

User Stories for Nutrek

User story 1: As a person with nut allergies, I want to know what foods are nut-free so that I do not eat something that will give me an allergic reaction.

User story 2: As a person who suffers from iron deficiency, I want to know what foods are rich in iron so that I can prevent conditions such as anemia.

User story 3: As an athlete, I want to know about the quality and nutritional value of my meals so that I can make the necessary adjustments to stay in shape.

User story 4: As a type 2 diabetic, I want to learn healthier recipes so that I can control my blood sugar.