



Basics of Programming: if...else, and iterations

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Conditional Programming

Conditional statements like `if`, `if...else`, and `ifelse` in R are essential tools for automating tasks and assisting decision making in data science. What follows are a few simple “toy examples”, but focus on the underlying logic. This will be greatly useful in more advanced applications

`if` statement

the `if` statement performs an action *only if* a condition is met

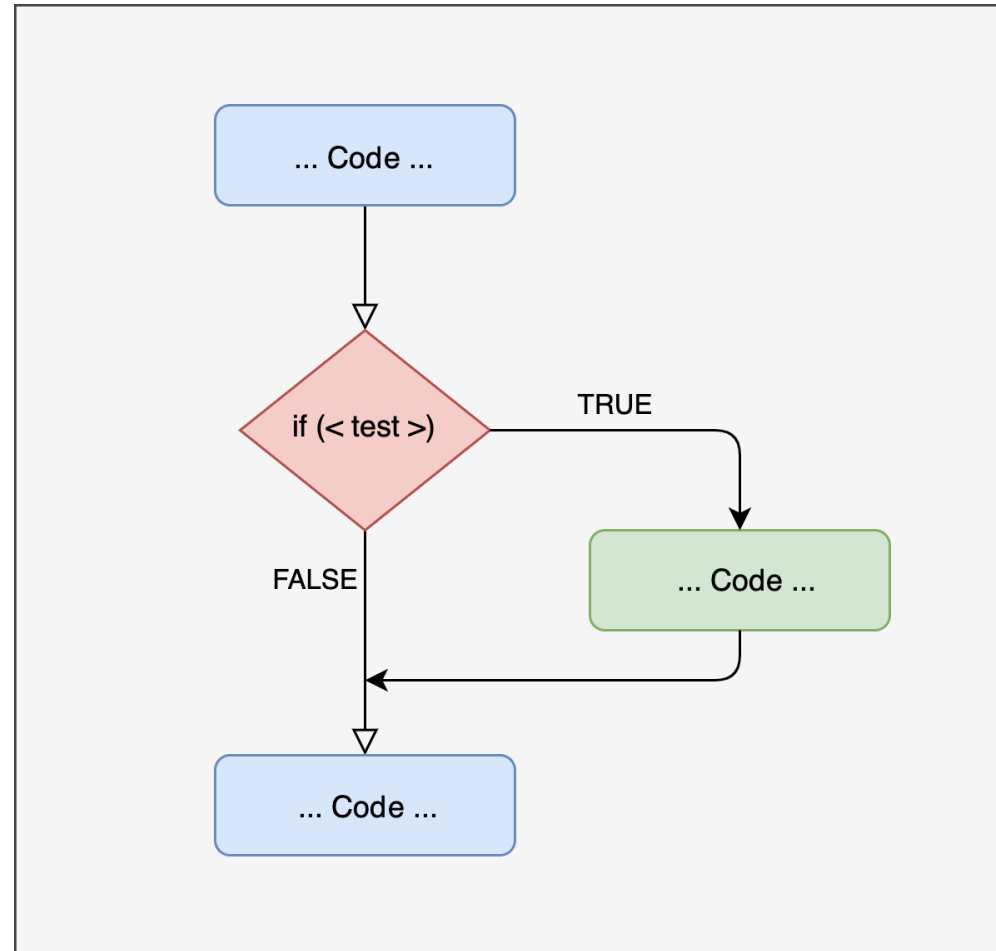
```
age = 20
```

```
if (age >= 18) {  
  print("Adult")  
}
```

```
[1] "Adult"
```

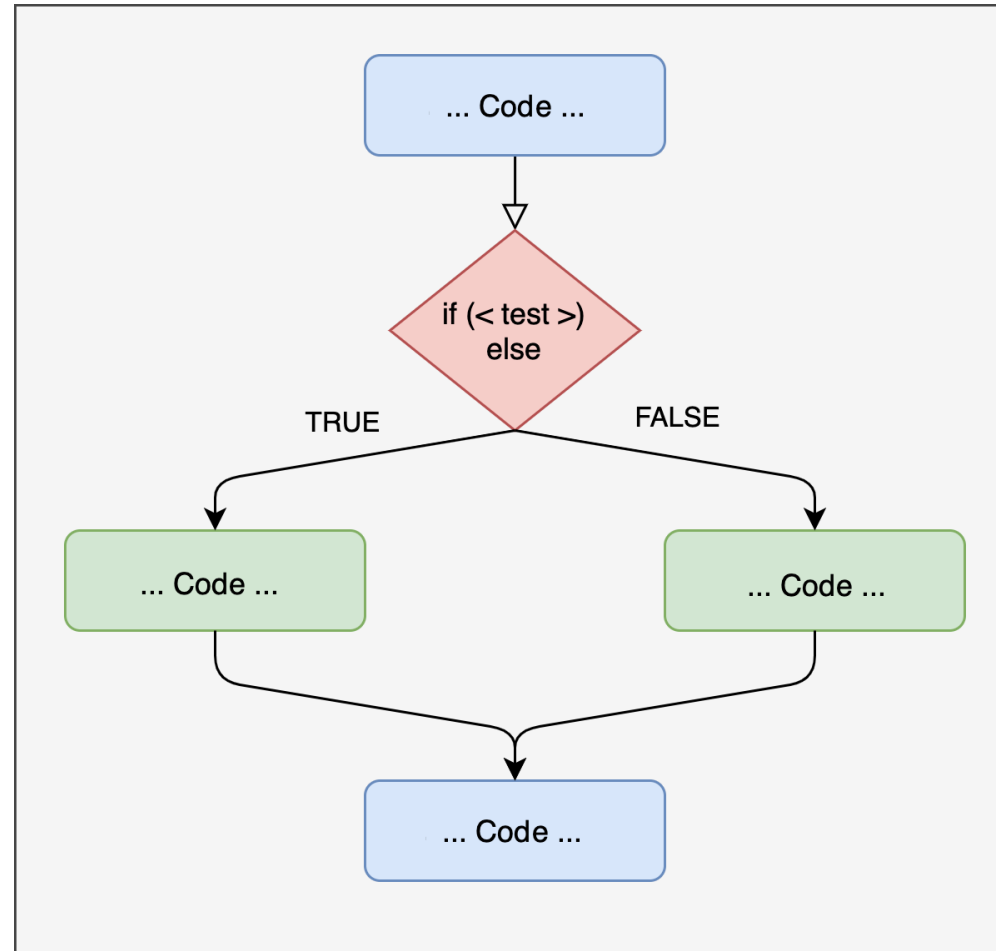
if statement

Basic flowchart showing the logic of the **if** statement:



if...else statement

Sometimes, however, you may need to perform *alternative* actions



if...else statement

Sometimes, however, you may need to perform *alternative* actions

Here is a practical example of the **if...else** statement

```
age = 15  
  
if(age >= 18) {  
  print("Adult")  
} else {  
  print("Minor")  
}
```

```
[1] "Minor"
```

In the above example:

- *if* **age** is 18 or older, R will print **"Adult"**;
- otherwise (*else*) it will print **"Minor"**

if...else if...else statement

When you need to evaluate more than just two alternative conditions, you can use **nested conditional statements**, that is you combine multiple `if...else` statements

```
age = 10

if (age >= 18) {
    print("Adult")
} else if (age >= 13) {
    print("Adolescent")
} else if (age >= 2) {
    print("Child")
} else {
    print("Infant")
}
```

```
[1] "Child"
```

if...else statement

Possible, practical use of **if...else** in a preplanned analysis for a hypothetical preregistered study: automate the decision to conduct additional analyses based on the result of a preliminary test. This helps create a reproducible analysis pipeline with a clear set of decisions

```
## PREPLANNED ANALYSIS

# preliminary test
tt1 = t.test(x1, x2, data=df, paired=TRUE)

# based on the p-value of the preliminary t-test, choose the next step
if (tt1$p.value < 0.05) {
  # If significant, perform an additional analysis with a linear model
  print("Significant result: proceeding with follow-up analysis")
  fit = lm(outcome ~ pred1 + pred2 * moder1, data = df)
  summary(fit)
} else {
  # else, report only the preliminary test
  print("No significant result: reporting preliminary results only")
  print(tt1)
}
```


ifelse statement

All previous statements work with a single value at a time. However, you often want to apply this type of operation to an entire vector

Using `if` and `if..else` directly on a vector will **NOT** work as intended:

```
age = c(2, 28, 15, 1, 4, 67, 42, 14, 7)

if(age >= 18){
  print("Adult")
} else {
  print("Minor")
}
```

Error in if (age >= 18) {: the condition has length > 1

ifelse statement

All previous statements work with a single value at a time. However, you often want to apply this type of operation to an entire vector

To handle such cases you can use the base **ifelse** function, that evaluates each element of a vector individually:

```
age = c(2, 28, 15, 1, 4, 67, 42, 14, 7)
```

```
ifelse(age >= 18, "Adult", "Minor")
```

```
[1] "Minor" "Adult" "Minor" "Minor" "Minor" "Adult" "Adult"  
"Minor" "Minor"
```

...of course, it is always recommended to store the output:

```
ageCategory = ifelse(age >= 18, "Adult", "Minor")  
ageCategory
```

```
[1] "Minor" "Adult" "Minor" "Minor" "Minor" "Adult" "Adult"  
"Minor" "Minor"
```

ifelse statement

The **ifelse** statement can also be nested to manage multiple conditions, such as in the following example:

```
age = c(2, 28, 15, 1, 4, 67, 42, 14, 7)

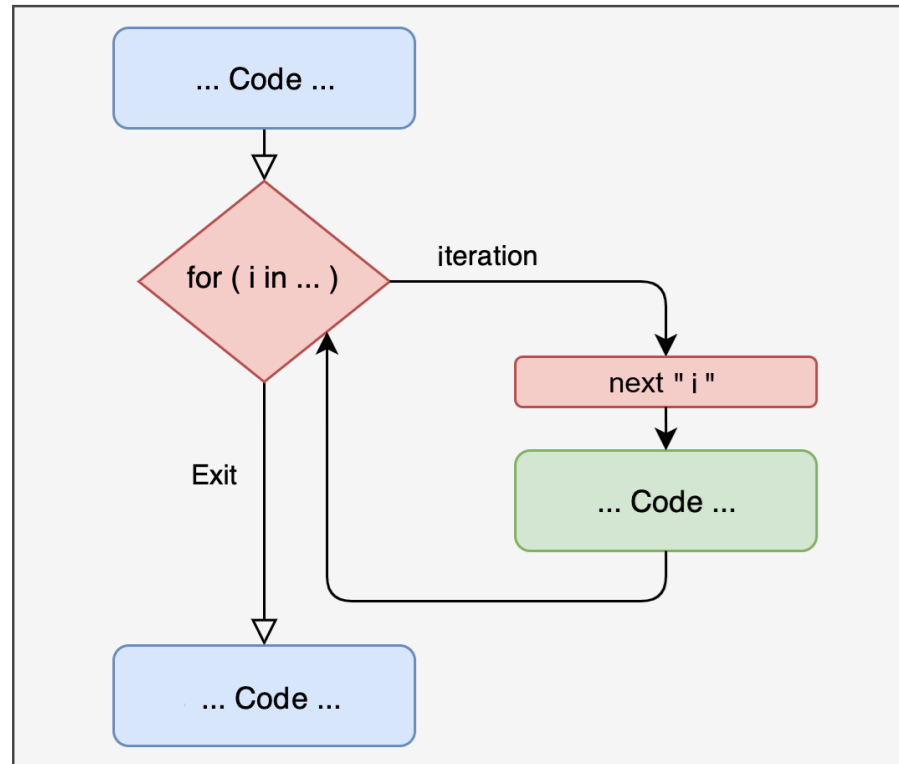
ifelse(age >= 18, "Adult" ,
       ifelse(age >= 13, "Adolescent" ,
              ifelse(age >= 2, "Child", "Infant")))

[1] "Child"      "Adult"      "Adolescent" "Infant"     "Child"
[6] "Adult"      "Adult"      "Adolescent" "Child"
```

Iterative Programming

Iterative programming allows you to repeat one or a series of actions automatically, for a predetermined number of times or until a condition is met

Let's start with understanding the basics of iterative programming with the **for** loop:



for loop

Here are a few simple examples of using the **for** loop

```
for(i in 1:5){  
  print(i)  
}
```

```
[1] 1  
[1] 2  
[1] 3  
[1] 4  
[1] 5
```

```
for(i in 1:5){  
  print(i^2)  
}
```

```
[1] 1  
[1] 4  
[1] 9  
[1] 16  
[1] 25
```

```
for(i in 1:5){  
  print(Sys.time())  
  Sys.sleep(1)  
}
```

```
[1] "2024-11-14 14:38:18 CET"  
[1] "2024-11-14 14:38:19 CET"  
[1] "2024-11-14 14:38:20 CET"  
[1] "2024-11-14 14:38:21 CET"  
[1] "2024-11-14 14:38:22 CET"
```

```
for(i in 1:5){  
  print(Sys.time())  
  Sys.sleep(2)  
}
```

```
[1] "2024-11-14 14:38:23 CET"  
[1] "2024-11-14 14:38:25 CET"  
[1] "2024-11-14 14:38:27 CET"  
[1] "2024-11-14 14:38:30 CET"  
[1] "2024-11-14 14:38:32 CET"
```

for loop

Here's a more interesting example of iterative **for** loop with practical usefulness: we want to repeat a data simulation for a predetermined number of times (5 iterations), each time drawing $n = 30$ values from a *standard normal distribution*, computing and displaying the average ... (This is actually the starting point of a *Monte Carlo simulation*! 😊)

```
set.seed(0) # set a seed for reproducibility: best practice

for(i in 1:5){
  x = rnorm(n = 30, mean = 0, sd = 1)
  print(mean(x))
}
```

```
[1] 0.02195079
[1] -0.02577153
[1] -0.009581231
[1] 0.03212316
[1] -0.2946441
```

for loop

In fact, in the previous example, the **for** loop displayed the results but didn't store it. For more effective use, you can combine the **for** loop with indexing with `[]` to save each result:

```
set.seed(0) # set a seed for reproducibility: best practice
niter = 5 # set the desired number of iterations: best practice
# initialize a results vector with NAs: best practice!
results = rep(NA, niter)
# now run the for loop! :-)
for(i in 1:niter){
  x = rnorm(n = 30, mean = 0, sd = 1)
  results[i] = mean(x)
}
results # display results
```

```
[1] 0.021950789 -0.025771530 -0.009581231 0.032123159
-0.294644080
```

```
sd(results) # estimate standard error of the mean
```

```
[1] 0.1358843
```

for loop

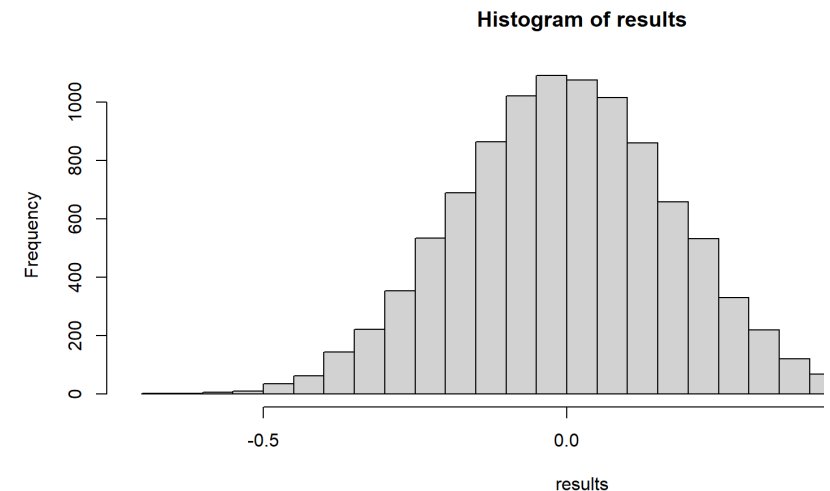
Let's extend the previous example with ... a few more iterations!

```
# STEP 1: RUN SIMULATION

# set number of iterations
niter = 10000
# initialize results vector
results = rep(NA, niter)
# actually run simulation
for(i in 1:niter){
  x = rnorm(n = 30, mean = 0, sd = 1)
  results[i] = mean(x)
}
```

```
# STEP 2: PLOT RESULTS

# histogram, with a large
hist(results, breaks=50)
```



```
# STEP 3: COMPUTE SD OF RESULTS
sd(results)
```

```
[1] 0.1806616
```

→ Enjoy it! This is a proper estimation of the *Standard Error of the Mean* via Monte Carlo simulation! 😊

while loop

The **while** loop is another type of iterative structure in R. It may be useful when the precise number of iterations is *not* predetermined, but depends on a target being reached

```
amount = 1000
month = 0
interest_rate = 0.001 # 0.1% monthly interest rate

while(amount < 1500){
  month = month + 1
  amount = amount + amount * interest_rate
}

month
```

```
[1] 406
```

Interpretation: it takes 406 months to reach an amount of €1,500 when starting with an amount of €1,000 with a 0.1% monthly interest rate

repeat loop

The **repeat** loop has a logic similar to the **while** loop but 1) it always runs at least one iteration, 2) It explicitly emphasizes repetition until a condition (not necessarily a target) is met, using a **break** statement to terminate

```
repeat{
  roll_die = sample(1:6,1)
  print(roll_die)
  if(roll_die == 6) break
}
```

```
[1] 2
[1] 3
[1] 1
[1] 3
[1] 1
[1] 1
[1] 5
[1] 6
```

```
attemptedExper = 0

repeat{
  attemptedExper = attemptedExper + 1
  tt = t.test(rnorm(10),rnorm(10))
  if(tt$p.value < 0.05) break
}

# number of experiments I attempted t
# get a false positive :-)
attemptedExper
```

```
[1] 12
```

```
round( tt$p.value , 3 )
```

```
[1] 0.041
```

apply family

apply is a family of base functions that provide **efficient tools** for running iterations on structures like dataframes, vectors, matrices, lists

Traditional loops provide a straightforward, intuitive way to compute sequences of operations, but the **apply family allows you to run faster computations...** this may become particularly important when you need to *parallelize* for computationally intensive tasks

The following is *not* a computationally heavy task — but for example, let's say we want to compute the mean value *per column* in **this dataframe**:

	BD	SI	DS	PCn	CD	VC	LN	MR	CO	SS
1	13	10	7	10	15	7	10	16	8	13
2	7	11	6	8	13	10	9	5	9	14
3	12	6	5	7	9	7	7	6	9	8
4	8	7	9	11	1	5	7	6	8	4
5	12	13	8	10	10	10	9	11	13	12
6	13	17	13	7	10	19	13	10	15	13
7	12	10	9	5	10	8	7	9	11	11
8	9	12	15	14	7	11	14	13	8	14
9	11	14	8	11	8	12	14	12	10	9
10	13	12	14	11	5	15	17	14	14	8
11	7	7	7	6	6	6	4	7	12	9
12	10	11	8	8	10	7	7	8	8	15
13	5	6	4	6	7	4	7	4	4	6
14	13	14	11	12	13	17	13	12	15	13

apply family

Here is how you could use the base **apply** function for computing the *mean* value by column:

```
apply(df, MARGIN=2, FUN=mean, na.rm=T)
```

	BD	SI	DS	PCn	CD	VC	LN
MR	9.824121	9.856423	9.706767	9.889169	9.781955	9.867168	9.987437
	9.904762						
	CO	SS					
	9.889447	10.005051					

In fact, for such a simple task, even **colMeans()** could be sufficient:

```
colMeans(df, na.rm=T)
```

	BD	SI	DS	PCn	CD	VC	LN
MR	9.824121	9.856423	9.706767	9.889169	9.781955	9.867168	9.987437
	9.904762						
	CO	SS					
	9.889447	10.005051					

but let consider slightly more complex cases

apply family

Let's say you need to compute the *standard deviation* per column ...

```
apply(df, MARGIN=2, FUN=sd, na.rm=T)
```

BD	SI	DS	PCn	CD	VC	LN	MR
2.941790	3.137753	3.072283	2.855583	3.022541	3.167819	2.951726	2.989253
CO	SS						
2.999217	2.896523						

... or to count the number of **NA** occurrences per column

```
apply(df, MARGIN=2, FUN=function(x) sum(is.na(x)) )
```

BD	SI	DS	PCn	CD	VC	LN	MR	CO	SS
2	3	1	3	1	1	2	1	2	4

in the latter case, we had to define a custom function, but that's relatively simple to do!

apply family

Although any of such tasks could be done using a **for** loop, the code would be more cumbersome and less efficient. For example, here's how the exact same result as the latter **apply** example could be obtained using a **for** loop:

```
results = rep(NA, ncol(df))
names(results) = colnames(df)

for(i in 1:length(results)){
  results[i] = sum(is.na(df[,i]))
}
```

results

BD	SI	DS	PCn	CD	VC	LN	MR	CO	SS
2	3	1	3	1	1	2	1	2	4

apply family

FYI, other functions within the **apply** family:

- **tapply()**: applies a function to subsets of a vector grouped by a factor, example `tapply(df$values, df$group, FUN=mean)` (know that the function `aggregate()` might be more convenient in some cases)
- **lapply()**: applies a function to each element of a *list*, returning results in a *list* format, example `lapply(my_list, length)`
- **sapply()**: the same as the previous one but returns results as a *vector* if possible, example `sapply(my_list, length)`
- **mapply()** multivariate version of `sapply()` that runs across more lists or vectors

```
mapply(rnorm, n=c(2, 6, 4), mean=c(0, 100, 200), sd=c(1, 15, 30))

[[1]]
[1] -0.08178004  2.88841825

[[2]]
[1] 117.59238 108.24465 111.68657  91.52303 101.54431 104.22282

[[3]]
[1] 185.7671 186.2599 215.0463 187.8461
```