

Ch 1-2.

For $c = 1$, we have

$$\beta = \frac{v}{c} = v \quad \Rightarrow \quad \gamma = \frac{dt}{d\tau} = \frac{1}{\sqrt{1-v^2}}$$

S.R. Time Dilation:

$$d\tau = dt\sqrt{1-v^2} \quad \text{where } v^2 = v_x^2 + v_y^2 + v_z^2$$

Lorentz transformation matrix:

$$\Lambda^\mu_\nu = \begin{bmatrix} \gamma & -\gamma\beta & 0 & 0 \\ -\gamma\beta & \gamma & 0 & 0 \\ 0 & 0 & 1 & 0 \\ 0 & 0 & 0 & 1 \end{bmatrix} \Leftrightarrow (\Lambda^{-1})^\mu_\nu = \begin{bmatrix} \gamma & \gamma\beta & 0 & 0 \\ \gamma\beta & \gamma & 0 & 0 \\ 0 & 0 & 1 & 0 \\ 0 & 0 & 0 & 1 \end{bmatrix}$$

Ch 3. Four Vector

3.1 Four Vector Notation

Proper time: τ

Four-position: $x^\mu(\tau) = (t(\tau), x(\tau), y(\tau), z(\tau))$

Four-displacement (arc length s):

$$ds = \begin{bmatrix} dt \\ dx \\ dy \\ dz \end{bmatrix}$$

Four-velocity:

$$\mathbf{u} \equiv \begin{bmatrix} u^t \\ u^x \\ u^y \\ u^z \end{bmatrix} \equiv \begin{bmatrix} \frac{dt}{d\tau} \\ \frac{dx}{d\tau} \\ \frac{dy}{d\tau} \\ \frac{dz}{d\tau} \end{bmatrix} = \begin{bmatrix} \frac{dt}{dt\sqrt{1-v^2}} \\ \frac{dx}{dt\sqrt{1-v^2}} \\ \frac{dy}{dt\sqrt{1-v^2}} \\ \frac{dz}{dt\sqrt{1-v^2}} \end{bmatrix} = \begin{bmatrix} \gamma \\ v_x\gamma \\ v_y\gamma \\ v_z\gamma \end{bmatrix}.$$

3.2 Lorentz Transformation

$$u'^\mu = \begin{bmatrix} u'^t \\ u'^x \\ u'^y \\ u'^z \end{bmatrix} = \begin{bmatrix} \gamma & -\gamma\beta & 0 & 0 \\ -\gamma\beta & \gamma & 0 & 0 \\ 0 & 0 & 1 & 0 \\ 0 & 0 & 0 & 1 \end{bmatrix} \begin{bmatrix} u^t \\ u^x \\ u^y \\ u^z \end{bmatrix},$$

3.3 Scalar product, magnitude, the interval

Minkowski metric: $\eta_{\mu\nu} = \text{diag}(-1, 1, 1, 1)$

$$\begin{aligned} \mathbf{A} \cdot \mathbf{B} &= \eta_{\mu\nu} A^\mu B^\nu \quad \text{or} \quad A_\mu B^\mu \\ &= \eta_{tt} A^t B^t + \eta_{xx} A^x B^x + \eta_{yy} A^y B^y + \eta_{zz} A^z B^z \\ &= -A^t B^t + A^x B^x + A^y B^y + A^z B^z \\ A^2 &= \mathbf{A} \cdot \mathbf{A} = -(A^t)^2 + (A^x)^2 + (A^y)^2 + (A^z)^2. \end{aligned}$$

Interval

$$ds^2 = \eta_{\mu\nu} dx^\mu dx^\nu = -dt^2 + dx^2 + dy^2 + dz^2.$$

Normalization of 4-velocity

$$ds^2 = -d\tau^2 \quad (\text{rest frame})$$

$$\begin{aligned} \Rightarrow \mathbf{u} \cdot \mathbf{u} &= \eta_{\mu\nu} \frac{dx^\mu}{d\tau} \frac{dx^\nu}{d\tau} \\ &= \frac{1}{d\tau^2} \eta_{\mu\nu} dx^\mu dx^\nu \\ &= \frac{ds^2}{d\tau^2} = \boxed{-1}. \end{aligned}$$

3.4 Relation Between \mathbf{u} and \mathbf{v}

Velocity relation: $v_i = \frac{u^i}{u^t}$ for $i = x, y, z$

At rest:

$$u^\mu = (1, 0, 0, 0)$$

Non-relativistic limit ($v \ll 1, \gamma \approx 1$):

$$u^\mu \approx (1, v_x, v_y, v_z)$$

3.5 Four Momentum

4-Momentum for mass m and light

$$\mathbf{p} = m\mathbf{u} \quad \Rightarrow \quad p^\mu = \begin{bmatrix} mu^t \\ mu^x \\ mu^y \\ mu^z \end{bmatrix} = \begin{bmatrix} \gamma m \\ \gamma m v_x \\ \gamma m v_y \\ \gamma m v_z \end{bmatrix} = \underbrace{\begin{bmatrix} E \\ Ev_x \\ Ev_y \\ Ev_z \end{bmatrix}}_{\text{light}}$$

Relativistic energy: $E = p^t = \gamma m$

Invariant mass relation:

$$\mathbf{p} \cdot \mathbf{p} = -(p^t)^2 + \vec{p}^2 = -E^2 + \vec{p}^2 \quad (1)$$

$$\mathbf{p} \cdot \mathbf{p} = \eta_{\mu\nu} p^\mu p^\nu = m^2 \eta_{\mu\nu} u^\mu u^\nu = -m^2 \quad (2)$$

where $\vec{p} = (p^x, p^y, p^z)$ for spatial 3-momentum.

$$(1) = (2) \quad \Rightarrow \quad E^2 - \vec{p}^2 = m^2$$

3.6 Energy by observer

In rest frame (IRF): Let $u_{\text{obs}}^\mu = (1, 0, 0, 0)$, for passing object with 4-momentum p^μ :

$$\begin{aligned} E_{\text{obs}} &= -\mathbf{p} \cdot \mathbf{u}_{\text{obs}} \\ &= -\eta_{\mu\nu} p^\mu u_{\text{obs}}^\nu = p^t. \end{aligned}$$

Kinetic energy: $E = m + \text{KE}$ for $v \ll 1$

Ch 4. Index Notation

4.1 Useful Identity

- identity matrix: $\delta^\mu_\nu = \text{diag}(1, 1, 1, 1)$
- inverse transformation: $(\Lambda^{-1})^\mu_\alpha \Lambda^\alpha_\nu = \delta^\mu_\nu$
- selector action: $\delta^\mu_\nu A^\nu = A^\mu$
- derivative rule:

$$\frac{d}{d\tau}(A^2) = 2 \eta_{\mu\nu} A^\mu \frac{dA^\nu}{d\tau}.$$

Ch 5. Arbitrary Coordinates

5.1 Coordinate basis

In any arbitrary curvilinear coordinates ($ds^2 \neq dx^2 + dy^2$), we define a coordinate basis \mathbf{e}_μ such that

$$ds = dx^\mu \mathbf{e}_\mu = \underbrace{du \mathbf{e}_u + dw \mathbf{e}_w}_{\text{2D case}}$$

Metric tensor:

$$ds^2 = g_{\alpha\beta} dx^\alpha dx^\beta$$

where $g_{\alpha\beta} \equiv \mathbf{e}_\alpha \cdot \mathbf{e}_\beta$ comprises the metric tensor.

5.2 Transformations Consider u, w and new coordinates $u'(u, w)$ and $w'(u, w)$

$$dx'^\mu = \frac{\partial x'^\mu}{\partial x^\nu} dx^\nu,$$

For any vector \mathbf{A} :

$$A'^\mu = \frac{\partial x'^\mu}{\partial x^\nu} A^\nu \quad \Leftrightarrow \quad A^\mu = \frac{\partial x^\mu}{\partial x'^\nu} A'^\nu$$

5.3 Coordinate Transformations in Flat Spacetime

For flat spacetime, the general transformation law = L.T.:

$$\frac{\partial x'^\mu}{\partial x^\nu} = \Lambda^\mu_\nu \quad \Leftrightarrow \quad \frac{\partial x^\mu}{\partial x'^\nu} = (\Lambda^{-1})^\mu_\nu$$

5.4 The Metric for a Spherical Surface. In polar coordinates, the metric on a sphere of radius R is:

$$ds^2 = R^2 d\theta^2 + R^2 \sin^2\theta d\phi^2$$

that is

$$g_{\mu\nu} = \begin{bmatrix} g_{\theta\theta} & g_{\theta\phi} \\ g_{\phi\theta} & g_{\phi\phi} \end{bmatrix} = \begin{bmatrix} R^2 & 0 \\ 0 & R^2 \sin^2 \theta \end{bmatrix}$$

Ch 6. Tensor Equations

6.1 Vectors vs covectors

Vector transformation law:

$$A'^{\mu} = \frac{\partial x'^{\mu}}{\partial x^{\nu}} A^{\nu}$$

Covector transformation law:

A_{μ} transforms as a covector:

$$\begin{aligned} A'_{\mu} &= g'_{\mu\nu} A'^{\nu} = \left(\frac{\partial x^{\alpha}}{\partial x'^{\mu}} \frac{\partial x^{\beta}}{\partial x'^{\nu}} g_{\alpha\beta} \right) \left(\frac{\partial x'^{\nu}}{\partial x^{\gamma}} A^{\gamma} \right) \\ &= \frac{\partial x^{\alpha}}{\partial x'^{\mu}} \underbrace{\left(\frac{\partial x^{\beta}}{\partial x'^{\nu}} \frac{\partial x'^{\nu}}{\partial x^{\gamma}} \right)}_{\delta^{\beta}_{\gamma}} g_{\alpha\beta} A^{\gamma} = \frac{\partial x^{\alpha}}{\partial x'^{\mu}} g_{\alpha\gamma} A^{\gamma} \\ &= \frac{\partial x^{\alpha}}{\partial x'^{\mu}} A_{\alpha} \end{aligned}$$

6.2 Gradient and lowering

Gradient of a scalar is a covector:

$$\partial_{\mu} \phi = \frac{\partial \phi}{\partial x^{\mu}} \quad (\text{covector})$$

where $\partial_{\mu} \equiv \frac{\partial}{\partial x^{\mu}} = \left(\frac{\partial}{\partial t}, \frac{\partial}{\partial x}, \frac{\partial}{\partial y}, \frac{\partial}{\partial z} \right)_{\mu}$

Lowering an index with the metric produces a covector:

$$A_{\mu} = g_{\mu\nu} A^{\nu}$$

6.3 Scalar contraction (invariant)

Scalar contraction is invariant:

$$A'^{\mu} B'_{\mu} = \left(\frac{\partial x'^{\mu}}{\partial x^{\alpha}} A^{\alpha} \right) \left(\frac{\partial x^{\beta}}{\partial x'^{\mu}} B_{\beta} \right) = \underbrace{\left(\frac{\partial x'^{\mu}}{\partial x^{\alpha}} \frac{\partial x^{\beta}}{\partial x'^{\mu}} \right)}_{\delta^{\beta}_{\alpha}} A^{\alpha} B_{\beta} = A^{\alpha} B_{\alpha}$$

6.4 Inverse metric

For any metric tensor $g_{\mu\nu}$:

$$g'_{\mu\nu} = \frac{\partial x^{\alpha}}{\partial x'^{\mu}} \frac{\partial x^{\beta}}{\partial x'^{\nu}} g_{\alpha\beta} \iff g_{\alpha\beta} = \frac{\partial x'^{\mu}}{\partial x^{\alpha}} \frac{\partial x'^{\nu}}{\partial x^{\beta}} g'_{\mu\nu}$$

and also the inverse:

$$g'^{\mu\nu} = \frac{\partial x'^{\mu}}{\partial x^{\alpha}} \frac{\partial x'^{\nu}}{\partial x^{\beta}} g^{\alpha\beta} \iff g^{\alpha\beta} = \frac{\partial x^{\alpha}}{\partial x'^{\mu}} \frac{\partial x^{\beta}}{\partial x'^{\nu}} g'^{\mu\nu}$$

6.5 Tensor (master law)

$$T'^{\mu\nu\dots}_{\alpha\beta\dots} = \frac{\partial x'^{\mu}}{\partial x^r} \frac{\partial x'^{\nu}}{\partial x^{\sigma}} \dots \frac{\partial x^{\gamma}}{\partial x'^{\alpha}} \frac{\partial x^{\delta}}{\partial x'^{\beta}} \dots T^{r\sigma\dots}_{\gamma\delta\dots}$$

Ch 7. Maxwell

7.1 Charge density and current density

Length contracts:

$$V = V'/\gamma \implies \rho = \gamma \rho'$$

Four-current density:

$$J^{\mu} = (\rho, \rho v_x, \rho v_y, \rho v_z) \quad \text{with } \vec{J} = \rho \vec{v}$$

7.2 Gauss's law

(differential form):

$$\nabla \cdot \mathbf{E} = \frac{\partial E_x}{\partial x} + \frac{\partial E_y}{\partial y} + \frac{\partial E_z}{\partial z} = 4\pi k \rho$$

where \mathbf{E} is the electric field:

$$\frac{d\mathbf{p}}{dt} = \mathbf{F}_e = q\mathbf{E} \implies \frac{dp^{\mu}}{d\tau} = q F^{\mu}_{\nu} u^{\nu}$$

7.3 Maxwell equations

$$\boxed{\partial_{\nu} F^{\mu\nu} = 4\pi k J^{\mu}}, \quad \partial_{\sigma} F_{\mu\nu} + \partial_{\mu} F_{\nu\sigma} + \partial_{\nu} F_{\sigma\mu} = 0.$$

where \mathbf{F} is the field tensor:

$$F_{\mu\nu} = \begin{bmatrix} 0 & E_x & E_y & E_z \\ -E_x & 0 & B_z & -B_y \\ -E_y & -B_z & 0 & B_x \\ -E_z & B_y & -B_x & 0 \end{bmatrix}$$

Charge conservation: Take ∂_{μ} of both sides and commute derivatives: LHS = 0 because F is antisymmetric,

$$\partial_{\mu} \partial_{\nu} F^{\mu\nu} \equiv 0 \implies \boxed{\partial_{\mu} J^{\mu} = 0}$$

7.4 Potentials

$$F_{\mu\nu} = \partial_{\mu} A_{\nu} - \partial_{\nu} A_{\mu}.$$

Ch 8. Geodesics

8.0 Lagrange equation: Lagrangian for our worldline is:

$$L(x, \dot{x}) \equiv \sqrt{-g_{\mu\nu}(x) \dot{x}^{\mu} \dot{x}^{\nu}}, \quad \dot{x}^{\mu} \equiv \frac{dx^{\mu}}{d\sigma}$$

Euler-Lagrange equation for our worldline is:

$$\frac{d}{d\sigma} \left(\frac{\partial L}{\partial \dot{x}^{\mu}} \right) - \frac{\partial L}{\partial x^{\mu}} = 0$$

8.1 Extremal proper time Between two a timelike geodesic two timelike-separated events $A \rightarrow B$, the *proper time* is:

$$\tau = \int \sqrt{-g_{\mu\nu} \frac{dx^{\mu}}{d\sigma} \frac{dx^{\nu}}{d\sigma}} d\sigma.$$

8.2 Geodesic equations

$$\begin{aligned} 0 &= \frac{d}{d\tau} \left(g_{\alpha\nu} \frac{dx^{\nu}}{d\tau} \right) - \frac{1}{2} \partial_{\alpha} g_{\mu\nu} \frac{dx^{\mu}}{d\tau} \frac{dx^{\nu}}{d\tau} \\ &= \frac{d^2 x^{\rho}}{d\tau^2} + \underbrace{\frac{1}{2} g^{\rho\alpha} (\partial_{\mu} g_{\alpha\nu} + \partial_{\nu} g_{\alpha\mu} - \partial_{\alpha} g_{\mu\nu})}_{\Gamma^{\rho}_{\mu\nu}} \frac{dx^{\mu}}{d\tau} \frac{dx^{\nu}}{d\tau} \end{aligned}$$

8.3 Normalization

$$u \cdot u = g_{\mu\nu} \frac{dx^{\mu}}{d\tau} \frac{dx^{\nu}}{d\tau} = -1 \quad (\text{timelike}), \quad = 0 \quad (\text{null}).$$

Ch 9. Schwarzschild Metric

9.0 Spherical Coordinates for Flat Spacetime:

$$ds^2 = -dt^2 + dr^2 + r^2 d\theta^2 + r^2 \sin^2 \theta d\phi^2$$

9.1 Schwarzschild Metric

$$ds^2 = \underbrace{-\left(1 - \frac{2GM}{r}\right) dt^2}_{\text{gtt time part}} + \underbrace{\left(1 - \frac{2GM}{r}\right)^{-1} dr^2}_{\text{gr rr radial part}} + \underbrace{r^2 d\theta^2}_{g_{\theta\theta}} + \underbrace{r^2 \sin^2 \theta d\phi^2}_{g_{\phi\phi}}.$$

Features: spherically symmetric, static, vacuum, and becomes the flat space metric in the limit as $r \rightarrow \infty$.

Units: G has units of m/kg, and GM in units of m.

9.2 Meaning of r

$$r = \frac{C}{2\pi} \quad (\text{circumference}), \quad ds = \frac{dr}{\sqrt{1 - 2GM/r}} \quad (t = \text{const}).$$

9.3 Newtonian limit and r_s

$$\left. \frac{d^2 r}{d\tau^2} \right|_{\text{rest}} = -\frac{1}{2} \frac{r_s}{r^2} \Rightarrow r_s = 2GM.$$

9.4 Gravitational time dilation & redshift

Time dilation in Schwarzschild metric:

$$\boxed{\Delta\tau_r = \sqrt{1 - \frac{2GM}{r}} \Delta t}$$

Redshift in Schwarzschild metric:

$$\frac{\lambda_R}{\lambda_E} = \sqrt{\frac{1 - \frac{2GM}{r_R}}{1 - \frac{2GM}{r_E}}} \approx 1 + g h$$

if $\frac{2GM}{r} \ll 1$ and $h \equiv r_R - r_E \ll r_E$. Here $g = GM/r_E^2$.

Ch 10. Particle Orbits

10.1 Conserved quantities (equatorial)

$$e = \left(1 - \frac{2GM}{r}\right) \frac{dt}{d\tau}, \quad l = r^2 \frac{d\phi}{d\tau}.$$

10.2 Radial energy form

$$\frac{1}{2} \left(\frac{dr}{d\tau} \right)^2 = E - \left[\frac{GM}{r} + \frac{l^2}{2r^2} - \frac{GMl^2}{r^3} \right], \quad E = \frac{1}{2}(e^2 - 1).$$

10.3 Circular orbits & Kepler

$$\frac{dV}{dr} = 0 \Rightarrow r_c = \frac{l^2}{2GM} \left(1 \pm \sqrt{1 - 12(GM/l)^2} \right), \quad \Omega^2 = \frac{GM}{r_c^3}.$$

10.4 Acceleration and ISCO

$$\frac{d^2r}{d\tau^2} = -\frac{GM}{r^2} + \frac{l^2}{r^3} - \frac{3GMl^2}{r^4}, \quad r_{\text{ISCO}} = 6GM, \quad e_{\text{ISCO}} = \sqrt{8/9}.$$

Ch 12. Photon Orbits

12.1 Impact parameter

$$b = \frac{l}{e} = r^2 \left(1 - \frac{2GM}{r} \right)^{-1} \frac{d\phi}{dt}$$

or

$$\frac{d\phi}{dt} = \frac{1 - 2GM/r}{r^2} b$$

12.2 Equatorial plane

$$\theta = \frac{\pi}{2}, \quad d\theta = 0, \quad \sin \theta = 1$$

12.3 Equation of Radial Motion for a Photon Use the Schwarzschild line element on the equatorial plane ($\theta = \pi/2$) and the null condition $ds^2 = 0$:

$$0 = - \left(1 - \frac{2GM}{r} \right) dt^2 + \left(1 - \frac{2GM}{r} \right)^{-1} dr^2 + r^2 d\phi^2 \\ \Rightarrow 1 = \frac{1}{\left(1 - \frac{2GM}{r} \right)^2} \left(\frac{dr}{dt} \right)^2 + \left(1 - \frac{2GM}{r} \right) \frac{b^2}{r^2}$$

Divide by b^2 to obtain the *energy-like* form with an effective potential $V(r)$:

$$\frac{1}{b^2} = \underbrace{\frac{1}{b^2 \left(1 - \frac{2GM}{r} \right)^2} \left(\frac{dr}{dt} \right)^2}_{\text{radial "kinetic" term}} + \underbrace{\frac{1 - \frac{2GM}{r}}{r^2}}_{V(r)}$$

Remark:

- The potential $V(r) = (1 - 2GM/r)/r^2$ has a peak at $r = 3GM$
- Photons with $1/b^2$ larger than this peak spiral inward, with the *critical case* $b^2 = 27(GM)^2$ corresponding to the unstable circular photon orbit at $r = 3GM$.

Setting $GM \rightarrow 0$ gives flat space result:

$$\frac{1}{b^2} = \frac{1}{b^2} \left(\frac{dr}{dt} \right)^2 + \frac{1}{r^2} \quad (\text{flat space})$$

which says a light ray from infinity always returns to infinity

12.4 Locally orthonormal frames (LOFs) for static observers

A stationary observer constructs a *locally orthonormal tetrad*

$\{\mathcal{O}_t, \mathcal{O}_x, \mathcal{O}_y, \mathcal{O}_z\}$ at a point P , satisfying

$$\mathcal{O}_x \cdot \mathcal{O}_x = \mathcal{O}_y \cdot \mathcal{O}_y = \mathcal{O}_z \cdot \mathcal{O}_z = +1, \quad \mathcal{O}_t \cdot \mathcal{O}_t = -1, \quad \mathcal{O}_a \cdot \mathcal{O}_b = 0 \quad (a \neq b)$$

so the metric in the LOF is Minkowski:

$$(g_{\mu\nu})_{\text{LOF}} = \eta_{\mu\nu}$$

If A is any four-vector with components A^μ in Schwarzschild coordinates and $(\mathcal{O}_a)^\mu$ are the **Schwarzschild components** of the LOF basis vectors, the observed components follow from scalar products:

$$A_{\text{obs}}^t = -\mathcal{O}_t \cdot A, \quad A_{\text{obs}}^x = \mathcal{O}_x \cdot A, \quad A_{\text{obs}}^y = \mathcal{O}_y \cdot A, \quad A_{\text{obs}}^z = \mathcal{O}_z \cdot A$$

For a static observer aligned with the Schwarzschild directions $(\phi, -\theta, r)$, the tetrad components are

$$\begin{aligned} (\mathcal{O}_t)^\mu &= \left(\frac{1}{\sqrt{1 - \frac{2GM}{r}}}, 0, 0, 0 \right), \\ (\mathcal{O}_x)^\mu &= \left(0, \frac{1}{r \sin \theta}, 0, 0 \right), \\ (\mathcal{O}_y)^\mu &= \left(0, 0, \frac{1}{r}, 0 \right), \\ (\mathcal{O}_z)^\mu &= \left(0, 0, 0, \sqrt{1 - \frac{2GM}{r}} \right) \end{aligned}$$

These satisfy $\mathcal{O}_a \cdot \mathcal{O}_b = \eta_{ab}$ with the Schwarzschild metric.

12.4 Photon 4-momentum (equatorial)

Photon 4-momentum in the equatorial plane:

$$p^\mu = \frac{E}{1 - 2GM/r} \frac{dx^\mu}{dt} \quad \text{where } E \equiv me.$$

Components:

$$\begin{aligned} p^t &= \frac{E}{(1 - 2GM/r)} \\ p^\phi &= \frac{E}{(1 - 2GM/r)} \frac{d\phi}{dt} = E \frac{b}{r^2} \\ p^\theta &= 0 \\ p^r &= \frac{E}{(1 - 2GM/r)} \frac{dr}{dt} = \pm E \sqrt{1 - \frac{b^2}{r^2} \left(1 - \frac{2GM}{r} \right)} \end{aligned}$$

where (+) for outgoing and (-) for ingoing photons.

12.5 Critical escape angle for stationary observers

Let a static observer at radius r emit a photon in the equatorial plane making an angle ψ with the *radially outward* direction (\mathcal{O}_z) . In the LOF, the photon speed is 1, so

$$\sin \psi = \frac{v_{x,\text{obs}}}{1} = \frac{(\mathcal{O}_x \cdot p)}{-(\mathcal{O}_t \cdot p)}$$

Using (12.10) and (12.12) in the dot products and imposing the *critical* condition $b^2 = 27(GM)^2$ (the top of $V(r)$) gives

$$\sin \psi_c = \frac{3\sqrt{3}GM}{r} \sqrt{1 - \frac{2GM}{r}}$$

- As $r \rightarrow \infty$, $\sin \psi_c \rightarrow 0$ so $\psi_c \rightarrow 180^\circ$ (escape in almost any direction).
- At $r = 3GM$, $\sin \psi_c = 1 \Rightarrow \psi_c = 90^\circ$ (photon sphere).
- As $r \rightarrow 2GM$, $\psi_c \rightarrow 0^\circ$: even radially outward light is captured.

12.6 Energy measured by a stationary observer (blueshift)

The energy measured in the LOF is $E_{\text{obs}} \equiv -\mathcal{O}_t \cdot p$. Using (12.10) and (12.12),

$$E_{\text{obs}} = \frac{E}{\sqrt{1 - \frac{2GM}{r}}} > E$$

which diverges as $r \rightarrow 2GM$. This blueshift reflects that *local clocks run slower* than the clock at infinity. Conversely, light sent upward is *redshifted* as seen at infinity.

Ch 14. Event Horizon

14.1 Horizon signals

Stationary worldline at $r = 2GM$ (lightlike):

Set $dr = d\theta = d\phi = 0$:

$$ds^2 \Big|_{\text{static}} = -\left(1 - \frac{2GM}{r}\right)dt^2 \Rightarrow ds^2 = 0$$

Infinite redshift:

$$\frac{\lambda_R}{\lambda_E} = \sqrt{\frac{1 - \frac{2GM}{r_R}}{1 - \frac{2GM}{r_E}}} \rightarrow \infty \quad (r_E \rightarrow 2GM^+)$$

14.2 Coordinate freeze at the horizon

$$\frac{dr}{dt}, \frac{d\phi}{dt} \propto (1 - 2GM/r) \rightarrow 0 \quad (r \rightarrow 2GM^+).$$

14.3 Finite distances/times

Finite radial proper distance to the horizon:

$$\begin{aligned} \mathcal{D}(R \rightarrow 2GM) &= \int_{2GM}^R \frac{dr}{\sqrt{1 - 2GM/r}} \\ &= \sqrt{R(R - 2GM)} + GM \ln \left| \frac{\sqrt{R} + \sqrt{R - 2GM}}{\sqrt{2GM}} \right|. \end{aligned}$$

14.4 Finite proper time to fall past the horizon

For a particle released from rest at $r = R$, the proper time to $r = 0$ (passing $2GM$ en route) is

$$\Delta\tau \Big|_{\text{rest at } R \rightarrow 0} = \frac{\pi R^{3/2}}{\sqrt{8GM}}$$

For a solar-mass black hole and $R = 1000 GM$, this gives $\Delta\tau \approx 0.18\text{s}$.

14.5 The future inside the horizon is $r = 0$

Use the radial acceleration equation from Ch. 10 (valid for all r):

$$\boxed{\frac{d^2r}{d\tau^2} = -\frac{GM}{r^2} + \frac{l^2}{r^3} - \frac{3GMr^2}{r^4}}$$

For $r < 3GM$ the bracketed combination is negative, so $d^2r/d\tau^2 < 0$ irrespective of l (any freely-falling worldline inevitably moves inward).

Maximum proper time:

$$\Delta\tau_{\max}(2GM \rightarrow 0) = \pi GM \quad (\text{inside the horizon}).$$

thus the future of any infaller inside the horizon ends at the singularity $r = 0$ after a finite proper time.