
Kenneth A. Fischer Sr.(1936 - 2016)

Kenneth A. Fischer Sr., 79, Framingham, MA, died January 10th. Born in Chicago, IL on February 10, 1936, Ken attended USM where he played football and baseball. He graduated USM with a BS in Business. He played two seasons with Chicago Cubs minor league. In 1970 Ken and his family moved to Sudbury, MA, where he started his own Sporting Goods Mft. Rep. firm called KAF Associates, Inc.in Framingham, MA. From 1999 to 2012 Ken opened and ran 7 health and wellness retail stores called Total Body Solutions. In 2012 Ken resurrected an exercise and conditioning product called Hydrobics, that he invented in 1998. He spent the last years of his life committed to bringing his product and the Hydro Family Fitness concept to market. Ken leaves his devoted wife of 58 years, Carolyn, three children; Ken Fischer, Jr., his wife Jade of FL, Lori Fischer and her partner Frank of FL, and Dianna Fischer-Schipke and her husband Alfred of MA. along with two granddaughters, 1 great-grandson and a lifetime filled with 14 dogs. Celebration of Kens life will take place on Saturday, February 6th from 12:00 Noon to 4:00 pm at the Fischer residence in Framingham, MA for friends and family. Donations may be made to The Humane Society of the United States, 2100 L Street, NW, Washington, DC 20037.

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