

## White King Salmon with Roasted Fennel - Serves 2

2 each White Salmon Block Fillet – skin off, thick cut (8 oz. pcs.)

 $\frac{1}{2}$  tsp. Salt – sea or kosher

½ tsp. Pepper – black, coarse ground, fresh 1 each Fennel Bulb – whole, sliced ¼" thick

1 Tbsp. Olive Oil

1 cup Saffron-Tomato Relish – recipe follows

## Saffron-Tomato Relish – Yield 1 Cup

6 each Saffron – strands, coarse chopped

2 Tbsp. White Wine

1 tsp. White Wine Vinegar 1/4 cup Onion – white, diced 1/4"

34 cup Roma Tomato – peeled, seeded, diced 1/4"

1/2 tsp. Tarragon – fresh, chopped 1/4 tsp. Pepper – fresh, ground 1 tsp. Salt – sea or kosher

## SAFFRON-TOMATO RELISH PROCEDURE:

- 1. Heat the wine and vinegar, place the saffron in the mixture, remove from the heat, and let steep for 2 hours, until the liquid is a bright yellow color.
- 2. Then mix all the ingredients together and toss until well coated. Then let sit for 30-45 minutes allowing the flavors to blend. Hold refrigerated until needed.

## **COOKING PROCEDURE:**

- 1. Season each fillet with salt and pepper. Use a large cedar plank. Place on the plank.
- 2. Meanwhile toss the fennel bulb with the olive oil, place on the plank around the salmon fillet.
- 3. Place the plank in a pre-heated 375° oven. Roast for 12-15 minutes. Remove the plank from the oven. Turn the salmon fillets over and allow the oven to re-heat. Then place the plank back in the oven and roast for another 15-20 minutes, or until lightly browned and an internal temperature of 120-125° has been achieved. Cooking time will vary based on the thickness of the fillet.
- 4. Remove from the oven, place slices of the fennel bulb on the plate, place the salmon on the slices of fennel, then top with the saffron-tomato relish. Garnish with a fresh fennel sprig. Serve.