

Lecture 15: February 28

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15.1 Time Homogeneous Markov Chains on Countable State Spaces

Let $\{X_n\}_{n \geq 0}$ be a time-homogeneous Markov chain taking values on a countable state space S . Recall the following definitions:

Definition 15.1 For $x \in S$, the **first hitting time** of x is $T_x := \inf\{n \geq 1 : X_n = x\}$. (Note: Time 0 doesn't count.)

Definition 15.2 Let $\rho_{xy} := P(T_y < \infty \mid X_0 = x)$. In particular, ρ_{xx} is the probability of ever returning to x given that the chain starts at x .

We say that a state x is **recurrent** if $\rho_{xx} = 1$, and is **transient** otherwise.

Definition 15.3 Let $N(x) = \sum_{n=1}^{\infty} 1_{\{X_n = x\}}$, i.e. the **number of visits** to x (except time 0).

Theorem 15.4 The following are equivalent:

- (a) x is recurrent.
- (b) $\mathbb{E}_x N(x) = \infty$, where \mathbb{E}_x means $\mathbb{E}[\cdot \mid X_0 = x]$.
- (c) $P_x(N(x) = \infty) = 1$.

Proof: (a) \Rightarrow (c): x is recurrent implies that the chain returns to x a.s. By the strong Markov property, the chain after that returns again a.s., and so on.

More formally, let T_x^k be the time of the k^{th} return. Let $g(y) := P_y(T_x^1 < \infty)$. By definition of recurrence, $g(x) = 1$. Hence,

$$P_x(T_x^2 < \infty \mid \mathcal{F}_{T_x^1}) = g(X_{T_x^1}) = g(x) = 1,$$

so $P_x(T_x^2 < \infty) = 1$. Similarly, $P(T_x^k < \infty) = 1$ for all k , and so $P_x(N(x) = \infty) = 1$.

(c) \Rightarrow (b): Trivial.

(b) \Rightarrow (a): Note that we can write $N(x)$ as

$$\begin{aligned} N(x) &= \sum_{k=1}^{\infty} 1_{\{T_x^k < \infty\}}, \\ \Rightarrow \quad \mathbb{E}_x N(x) &= \sum_{k=1}^{\infty} P_x(T_x^k < \infty). \end{aligned}$$

Note that $1 \leq T_x^1 \leq T_x^2 \leq \dots$, so

$$\begin{aligned}
 P_x(T_x^k < \infty) &= \mathbb{E}_x \left[P(T_x^k < \infty) \mid \mathcal{F}_{T_x^{k-1}} \right] && \text{(tower property)} \\
 &= \mathbb{E}_x \left[g(X_{T_x^{k-1}}); T_x^{k-1} < \infty \right] \\
 &= \mathbb{E}_x \left[g(x); T_x^{k-1} < \infty \right] \\
 &= \rho_{xx} P(T_x^{k-1} < \infty), \\
 \Rightarrow P_x(T_x^k < \infty) &= \rho_{xx}^k.
 \end{aligned}$$

This implies that

$$\mathbb{E}_x N(x) = \sum_{k=1}^{\infty} \rho_{xx}^k.$$

Since $\mathbb{E}_x N(x) = \infty$, we must have $\rho_{xx} = 1$, i.e. x is recurrent. ■

15.2 Recurrence/Transience of Simple Random Walk (Pólya)

Theorem 15.5 *Let S_n be a simple symmetric random walk on \mathbb{Z}^d . Then 0 (or any other state) is recurrent if $d = 1$ or 2, and transient if $d \geq 3$.*

Proof: Let $p_n = P(S_n = 0 \mid S_0 = 0)$. By Theorem 15.4, 0 is recurrent if and only if $\mathbb{E}_0 N(0) = \sum_{n=1}^{\infty} p_n = \infty$.

Case 1: $d = 1$. Note that $p_n = 0$ if n is odd. Suppose that n is even. Then, since there must be exactly $n/2 + 1$'s and $n/2 - 1$'s, $p_n = \binom{n}{n/2} 2^{-n}$.

We can use Stirling's approximation, $n! \sim \sqrt{2\pi n} n^{n+1/2} e^{-n}$, to approximate p_n :

$$\begin{aligned}
 p_n &= \binom{n}{n/2} 2^{-n} = \frac{n!}{((n/2)!)^2} 2^{-n} \\
 &\sim \frac{\sqrt{2\pi n} n^{n+1/2} e^{-n}}{(\sqrt{2\pi} (n/2)^{n/2+1/2} e^{-n/2})^2} 2^{-n} \\
 &= \frac{2}{\sqrt{2\pi n}} \\
 &= \sqrt{\frac{2}{\pi n}}.
 \end{aligned}$$

This implies that $\sum_{n=1}^{\infty} p_n = \infty$.

Case 2: $d = 2$.

If we rotate the lattice by 45° , the random walk remains the same, but the possible moves from $(0,0)$ are $(1,1)$, $(1,-1)$, $(-1,1)$ or $(-1,-1)$. Viewing the random walk in this way, the coordinates of S_n are performing independent simple random walks on \mathbb{Z} !

Therefore $p_n \sim \left(\sqrt{\frac{2}{\pi n}}\right)^2 = \frac{2}{\pi n}$, and hence $\sum_{n=1}^{\infty} p_n = \infty$.

Case 3: $d \geq 3$.

We will show that $p_n \leq Cn^{-d/2}$, where C is a constant that does not depend on n . This will imply that $\sum_{n=1}^{\infty} p_n < \infty$.

We can write $S_n = X_1 + \dots + X_n$, where $X_i \stackrel{iid}{\sim} \text{Unif}\{(1, 0, \dots, 0), (-1, 0, \dots, 0), \dots, (0, \dots, 0, 1)\}$.

Let's compute the characteristic function of S_n . Letting $t = (t_1, \dots, t_d) \in \mathbb{R}^d$,

$$\begin{aligned}\mathbb{E}[e^{it \cdot X_1}] &= \frac{1}{2d} \sum_{j=1}^d (e^{it_j} + e^{-it_j}) \\ &= \frac{1}{d} \sum_{j=1}^d \cos t_j, \\ \mathbb{E}[e^{it \cdot S_n}] &= \left(\frac{1}{d} \sum_{j=1}^d \cos t_j \right)^d.\end{aligned}$$

Note that for $x \in \mathbb{Z}$,

$$\frac{1}{2\pi} \int_{-\pi/2}^{3\pi/2} e^{itx} dt = \begin{cases} 1 & \text{if } x = 0, \\ 0 & \text{if } x \neq 0. \end{cases}$$

Thus, if X is an integer-valued random variable,

$$P(X = 0) = \frac{1}{2\pi} \int_{-\pi/2}^{3\pi/2} \mathbb{E}[e^{itX}] dt.$$

This generalizes to d -dimensions: for $x \in \mathbb{Z}^d$,

$$\begin{aligned}\frac{1}{(2\pi)^d} \int_{[-\pi/2, 3\pi/2]^d} e^{it \cdot x} dt &= \prod_{j=1}^d \left(\int_{-\pi/2}^{3\pi/2} e^{it_j x_j} dt_j \right) \\ &= 1_{\{x_1 = x_2 = \dots = x_d = 0\}},\end{aligned}$$

so if X is a \mathbb{Z}^d -valued random variable, then

$$P(X = 0) = \frac{1}{(2\pi)^d} \int_{[-\pi/2, 3\pi/2]^d} \mathbb{E}[e^{it \cdot X}] dt.$$

Using this identity for S_n , we get

$$\begin{aligned}P(S_n = 0) &= \frac{1}{(2\pi)^d} \int_{[-\pi/2, 3\pi/2]^d} \left(\frac{1}{d} \sum_{j=1}^d \cos t_j \right)^n dt \\ &\leq \frac{1}{(2\pi)^d} \int_{[-\pi/2, 3\pi/2]^d} \left(\frac{1}{d} \sum_{j=1}^d |\cos t_j| \right)^n dt\end{aligned}$$

Note that the graph of $y = |\cos x|$ is the same on the intervals $[-\frac{\pi}{2}, \frac{\pi}{2}]$ and $[\frac{\pi}{2}, \frac{3\pi}{2}]$, so

$$\frac{1}{(2\pi)^d} \int_{[-\pi/2, 3\pi/2]^d} \left(\frac{1}{d} \sum_{j=1}^d |\cos t_j| \right)^n dt = \frac{2^d}{(2\pi)^d} \int_{[-\pi/2, \pi/2]^d} \left(\frac{1}{d} \sum_{j=1}^d |\cos t_j| \right)^n dt.$$

Look at the graph $y = |\cos x|$ on $[-\frac{\pi}{2}, \frac{\pi}{2}]$. It is an easy fact that there is some $c > 0$ such that $|\cos x| \leq 1 - cx^2$ for all x in this interval. With this bound, we get

$$\begin{aligned} P(S_n = 0) &\leq \frac{2^d}{(2\pi)^d} \int_{[-\pi/2, \pi/2]^d} \left(\frac{1}{d} \sum_{j=1}^d (1 - ct_j^2) \right)^n dt \\ &= \frac{1}{\pi^d} \int_{[-\pi/2, \pi/2]^d} \left(1 - \frac{c \sum_{j=1}^d t_j^2}{d} \right)^n dt \\ &\leq \frac{1}{\pi^d} \int_{[-\pi/2, \pi/2]^d} \exp \left(-cn \sum t_j^2 / d \right) dt && (\text{since } 1 - x \leq e^{-x}) \\ &\leq \frac{1}{\pi^d} \int_{\mathbb{R}^d} \exp \left(-cn \sum t_j^2 / d \right) dt \\ &= \frac{1}{\pi^d} \left(\int_{\mathbb{R}} \exp(-cnt^2/d) dt \right)^d \\ &\sim \text{Constant} \cdot n^{-d/2}, \end{aligned}$$

as required. ■