

What is Consent?

Sexual consent is an agreement to take part in a sexual activity.



Freely Given

Without pressure, manipulation, drugs or alcohol.



Reversible

You can change your mind at any time.



Informed

You must know and understand what will happen.



Enthusiastic

You must only do things if you want to.

Consent **must be given every time** you want to take part in a sexual activity, **even if you have done it before, or if you have done a different sexual act before.**

Ask for consent by saying:



Give consent by saying:



To give consent you must say **yes**. Not saying anything is not consent. Continuing to ask or pressure someone into sexual activity after they have said no is sexual coercion and it is illegal.



Sexual activity without consent is sexual assault, and sex without consent is rape.



Sexual activity without your consent is **illegal**. Experiencing it is **never your fault**, and there are people who can help you.

National GBV Command Centre : **'please call me' - *120*7867#**

Rape Crisis : **021 447 9762 (isiXhosa - 021 361 9085)**

www.kwanelesouthafrica.org