

My Profile Explained

Risk-taking

Risk-taking can be an important aspect of decision-making, some of us are pretty risk averse, and only act on sure things, not keen to risk the potential of making the wrong decision. Others enjoy risk, whether it be the thrill of hedging a bet, being in physical danger or simply being out of their comfort zone.

Reward driven

Basic principles of psychology dictate that actions are driven by consequences, and if the consequence is rewarding, we are more likely to repeat the behaviour. However, not everyone values reward to the same extent. Some of us really go out of our way to get things that we want, and our choices are driven by rewarding consequences.

Tolerance of uncertainty

After experiencing the rollercoaster of the past 18 months, feelings of uncertainty is probably pretty familiar. We each have our own level of tolerance of uncertainty, some people are very comfortable with the unexpected, while for others, not knowing what the future holds can be really uncomfortable.

Emotion driven

Are you more reckless when you are feeling excited? Or perhaps when you're feeling particularly low, you always tend to get yourself into trouble, saying or doing the wrong thing. For some of us, our emotions play a key role in driving our behaviour. The more we understand how our emotions influence our behaviour, the better we can use this information to our advantage.

Persistence

Are you the type of person who will always finish a book or a TV show, even if you aren't enjoying it? and have a bunch of half read books / TV shows waiting to come back to. Persistence measures how much you like completing things, ticking off tasks and hate to stop. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt.

Act without thinking

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