

# LEADING WITH EVIDENCE

## AN IMPLEMENTATION RESEARCH TRAINING PROGRAM

For the Philippine Health Insurance Corporation (PhilHealth), Universal Health Care (UHC) meant reforming the nation’s public health system with evidence- based decisions. PhilHealth partnered with EpiMetrics, Inc. and created “Local Evidence to Advance Decisions (LEAD)”, a capacity building training program focused on implementation research toward national health policy creation. Program proceedings, feedback and data analyses were written into a training manual, usable for future implementation research training. This program became the seed of an internal research department for PhilHealth.



### PART 1 Preparation

Participants are asked to read the **Health Policy and Systems Research (HPSR)** manual by Varkevisser et al (2003) and the Universal Health Care Law (RA 11223).



### PART 2 Training

#### ORIENTATION

• DAY •  
**1**

**Course orientation**, meeting the team, and introductory lectures

• DAY •  
**2**

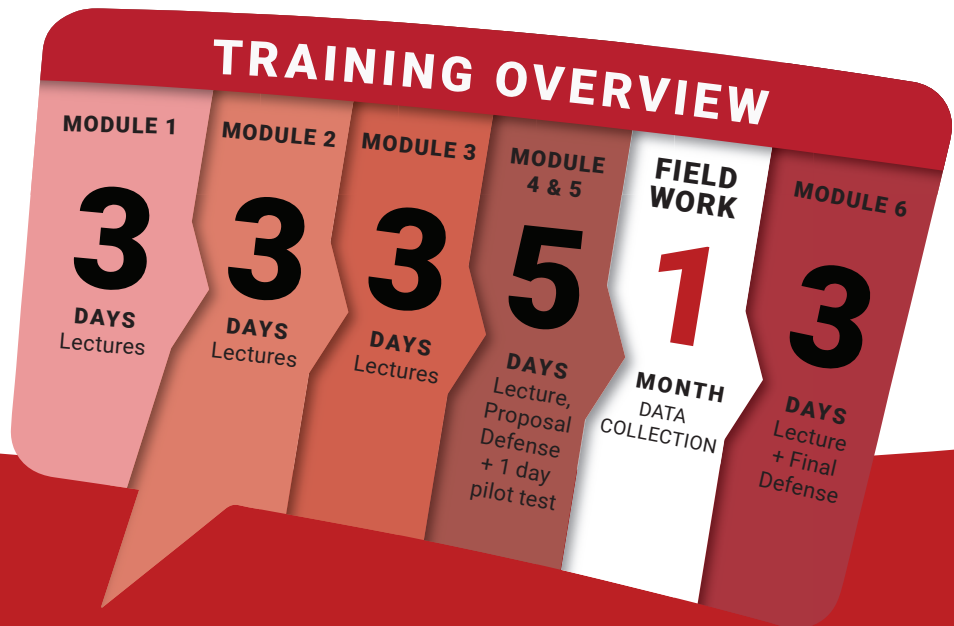
**Focusing the “wicked” (complex and challenging) problem** with theory and experience

• DAY •  
**3**

**Lectures begin**

#### TRAINING PROPER

The first day of each module begins with a quick orientation and a cumulative progress update. Dense or challenging lectures are strategically slotted earlier in the session for better learning. **Activities and worksheets in between reinforce retention.** Lighter lectures and competitive presentations toward the end sustain the learning enthusiasm.



#### PROPOSAL DEFENSE AND FINAL REPORT

For the last day of the combined Module 4 and 5, participants defend their proposals before their instructors, invited panelists, and PhilHealth representatives. **Mock defenses and communication lectures help participants refine their presentation skills.**

On the final day of training, participants defend their final research.

**Best research and presenters are awarded** and participants rush to revise and incorporate feedback before flying home.



### PART 3 Research Sharing

#### FEEDBACK ANALYSIS

The program is evaluated using lecture evaluations, daily reflections and general program evaluations. **Feedback is analyzed at every module** so that lessons are applied immediately at the next sessions.

#### PRESENTATION

To share their new findings, **each locally-made research was presented at a national research forum.**

#### POLICY BRIEFS AND COMPENDIUM COMPILATION

Each research is translated into a policy brief, which provides **concise technical information and impactful recommendations** to help policy-makers base their decisions on solid evidence. All policy briefs were collected into a compendium.

#### TRAINING MANUAL

With the success of the project, a training manual was created to **keep the lessons and allow future iterations** of the training.