

Vocabulary & Speaking

Food and drink

1 Find the odd word out and put it in the correct group.

Words 2 know

a potatoes	bananas	onions	lettuce	<u>cabbage</u>
b orange juice	sausages	mineral water	milkshake	<u>lemonade</u>
c steak	bacon	<u>cabbage</u>	chicken	<u>sausages</u>
d pasta	rice	cream	cornflakes	<u>bread</u>
e yoghurt	<u>lemonade</u>	margarine	cheese	<u>cream</u>
f lemons	<u>bread</u>	grapes	strawberries	<u>bananas</u>

2 (2.20) Match groups a-f in exercise 1 with categories 1-6 below. Listen and check.

- | | |
|--|--|
| 1 <input checked="" type="checkbox"/> Meat | 4 <input checked="" type="checkbox"/> Vegetables |
| 2 <input checked="" type="checkbox"/> Dairy products | 5 <input checked="" type="checkbox"/> Fruit |
| 3 <input checked="" type="checkbox"/> Cereals | 6 <input checked="" type="checkbox"/> Drinks |

3 WORD RACE How many words can you add to each category in exercise 2 in two minutes?

4 Find these things in the pictures. What other food goes with the words in blue?

Words 2 know (2.21)

- | | |
|-----------------------------|-----------------------|
| 10 a box of pastries | 7 a loaf of bread |
| 5 a packet of biscuits | 6 a carton of yoghurt |
| 9 a bottle of mineral water | 8 a bar of chocolate |
| 4 a can of lemonade | 3 a bowl of salad |
| 2 a piece of cheese | 1 a glass of milk |



5 In pairs, answer the questions. Use the Words2know.

Which food/drink do you choose if you:

- need a quick breakfast?

a piece of cheese, a glass of milk

- want a healthy snack?

a bowl of salad, a bottle of mineral water

- are preparing a picnic?

a box of pastries, a can of lemonade

- are really, really thirsty?

a can of lemonade

- are starving and in a hurry?

a packet of biscuits

MINI WORKBOOK exercise 9 page 109

1- is a young footballer

2- He plays for a club

3- I've got an important note

4- Have a bowl of pasta

5- Drink a lot of water

The

1- The English Premier

2- The best kinds of food

3- The match starts at three

4- The match starts

5- During the match

MARINA SCHNEIDER, 19, is

¹ a professional ballet dancer with
² ~~the~~ Royal Ballet, ³ the most famous
ballet company in Britain. 'Usually,
⁴ ~~the~~ ballet dancers only weigh
about 45 kg so we are very careful
about ⁵ ~~the~~ food. Three or four
hours before ⁶ a performance,
I have ⁷ a baked potato or ⁸ a
bowl of pasta. Then, just before
⁹ ~~the~~ performance starts, I eat
¹⁰ an orange and ¹¹ a bar of
chocolate. ¹² the orange gives me
liquid and ¹³ ~~the~~ chocolate gives me
energy.'

KATSUKO SASAKI, 18, wants to become
¹⁴ a professional sumo wrestler. ¹⁵ ~~Ø~~ Sumo
wrestlers need to be fat, so their diet is very
unusual. They don't have ¹⁶ a breakfast
before they train in ¹⁷ the morning, so they're
very hungry at ¹⁸ the lunchtime. They start
lunch with five or six bowls of special soup,
called chankonabe. Then, they eat ¹⁹ a big
bowl of rice and ²⁰ a lot of meat – maybe
fifteen or twenty pieces! They also drink ²¹ a
lot of beer and then they go to sleep in ²² the
afternoon for about four hours!