

EPHEAIM WAMAE.

THE WONDERS OF AFRICA

EXPLORING KENYA

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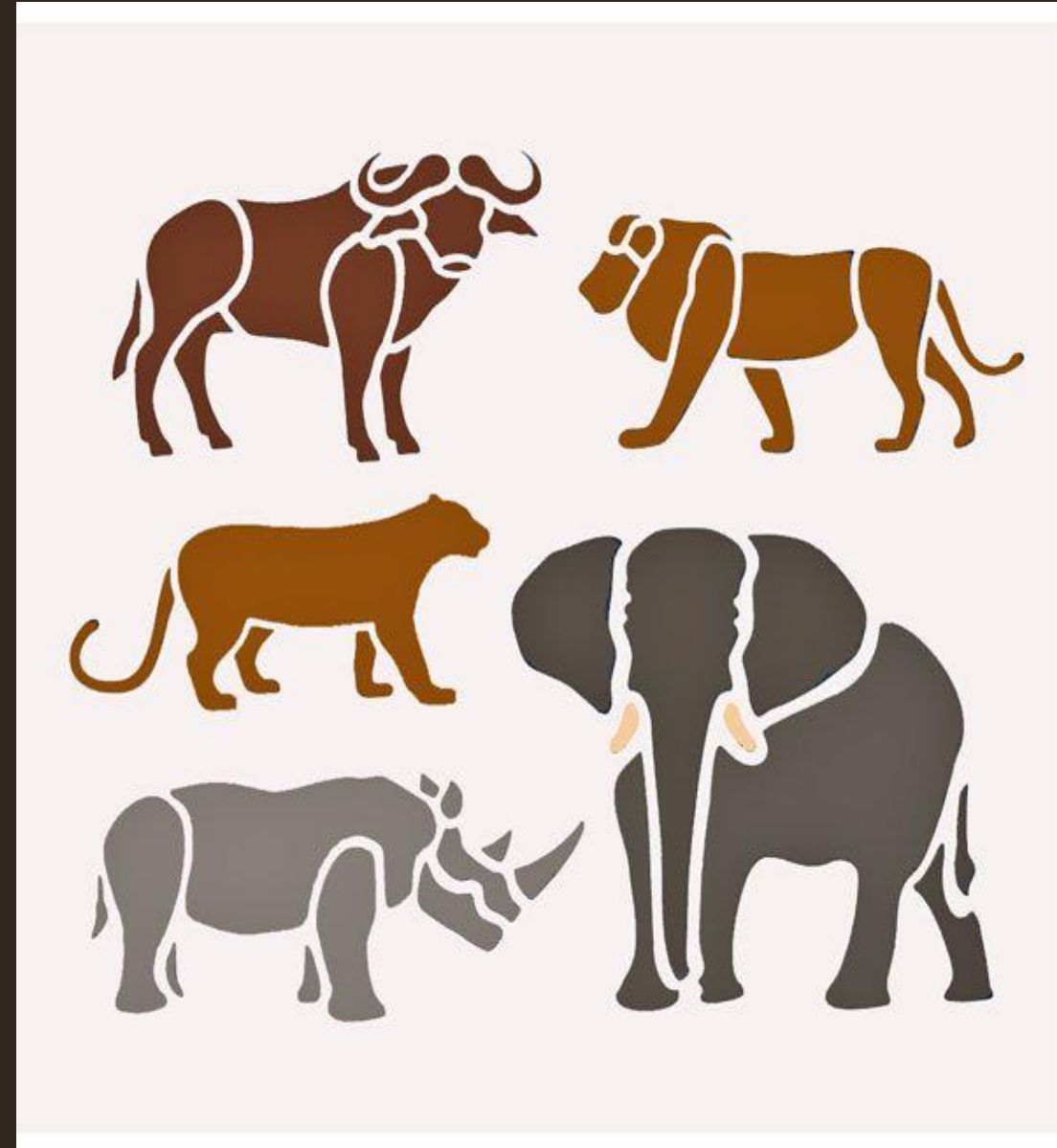
*KENYA, A LAND OF SPLENDID DIVERSITY. A
JOURNEY THROUGH NATURE, CULTURE, AND
CITIES.*

@VISITKENYA



BIG FIVE

- Home to the "Big Five": Lion, Leopard, Rhino, Elephant, and Buffalo.
- The Great Migration in the Maasai Mara is one of the "Seven New Wonders of the World."
- Other famous animals: Giraffes, Zebras, Cheetahs, and Hippos.



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THE TALL MOUNT KENYA

LEISURE TRAVEL

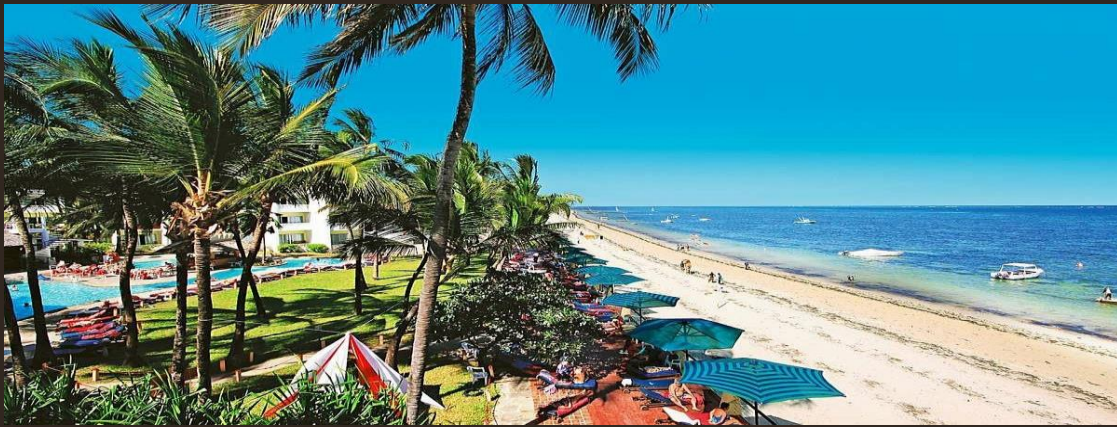
- The highest mountain in Kenya and the second-highest in Africa (after Kilimanjaro).
 - It is an ancient extinct volcano.
 - A UNESCO World Heritage Site.
 - The country is named after this mountain!
- Rising dramatically from the central highlands is Mount Kenya. It's not only a challenging peak for climbers but also a source of national pride. Interestingly, the country's name, Kenya, comes directly from this magnificent mountain.



THE COASTAL CITY MOMBASA

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- The city of Mombasa. This is a city with a rich, layered history, visible in its architecture and culture. Fort Jesus stands as a reminder of its strategic past, while the beaches offer a perfect tropical getaway
- Kenya's second-largest city and main port.
- A blend of African, Arabic, and Portuguese influences.
- Key landmark: **Fort Jesus**, a 16th-century Portuguese fort.
- Famous for its beautiful white-sand beaches.



THE FLAVORFUL FOOD



- Kenyan food is hearty and flavorful. The most beloved dish is Nyama Choma, which is essentially barbecue. It's almost always served with Ugali, a thick porridge used to scoop up other foods, and Sukuma Wiki, which literally means 'to stretch the week,' showing its role as a affordable and nutritious staple

NYAMA CHOMA

- The national dish - simply meaning "grilled meat," usually goat or beef.

UGALI

- A staple food made from maize flour, eaten with stews.

SUKUMA WIKI

- Collard greens, a common side dish.

CHAPATI

- A flatbread, influenced by Indian cuisine.



ASANTE SANA

- Kenya offers an unforgettable experience.
 - From safari adventures to cultural richness and stunning beaches.
 - **Asante Sana** means "Thank You Very Much" in Swahili.
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- Kenya is a country of breathtaking contrasts – from the roar of a lion on the savanna to the calm waves of the Indian Ocean. It's a place that stays with you long after you've left. Karibu.

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MANY THANKS

<https://www.lonelyplanet.com/destinations/kenya>