



A tu edad no tenía tu edad: relojes epigenéticos y envejecimiento At your age I wasn't your age: epigenetic clocks and aging

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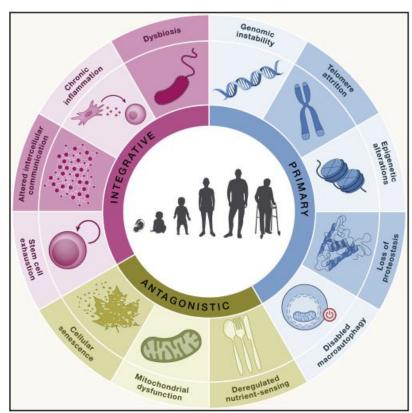
Envejecimiento y sus características

Deterioro funcional de los organismos con el envejecimiento

Inestabilidad del ADN, desgaste de los telómeros, alteraciones epigenéticas, pérdida de proteostasis, detección de nutrientes desregulada, disfunción mitocondrial, senescencia celular, agotamiento de células madre y comunicación intercelular alterada.

Principalmente la metilación del DNA

Biological age is a concept that reflects the physiological state of an individual rather than the chronological time since birth.



Enfermedades neurodegenerativas

Pérdida de proteostasis

Se pierde las plegamiento de las proteínas y abundancia originales

El plegamiento incorrecto de proteínas ocurre en el cerebro y el músculo de los pacientes con Alzheimer

Disfunción mitocondrial

Especies reactivas de oxígeno

Detección de nutrientes desregularizada



Generación de energía ATP

Senescencia celular

Las células que antes se replicaban vigorosamente, pero que ahora han entrado en un estado permanente de no división, se denominan células senescentes.

Inestabilidad genómica

El genoma está en constante proceso de reparación, pero algunos daños se van acumulando con el tiempo.

Desgaste de los telómeros

Acortamiento de los telómeros

Telómeros estructuras que protegen el DNA

Comunicación intercelular alterada

Inflamación

Agotamiento de células madre

Pérdida de capacidad de autorrenovarse

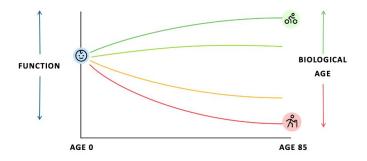
Edad Biológica

Estado funcional de un individuo en referencia La edad biológica puede ser mayor o menor que la edad cronológica, dependiendo de factores como la genética, el estilo de vida, el entorno y la exposición a factores de estrés.

Edad cronológica

Es la edad que determinamos habitualmente con base en el calendario, es decir, cuántos años han pasado desde que nacimos.

No tiene en cuenta necesariamente el estado de salud o el envejecimiento celular.

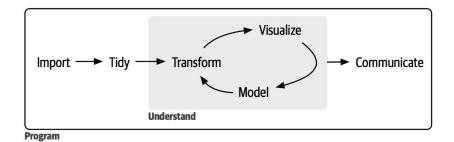


Tidyverse

The tidyverse is an opinionated collection of R packages designed for data science. All packages share an underlying design philosophy, grammar, and data structures.

Install the complete tidyverse with:

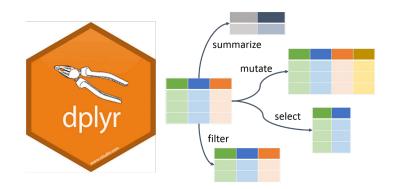
install.packages("tidyverse")





Dplyr

Some of the main "verbs" of the dplyr package are:



- select: select variables (columns) based on their names.
- filter: filter, select observations (rows) based on their values
- mutate: add new variables/columns or transform existing variables
- arrange: sorts the values with respect to a column

1.The first argument is a data set (dataframe).
2. Subsequent arguments describe what to do with the data frame, using the variable names (without quotes).
3. The result is a new dataframe.

Data transformation with dplyr:: cheatsheet

dplyr functions work with pipes and expect tidy data. In tidy data:



Summarize Cases

Apply **summary functions** to columns to create a new table of summary statistics. Summary functions take vectors as input and return one value (see back).



Group Cases

Use ${\it group_by}(.data, ..., .add = {\it FALSE}, .drop = {\it TRUE})$ to create a "grouped" copy of a table grouped by columns in ... dplyr functions will manipulate each "group" separately and combine the results.



Use **rowwise**(.data, ...) to group data into individual rows. dplyr functions will compute results for each row. Also apply functions to list-columns. See tidyr cheat sheet for list-column workflow.



ungroup(x, ...) Returns ungrouped copy of table. g_mtcars <- mtcars |> group_by(cyl) ungroup(g_mtcars)

Manipulate Cases

EXTRACT CASES

Row functions return a subset of rows as a new table.



slice_sample(.data, ..., n, prop, weight_by = NULL, replace = FALSE) Randomly select rows. Use n to select a number of rows and prop to select a fraction of rows.

mtcars | slice_sample(n = 5, replace = TRUE)



slice_head(.data, ..., n, prop) and slice_tail()
Select the first or last rows.
mtcars |> slice | head(n = 5)

Logical and boolean operators to use with filter() == < <= is.na() %in% | xor()

!= > >= !is.na() !
See **?base::Logic** and **?Comparison** for help.

ARRANGE CASES

arrange(.data,, .by_group = F rows by values of a column or co high), use with desc() to order fr mtcars arrange(mpg) mtcars arrange(desc(mpg))	lumns (low to
---	---------------

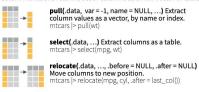
ADD CASES

→ add_ro	w(.data,, .before = NULL, .after = NULL)
	dd_row(speed = 1, dist = 1)

Manipulate Variables

EXTRACT VARIABLES

Column functions return a set of columns as a new vector or table.

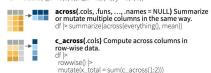


Use these helpers with select() and across()

e.g. Ilitears Selection	ipg.cyi)	
contains(match) ends_with(match) starts_with(match)	all_of(x)/any_of(x,, vars)	:, e.g., mpg:cy !, e.g., !gear everything()

MANIPULATE MULTIPLE VARIABLES AT ONCE

 $df \leftarrow tibble(x_1 = c(1, 2), x_2 = c(3, 4), y = c(4, 5))$



MAKE NEW VARIABLES

Apply **vectorized functions** to columns. Vectorized functions take vectors as input and return vectors of the same length as output (see back).









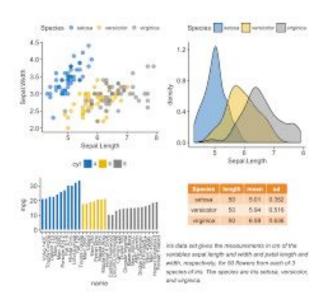
Pipe

One of the characteristics of tidyverse is the pipe operator, which is written as %>% and we can read it as "then" or "then". The pipe allows to string together different code fragments and operations into a readable block of code. Since everything is executed sequentially, the operations are read as if were a written sentence.

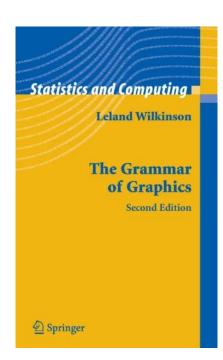
Ggplot2

ggplot2 is a system for declaratively creating graphics, based on The Grammar of Graphics. You provide the data, tell ggplot2 how to map variables to aesthetics, what graphical primitives to use, and it takes care of the details.





The Grammar of Graphics



In the same way that a grammar defines the regular structures and composition of a language, his book outlines a framework to structure statistical graphics.

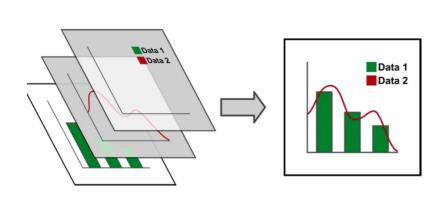
Its influence can be found in Tableau, Plotly, and the Python libraries bokeh, altair, seaborn, and plotnine. The most complete implementation of the grammar is found in an R package called ggplot2 by Hadley Wickham.

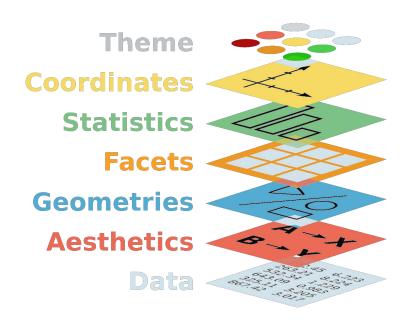
In Wickham's adaptation of the grammar of graphics, a plot can be decomposed into three primary elements:

- 1. the data,
- 2. the aesthetic mapping of the variables in the data to visual cues, and
- 3. the geometry used to encode the observations on the plot.

Painter's model

The default graphics system that comes with R, often called base R graphics is simple and fast. It is based on the painter's model or canvas, where different output are directly overlaid on top of each other.



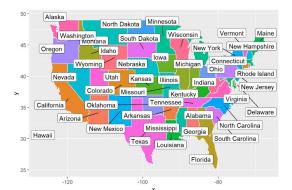


Aesthetic specifications

Visual property of objects in your graphics (aes)

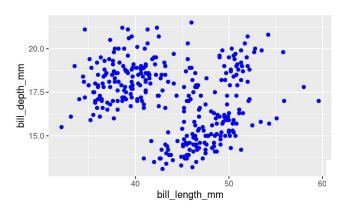




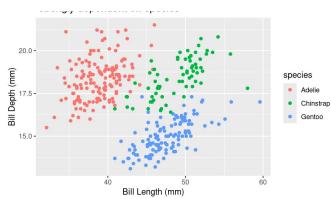


- color
- transparency
- shape
- size

Levels



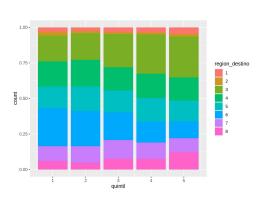
- constant
- associated with variable

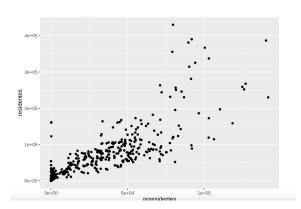


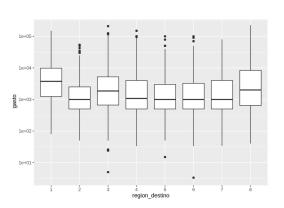
Geoms

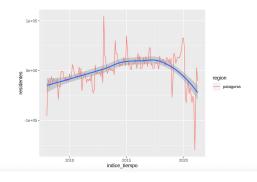
There are different ways to plot

With the data set in place and the aesthetic mappings selected, the final choice in making our plot is to decide how to graphically express the observations themselves.



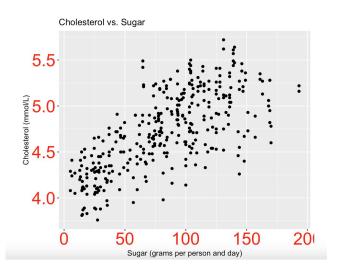


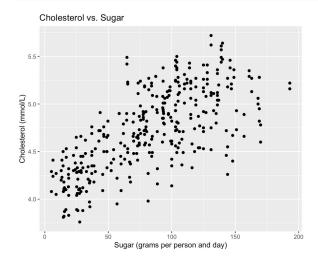


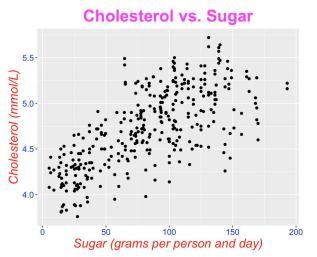


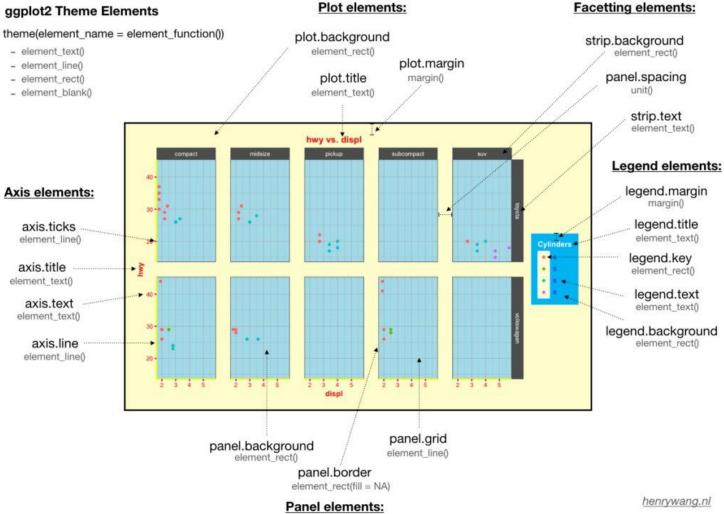
Customization in ggplot

Customizations on the axes, labels, and titles.





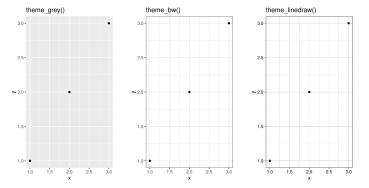


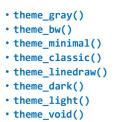


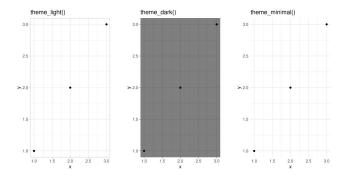
Derived from "ggplot2: Elegant Graphics for Data Analysis"

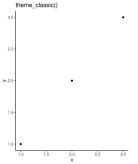
Theme

ggplot2 comes with a number of built-in themes.









theme_vold()
•

Ggsave

ggsave() is a convenient function for saving a plot. It defaults to saving the last plot that you displayed, using the size of the current graphics device. It also guesses the type of graphics device from the extension.

```
ggsave(
  filename,
  plot = last_plot(),
 device = NULL,
  path = NULL,
 scale = 1,
 width = NA,
  height = NA,
  units = \underline{c}("in", "cm", "mm", "px"),
  dpi = 300,
 limitsize = TRUE,
  bg = NULL,
  create.dir = FALSE,
  . . .
```

Dev.off

- bpm()
- jpeg()
- pdf()
- png()
- tiff()

```
Creando el
                             archivo pdf
pdf("nombredelArchivo.pdf")
   Instrucciones de
   graficación
dev.off()
                  Cerrando el
                  archivo pdf
```

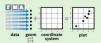
Visualización de Datos usando ggplot2

Guía Rápida



Conceptos Básicos

ggplot2 se basa en la idea que cualquier gráfica se puede construir usando estos tres componentes: datos, coordenadas y objetos geométricos (geoms). Este concepto se llama: gramática de las gráficas.



Para visualizar resultados, asigne variables a las propiedades visuales, o estéticas, como tamaño, color y posición x ó y.



Para construir una grafica complete este patrón



ggplot(data = mpg, aes(x = cty, y = hwy))

Este comando comienza una gráfica, complétela mediante agregando capas, un geom por capa.



last plot()

Devuelve la última gráfica

ggsave("plot.png", width = 5, height = 5)

La última gráfica es grabada como una imagen de 5 por 5 pulgs., usa el mismo tipo de archivo que la extensión

Geoms - Funciones geom se utilizan para visualizar resultados. Asigne variables a las propiedades estéticas del geom. Cada geom forma una capa.

Geométricas Elementales

- a <- ggplot(economics, aes(date, unemploy)) b <- ggplot(seals, aes(x = long, y = lat))
- + geom blank() (Bueno para expandir límites)
- geom_curve(aes(yend = lat + 1, xend=long+1,curvature=z)) - x, xend, y, yend alpha, angle, color, curvature, linetype, size
- geom path(lineend="butt". lineioin="round', linemitre=1)
- x, v, alpha, color, group, linetype, size + geom_polygon(aes(group = group))
 - x, y, alpha, color, fill, group, linetype, size b + geom rect(aes(xmin = long, ymin=lat, xmax=long+1, ymax=lat+1)) - xmax, xmin,
- ymax, ymin, alpha, color, fill, linetype, size a + geom_ribbon(aes(ymin=unemploy - 900, ymax=unemploy + 900)) - x, ymax, ymin

alpha, color, fill, group, linetype, size Segmentos Lineares

propiedades básicas: x, y, alpha, color, linetype, size

- geom_abline(aes(intercept=0, slope=1)) + geom_hline(aes(vintercept = lat))
- + geom vline(aes(xintercept = long)) b + geom_segment(aes(yend=lat+1, xend=long+1)) b + geom_spoke(aes(angle = 1:1155, radius = 1))

Una Variable

Continua

c <- ggplot(mpg, aes(hwy)); c2 <- ggplot(mpg)

- geom area(stat = "bin")
 - x, y, alpha, color, fill, linetype, size
 - + geom_density(kernel = "gaussian") x, y, alpha, color, fill, group, linetype, size, weight
 - + geom_dotplot() x, y, alpha, color, fill
- geom freapoly()
 - x, y, alpha, color, group, linetype, size
 - geom_histogram(binwidth = 5) x, y, alpha, color, fill, linetype, size, weight
 - c2 + geom_qq(aes(sample = hwy)) x, y, alpha, color, fill, linetype, size, weight Discreta

d <- ggplot(mpg, aes(fl))

geom bar()

x, alpha, color, fill, linetype, size, weight

Dos Variables

X Continua, Y Continua e <- ggplot(mpg, aes(cty, hwy))

- geom_label(aes(label = cty), nudge x = A C nudge_y = 1, check_overlap = TRUE) x, y, label, alpha, angle, color, family, fontface,
 - hjust, lineheight, size, vjust + geom_iitter(height = 2, width = 2)
 - x, v, alpha, color, fill, shape, size
 - geom point()
 - x, y, alpha, color, fill, shape, size, stroke

AB

- geom quantile()
- x, y, alpha, color, group, linetype, size, weight geom_rug(sides = "bl")
- x, y, alpha, color, linetype, size geom_smooth(method = lm)
 - x, v, alpha, color, fill, group, linetype, size, weight e + geom text(aes(label = ctv), nudge x = 1.
 - nudge_y = 1, check_overlap = TRUE) x, y, label, alpha, angle, color, family, fontface, hiust, lineheight, size, viust

X Discreta, Y Continua f <- ggplot(mpg, aes(class, hwy))

- geom col()
- x, y, alpha, color, fill, group, linetype, size

geom_boxplot() x, y, lower, middle, upper, ymax, ymin, alpha,

- color, fill, group, linetype, shape, size, weight geom dotplot(binaxis = "v".
 - stackdir = "center") x, v, alpha, color, fill, group
- geom_violin(scale = "area") x, y, alpha, color, fill, group, linetype, size,

X Discreta, Y Discreta

- g <- ggplot(diamonds, aes(cut, color))
- g + geom count() x, y, alpha, color, fill, shape, size, stroke

Distribución Bivariada Continua h <- ggplot(diamonds, aes(carat, price))

- h + geom_bin2d(binwidth = c(0.25, 500)) x, y, alpha, color, fill, linetype, size, weight

geom density2d()

x, y, alpha, colour, group, linetype, size

geom hex()

x, v, alpha, colour, fill, size

Función Continua

- i <- ggplot(economics, aes(date, unemploy)) + geom area()
- x, y, alpha, color, fill, linetype, size
- + geom line() x, y, alpha, color, group, linetype, size
- + geom step(direction = "hv") x, y, alpha, color, group, linetype, size

Visualizando el Error

df < -data.frame(grp = c("A", "B"), fit = 4:5, se = 1:2)i <- ggplot(df, aes(grp, fit, ymin = fit-se, ymax = fit+se))

- geom_crossbar(fatten = 2) x, v, vmax, vmin, alpha, color, fill, group, linetype, size geom_errorbar()
- x, vmax, vmin, alpha, color, group, linetype, size, width (also geom_errorbarh())
- geom linerange() x, ymin, ymax, alpha, color, group, linetype, size

geom pointrange() x, y, ymin, ymax, alpha, color, fill, group,

linetype, shape, size

- data <- data.frame(murder = USArrests\$Murder. state = tolower(rownames(USArrests))) map <- map_data("state") k <- ggplot(data, aes(fill = murder))
- k + geom_map(aes(map_id = state), map = map) + expand_limits(x = map\$long, y = map\$lat) map id. alpha, color, fill, linetype, size

Trés Variables

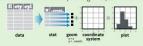
- seals\$z <- with(seals, sgrt(delta_long^2 geom_raster(aes(fill = z). + delta_lat^2)) iust=0.5. viust=0.5. nterpolate=FALSE) I <- ggplot(seals, aes(long, lat))
 - + geom_contour(aes(z = z)) x, y, z, alpha, colour, group. linetype, size, weight
- x, v, alpha, fill geom_tile(aes(fill = z)) x, v, alpha, color, fill, linetype, size,

label = etiqueta, angle=ángulo size=tamaño, weight=peso alpha=transparencia fontface=tipo de letra hiust=aiuste horizontal lineheight=grosor de línea

Argumentos

Stats - Otra manera de construir una capa

Stat crea nuevas variables para la gráfica, como count



Cambie el Stat que la función Geom usa para visualizarla, así: geom bar(stat="count"). También puede usar la función Stat, así: stat_count(geom="bar") que igual como una función Geom, esta función también crea una



nción geom función stat geométricas

stat_density2d(aes(fill = ..level..), geom = "polygon") variable que stat créa

+ stat_bin(binwidth = 1, origin = 10) Unidin x, y | ..count.., ..ncount.., ..density.., ..ndensity..

+ stat_count(width = 1) x, y, | ..count.., ..prop.. + stat_density(adjust = 1, kernel = "gaussian") x. v. I ..count.....densitv.....scaled...

+ stat_bin_2d(bins = 30, drop = T) Bidimensional

x, v, fill I ...count....densitv.. + stat_bin_hex(bins=30) x, y, fill | ..count....density...

+ stat density 2d(contour = TRUE, n = 100) x, v, color, size | ..level...

+ stat_ellipse(level = 0.95, segments = 51, type = "t")

+ stat_contour(aes(z = z)) x, y, z, order | ..level..

+ stat_summary_hex(aes(z = z), bins = 30, fun = max) x, y, z, fill | ..value.

+ stat_summary_2d(aes(z = z), bins = 30, fun = mean) 3 Variables x, y, z, fill | ..value..

Comparativas + stat boxplot(coef = 1.5)

x, y | ..lower....middle....upper....width....ymin....ymax.. + stat vdensitv(kernel = "gaussian", scale = "area") x, y | ..density.., ..scaled.., ..count.., ..n.., ..violinwidth.., ..width..

+ stat_ecdf(n = 40) x, y | ..x....v..

+ stat_quantile(quantiles = c(0.1, 0.9),

formula = v ~ log(x), method = "rg") x, v | ...quantile... + stat_smooth(method = "lm", formula = y ~ x,

se=T, level=0.95) x, y | ..se.., ..x.., ..y.., ..ymin..., ..ymax...

 $ggplot() + stat_function(aes(x = -3:3), n = 99,$ fun = dnorm, args = list(sd=0.5)) x | ..x....v.. e + stat identity(na.rm = TRUE)

ggplot() + stat gg(aes(sample=1:100), dist = gt, dparam=list(df=5)) sample, x, y | ...sample... ..theoretical...

e + stat_sum() x, y, size | ..n.., ..prop..

+ stat_summary(fun.data = "mean_cl_boot")

+ stat_summary_bin(fun.y = "mean", geom = "bar") + stat_unique()

Escalas

Las escalas asignan los valores que hay en los datos a los valores visuales de una estética.

n <- d + geom bar(aes(fill = fl)))

scale fill manual(values = c("skyblue", "royalblue", "blue", "navy"),

limits = c("d", "e", "p", "r"), breaks =c("d", "e", "p", "r"), name = "fuel", labels = c("D", "E", "P", "R"))

Escalas para todo uso Uselas con la mayoría de las estéticas

scale_*_continuous() - asigna valores continuos a

scale_*_discrete() - asigna valores discretos a visuales scale_*_identity() - crea una estética visual por cada valor scale * manual(values = c(1) - asigna valores específicos a valores visuales escogidos manualmente. scale * date(date labels = "%m/%d"),

date breaks = "2 weeks") - Usa los valores como fechas scale_*_datetime() - Usa los valores como fecha-horas Igual que scale_*_date pero usando strptime

Escalas de localización para X e Y Use con las estéticas x e y (aquí se muestra x)

scale x log10() - Usa escala logarítmica base 10 scale_x_reverse() - Posiciona x al revés

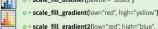
scale_x_sqrt() - Usa escala raíz cuadrada

Escalas para Color y Relleno (Discretas) n <- d + geom bar(aes(fill = fl))

scale_fill_brewer(palette = "Blues") Ver opciones de colores: RColorBrewer::display.brewer.all() scale_fill_grey(start = 0.2, end = 0.8, na.value

Escalas para Color y Relleno (Continuas) o <- c + geom dotplot(aes(fill = ..x..))

o + scale fill distiller(palette = "Blues")



mid = "white", midpoint = 25) o + scale fill gradientn(colours=topo.colors(6))

También: rainbow(), heat.colors(), terrain.colors(), cm.colors(), RColorBrewer::brewer.pal()

Escalas que usan tamaño y figuras p <- e + geom point(aes(shape = fl. size = cvl))

p + scale_shape() + scale_size() p + scale shape manual(values = c(3:7))

0 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25

p + scale_radius(range = c(1,6))
p + scale_size_area(may_cize = 6 p + scale size area(max size = 6)

Sistema de Coordenadas

r <- d + geom bar() r + coord cartesian(xlim = c(0, 5))



xlim, vlim Usa coordenadas cartesianas

r + coord_fixed(ratio = 1/2) ratio, xlim, ylim

Se fija la relación de aspecto r + coord_flip()

xlim, vlim

-111

Las coordenadas son volteadas

r + coord_polar(theta = "x", direction=1) theta. start. direction Coordenadas polares

r + coord_trans(ytrans = "sqrt") xtrans, vtrans, limx, limy xtrans e ytrans se asignan a funciones ventanas para transformar las coordenadas cartesianas

π + coord_quickmap()

 $\pi + coord_map(projection = "ortho",$ orientation=c(41, -74, 0)) projection, orientation, xlim, ylim

Usa el paquete mapproi para provectar mapas

Facetas

Las Facetas dividen una gráfica en multiple subgráficas basada en una ó varias variables discretas

t <- ggplot(mpg, aes(cty, hwy)) + geom_point()



Use scales para que deiar que el límite cambie por cada

t + facet grid(dry ~ fl, scales = "free") Cada faceta tiene limites x e y indpendientes

 "free_x" - ajusta el límite del eje x • "free y" - aiusta el límite del eje v

Use labeller para cambiar las etiquetas de las facetas



c de pr

Aiustes a las posiciones

Determina que hacer con Geoms que ocuparían la misma posición en la gráfica.

s <- ggplot(mpg, aes(fl, fill = drv))

1.2

A B

s + geom_bar(position = "dodge") Pone los elementos a lado de cada uno s + geom_bar(position = "fill")

Pone los elementos encima the cada uno y usa toda la altura de la gráfica e + geom_point(position = "jitter")

Agrega ruido a los elementos

e + geom_label(position = "nudge") Empuja las letras para ver los puntos s + geom_bar(position = "stack") Pone los elementos encima the cada uno

Cada ajuste se puede usar como función para fijar el ancho and alto

s + geom_bar(position = position_dodge(width = 1))

Etiquetas

t + labs(x = "Etiqueta X", y = "Etiqueta Y", title ="Título de la gráfica".

subtitle = "Subtítulo de la gráfica", caption = "Nota de la gráfica",

(AES) = "Texto in la (AES) ")

t + annotate(geom = "text", x = 8, y = 9, label = "A") geom a usar valores manuales del geom

Levendas

n + theme(legend.position = "bottom")

Pone la levenda debaio (bottom), arriba(top), izquierda (left), ó derecha (right)

n + guides(fill = "none")

Tipo de levenda por cada estética: colorbar, legend, or none (no legend)

n + scale fill discrete(name = "Title". labels = c("A", "B", "C", "D", "E"))

Fija el título y etiquetas de la leyenda

Tema



Obscuro

theme_bw() Fondo blanco con cuadrícula theme_gray() Fondo gris (tema inicial) theme_dark()

r + theme classic() r + theme_light() r + theme_linedraw() + theme minimal() Temas minimalisticos + theme_void() Tema vacío

Agrandar una sección Sin cortar (preferido) 1/1

+ coord_cartesian(xlim = c(0, 100), ylim = c(10, 20)

Cortando (quita los puntos escondidos) + xlim(0, 100) + ylim(10, 20)



t + scale x_continuous(limits = c(0, 100)) + scale_y_continuous(limits = c(0, 100))