

Environment, Packages, Functions, Import/Export

PSICOSTAT

Enrico Toffalini

Install packages... and more

Most of the data analysis tasks you will perform won't come from base R: you most often load additional **packages** for specialized functions

Install a package from CRAN

```
install.packages("effsize")
```

Simultaneously install multiple packages

```
install.packages( c("effsize", "psych", "ggplot2") )
```

For development or personal use, you may occasionally install packages from outside CRAN, such as from GitHub:

```
devtools::install_github("FilippoGambarota/filor")
devtools::install_github("EnricoToffalini/toffee")
```

After installing, you need to load the packages using function **library**:

```
library(effsize)
library(ggplot2)
```

Install packages... and more

call functions

After loading a package, its functions are directly callable throughout the R session:

```
library(psych)

fisherz(rho=0.5) # use a function from the "psych" package
```

[1] 0.5493061

you may directly call any function from any installed package, even without loading it, using “`::`”; this is especially useful when there is a risk of functions with conflicting names, or if you just don’t want to load an entire package for using a single function:

```
psych::fisherz(rho=0.5)

[1] 0.5493061
```

Some R packages that you will or may need in the future (1/3)

Package	Used for what	Examples of functions
base (base R)	Basic functions	sum, mean, sqrt, abs, c, data.frame, summary, scale, plot, +, -
stats (base R)	Basic statistical calculations and functions	sd, cor, cor.test, t.test, lm, glm, AIC, rnorm, rbinom
graphics (base R)	Basic statistical calculations and functions	plot, boxplot, hist, barplot

(You may actually use these “base” packages very often without even realizing that they are packages)

Some R packages that you will or may need in the future (2/3)

Package	Used for what	Examples of functions
lme4	Fitting (generalized) (non-)linear mixed-effects models	<code>lmer</code> , <code>glmer</code> , <code>ranef</code>
performance	Useful tools for models	<code>check_collinearity</code> , <code>r2_nagelkerke</code> , <code>icc</code>
effects	Display effects for various statistical models	<code>allEffects</code> , <code>effect</code>
emmeans	Estimate marginal means for various models	<code>emmeans</code>
effectsize	Compute or convert different effect sizes	<code>cohens_d</code> , <code>hedges_g</code> , <code>cohens_f</code> , <code>d_to_r</code>

Some R packages that you will or may need in the future (3/3)

Package	Used for what	Examples of functions
ggplot2	Create beautiful plots using The Grammar of Graphics	<code>ggplot</code> , <code>geom_point</code> , <code>geom_line</code> , ...
lavaan	Structural Equation Models (SEM)	<code>sem</code> , <code>cfa</code>
semTools	Useful tools for SEMs	<code>compRelSEM</code> , <code>measEq.syntax</code>
metafor	Perform meta-analysis	<code>rma</code> , <code>rma.mv</code> , <code>forest</code> , <code>funnel</code> , <code>regtest</code>
brms	Fitting practically any Bayesian model via MCMC with STAN	<code>brm</code> , <code>set_prior</code>
blavaan	Fitting Bayesian SEMs	<code>bcfa</code> , <code>bsem</code>

Reproducibility tip: `sessionInfo()`

When sharing your full R project, also share info on your R version, OS, and loaded package versions for reproducibility

```
sessionInfo()
```

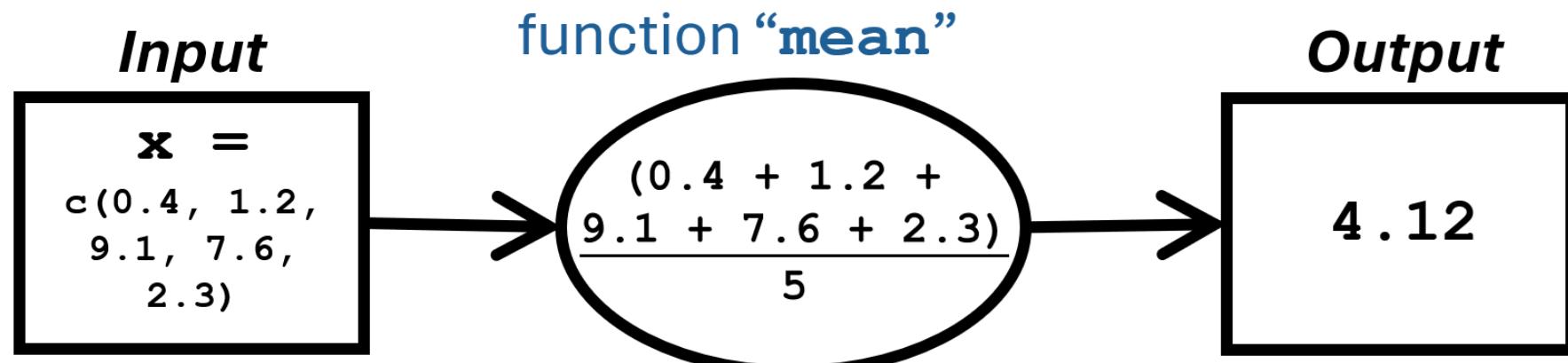
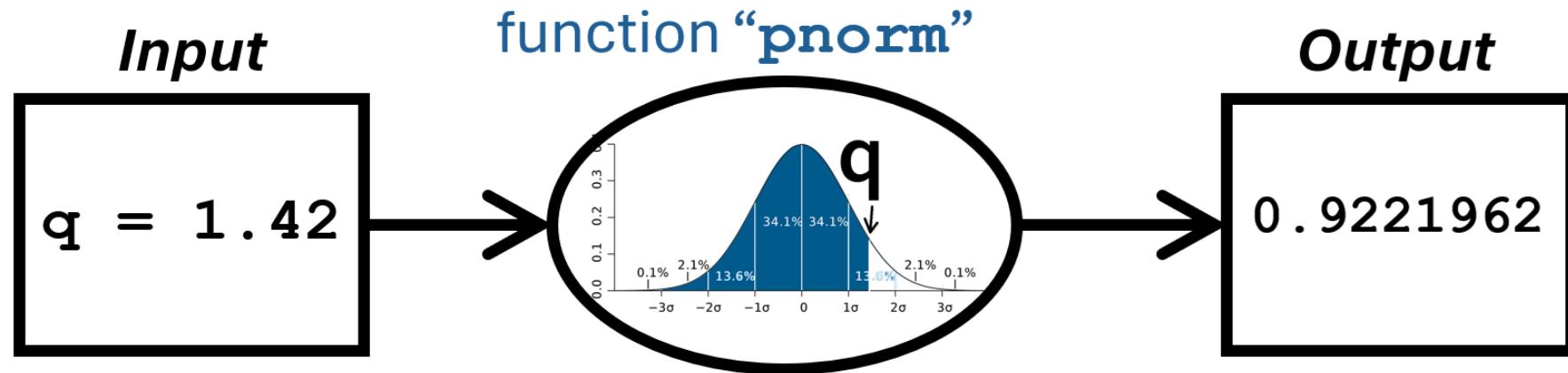
```
R version 4.5.1 (2025-06-13 ucrt)
Platform: x86_64-w64-mingw32/x64
Running under: Windows 11 x64 (build 22631)
```

```
Matrix products: default
  LAPACK version 3.12.1
```

```
locale:
[1] LC_COLLATE=English_United Kingdom.utf8
[2] LC_CTYPE=English_United Kingdom.utf8
[3] LC_MONETARY=English_United Kingdom.utf8
[4] LC_NUMERIC=C
[5] LC_TIME=English_United Kingdom.utf8
```

Functions and arguments

Functions typically take some *input* parameters, known as *arguments*, process that, and yield some *output/result(s)*



Functions and arguments

arguments

- values or variables you pass to a function as input, or to control its behavior

for example, `seq()` generates a sequence of numbers; “`from`” and “`to`” are arguments: it will provide the integers between these two extremes:

```
seq(from = 3, to = 7)
```

```
[1] 3 4 5 6 7
```

`length.out` controls how many equally spaced numbers must be generated:

```
seq(from = 3, to = 7, length.out = 4)
```

```
[1] 3.000000 4.333333 5.666667 7.000000
```

alternatively, `by` defines the step size between numbers:

```
seq(from = 3, to = 7, by = 0.6)
```

```
[1] 3.0 3.6 4.2 4.8 5.4 6.0 6.6
```

Functions and arguments

arguments

- values or variables you pass to a function as input, or to control its behavior

`rnorm()` will generate “`n`” random numbers from a normal distribution with “`mean`” as the average and “`sd`” as the standard deviation:

```
rnorm(n = 5, mean = 100, sd = 15)
```

```
[1] 97.47999 119.33902 99.25235 88.08878 91.06610
```

Positional matching - arguments names may be omitted if placed in the correct order

```
rnorm(5, 100, 15)
```

```
[1] 105.85073 71.08416 102.59129 118.26543 106.36570
```

Functions and arguments

Default arguments - a function *might* still work even if some arguments are omitted, if it can use its own *default values* (in this case “`mean=0, sd=1`”)

```
rnorm(n = 5)
```

```
[1] 0.02528938 -0.16551273 -0.79750249 -1.41128179 -0.84761314
```

Errors - however, omitting mandatory arguments will result in an *Error*

```
rnorm(mean = 100, sd = 15)
```

Error in rnorm(mean = 100, sd = 15): argument "n" is missing, with no default

Warnings - Some inputs may cause the function to produce *Warnings* and bad output, but do **not** stop code execution

```
rnorm(n = 5, mean = 100, sd = -15)
```

Warning in rnorm(n = 5, mean = 100, sd = -15): NAs produced

```
[1] NaN NaN NaN NaN NaN
```

Functions and arguments

HELP! see the documentation of a function

There are two ways to access documentation: using “?” and using `help()`

```
?rnorm # this will work  
help(rnorm) # this does the same
```

The Normal Distribution

Description

Density, distribution function, quantile function and random generation for the normal distribution with mean equal to `mean` and standard deviation equal to `sd`.

Usage

```
dnorm(x, mean = 0, sd = 1, log = FALSE)
pnorm(q, mean = 0, sd = 1, lower.tail = TRUE, log.p = FALSE)
qnorm(p, mean = 0, sd = 1, lower.tail = TRUE, log.p = FALSE)
rnorm(n, mean = 0, sd = 1)
```

Arguments

- `x, q` vector of quantiles.
- `p` vector of probabilities.
- `n` number of observations. If `length(n) > 1`, the length is taken to be the number required.
- `mean` vector of means.
- `sd` vector of standard deviations.
- `log, log.p` logical; if TRUE, probabilities p are given as log(p).
- `lower.tail` logical; if TRUE (default), probabilities are $P[X \leq x]$, otherwise $P[X > x]$.

Set up Working Directory

The **Working Directory** (WD) is the location of the folder in your computer where R reads and saves files by default.

Let's see my own WD using the `getwd()` function:

```
getwd()
```

```
[1] "C:/Users/enric/Desktop/Basics R DataScience/Slides"
```

If you import/export anything (*data, figures, workspaces, etc.*) you need to know your WD!

Set up Working Directory

As a general rule:

- When you open R or the RStudio app, the default WD may be the [documents](#) folder (in Windows) or the [home directory](#) (e.g., `/home/username`; in Linux or macOS);
- This default may be reset at any time from inside RStudio on [Tools > Global Options... > General](#);
- If you open a file (e.g., a [.R](#) script) using RStudio, the WD is set at that file location (unless the RStudio app was already open before);
- However, you can set a new WD at any time from within the R code, using the [setwd\(\)](#) function, for example:

```
setwd( "C:/Users/enric/" )
```

Set up Working Directory

 Windows users, be careful!

When you copy-and-paste a folder address, Windows will probably take “\” as path separator, but “\” is the escape character in R, so you incur an error:

```
setwd( "C:\Users\enric\" )
```

Error: '\U' used without hex digits in character string (<input>:1:12)

How to fix

```
setwd( "C:\\Users\\\\enric\\\\" )
```

or

```
setwd( "C:/Users/enric/" )
```

Absolute vs Relative paths

- **ABSOLUTE paths:** indicate the full path **from the root**, e.g.,
"C:/Users/enric/" (in Linux it might be "/home/enric/"; in macOS
"/Users/enric/")
- **RELATIVE paths:** indicate the path starting from (*relative to*) the current directory. Most often, you prefer this for import/export, so the same script works on any device; e.g., "figures/" or ../figures/:
 - `png(filename = "figures/Fig1.png")` saves a file `Fig1.png` into `figures`, which a subfolder **inside** the current WD;
 - `png(filename = "../figures/Fig1.png")` saves a file `Fig1.png` into `figures`, which is a folder **outside, one level up** ("..") the current WD

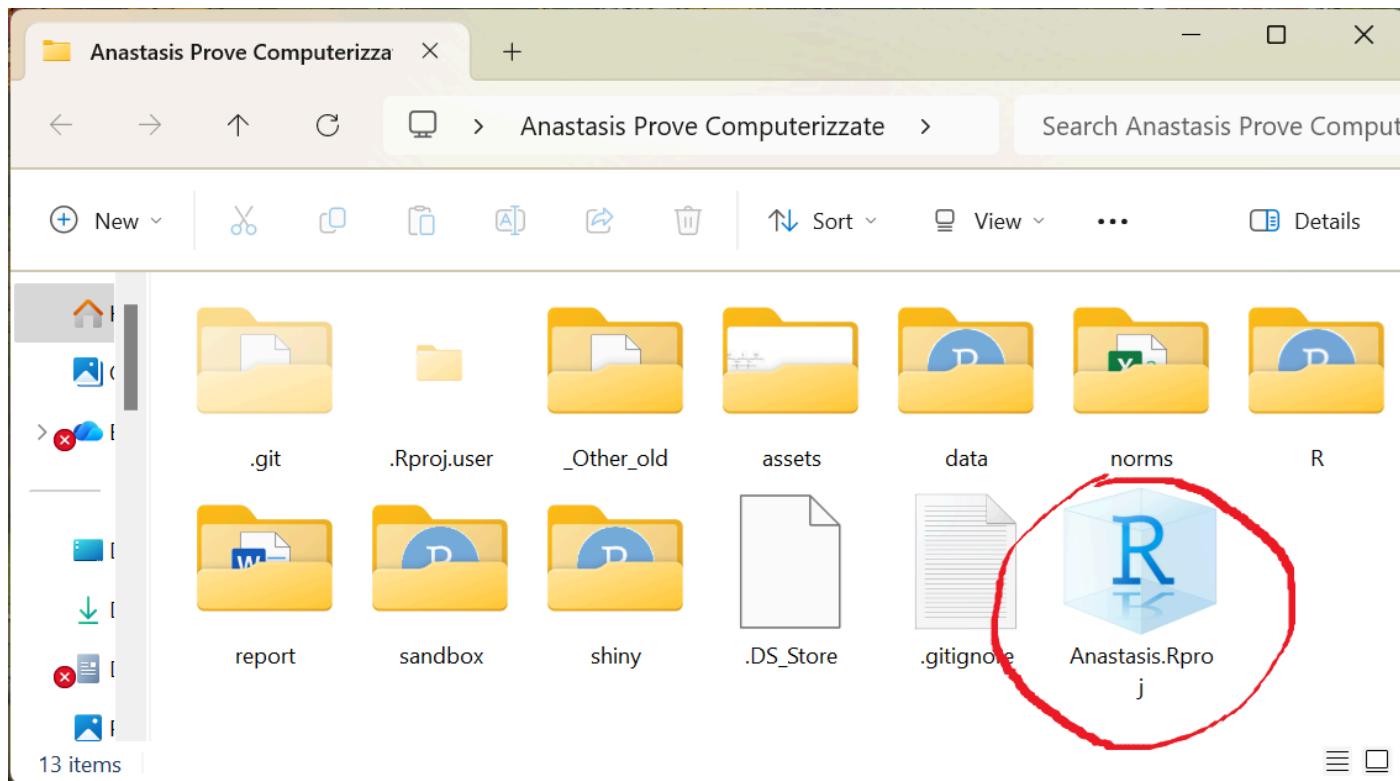
RStudio Projects

.Rproj may eliminate the need of using `setwd()` within scripts, so you can use only relative paths

- You can create a *new project* in RStudio with [File > New Project...](#) choose a specific folder
- Keep all materials of your project in the same folder as the newly created .Rproj file
- As you open the .Rproj, it will automatically start a new RStudio session with the WD set into that folder.

RStudio Projects

Opening the `.Rproj` file ensures that RStudio automatically sets the project folder as the working directory, so all files are managed relative to here:



Import/export

Now let's see how to perform **import/export** operations for:

- **The Workspace:** all objects that exist in your current R session, all results and computations stored so far (see them in the “*Environment*” panel or with `ls()`);
- **Data:** **SUPER IMPORTANT!** we will focus especially on tabular (Excel-like) data, that we treat as dataframes;
- **Figures:** save your plots for reports and more in `.pdf`, `.png`, and more formats.

Import/export

Workspace

All your R code (script) is generally stored in text files with a `.R` extension. But where do you save your results and objects?! Maybe you just don't...

However, you can export the entire *workspace* using `save.image()`

```
# Let's populate the workspace first
N = 100
x = rnorm(N,0,1)
y = 2 + 0.6*x + rnorm(N,0,0.8)
df = data.frame(x, y)
fit = lm(y ~ x, data=df)

# now let's save it
save.image("myWS.RData")
```

Specifying "`myWS.RData`" is not mandatory but recommended, otherwise your file will simply be named `".RData"`. (By the way... *where* will it be saved?)

Import/export

Workspace

Alternatively, you can save just one or a few workspace objects using `save()`

```
# Let's populate the workspace first
N = 100
x = rnorm(N, 0, 1)
y = 2 + 0.6*x + rnorm(N, 0, 0.8)
df = data.frame(x, y)
fit = lm(y ~ x, data=df)

# now let's save only two objects
save(df, fit, file="myWS.RData")
```

This will save only objects `df` and `fit` into a newly created file named `myWS.RData`. This is useful when you have an overcrowded workspace and want to save only a few objects containing the final results

Import/export

Workspace

Once you open a new R session, you may load the previously stored workspace using the `load()` function, specifying `load("workspace_name.RData")`, like this:

```
# empty the workspace to make sure there's actually nothing!
rm(list=ls())
```

```
# now Load the previously saved workspace
load("myWS.RData")
```

```
# make sure that the objects have been loaded
ls()
```

Import/export

Data

Arguably a **fundamental skill** for anyone working in data science!

Most people use *MS Excel* or similar software (e.g., *LibreOffice Calc*) for handling data, which produce their own file formats (e.g., `.xlsx`). That's perfectly fine. However... the **most versatile data format is `.csv` (comma-separated values)**, a simple text (no formatting, no licences required) file format for storing tabular data/dataframes.

- **Best practice:** Save data in `.csv` format from your software of choice before importing it in R.

Import/export

Data

Here's an example of using `read.csv()` for importing data:

```
# IMPORT csv data from a "data" subfolder, and store it in an object named "df"
df = read.csv("data/Performance.csv")

# OR if you want to be explicit on settings:
df = read.csv("data/Performance.csv", header=TRUE, sep=",", dec=".")

head(df) # have a look at the first few rows
```

```
  id name anx acc    time
1  1 nydga  20  15 2.077932
2  2 bwknr  14   9 2.436858
3  3 sauuj  18  12 2.549814
4  4 vnjgi  27  15 4.386718
5  5 oueiy  21  11 5.248933
6  6 neebj  12  13 3.463094
```

⚠️ in Italian Excel export settings, it is possible that *separator character* (`sep`) be “;” and *decimal point character* be “,” so be aware of your settings!

Import/export

Data

If you absolutely want to import your data directly from a **MS Excel** document (**.xlsx**), you may use function **read_excel()** from the package **readxl**:

```
library(readxl)
df = data.frame( read_excel("data/Performance.xlsx") )
# data.frame() forces it to be a dataframe, otherwise it's a tibble
head(df)
```

	id	name	anx	acc	time
1	1	nydga	20	15	2.077932
2	2	bwknr	14	9	2.436858
3	3	sauuj	18	12	2.549814
4	4	vnjgi	27	15	4.386718
5	5	oueiy	21	11	5.248933
6	6	neebj	12	13	3.463094

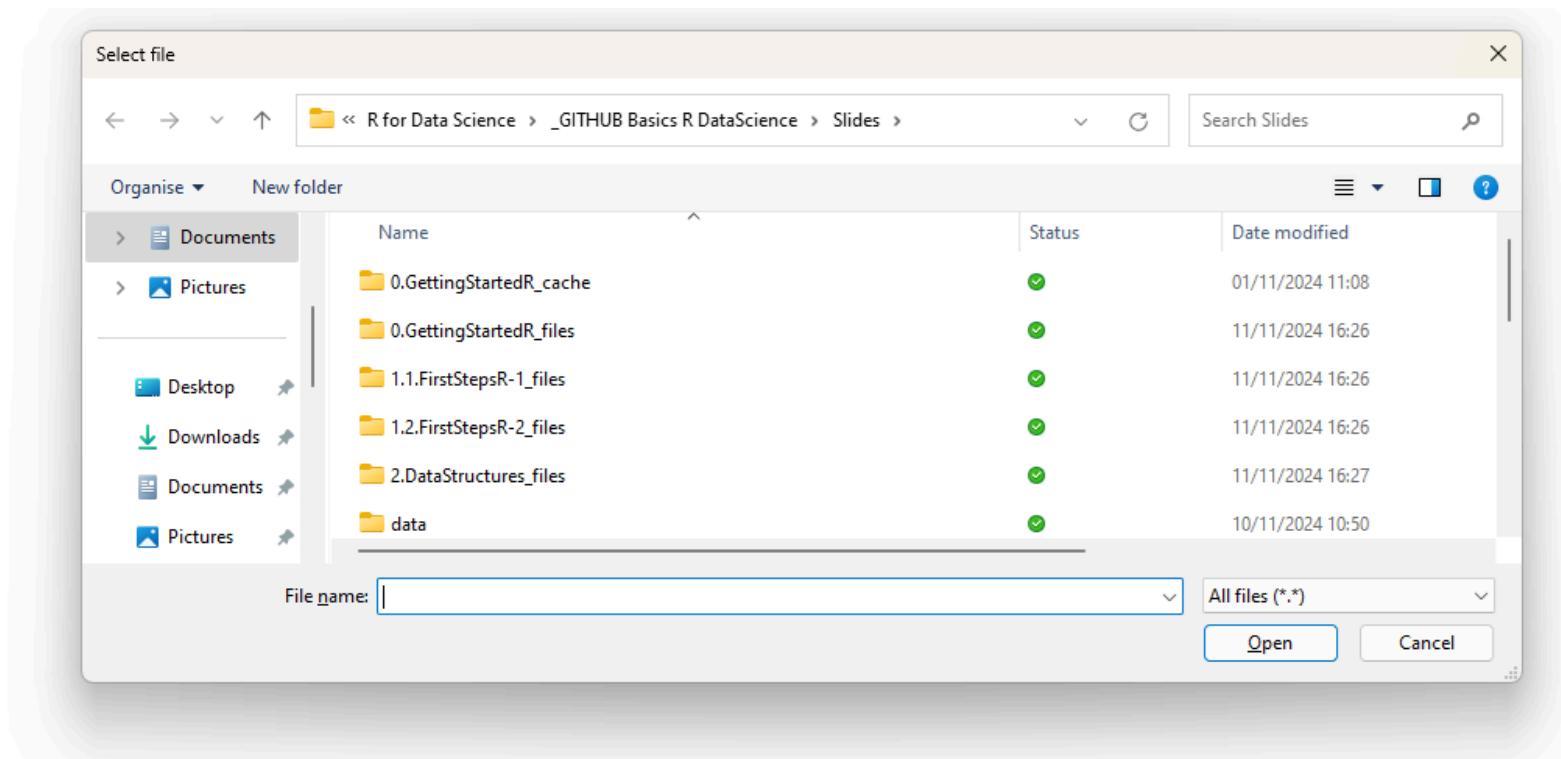
- You may even import data from an **SPSS** document (**.sav**) using the **read.spss()** function from the **foreign** package

Import/export

Data

A good trick if you don't want to specify any relative or absolute path, and want to manually select data each time, is using the `file.choose()` function:

```
df = read.csv( file.choose() )
```



Import/export

Data

Other “tricks” for importing data involve using the functions in the **RStudio menu**, particularly:

- File > Import Dataset > From text (base)...
- File > Import Dataset > From Excel
- File > Import Dataset > From SPSS...

However ... using these functions is not best practice, because they are specific to the RStudio IDE. **It's better to use code for reproducibility**

Import/export

Data

You have processed data with R, now... how to **export** it?

When collaborating with someone also using R, you may choose to exchange data directly by exporting the object or the entire workspace as a `.RData` file, using the `save()` or `save.image()` function respectively.

However, if you need to export a dataframe in a more universally readable tabular format, such as `.csv`, you may use `write.table()`:

```
# specify the dataframe to export (here named "df")
# along with the desired file name, and other arguments
write.csv(df, file="myExportedData.csv")

# if you don't want row numbering / row names
write.csv(df, file="myExportedData.csv", row.names=F)
```

Import/export

Figures

R has a collection of functions for exporting figures in different formats: `pdf()`, `png()`, `jpeg()`, `bmp()`, `tiff()`, `svg()`.

Here is an example using `png()` :

```
# set up a graphic output file named "MyFigure.png" with some settings
png("MyFigure.png", height=1500, width=2000, units="px", res=300)

# code for creating a simple boxplot
boxplot(iris$Sepal.Width)

# close the graphic output file and actually export the plot
dev.off()
```