

# Enrico Perinelli

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University of Trento  
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Curriculum Vitae  
February 12, 2026



## Academic Position

- **Tenure Track Researcher (RTT) – Work and Organizational Psychology** Jul 1, 2024 - Current  
*University of Trento* *Rovereto, Italy*
- **Research Fellow (RTD-A) – Work and Organizational Psychology** Jul 1, 2021 - June 30, 2024  
*University of Trento* *Rovereto, Italy*
- **Postdoctoral Researcher – Work and Organizational Psychology** Sept 15, 2018 - Jun 30, 2021  
*University of Trento* *Rovereto, Italy*

## Education

- **Ph.D. – Personality and Organizational Psychology** Nov 1, 2014 - Feb 12, 2018  
*Sapienza University of Rome* *Rome, Italy*
  - *Dissertation:* On the validity of the state-like component of global self-esteem: Relationships with implicit self-esteem and work-related variables using different Latent State-Trait models
  - *Advisor:* Guido Alessandri
  - *Area:* Psychometrics (M-PSI/03)
  - *Classification:* Excellent
- **M.S. – Clinical Psychology** Nov 9, 2010 - Feb 6, 2013  
*University of Bologna* *Cesena, Italy*
  - *Thesis:* Social Desirability: A review of its relevance in Clinical Psychology using the PRISMA statement and an exploration of its relationship with personality using Structural Equation Modeling
  - *Advisor:* Paola Gremigni
  - *Area:* Psychometrics (M-PSI/03)
  - *Final grade:* 110/110
- **B.S. – Psychology** Oct 19, 2007 - Oct 21, 2010  
*University of L'Aquila* *L'Aquila, Italy*
  - *Thesis:* Psicobiologia e psicologia dinamica: Due prospettive a confronto
  - *Advisor:* Enrico Perilli
  - *Area:* Dynamic Psychology (M-PSI/07)
  - *Final grade:* 99/110

## Publications

### • Peer reviewed international journals

38. Balducci, C., **Perinelli, E.**, Avanzi, L., Atroszko, P., Charzyńska, E., & Menghini, L. (in press). Does your work make you a workaholic? Situational triggers and chronic enhancers of state workaholism. *Work & Stress*.

37. Giovanelli, E., **Perinelli, E.**, Valzolgher, C., Gessa, E., & Pavani, F. (in press). Self-Efficacy and Locus of Control when facing listening challenges: Validation of the Listening Challenges Attitude Scale (LiCAS). *International Journal of Listening*.
36. De Marco, L., Brunetti, M., Roorda, D. L., **Perinelli, E.**, Cannoni, E., Laghi, F., Longobardi, E., & Sette, S. (in press). The Student-Teacher Relationship and Children's Internalizing Difficulties: Psychometric Properties of the Student-Teacher Relationship Drawings (STRDs) in Italy. *The Journal of Genetic Psychology*. <https://doi.org/10.1080/00221325.2025.2599526>
35. **Perinelli, E.**, Stella, M., Bizzego, A., Pisanu, F., & Fraccaroli, F. (in press). Lagged predictors of psychological capital in junior high school students: A supervised Machine Learning approach. *International Journal of Behavioral Development*. <https://doi.org/10.1177/01650254251368793>
34. Avanzi, L., **Perinelli, E.**, Menghini, L., Vignoli, M., Junker, N. M., & Balducci, C. (2025). From Workaholism to Overcommitment and Burnout: The Moderating Role of Job Satisfaction. *The Spanish Journal of Psychology*, 28, Article e17. <https://doi.org/10.1017/SJP.2025.10007>
33. Ciringione, L., **Perinelli, E.**, Mancini, F., & Prunetti, E. (2025). Beyond the Scars: An Analysis of Adverse Childhood Experiences and the Interconnections Between Emotion Dysregulation, Dissociation, and Trauma in Patients with Borderline Personality Disorder. *Brain Sciences*, 15(8), Article 889. <https://doi.org/10.3390/brainsci15080889>
32. Zasso, S., De Marco, L., Sette, S., Stella, M., & **Perinelli, E.** (2025). Predictors of loneliness at school: An explainable artificial intelligence approach on a large-scale cross-cultural assessment. *Personality and Individual Differences*, 246, Article 113346. <https://doi.org/10.1016/j.paid.2025.113346>
31. Zagaria, A., **Perinelli, E.**, & Lombardi, L. (2025). Development and validation of the Adult Attachment Trauma Questionnaire (AATQ). *European Journal of Trauma & Dissociation*, 9(2), Article 100533. <https://doi.org/10.1016/j.ejtd.2025.100533>
30. Menghini, L., **Perinelli, E.**, & Balducci, C. (2025). Manipulation of Intensive Longitudinal Data: A tutorial in R with applications on the Job Demand-Control model. *International Journal of Psychology*, 60(2), Article e70040. <https://doi.org/10.1002/ijop.70040>
29. Vignoli, M., Costantini, A., Ceschi, A., & **Perinelli, E.** (2024). It's an e-work life! An explorative study on the relationships between e-work characteristics and well-being. *International Journal of Psychology*, 59(5), 624–631. <https://doi.org/10.1002/ijop.13127>
28. Neoh, M. J. Y., Lieu, A. A., **Perinelli, E.**, Balagtas, J. P. M., Nah, H., Ho, M.-H. R., & Esposito, G. (2024). An intergenerational study of parental bonding on perceptions of parental and spousal criticism and marital relationship quality in Singapore. *Family Process*, 63(2), 947–966. <https://doi.org/10.1111/famp.12942>
27. Stanghellini, F., **Perinelli, E.**, Lombardi, L., & Stella, M. (2024). Introducing semantic loadings in factor analysis: Bridging network psychometrics and cognitive networks for understanding depression, anxiety and stress. *advances.in/psychology*, 2, Article e35366. <https://doi.org/10.56296/aip00008>
26. Alessandri, G., Tavolucci, S., **Perinelli, E.**, Eisenberg, N., Golfieri, F., Caprara, G. V., & Crocetti, E. (2023). Regulatory emotional self-efficacy beliefs matter for (mal)adjustment: A meta-analysis. *Current Psychology*, 42(35), 31004–31023. <https://doi.org/10.1007/s12144-022-04099-3>
25. **Perinelli, E.**, Vignoli, M., Kröner, F., Müller, A., Genrich, M., & Fraccaroli, F. (2023). Workers' emotional exhaustion and mental well-being over the COVID-19 pandemic: A Dynamic Structural Equation Modeling (DSEM) approach. *Frontiers in Psychology*, 14, Article 1222845. <https://doi.org/10.3389/fpsyg.2023.1222845>
24. **Perinelli, E.**, Balducci, C., & Fraccaroli, F. (2023). Structural validity and classification performance of the Italian Short Negative Acts Questionnaire: A Structural Equation Modeling approach for building ROC curves. *Current Psychology*, 42(30), 26300–26316. <https://doi.org/10.1007/s12144-022-03741-4>
23. Avanzi, L., **Perinelli, E.**, & Mariani, M. G. (2023). The effect of individual, group, and shared organizational identification on job satisfaction and collective actual turnover. *European Journal of Social Psychology*, 53(5), 956–969. <https://doi.org/10.1002/ejsp.2946>

22. Vignoli, M., **Perinelli, E.**, Demerouti, E., & Truxillo, D. M. (2023). An analysis of the multidimensional structure of job crafting for older workers with a managerial role. *Work, Aging and Retirement*, 9(1), 136–150. <https://doi.org/10.1093/workar/waab031>
21. Alessandri, G., Filosa, L., **Perinelli, E.**, Carnevali, L., Ottaviani, C., Ferrante, C., & Pasquali, V. (2023). The association of self-esteem variability with diurnal cortisol patterns in a sample of adult workers. *Biological Psychology*, 176, Article 108470. <https://doi.org/10.1016/j.biopsycho.2022.108470>
20. **Perinelli, E.**, Filosa, L., Avanzi, L., & Fraccaroli, F. (2023). Self-esteem stability and change at home versus at work: An application of the Latent State-Trait model for the combination of Random and Fixed situations (LST-RF). *Identity*, 23(1), 50-66. <https://doi.org/10.1080/15283488.2022.2115495>
19. Alessandri, G., **Perinelli, E.**, Filosa, L., Eisenberg, N., & Valiente, C. (2022). The validity of the higher-order structure of effortful control as defined by inhibitory control, attention shifting, and focusing: A longitudinal and multi-informant study. *Journal of Personality*, 90(5), 781-798. <https://doi.org/10.1111/jopy.12696>
18. **Perinelli, E.**, Alessandri, G., Vecchione, M., & Mancini, D. (2022). A comprehensive analysis of the psychometric properties of the Contingencies of Self-Worth Scale (CSWS). *Current Psychology*, 41(8), 5307-5322. <https://doi.org/10.1007/s12144-020-01007-5>
17. **Perinelli, E.**, Pisanu, F., Checchi, D., Scalas, L. F., & Fraccaroli, F. (2022). Academic self-concept change in junior high school students and relationships with academic achievement. *Contemporary Educational Psychology*, 69, Article 102071. <https://doi.org/10.1016/j.cedpsych.2022.102071>
16. **Perinelli, E.**, Alessandri, G., Cepale, G., & Fraccaroli, F. (2022). The sociometer theory at work: Exploring the organizational interpersonal roots of self-esteem. *Applied Psychology: An International Review*, 71(1), 76-102. <https://doi.org/10.1111/apps.12312>
15. Avanzi, L., **Perinelli, E.**, Bressan, M., Balducci, C., Lombardi, L., Fraccaroli, F., & van Dick, R. (2021). The mediational effect of social support between organizational identification and employees' health: A three-wave study on the social cure model. *Anxiety, Stress, & Coping*, 34(4), 465-478. <https://doi.org/10.1080/10615806.2020.1868443>
14. Cepale, G., Alessandri, G., Borgogni, L., **Perinelli, E.**, Avanzi, L., Livi, S., & Coscarelli, A. (2021). Emotional efficacy beliefs at work and turnover intentions: The mediational role of organizational socialization and identification. *Journal of Career Assessment*, 29(3), 442-462. <https://doi.org/10.1177/1069072720983209>
13. Filosa, L., Cepale, G., **Perinelli, E.**, Cinque, L., Coscarelli, A., & Alessandri, G. (2021). The Military Academic Motivation Scale (MAMS): A new scale to assess motivation among military cadets from a self-determination theory perspective. *European Journal of Psychological Assessment*, 37(3), 193-207. <https://doi.org/10.1027/1015-5759/a000593>
12. **Perinelli, E.**, & Alessandri, G. (2020). A Latent State-Trait analysis of global self-esteem: A reconsideration of its state-like component in an organizational setting. *International Journal of Selection and Assessment*, 28(4), 465-483. <https://doi.org/10.1111/ijssa.12308>
11. Alessandri, G., **Perinelli, E.**, Robins, R. W., Vecchione, M., & Filosa, L. (2020). Personality trait change at work: Associations with organizational socialization and identification. *Journal of Personality*, 88(6), 1217-1234. <https://doi.org/10.1111/jopy.12567>
10. Avanzi, L., **Perinelli, E.**, Vignoli, M., Junker, N. M., & Balducci, C. (2020). Unravelling work drive: A comparison between workaholism and overcommitment. *International Journal of Environmental Research and Public Health*, 17(16), Article 5755. <https://doi.org/10.3390/ijerph17165755>
9. Alessandri, G., De Longis, E., **Perinelli, E.**, Balducci, C., & Borgogni, L. (2020). The costs of working too hard: Relationships between workaholism, job demands, and prosocial organizational citizenship behavior. *Journal of Personnel Psychology*, 19(1), 24-32. <https://doi.org/10.1027/1866-5888/a000240>
8. Alessandri, G., **Perinelli, E.**, De Longis, E., Schaufeli, W. B., Theodorou, A., Borgogni, L., Caprara, G. V., & Cinque, L. (2018). Job burnout: The contribution of emotional stability and emotional self-efficacy beliefs. *Journal of Occupational and Organizational Psychology*, 91(4), 823-851. <https://doi.org/10.1111/joop.12225>

7. **Perinelli, E.**, Alessandri, G., Donnellan, M. B., & Laguna, M. (2018). State-trait decomposition of Name Letter Test scores and relationships with global self-esteem. *Journal of Personality and Social Psychology*, 114(6), 959-972. <https://doi.org/10.1037/pspp0000125>
6. Alessandri, G., **Perinelli, E.**, De Longis, E., & Theodorou, A. (2018). Second-order growth mixture modeling in organizational psychology: An application in the study of job performance using the cusp catastrophe model. *Nonlinear Dynamics, Psychology, and Life Sciences*, 22(1), 53-76.
5. Caprara, G. V., Gerbino, M., **Perinelli, E.**, Alessandri, G., Lenti, C., Walder, M., ... Nobile, M. (2017). Individual differences in personality associated with aggressive behavior among adolescents referred for externalizing behavior problems. *Journal of Psychopathology and Behavioral Assessment*, 39(4), 680-692. <https://doi.org/10.1007/s10862-017-9608-8>
4. Alessandri, G., **Perinelli, E.**, De Longis, E., Rosa, V., Theodorou, A., & Borgogni, L. (2017). The costly burden of an inauthentic self: Insecure self-esteem predisposes to emotional exhaustion by increasing reactivity to negative events. *Anxiety, Stress, & Coping*, 30(6), 630-646. <https://doi.org/10.1080/10615806.2016.1262357>
3. Alessandri, G., Zuffianò, A., & **Perinelli, E.** (2017). Evaluating intervention programs with a pretest-posttest design: A Structural Equation Modeling approach. *Frontiers in Psychology*, 8, Article 223. <https://doi.org/10.3389/fpsyg.2017.00223>
2. Castellani, V., **Perinelli, E.**, Gerbino, M., & Caprara, G. V. (2016). Positivity and interpersonal styles. *Personality and Individual Differences*, 98, 229-234. <https://doi.org/10.1016/j.paid.2016.04.048>
1. **Perinelli, E.**, & Gremigni, P. (2016). Use of social desirability scales in clinical psychology: A systematic review. *Journal of Clinical Psychology*, 72(6), 534-551. <https://doi.org/10.1002/jclp.22284>

## • National journals

4. Gentile, M., Cerni, T., **Perinelli, E.**, & Pisanu, F. (2023). Analisi delle pratiche valutative e attuazione della riforma della valutazione nella scuola primaria: Un'interazione tra persone e contesti [Analysis of assessment practices and implementation of evaluation reform in the primary school: An interplay between persons and contexts]. *QTimes – Journal of Education, Technology and Social Studies*, 15(4), 258-274. doi: 10.14668/QTimes\_15420
3. Gentile, M., Pisanu, F., **Perinelli, E.**, & Cerni, T. (2023). Promuovere a scuola le competenze non-cognitive: Risorse per la ricerca, la formazione e la consulenza [Promoting non-cognitive skills in school: Resources for research, training and counseling]. *RicercaAzione*, 15(1), 63-83. <https://doi.org/10.32076/RA15104>
2. Paladino, M. P., Stefani, S., & **Perinelli, E.** (2022). Feeling of power: Validation of the Italian Personal Sense of Power Scale. *Psicologia Sociale*, 17(1), 103-123. <https://www.rivisteweb.it/doi/10.1482/103780>
1. **Perinelli, E.**, Salomone, R., & Fraccaroli, F. (2020). Nudging e mercato del lavoro: Primi spunti per un dialogo tra psicologia e diritto [Nudging and the labor market: Contribution for a dialogue between psychology and law]. *Giornale Italiano di Psicologia*, 47(2), 487-494. <https://www.rivisteweb.it/doi/10.1421/97877>

## • Chapters of book

3. Cerni, T., & **Perinelli, E.** (2023). Il concetto di sé scolastico [Academic self-concept]. In M. Gentile & F. Pisanu (Eds.), *Insegnare Educando. Promuovere a scuola le risorse psicosociali di chi apprende: modelli, strategie, attività* (pp. 65-75). UTET Università.
2. Alessandri, G., & **Perinelli, E.** (2018). Metodi di ricerca in psicologia del lavoro e delle organizzazioni [Research methods in work and organizational psychology]. In G. Alessandri & L. Borgogni (Eds.), *Psicologia del lavoro: Dalla teoria alla pratica* (Vol. 2, pp. 27-55). Franco Angeli.

1. Alessandri, G., & **Perinelli, E.** (2018). Psicologia positiva al lavoro: Un’analisi dei principali approcci e costrutti [Positive psychology at work: An analysis of the main approaches and constructs]. In G. Alessandri & L. Borgogni (Eds.), *Psicologia del lavoro: Dalla teoria alla pratica* (Vol. 1, pp. 223-244). Franco Angeli.

## • Technical reports

5. Menghini, L., Freuli, F., **Perinelli, E.**, & Fraccaroli, F. (2023). *Condizioni di lavoro nell'Euregio Tirolo - Alto Adige - Trentino: Analisi dei dati raccolti nella European Working Conditions Survey (EWCS) 2021*. Department of Psychology and Cognitive Science, University of Trento.
4. Merlo, G., Molino, M., **Perinelli, E.**, Zanutto, A., Salomone, R., & Fraccaroli, F. (2022). *Sperimentazioni di misure di Nudging nell'ambito del reinserimento lavorativo e sociale dei beneficiari di Reddito di Cittadinanza nella Provincia Autonoma di Trento*. University of Trento.
3. Fraccaroli, F., Pisanu, F., Gentile, M., **Perinelli, E.**, & Cerni, T. (2022). *Sentirsi “forti” per superare le difficoltà nella ripartenza della scuola: L’importanza del self-concept scolastico negli studenti della scuola secondaria di primo grado dopo l’emergenza da covid-19* [Feeling “strong” to overcome the difficulties in restarting the school: The importance of the academic self-concept in junior high school students after the covid-19 emergency]. Department of Psychology and Cognitive Science, University of Trento.
2. Gentile, M., Cerni, T., **Perinelli, E.**, & Pisanu, F. (2021). *Valutazione formativa e per l’apprendimento: L’impatto dell’OM 172 sulle pratiche e la cultura della valutazione in relazione agli apprendimenti cognitivi e non-cognitivi*. LUMSA Università di Roma.
1. Fraccaroli, F., & **Perinelli, E.** (2020). *Il mobbing nel territorio Trentino* [Mobbing in the Trentino area]. Department of Psychology and Cognitive Science, University of Trento.

## • Manuscripts submitted for publication

8. Casciano, A., **Perinelli, E.**, Pisanu, F., Menghini, L., & Fraccaroli, F. (2026). *Individual Resources and Youth Sustainable Career Development: Insights from the Career Construction Model*. Manuscript submitted for publication.
7. Manfredi, L., Sailis, G., De Marco, L., Gaggero, G., Zasso, S., Di Norcia, A., **Perinelli, E.**, & Sette, S. (2025). *Dynamic Associations Between Feeling Isolated and Self-efficacy in Regulating Negative Emotions: A Daily Study Among Preadolescents*. Manuscript submitted for publication.
6. Zasso, S., Gaggero, G., De Marco, L., Manfredi, L., Sailis, G., Sette, S., & **Perinelli, E.** (2025). *The Mediation Role of Close Teacher-Student Relationships in the Link Between Loneliness and Academic Achievement: A Longitudinal Study in Junior High School Students*. Manuscript submitted for publication.
5. Zagaria, A., **Perinelli, E.**, & Lombardi, L. (2025). *The structure of Attachment Trauma: a Confirmatory Factor Analysis and Latent Profile Analysis on the Adult Attachment Trauma Questionnaire*. Manuscript submitted for publication.
4. Carrillo, A., Roske, S. F., Ianov-Vitanov, R., **Perinelli, E.**, Grecucci, A., & Stella, M. (2025). *Textual formant networks bridge language structure, emotional content and psychopathology levels in adolescents*. Manuscript submitted for publication.
3. Stefani, S., Paladino, M. P., Easterbrook, M., & **Perinelli, E.** (2025). *Unpacking Identity in Higher Education: A Psychometric Investigation of Identity Compatibility, Sense of Belonging, and Academic Social Identification across Low and High-SES Students*. Manuscript submitted for publication.
2. Zasso, S., Sette, S., Pisanu, F., Fraccaroli, F., & **Perinelli, E.** (2024). *Links between loneliness, math anxiety, and academic achievement in 15-year-old adolescents: A cross-national latent variable analysis using PISA 2022*. Manuscript submitted for publication.
1. Avanzi, L., **Perinelli, E.**, Balducci, C., Alessandri, G., & Fraccaroli, F. (2022). *The relationship between job role, organizational identification, workaholism, and job performance: A moderated mediation model using a diary study*. Manuscript submitted for publication.

## Presentations

### • International peer reviewed conference presentations

20. Zasso, S., De Marco, L., Sette, S., Stella, M., & **Perinelli, E.** (2025, June 11–13). *Predictors of loneliness at school: An Explainable Artificial Intelligence approach on a large-scale cross-cultural assessment* [Poster presentation]. Theme Week on Loneliness, Volkswagen Foundation, Hannover, Germany.
19. Menghini, L., **Perinelli, E.**, Balducci, C., & Psicostat Core Team (2025, May 21-24). *From Open Materials to Multiverses of Datasets: A Tutorial on Intensive Longitudinal Data Pre-processing* [Paper presentation]. European Association of Work and Organizational Psychology (EAWOP) 22nd Congress, Prague, Czech Republic.
18. Casciano, A., Menghini, L., **Perinelli, E.**, Pisanu, F., & Fraccaroli F. (2025, May 21-24). *Psycho-Social Factors in Youth Transitions: Evidence from the Euregio Area* [Paper presentation]. European Association of Work and Organizational Psychology (EAWOP) 22nd Congress, Prague, Czech Republic.
17. Gaggero, G., Zasso, S., Manfredi, L., De Marco, L., **Perinelli, E.**, & Sette, S. (2025, May 9–10). *Exploring the link between the quality of parental relationships and loneliness in adolescents with a migrant-origin background* [Oral presentation]. Workshop Parenting and Culture: Cross-Cultural and International Migration Perspectives, Chieti, Italy.
16. Zasso, S., Sette, S., Pisanu, F., Fraccaroli, F., & **Perinelli, E.** (2024, September 25-28). *The mediational role of math anxiety in the link between loneliness and math achievement: An analysis using PISA 2022* [Paper presentation]. XIX European Association for Research on Adolescence (EARA) Conference, Limassol, Cyprus.
15. **Perinelli, E.**, Lombardi, L., & Stella, M.\* (2024, June 17-20). *Semantic loadings as a bridge between network psychometrics and cognitive networks for understanding mental distress*. Paper presented at Virtual MathPsych/ICCM 2024. Via <https://mathpsych.org/presentation/1509>. **\*presenting author**
14. Zasso, S., Sette, S., Pisanu, F., Fraccaroli, F., & **Perinelli, E.** (2024, June 3-6). *The mediational role of math anxiety in the link between loneliness and math achievement: An analysis using PISA 2022* [Paper presentation]. Journal “Scuola Democratica” 3rd International Conference, Cagliari, Italy.
13. Pisanu, F., Menghini, L., **Perinelli, E.**, & Fraccaroli, F. (2024, June 3-6). *Navigating youth transitions in the Tyrol-South Tyrol-Trentino Euroregion: A quantitative investigation of the psycho-social antecedents of career adaptation* [Paper presentation]. Journal “Scuola Democratica” 3rd International Conference, Cagliari, Italy.
12. Pisanu, F., **Perinelli, E.\***, & Fraccaroli, F. (2023, June 22-24). *Non cognitive skills development to face learning and socio emotional loss during the pandemic: An action research on middle school students’ academic self-concept* [Paper presentation]. Österreichische Jugendforschungstagung: Jugend in Zeiten von Krisen [Austrian Conference on Youth Research: Youth in times of crisis], Innsbruck, Austria. **\*presenting author**
11. Avanzi, L., **Perinelli, E.**, Vignoli, M., Junker, N. M., & Balducci, C. (2023, May 24-27). The relationship between workaholism, overcommitment, and burnout: The moderating role of job satisfaction. In C. Balducci & P. Atroszko (Chairs), *Addicted to work: Towards a better characterization of the organizational and clinical implications of workaholism* [Symposium]. European Association of Work and Organizational Psychology (EAWOP) 21st Congress, Katowice, Poland.
10. **Perinelli, E.**, Vignoli, M., Kröner, F., Müller, A., Genrich, M., & Fraccaroli, F. (2023, April 19-22). *Emotional exhaustion and mental well-being during COVID-19: A DSEM approach* [Poster]. Society for Industrial and Organizational Psychology (SIOP) Annual Conference, Boston, MA, United States.
9. **Perinelli, E.**, Balducci, C., & Fraccaroli, F. (2022, July 6-8). Structural validity and classification performance of the Italian Short Negative Acts Questionnaire: A Structural Equation Modeling approach for building ROC curves. In E. Baillien & A. Rodriguez-Munoz (Chairs), *Challenges in workplace bullying research* [Symposium]. European Academy of Occupational Health Psychology (EAOHP) 15th Conference, Bordeaux, France.

8. Vignoli, M., & **Perinelli, E.** (2022, July 6-8). *It's an e-work life! A longitudinal exploratory study on remote e-work well-being* [Paper presentation]. European Academy of Occupational Health Psychology (EAOHP) 15th Conference, Bordeaux, France.
7. **Perinelli, E.**, Balducci, C., & Fraccaroli, F. (2022, April 27-30). *Introducing a SEM approach for building ROC curves: Application to a mobbing scale* [Poster presentation]. Society for Industrial and Organizational Psychology (SIOP) 37th Annual Conference, Seattle, WA, United States.  
<http://dx.doi.org/10.13140/RG.2.2.26701.10720>
6. **Perinelli, E.**, Pisanu, F., Gentile, M., & Fraccaroli, F. (2021, June 2-5). Non-cognitive skills in junior high school: A study on academic self-concept change and overview of the 'Sentirsi Forti' project. In A. Maccarini & L. Ribolzi (Chairs), *Social and emotional skills in sociological perspective. A fresh look on learning and assessment* [Symposium]. Journal "Scuola Democratica" 2nd International Conference.
5. Balducci, C., **Perinelli, E.\***, Zaniboni, S., Avanzi, L., & Fraccaroli, F. (2019, August 9-13). Exploring the impact of workaholism on day-level workload and emotional exhaustion. In J. Wang, Y. He, & J. Gu (Chairs), *Understanding consequences of workaholism: Mechanisms, boundary conditions, and cross-level effects* [Symposium]. Academy of Management (AOM) 79th Annual Meeting, Boston, MA, United States.  
<https://doi.org/10.5465/AMBPP.2019.13284symposium> **\*presenting author**
4. **Perinelli, E.**, Alessandri, G., Cepale, G., & Fraccaroli, F. (2019, May 29-June 1). *The mediational role of organizational socialization in the relation between quality of relationships with colleagues and global self-esteem: A three-wave study in a sample of military cadets* [Paper presentation]. European Association of Work and Organizational Psychology (EAWOP) 19th Congress, Turin, Italy.
3. **Perinelli, E.**, & Alessandri, G. (2017, July 18-21). *The STARTS model: A reconsideration and an expanded analytical framework* [Poster presentation]. International Meeting of the Psychometric Society (IMPS), Zürich, Switzerland.
2. Alessandri, G., De Longis, E., **Perinelli, E.**, & Theodorou, A. (2016, September 14-16). *An introduction to Growth Mixture Models for organizational research* [Paper presentation]. European Association of Work and Organizational Psychology (EAWOP) Small Group Meeting: New methods for studying individual differences and dynamics in organizations, Verona, Italy.
1. **Perinelli, E.**, Gerbino, M., & Caprara, G. V. (2016, July 10-14). *Personality traits and externalizing behaviours in adolescents with externalizing disorders: The mediational role of moral disengagement* [Poster presentation]. International Society for the Study of Behavioural Development (ISSBD) 24th Biennial Meeting, Vilnius, Lithuania.

## • National peer reviewed conference presentations

16. Turrini, M., Avanzi, L., Costantini, A., **Perinelli, E.**, & Vignoli, M. (2025, September 25-27). *L'impatto del mentoring sulle competenze di carriera nella transizione università-lavoro* [The impact of mentoring on career competencies in the school-to-work transition]. Paper presented at the XXI national congress of AIP [Italian Association of Psychology], section of Organizational Psychology, Naples, Italy.
15. Gaggero, G., Zasso, S., Manfredi, L., & **Perinelli, E.** (2025, September 15-17). *Il rapporto tra qualità delle relazioni parentali e solitudine in un gruppo di pre-adolescenti e adolescenti con background migratorio* [The relationship between the quality of parental relationships and loneliness in a group of pre-adolescents and adolescents with a migrant background]. Paper presented at the XXXVII national congress of AIP [Italian Association of Psychology], section of Developmental and Educational Psychology, Udine, Italy.
14. Zasso, S., De Marco, L., Stella, M., & **Perinelli, E.** (2025, September 15-17). *Predittori della solitudine a scuola: Un approccio di Explainable Artificial Intelligence a un'analisi cross-culturale su larga scala* [Predictors of loneliness at school: An explainable artificial intelligence approach on a large-scale cross-cultural assessment]. Paper presented at the XXXVII national congress of AIP [Italian Association of Psychology], section of Developmental and Educational Psychology, Udine, Italy.

13. Avanzi, L., **Perinelli, E.**, Menghini, L., Vignoli, M., & Junker, N. M. (2024, September 4-6). *Dal workaholism all'overcommitment: Il ruolo di moderatore della soddisfazione lavorativa* [From workaholism to overcommitment: The moderating role of job satisfaction]. Paper presented at the XX national congress of AIP [Italian Association of Psychology], section of Organizational Psychology, Bergamo, Italy.
12. Turrini, M., Avanzi, L., Costantini, A., **Perinelli, E.**, & Vignoli, M. (2024, September 4-6). *L'impatto del mentoring sull'occupabilità percepita: Uno studio quantitativo longitudinale* [The impact of mentoring on perceived employability: A longitudinal quantitative study]. Paper presented at the XX national congress of AIP [Italian Association of Psychology], section of Organizational Psychology, Bergamo, Italy.
11. Chenevert, M., Vignoli, M., **Perinelli, E.**, & Fraccaroli, F. (2023, September 6-8). *Gender differences in workplace bullying outcomes: Looking into burnout and intention to quit*. Paper presented at the XIX national congress of AIP [Italian Association of Psychology], section of Organizational Psychology, Cagliari, Italy.
10. Vignoli, M., **Perinelli, E.**, Civilleri, A., Alvarez, M. R., Claus, L., & Malfer, L. (2022, September 27-30). *Remote e-working and its relationship with the work and family domains: Investigating gender differences*. Paper presented at the XXX national congress of AIP [Italian Association of Psychology], section of Organizational Psychology, Padua, Italy.
9. Filosa, L., **Perinelli, E.**, & Carnevali, L. (2022, September 27-30). *L'associazione tra la (in)stabilità dell'autostima e l'andamento diurno del cortisolo in un campione di lavoratori adulti* [The association between (un)stable self-esteem and diurnal cortisol pattern in a sample of adult workers]. Paper presented at the XXX national congress of AIP [Italian Association of Psychology], section of Organizational Psychology, Padua, Italy.
8. Vignoli, L., **Perinelli, E.**, & Ceschi, A. (2021, September 23-25). *E-work life ed esiti sul benessere dei lavoratori: Uno studio preliminare longitudinale* [E-work life and organizational well-being outcomes: A preliminary longitudinal study]. Paper presented at the XVIII national congress of AIP [Italian Association of Psychology], section of Organizational Psychology, Verona, Italy.
7. Avanzi, L., **Perinelli, E.**, Balducci, C., Alessandri, G., & Fraccaroli, F. (2021, September 23-25). *L'impatto dell'appartenenza e del ruolo su workaholism e performance: Uno studio diario* [The Impact of membership and role on workaholism and performance: A diary study]. Paper presented at the XVIII national congress of AIP [Italian Association of Psychology], section of Organizational Psychology, Verona, Italy.
6. **Perinelli, E.**, Alessandri, G., Cepale, G., & Fraccaroli, F. (2019, September 26-28). *La teoria del sociometro dell'autostima nella ricerca organizzativa: Rassegna sistematica e contributo empirico* [The sociometer theory of self-esteem in organizational research: Systematic review and empirical contribution]. Paper presented at the XVII national congress of AIP [Italian Association of Psychology], section of Organizational Psychology, Lecce, Italy.
5. Cepale, G., **Perinelli, E.**, Avanzi, L., & Alessandri, G. (2019, September 26-28). *Adattarsi per sopravvivere e (forse) prosperare: Come le convinzioni di autoefficacia emotiva possono prevenire il turnover favorendo la socializzazione e l'identificazione organizzativa* [Adapt to survive and (perhaps) prosper: How emotional self-efficacy beliefs can prevent turnover by encouraging socialization and organizational identification]. Paper presented at the XVII national congress of AIP [Italian Association of Psychology], section of Organizational Psychology, Lecce, Italy.
4. Filosa, L., Cepale, G., **Perinelli, E.**, Cinque, L., Coscarelli, A., & Alessandri, G. (2019, September 26-28). *La Military Academic Motivation Scale (MAMS): Una nuova scala per la misura della motivazione dei cadetti militari sotto la prospettiva della teoria dell'autodeterminazione* [The Military Academic Motivation Scale (MAMS): A new scale to assess motivation among military cadets from a Self-Determination Theory perspective]. Poster presented at the XVII national congress of AIP [Italian Association of Psychology], section of Organizational Psychology, Lecce, Italy.
3. **Perinelli, E.**, & Alessandri, G. (2018, September 27-29). *Stato o tratto? Questione empirica, non teorica. Il caso dell'autostima* [State or trait? It is an empirical matter, not a theoretical one. The case of self-esteem]. Paper presented at the XVI national congress of AIP [Italian Association of Psychology], section of Organizational Psychology, Rome, Italy.



2. **Perinelli, E.,** Alessandri, G., Borgogni, L., & Cinque, L. (2017, September 14-16). *Stabilità emotiva e burnout: Il ruolo di mediazione delle convinzioni di autoefficacia nel gestire le emozioni negative a lavoro* [Emotional stability and burnout: The mediational role of emotional self-efficacy beliefs in managing negative emotions at work]. Paper presented at the XV national congress of AIP [Italian Association of Psychology], section of Organizational Psychology, Caserta, Italy.
1. **Perinelli, E.,** De Longis, E., Rosa, V., Theodorou, A., & Alessandri, G. (2016, September 16-17). *Un sé fragile è costoso e stressante. Fragilità dell'autostima, eventi negativi ed esaurimento emotivo in un campione di matricole universitarie* [A fragile self is costly and stressful. Fragile self-esteem, negative events and emotional exhaustion in a sample of university freshers]. Paper presented at the XIV national congress of AIP [Italian Association of Psychology], section of Organizational Psychology, Pavia, Italy.

## Research Experience and Projects

- **Apr 2020 – Dec 2022:** Project “*Activation and evaluation of initiatives (nudging) to stimulate positive behavior on the labor market*”, funded by Autonomous Province of Trento. Role: Review of literature on Nudging and the labor market, Data analysis. PI: Franco Fraccaroli and Riccardo Salomone (University of Trento).
- **Apr 2021 – Sep 2021:** Project “*Valutazione formativa e per l'apprendimento: l'impatto dell'OM 172 sulle pratiche e la cultura della valutazione in relazione agli apprendimenti cognitivi e non-cognitivi. Un progetto di ricerca-formazione per docenti delle scuole del primo ciclo d'istruzione*”, funded by Ufficio Scolastico Regionale Toscana. Role: Supervision in assessment steps and data analyses. PI: Maurizio Gentile (LUMSA University).
- **Mar – May 2017:** Visiting scholar at Arizona State University (Tempe, AZ, USA), Department of Psychology. Mentor: Nancy Eisenberg.
- **Mar – Sep 2013:** Internship in Psychometrics at University of Bologna, Department of Psychology. Tutor: Paola Gremigni.

## Grants

### PRIN PNRR 2022

Nov, 30 2023 - Feb 28, 2026

*Role:* PI

*Funder:* Ministero dell'università e della ricerca (MUR)

*Amount:* €251,763

*Title:* Loneliness, non-cognitive skills, and academic achievement in Junior High School: Assessment and intervention based on Big Data, longitudinal, and intensive methods

### Starting Grant for Young Researchers

Feb 2022 - Dec 2023

*Role:* PI

*Funder:* University of Trento

*Amount:* €10,000

*Title:* Big data and machine learning approaches in the workplace: Advancing the quality of industrial/organizational research

### Restart Research

Aug 2020 - Feb 2022

*Role:* Young Researcher (PI: Franco Fraccaroli)

*Funder:* Fondazione CARITRO, Trento, Italy

*Amount:* €50,000

*Title:* Sentirsi “forti” per superare le difficoltà nella ripartenza della scuola: L'importanza del self-concept scolastico negli studenti della scuola secondaria di primo grado dopo l'emergenza da COVID-19 [Feeling “strong” to overcome the difficulties in school restarting: The importance of academic self-concept in junior high school students after the COVID-19 emergency]

**Mobility Research Grant for PhD Students** (Number: 4389/2016)

Mar 2017 - May 2017

*Role:* PI

*Funder:* Sapienza University of Rome

*Amount:* €3,000

*Title:* A Structural Equation Modeling approach for the evaluation of intervention programs with only two waves of data

**Starting Research Grant** (Number: 1081/2016)

Aug 2016 - Jul 2017

*Role:* PI

*Funder:* Sapienza University of Rome

*Amount:* €1,000

*Title:* Explaining stress in University students: A longitudinal study on incongruent self-esteem and perceived negative events as predictors of emotional exhaustion

## Awards and Qualifications

- **AIP Young Keynote Speaker 2024**

Title of the presentation: “*Research Methods in Work and Organizational Psychology: Towards an Integration Between Theory-driven and Data-driven Modeling*”

Awarded by the Italian Association of Psychology (AIP), section Organizational Psychology.

2024, September 4

- **Abilitazione Scientifica Nazionale (*National Scientific Qualification*)**

- Associate Professor in the *Settore Concorsuale* 11/E1 (General Psychology, Psychobiology, and Psychometrics).

Ministero dell’Università e della Ricerca.

*Validity:* From Feb 2, 2023 to Feb 2, 2034.

- Associate Professor in the *Settore Concorsuale* 11/E3 (Social, Work and Organizational Psychology).

Ministero dell’Università e della Ricerca.

*Validity:* From May 25, 2022 to May 25, 2033.

- **Best scientific article published in 2021**

For the article *The sociometer theory at work: Exploring the organizational interpersonal roots of self-esteem*.

Awarded by the Italian Association of Psychology (AIP), section Organizational Psychology.

September 29, 2022.

- **Abilitazione Professionale (*Professional Qualification*)**

Psychologist (Albo degli Psicologi, Sezione A; currently not subscribed).

University of Bologna, Italy.

February 28, 2014.

## Professional Membership

- 2019 - Current      European Association of Work and Organizational Psychology (EAWOP)
- 2017 - Current      AIP [Italian Association of Psychology], section of Organizational Psychology
- 2019 - 2020          Academy of Management (AOM)
- 2017 - 2019          Psychometric Society

## Teaching Experience

### • Workshops

#### *Introduction to Multilevel Modeling*

Master in Human Resources Management and Development. Department of Economic, Business and Statistical Sciences, University of Palermo, Italy.

– 2025 - July 21, 22 (8h)

#### *Summer school in Data Science (Psychology Module)*

Department of Mathematics, University of Trento, Italy

– 2022 - July 18, 19, 29, 30 (12h)

– 2021 - July 19, 20, 30, 31 (12h)

– 2020 - July 20, 21, 31, August 1 (12h)

– 2019 - July 20, 26, 27 (9h)

#### *International pre-congress methodological school: Multilevel Modeling with Organizational Psychology focus* (Alessandri, Zuffianò, Perinelli, & De Longis)

Caserta, Italy.

– 2017 - September 11-14

#### *Growth modeling: Introduction in Mplus* (Alessandri & Perinelli)

Department of Human Sciences, University of Verona, Italy

– 2016 - September 14

### • Seminars/Courses (Graduate Level)

#### *Research Synthesis: An Introduction to Reviews, Meta-Analyses, and PRISMA Criteria*

Department of Psychology, Sapienza University of Rome, Italy

– 2025 - April 29 (3h)

– 2024 - March 25 (3h)

– 2023 - March 10 (3h)

– 2022 - January 28 (3h)

– 2021 - March 19 (3h)

– 2020 - July 3 (3h)

– 2018 - May 11 (3h)

– 2017 - March 2 (3h)

– 2016 - March 3 (2h)

Department of Humanistic Studies, University of Naples Federico II, Italy

– 2021 - May 14, 21 (6h)

– 2018 - June 19 (3h)

#### *Introduction to Structural Equation Modeling*

Department of Psychology and Cognitive Science, University of Trento, Italy

– 2024-2025 - December 5, 6, 12, 13, 18, 2024 (15h)

– 2023-2024 - January 11, 12, 18, 19, 26, 2024 (15h)

– 2022-2023 - February 2, 3, 9, 10, 24, 2023 (15h)

– 2021-2022 - February 10, 11, 24, 25, 2022 (12h)

– 2020-2021 - March 5, 12, 17, 26, 2021 (12h)

– 2019-2020 - June 12, 18, 23, 25, 2020 (12h)

– 2018-2019 - June 25, July 2, 2019 (6h)

### • Undergraduate Level

#### *Tecniche psicometriche e analisi dei dati [Psychometric techniques and data analysis]*

M.S. in Psychology (Track: *Human Resources and Organizational Psychology*), University of Trento, Italy

– 2025-2026 (63h)

– 2024-2025 (63h)

***Ambiti di Intervento nella Psicologia [Areas of Intervention in Psychology]***

M.S. in Psychology, University of Trento, Italy

- 2025-2026 (12h)
- 2024-2025 (12h)
- 2023-2024 (14h)

***Metodi della Ricerca in Psicologia [Research Methods in Psychology]***

B.S. in Scienze e Tecniche di Psicologia Cognitiva, University of Trento, Italy

- 2025-2026 (15h)
- 2024-2025 (15h)
- 2023-2024 (15h)
- 2022-2023 (15h)
- 2021-2022 (15h)

***Foundations of Social and Psychological Science - Data Science and Psychology: Methods and Applications***

M.S. in Data Science, University of Trento, Italy

- 2023-2024 (30h)
- 2022-2023 (30h)
- 2021-2022 (30h)
- 2020-2021 (10h)
- 2019-2020 (10h)

## Professional Activities

- **Editorial Boards**

*Identity: An international journal of theory and research* (2021 - 2023)

*Journal of Business and Psychology* (2021 - present)

*Frontiers in Psychology: Quantitative Psychology and Measurement* (2019 - 03/2023)

- **Ad-hoc Reviewer**

*Frontiers in Psychology: Quantitative Psychology and Measurement* (1 in 2016, 1 in 2017, 4 in 2019, 2 in 2020, 2 in 2021, 1 in 2025)

*Asian Journal of Social Psychology* (1 in 2017, 1 in 2018)

*Psychologica Belgica* (1 in 2018)

*Open Psychology* (1 in 2019)

*PLoS ONE* (1 in 2019, 1 in 2020, 1 in 2021)

*Personality and Social Psychology Bulletin* (1 in 2019, 1 in 2021, 1 in 2023, 1 in 2024)

*Frontiers in Psychology: Organizational Psychology* (3 in 2019)

*Applied Psychology: An International Review* (1 in 2020, 1 in 2022)

*Identity: An international journal of theory and research* (2 in 2020, 1 in 2021, 3 in 2022, 1 in 2023)

*Child Development* (1 in 2020)

*TPM* (1 in 2021)

*International Journal of Selection and Assessment* (2 in 2021)

*Research in Developmental Disabilities* (1 in 2021)

*International Journal of Psychology* (1 in 2022, 3 in 2024, 1 in 2025)

*Journal of Business and Psychology* (2 in 2022, 2 in 2023, 2 in 2024, 1 in 2025)

*Quarterly Journal of Experimental Psychology* (1 in 2023)

*Safety Science* (1 in 2023)

*European Review of Applied Psychology* (1 in 2024)

*Emerging Trends in Drugs, Addictions, and Health* (1 in 2025)

- **Ad-hoc reviewer for Congresses**

*19th Congress of the European Association of Work and Organizational Psychology* (2019)

- **Ad-hoc Reviewer for Books**

## Methodological Education

- **University of Bologna (Cesena, Italy)**
  - *Introduction to SPSS* - Paola Gremigni (March-April 2012 - 30 hours)
- **Sapienza University of Rome (Rome, Italy)**
  - *Regression Analysis* - Laura Di Giunta (April 15/17, 2015 - 8 hours)
  - *Introduction to multilevel analyses* - Guido Alessandri (April 28/May 5, 2015 - 8 hours)
  - *Introduction to SEM with Mplus* - Michele Vecchione (May 25-26, 2015 - 8 hours)
  - *Introduction to mixed models in R* - Jason A. French (June 9-12, 2015 - 16 hours)
  - *Latent Growth Curve Modeling with Mplus* - Valeria Castellani (June 17-18, 2015 - 8 hours)
  - *Trajectories (LCGA/GMM) with Mplus* - Paula Luengo Kanacri (September 14-15, 2015 - 8 hours)
  - *A gentle introduction to resampling techniques* - Fabio Ferlazzo (September 17, 2015 - 4 hours)
  - *Multilevel analyses with Mplus* - Valerio Ghezzi (May-June 2016 - 10 hours)
  - *Testing and interpreting interaction effects in multiple linear regression* - Antonio Zuffanò (July 26, 2016 - 3 hours)
- **Utrecht University (Utrecht, The Netherlands)**
  - *Summer school “Advanced course on using Mplus”* - Ellen Hamaker, Peter Lugtig, and Rens van de Schoot (August 24-28, 2015 - 40 hours)
- **University of Trento (Rovereto, Italy)**
  - *Introduction to multilevel models in organizational research* - Guido Alessandri and Antonio Zuffanò (January 19-20, 2017 - 10 hours)
  - *Crash course on power analysis* - Giulio Costantini and Marco Perugini (January 25, 2019 - 5 hours)
  - *Introduction to R* - Stefano Bussolon (February 5-13-19, March 7-14-21, April 16, 2019 - 21 hours)
  - *Introduction to L<sup>A</sup>T<sub>E</sub>X* - Marco Giacomelli (August 2-3, 2022 - 6 hours)
  - *Introduction to Web Scraping with Python* - Riccardo Medana (October 25, 2022 - 7 hours)
  - *Introduction to Machine Learning with Python* - Andrea Bizzego (March 1/2/8/9/15/16, 2023 - 12 hours)
- **Arizona State University (Tempe, AZ, USA)**
  - *Structural Equation Modeling (PSY 533)* - Stephen G. West (Mar-Apr 2017 - 28 hours)
  - *Longitudinal Growth Modeling (PSY 537)* - Kevin J. Grimm (Mar-Apr 2017 - 28 hours)
- **82nd Annual Meeting of the Psychometric Society (Zürich, Switzerland)**
  - *Dynamic Structural Equation Modeling of Intensive Longitudinal Data Using Mplus Version 8* - Bengt Muthén, Tihomir Asparouhov, and Ellen Hamaker (July 17, 2017 - 8 hours)
- **19th EAWOP Congress (Turin, Italy)**
  - *Introducing open-source teaching modules on Big Data: Approaches within work and organizational psychology* - Cornelius König and Marise Ph. Born (May 29, 2019 - 3 hours)
- **Statistical Horizons (Remote Seminar)**

- *Machine Learning* - Kevin J. Grimm (January 7-8-9, 2021 - 14 hours)
- **37th Annual SIOP Conference (Seattle, WA, USA)**
  - *Practical Applications of Machine Learning in I-O* - Scott Withrow, Rachel T. King, and Isaac Thompson (April 29, 2022 - 3 hours)
- **DataCamp (Remote Seminar)**
  - *Big Data with R* - The DataCamp Team (July 18-August 4, 2022 - 16 hours)
  - *GitHub Concepts* - The DataCamp Team (October 19, 2022 - 3 hours)
  - *Explainable Artificial Intelligence (XAI) Concepts* - The DataCamp Team (June 13, 2024 - 1 hour)
- **Associazione Italiana di Psicologia [AIP] (Remote Seminar)**
  - *From epistemological positioning to methodological excellence towards theory building: When and why use thematic analysis and case study methods* - Tiziana Callari (June 24-25, July 1-2, 2024 - 24 hours)

## Skills

- **Psychometrics and Data Science Toolset**

<b>Advanced</b>	<i>Mplus</i>
<b>Intermediate</b>	R, SPSS, RMarkdown, Quarto
<b>Basic</b>	L <sup>A</sup> T <sub>E</sub> X, Python, JupyterLab, git, GitHub

- **Applied Methodological Skills**

Data Wrangling and Cleaning (e.g., **tidyverse**), Multivariate Statistics, Structural Equation Modeling (SEM), Longitudinal SEM (e.g., Autoregressive Cross-Lagged Panel Models, Latent State-Trait Models, Latent Growth Curve Modeling), Exploratory SEM (ESEM), Multilevel SEM (e.g., ML-SEM, Dynamic SEM), Measurement Invariance, Mediation and Moderation, Mixture Modeling, PRISMA Criteria, Meta-analyses (**metafor**), Machine Learning (basic; e.g., **scikit-learn**).