
SkillWorkout - simple exercise website

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INTRODUCTION

Simple informative website about keeping fit.

This website presents several short exercise videos divided into three distinct categories.

Main goal behind this project is to give anyone quick access to a group of selected workouts that can be easily performed at home or outdoors without needing to go to the gym or any other training facility.

[Link to a website](#)

USER INTERFACE DESIGN AND PROTOTYPE

Project Skillworkout (in its MVP version) consist of five pages including:

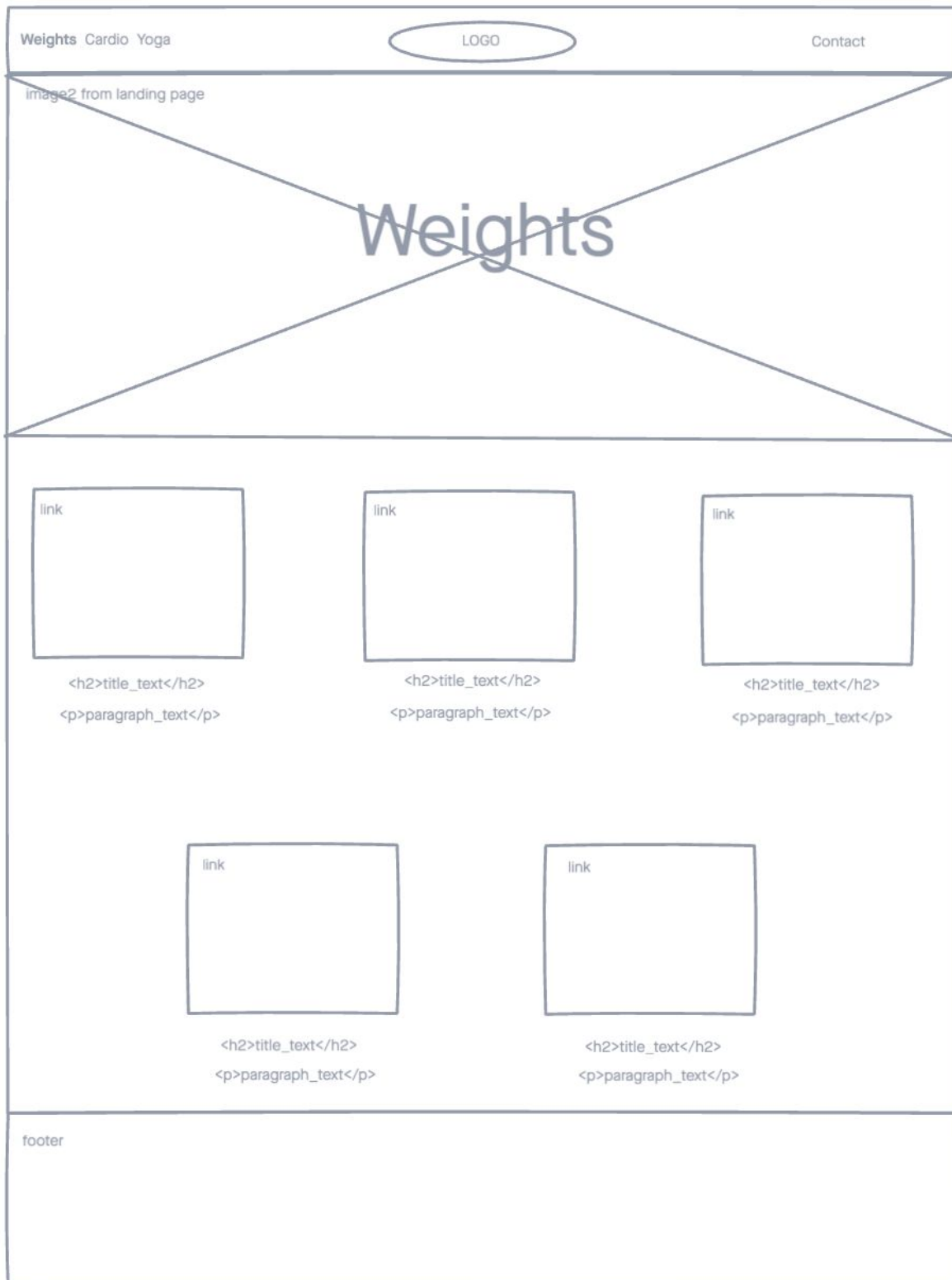
1. Landing page
2. Weights page
3. Cardio page
4. Yoga page
5. Contact page

Below wireframe prototypes have been designed based on market surveys of countless fitness and workout websites circulating on the internet.

The simplicity of large images and motivational quotes prove to be an enticing combination for potential users to scroll through the page and intuitively navigate to the desired section of the website.

All pages in the projects are grouped to three different prototype layouts as follows:





Weights_Cardio_Yoga_page_prototype

Weights Cardio Yoga

LOGO

Contact

<h1>Get in Touch</h1>

<p>Questions? Comments? Use the contact form to send a message, or give us a call at (xxx)xxx-xxx</p>

form

<label>Name *</label>

First name

Last name

<label>Email Address *</label>

<label>Message</label>

<legend>What are your interests?

checkbox "Lorem ipsum"

checkbox "Lorem ipsum"

checkbox "Lorem ipsum"

checkbox "Lorem ipsum"

checkbox "Lorem ipsum"

checkbox "Lorem ipsum"

checkbox "Lorem ipsum"

</legend>

<button>Submit</button>

footer

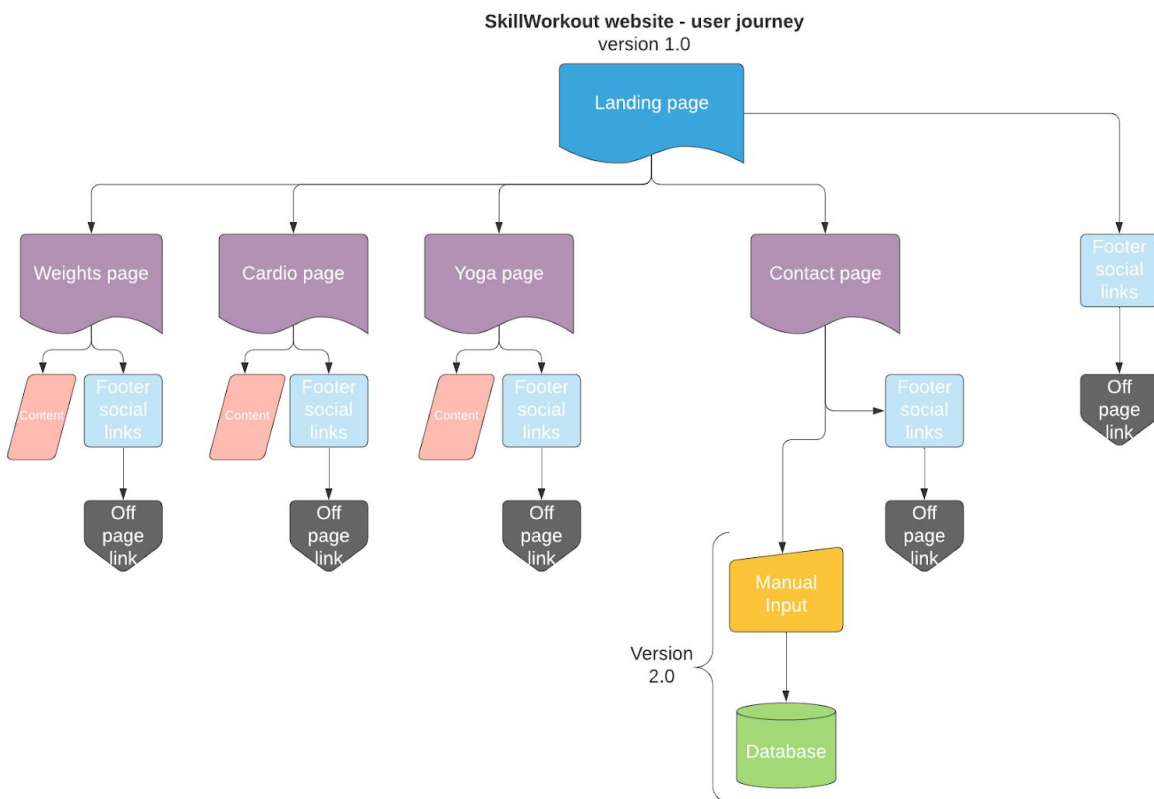
Contact_page_prototype

NAVIGATION STRUCTURE

User starts the journey on a landing page which in a nutshell describes what the website has to offer by showing:

- top navigation with four simple menu tabs and logo
- sliding carousel component representing active exercises
- scrolling down user is presented with motivational quotes and images anchored to particular pages
- footer consist of links to social media and contact information

Graphical representation of user journey:



Website color scheme:

Area	Color
Background	#007E7E, #FFFFFF
Logo	#D20000
Side banner	#FFD500
Text	#006767, #FFFFFF, #000000

Website font:

Font-family: Overlock SC

(Google fonts - <https://fonts.googleapis.com/css2?family=Overlock+SC&display=swap>)

CONCLUSION:

In this project I have learned how to create a website starting from a concept and finishing on a simple fully functioning website.

I have utilised my HTML, CSS and Bootstrap 4 knowledge gained while studying Nucamp - Bootstrap course.

The course allowed me to expand my understanding about building websites, conducting necessary research, troubleshoot problems, work with Git and Github, collaborate with others and pace my work accordingly.

That being said, this project still requires a lot of improvements due to a lack of thorough testing as well as responsiveness issues.

REFERENCES:

Tools:

1. <https://getbootstrap.com/>
2. <https://www.invisionapp.com/>
3. <http://paletton.com/>
4. <https://fontawesome.com/>
5. <https://codepen.io/>