

## SUMMARY

Dedicated educator with over **22 years of teaching experience** and **5 years of life coaching expertise**. Passionate about empowering individuals to achieve personal and relationships setting, mindset transformation, and personal development. Proven ability to create an inclusive, engaging environment that fosters emotional well-being and life balance.

## Core Competencies

### Coaching

Personal Development, Goal Setting, Mindset Shifts, Limiting Beliefs

### Education

Classroom Management, Curriculum Development, Student-Centered Learning

### Communication

Public Speaking, Coaching Workshops, Written & Verbal Communication

### Organizational Skills

Time Management, Multi-tasking, Client Management, Reporting

### Team Leadership

Peer Coaching, Professional Development, Collaboration

### Technology

Microsoft Office Suite (Word, Excel, PowerPoint), Canva, Seesaw, Kahoot, Google Docs

## Experience

- Life Coach/Consultant | Enza Canicatti Transformational Coach | UAE 2020 – Present
- Elementary School Teacher | Gems American Academy | Abu Dhabi, UAE 2019-2025
- Elementary School Teacher | Al Yasat Private Academy | Abu Dhabi, UAE 2017 – 2019
- Elementary School Teacher | Sheikh Zayed Private Academy for Boys | Abu Dhabi, UAE 2015 – 2017
- Elementary School Teacher | Ascend Charter School | New York, USA 2012 – 2015
- Spanish Teacher | Merrick Academy | New York City, USA 2010 - 2012
- Manager/foster Care Home for Teenagers Teens | Jeremiah's Promise Sunnyvale | CA, USA 2008 - 2009
- Elementary School Teacher | PS 48 Public School | New York, USA 2003 - 2006

## EDUCATION

- M.A., Specialized Ministry to Woman Life Coaching | Western Seminary, CA, USA 2006-2010
- M.S., Elementary Education (Special Education) | Mercy College, New York, USA 2003-2005
- B.A., Psychology | Nyack College, New York, USA 1996-2000

## CERTIFICATIONS

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| • Practitioner of Neuro Linguistic Programming   Know Thyself Coaching Institute | April 2021  |
| • Certified KTCI NLP & Life Coach   Know Thyself Coaching Institute              | April 2021  |
| • Hypnotist Practitioner   Know Thyself Coaching Institute                       | April 2021  |
| • Certified KTCI NLP & Life Coach   Know Thyself Coaching Institute              | April 2021  |
| • Mental Emotional Release (MER®) Practitioner   Know Thyself Coaching Institute | April 2021  |
| • Creating From Self   Know Thyself Coaching Institute                           | August 2020 |
| • Integrative Coach Certification Training   Know Thyself Coaching Institute     | August 2020 |

## ACHIVEMENTS

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- Developed and implemented mentorship programs for clients in personal development and goal setting, leading to measurable improvements in their personal and professional lives.
- Successfully coached individuals through major life transitions, including career changes, mental health challenges, and personal development journeys, achieving a high client satisfaction rate.
- Delivered lessons, workshops, and lectures, including career development and life coaching seminars that helped individuals achieve their goals, with many clients returning for additional sessions.
- Established an outreach program that focused on career development for underserved populations, leading to increased job placements, self-esteem, and life satisfaction for participants.
- Recognized for creating a holistic coaching program that integrates emotional intelligence and resilience-building strategies, improving clients' overall well-being and providing tools for sustained personal growth.
- Created integrated coaching materials such as worksheets, self-assessment tools, and guided plans, which have been used to support clients in setting and achieving their personal and professional goals.
- Built a strong client base by offering one-on-one coaching sessions and hosting group workshops, resulting in a high level of client referrals and repeat business.
- Developed workshops focused on overcoming limiting beliefs, career development, and personal growth that have been widely attended by clients, positively impacting their personal development journey.
- Coordinated and led community-based workshops focusing on emotional well-being, self-care, and stress management, with participants reporting improvements in coping strategies and overall life satisfaction.
- Introduced innovative techniques for setting and tracking goals, helping clients stay on track and achieve long-term success.

## LANGUAGES

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- English
- Spanish