

Charles Pontonnier, Pierre Puchaud

### CusToM: a Matlab toolbox for musculoskeletal simulation

#### Introduction to musculoskeletal analysis

Charles Pontonnier, Pierre Puchaud

# Introduction



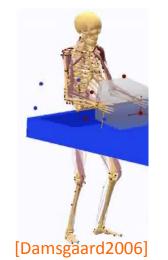
[Pouliquen2015]



[Delp2007]

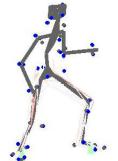


[Murai2010]



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[Plantard2017a]



# Musculoskeletal analysis



→ Angular trajectories

→ Joint forces

→ Muscle forces

Source : OpenSim

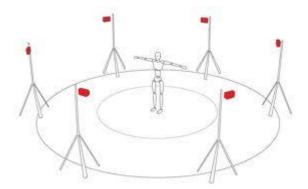
### Input data: motion capture (and force platforms)



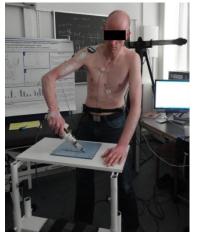




- Reflecting markers
- Infrared cams
- Triangulation





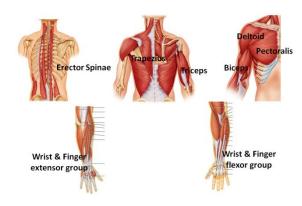






# Input data (optional): sEMG

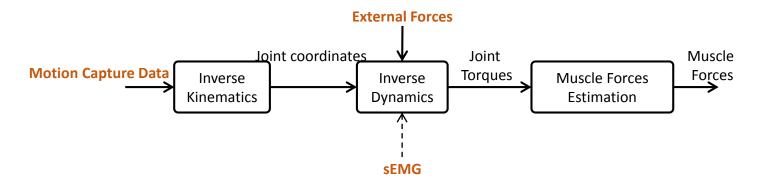
- Measuring electrical activity of muscles
- Classicaly voltage between two points of the muscle chief (bipolar)



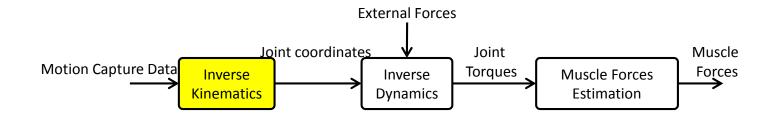


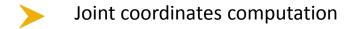
SENIAM, recommendation for electrode placements

### Motion analysis (inverse dynamics approach)



#### Inverse kinematics

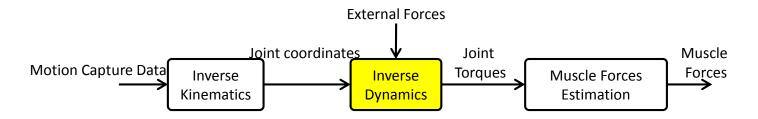






Classically constrained optimization

### Inverse dynamics



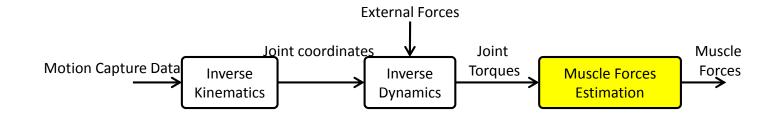
- > Joint torques determination
- Classically Newton-Euler algorithm

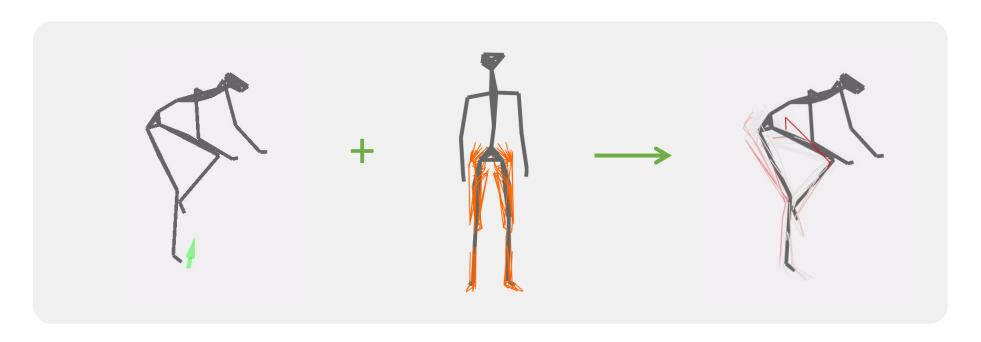
$$f_i = f_i^B - f_i^x + \sum_{j \in \mu(i)} f_i$$

External forces measures



#### Muscle forces estimation

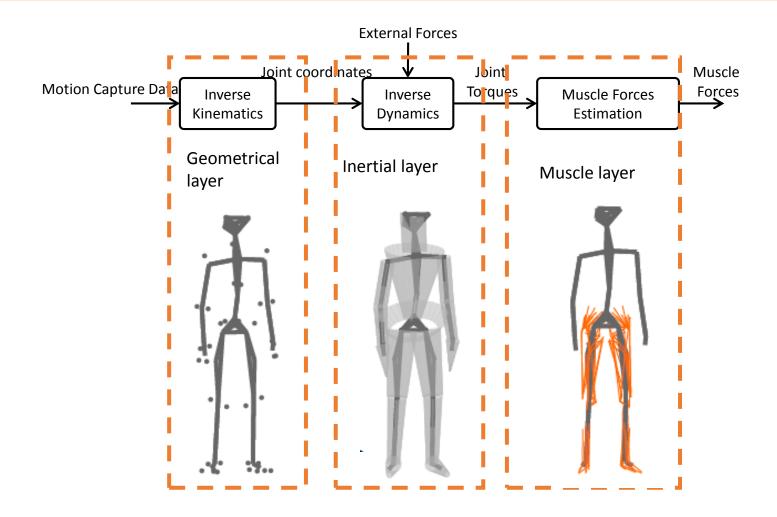




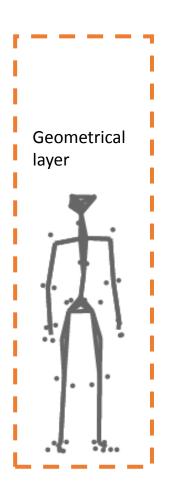
Classically through non-linear constrained optimization

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### Musculoskeletal model

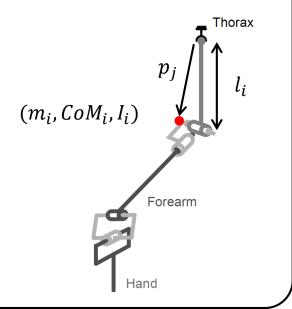


# Geometrical layer

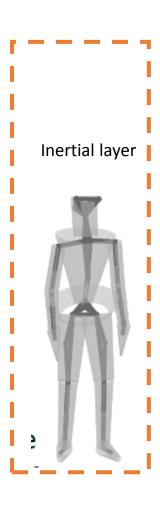


#### **Oestoarticular model**

- Polyarticulated rigid body system
- Kinematics joints
- Geometrical properties

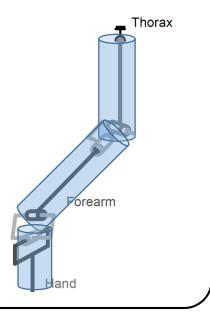


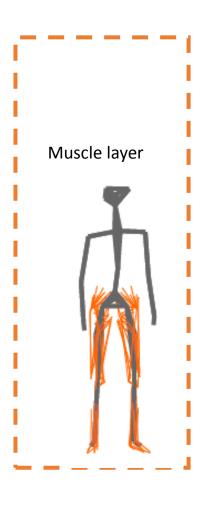
# Inertial layer



#### **Oestoarticular model**

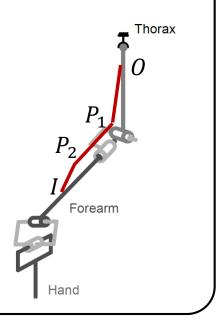
• Inertial properties (mass, center of mass, inertia matrix)

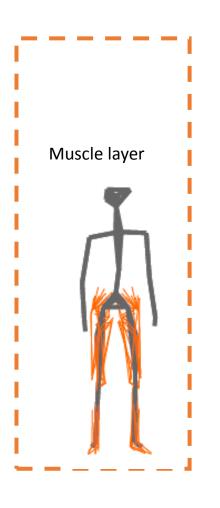


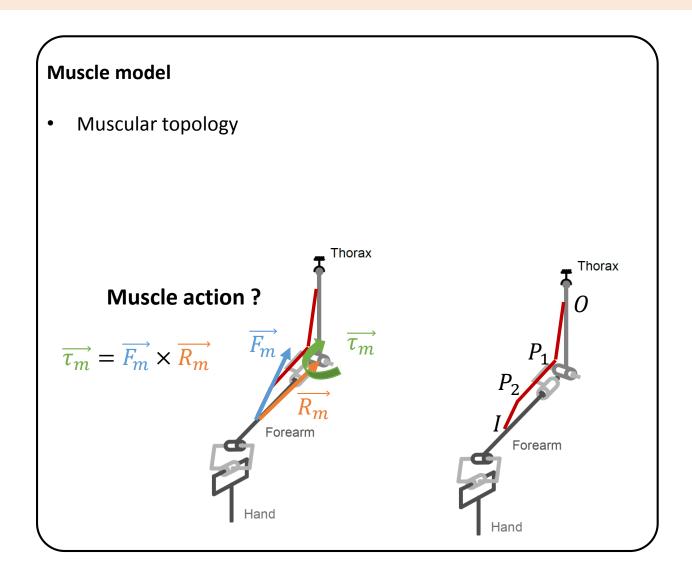


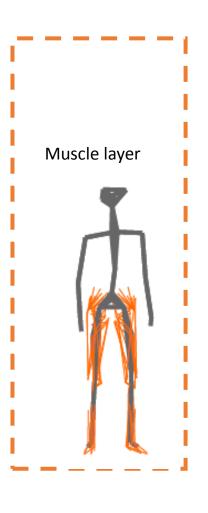
#### Muscle model

Muscular topology



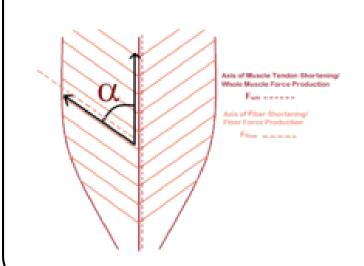


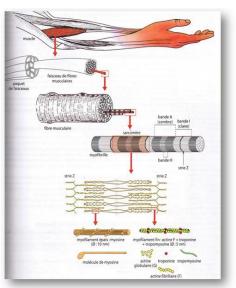


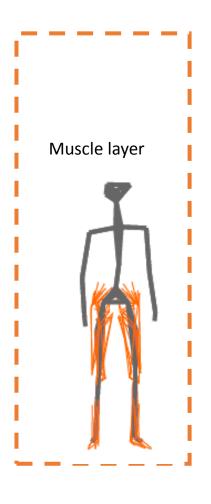


#### Muscle model

• Force generation behavior

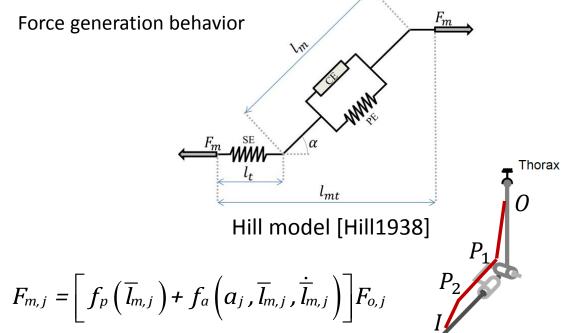






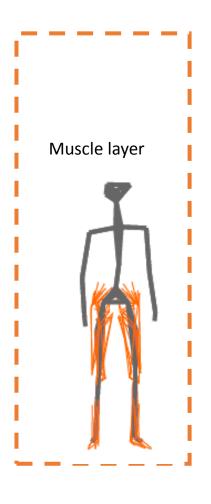


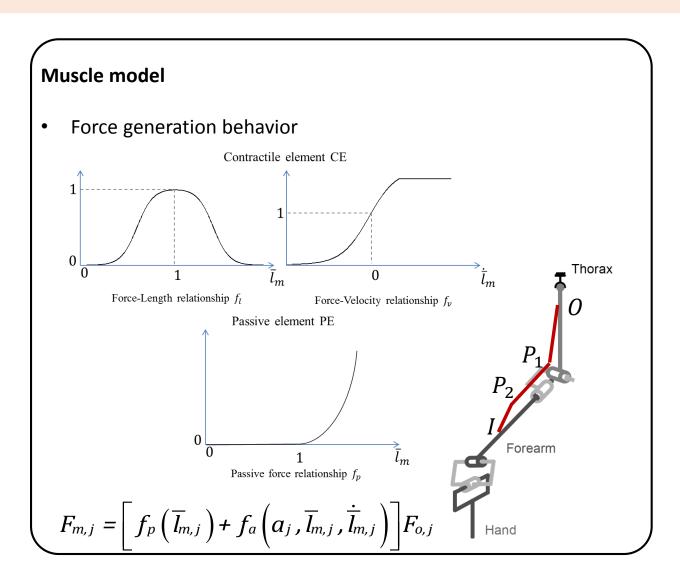
Force generation behavior

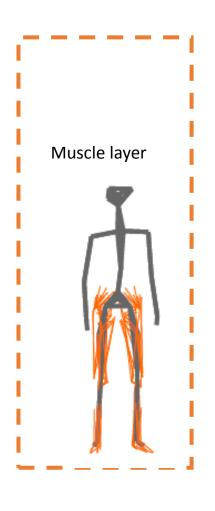


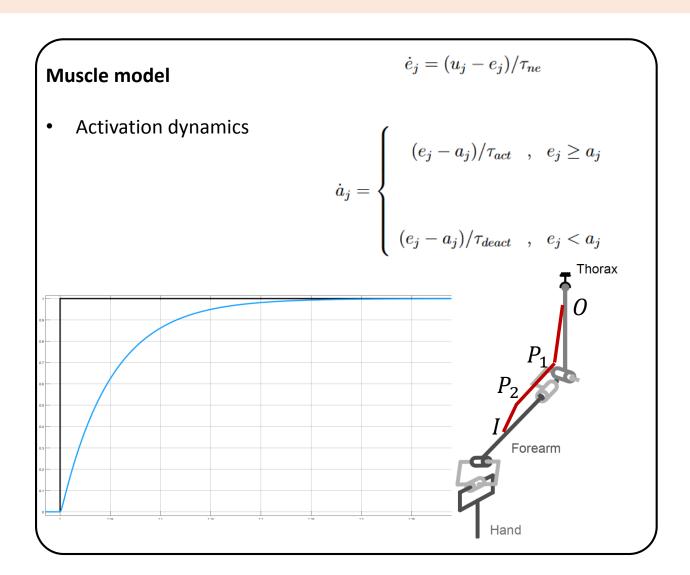
Visco-elastic law

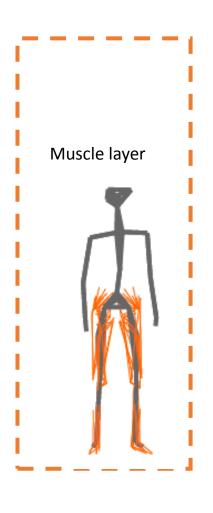
Forearm





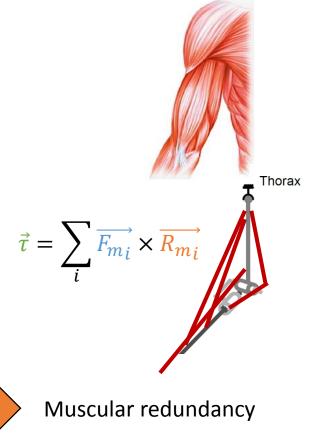




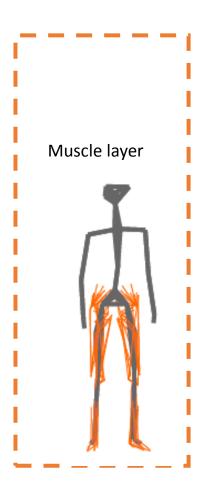




Motor control







#### Muscle model

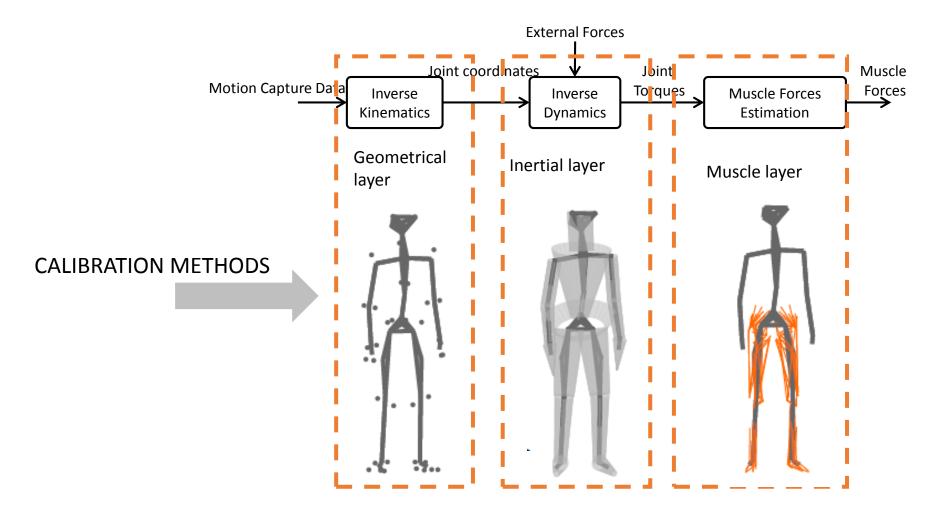
Motor control

→ minimising a function representing the motor control to define a muscle recruitment law

$$\min f(F) \xrightarrow{\text{classically}} f(F) = \sum_{n} \left(\frac{F_{m_i}}{F_{max_i}}\right)^{p}$$
s.t.  $\vec{\tau} = \sum_{i} \overrightarrow{F_{m_i}} \times \overrightarrow{R_{m_i}}$ 

$$F_{min_i} < F_{m_i} < F_{max_i}$$

The more p is high, the more muscles acts in synergy
The more p is low, the more powerful muscles are preferably activated



> Classically optimization under constraints

#### Geometrical calibration

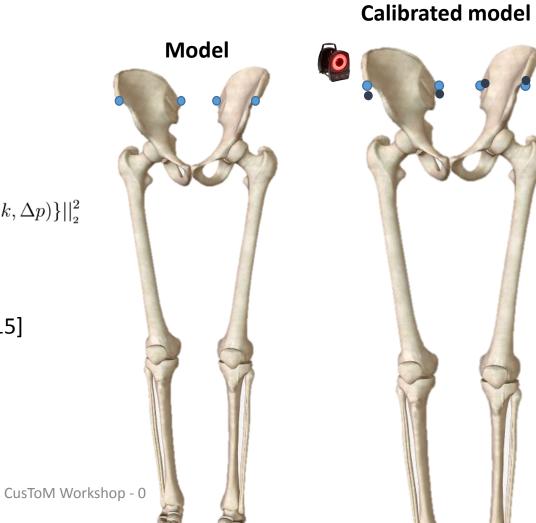
Anthropometrics tables [Winter 1955] Init:

Marker-based [AnyBody, OpenSim]

### **Functional Optimization**

$$\min_{k,\Delta p} \sum_{f}^{N_f} \sum_{m}^{N_m} ||\{X_{exp,m}(t_f)\} - \{X_{mod,m}^{global}(q(t_f), k, \Delta p)\}||_2^2$$

[Puchaud2018, Muller2015]



### Inertial calibration

Init: anthropometrics tables [Dumas 2007, De Leva 1994]

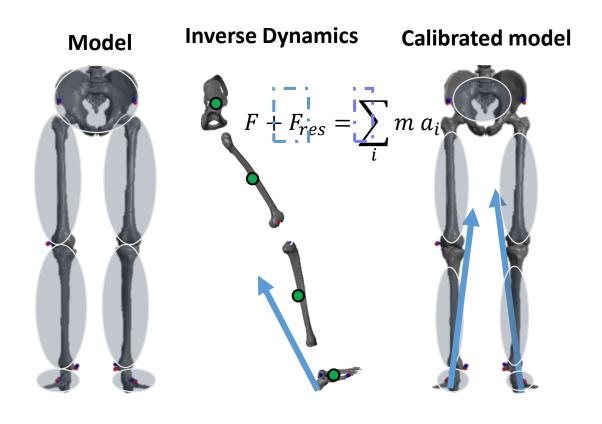
Optimisation

A. Muller 2017

Minimizing dynamics residuals

[Muller2017]

$$\min_{p} \sum_{f}^{N_f} \sum_{i}^{6} F_{res,i}(t_f)$$

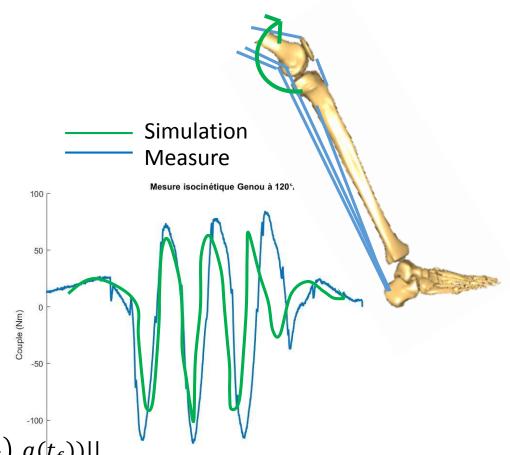


#### [Muller2017, Haering 2017]

#### Optimization

Finding muscular parameters taht makes the resulting torque fitting the experimental data

$$\min_{P_{muscle}} \sum_{f}^{N_f} \sum_{i}^{3} ||C_{exp,i}(t_f) - C_{sim,i}(q(t_f), a(t_f))||$$



### Mains issues

- Computational cost (optimization)
- Editing, assembling models
- Subject specific models
- Running multiple simulations

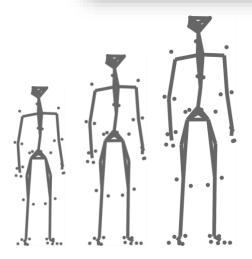




#### Heavy, expert software





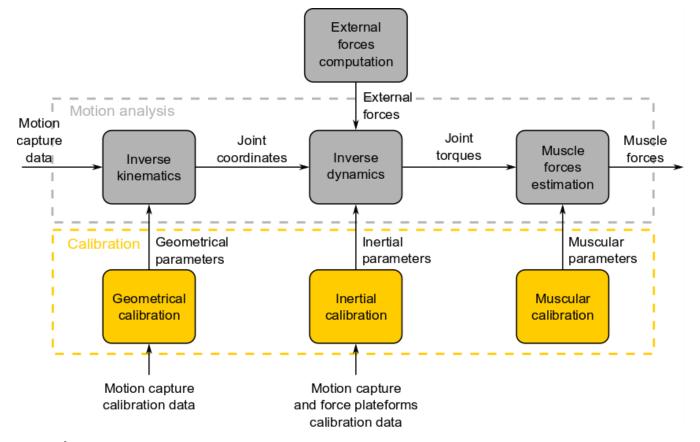


### CusToM: a Matlab toolbox for musculoskeletal simulation

#### **Introduction to CusToM**

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#### CusToM



https://github.com/anmuller/CusToM



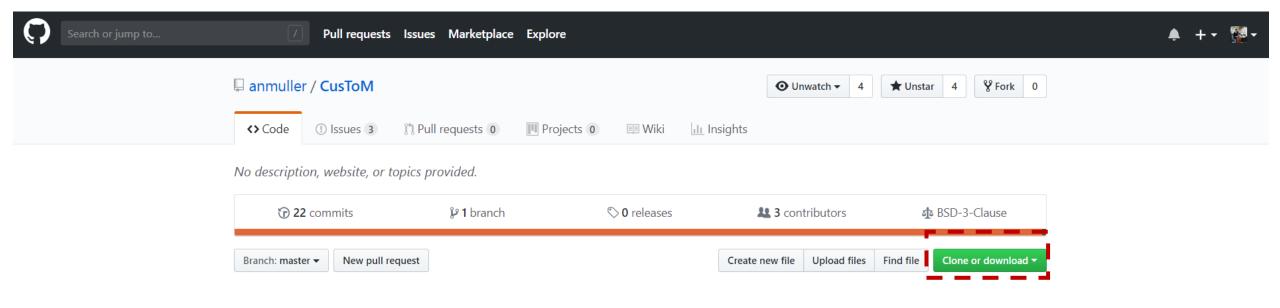
Please cite:

Muller, A., Pontonnier, C., Puchaud, P., Dumont, G., (2018). **CusToM**: *a Matlab toolbox for musculoskeletal simulation*, in review. Journal of Open Source Software.

Run on Matlab®

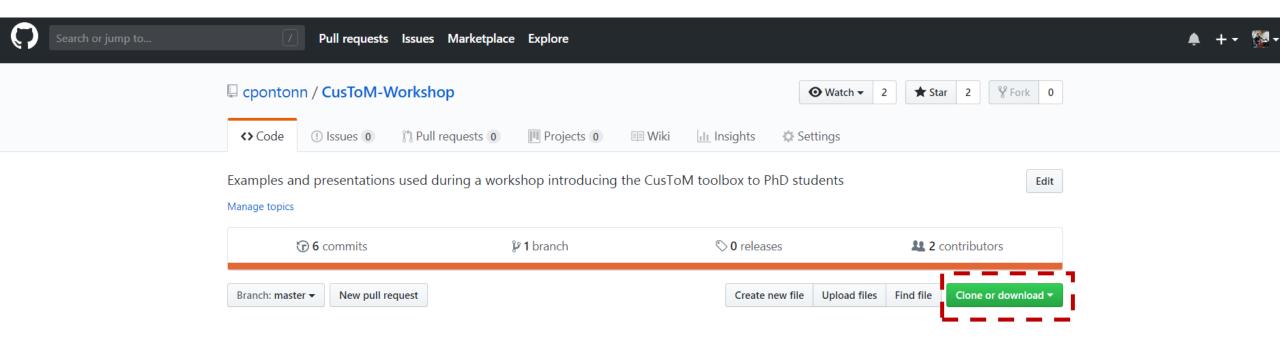
#### CusToM

#### https://github.com/anmuller/CusToM



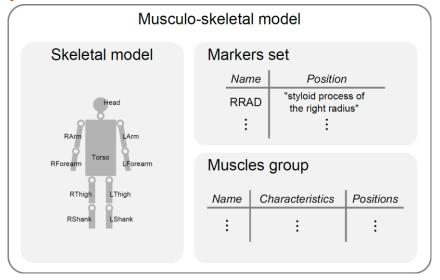
### And for the workshop...

#### https://github.com/cpontonn/CusToM-Workshop



# Until you're done with CusToM

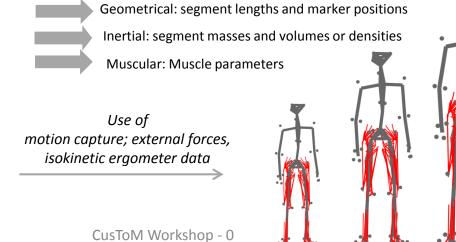
Modularity





Model calibration



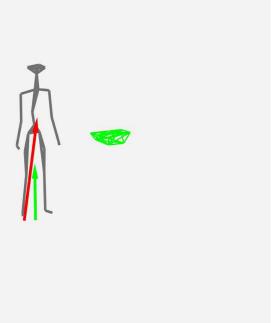


# Force prediction

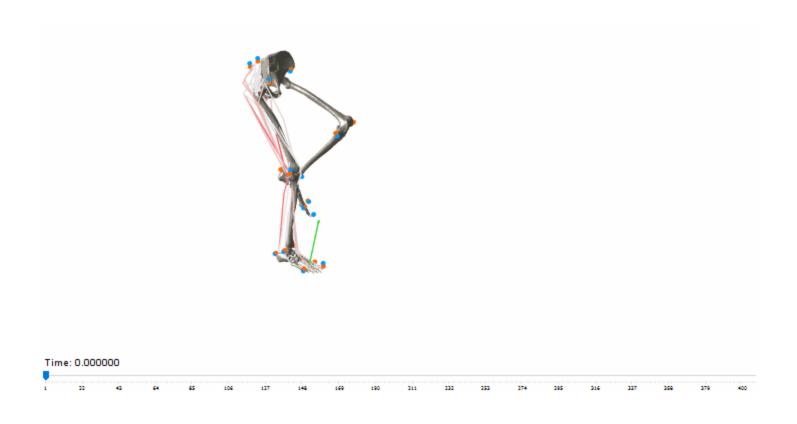
#### **Contact forces prediction**

$$\begin{split} \min_{(\boldsymbol{\alpha},\boldsymbol{\beta},\boldsymbol{\gamma})} \quad & \sum_{i=1}^{2N_f} \left(\alpha_i^2 + \beta_i^2 + \gamma_i^2\right) \\ \text{t.q.} \quad & M_{\boldsymbol{s}}(\boldsymbol{q}) \ddot{\boldsymbol{q}} + C_{\boldsymbol{s}}(\boldsymbol{q},\dot{\boldsymbol{q}}) + G_{\boldsymbol{s}}(\boldsymbol{q}) + \lambda_{\boldsymbol{s}} + E_{\boldsymbol{s}} = \boldsymbol{0}; \\ \forall i \in [\![1,2N_f]\!], (\alpha_i,\beta_i,\gamma_i) \in [-1,1]^3 \end{split}$$





# Vizualisation (thanks to GIBBON)



### Now, let's learn how it works

Lesson #1: Kinematics and geometrical calibration

Lesson #2: Muscle forces estimation

Lesson #3: Force prediction and post-processing

Lesson #4: XSENS handling and model edition

### References (work in and with CusToM)

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