge between network psychometrics and cognitive networks for understanding mental distress*. Paper presented at Virtual MathPsych/ICCM 2024. Via <https://mathpsych.org/presentation/1509>. ***presenting author**
14. Zasso, S., Sette, S., Pisanu, F., Fraccaroli, F., & **Perinelli, E.** (2024, June 3-6). *The mediational role of math anxiety in the link between loneliness and math achievement: An analysis using PISA 2022* [Paper presentation]. Journal “Scuola Democratica” 3rd International Conference, Cagliari, Italy.
13. Pisanu, F., Menghini, L., **Perinelli, E.**, & Fraccaroli, F. (2024, June 3-6). *Navigating youth transitions in the Tyrol-South Tyrol-Trentino Euroregion: A quantitative investigation of the psycho-social antecedents of career adaptation* [Paper presentation]. Journal “Scuola Democratica” 3rd International Conference, Cagliari, Italy.
12. Pisanu, F., **Perinelli, E.***, & Fraccaroli, F. (2023, June 22-24). *Non cognitive skills development to face learning and socio emotional loss during the pandemic: An action research on middle school students’ academic self-concept* [Paper presentation]. Österreichische Jugendforschungstagung: Jugend in Zeiten von Krisen [Austrian Conference on Youth Research: Youth in times of crisis], Innsbruck, Austria. ***presenting author**
11. Avanzi, L., **Perinelli, E.**, Vignoli, M., Junker, N. M., & Balducci, C. (2023, May 24-27). The relationship between workaholism, overcommitment, and burnout: The moderating role of job satisfaction. In C. Balducci & P. Atroszko (Chairs), *Addicted to work: Towards a better characterization of the organizational and clinical implications of workaholism* [Symposium]. European Association of Work and Organizational Psychology (EAWOP) 21st Congress, Katowice, Poland.
10. **Perinelli, E.**, Vignoli, M., Kröner, F., Müller, A., Genrich, M., & Fraccaroli, F. (2023, April 19-22). *Emotional exhaustion and mental well-being during COVID-19: A DSEM approach* [Poster]. Society for Industrial and Organizational Psychology (SIOP) Annual Conference, Boston, MA, United States.
9. **Perinelli, E.**, Balducci, C., & Fraccaroli, F. (2022, July 6-8). Structural validity and classification performance of the Italian Short Negative Acts Questionnaire: A Structural Equation Modeling approach for building ROC curves. In E. Baillien & A. Rodriguez-Munoz (Chairs), *Challenges in workplace bullying research* [Symposium]. European Academy of Occupational Health Psychology (EAOHP) 15th Conference, Bordeaux, France.
8. Vignoli, M., & **Perinelli, E.** (2022, July 6-8). *It’s an e-work life! A longitudinal exploratory study on remote e-work well-being* [Paper presentation]. European Academy of Occupational Health Psychology (EAOHP) 15th Conference, Bordeaux, France.

7. **Perinelli, E.**, Balducci, C., & Fraccaroli, F. (2022, April 27-30). *Introducing a SEM approach for building ROC curves: Application to a mobbing scale* [Poster presentation]. Society for Industrial and Organizational Psychology (SIOP) 37th Annual Conference, Seattle, WA, United States.
<http://dx.doi.org/10.13140/RG.2.2.26701.10720>
6. **Perinelli, E.**, Pisanu, F., Gentile, M., & Fraccaroli, F. (2021, June 2-5). Non-cognitive skills in junior high school: A study on academic self-concept change and overview of the ‘Sentirsi Forti’ project. In A. Maccarini & L. Ribolzi (Chairs), *Social and emotional skills in sociological perspective. A fresh look on learning and assessment* [Symposium]. Journal “Scuola Democratica” 2nd International Conference.
5. Balducci, C., **Perinelli, E.***, Zaniboni, S., Avanzi, L., & Fraccaroli, F. (2019, August 9-13). Exploring the impact of workaholism on day-level workload and emotional exhaustion. In J. Wang, Y. He, & J. Gu (Chairs), *Understanding consequences of workaholism: Mechanisms, boundary conditions, and cross-level effects* [Symposium]. Academy of Management (AOM) 79th Annual Meeting, Boston, MA, United States.
<https://doi.org/10.5465/AMBPP.2019.13284symposium> ***presenting author**
4. **Perinelli, E.**, Alessandri, G., Cepale, G., & Fraccaroli, F. (2019, May 29-June 1). *The mediational role of organizational socialization in the relation between quality of relationships with colleagues and global self-esteem: A three-wave study in a sample of military cadets* [Paper presentation]. European Association of Work and Organizational Psychology (EAWOP) 19th Congress, Turin, Italy.
3. **Perinelli, E.**, & Alessandri, G. (2017, July 18-21). *The STARTS model: A reconsideration and an expanded analytical framework* [Poster presentation]. International Meeting of the Psychometric Society (IMPS), Zürich, Switzerland.
2. Alessandri, G., De Longis, E., **Perinelli, E.**, & Theodorou, A. (2016, September 14-16). *An introduction to Growth Mixture Models for organizational research* [Paper presentation]. European Association of Work and Organizational Psychology (EAWOP) Small Group Meeting: New methods for studying individual differences and dynamics in organizations, Verona, Italy.
1. **Perinelli, E.**, Gerbino, M., & Caprara, G. V. (2016, July 10-14). *Personality traits and externalizing behaviours in adolescents with externalizing disorders: The mediational role of moral disengagement* [Poster presentation]. International Society for the Study of Behavioural Development (ISSBD) 24th Biennial Meeting, Vilnius, Lithuania.

• National peer reviewed conference presentations

13. Avanzi, L., **Perinelli, E.**, Menghini, L., Vignoli, M., & Junker, N. M. (2024, September 4-6). *Dal workaholism all’overcommitment: Il ruolo di moderatore della soddisfazione lavorativa* [From workaholism to overcommitment: The moderating role of job satisfaction]. Paper presented at the XX national congress of AIP [Italian Association of Psychology], section of Organizational Psychology, Bergamo, Italy.
12. Turrini, M., Avanzi, L., Costantini, A., **Perinelli, E.**, & Vignoli, M. (2024, September 4-6). *L’impatto del mentoring sull’occupabilità percepita: Uno studio quantitativo longitudinale* [The impact of mentoring on perceived employability: A longitudinal quantitative study]. Paper presented at the XX national congress of AIP [Italian Association of Psychology], section of Organizational Psychology, Bergamo, Italy.
11. Chenevert, M., Vignoli, M., **Perinelli, E.**, & Fraccaroli, F. (2023, September 6-8). *Gender differences in workplace bullying outcomes: Looking into burnout and intention to quit*. Paper presented at the XIX national congress of AIP [Italian Association of Psychology], section of Organizational Psychology, Cagliari, Italy.
10. Vignoli, M., **Perinelli, E.**, Civilleri, A., Alvarez, M. R., Claus, L., & Malfer, L. (2022, September 27-30). *Remote e-working and its relationship with the work and family domains: Investigating gender differences*. Paper presented at the XXX national congress of AIP [Italian Association of Psychology], section of Organizational Psychology, Padua, Italy.
9. Filosa, L., **Perinelli, E.**, & Carnevali, L. (2022, September 27-30). *L’associazione tra la (in)stabilità dell’autostima e l’andamento diurno del cortisolo in un campione di lavoratori adulti* [The association between (un)stable self-esteem and diurnal cortisol pattern in a sample of adult workers]. Paper presented at the XXX national congress of AIP [Italian Association of Psychology], section of Organizational Psychology, Padua, Italy.

8. Vignoli, L., **Perinelli, E.**, & Ceschi, A. (2021, September 23-25). *E-work life ed esiti sul benessere dei lavoratori: Uno studio preliminare longitudinale* [E-work life and organizational well-being outcomes: A preliminary longitudinal study]. Paper presented at the XVIII national congress of AIP [Italian Association of Psychology], section of Organizational Psychology, Verona, Italy.
7. Avanzi, L., **Perinelli, E.**, Balducci, C., Alessandri, G., & Fraccaroli, F. (2021, September 23-25). *L'impatto dell'appartenenza e del ruolo su workaholism e performance: Uno studio diario* [The Impact of membership and role on workaholism and performance: A diary study]. Paper presented at the XVIII national congress of AIP [Italian Association of Psychology], section of Organizational Psychology, Verona, Italy.
6. **Perinelli, E.**, Alessandri, G., Cepale, G., & Fraccaroli, F. (2019, September 26-28). *La teoria del sociometro dell'autostima nella ricerca organizzativa: Rassegna sistematica e contributo empirico* [The sociometer theory of self-esteem in organizational research: Systematic review and empirical contribution]. Paper presented at the XVII national congress of AIP [Italian Association of Psychology], section of Organizational Psychology, Lecce, Italy.
5. Cepale, G., **Perinelli, E.**, Avanzi, L., & Alessandri, G. (2019, September 26-28). *Adattarsi per sopravvivere e (forse) prosperare: Come le convinzioni di autoefficacia emotiva possono prevenire il turnover favorendo la socializzazione e l'identificazione organizzativa* [Adapt to survive and (perhaps) prosper: How emotional self-efficacy beliefs can prevent turnover by encouraging socialization and organizational identification]. Paper presented at the XVII national congress of AIP [Italian Association of Psychology], section of Organizational Psychology, Lecce, Italy.
4. Filosa, L., Cepale, G., **Perinelli, E.**, Cinque, L., Coscarelli, A., & Alessandri, G. (2019, September 26-28). *La Military Academic Motivation Scale (MAMS): Una nuova scala per la misura della motivazione dei cadetti militari sotto la prospettiva della teoria dell'autodeterminazione* [The Military Academic Motivation Scale (MAMS): A new scale to assess motivation among military cadets from a Self-Determination Theory perspective]. Poster presented at the XVII national congress of AIP [Italian Association of Psychology], section of Organizational Psychology, Lecce, Italy.
3. **Perinelli, E.**, & Alessandri, G. (2018, September 27-29). *Stato o tratto? Questione empirica, non teorica. Il caso dell'autostima* [State or trait? It is an empirical matter, not a theoretical one. The case of self-esteem]. Paper presented at the XVI national congress of AIP [Italian Association of Psychology], section of Organizational Psychology, Rome, Italy.
2. **Perinelli, E.**, Alessandri, G., Borgogni, L., & Cinque, L. (2017, September 14-16). *Stabilità emotiva e burnout: Il ruolo di mediazione delle convinzioni di autoefficacia nel gestire le emozioni negative a lavoro* [Emotional stability and burnout: The mediational role of emotional self-efficacy beliefs in managing negative emotions at work]. Paper presented at the XV national congress of AIP [Italian Association of Psychology], section of Organizational Psychology, Caserta, Italy.
1. **Perinelli, E.**, De Longis, E., Rosa, V., Theodorou, A., & Alessandri, G. (2016, September 16-17). *Un sé fragile è costoso e stressante. Fragilità dell'autostima, eventi negativi ed esaurimento emotivo in un campione di matricole universitarie* [A fragile self is costly and stressful. Fragile self-esteem, negative events and emotional exhaustion in a sample of university freshers]. Paper presented at the XIV national congress of AIP [Italian Association of Psychology], section of Organizational Psychology, Pavia, Italy.

Research Experience and Projects

- **Apr 2020 – Dec 2022:** Project “*Activation and evaluation of initiatives (nudging) to stimulate positive behavior on the labor market*”, funded by Autonomous Province of Trento. Role: Review of literature on Nudging and the labor market, Data analysis. PI: Franco Fraccaroli and Riccardo Salomone (University of Trento).
- **Apr 2021 – Sep 2021:** Project “*Valutazione formativa e per l'apprendimento: l'impatto dell'OM 172 sulle pratiche e la cultura della valutazione in relazione agli apprendimenti cognitivi e non-cognitivi. Un progetto di ricerca-formazione per docenti delle scuole del primo ciclo d'istruzione*”, funded by Ufficio Scolastico Regionale Toscana. Role: Supervision in assessment steps and data analyses. PI: Maurizio Gentile (LUMSA University).

- **Mar – May 2017:** Visiting scholar at Arizona State University (Tempe, AZ, USA), Department of Psychology. Mentor: Nancy Eisenberg.
- **Mar – Sep 2013:** Internship in Psychometrics at University of Bologna, Department of Psychology. Tutor: Paola Gremigni.

Grants

PRIN PNRR 2022

Nov, 30 2023 - Feb 28, 2026

Role: PI

Funder: Ministero dell'università e della ricerca (MUR)

Amount: €251,763

Title: Loneliness, non-cognitive skills, and academic achievement in Junior High School: Assessment and intervention based on Big Data, longitudinal, and intensive methods

Starting Grant for Young Researchers

Feb 2022 - Dec 2023

Role: PI

Funder: University of Trento

Amount: €10,000

Title: Big data and machine learning approaches in the workplace: Advancing the quality of industrial/organizational research

Restart Research

Aug 2020 - Feb 2022

Role: Young Researcher (PI: Franco Fraccaroli)

Funder: Fondazione CARITRO, Trento, Italy

Amount: €50,000

Title: Sentirsi “forti” per superare le difficoltà nella ripartenza della scuola: L'importanza del self-concept scolastico negli studenti della scuola secondaria di primo grado dopo l'emergenza da COVID-19 [Feeling “strong” to overcome the difficulties in school restarting: The importance of academic self-concept in junior high school students after the COVID-19 emergency]

Mobility Research Grant for PhD Students (Number: 4389/2016)

Mar 2017 - May 2017

Role: PI

Funder: Sapienza University of Rome

Amount: €3,000

Title: A Structural Equation Modeling approach for the evaluation of intervention programs with only two waves of data

Starting Research Grant (Number: 1081/2016)

Aug 2016 - Jul 2017

Role: PI

Funder: Sapienza University of Rome

Amount: €1,000

Title: Explaining stress in University students: A longitudinal study on incongruent self-esteem and perceived negative events as predictors of emotional exhaustion

Awards and Qualifications

• AIP Young Keynote Speaker 2024

Title of the presentation: “*Research Methods in Work and Organizational Psychology: Towards an Integration Between Theory-driven and Data-driven Modeling*”

Awarded by the Italian Association of Psychology (AIP), section Organizational Psychology.
2024, September 4

- **Abilitazione Scientifica Nazionale (*National Scientific Qualification*)**
 - Associate Professor in the *Settore Concorsuale* 11/E1 (General Psychology, Psychobiology, and Psychometrics).
Ministero dell'Università e della Ricerca.
Validity: From Feb 2, 2023 to Feb 2, 2034.
 - Associate Professor in the *Settore Concorsuale* 11/E3 (Social, Work and Organizational Psychology).
Ministero dell'Università e della Ricerca.
Validity: From May 25, 2022 to May 25, 2033.
- **Best scientific article published in 2021**
For the article *The sociometer theory at work: Exploring the organizational interpersonal roots of self-esteem*.
Awarded by the Italian Association of Psychology (AIP), section Organizational Psychology.
September 29, 2022.
- **Abilitazione Professionale (*Professional Qualification*)**
Psychologist (Albo degli Psicologi, Sezione A; currently not subscribed).
University of Bologna, Italy.
February 28, 2014.

Professional Membership

- 2019 - Current European Association of Work and Organizational Psychology (EAWOP)
- 2017 - Current AIP [Italian Association of Psychology], section of Organizational Psychology
- 2019 - 2020 Academy of Management (AOM)
- 2017 - 2019 Psychometric Society

Teaching Experience

• Workshops

Introduction to Multilevel Modeling

Master in Human Resources Management and Development. Department of Economic, Business and Statistical Sciences, University of Palermo, Italy.

- 2025 - July 21, 22 (8h)

Summer school in Data Science (Psychology Module)

Department of Mathematics, University of Trento, Italy

- 2022 - July 18, 19, 29, 30 (12h)
- 2021 - July 19, 20, 30, 31 (12h)
- 2020 - July 20, 21, 31, August 1 (12h)
- 2019 - July 20, 26, 27 (9h)

International pre-congress methodological school: Multilevel Modeling with Organizational Psychology focus (Alessandri, Zuffianò, Perinelli, & De Longis)

Caserta, Italy.

- 2017 - September 11-14

Growth modeling: Introduction in Mplus (Alessandri & Perinelli)

Department of Human Sciences, University of Verona, Italy

- 2016 - September 14

• Seminars/Courses (Graduate Level)

Research Synthesis: An Introduction to Reviews, Meta-Analyses, and PRISMA Criteria

Department of Psychology, Sapienza University of Rome, Italy

- 2025 - April 29 (3h)
- 2024 - March 25 (3h)
- 2023 - March 10 (3h)
- 2022 - January 28 (3h)
- 2021 - March 19 (3h)
- 2020 - July 3 (3h)
- 2018 - May 11 (3h)
- 2017 - March 2 (3h)
- 2016 - March 3 (2h)

Department of Humanistic Studies, University of Naples Federico II, Italy

- 2021 - May 14, 21 (6h)
- 2018 - June 19 (3h)

Introduction to Structural Equation Modeling

Department of Psychology and Cognitive Science, University of Trento, Italy

- 2024-2025 - December 5, 6, 12, 13, 18, 2024 (15h)
- 2023-2024 - January 11, 12, 18, 19, 26, 2024 (15h)
- 2022-2023 - February 2, 3, 9, 10, 24, 2023 (15h)
- 2021-2022 - February 10, 11, 24, 25, 2022 (12h)
- 2020-2021 - March 5, 12, 17, 26, 2021 (12h)
- 2019-2020 - June 12, 18, 23, 25, 2020 (12h)
- 2018-2019 - June 25, July 2, 2019 (6h)

• Undergraduate Level

Tecniche psicometriche e analisi dei dati [Psychometric techniques and data analysis]

M.S. in Psychology (Track: *Human Resources and Organizational Psychology*), University of Trento, Italy

- 2025-2026 (63h)
- 2024-2025 (63h)

Ambiti di Intervento nella Psicologia [Areas of Intervention in Psychology]

M.S. in Psychology, University of Trento, Italy

- 2025-2026 (12h)
- 2024-2025 (12h)
- 2023-2024 (14h)

Metodi della Ricerca in Psicologia [Research Methods in Psychology]

B.S. in Scienze e Tecniche di Psicologia Cognitiva, University of Trento, Italy

- 2025-2026 (15h)
- 2024-2025 (15h)
- 2023-2024 (15h)
- 2022-2023 (15h)
- 2021-2022 (15h)

Foundations of Social and Psychological Science - Data Science and Psychology: Methods and Applications

M.S. in Data Science, University of Trento, Italy

- 2023-2024 (30h)
- 2022-2023 (30h)
- 2021-2022 (30h)
- 2020-2021 (10h)
- 2019-2020 (10h)

Professional Activities

- **Editorial Boards**

Identity: An international journal of theory and research (2021 - 2023)

Journal of Business and Psychology (2021 - present)

Frontiers in Psychology: Quantitative Psychology and Measurement (2019 - 03/2023)

- **Ad-hoc Reviewer**

Frontiers in Psychology: Quantitative Psychology and Measurement (1 in 2016, 1 in 2017, 4 in 2019, 2 in 2020, 2 in 2021)

Asian Journal of Social Psychology (1 in 2017, 1 in 2018)

Psychologica Belgica (1 in 2018)

Open Psychology (1 in 2019)

PLoS ONE (1 in 2019, 1 in 2020, 1 in 2021)

Personality and Social Psychology Bulletin (1 in 2019, 1 in 2021, 1 in 2023, 1 in 2024)

Frontiers in Psychology: Organizational Psychology (3 in 2019)

Applied Psychology: An International Review (1 in 2020, 1 in 2022)

Identity: An international journal of theory and research (2 in 2020, 1 in 2021, 3 in 2022, 1 in 2023)

Child Development (1 in 2020)

TPM (1 in 2021)

International Journal of Selection and Assessment (2 in 2021)

Research in Developmental Disabilities (1 in 2021)

International Journal of Psychology (1 in 2022, 3 in 2024, 1 in 2025)

Journal of Business and Psychology (2 in 2022, 2 in 2023, 2 in 2024)

Quarterly Journal of Experimental Psychology (1 in 2023)

Safety Science (1 in 2023)

European Review of Applied Psychology (1 in 2024)

Emerging Trends in Drugs, Addictions, and Health (1 in 2025)

- **Ad-hoc reviewer for Congresses**

19th Congress of the European Association of Work and Organizational Psychology (2019)

- **Ad-hoc Reviewer for Books**

Newsom, J. T. (2024). *Longitudinal structural equation modeling: A comprehensive introduction* (2nd ed.).

Routledge. [Chapter 6: Latent State-Trait Models]

Methodological Education

- **University of Bologna (Cesena, Italy)**

– *Introduction to SPSS* - Paola Gremigni (March-April 2012 - 30 hours)

- **Sapienza University of Rome (Rome, Italy)**

– *Regression Analysis* - Laura Di Giunta (April 15/17, 2015 - 8 hours)

– *Introduction to multilevel analyses* - Guido Alessandri (April 28/May 5, 2015 - 8 hours)

– *Introduction to SEM with Mplus* - Michele Vecchione (May 25-26, 2015 - 8 hours)

– *Introduction to mixed models in R* - Jason A. French (June 9-12, 2015 - 16 hours)

– *Latent Growth Curve Modeling with Mplus* - Valeria Castellani (June 17-18, 2015 - 8 hours)

– *Trajectories (LCGA/GMM) with Mplus* - Paula Luengo Kanacri (September 14-15, 2015 - 8 hours)

– *A gentle introduction to resampling techniques* - Fabio Ferlazzo (September 17, 2015 - 4 hours)

– *Multilevel analyses with Mplus* - Valerio Ghezzi (May-June 2016 - 10 hours)

– *Testing and interpreting interaction effects in multiple linear regression* - Antonio Zuffanò (July 26, 2016 - 3 hours)

- **Utrecht University (Utrecht, The Netherlands)**

- Summer school “Advanced course on using Mplus” - Ellen Hamaker, Peter Lugtig, and Rens van de Schoot (August 24-28, 2015 - 40 hours)
- **University of Trento (Rovereto, Italy)**
 - Introduction to multilevel models in organizational research - Guido Alessandri and Antonio Zuffianò (January 19-20, 2017 - 10 hours)
 - Crash course on power analysis - Giulio Costantini and Marco Perugini (January 25, 2019 - 5 hours)
 - Introduction to R - Stefano Bussolon (February 5-13-19, March 7-14-21, April 16, 2019 - 21 hours)
 - Introduction to L^AT_EX - Marco Giacomelli (August 2-3, 2022 - 6 hours)
 - Introduction to Web Scraping with Python - Riccardo Medana (October 25, 2022 - 7 hours)
 - Introduction to Machine Learning with Python - Andrea Bizzego (March 1/2/8/9/15/16, 2023 - 12 hours)
- **Arizona State University (Tempe, AZ, USA)**
 - Structural Equation Modeling (PSY 533) - Stephen G. West (Mar-Apr 2017 - 28 hours)
 - Longitudinal Growth Modeling (PSY 537) - Kevin J. Grimm (Mar-Apr 2017 - 28 hours)
- **82nd Annual Meeting of the Psychometric Society (Zürich, Switzerland)**
 - Dynamic Structural Equation Modeling of Intensive Longitudinal Data Using Mplus Version 8 - Bengt Muthén, Tihomir Asparouhov, and Ellen Hamaker (July 17, 2017 - 8 hours)
- **19th EAWOP Congress (Turin, Italy)**
 - Introducing open-source teaching modules on Big Data: Approaches within work and organizational psychology - Cornelius König and Marise Ph. Born (May 29, 2019 - 3 hours)
- **Statistical Horizons (Remote Seminar)**
 - Machine Learning - Kevin J. Grimm (January 7-8-9, 2021 - 14 hours)
- **37th Annual SIOP Conference (Seattle, WA, USA)**
 - Practical Applications of Machine Learning in I-O - Scott Withrow, Rachel T. King, and Isaac Thompson (April 29, 2022 - 3 hours)
- **DataCamp (Remote Seminar)**
 - Big Data with R - The DataCamp Team (July 18-August 4, 2022 - 16 hours)
 - GitHub Concepts - The DataCamp Team (October 19, 2022 - 3 hours)
 - Explainable Artificial Intelligence (XAI) Concepts - The DataCamp Team (June 13, 2024 - 1 hour)
- **Associazione Italiana di Psicologia [AIP] (Remote Seminar)**
 - From epistemological positioning to methodological excellence towards theory building: When and why use thematic analysis and case study methods - Tiziana Callari (June 24-25, July 1-2, 2024 - 24 hours)

Skills

• Psychometrics and Data Science Toolset

| | |
|---------------------|--|
| Advanced | Mplus |
| Intermediate | R, SPSS, RMarkdown, Quarto |
| Basic | L ^A T _E X, Python, JupyterLab, git, GitHub |

- **Applied Methodological Skills**

Data Wrangling and Cleaning (e.g., **tidyverse**), Multivariate Statistics, Structural Equation Modeling (SEM), Longitudinal SEM (e.g., Autoregressive Cross-Lagged Panel Models, Latent State-Trait Models, Latent Growth Curve Modeling), Exploratory SEM (ESEM), Multilevel SEM (e.g., ML-SEM, Dynamic SEM), Measurement Invariance, Mediation and Moderation, Mixture Modeling, PRISMA Criteria, Meta-analyses (**metafor**), Machine Learning (basic; e.g., **scikit-learn**).