
ESEOSA OBANOR

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PROFESSIONAL SUMMARY

Compassionate Care Assistant with comprehensive background with elderly patients in care home settings. Provides exceptional care demonstrating dedication to safe nursing practices for continued patient trust. Maintains excellent levels of patient care through kindness and commitment to safe working practices.

WORK HISTORY

Health Care Assistant/Support Worker, 02/2022 - Current

GSR Nursing

- Maintain up-to-date knowledge on latest care practices by attending regular meetings and training opportunities.
- Maintain high levels of patient morale, providing guidance and encouragement through physical and emotional support.
- Assist individuals with day-to-day activities while consistently encouraging independence and self-belief.
- Maintain optimal safety standards throughout client home and care environments, prioritizing risk reduction, health and hygiene.
- Monitor individual's physical and emotional wellbeing, promptly reporting changes and providing suggestions for care plan adjustments.
- Maintained confidentiality and compliance standards for optimized patient care.

Health Care Assistant, 04/2020 - 06/2021

Grosvenor Villas, Cedar Care Homes - Chester

- Empowered vulnerable individuals to retain maximum independence through targeted care.
- Maintained confidentiality and compliance standards for optimised patient care.
- Demonstrated consistent respect and privacy for care users, maintaining dignity irrespective of circumstance.
- Assisted in all aspects of personal care, retaining comfort and dignity.
- Completed care documentation and monitored patient progress to achieve up-to-date records.
- Charted daily observations, mobility activity and eating percentages to aid continued client assessment.

SKILLS

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| • Care plan management | • Disability care |
| • Patient safeguarding | • Mental health support |
| • Medication administration | • Computer Literate |
| • Safeguarding knowledge | • Effective Communication |
| • Elderly care | |