



## Unit 7 | Session 1

Comfort food

**Learning objective: talk about your favorite comfort food**

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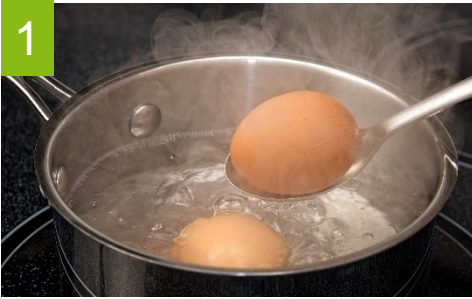
### Lesson Overview

- 1 Get started: Great food.
- 2 Prepare: Count or Non-count?
- 3 Prepare: Eating preferences
- 4 Speaking: Design a food truck.
- 5 Prepare: Food questions.
- 6 Speaking: My favorite comfort food.
- 7 Progress check.



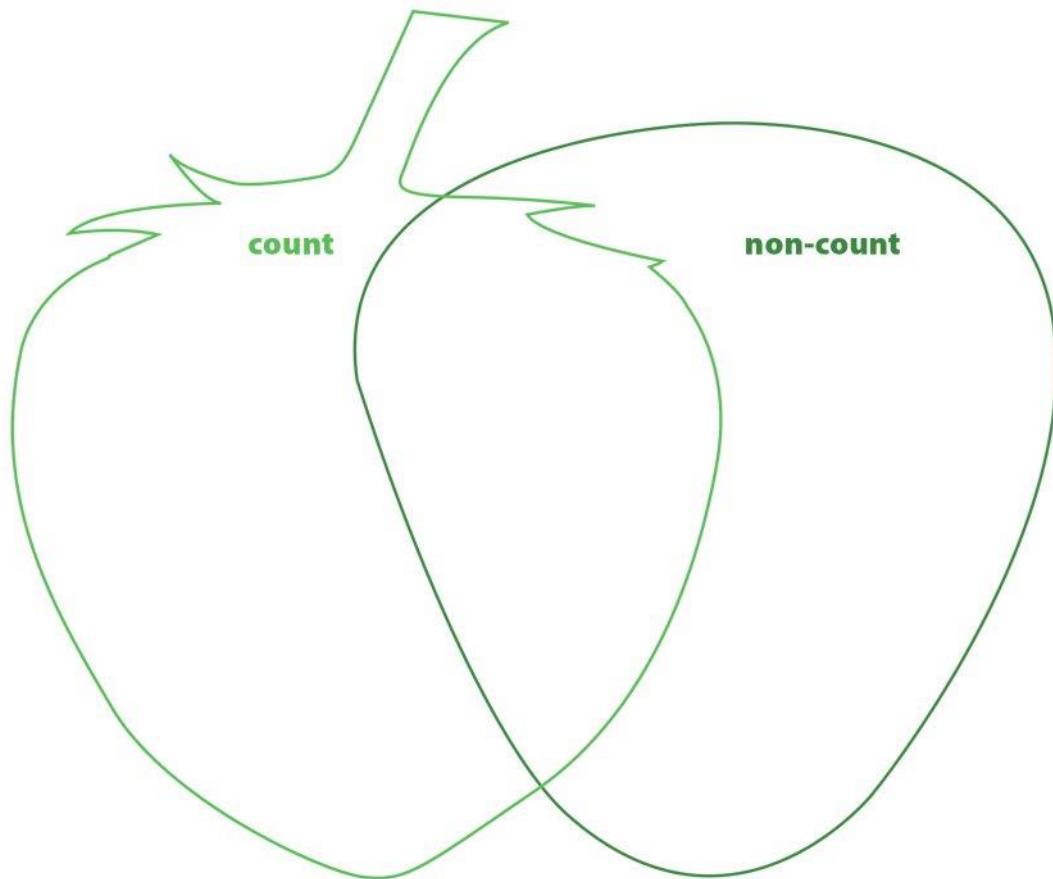


# GET STARTED: Great food!



bitter  
boiled  
delicious  
fresh  
fried  
grilled  
raw  
roasted  
sour  
spicy

# PREPARE: Count or Non-count?



avocado

burger

cereal

chili pepper

pepper

corn

jam

lettuce

noodles

onion

pasta

peanut butter

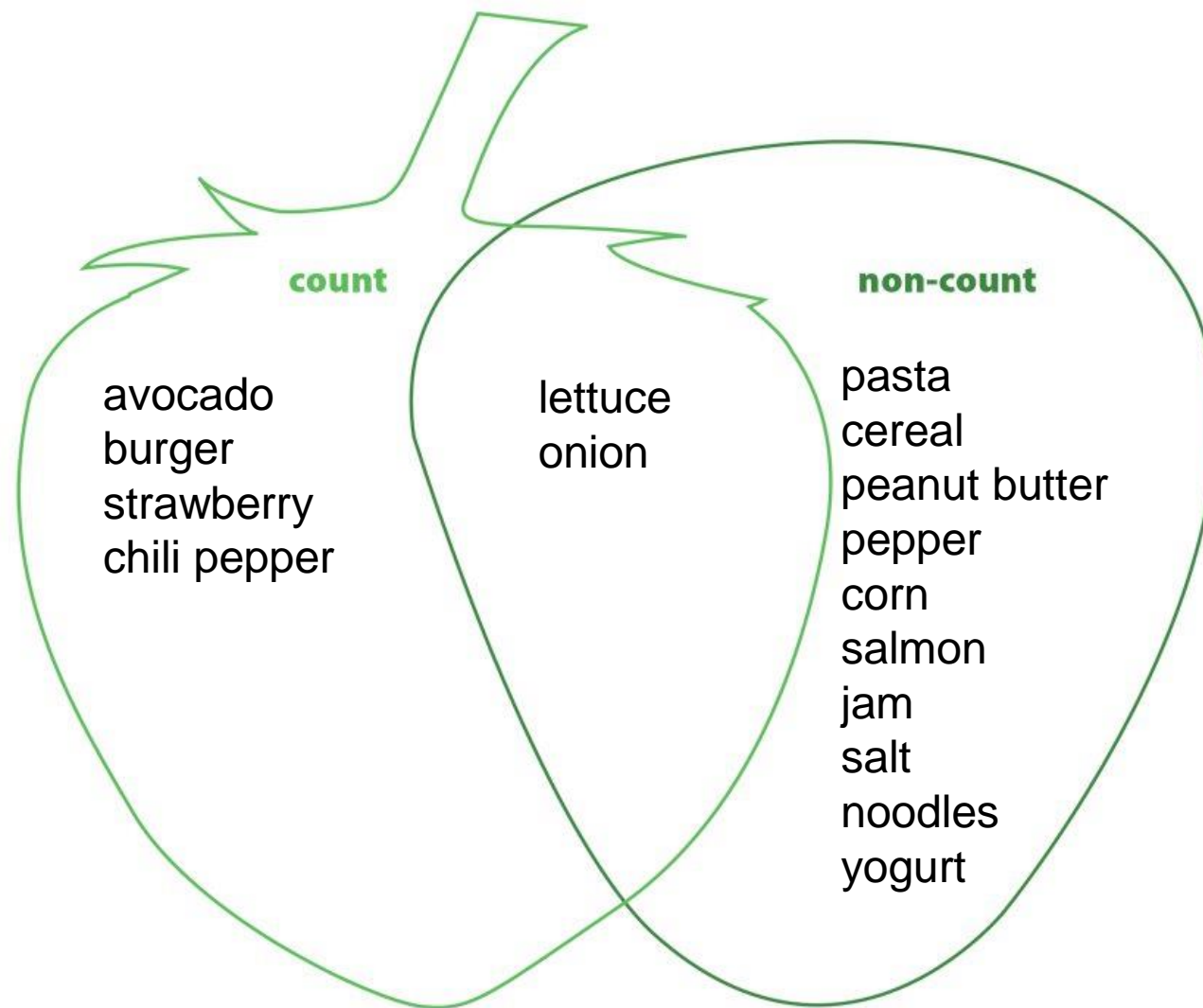
salmon

salt

strawberry

yogurt

# Check your answers





# PREPARE: Eating preferences

**Which are true for you?**

I like to eat out.

I prefer to eat at home.

I love eating in the street.

I can't stand waiting in line.

I don't mind cooking.

I enjoy trying new foods.

I need to eat out once a week.

I'd like to get takeout tonight.

I want to cook for my friends this weekend.

I sometimes forget to buy food during the week.



# PREPARE: Eating preferences

Which verb pattern do they follow?

I **like to eat** out.

I **prefer to eat** at home.

I **love eating** in the street.

I **can't stand waiting** in line.

I **don't mind cooking**.

I **enjoy trying** new foods.

I **need to eat** out once a week.

I **'d like to get** a takeout tonight.

I **want to cook** for my friends this weekend.

I sometimes **forget to buy** food during the week.

## Verb patterns

1 always verb + *to*

2 always verb + - *ing*

3 verb + *to*

OR verb + - *ing*

# SPEAKING: Design a food truck

- Where are the people? What are they doing?
- Do you often see food trucks on the street in your town? Are they popular?
- What kind of food do they sell? Is it good?
- Do you like eating at food trucks? Why/ why not?





# PREPARE: Food Questions

How **many/much** cups of coffee do you have every day?

Do you think you drink too **much/many** coffee?

Do you have a sweet tooth?

How **much/many** cakes and cookies do you eat?

Do you think you eat too **much/many** sweet things?

Do you have a healthy diet?

Name **much/some** of the healthy things you eat every day. What unhealthy things do you eat?



# SPEAKING: My favorite comfort food

- What's your favorite comfort food?
- Why do you like it?
- When do you usually eat it?
- What do you eat it with?
- Do you eat a lot of it? Or is a little bit enough?
- Do your friends and family like it too?



## Useful Language

My favorite comfort food is... I like it because ....

I usually eat it in/when ... A lot of/ A few/Not many people like it

# SPEAKING: Reporting back

1 Report back: What differences and similarities did you find in your group?

2 Think about the whole class: Does everybody like the same comfort food?

## Useful language

- There were a few different examples of comfort food like ....
- X's favorite comfort food is ... but I don't eat a lot of it because ...
- Not many people like ... but a lot of people like...





# Progress check

Now I can ...

☐ talk about my eating preferences.

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Thank you!