

1                   **HOUSE OF REPRESENTATIVES - FLOOR VERSION**

2                   STATE OF OKLAHOMA

3                   1st Session of the 60th Legislature (2025)

4 COMMITTEE SUBSTITUTE  
FOR  
5 HOUSE BILL NO. 1493

By: Rosecrants of the House

6                   and

7                   Stanley of the Senate

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10                  COMMITTEE SUBSTITUTE

11                  An Act relating to schools; creating the Growing  
12                  Minds, Active Kids Act; declaring legislative intent;  
13                  providing definitions; requiring school districts to  
14                  incorporate thirty minutes of daily recess for  
15                  certain grades; encouraging thirty minutes of daily  
16                  recess for certain grades; establishing daily recess  
17                  requirements; specifying compliance for students with  
18                  disabilities; providing an exemption; providing for  
19                  codification; and declaring an emergency.

20                  BE IT ENACTED BY THE PEOPLE OF THE STATE OF OKLAHOMA:

21                  SECTION 1.        NEW LAW        A new section of law to be codified

22                  in the Oklahoma Statutes as Section 11-103.9c of Title 70, unless  
23                  there is created a duplication in numbering, reads as follows:

24                  A. This act shall be known and may be cited as the "Growing  
Minds, Active Kids Act".

1       B. It is the intention of the Oklahoma State Legislature  
2 through this act to focus on daily recess as essential for students  
3 as it provides a necessary break from academic work, allowing  
4 students to recharge both mentally and physically. Physical  
5 activity during recess helps improve focus, reduce stress, and  
6 support overall physical health. It also encourages social  
7 interaction where children learn important skills like teamwork,  
8 conflict resolution, and communication. By giving students adequate  
9 time to play and unwind, recess fosters better behavior in the  
10 classroom and enhances students' ability to concentrate and learn  
11 effectively.

12       C. As used in this section:

13           1. "Daily recess" means a scheduled break or breaks during the  
14 school day that will allow students to engage in unstructured free  
15 play or physical activity;

16           2. "District board of education" means the governing board of  
17 each school district in Oklahoma; and

18           3. "Physical activity" means any bodily movement that uses  
19 energy and is produced by skeletal muscles.

20       D. School districts shall incorporate physical activity into  
21 the school day by providing at least thirty (30) minutes for daily  
22 recess to students in full-day prekindergarten, kindergarten, and  
23 grades one through five. For grades six through eight, at least  
24 thirty (30) minutes for daily recess is strongly recommended. Each

1 district board of education shall establish the timing of the daily  
2 recess. The daily recess required by this subsection may be broken  
3 up into segments that best fit the schedules of each school  
4 district.

5       1. The daily recess provided for in this section shall be in  
6 addition to the weekly sixty (60) minute physical education  
7 requirements set forth in subsections B and C of Section 11-103.9 of  
8 Title 70 of the Oklahoma Statutes.

9       2. The daily recess shall occur outside the school building  
10 unless weather or other conditions require it to occur inside.

11       3. For students with disabilities, the daily recess shall  
12 comply with the individualized education program (IEP) or Section  
13 504 plan of the student.

14       4. Virtual charter schools shall be exempt from the  
15 requirements of this section.

16       SECTION 2. It being immediately necessary for the preservation  
17 of the public peace, health or safety, an emergency is hereby  
18 declared to exist, by reason whereof this act shall take effect and  
19 be in full force from and after its passage and approval.

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21 COMMITTEE REPORT BY: COMMITTEE ON EDUCATION OVERSIGHT, dated  
22 02/26/2025 - DO PASS, As Amended.

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