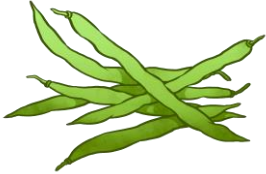







## Egg fried green beans.

In Costa Rica "Barbudos" is green beans with eggs.

### Ingredients:

30 green beans.	
One third cup of light olive oil for frying.	
One tablespoon ground pepper.	
One tablespoon flour.	
Two eggs.	
Salt to taste.	

### Preparation:

- Cook the green beans with water and salt.
- Beat the egg whites.
- Add to egg whites flour and pepper.
- In a frying pan with oil, cook the green beans and the egg whites.