Abstract

In later years agile development methodologies have seen a steady growth. Agile approaches were originally developed for small-scale contexts to cover the increasing need for flexibility and the urge to be first-to-market with technology in constant change. The benefits witnessed in this small-scale adoption has got large organisations to open their eyes. Therefore, it has not been surprising to see large-scale software development projects opt for the use of agile methodologies. However, the research regarding agile development in a large-scale context is still scarce.

Another aspect that has seen an increasing focus in the later years has been coordination and coordination effectiveness, which are identified as important factors in software development and team performance.

These two aspects are combined and looked further into in this research study. The focus is on robust empirical studies performed on coordination in large-scale agile software development projects, as well as an exploratory case study carried out at a Norwegian large-scale agile software development project. The findings from this case study was then compared to previously published research and theory on coordination.

The main findings showed mainly similarities between existing studies and the research performed in this master thesis. The most prominent coordination mechanisms and aspects identified as having a positive effect on coordination and team performance were co-location, informal communication, presence of project management and owner, continuous change and improvement, mutual trust, and shared mental models. However, some dissimilarities were also present. The most noticeable of these were how informal communication arenas were existent to a large degree in the case project despite some previously conducted research concluding that such arenas should decrease when team and project size gets large.

Keywords: Large-scale; MTS; Multi-team systems; Coordination; Coordination Effectiveness; Agile; Software Development; Software Engineering; Scrum; Mutual Trust; Shared Mental Models; Co-location; Informal Communication; Continuous Change and Improvement; Presence from Management

Sammendrag

I senere år har smidig utviklingmetodikk sett en stadig vekst. Smidige tilnærminger var opprinnelig utviklet for små-skala kontekster for å dekke det økende behovet for fleksibilitet og trangen etter å være først ute på markedet med teknologier i konstant forandring. Fordelene identifisert i små-skala smidig utvikling har åpnet øynene til større organisasjoner. Derfor har det ikke vært overraskende å se at stor-skala smidige programvareutviklingsprosjekter velger å gå for smidig utviklingmetodikk. Likevel viser det seg at forskning innenfor smidige utviklingmetodikker innenfor en stor-skala kontekst er mangelfull.

Et annet aspekt som har sett et økende fokus i de senere årene har vært koordinering og koordineringeffektivitet, som er identifisert som viktige faktorer i programvareutvikling og oppnåelse av teamprestasjoner.

Disse to aspektene er kombinert og videre forsket på i dette forskningstudiet. Fokuset vil være på solide empiriske studier tidligere utført på koordinering i stor-skala smidig programvareutviklingsprosjekter, i tillegg til en utforskende case-studie ved et norsk stor-skala smidig programvareutviklingsprosjekt. Funnene fra denne case-studien vil bli sammenlignet med funn fra tidligere publisert arbeid og teori på koordinering.

Hovedfunnene viste hovedsakelig likheter mellom eksisterende studier og arbeidet utført i denne masteroppgaven. De mest fremtredende koordineringmekanismene og aspektene identifisert til å ha en positiv effekt på koordinering og teamprestasjonnivå var samlokalisering, uformell kommunikasjon, tilstedeværelse fra prosjektledelse og prosjekteier, kontinuerlig endring og forbedring, gjensidig tillit, og felles mentale modeller. Det var derimot noen ulikheter i forhold til eksisterende studier tilstede. Den mest synlige av disse var hvorfor uformelle kommunikasjonarenaer var i stor grad eksisterende i case-prosjektet, selv om noe tidligere litteratur og forskning hadde konkludert med at slike arenaer skulle minke i bruk når team- og prosjektstørrelse ble stor.

Nøkkelord: Stor-skala; MTS; Multi-team-systemer; Koordinering; Koordineringeffektivitet; Smidig; Programvareutvikling; Systemutvikling; Scrum; Gjensidig Tillit; Felles Mentale Modeller; Samlokalisering; Uformell Kommunikasjon; Kontinuerlig Endring og Forbedring; Tilstedeværelse fra Ledelse

Preface

I am now fulfilling my last year on a master degree in computer science where I specialise in software, or more specifically, software systems. I was introduced to agile development methodologies through different subjects at the "Norwegian University of Science and Technology", NTNU, and also got hands-on experience working with Scrum in a subject called "TDT4290 - Customer Driven Project". This subject in particular sparked my interest in agile development methodologies and the new ways of handling work and project organisation. After a summer internship with EY (formerly known as Ernst&Young) I got more intrigued with how communication and coordination was handled in real life business and IT projects. Therefore, my previous experiences led to a motivation in exploring the combination of agile development and coordination.

The work performed in this master thesis is carried out to give an insight in the field of coordination in large-scale agile software development projects. I hope that the research performed will be beneficial for other research as the topic at hand is still scarcely studied.

I would like to use this opportunity to thank Torgeir Dingsøyr for his support, assistance and knowledge throughout the research project as the supervisor. I would also like to thank NTNU for giving me the opportunity to experiment with ideas within the boundaries of the research project, and letting me acquire interesting knowledge for the future.

Trondheim, June 19, 2015	
Espen Andreassen	

Contents

I Introduction and Theory

1	Intr	roduction	1
	1.1	Motivation	2
	1.2	Problem Description and Background	2
	1.3	Scope, Limitations and Acknowledgement	3
	1.4	Target Audience	4
	1.5	Report Outline	5
2	The	eory	7
	2.1	Software Development Methodologies	8
	2.2	Coordination	15
	2.3	Large-scale	22
	2.4	Multiteam Systems	23
	2.5	Efficiency, Effectiveness, Productivity and Performance in Coordination $.$	29
	2.6	Shared Mental Models	34
	2.7	Mutual Trust	35
II	R	esearch Methodology	39
3	Me	thod	41
	3.1	Literature Review	42
	2 9	Pagarah Mathad	11

ΙΙ	I I	Results and Evaluation	49
4	Res	m ults	51
	4.1	Clarification	52
	4.2	Overview of the Omega-project	52
	4.3	Coordination Arenas and Important Aspects	59
5	Disc	cussion	83
	5.1	Research Question	84
	5.2	Evaluation of the Study	90
IV	/ (Conclusion and the Road Forward	91
6	Cor	nclusion	93
	6.1	Research Question	94
7	Fut	ure Work	97
	7.1	Suggestions for Future Research Focus	98
Re	efere	nces	i
\mathbf{V}	A	ppendices	
\mathbf{A}	Inte	erview Guide	I
В	Nor	n Disclosure Agreement (NDA)	III

List of Figures

2.1	The Waterfall model	9
2.2	The Scrum cycle	11
2.3	Different strategies for distributed Scrum teams	12
2.4	A theory of coordination in agile software development projects	18
2.5	A model of multiteam system effectiveness	27
2.6	Components of coordination effectiveness from Strode et al. (2011)	30
2.7	Agile team productivity conceptual framework	31
2.8	Graphical representation of the "Big Five" and supporting coordination mechanisms	37
4.1	Main project releases in Omega	53
4.2	Project execution model	53
4.3	Omega-project's organisation	54
4.4	Initial development process.	56

List of Tables

2.1	Comparison of Scrum, Kanban and Scrumban [1]	14
2.2	A taxonomy of scale of agile software development projects	22
2.3	Dimensions of multi-team system (MTS) characteristics	28
2.4	Impact of geographical dispersion on performance	32
2.5	Summary of the distribution of suggestions over teamwork components	33
2.6	Sub-components identified of closed-loop communication with their respective performance items	33
2.7	Summary of impacts identified in the studies	34
3.1	Databases used in the literature review	43
3.2	Search words used in the literature review	43
3.3	Participants in focus groups	46
4.1	Team roles present in Scrum teams	57
4.2	Overview of the Omega-project in a MTS fashion	58
4.3	Coordination mechanisms used across the whole Omega-project	62
4.4	Coordination mechanisms used across teams within the specific organisations (Alpha, Beta and Gamma) in the Omega-project	64
4.5	Other coordination mechanisms and important aspects	67
6.1	Summary of identified impacts on coordination and performance	96

Part I Introduction and Theory

Chapter 1

Introduction

		1		1 -
\mathbf{C}	nr	1 T. 6	ınد	T.S

1.1	Motivation	2
1.2	Problem Description and Background	2
1.3	Scope, Limitations and Acknowledgement	3
1.4	Target Audience	4
1.5	Report Outline	5

The introduction chapter takes a closer look at the motivation behind the performing such a study. It also highlights the concrete problem description and the background for this description, as well as the research questions at hand. Afterwards, a closer look at the scope and limitations of the research project is performed, as well as putting focus on the target audience of the master thesis. Ending the chapter is a section giving a closer look at the report outline.

1.1 Motivation

In 2007 an article on the future of socio-technical coordination in global software engineering was published by James D. Herbsleb [2]. In this work he gathered previous research carried out on the area of coordination and looked at where future studies could focus their attention. It is interesting to notice that already at such an early stage focus on coordination and effective coordination mechanisms in global projects were present. In his research he highlighted that there was a pressing need for deeper understanding of which kind of coordination that will be required in the globalisation witnessed, and which effect this will have on the business world. This article was one of the main motivators for the master thesis.

Organisations and companies around the world are in a transformation phase with a lot of them transitioning from traditional development methodologies to agile approaches. An example is SAP AG moving from a waterfall-like approach to the introduction of Scrum and a lean development style in a large-scale context. From this transition experiences were extracted. A lot of these experiences focused on the complexity of managing multiteam development when scaling Scrum [3]. This highlights and motivates the need for focus to be directed towards coordination, collaboration and communication studies in such large-scale agile software development.

As will also be seen in this master thesis the large-scale agile development world is not only present globally, but has slowly taken place at a domestic domain as well. This further shows the topical and relevant nature of the study. The master thesis was in that sense made even more interesting for the researcher because of the case company and project taking place in Norway.

1.2 Problem Description and Background

Since the introduction of agile development methodologies their usage have seen a steady growth. This has led to an increasing need for studies that reflect on the consequences and different aspects following the paradigm shift. One of these aspects is how coordination is handled [4–7]. At the International Conference on Agile Software Development (XP2013) "Inter-team coordination" was voted the number one burning topic in large-scale agile software development, with "Large project organization" coming in second [8]. In the latest years there has evidentially been an increase in companies and organisations performing development through agile development methodologies in large-scale projects [8–14], but the effects have not been well-documented [9, 15–19]. In the study this topic will be highlighted with the focus on coordination in large-scale agile projects. Theory, literature and models from the Software-field will be used and compared to other fields to see which changes and similarities the paradigm shift has brought forth (theories and literature from large-scale will be used where this is available). Below the research questions are outlined:

Which similarities and dissimilarities in inter-team coordination can be found between current literature on large-scale/MTS projects, and a large-scale agile software development project in practice? And which aspects and mechanisms were identified as important for this inter-team coordination, as well as for general team performance?

The purpose of the study and the planned master thesis will therefore be a combination of "To add to the body of knowledge", "To solve a problem", "To find the evidence to inform practice", "To develop a greater understanding of people and their world" and "To contribute to other people's well-being" [20].

While research in small-scale agile software development is starting to get a good track record [9, 17], there is a clear gap in the research surrounding coordination in large-scale agile software development [8, 9, 15], and large-scale agile software development in general [16, 17]. Therefore, this master thesis will contribute in filling parts of the gap. This will involve "An exploration of a topic, area or field", as well as "An in-depth study of a particular situation" in the case study [20].

As stated above, small-scale agile software development research is starting to get a good track record with successful findings. Because of these findings large organisations have been interested in adopting the benefits agile software development has shown over traditional development methods [4,9–11]. The assumption that agile methodologies will deliver the same benefits when scaled to larger organisations and projects is therefore an interesting topic.

The combination of filling the gap and looking at the aforementioned assumption will be the pillars in the research outcomes.

1.3 Scope, Limitations and Acknowledgement

As time constraints were put on the master thesis it was obvious that some attention had to be aimed towards the scope of the report and the limitations this would imply. As mentioned in the previous section 1.2 large-scale agile projects, and agile projects in general, are growing in numbers. With this growth a lot of questions and interesting research problems arise. It is therefore important to specify that this particular master thesis only aims to cover the described research questions: "Which similarities and dissimilarities in inter-team coordination can be found between current literature on large-scale/MTS projects, and a large-scale agile software development project in practice? And which aspects and mechanisms were identified as important for this inter-team coordination, as well as for general team performance?".

Further, the research project does not aspire to introduce a brand new theory regarding

the combination of large-scale, agile software development, coordination and effectiveness. The objective is to find and categorise research performed concerning the combination of these themes and look for common conclusions in their findings, as well as identifying and calling attention to clear gaps that need to be filled in the research field. After this empirical review has been conducted the findings will be compared to a real life case project carried out at a large-scale agile software development project in Norway.

To give some insight and a clearer picture of the study, theory from agile software development, coordination and large-scale will be presented. Findings from a literature review will also be given on the combination of the aforementioned themes. It is important to note that the focus on coordination will primarily be on coordination across teams and not on coordination within these teams.

It is important to acknowledge that some of the work gathered and used in this master thesis was carried out in a preliminary study by the researcher [21]. Some of this work is included in different chapters, e.g., the theory chapter. Also some of this work has been rewritten or made more thorough and elaborated.

Lastly, the research study will not focus on frameworks and electronic tools suggested to support the large-scale agile processes. In this study the focus will rather be aimed towards robust empirical studies performed on the research area of coordination in a large-scale context, as well as the interviews performed with all involved organisations of the Omega-project.

1.4 Target Audience

It is important to have an audience in mind when researching and publishing a work. In this particular master thesis the main effort has been on three types of audiences:

- Researchers from the coordination and agile field could find such a research interesting because of the small pool of research articles available on similar work.
- **Practitioners** working with or adopting agile methodologies in a large-scale context might find such a study interesting because it could give insight to possible pitfalls and benefits.
- Computer science students could possible find such a work interesting because most of the textbooks and research in general on agile software methodologies and development has only included small-scale projects. It could also give insight to how work is performed in real life projects, and not only how the textbooks describe it.

1.5 Report Outline

- Chapter 1: Introduction contains a brief and general introduction to the study at hand and the motivation behind it.
- Chapter 2: Theory looks at important aspects of the research question, namely software development methodologies, coordination and coordination mechanisms, large-scale and multi-team systems, and performance in coordination.
- Chapter 3: Method explains how the literature review was carried out throughout the research project, as well as describing the research method performed to realise the study.
- Chapter 4: Results gives an overview of the Omega-project, and takes a closer look at findings from the case interviews performed at the different sub-projects.
- Chapter 5: Discussion contains a summarised look at the findings from the results chapter, and connects these to the research question.
- Chapter 6: Conclusion carries out a summary of the most paramount points of the results and discussion chapters.
- Chapter 7: Future Work outlines possible routes to take in the research field on interteam coordination.

Chapter 2

Theory

Cont	tents
\sim	

2.1	2.1 Software Development Methodologies		
	2.1.1	Traditional Software Development	8
	2.1.2	Agile Software Development	9
2.2	Coo	rdination	15
	2.2.1	Malone and Crowston's Coordination Theory	16
	2.2.2	Mintzberg's Coordination Mechanisms	16
	2.2.3	Strode's Theoretical Model of Coordination	17
	2.2.4	Coordination in Large-scale	21
2.3	Larg	ge-scale	22
2.4	Mul	titeam Systems	23
	2.4.1	MTS Characteristics	24
2.5	Effic	eiency, Effectiveness, Productivity and Performance in	
	Coo	rdination	29
	2.5.1	Strode's Coordination Effectiveness	29
	2.5.2	Some Studies on the Field	30
2.6	Shar	ed Mental Models	34
2.7	Mut	ual Trust	35

In this chapter theory and literature relevant to the study is presented. It starts of with an introduction of both traditional and agile software development methodologies, with the main focus on Scrum. Afterwards a shift towards coordination is taken. Some well-known literature is looked at, for example Malone and Crowston's coordination theory and Mintzberg's coordination mechanisms. Further, to put the study into context, a definition of large-scale is given and the reader is introduced to a general overview of multi-team systems. Moving on a look at different aspects of effectiveness in team coordination are introduced. To end the chapter two important coordination mechanisms and aspects are highlighted, namely mutual trust and shared mental models.

2.1 Software Development Methodologies

The term software development methodologies has been around for quite some time now. These methodologies are frameworks for accomplishing a well-structured development process. In this section a brief introduction to the most prominent methodologies will be carried out. It will start with a quick look at the traditional software development, before ending with a presentation of the new and agile way of thinking. The main focus (on agile software development) will be on Scrum as this is the methodology found in most of the literature gathered from the literature review, but also some other methodologies and mechanisms are described, e.g., Kanban, Scrumban and pair programming.

2.1.1 Traditional Software Development

Traditional software development methodologies have a distinct pattern. This pattern is sometimes called software development life cycle (SDLC) methodologies which is often found in system engineering. These "life cycles" are in contrast to the "iteration"-approach found in agile methodologies, such as Scrum. The most well-known of these traditional software development methodologies is Waterfall discussed further below.

Waterfall

The Waterfall methodology is one of the classic development models. It was first described in a paper by W. W. Royce in 1970 [22]. The model was not yet named in this paper, which it received later mostly due to its iconic structure (as shown in figure 2.1).

In the aforementioned paper, it is suggested that all software development models tend to go through two distinct phases: Analysis and Coding. The author argues that it is not possible to write a software project without having a somewhat deep understanding of the underlying problems that it needs to solve. Therefore an analysis phase will always be required in advance of writing the program itself. However, he also mentions that such a simple model is only suitable for programs that are completed in a matter of days. Larger software projects require an extended number of steps.

For larger projects, the following steps are suggested:

- 1. **System and Software Requirements:** The customer is involved with the specification of the scope and requirements of the system. The resulting documentation serves as a foundation to the next stages of development.
- 2. Analysis and Program Design: The requirements produced in the previous stage are used to create a system plan and various design documents.
- 3. Coding and Testing: The actual implementation of the project. This also involves continuously testing on various levels (for example unit and integration).

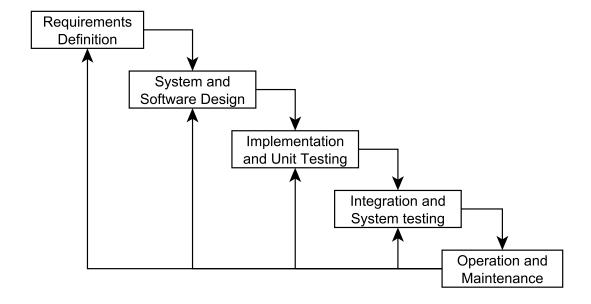


Figure 2.1: The Waterfall model.

4. **Operation and Maintenance:** Once the project has been completed, it has to be maintained during its usage. In addition to improving the program in various ways, this may also involve the inclusion of extra features if the customer so desires. These features can in themselves use the Waterfall model.

The model initially suggested by W. W. Royce discusses a linear model in which each of the aforementioned stages are used as distinct steps in the development process. Each stage is required to be completed before the next is started. This may be a sound premise in theory, but as suggested in the paper it is likely to fail in practice. The argument used is that often during development, unforeseen problems in the design are encountered. The linear model does not allow for a return to a previous stage in development. Hence, it does not allow for changes in the design that could potentially resolve such problems.

Therefore, an alternative model is suggested that allows for the process to return to earlier stages if necessary. This may not be an ideal solution either, but it does allow for encountered problems to be addressed during development.

2.1.2 Agile Software Development

As can be seen from the ending of the Waterfall-section there were doubts about its applicability already at an early stage. With the advancement of business needs and customer involvement something had to change. This opened the door for the introduction of a new software development methodology, namely agile software development. This new way of thinking tries to deal with collaboration in a way that promotes adaptive planning, early delivery and continuous improvement, making the development phase faster and more flexible regarding changes [23].

Scrum

In this section an introduction to one of the most popular agile software development methodologies will be carried out, namely Scrum. This is based mainly on Abrahamsson, Salo, Ronkainen and Warsta's publication on agile methods [23]. In VersionOne's "7th Annual State of Agile Development Survey" Scrum or Scrum variants had a quoted 72% usage making it by far the most popular agile methodology in the survey [10].

Scrum is an iterative and incremental software development model (as shown in figure 2.2). It has come forth from the realisation that development methods that were common at the time of its introduction worked well in theory but did not in practice. These methods, Waterfall included, were designed to provide a structured and well-defined development process [24].

The agile software development processes, like Scrum, are part of a recent approach to software development. The idea with Scrum in particular is to divide the development into short periods called "sprints". This is done to focus effort for a limited time on short-term goals. Iterating over these goals allows the process to adapt the development plan based on progress but also to address any design problems that arise.

In short, the team concentrates on isolated parts, and through this prioritises on the most important tasks of the project first. The time span of a sprint is typically between one and four weeks long.

In order to implement the requirements step by step and in an orderly fashion, a repository is kept containing the features that have yet to be implemented. This repository is called the "product backlog". During development, the requirements could change over time. Therefore the product backlog is not static; it changes to the needs of the project with new topics being added, and obsolete ones being removed. The items from the backlog that a team works on during a sprint is called the "sprint backlog".

Meetings are also a key part of Scrum. There are several different types of meetings: sprint planning meeting, daily scrum meeting, backlog refinement, end of cycle and Scrum-of-Scrums. The sprint planning meeting is held at the beginning of each sprint cycle. Here the focus is on what work is to be done, and the sprint backlog for the coming sprint cycle is set. The daily scrum meeting, also called the daily stand-up, is a daily encounter (15 minutes) where each member of the project team answer these three questions:

- 1. What have you done since yesterday?
- 2. What are you planning to do today?
- 3. Are there any impediments in your way?

Further, there is the backlog refinement, also called "grooming". This is where tasks are created, large tasks are decomposed into smaller ones, tasks are prioritised, and the existing tasks are sized in the product backlog. Backlog refinement is often split into two meetings. In the first meeting the product owner and other stakeholders create and

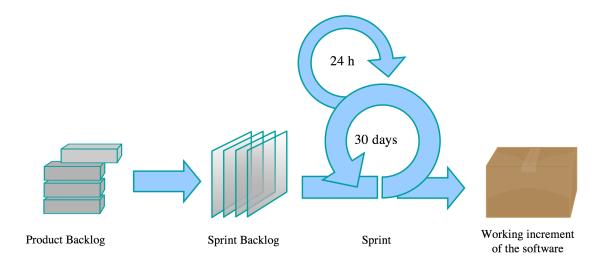


Figure 2.2: The Scrum cycle.

refine stories in the backlog. In the second meeting the project team sizes the tasks in the backlog to make them ready for the next sprint. Planning poker is an example of how this can be carried out.

The last listed meeting occurs at the end of each cycle, and is therefore called end of cycle (meeting). This is actually two meetings: a sprint review meeting and a sprint retrospective. At the sprint review meeting the work that is completed and yet to be finished is reviewed. The completed work is also presented for the stakeholders, often called "the demo". At the sprint retrospective all members reflect on the past sprint. Two main questions are answered:

- 1. What went well during the sprint?
- 2. What could be improved in the next sprint?

The Scrum team usually consists of five to nine members. It is important to note that Scrum teams do not use traditional roles such as programmer, tester, designer or architect. Instead the main goal for the Scrum team is to collectively complete the tasks within the sprint.

To end the section a look at Scrum-of-Scrums is carried out. This will be a natural shift towards the upcoming topic of "coordination" because Scrum-of-Scrums are used as the coordination mechanism across teams in the Scrum methodology. It works as the daily scrums (though usually implemented on a weekly basis because of time constraints and the complexity to find common times for all teams), but with one member assigned from each Scrum team to report completions, next steps and impediments for their respective teams. It is important that these impediments focus on the challenges that may impact coordination across teams and might limit other teams' work. The Scrum-of-Scrums will have their own backlog aiming to improve the cross-team coordination [25]. Below the suggested questions for the SoS meetings are listed [26]:

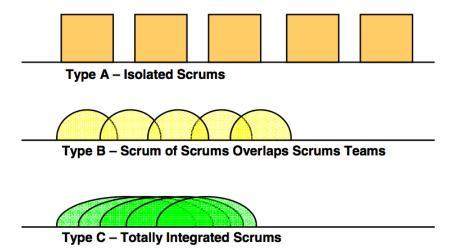


Figure 2.3: Different strategies for distributed Scrum teams.

- 1. What did your team do since the previous meeting that is relevant to some other team?
- 2. What will your team do by the next meeting that is relevant to other teams?
- 3. What obstacles does your team have that affect other teams or require help from them?
- 4. Are you about to put something in another team's way?

Takeuchi et al. identified three strategies for distributed Scrum teams. The first type is isolated Scrum teams where teams operate as silos and no collaboration across teams is performed violating the agile principles. The second type is Scrum-of-Scrums which means overlapping Scrum teams. Here teams coordination, communicate and collaborate across teams through SoS meetings with participants from each team involved. Lastly, totally integrated Scrum teams are suggested. In this type teams are fully distributed and each team has members located at several sites. This approach creates similar characteristics as co-location. Type B is what is most common when several Scrum teams work together. The different types are visualised in figure 2.3 [27].

Kanban and Scrumban

Kanban is a logistic control system that is closely related to lean software development. The word "Kanban" comes from two Japanese words: "kan" meaning visual and "ban" meaning board. The system was developed by Taiichi Ohno, an industrial engineer at Toyota. The reasoning behind developing this new system was to achieve and maintain a high level of production [28].

Cocco et al. [29] described Kanban as the process of breaking down work to work items which are descriptions on cards (often post-it notes). These cards are then made visible for the entire team on a board. The board is used to show the flow of work within the

team (or project). The high visibility comes from the cards and board showing which tasks are assigned to which member, shows communication priorities, and highlights possible obstacles. An important feature of the Kanban method is to minimize Work in Progress (WIP) by reducing the amount of work items (cards) being developed at a time. This is done so the developers and customer can focus on smaller amounts of work, and should lead to an optimised process, as well as a reduced lead time. Compared to the Scrum methodology, Kanban (being a lean method) is able to release new futures more constantly, and not only at the end of each sprint iteration. Scrum is not able to change the requirements and direction of development in the middle of a sprint iteration, which Kanban can.

To get a more simplistic explanation of how the Kanban methodology works a standard work flow example is described: If a developer start on a task he moves this task from the "work to be done" section into the so-called "work in progress" column of the Kanban board. If there for some reason is a dependence towards other's work this particular work has to be moved to the "on hold" or "waiting" section of the board until the dependency is solved. After a task is completed it is moved into the final section of the board called the "completed" section. Teams also often use different colours to express the priority of the task, and tasks are often allocated to some specific part of the development, e.g., development, test etc.

In later years a new approach has slowly surfaced which combines the Scrum and Kanban practices. This new methodology has been coined "Scrumban" (also referred to as "Scrumban" and "Scrum ban") [30]. The reasoning behind the evolution of this new methodology was that some practitioners felt that Scrum and Kanban did not fit all aspects of their work on their own with Scrum being too strict for constant change and releases (fast paced environments), and Kanban not being structured enough. The combination of the two methodologies is supposed to create a practice that fits a fast paced development environment [1]. To get a better overview of the differences between Scrum, Kanban and Scrumban table 2.1 is included.

	Scrum	Kanban	Scrumban
Iterations	1-4 week sprints	Continuous work	Continuous work
		alongside releases	with short cycles for
		shorter than one	planning and longer
		week or bigger itera-	cycles for release
		tions like goals	
Work rou-	Push and pull princi-	Pull principle with	Pull principle with
tines	ple mixed with early	late binding to team	late binding to team
	binding to team mem-	members	members
	bers		
Scope limits	Sprint limits total	Work in progress	Work in progress
	work amount	limits current work	limits current work
		amount	amount
	Continued on the next page.		

Table 2.1 – continued from previous page

	Scrum	Kanban	Scrumban
Planning	Sprint planning	Release/iteration	Planning on demand
routines		planning, demand	for new tasks
		planning	
Estimation	Must be done before	Optional	Optional
	start of sprint	•	•
Performance	Burndown	Cumulative flow dia-	Average cycle time
metrics		gram, lead time cycle	, v
		time	
Continuous	Sprint retrospective	Optional	Short Kaizen (contin-
improve-	-	_	uous improvement)
ment			event as an option
Meetings	Sprint planning, daily	Can be avoided	Short Kaizen event
	scrum, retrospective		
Roles	Product owner,	Team and other work	Team and other work
	Scrum master, team	specific roles	specific roles
Team mem-	Cross-functional	Cross-functional	Specialization or pref-
bers	team members	team members, spe-	erence to tasks
		cialization is allowed	
Task size	The size that can be	Any size	Any size
	completed in sprint		
New items	Forbidden	Allowed whenever	Allowed whenever
in iteration		queue allows it	queue allows it
Ownership	Owned by a team	Supports multiple	Supports multiple
		teams ownership	teams ownership
Board	Defined/reset each	Persistent	Persistent
	sprint		
Prioritization	Through backlog	Optional	Recommended on
			each planning
Roles	Scrum master, prod-	Not defined, may vary	Not defined, may vary
	uct owner, team		
Rules	Constrained process	Only a few con-	Slightly constrained
		straints, flexible	process
74. 0		process	
Fit for	Enterprise maturity	Support and mainte-	Startups, fast-pace
	for teams working on	nance teams, continu-	projects, continuous
	product or especially	ous product manufac-	product manufactur-
	project which is	turing	ing
	longer than a year		

Table 2.1: Comparison of Scrum, Kanban and Scrumban [1].

Pair programming

Pair programming is a common practice in software development where two developers work side-by-side on the same computer, continuously collaborating and communicating on the same code. The thought behind the practice is to realise several potential benefits, such as:

- Production speed is faster in the long-term, and the pair comes up with a larger amount of possible solutions than two developers working individually [31]. This is called the "pair programming advantage" [32].
- Code and general design quality is a lot higher (fewer bugs and defects) [31]. This is called the "pair defect advantage" [32].
- Better job-satisfaction working in pairs than alone [31].
- Pair programming increases learning as knowledge is constantly shared between the two programmers [31].
- As developers are so tightly coupled in pair programming the team-building and communication improves [31].

There are three possible types of pairings in pair programming. These are explained below with their potential benefits and drawbacks:

- Senior-Senior: With two experts conducting the pair programming together this would in theory be the most productive pairing leading to the best results, however, such a pairing has shown to often cause problems as the seniors are less likely to question established practices [33].
- Senior-Junior: With a combination of both a senior and a junior developer often new ideas and solution surface as the junior programmer is more likely to question established practices, also leading to senior developers having to think through these practices. It is however important that the junior developer does not take an observer role, but is involved in the coding with the expert [34].
- **Junior-Junior:** The last pairing has two novice developers collaborating. Results have shown that two junior programmers working together yield better results than the two junior developers working separately, and is often used in academic settings [31].

2.2 Coordination

This section takes a look at different publications on coordination. It starts of with Malone and Crowston's well-known coordination theory. Moving on it takes a closer

look at Mintzberg's coordination mechanisms. After this has been described Strode's theoretical model of coordination is outlined. Ending the chapter is a brief look at the complexity factors introduced with a large-scale context in coordination.

2.2.1 Malone and Crowston's Coordination Theory

One of the most well-known papers on coordination theory was published by Malone and Crowston in 1990 and further redefined in 1994 (the focus will be on this paper) [35]. Their study spanned different fields and can therefore be seen as an interdisciplinary coordination study. They listed an extensive amount of different definitions of coordination, and through these proposed definitions come up with a rather simple definition:

Coordination is managing dependencies between activities.

These dependencies can occur when some task has to be postponed or extended because of its connection to another task, resource or unit. Their theory is based on a combination of coordination from several different disciplines such as computer science, organization theory, operations research, economics, linguistics, and psychology. They state that coordination consists of one or more coordination mechanisms, and that each of these address one or more dependencies.

While Strode et al. acknowledges their coordination theory as very useful for identifying these so-called dependencies, categorising them, and identifying coordination mechanisms in a situation, they conclude that it is only a theory for analysis and not intended to be used for prediction. Despite this being true, and the coordination theory not being suitable for predicting outcomes such as coordination effectiveness, their theory adds important information for better understanding of how activities or artefacts support coordination in organisational settings [36].

2.2.2 Mintzberg's Coordination Mechanisms

Around the 1980s Mintzberg performed a well-known studies on organisational structures focusing on the division of labour into tasks to be carried out, and the coordination of these tasks to complete the activities at hand [37]. With this research six coordination mechanisms were identified in which organisations can coordinate their work:

- In **direct supervision** there is typically one person, e.g., a manager, giving orders to other members and with that coordinating their work.
- In the standardisation of work processes coordination of the work happens through standards such as guidelines, orders, rules and regulations.

- In the **standardisation of outputs** the work is coordinated by performance standard measures of the outputs of the work.
- In the **standardisation of skills** coordination happens through standardisation of skills and knowledge, typically before the personnel starts performing the work.
- In the **standardisation of norms** it is the norms that are used to coordinate, meaning all members operate according to the same beliefs.
- In **mutual adjustment** the members coordinate their own work by informal communication with each other.

For agile software development it is in particular the mutual adjustment mechanism and standardisation of norms (shared mental models) that are present. Because of their nature they are well suited for complex, dynamic and innovative environments. With the large focus on rapid and continuous delivery the use of informal communication arenas and achieving shared mental models are to a great degree existent in agile software development.

2.2.3 Strode's Theoretical Model of Coordination

Strode et al. performed a multi-case study on three different co-located agile projects in 2012 [36]. From these projects the findings led to a theoretical model of coordination that will be outlined in this section. It is important to note that these projects were not large-scale.

From these case studies three main components for the theoretical model were extracted: Synchronisation, Structure and Boundary Spanning. These components combine to what is called the "Coordination Strategy". Coordination strategy is in this context a group of coordination mechanisms that manage dependencies in a situation. The theoretical model of coordination can be seen in figure 2.4. Below the three main components will be explained in more detail:

Synchronisation

Synchronisation in this context consists of synchronisation activities and synchronisation artefacts produced and used during these activities. Synchronisation activities are activities performed by all team members simultaneously. They contribute to a common understanding of the task, process, and or expertise of other team members. Synchronisation artefacts on the other hand are artefacts that are generated during synchronisation activities. These artefacts may be visible for the entire team or largely invisible but available. The artefacts can take a physical or virtual form, and are temporary or permanent.

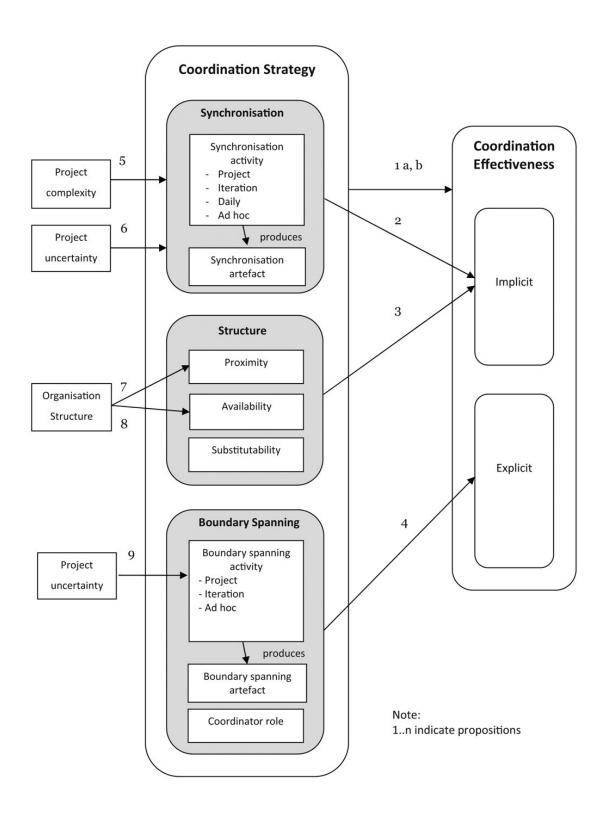


Figure 2.4: A theory of coordination in agile software development projects.

Structure

Structure in this model is the arrangement of, and relations between, the parts of something complex. It consists of three categories: proximity, availability and substitutability. Proximity is the physical closeness of other (individual) team members. Availability means that other team members are accessible for requests or information. Lastly, substitutability has to do with the team members ability to perform others' work to maintain time schedules.

Boundary Spanning

The last component of the coordination strategy is boundary spanning. Boundary spanning has to do with the interaction with other organisations or other business units that are not involved in the project. It consists of three aspects: boundary spanning activities, boundary spanning artefacts and a coordinator role. Boundary spanning activities are activities performed to achieve help from some unit or organisation not involved in the project. The boundary spanning artefacts are artefacts produced to enable this external coordination. These artefacts have the same characteristics as synchronisation artefacts. Lastly, the coordinator role is a role taken by someone within the project team. His or her role is to support interaction to outside personnel to extract resources or information needed in the project at hand.

Coordination Effectiveness

There is another important part of the theoretical model of coordination, namely the coordination effectiveness concept. This concept will be further explained in section 2.5 that takes a look at coordination effectiveness.

Propositions

There are in total ten propositions (Proposition 1 has two parts) linking the coordination concepts in Strode's theoretical coordination model presented in figure 2.4. These are outlined below:

Proposition 1a: A coordination strategy that includes synchronisation and structure coordination mechanisms improves project coordination effectiveness when the customer is included in the project team. Synchronisation activities and associated artefacts are required at all frequencies – project, iteration, daily, and ad hoc.

Proposition 1b: A coordination strategy that includes synchronisation, structure, and boundary spanning coordination mechanisms improves project coordination effectiveness when the customer is an external party to the project. Synchronisation activities and associated artefacts are required at all frequencies – project, iteration, daily, and ad hoc. Boundary spanning activities and associated artefacts are required at all frequencies – project, iteration, and ad hoc.

Proposition 2: Synchronisation activities at all frequencies – project, iteration, daily, and ad hoc, along with their associated synchronisation artefacts, increase implicit coordination effectiveness.

Proposition 3: Structural coordination mechanisms i.e. close proximity, high availability, and high substitutability, increase implicit coordination effectiveness.

Proposition 4: High levels of boundary spanning coordination mechanisms, i.e. boundary spanning activities at all frequencies – project, iteration, and ad hoc, their associated boundary spanning artefacts, and a coordinator role, increases explicit coordination effectiveness.

Proposition 5: Under conditions of high project complexity, increasing the frequency of iteration and ad hoc synchronisation activities will maintain coordination effectiveness. The production of related synchronisation artefacts must be adjusted accordingly.

Proposition 6: Under conditions of high project uncertainty, to maintain synchronisation activity frequency and production of associated artefacts, changing the priority of stories will maintain coordination effectiveness.

Proposition 7: A mono-project organisation structure enables close proximity relative to multi- or matrix structures.

Proposition 8: A mono-project organisation structure improves availability relative to multi- or matrix style structures.

Proposition 9: Under conditions of high project uncertainty, when the customer is not part of the team, increased boundary spanning coordination mechanisms will maintain coordination effectiveness. The production of related boundary spanning artefacts must be adjusted accordingly.

2.2.4 Coordination in Large-scale

This section takes a closer look at general studies performed on large-scale coordination and is not specifically focusing on software development. The section is added to highlight the introduction of complexity that a large-scale context brings with it.

Van der Ven et al. released an article in 1976 where they tried to identify determinants of coordination modes within organisations. They state that an increase in size will produce a trade-off between the increasing complexity and cost of coordination at the administrative level. From the research two different coordination forms are described, namely vertical and horizontal. The vertical communication includes coordination through curators, while the horizontal communication occurs by way of one-to-one communication.

Their findings show that when team size increases the coordination moves towards a more vertical and impersonal style [38]. This is backed up by John Child in a publication from 1973. Here he states that with a growing complexity level there is likely that administrative problems will occur regarding coordination and control [39].

2.3 Large-scale

Having looked at coordination in large-scale in section 2.2.4, what is actually this so-called "large-scale"? This was a topic brought up at a workshop regarding research challenges in large-scale agile software development where opinions regarding how large-scale should be defined varied a lot. Some suggestions were to define it through project duration, project cost, number of people involved, number of remote sites and/or number of teams [8]. This issue was further analysed by Dingsøyr, Fægri and Itkonen trying to work out a taxonomy of scale for agile software development. Their results are summarised in table 2.2 where the taxonomy of scale is based on the amount of teams involved in the development project [18].

Others have also discussed problems regarding large-scale. For example Schnitter and Mackert discuss the scaling of Scrum at SAP AG and concludes that in their case the maximum involved development employees that may be organised with regards to agile project management is 130 (This number sums up developers in 7 teams (max. 70 people), the product team (max. 16), development infrastructure responsible (about 10), quality assurance and testers (about 25), general management (about 10)) [3].

Another example is taken from Nord et al. defining large-scale by scope of the system, team size, and project duration. They say that the size of the development team must be more than 18 people and distributed into a few teams [40].

So the definition of a "large-scale agile project" used in this research will be:

Level	Number of teams	Coordination approaches
Small-scale	1	Coordinating the team can be done us-
		ing agile practices such as daily meet-
		ings, common planning, review and ret-
		rospective meetings.
Large-scale	2-9	Coordination of teams can be achieved
		in a new forum such as a Scrum of
		Scrums forum.
Very large-scale	10+	Several forums are needed for coordina-
		tion, such as multiple Scrum of Scrums.

Table 2.2: A taxonomy of scale of agile software development projects.

An agile project must consist of a minimum amount of two teams coordinating across the teams to be categorised as being large-scale.

2.4 Multiteam Systems

As mentioned earlier the work environments have become more challenging and complex in line with the growth of communication and information technology. This growth has led to the globalisation of organisational work. With the globalisation an increase in interconnectivity across organisational boundaries has become apparent. Because of this trend new questions and problems have surfaced. Unfortunately, these questions and problems have not been possible to adapt to traditional organisational forms. This has led to the introduction of new and different organisational forms, e.g., matrix and virtual organisations, and cross-functioning and ad hoc project teams. One of these new organisational forms focuses on projects where collaboration exists across traditional teams and organisational boundaries. This form does not resemble traditional organisations or large-scale teams, but can be seen as an aggregation that includes tightly coupled arrangement of teams, where the different teams may have noticeable different norms, expertise, missions, structures and operating procedures to the overall work. Mathieu, Marks, and Zaccaro [41] defined the organisations corresponding to the aforementioned form as multi-team systems (MTSs). Below their definition follows:

Two or more teams that interface directly and interdependently in response to environmental contingencies towards the accomplishment of collective goals. MTS boundaries are defined by virtue of the fact that all teams within the system, while pursuing different proximal goals, share at least one common distal goal; and in doing so exhibit input, process and outcome inter-dependence with at least one other team in the system [41].

From this definition it is easy to see similarities with so-called "large-scale" projects and organisations. Both large-scale projects' and multiteam systems' taxonomies look at the amount of teams involved, where the minimum number is two, but is typically larger than this number by a considerable margin. In both categories the teams have to be somewhat interconnected, and the organisational boundaries may be crossed, meaning teams can

reside in different organisations. Mathieu et al. [41] have therefore categorised MTSs into "internal MTSs" where the whole system or project is situated within an organisation, and "cross-boundary MTSs" where teams are located in different organisations, hence organisational boundaries have to be crossed to achieve collaboration.

One of the most distinguishing factors of multi-team systems is their focus on goal hierarchies. As mentioned above interdependencies are not only witnessed within teams, but also across them. From the definition of MTSs the teams have different proximal goals, but all share at least one distal goal. Mathieu et al. [41] define the feature of these goal hierarchies that are relatively common across different MTSs as:

- 1. MTS goal hierarchies have a minimum of two levels
- 2. Goals at higher levels entail greater interdependent actions among more component teams than goals at lower levels
- 3. The superordinate goal at the apex of the hierarchy rests on the accomplishment by component teams of all lower order goals
- 4. Higher order goals are likely to have a longer time horizon than lower order goals
- 5. Goals vary in their priority and valence

2.4.1 MTS Characteristics

Having looked at the features of multi-team systems the attention is shifted towards their attributes. These attributes are what separate different MTSs. The attributes are classified into three dimensions, compositional, linkage and development attributes, and will be presented in the following sections. Most of the theory in the coming sections is collected from a multi-team system book by Zaccaro et al. [42]. The different dimensions are summarised in table 2.3.

Compositional Attributes

In the compositional dimension several demographical features of the MTS and characteristics of component teams are looked at. In total there are ten attributes, and these will be outlined in this section. Regarding the magnitude of the MTSs two attributes are used. Firstly the "number" of component teams located within the MTS, and secondly the total "size" of the MTS, meaning the amount of individual members involved in the multi-team system.

Another compositional attribute that was earlier mentioned as a distinguishing factor is "boundary spanning". This attribute is concerned with where the different component teams originate from. If all component teams come from the same organisation it is an internal MTS, while if the component teams come from two or more organisations it is an external MTS. External MTSs are more complex and are more likely to run into task

and social complexity than its counterpart. In this context, social complexity refers to diversity, scale, scope, and dynamism of stakeholders in the MTS's environment [43,44]. There are two more attributes concerned with boundary spanning which are at a higher detail level. Firstly the "organisational diversity" looks at the total amount of organisations represented in the MTS. With a higher number of organisations the likelihood of a higher level of social complexity rises. Secondly the "proportional membership" outlines the percentage of teams from different organisations. With an unbalanced proportional membership there is a risk that the influence level will be greater from the organisation(s) with the highest amount of teams.

The sixth compositional attribute is concerned with how similar the different component teams' core task and goals are. This attribute is called "functional diversity". With an increase in this so-called functional diversity, problems may occur. Another important factor in MTSs is "geographic dispersion". There are three degrees of geographical dispersion, namely co-located, partially co-located, and fully dispersed. Some problems that have been witnessed in dispersed projects has been communication issues, coordination difficulties and trust building. Building on the geographic dispersion is an attribute called "cultural diversity". If teams are dispersed and the boundaries extend the national borderline this could lead to cultural clashes.

The ninth attribute in the compositional dimension is "motive structure". This attribute refers to the degree to which the different teams commit to the MTS, and how compatible and closely linked the team goals and the MTS goals are. A problem that can occur in the compositional attribute is that a team's proximal and/or distal goals are in conflict with the overall goals of the MTS leading to more complex inter-team processes. With an increase in incompatibility in goals between the MTS and the compositional team(s) this can lead to team members being less committed to the overall goal hierarchy of the multi-team system. Motive structure may also be associated with the last compositional attribute called "temporal orientation". Temporal orientation is concerned with the amount of resources dedicated to the MTS by each component team.

As can be seen the compositional attributes are important factors in inter-team dynamics within MTSs. Focus on team composition is important to keep the level of effectiveness high, as well as prohibiting evolution of subgroups.

Linkage Attributes

Moving on the focus is shifted towards the so-called linkage dimension. Linkage mechanisms and attributes are concerned with how teams are arranged and connected within a multi-team system. The first attribute is concerned with the amount of coordination between different component teams that is needed and is called "interdependence". The degree of interdependence will differ from different MTSs, but with an increasing interdependence the amount of inter-team processes necessary will increase to achieve high MTS effectiveness.

Two other linkage attributes that often correlate are "hierarchical arrangement" and "power distribution". Hierarchical arrangement focuses on how teams are organised within

the MTS with regards to their responsibility level of goal attainment. The more proximal goals the component team is involved with, the higher in the hierarchical arrangement they are. As for power distribution the focus is on the relative influence that component teams have within a multi-team system. Often the teams placed higher in the hierarchical arrangement, meaning they have more proximal goals, also have a bigger influence and power. Other factors that could lead to higher power can be team size, the team's functional centrality to the core mission of the MTS, and/or the parent organisations having assigned the team with authority. Both attributes will likely influence communication, interaction and collaboration between the component teams in a multi-team system.

Moving on to the forth and fifth linkage attributes the focus is shifted towards the communication structures of MTSs. Firstly "communication networks" refer to the most common interaction and communication patterns between and within component teams. These networks can be fully decentralised (everyone are interactive with everyone), fully centralised (everyone communicate to and through one single member of the MTS), and various patterns between these two boundary points. It is important to notice that the chosen communication network in a multi-team system will have a great impact on the task efficiency of the MTS. Lastly "communication modality" is concerned with which modes are used to communicate across component teams within a multi-team system. These can be, e.g., face-to-face interaction, electronic communication, or a mixture of the two. Often the degree of which modes are used is closely linked to the aforementioned compositional attribute called "geographic dispersion". With co-located teams preferring a higher amount of face-to-face communication.

Developmental Attributes

The last dimension of multi-team systems is the developmental dimension. Developmental attributes are concerned with the developmental dynamics and patterns of MTSs. The first attribute looks at how the MTS was put to life, its "genesis". The origin of MTSs can either occur through appointment from parent organisations, or they may emerge from collective initiative of several teams. The type of genesis can have an impact on different aspects of a MTS, e.g., the distal goal. Another developmental attribute is "direction of development" and looks at the direction the MTS takes from its origin. For example the MTS could have emerged from a specific event, but then move towards a more formalised entity as time passes. Another development path could be the MTS being formally planned in anticipation of a possible situation occurring, but when the event does occur actually evolve in membership and linkages.

Two other developmental attributes are "tenure" and "stage". The tenure attribute is concerned with the anticipated duration of the MTS, while the stage attribute looks at which particular stage of development the MTS is in. Starting as a newly formed multi-team system it will evolve through different phases to finally becoming a mature MTS. The stage of MTS development will often give a hint to the efficiency of the MTS's inter-team processes.

The last two developmental attributes together combine to the group term "transformation of system composition", meaning if there are changes to the composition as the MTSs

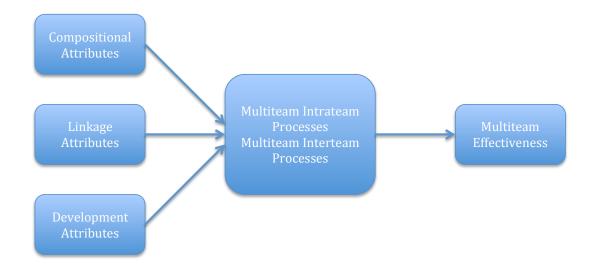


Figure 2.5: A model of multiteam system effectiveness.

develop and move through the different phases of development. The first of these focuses on "membership constancy" and refers to how constant or fluid the number of component teams are. Often in more complex and turbulent environments the amount of component teams may change over the course of the MTS's lifespan. Lastly "linkage constancy" is concerned with how the component teams are connected. The focus is on if these linkages between the component teams in a multi-team system is constant or if they change as the MTS progresses. Again the likelihood of fluidity in coordination structures between teams is higher when the MTS is located in more turbulent and dynamic environments.

In the above sections three dimensions of multi-team systems and their attributes have been presented. It is important to note how the different attributes can be factors in achieving effective MTSs and MTS processes. A simple model of MTS effectiveness is outlined in figure 2.5, where the attributes of the compositional, linkage and developmental dimensions can be seen as predecessors of different intra-team and inter-team processes. The effects of these attributes on the total effectiveness of the multi-team system would be arbitrated by these intra- and inter-team processes.

Dimension	Attribute	Explanation	
	Number	Number of component teams within the MTS	
	Size	Total number of individual members across	
		teams	
	Boundary status	Component teams come from single orga-	
Compositional		nization (internal) versus multiple organisa-	
		tions (external or cross-boundary)	
	Organisational diver-	In a cross-boundary MTS, the number of dif-	
	sity	ferent organisations represented among the	
		component teams	
	Continued on the n		

Table 2.3 – continued from previous page

Dimension	Attribute	Explanation		
	Proportional member-	In a cross-boundary MTS, the percentage of		
	ship	teams from different organisations		
	Functional diversity	Degree of heterogeneity in the core purposes		
		and missions of component teams		
	Geographic dispersion	Co-located or dispersed component teams		
	Cultural diversity	Degree to which component teams come from		
		different nations or cultures		
	Motive structure	Degree of commitment of each component		
		team to the MTS; the compatibility of team		
		goals and MTS goals		
	Temporal orientation	Level of effort and temporal resources ex-		
	-	pected of each component team		
	Interdependence	Degree of integrated coordination (e.g., in-		
	-	put, process, outcome) among members of		
Linkage		different component teams		
	Hierarchical arrange-	Ordering of teams according to levels of re-		
	ment	sponsibility		
	Power distribution	The relative influence of teams within the		
		MTS		
	Communication struc-	The typical patterns of inter-team communi-		
	ture: Network	cation		
	Communication struc-	The modes of communication (e.g., elec-		
	ture: Modality	tronic, face-to-face, or mixed) that occur		
		across component teams		
	Genesis	The initial formation of an MTS as either		
		appointed or emergent		
Developmental	Direction of develop-	From emergent to formalised; an evolution		
Developmentar	ment	from an early formal state		
	Tenure	The anticipated duration of the MTS		
	Stage	The stage of MTS development from newly		
		formed to mature		
	Transformation of	Fluidity versus constancy of component		
	system composi-	teams as members		
	tion: Membership			
	constancy			
	Transformation of	Fluidity versus constancy of linkages among		
	system composition:	component teams		
	Linkage constancy			

Table 2.3: Dimensions of multi-team system (MTS) characteristics.

2.5 Efficiency, Effectiveness, Productivity and Performance in Coordination

There has been released a good amount of papers regarding effectiveness, productivity and efficiency in project literature. Unfortunately research in this area that focuses on large-scale is scarce. Therefore, the work highlighted in this section will mainly be extracted from small-scale studies. To start the section of a closer look at the aforementioned study by Strode et al. [45] will be performed, before a summary of some different field studies on the matter will be carried out.

2.5.1 Strode's Coordination Effectiveness

Part of the theoretical model of coordination by Strode et al. seen in figure 2.4 is the so-called "coordination effectiveness". This concept was developed by Strode et al. in 2011 having used the same three agile projects discussed earlier, as well as a non-agile software development project as a foundation [45]. Coordination effectiveness is defined as the outcome of a particular coordination strategy. Coordination effectiveness is split into two components: an implicit and an explicit part.

The implicit part is concerned with coordination that occurs without explicit speech or message passing, this happens within work groups. It has five components: "Know why", "Know what is going on and when", "Know what to do and when", "Know who is doing what", and "Know who knows what". These aspects are pretty self-explanatory.

The explicit component on the other hand is concerned with the physical aspects of the project. It states that the objects involved in the project have to be in the correct place, at the correct time and in a state of readiness for use. A summary of the combination of explicit and implicit coordination effectiveness is provided in figure 2.6.

To end this subsection a definition of coordination effectiveness from Strode et al. is provided:

Coordination effectiveness is a state of coordination wherein the entire agile software development team has a comprehensive understanding of the project goal, the project priorities, what is going on and when, what they as individuals need to do and when, who is doing what, and how each individuals work fits in with other team members work. In addition, every object (thing or resource) needed to meet a project goal is in the correct place or location at the correct time and in a state of readiness for use from the perspective of each individual involved in the project [45].

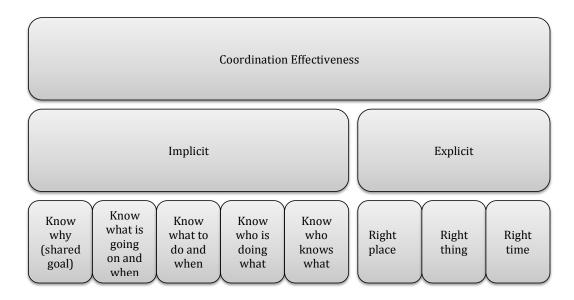


Figure 2.6: Components of coordination effectiveness from Strode et al. (2011).

2.5.2 Some Studies on the Field

Below four studies that try to identify important factors of coordination's impact on team performance are described.

Team Effectiveness 1997-2007: A Review of Recent Advancements and a Glimpse Into the Future

Mathieu et al. takes a look at literature published on team effectiveness in a ten year period. They look at several different aspects regarding the nature of teamwork [46]. It is important to note that the main focus of this article is on small-scale teams, and that the publications used are not gathered directly from the software and agile field. However, the article gives perspectives that are noteworthy. The main focal point here will be on Mathieu's chapter on organisational contexts, and the section on multi-team systems coordination in particular.

One aspect that was identified in several studies having a positive impact on performance was an "openness climate". What was concluded at the macro organisational level was that a support for an openness climate at the broader level of the organisation had a positive impact on team level processes.

Quite a few studies were identified on multi-team systems coordination as well. Here, the findings showed a positive correlation between inter-team coordination and intrateam coordination. Hyatt et al. indicated that teams perform more effectively as self-contained units when they have robust information networks, as well as communication and cooperation channels, both within and between teams [47]. This again highlights the importance of studies focusing on coordination in large-scale.

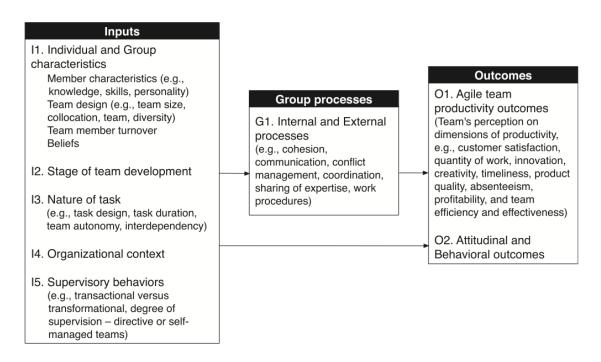


Figure 2.7: Agile team productivity conceptual framework.

Interpretative Case Studies on Agile Team Productivity and Management

Melo et al. performed a multi-case study on three large Brazilian IT companies that were using agile methods in their projects [48]. The objective of the research was to provide a better understanding of which factors that had an impact on agile team productivity. To document teamwork effectiveness they used the well-known theoretical model "Input-Process-Outcome" (IPO). Their input factors were "Individual and Group characteristics", "Stage of team development", "Nature of task", "Organizational context" and "Supervisory behaviors". One process-category was identified: "Group processes". Lastly they identified two outcome-groups, namely "Agile team productivity" and "Attitudinal and Behavioral". All of these are summarised constituting the conceptual framework for their agile team productivity in figure 2.7.

After collecting the data from their multi-case study they mapped the results in a thematic map on agile productivity factors. These findings showed three main groups of team management and their impact on productivity. For this study it is the "Inter-team coordination" and "Team design choices" that are interesting because of their impact on coordination to a larger degree, meaning "Team member turnover" is left out.

In "Team design choices" four roots of impact were identified: "Team size", "Team members skills", "Team collocation" and "Team members allocation". Out of these team collocation and team size seem to effect coordination effectiveness the most. Their findings showed that smaller teams led to better communication and alignment, while collocation had a positive influence on team productivity as it helped overcome invisible barriers between teams in a hierarchical company.

For "Inter-team coordination" two roots were identified: "Lack of commitment among

teams" and "Inappropriate coordination rules among teams". One of the main reasons for negative impact was identified to be external dependencies because projects often were left waiting for results of entities outside the project team. So a problem in inter-team coordination was misalignment, hence, synchronisation is an important factor.

Dispersion, Coordination and Performance in Global Software Teams: A Systematic Review

Anh et al. performed a systematic literature review (SLR) to collect relevant studies on dispersion, coordination and performance in global software development (GSD), and highlighted the findings of impact factors in a thematic mapping [49]. It is important to note that the findings are not from agile software development, but they are still interesting because of the global aspect in the literature used. The results are briefly summarised in table 2.4:

Type	Impact on team performance		
Presence of geographical	Negative (work takes longer time, less effec-		
dispersion	tive communication and coordination)		
Number of sites/Team size	Negative (complicates coordination and		
	hampers communication)		
Large time zone differences	Negative (creates coordination problems be-		
between teams	cause of the complexity introduced)		

Table 2.4: Impact of geographical dispersion on performance.

Team Performance in Agile Development Teams: Findings from 18 Focus Groups

Dingsøyr and Lindsjørn carried out a focus group study looking at which factors the agile software practitioners in the research perceived as influential on effective teamwork [50]. This paper focuses on the team performance of individual teams, but is included because of its agile nature. To place the suggestions from the participants into categorise Dingsøyr et al. decided to use the "Big Five" model proposed by Salas et al. [51] leading to eight teamwork components: "Team leadership", "Mutual performance monitoring", "Backup behaviour", "Adaptability", "Team orientation", "Shared mental models", "Mutual trust" and "Closed-loop communication". A summary of the distribution of all suggestions over these components is outlined in table 2.5.

Teamwork component	Foster	Hinder	Total
Team leadership	90	139	229
Mutual performance monitoring	49	22	71
Backup behaviour	44	57	101
Adaptability	46	50	96
Team orientation	91	65	156
Shared mental models	104	59	163
Mutual trust	97	58	155
Closed-loop communication	122	90	212
Sum	643	540	1183

Table 2.5: Summary of the distribution of suggestions over teamwork components.

The teamwork component with the strongest connection to coordination is "closed-loop communication". Looking at table 2.5 a lot of emphasis was aimed towards the component from the practitioners (second highest total count). This again illustrates the importance of coordination. The sub-components identified of closed-loop communication are outlined in table 2.6.

Sub-component	Foster	Hinder
Co-location	Physical presence	People are distributed
	Co-location	Distance
	Physically placed together	Not co-located
Openness	Open communication	Secrecy
	Openness in the team	Retaining information
	Open dialogue	
Infrastructure	Process support tools	Bad tools
	Suitable office spaces	Bad office facilities
	Tools that work	
Visualising status and	Informative workspace	No whiteboards
progress	Visualise things that go well	
	Whiteboard/task-board	
Social atmosphere	Good atmosphere	Scolding
	Fun	Antisocial environment
	Friendly tone	Bad atmosphere

Table 2.6: Sub-components identified of closed-loop communication with their respective performance items.

As can be seen from table 2.6 a lot of attention was directed towards location of team members, infrastructure and supportive tools, and organisational culture. The presence of co-location, a good infrastructure and supportive tools, and an open and social climate seem to all have a positive effect on team effectiveness.

Summary

The findings from the different studies are summarised in table 2.7. Note that it could be argued that misalignment and synchronisation, as well as team collocation and presence of geographical dispersion, are contrasts of each other. They are however included in the summary table because they were identified as important aspects in the different studies.

Type	Impact
Organisational openness culture	Positive
Misalignment	Negative
Synchronisation	Positive
Team co-location	Positive
Presence of geographical dispersion	Negative
Number of sites/Team size	Negative
Large time zone differences between teams	Negative
Infrastructure/Supportive tools	Positive

Table 2.7: Summary of impacts identified in the studies.

2.6 Shared Mental Models

Shared (or team) mental models were originally proposed by Cannon-Bowers et al. in 1990 [52], building on prior research in cognitive psychology on individuals' mental models. Rouse et al. [53] defined the mental model of an individual as a "mechanism whereby humans generate descriptions of system purpose and form, explanations of system functioning and observed system states, and predictions of future system states". Hence, the mental model of a human-being can be seen as that individual's perception of the world, or put in other words, his reality. In similar fashion to individuals' mental models, Cannon-Bowers et al. propose that team members have shared mental models in regards to the equipment, interaction patterns, team procedures etc. within their respective teams. Below their definition of a shared mental model is outlined:

Knowledge structures held by members of a team that enable them to form accurate explanations and expectations for the task, and, in turn, to coordinate their actions and adapt their behaviour to demands of the task and other team members [54].

Cannon-Bowers et al. [54] goes on to suggest four shared mental models (or team mental models as they called them) that should be present to achieve a higher degree of team effectiveness: "equipment model", "task model", "team interaction model" and "team

model". Firstly the "equipment model" is concerned with the technology used by the team to perform their team tasks, and their shared understanding of this technology. The "task model" looks at how team members perceive the team procedures, strategies, environmental conditions, and task contingencies. The third mental model described by Cannon-Bowers et al. is the "team interaction model" which captures how members understand their own and other team personnels' responsibilities, norms, and interaction patterns. The last model suggested is the "team model" which reflects how team members understand the others' skills, attitudes, knowledge, strengths and weaknesses.

Mathieu et al. [55] however argued that these four team mental models suggested by Cannon-Bowers et al. [54] could be divided and categorised into two areas. The first of these he called "task-work" containing the "equipment" and "task" models, and the second he labelled "teamwork" including the "team interaction" and "team" models. The "task-work" mental models describe how team members' mental models are structured in regards to the equipment and procedures used to carry out their tasks. The "teamwork" mental models on the other hand outline how team members' mental models are structured in regards to team interaction processes and the perception of other team members' knowledge. In the study by Mathieu et al. they found that both task-work mental model similarity and teamwork mental model similarity were notably positively related to team processes, e.g., communication, cooperation and coordination, which in turn were to a large degree associated to team performance.

Yu et al. [56] also performed a conceptual analysis using shared mental model theory as a lens to examine three agile practices from Xtreme Programming (XP) and Scrum (system metaphor, stand-up meeting, and on-site customer). The objective of their research was to examine and understand how agile methodology practices enable software development teams to accomplish effective teamwork. In a short summary their work shows that the creation of shared mental models is one of the main benefits that agile development methodologies and practices brings with them, where the main benefit is enabling better collaboration within the teams. Their work demonstrates that the analysed agile practices assist the progress of the four stages of shared mental model development: knowing, learning, understanding and executing. Further, the research shows how agile practices contribute to achieving the two earlier mentioned shared mental models: teamwork and task-work.

2.7 Mutual Trust

Trust has been an aspect brought up by several researchers and seems to be closely linked to the previously described shared mental models. The general thoughts on mutual trust tends to be that it is an important aspect for achieving efficient teams and coordination within and across teams. However, a lot of these researchers use different definitions of the word. In this work the definition of trust used is the one Sheila Simsarian Webber provided in 2002 [57]:

The shared perception that individuals in the team will perform particular actions important to its members and will recognise and protect the rights and interests of all the team members engaged in their joint endeavour.

One of the more recognised papers on teamwork by Salas et al. [51] highlights the importance of mutual trust. In their work they describe a set of "Big Five" which generates teamwork, however they stress that these five dimensions can not function without three supporting and coordinating mechanisms. These three coordinating mechanisms are namely shared mental models, mutual trust and engagement in closed-loop communication. A graphical representation of their model can be witnessed in figure 2.8, but will not be further explained.

There has been identified several impacts that trust can have on teams and team members. Bandow published a research on teamwork where she highlighted that trust affected several team processes and outcomes, e.g., membership contribution, team participation, product quality and cycle time. She further outlined that it is important that team members feel that their voice is heard, if not they will most likely be less willing to share their opinions and information. As a worst case scenario this might even lead to members not participating in information sharing arenas as they fear other members will perceive them as incompetent [58]. Also, without sufficient trust the team members might waste time and effort on checking each other as opposed to collaborating [59]. In general achieving mutual trust within projects seems to allow for information to flow more freely between the members. Without it there is a big chance it could spiral negatively and grow in concern where productivity goes down.

Similar findings to Salas et al. [51] were identified by Moe et al. [60] when they carried out a case study on a Scrum project. They state that "without sufficient trust, team members will expend time and energy protecting, checking and inspecting each other as opposed to collaborating to provide value-added ideas. It is evident that trust is a prerequisite for shared leadership, feedback, and communication. Our finding regarding the lack of trust also confirms previous research on trust [58], such that team members may not be willing to share information if they fear being perceived as incompetent". This highlights that trust is also identified as an important aspect in agile development.

Trust was also identified as a key factor both in small and large R&D projects by Nygaard et al. [61]. They argue that small projects generally have a high level of trust because of the tight connections witnessed between partners and coordination benefits, while the larger projects usually benefit from having a high degree of variety in knowledge sources. They state that trust is a key factor for explaining exchange of knowledge and the creation of coordination benefits for organisations in most industries. They state that trust among partners supporting coordination and the aforementioned variety of knowledge flows within the projects is of uttermost importance to increase the likelihood

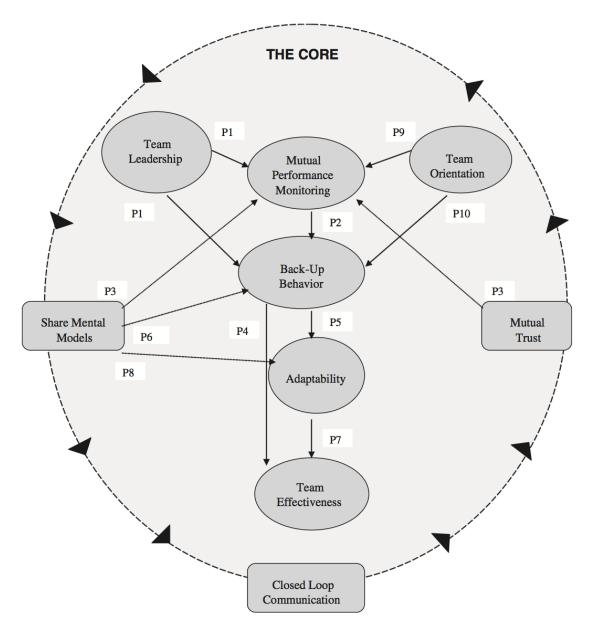


Figure 2.8: Graphical representation of the "Big Five" and supporting coordination mechanisms.

of success. They back their work up by pointing to previous literature on similar research by McEvily et al. [62].

Part II Research Methodology

Chapter 3

Method

0	ont		1 -
	m	æn	T.S
\sim	JIIU		

3.1	Lite	rature Review
	3.1.1	General Outline
	3.1.2	Snowball Sampling
	3.1.3	General Accumulation
3.2	Rese	earch Method
	3.2.1	Case Selection
	3.2.2	Data Collection
	3.2.3	Data Analysis

The research study used different methods to gather relevant publications and theory. These are further outlined in this chapter starting with a detailed look at the literature review performed, as well as highlighting other parts of the gathering methodology, namely snowball sampling and general accumulation of papers. After this has been performed the research method is outlined in more detail. The focus here will be on "case selection", "data collection" and "data analysis".

3.1 Literature Review

For this study a literature review was chosen as one of the information gathering methods. For the searching process and selection of articles in the literature review certain recommendations from systematic reviews were followed. The general procedure of such a review is outlined in L1 below. It is important to note that the searching had an open-mindedness regarding search words and the selection process.

L1 - The steps of a systematic review [63]:

- 1. Framing questions for a review.
- 2. Identifying relevant work.
- 3. Assessing the quality of studies.
- 4. Summarizing the evidence.
- 5. Interpreting the findings.

Some of the benefits and objectives of a literature review are summarised in L2 below.

L2 - Objectives of a literature review [20]:

- Show that the researcher is aware of existing work in the chosen topic area.
- Place the researcher's work in the context of what has already been published.
- Point to strengths, weaknesses, omissions or bias in the previous work.
- Identify key issues or crucial questions that are troubling the research community.
- Point to gaps that have not previously been identified or addressed by researchers.
- Identify theories that the researcher will test or explore by gathering data from the field.
- Suggest theories that might explain data the researcher has gathered from the field.
- Identify theories, genres, methods or algorithms that will be incorporated in the development of a computer application.
- Identify research methods or strategies that the researcher will use in the research.
- Enable subsequent researchers to understand the field and the researcher's work within that field.

3.1.1 General Outline

As explained in subsection 3.1.3 a set of articles and publications were provided by the supervisor to give an overview on the field and agile software development in general. This made it easier to classify which studies to look for and how to evaluate their relevance and rigour. The databases used in the literature review are summarised in table 3.1. When searching in these databases concepts and keywords were combined to match the research question as well as other interesting combinations. These concepts and keywords are outlined in table 3.2. It is important to note that the last concept was additional search words used because of their close relation to coordination and team performance.

Name	Impact
ISI Web of Science	apps.webofknowledge.com
ACM Digital Library	dl.acm.org
Science Direct (Elsevier)	sciencedirect.com
Google Scholar	scholar.google.com

Table 3.1: Databases used in the literature review.

Concept	Keywords	
Coordination	Communication, Collaboration, Inter-team	
	coordination, Closed-loop communication	
Agile	Scrum, XP, Crystal, Lean, Kanban, Scrum-	
	ban, Scrum ban, Scrum-ban, Extreme Pro-	
	gramming, Xtreme Programming, Pair pro-	
	gramming, Pair-programming	
Large-scale	Global, Multiteam systems, Multi-team	
	systems, MTS, Multi-agent systems, Dis-	
	tributed, International	
Effectiveness	Efficiency, Productivity, Performance	
Additional search words	Co-located, Collocated, Co lo-	
	cated, Distributed, Dispersed, Global, Glob-	
	ally, International, Mental model, Team	
	mental model, Shared mental model, Strate-	
	gic mental model, Trust, Mutual trust	

Table 3.2: Search words used in the literature review.

The literature review provided an extensive amount of findings, unfortunately a lot of the publications were focusing on small-scale development. Therefore, a selection process had to be carried out. Here all abstracts of the collected literature were read and publications with the highest relevance were chosen. The articles that were still left after this selection process were then read thoroughly where some were discarded to give an appropriate

amount of publications. The analysis outlined above focused mainly on finding articles focusing on large-scale agile inter-team coordination, meaning such articles were given a higher score when identified. Some other aspects that contributed to the score were mentioning of global projects, effectiveness and inter-team coordination in general. This process was important because of the time constraints specified on the study, and to obtain relevant and rigorous literature to insure a robust study.

3.1.2 Snowball Sampling

Snowball sampling is a term that reflects how new studies are selected through already chosen studies (based on their similarities) [64]. This was done in two ways in the research. In table 3.1 a list of databases used for the literature review are summarised. Some of these databases provided snowball sampling in the way of suggesting similar articles when a specific publication was selected from a search. This is the first way of snowballing used. The second way was through using reference lists in selected articles and publications. This extraction lead to a lot of well-written and recognised papers.

3.1.3 General Accumulation

Articles were also accumulated through a supervisor and fellow research students. At the start a handful of publications were received from the supervisor, and other papers were also acquired throughout the study. It is important to note that all the articles were inspected in the same manner as the publications found from the literature review to make sure their relevance and rigour were appropriate.

3.2 Research Method

Because there has been few studies on the field of inter-team coordination in large-scale agile software development an exploratory case study was chosen as the research method. An exploratory case study is an excellent fit to get a greater understanding of somewhat unexplored territories, as well as spawning possibilities for further research. Details about exploratory case studies is further outlined in the quotation below.

An exploratory study is used to define the questions or hypotheses to be used in a subsequent study. It is used to help a researcher understand a research problem. It might be used, for example, where there is little in the literature about a topic, so a real-life instance is investigated, in order to identify the topics to be covered in a subsequent research project [65].

To choose an appropriate case organisation and project certain criteria had to be present. These are further discussed in section 3.2.1. In the end one case was selected as the focus because of its availability, as well as the case successfully fulfilling the case criteria. The case was described as the most successful large-scale agile software development project in Norway so far. The project will be referred to as "Omega" throughout this thesis and was a project to develop a new office automation system for the public department "Gamma". The Omega-project ran from 2008 to 2012, and had at most 13 development teams involved. The distribution of these teams were six Gamma-teams, as well as four Alfateams and three Beta-teams. "Alfa" and "Beta" were contracted consulting companies in the Omega-project. The project as a whole is outlined in more detail in chapter 4.

Data collection was granted by all three organisations. Before the data collection took place it was important to get a better overview of the project and case at hand. Therefore available data was looked at in detail, e.g., public presentations. Because of this early review the complexity level of the Omega-project was identified at the initiating stages of the case study with a total of 175 people being involved in the project and sub-projects. As a result of the data collection starting some time after the project had ended a few challenges had to be dealt with, e.g., personnel availability and possible holes in memories of participants.

3.2.1 Case Selection

Before the case study was conducted several criteria for a fitting case project were agreed upon. Seeing as the research was suppose to focus on large-scale development/multi-team systems it was important to find a case where minimum two teams were present in the project, as well as collaborating across the teams. It was also important that the project performed in the case was an agile software development project. Another criteria was that the length of the project had to be suitable, meaning that the project had been ongoing for a reasonable amount of time. The reasoning behind this was that the amount of data would be richer, and it would be easier to find patterns over a longer period of time.

There were also other criteria which were preferable, but not mandatory. One of these criteria was that it would be desirable if there were several roles within the project as a whole and the project teams. This had to do with the possibility of people with different roles within a project having various experiences from the course of the project leading to valuable data, or put in other words, having different points of view within the project. Another preferred criteria was having a large-scale project with several organisations involved. With several organisations involved there will be different cultures and protocols involved, and therefore a lot of interesting data could surface when comparing the approach of the different organisations.

3.2.2 Data Collection

For the data collection in the exploratory case study focus groups were selected. In these focus groups aspects that are known to be challenging in large-scale agile software development were brought up, as well as general discussion on the topics of large-scale software development, inter-team coordination and team performance. Focus groups are further outlined in L3, and were primarily selected because of their ability to accumulate extensive and valuable amounts of research data.

In total three focus groups were conducted, one for each of the organisations involved. The topic that was looked at in the focus groups was "Inter-team coordination and knowledge sharing". The reasoning behind conducting focus groups for each of the organisations, and not performing them on a project level, was to make sure that an openness was achieved, and that data concerning specific organisations were not lost. As mentioned in section 3.2.1 there might be differences in cultures and methodologies between organisations, and these might not have been present in the focus groups if they were held on a joint basis.

The organisations were asked to provide their most relevant personnel to attend each focus group. In total 8 participants were involved in the focus groups. The participants had several roles in the Omega-project: development managers, scrum masters, (sub-)project managers, developers, delivery managers, functional architects and technical architects. It is important to note that most of the focus group participants were employees in management positions in the project. Most of these participants started as developers before switching to management roles through the course of the project. Because of the availability of personnel and topic in the focus groups no pure developers were present. The distribution of participants in the different focus groups is summarised in table 3.3.

Theme	Organisation	Number of participants
	Alpha	2
Inter-team coordination and	Beta	3
knowledge sharing		
	Gamma	3

Table 3.3: Participants in focus groups.

Before the focus group sessions were conducted interview guides were developed (these can be seen in appendix A), as well as a rough timeline of the project. The timeline was used to freshen the participants' memories about key events. In the focus groups the role of the researcher was to moderate the discussion and take notes. At the start of each focus group the participants were asked to explain their role(s) in the Omega-project. All of the focus group meetings were recorded digitally and transcribed at a later point in time, and whiteboard drawings were documented through pictures. In total the three focus groups resulted in 94 pages of transcribed material. Minutes of each focus group was also sent to each of the corresponding participants for needed information and review.

L3 - Focus group [66]:

Focus groups are a form of group interview that capitalises on communication between research participants in order to generate data. Although group interviews are often used simply as a quick and convenient way to collect data from several people simultaneously, focus groups explicitly use group interaction as part of the method. This means that instead of the researcher asking each person to respond to a question in turn, people are encouraged to talk to one another: asking questions, exchanging anecdotes and commenting on each others' experiences and points of views. The method is particularly useful for exploring people's knowledge and experiences and can be used to examine not only what people think but how they think and why they think that way.

The interaction in focus groups can be used to achieve seven main goals:

- To highlight the respondents' attitudes, priorities, language, and framework of understanding;
- To encourage research participants to generate and explore their own questions and develop their own analysis of common experiences;
- To encourage a variety of communication from participants, tapping into a wide range and form of understanding;
- To help to identify group norms and cultural values;
- To provide insight into the operation of group social processes in the articulation of knowledge (for example, through the examination of what information is censured or muted within the group);
- To encourage open conversation about embarrassing subjects and to permit the expression of criticism;
- Generally to facilitate the expression of ideas and experiences that might be left underdeveloped in an interview and to illuminate the research participants' perspectives through the debate within the group.

3.2.3 Data Analysis

After all the research data from the data collection phase was transcribed the data analysis could commence. An important aspect in qualitative data analysis is abstracting the research data to themes and patterns important to the research topic. Several steps were taken to find these themes and patterns. To start of the data analysis the 94 pages of transcribed material were read through twice to get a general overview of the data. After this was done a more thorough read-through was performed where the text was segmented into different themes, e.g., roles, methodologies and general descriptive information. Some of the themes that were identified were then further examined because of their relevance towards the research topic.

Part III Results and Evaluation

Chapter 4

Results

\boldsymbol{C}	on	ıt.e	nt	S
$\mathbf{\mathcal{C}}$	OI.		110	D

011001100			
4.1	Clar	ification	52
4.2	Ove	rview of the Omega-project	52
	4.2.1	MTS Categorisation Overview	57
4.3	Coo	rdination Arenas and Important Aspects	59
	4.3.1	Co-location	68
	4.3.2	Informal Communication Arenas	69
	4.3.3	Continuous Change and Improvement	72
	4.3.4	Presence from Project Management and Owner	75
	4.3.5	Mutual Trust and Shared Mental Models	78

In this chapter results from the case study will be highlighted. Starting of the chapter is an introduction and overview of the Omega-project, as well as a classification of the project in a multi-team system context. When this is performed the findings from all three focus groups are presented.

4.1 Clarification

Before giving an overview of the Omega-project, both in a general fashion and in a multiteam system context, it is important to clarify that all quotations used in this chapter are translated from Norwegian to English by the researcher. The reason for this is because the focus groups and interviews carried out in the case study were conducted in Norwegian.

4.2 Overview of the Omega-project

To start of the result chapter it is important to get a clear overview of how the project was organised and conducted. The Omega-project was initiated and conducted by the public sector department Gamma. Gamma saw a need for a new office automation system, and especially argued that a new system was needed because the current platform was outdated and about to be abandoned. It is important to note that with the commencement of the Omega-project little was known about the content of the public reform, and therefore an agile development methodology and mindset was selected to take into account the high level of uncertainties and complex nature of the proposed project.

Omega is one of the largest IT development projects in Norway to date, consisting of approximately 175 members, where 100 of these came from five external companies. The project had a final budget of roughly 140 million euro. It lasted for about four years (January 2008 to March 2012) and had a strict deadline because of the reform. Around 800.000 person hours were used in developing ~ 300 epics with a total of ~ 2500 user stories. All of these were divided into 12 main releases (there were also smaller releases throughout the project). Figure 4.1 shows how these 12 releases where located in the timeline of the project.

The initial project execution model consisted of six phases involving different personnel. The planned project execution was as follow: Starting of the project was a general requirements phase where potential impacts also were assessed. Here both business resources and architects were present. Following the general overview phase was a requirements analysis phase, again with both business and architecture resources. After these more general phases the solution description was worked on. The solution description was the main responsibility of the architecture unit, but business resources, developers, test resources and the heads of delivery were included. Going into the construction and approval phases all resources were collaborating to get continuous deliveries finished for production. In the production phase the main responsibility was put on the heads of delivery, but business and line resources were also present throughout the whole process, and architects, developers and testers were included in parts of the phase. The whole project execution model can be seen in figure 4.2.

The project was organised with a "project director" at the top of the hierarchy mainly focusing on external relations. Underneath the project director there was a "project manager" responsible for operations. Omega also had four sub-projects with one "sub-project manager" each. These sub-projects were architecture, business, development and

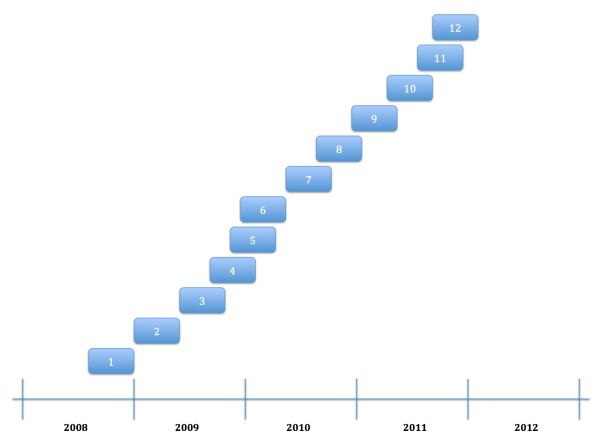


Figure 4.1: Main project releases in Omega.

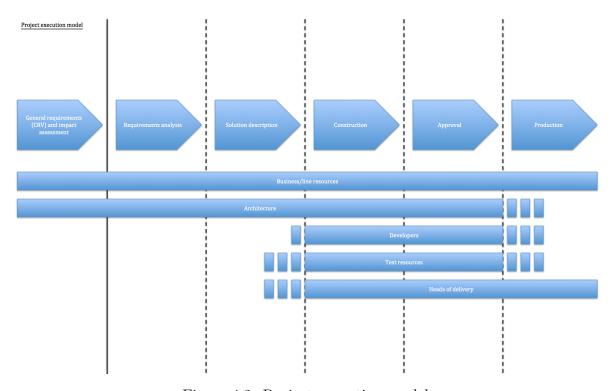


Figure 4.2: Project execution model.

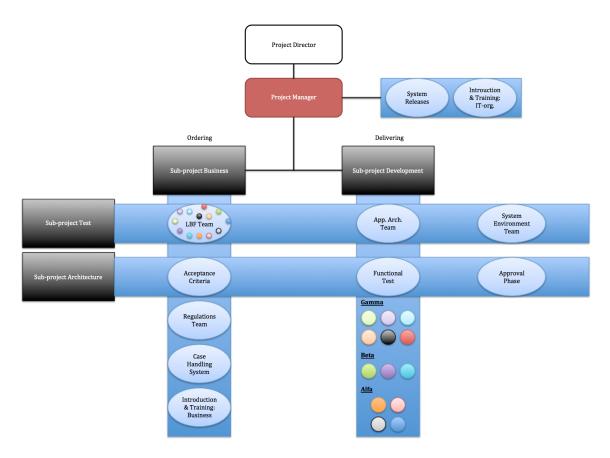


Figure 4.3: Omega-project's organisation.

test, and are further described below. There were also a "controller" (or "secretary") present for administrative reasons. As can be seen from figure 4.3 the project used a matrix structure where the business and development sub-projects were both closely linked to the test and architecture sub-projects.

- Architecture: Architects were in general responsible for the overall architecture of the project, but more specifically focused on solution description. They were also important in dealing with dependencies in Omega, and continuously updated a dependency map. The sub-project had head architects at a project management level and technical and functional architects located on a team level.
- Business: The business and line resources were present in the whole execution of the project (as can be seen from figure 4.2). The responsibility of the business sub-project was to categorise needs and requirements, and then defining these into epics and user stories in a product backlog. In this sub-project there was a product owner team, but also other business and line resources (approximately 30 members at a peak period). Both functional and technical architects from the Scrum teams were also involved in the business sub-project.
- **Development:** The construction sub-project was further divided into three sub-projects led by Alpha, Beta and Gamma. The Gamma organisation had at most

six development teams involved with both their own personnel and external consultants hired in from five different consulting companies. Alpha had at most four teams, while Beta had a maximum of three development teams. All 13 component teams worked corresponding to the Scrum methodology and delivered on a common demo day at the end of every three-week sprint iteration. There was also a system environment team present which was in charge of development and test environments. All roles of the Scrum teams are outlined in table 4.1.

• **Test:** The test sub-project had responsibility for all the testing of the project and the providing of deliverables from the development teams. Hence, they were important for quality assurance. The sub-project included a test leader, as well as test personnel from the development teams.

The main focus of this master thesis has been on the development of the system, and the personnel involved in this process. The development iterations had four phases: "analysis of need", "solution description", "construction" and "approval". These are further described below. The development process can be seen in figure 4.4.

- Analysis of need: Starting of each development release was an analysis phase. Here the focus was on functionality to be included in the coming release, and identifying and working out user stories. The product owner was involved in this process and was, e.g., responsible for prioritising the product backlog.
- Solution description: After identifying and working out general user stories in the "analysis of need" phase the user stories were further developed and made more comprehensive in the "solution description" phase. These user stories were also assigned to epics, and further estimated in approximate work-hours to completion before being assigned to different Scrum teams. Design and architectural choices were also determined in this phase.
- Construction: The construction phase typically consisted of five to seven sprint iterations per main development release. Here all development was carried out, and all work was functionally tested.
- Approval: In the last phase of each development release the delivered functionality was tested, both formal and non-formal functional testing was performed. This was done to assure both the internal and external interfaces were working as expected.

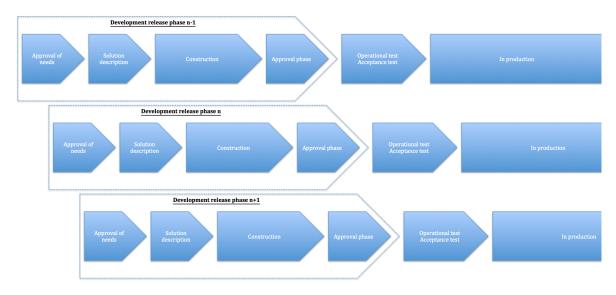


Figure 4.4: Initial development process.

The development phase consisted primarily of several Scrum teams typically involving eight to nine members each. The roles in the different Scrum teams are further outlined in table 4.1. It is however important to remember that all members were somewhat cross-functional in the project. This means that a tester could for example have been 60% tester, 30% developer and 10% designer, and a Scrum master could have been 50% leader, 30% architect and 20% developer.

Role	Description of role	
Scrum master	The Scrum master facilitated all meetings	
	such as the daily stand-up, demo presenta-	
	tions, retrospectives and iteration planning.	
	Some teams rotated the role, while others	
	had a fixed Scrum master.	
Functional architect	The functional architect was typically work-	
	ing 50% with analysis and design, and 50%	
	as a developer.	
Technical architect	About half of the time went towards techni-	
	cal design, while the other half usually was	
	spent developing.	
	Continued on the next page	

Table 4.1 – continued from previous page

Role	Description of role		
Tester	The person with the title "tester" was not re-		
	sponsible for doing all the testing, but was		
	rather responsible for the tests being con-		
	ducted. He was also in charge of writing		
	and delivering test criteria to the sub-project		
	test. The tests at the team level was unit		
	tests, integration tests, system tests and sys-		
	tem integration tests. Some of the teams did		
	not have fixed testers, but rotated the role		
	somewhat, e.g., at Beta.		
Developer	Each team had a mixture of four to five junior		
	and senior developers.		

Table 4.1: Team roles present in Scrum teams.

4.2.1 MTS Categorisation Overview

To get a better overview and insight on how the project fits in a large-scale and MTS perspective a short description and classification is carried out. This is done through the use of multi-team system's three dimensions and their respective attributes, namely the "compositional", "linkage" and "development" dimension. For a description of each attribute please take a closer look at table 2.3. The overview of Omega is outlined in table 4.2.

Dimension	Attribute		
	Number	There was a maximum of 13 development	
		teams at any given time (but also other	
		teams involved such as project management)	
	Size	Approximately 175 members were involved	
Compositional		in the MTS	
Compositional	Boundary status	The MTS is classified as an "external MTS",	
		meaning there were more than one organisa-	
		tion involved in the project	
	Organisational diver-	There were in total five organisations tak-	
	sity	ing part in the project, though three of these	
		were the main organisations with the most	
		members allocated to the project	
	Proportional member-	Alpha had four development teams (31%),	
	ship	Beta had three teams (23%) and Gamma had	
		six component teams (46%)	
	•	Continued on the next page	

Table 4.2 – continued from previous page

Dimension	Attribute	
	Functional diversity	Somewhat high degree of heterogeneity in
		core purposes and missions of the develop-
		ment teams
	Geographic dispersion	The teams were co-located in the same open-
		plan office space
	Cultural diversity	Low degree
	Motive structure	High degree
	Temporal orientation	High degree
	Interdependence	The degree of interdependence varied
		throughout the course of the project. The
Linkage		degree was also higher between certain
		teams compared to others, especially teams
		working on similar functionality
	Hierarchical arrange-	Development teams were located at the same
	ment	level in the hierarchical arrangement
	Power distribution	The development teams had an even power
		distribution
	Communication struc-	Both informal and formal communication
	ture: Network	patterns were used
	Communication struc-	Mainly face-to-face communication
	ture: Modality	
	Genesis	Appointed
	Direction of develop-	Became a formalised MTS, but now finished
Developmental	ment	
Bevelopinenear	Tenure	Approximately four years
	Stage	Finished
	Transformation of	Some fluidity depending on need throughout
	system composi-	the Omega-project
	tion: Membership	
	constancy	
	Transformation of	Some communication lines and arenas were
	system composition:	fluid, changing base on a need basis, while
	Linkage constancy	others were constant through the whole
		project

Table 4.2: Overview of the Omega-project in a MTS fashion

4.3 Coordination Arenas and Important Aspects

After the transcription and coding of the three interviews it was soon established that the amount of coordination arenas carried out throughout the course of the Omega-project was extensive. The different coordination arenas and mechanisms witnessed in the project were both performed across the three organisations (Alpha, Beta and Gamma), and across teams within each of the specific organisations. These coordination mechanisms are summarised in three tables. Table 4.3 summarises all the coordination mechanisms identified across the boundaries of the organisations. Table 4.4 outlines different coordination methods used within the different organisations to achieve coordination, collaboration and communication across their respective teams. While table 4.5 describes several other mechanisms and aspects which were deemed important in the success of the project.

Considering the sheer amount of coordination mechanisms and other important aspect it was necessary to decide which ones to prosecute further. After reading through both the transcribed interviews and the coding numerous times some mechanisms and aspects seemed to surface in several of the interviews. The main themes identified were these five elements which will be investigated and described further in the coming sections (it is important to note that some of these might overlap to some degree, e.g., co-location and the use of informal communication arenas):

- Co-location
- Informal communication arenas
- Continuous change and improvement
- Presence from project management and owner
- Mutual trust and shared mental models

Coordination mechanism	Description of mechanism
Metascrum	A meeting similar to Scrum of Scrums but with less
	details which was held twice per week. Attending
	the metascrum was the project leaders and all the
	sub-project leaders from test, architecture, busi-
	ness and development. A "technical metascrum"
	was tested, but was shortly shut down after initi-
	ation.
	Continued on the next page

Table 4.3 – continued from previous page

Coordination mechanism Description of mechanism				
	The planning day was a form of kick-off for ea			
Planning day				
	sprint iteration where the project members met			
	up with the project owner. The planning day was			
	performed on three levels: project, organisation			
	(Alpha, Beta and Gamma) and team. A rough			
	sketch of the focus areas and work to be per-			
	formed in the coming sprint was presented with			
	a distribution towards each of the three organisa-			
	tions by the project owner. After this the organ-			
	isations distributed the work on their respective			
	teams, and lastly the teams got together separately			
	and worked out a contract with estimated work to			
	be performed which was delivered to the project			
	owner team. Before the planning day commenced			
	the developers also had a "developer forum" where			
	development-oriented information and discussion			
	was carried out. This was however held on an or-			
	ganisation basis, and not across the three organi-			
	sations.			
Demo	Demo presentations were held by all Scrum teams			
Bomo	at the end of each sprint iteration where everyone			
	could attend. Each team was allocated approxi-			
	mately 10 minutes. There were also larger demo			
	presentations for the project owner when a new re-			
	lease was finished. Some teams in addition started			
	performing smaller demo sessions within the iter-			
	ations to get rapid feedback.			
Pre-planning day	Before the "planning day" was carried out a pre-			
1 re-planning day	planning day was carried out a pre-			
	ferent types of architects (especially functional ar-			
	, –			
	chitects) and the project owner (as well as some			
	other members of the project owner's team) met			
	to create a rough classification and allocation of			
	work to the different Scrum teams for the coming			
	sprint iteration. The allocated work was listed in			
Don and don and the	a prioritised manner.			
Dependency meeting	A meeting held between all Scrum masters from			
	the Alpha, Beta and Gamma teams. This meet-			
	ing was held on the "Planning day" where the fo-			
	cus was on discovering dependencies across Scrum			
	teams. However, these meetings faded away early			
	on because of the dependencies being discovered			
	and handled elsewhere.			
Continued on the next page				

Table 4.3 – continued from previous page

Table 4.3 – continued from previous page				
Coordination mechanism	1			
Solution description / "Master	At the start of the Omega-project a larger solu-			
plan"	tion description phase was performed involving a			
	lot of architects (as can be seen from figure 4.2).			
	This lead to a "master plan" for the project and			
	was documented in an issue tracker program called			
	Jira. The "master plan" was continuously altered			
	throughout the course of the development phase as			
	outlined in figure 4.4. In the solution description			
	meetings important aspects were discussed such			
	as coordination across organisations and manage-			
	ment of activities. An example of what came			
	out of these meetings was a dependency map of			
	the whole Omega-project, which was in constant			
	change. Part of the solution description meet-			
	ings were also negotiation and estimation meetings			
	which were important for the contract for each re-			
7. 1.77.1.1.40	lease.			
Jira and Wiki/Confluence	Different programs and forums were used for docu-			
	mentation and tracking within the project. In Jira			
	all user stories and epics were located, and different			
	information about the project and current sprint			
	iteration could be seen on different levels, such as			
	project and team level. The dependency map for			
	the whole Omega-project was also located in Jira.			
	Confluence was the main program used as a wiki.			
	Here solution descriptions, team routines, routines			
	across teams, system documentation, check lists,			
	retrospectives, architectural guidelines, functional			
Open grees	test etc. were all located.			
Open-space	An arena held on a voluntary and need basis,			
	which was used for exchanging experiences. It was			
	however only used during a few of the releases.			
	Participants suggested the topics beforehand, leading to agendas for the open-space sessions.			
Jabber	Jabber was introduced as an instant messaging ser-			
990061	vice in the Omega-project after being identified as			
	something needed in one of the Open-space ses-			
	sions. Here project members could ask both formal			
	questions, e.g., technical questions, and informal			
	questions, e.g., technical questions, and informal questions or activities, e.g., wine lotteries.			
Continued on the next page				
	Continued on the next page			

Table 4.3 – continued from previous page

Coordination mechanism Description of mechanism		
Lunch seminars	Lunch seminars were kind of similar to the "open-	
	space" sessions. Typically two to three topics were	
	held by project-personnel on relevant and inter-	
	esting topics, often regarding themes correlated to	
	the current situation of the project. As with the	
	"open-space" session these seminars were also held	
	on a certain period of the project before fading	
	away.	
Front-end meeting	The front-end developers worked with a complex	
	framework called Flex. Because of this a lot of	
	coordination had to be handled between teams	
	working with this framework from all organisa-	
	tions. Therefore, front-end meetings were held,	
	were typically the most prominent Flex-developers	
Taskeriaal auskitaatuus famuu	happened to be present. At the technical architecture forum all technical	
Technical architecture forum		
	architects met up to discuss what was to be done	
	in the coding base to prevent coordination issues. These meetings were slowly fading away because	
	the need was covered in other arenas.	
Architecture council	At these gatherings an architecture council lis-	
	tened to all team architects present their respective	
	team's tasks for each sprint iteration.	
Business meeting	The business part of the Omega-project was coor-	
	dinated through meetings where the business ar-	
	chitects from Alpha, Beta and Gamma met up	
	with the business unit from the project owner.	
	Here the sprint iteration queue, and the current	
	status of the project and sprint was presented.	
	This meeting was held around one time each week	
	or every other week.	
Bug-board discussion	The quality assurance unit with its testers had fre-	
	quent meetings around bug-boards, especially af-	
	ter new releases and around acceptance testing.	
	In the period after a new release these meetings	
	were often held on a daily basis. Here all the bugs	
	were gone through and allocated to the responsible	
	Scrum team in either Alpha, Beta or Gamma.	

Table 4.3: Coordination mechanisms used across the whole Omega-project.

ion of mechanism
Scrums were meetings held by all organ- Alpha, Beta and Gamma) ranging from ree times per week. In these meetings masters from the corresponding organ- s well as project management (project st leader, head technical architect, head larchitect, business leader and develop- der). The main goal of the SoSs was to add handle obstacles. There were also held meetings across organisations to handle changes to the contracts.
nical corner" was a meeting Beta had in tage of the project. It was held on Fridays 1-1,5 hour. Here team architects presportant themes for the Beta-members. hile it was shut down because of lack of and topics.
rience forum was an arena established pha-organisation for exchanging experience Scrum masters and the development met to discuss topics such as retrospectually planning day, and how work was pertractive the Alpha-organisation's Scrum teams. The seen as a coaching-session with exideas and thoughts.
All of the organisations used it on a m team level, but some also used it on solution description personnel and in the anagement team. The retrospectives for m team were held after the demo on Friends enegative and positive information and dere brought forward and documented in the each of the enegative and positive information and dere brought forward and documented in the each of the enegative and positive information and the energy of the ener
inical and functional architects had septings within the different organisations, etings were typically short and held on or biweekly basis. The meetings were as dibrief and were primarily used for states, and keeping the technical and functionagers up-to-date to make the crossion meetings with the other organisations a more precise.
e ec at at

Table 4.4 – continued from previous page

Coordination mechanism	Description of mechanism
Supplier meeting	At Alpha a supplier meeting was held by the
	project leader for all Alpha-members. The project
	leader contributed with practical information re-
	garding the project. In these meetings different
	members held presentation on different topics such
	as clean code, test driven development and project
	guidelines to keep the technical level of the person-
	nel up to scratch.
Meeting about queue	Alpha also had a meeting regarding "what was next
	in the queue?", "what is the next delivery?", "what
	is the status on current user stories?" and "what
	is it that we feel is needed to drive the queue for-
	ward?". These meetings were held with the func-
	tional architect, development manager and prod-
	uct owner from Gamma.

Table 4.4: Coordination mechanisms used across teams within the specific organisations (Alpha, Beta and Gamma) in the Omega-project.

Mechanism/Aspect	Description	
Stand-up	Daily stand-ups were used on all Scrum teams in	
	the project. Here obstacles, progression and pos-	
	sible needs were voiced around the Scrum-boards.	
	Introduced by Gamma was also the way of organis-	
	ing the stand-up meeting such that they were held	
	on different timeslots. This made it possible for	
	members to attend several stand-ups if necessary.	
Board discussion	An important aspect for coordination, discussion	
	and status updates in the project was the frequent	
	use of whiteboards. The stand-up meetings were	
	for instance held around these boards, and on these	
	boards the workload for each sprint iteration was	
	put up and updated as the sprint moved along.	
	The backside of the boards were left open to carry	
	out informal discussion when needed.	
Continued on the next page		

Table 4.5 – continued from previous page

Table 4.5 – continued from previous page Machanism / Agnest — Description		
Mechanism/Aspect	Description	
Co-location	One of the biggest impacts on the project, and coordination, collaboration and communication within the project was the radical co-location. This co-location came at an early stage (with the introduction of Alpha and Beta) in the project where all teams, as well as project management, were located in an open-plan office space at the same floor.	
Project management in same location	In both Alpha and Beta management by "walking around, talking around" was brought up. Because the project management was located in the same office space as the other project teams it was easy for them to keep track and manage by just being present. With management being close by it was, e.g., possible for development managers to have informal communication with each Scrum master every day, making sure they were up-to-date on the progress. This lead to easier decision making and problem handling for the project management team. Another important and positive factor was that decision making could be taken rapidly through more informal arenas, as teams could address project management at once without having to book formal meetings every time a decision had to be made.	
Informal communication	Another important impact on the coordination and general information sharing was the extensive use of informal communication. These communication arenas seemed to be very important in the agile mindset because of the pressure to deliver within a short period of time. With the use of informal communication arenas decisions could be made faster than using formal arenas such as having to book meetings where, e.g., timeslots had to match for participants. As the project progressed the informal communication arenas were more and more present, often replacing some of the formal communication arenas. Continued on the next page	

Table 4.5 – continued from previous page

Mechanism/Aspect Description			
Joint coffee break	An informal communication arena that was present throughout the Omega-project was the ongoing discussion around the coffee machine area. There were even joint coffee breaks at 2PM every day. These informal meetings saw a growth as the project moved along.		
Pair programming	Pair programming was introduced by Beta and adopted by some of the other organisations. Often the pairs consisted of one senior and one junior developer. The main reasons for using pair programming was to achieve a higher standard on the coding, increase knowledge (especially of junior developers) and to build better relationships and trust within teams. Pair programming was also tested across teams, but was not deemed successful.		
Trust	Another important aspect of the project was trust, both within and across organisations, but also between the organisations (Alpha, Beta and Gamma) and the product owner. Trust was increased through several ways, e.g., social gatherings, colocation and a general openness culture. With the increase in trust between the different project-members there was an increase in informal communication arenas, and a decrease in formal ones, leading to more rapid decision making, in line with the agile mindset.		
Rotation of team members	At Beta some rotation of members across the Scrum teams happened. This was mainly to spread competence and knowledge across teams to make them more "all round teams" able to handle different types of work. There were also a few rotations because of personal chemistry.		
Rotation of team placement	Another decision made by Beta and Gamma was to change location within the office space of some teams. This was a deliberate move by the project management to achieve better collaboration and communication, especially on the informal level, between teams working on similar parts of the project. Continued on the next page		

Table 4.5 – continued from previous page

${f Mechanism/Aspect}$	Description
Alpha/Beta-personnel placed in	An aspect that might have been important both
Gamma teams	for trust and the informal communication was that
	both Alpha and Beta members were located in
	Gamma teams. This probably made it easier to get
	informal communication going at an early stage of
	the Omega-project because some members knew
	each other across the organisations and teams al-
	ready.
Continuous planning and change	Self-organising was present at different levels in
	Omega such as team, organisation and project
	level. At the team level the teams changed their
	ways as the project moved along introducing new
	and removing old aspects, e.g., moving from pair
	programming to individual programming when
	knowledge increased. At both the organisational
	level and the project level different communica-
	tion arenas were changed on a need-basis. This
	had mainly to do with the respective arenas being
	covered elsewhere, e.g., through informal commu-
	nication. Another part of the project where contin-
	uous planning and change was present was within
	the dependency mapping and solution description.
3-level hierarchy from product	Mentioned by Gamma was the way the product
owner	owner was organised within the project. At the
	top of the food change the main product owner
	sat, then three representatives from the product
	owner were located at Alpha, Beta and Gamma,
	and at the bottom of the hierarchy the product
	owner had functional experts and architects inside
	or close to the teams. This led to easier decision
	making as the representatives further down the hi-
	erarchy could answer on the behalf of the product
	owner, or at least knew who to ask for the answer
	increasing the pace of development and problem
	solving.

Table 4.5: Other coordination mechanisms and important aspects.

4.3.1 Co-location

After the introduction of Alpha and Beta into the Omega-project in 2009 it was decided that all the development teams (as well as project management teams attached to the project) were to be co-located in a single-floor open office space. In all of the interviews conducted this was something that was brought up as an important factor for achieving a high level of efficient coordination within the project. Some quotations are included from one of the project leaders at Alpha to give a brief overview of his thoughts:

But also sitting in the same landscape [was important], when you, e.g., can see that a team has been drawing on the board for two hours, then it is time to head over and check what is going on, and if you can contribute. [...] So I think being located on the same floor was an important factor. It is something I have noticed at Zeta [another large-scale development project], not being located at the same floor, it is a lot more difficult to keep track of what is going on.

This project leader further explained the importance of being co-located in the project, and how this could be an aspect hard to replicate in other large-scale projects because of the sheer amount of personnel and size connected to such development:

It is easy to recreate metascrums, Scrum of Scrums and the experience and knowledge sharing. The concrete, specific aspects are easy to replicate, but the team dynamics, **having everyone located at the same floor**, constant communication, the togetherness witnessed, and similar things, the less concrete aspects, they are harder to reproduce.

The views regarding co-location identified in the Alpha-interview was also shared by interviewees from the other interviews. An architect from Beta described an example of two teams located in the building next-door, where this small distance already caused problems for communication and general collaboration:

I for instance talked to a management team located with an environment team in the building next-door, and they rarely experienced visitors from other units of the project. So having to walk up one stair [which was one meter long], as well as opening and closing two doors seemed to be enough [to hinder communication].

Another project leader, now from Beta, also added his thoughts on the impact of colocation on communication, collaboration and coordination which nicely sums up the general view of the interviewees:

I think being co-located was a big advantage, especially having all the teams located on the same floor and space. If you are, e.g., located at each side of a town or building it would be a barrier for communication.

4.3.2 Informal Communication Arenas

An aspect that was identified several times throughout the different interviews was the mentioning of "informal communication arenas". Several of the interviewees seemed to suggest that the informal communication witnessed in the project was one of the reasons behind achieving a higher degree of efficiency in the everyday work. In the interview with Gamma one of the project leaders from the organisation noted that the high degree of verbal face-to-face communication internally in the project was important. It was especially three arenas that were mentioned numerous times (outside of the general day-to-day conversations and communication): shared lunches, fixed joint coffee breaks, and the extensive use of whiteboards.

What was also mentioned as an enabler for the high level of informal communication arenas was the aforementioned co-location of the project teams. A Scrum master from Gamma noted:

With short distance to the other teams it was easy to make decisions orally and upfront, and we avoided misunderstandings that could have occurred with having to write everything down on paper, sending e-mails and similar stuff. You could handle everything upfront.

A functional architect from Beta also had similar thoughts on the matter of informal versus formal meetings on the spot. As can be seen from the quotation below he felt that it was easier to just handle the needed discussion then and there without having to go through formal arenas, such as booking meeting-rooms which were located on another floor. Again this shows the impact of co-location on the increased use of informal communication arenas:

When spontaneous need for discussion emerged, the need to walk up a few floors or having to book a meeting-room or similar, it was just too cumbersome.

Another aspect that was mentioned as a possible support for the informal communication arenas was having consultants from both Alpha and Beta located in Gamma-teams. This was both noted in the interview with Beta and Gamma. An architect from Gamma had the following to say on the matter:

But there were quite a few Alpha- and Beta-consultants in the Gammateams. So there were always several members knowing each other across the teams and organisations, meaning the informal channels were definitely present.

Not only was the use of informal communication present from an early stage of Omega, it also seemed to be increasing throughout the project. Quite a few of the interviewees highlighted the increasing use of whiteboards, joint coffee breaks and common lunches. There was even introduced an internal system called "Jabber" where project members could ask anything, e.g., technical questions or arranging wine lotteries. An architect from Beta suggested that the use of formal arenas seemed to be of a higher importance in the earlier stages of the project, but decreased after a while when people knew who to contact for different inquiries:

I imagine that the need for such [formal] meeting-places are important in the start, but less important as the members get to know each other. You get more comfortable with just approaching the person you know can fix the issue.

The most important aspect of the use of informal communication seemed to be that things got handled instantly, and were not left alone, or postponed to the formal meetings. One of the project leaders at Alpha tried to describe how this was important to achieve an agile way of developing and working:

What is important in agile [development]? You need to deliver within three weeks. Then you don't have the time to wait for someone to read through all his e-mails before he answers yours after two weeks of waiting. You should rather just approach the person and ask for a few minutes of his time. You might even get the answer in ten seconds, but having to open and read an e-mail is time-consuming. But it is important to not overdo it [the informal communication] either, because this could lead to disturbances in the workplace. There is always a balance [between formal and informal communication].

An architect at Beta further outlined this aspect of informal communication describing how these arenas in turn made the formal arenas less complex and time-consuming because, e.g., dependence issues were already dealt with and did not have to be handled in the formal meetings:

I think there were few [dependencies], because the teams did not wait for the Scrum of Scrums, they handled it then and there. [...] I felt that the informal channels worked better than trying to arrange formal meetings where things were discussed [e.g., dependencies].

Some side effects were also spawned with these informal arenas. Something that was witnessed as a response to the increasing use of informal communication across and within the teams was the use of earplugs or headsets. As a project manager at Alpha described it:

If you saw someone wearing a headset you instantly became more restrictive towards approaching and talking to that person.

Even though the informal communication arenas seemed to be more and more present throughout the course of the project some interviewees highlighted that there has to be a balance between the informal and formal channels, and that a project will not function efficiently without both being existent. As a project leader from Beta put it:

I think you need both [informal and formal arenas], but without the informal communication and the common determination to work things out, then I don't think large-scale projects will work. However, I don't think you can manage to control such a project well enough with only formal channels.

4.3.3 Continuous Change and Improvement

A third aspect that was identified as being important for the project was how everything was continuously improving through change, especially coordination arenas. When it was identified that an arena had ceased to serve its purpose it was shutdown. The decision to stop or start using a particular meeting or arena was typically decided in the metascrummeetings as one of the project leaders at Gamma put it:

We adjusted which meetings were used on a need basis within the project. Some arenas were present throughout the whole project, while other came and went. I believe this was important. [...] E.g., we could identify in a metascrum-meeting that there were areas which needed more, or less, coordination.

As mentioned in the previous section on "informal communication arenas" there seemed to be a growing use of informal channels, e.g., more use of whiteboards, and more joint coffee breaks and lunches. A project leader at Alpha argued that the efficiency and production level evolved with the small continuous changes and improvements, but admitted that this was probably hard to measure:

What would have been interesting to see if we had proper story-points was the actual growth in story-points delivered. Unfortunately these story-points were bound to hours, so it is not possible to say that we were way better at the end compared to the beginning, even though we definitely were. And I believe this was because of all the small changes we made. Some large, but mainly the small continuously improvements which were performed on all levels.

The same project leader further added to this discussion. He felt that being able to actually set aside time for knowledge sharing and general thoughts was an important aspect of the continuous improvement, mentioning retrospectives as one of the factors:

The first delivery was somewhat a "try-and-fail" process. When the second delivery came along we had had done it before, and some of the stuff was standardised. And then we had continuous improvement throughout. We were even allowed to set aside time for this. Often people do not think about using retrospectives.

The continuous change and improvement was not only identified in the changing of which meetings were in use, but also in other areas of the project. A project leader at Beta mentioned how the teams were self-organising, as well as how they decided to rotate some of the teams and team members to achieve more generalised component teams:

Self-organisation was a reoccurring thing. E.g., you could not force a self-organising team to do pair programming strictly throughout the whole project, but could have it as a principle, and then let the team decide when it was not needed anymore. [...] But after a while we identified the need of spreading the knowledge and competence, to go from specialised teams to more general teams. From specialists to all-rounders.

Especially the architectural side of the project seemed to have a lot of changes in their communication channels. Both architects from Beta and Gamma noted this. Two architects from Beta expressed their views on the matter talking about the so-called "technical corner", as well as testing a technical metascrum which was rapidly shut down:

At the start of the project we ran a "technical corner" every Friday with each team architect highlighting and explaining their work or other aspects they felt were important for the other architects. After a while these meetings disappeared. [...] I imagine that the need for such [formal] meeting-places are important in the start, but less important as the members get to know each other. You get more comfortable with just approaching the person you know can fix the issue. [...] And after a while we tested a similar forum as metascrum on a technical level, but this shortly shut down.

An architect from Gamma also mentioned a similar case where the "technical architecture forum" was after a while stopped or performed less frequently because the information need was gathered elsewhere. He further explained why these meetings were used to a lesser extent, which briefly explained was to achieve a higher degree of efficiency:

For a long period of time we had a "technical architecture forum", but it disappeared because we managed to fulfil the information needs by other means. We for example had some months where it was used more, but this continuously changed over time. But as I said, when these meetings vanished it was because the information needs were covered between us architects with shorter meetings because we got to know each other better. [...] Nearing the end of the project the meetings were shorter and happened less frequently. As you could see there were several meetings and if we were to carry out all of these throughout the project we would not have been able to perform any work. We therefore tried to limit at least some of the meetings.

Ending the section, two interviewees from Gamma shared their thoughts on the continuous change and improvement witnessed in the project. They stressed that everything was based on a need-basis, and that it is hard to pinpoint specific meeting arenas that were more important than others in the project, but rather highlighted that it was the aspect of changing meetings based on needs that was crucial for achieving a high efficiency. An architect put it this way:

You asked which arenas we had, but these changed over time. As we got better at communicating with each other we saw that some information needs were already covered by other arenas, or that some information needs were not covered at all. Hence, a lot of the meeting channels came and went, while some were present throughout the whole course of the project. [...] It is kind of hard to pinpoint the "most important meeting", but I feel that the most important aspect was that meetings changed over time to fit the needs of the project.

Adding to the discussion one of the project leaders from Gamma had this to say, putting focus on the agile mindset that was important within the Omega-project:

New meeting arenas were spawned with time passing, but others were removed when the need ceased to exist. It is the presence of an agile mindset to change based on needs.

4.3.4 Presence from Project Management and Owner

Moving on to the fourth aspect that was identified as being important for Omega after reviewing the interviews was the emphasize on having both project management and representatives from the project owner located close to the development teams. Two project leaders from Alpha commented on the matter. They felt the presence of project management on site made it easier to gather information on the ongoing status of the project, and just generally being able to have a continuous conversation and close attendance with the component teams. One of the project leaders noted:

I was often early at the office, and then being able to just walk up to the Scrum-boards checking what had been done since yesterday, it was very useful for the project management. [...] But also us sitting in the same landscape. When you notice a team struggling in a discussion for hours you can just walk over and maybe have insight that solves the issue then and there.

Adding to the discussion another project leader pointed out:

Within the teams, at least something I tried, was minimum having one conversation with each of the Scrum master every day. Doing this I knew what everyone was doing so I could prioritise correctly with the information I gathered. Having this information you could act as an "information carrier" which made decision making and problem solving easier.

As mentioned in the introduction to the section it was also important having representatives from the project owner so closely attached to the project. Two project leaders form Alpha outlined it in this fashion:

Availability was important in regards to clarifications and problem solving. With the teams being able to just approach the person they knew had, e.g., worked on the solution description from Gamma and ask for further details. Also that the customer actually invested their best business architects. They sat right next to us, just past the coffee machine, and were typically available 95% of the time. [...] And they had, not power, but at least the authority to make decisions. It was not like they had to check with fourteen other people before you got your answer. The answer came then and there, but obviously sometimes it had to be discussed further. In eight out of ten instances you would get your answer at once, or they would follow you over to look further at the problem at hand and then draw a conclusion.

One of the two project leaders also highlighted that at times when there were lots going on in the project even bosses from the project owner could be present:

When we faced tougher stages throughout the project several bosses from the project owner were present. They walked around and talked to people as well, so it was not only us doing that.

Continuing the focus on the project owner, an architect and a project leader at Gamma brought up some interesting insights on how the project owner was located and present

within the project. They expressed how the project owner had a 3-level hierarchy inside Omega. Especially the lower level of this hierarchy which was the functional experts from the product owner were highlighted as important figures in the success of the project:

There was a product owner team that was co-located in the same floor as the rest of us. [...] They sort of had a hierarchy. There was a product owner on top which was responsible for everything. Then underneath him there were three product owners, one for each of the organisations [Alpha, Beta and Gamma]. And at the bottom level, at least at Gamma, there were quite a few functional responsible personnel which represented, or could at least answer or find the answer, on behalf of the product owner. [...] I experienced that our product owner was more of an administrator, but the functional experts were essential because they had such a strong connection to the project, and I believe that was fundamental for everything running so smoothly.

Lastly, both interviewees from Alpha and Beta brought forward an aspect they referred to as "leadership by walking". By this they meant that the project management teams were often on their feet trying to gather information to create a better overview and status of the project, as well as breaking down the barriers between top management and the development teams. An architect and project leader from Beta put it this way:

And we walked around the office on a regular basis. I often tried to take a different path when I came to work just so I could walk past and talk to teams that were not located as naturally for me to normally communicate with them. [...] And then there is also the problem where you get so used to sitting in the project management corner, so when you walk up to for example the more fresh developers they somewhat feared you. You need to work on making sure people know it is not dangerous to say what they mean, to gain trust is not something you just buy.

A project leader from Alpha had some similar thoughts on the aspect of "walking around and talking around", and how this was important for gaining a better knowledge of the user stories and status of the project in general. It neatly sums up the section and again highlights the importance of having the project management close-by to gather insight within the project:

In regards to walking around, we kind of had a good knowledge of all the user stories. This was because we had been in several of the discussions already, meaning you often had picked up some information here and there. So if they for example were discussing something you could jump into the discussion and say "no, that was not what we said we were going to develop, it is in fact this over here".

4.3.5 Mutual Trust and Shared Mental Models

The last identified aspect that seemed to be brought up as an important factor in all three interviews was the growing trust, as well as a better shared understanding from the project members throughout the course of the development. A problem faced at an early stage of the project, at least by some teams, was an individualistic focus by the teams. Meaning the teams were too focused on performing well as a team, and did not point their attention to the total delivery of the project. Hence, it is important to aim focus on both managing effective teams, sub-projects and the project as a whole to deliver at a fast pace. A product owner at Beta had this to say on the matter and added an example:

After a while we were concious about the issue of an individualistic focus. We for instance removed all the burn down charts which were lined up next to each other in Jira. This was performed after a discussion on the matter where we agreed that a too individualistic team focus was not necessarily good. We tried to turn the focus towards us as a sub-project, and that we delivered together. [...] How much team this and that delivered did not mean as much, as long as we coordinated and collaborated towards the final delivery everything was good. [...] Another thing was that we for a long time had a poor access to environments in regards to integration testing, value chain testing and similar. After a while when we got everything up and running it was clear that the code we delivered and what was going to be presented in the demo, as well as being put into the production chain, needed to work throughout. And because of this it was important that everything worked together in the demo presentations. We got a better unified focus within the sprint iterations.

A project leader at Alpha had similar thoughts, and nicely summed it up:

It is all about optimising the totality. A team is better than an individual member, and a sub-project is better than each of the teams on their own.

One arena that was used to gain a more unified work and structure across and within the teams was the knowledge exchanging arenas. A project leader at Alpha described how the teams through the sharing of experience gained a better shared mental model and mindset, things became normalised:

It was an extreme togetherness within the teams. On the surface they worked on a very similar way because of knowledge and experience exchanging and similar arenas. For example how the Scrum-boards worked, they were basically normalised so they had almost the same standard in every team. There were colour differences, but except for that they were practically the same. [...] And this was typically something that came through the use of knowledge and experience exchange, that we normalised to have the same shared mindset.

An few interviewees from Beta especially highlighted "pair programming" as an important source for knowledge and experience exchanging:

As for knowledge and experience exchanging we worked a lot with pair programming. Pair programming was in general the rule.

There were also other aspects besides knowledge and experience exchanging arenas that seemed to have an effect on the trust and unity achieved between the teams and team members. A few interviewees from both Alpha and Beta brought up the fact that there were also more informal arenas outside of the office:

And something that was good with sprints was that they had a beginning and an end. And a good thing with the end of each sprint was that the teams had a shared lunch, typically after the demo at the end of a sprint iteration. [...] Sometimes we went out after work and took a beer together. The teams had different rituals, e.g., some travelled on trips. Even the project management was included. [...] We saw that quite a few of the teams went out on town after the retrospectives. [...] There were several social gatherings, e.g., trips out on town. I believe that a lot of things happened there which were not directly visible, but in turn were important for project members gaining trust and building a better unity.

It was not only the social aspects that seemed to be important for the closely linked teams. A couple of project leaders at Alpha brought up the aforementioned co-location as an aspect that was important to gain a better understanding of, and trust for, your fellow project members:

The thing here was that we were in a way three organisations. Generally there was a good togetherness across the whole project. Everyone worked together. We were all located in the same office space, everyone were close-by. And if, e.g., one of our developers was going to use something that someone else had developed he could just approach that person or team. We were a unity, and people knew each other. [...] I think that if Beta had been located far away, then I wouldn't have been able to talk to this and this person. The fact that we knew each other, and knew where everyone was located and what they worked on made it possible to just approach the correct person for specific questions.

However, a somewhat downside with the extreme unity witnessed within the teams arose in the project. The downside was that it was a lot harder to make changes to the teams, they were so tightly connected. A project leader at Alpha noted:

At least something I remember was that the teams had an extreme togetherness. Because of this trying to perform any changes to the teams could became problematic. They were incredibly tight-knit.

The trust building was not only present within and across the project teams. An architect at Gamma highlighted that it was also important that the trust between the project owner and project teams was there. This was something that grew together with the progress of the project. He explained his thoughts on the matter:

I heard some of our architects say that there were some tough negotiations with the customer about the target price at the start. I believe they were pretty intense. However, after a while they became easier because you had more trust in each other. [...] I believe having a trust between the organisations and the customer was a precondition for being able to make negotiations more efficient and less formal.

To end this section a quote from one of the project leaders at Alpha is included. As with both co-location and constant communication he believes it is hard to replicate such a togetherness which was witnessed within the Omega-project:

It is easy to recreate metascrums, Scrum of Scrums and the experience and knowledge sharing. The concrete, specific aspects are easy to replicate, but the team dynamics, having everyone located at the same floor, constant communication, **the togetherness witnessed**, and similar things, the less concrete aspects, they are harder to reproduce.

Chapter 5

Discussion

Contents

5.1 Reso	earch Question	84
5.1.1	Co-location	84
5.1.2	Informal Communication Arenas	84
5.1.3	Continuous Change and Improvement	86
5.1.4	Presence from Project Management and Owner	86
5.1.5	Mutual Trust and Shared Mental Models	88
5.1.6	Summary	89
5.2 Eval	luation of the Study	90
5.2.1	Research Process	90

In this chapter a closer look at the findings from the result-chapter is carried out. After all of these findings are highlighted a summary will be presented. Ending the chapter an evaluation of the study is performed to give a better understanding of the research and case.

5.1 Research Question

The results in chapter 4 outlined in detail several aspects identified from the three interviews carried out at the case project. These results will be further discussed in this chapter, focusing on comparing the results with appropriate theory and literature mainly described in chapter 2. The discussion will revolve around the research questions of the master thesis:

Which similarities and dissimilarities in inter-team coordination can be found between current literature on large-scale/MTS projects, and a large-scale agile software development project in practice? And which aspects and mechanisms were identified as important for this inter-team coordination, as well as for general team performance?

5.1.1 Co-location

It was evident from the interviews that co-location played a big part in achieving a high level of efficiency, both in a development productivity aspect, as well as a coordination aspect. Several interviewees brought up the factor of co-location and highlighted that some teams located only a building away faced lack of communication. As one of the project leaders at Beta put it:

I think being co-located was a big advantage, especially having all the teams located on the same floor and space. If you are, e.g., located at each side of a town or building it would be a barrier for communication.

This is definitely in line with previous findings in similar research. As identified in studies on the field outlined in section 2.5.2 several of these pointed out that co-location had a positive impact on coordination efficiency and team performance in general. Both Melo et al. [48] and Dingsøyr et al. [50] highlighted the correlation between co-location and coordination effectiveness.

5.1.2 Informal Communication Arenas

Another aspect that was brought up by several of the interviewees was the extensive use of informal communication within the Omega-project. One of the Scrum masters at Gamma

highlighted an interesting thought that the wide-ranging use of informal communication arenas might have been present because of the teams being co-located. This gives the researcher belief that there could be a connection between the two aspects. This view is shared by Cockburn in an article on project methodology selection [67]. He states that:

The most effective form of communication (for transmitting ideas) is interactive and face-to-face, as at a whiteboard.

His work implies that co-located developers will have more frequent communication and therefore have a higher productivity level than people being dispersed. It is interesting that he brought up whiteboards as an example, as this was something several interviewees highlighted as important for communication (especially informal communication). Dingsøyr et al. [50] also pointed at the importance of such visualising tools which can be seen in table 2.6. However, Cockburn goes on to say that as project and team size increases the informal communication should decrease, ending in communication effectiveness going down. In the case project at hand this does not seem to have been the case. Even though there were several teams and personnel involved the informal communication was present to a large degree, and at times seemed to be more efficient than formal communication arenas.

Some of the interviewees pointed out that there seemed to be less need for the formal meeting-places because members got to know each other better throughout the project. It is important to note that with the increase in use of informal communication arenas witnessed in the Omega-project, this did not mean formal communication was not important or present. As one of the project leaders at Beta highlighted:

I think you need both [informal and formal arenas], but without the informal communication and the common determination to work things out, then I don't think large-scale projects will work. However, I don't think you can manage to control such a project well enough with only formal channels.

It seems as if a good balance between formal and informal communication arenas are a key part in achieving a high level of coordination efficiency and team performance. However, it seems like informal communication will have a larger weight on the scale in this balance. This is in line with Mintzberg's [37] coordination mechanism called "mutual adjustment" which states that "members coordinate their own work by informal communication with each other", and seems to be the coordination mechanism most present in agile development.

5.1.3 Continuous Change and Improvement

What also seemed to be an important factor in the project was how well the teams, team members and project as a whole adapted based on needs. In a way all levels of the project could be seen as self-organising, in line with the agile mindset. In particular communication and coordination, as well as knowledge sharing, arenas seemed to experience continuous change. A project leader at Gamma put it this way:

We adjusted which meetings were used on a need basis within the project. Some arenas were present throughout the whole project, while other came and went. I believe this was important. [...] E.g., we could identify in a metascrum-meeting that there were areas which needed more, or less, coordination.

Having such a mindset focusing on adaptation might not be as easy in all projects, especially for companies which are not used to working with agile methodologies. Therefore this is an area where more focus could be directed because the adaptation policies seemed to achieve higher project performance on several levels. The matter at hand was nicely summed up by one of the interviewees:

New meeting arenas were spawned with time passing, but others were removed when the need ceased to exist. It is the presence of an agile mindset to change based on needs.

It is important to note that there is a somewhat linkage between the changing of coordination arenas and the increase in use of informal communication, as well as trust and shared mental models which will be discussed in section 5.1.5. This has to do with the project members finding it easier to keep a fast paced communication flow and the communication getting better as the members got to know each other, leading to the discovery of communication arenas that were both needed and redundant.

5.1.4 Presence from Project Management and Owner

Moving on to the fourth identified aspect was how the presence of both the project management and project owner affected the project. Having the project management co-located with the developers seemed to have a big impact on general performance within the project. Because the different members of the project management teams were present it was easier for them to maintain a good overview of the status and relevant information throughout the course of the project. Therefore it gives the researcher reason to believe there is a correlation between co-location of the project management with the development teams, and the performance level achieved in Omega. The researcher also believes there are ties between the presence of project management, and the increasing use of informal communication channels. With the project management being co-located they could coordinated and communicate on a more regular and freely basis with other project personnel. One of the project leaders at Gamma illustrated it this way:

Within the teams, at least something I tried, was minimum having one conversation with each of the Scrum master every day. Doing this I knew what everyone was doing so I could prioritise correctly with the information I gathered. Having this information you could act as an "information carrier" which made decision making and problem solving easier.

Further some of the interviewees pointed out the importance of having the customer involved closely with the project. As a couple of project leaders at Alpha pointed out the project owner had representatives typically available 95% of the time. And these representatives had authority to make decisions. This is backed up by some of Strode's [36] propositions of coordination effectiveness showed in section 2.2.3. Proposition 1a states the following:

Proposition 1a: A coordination strategy that includes synchronisation and structure coordination mechanisms improves project coordination effectiveness when the customer is included in the project team. Synchronisation activities and associated artefacts are required at all frequencies – project, iteration, daily, and ad hoc.

Further proposition 3, which is closely linked to co-location as well, states that close proximity, high availability, and high substitutability will increase implicit coordination effectiveness. This was definitely the case in the Omega-project where especially close proximity and high availability were focused on, but some measures were also taken to achieve higher substitutability, such as Beta trying to convert specialised teams towards more general teams so they could collaborated and substitute if needed.

It was also noted by one of the project leaders at Alpha that at times when there were higher complexity levels in the project the bosses from the project owner were present. This is also something included in Strode's work covered by proposition 5 which states

that to maintain coordination effectiveness when facing high project complexity the frequency of iteration and ad hoc synchronisation activities should be increased. Below a quote from the mentioned project leader is included:

When we faced tougher stages throughout the project several bosses from the project owner were present. They walked around and talked to people as well, so it was not only us doing that.

One of the architects at Beta also expressed his belief that the presence from the project management team helped build trust between them and the rest of the project members. This shows possibilities for a connection between the presence of the project management, and mutual trust, which will be further discussed in the coming section.

5.1.5 Mutual Trust and Shared Mental Models

The last of the five identified aspects from the case interviews was mutual trust and shared mental models. These two aspects seem to be closely linked to each other. Previous research on both areas have shown that they have an extensive impact on communication, collaboration and coordination, as well as team and project performance in general [51, 55, 58, 59]. Mathieu et al. [55], e.g., found that there was a notable positive correlation between task-work mental model similarity and teamwork mental model similarity, and team process, which in turn were to a large degree connected to team performance.

As stated in chapter 4 there were problems with an individualistic focus from project teams at an early stage of the project. This led to teams not aiming their attention towards the total delivery of the project. After this was handled, meaning project management changed the mindset of the teams towards a shared understanding, productivity and collaboration increased. This is supported by the previously mentioned research. As one of the project leaders at Alpha put it:

It is all about optimising the totality. A team is better than an individual member, and a sub-project is better than each of the teams on their own.

In Omega the experience and knowledge exchanging arenas played a large part in adopting shared mental models. Especially "pair programming" seemed to be a key factor. Some of the benefit with this practice seem to be improved production, better code quality, enhanced job-satisfaction, increased knowledge sharing, and team building and improved communication [31,32]. Some, if not all, were evident at the Omega-project.

Another factor that seemed to affect trust-building was social arenas outside of the office. Team members often went out together, e.g., to celebrate the end of a sprint. These social gatherings seemed to have a positive effect on how members perceived others. Dingsøyr et al. [50] found similar findings in their focus group study where they deemed "social atmosphere" as an important sub-component of closed-loop communication which in turn was important for team performance. This is summarised in table 2.6. One of the interviewees expressed his thoughts on the matter of social gatherings and their impact on the project:

There were several social gatherings, e.g., trips out on town. I believe that a lot of things happened there which were not directly visible, but in turn were important for project members gaining trust and building a better unity.

Another factor that seemed to have an impact on mutual trust and shared mental models was the openness culture witnessed in the project. Again this was something identified by Dingsøyr et al. [50] as being important to achieve a higher level of performance, and is summarised in table 2.6. This leads the researcher to believe that there might be a connection between informal communication and mutual trust.

Lastly, co-location also was identified as a key aspect for gaining better understanding and trust between project members. Which again highlights the importance of co-location in such projects. Two project leaders at Alpha shared their views on the matter explaining how they thought being located in the same office space made it easier to become a unity. It led to members knowing each other, gaining better shared mental models regarding aspects of the project.

5.1.6 Summary

As can be seen from the previously described sections several important aspects for increasing coordination and general performance were identified. As can also be witnessed most of these aspects have previously been identified as important both in small-scale and large-scale project literature, as well as in agile and software development, and other fields and industries. Looking at the research questions several aspects have in turn been shown to be similar in a large-scale/MTS agile software development project, and in previous research on inter-team coordination and coordination in general.

As shown in table 2.5, 2.6 and 2.7 showing the summary of impacts on team performance and coordination from previously conducted studies, several of these aspects are identified in this case study, e.g., co-location having a positive impact. However, some dissimilarities were found. The most prominent of these were regarding informal communication. Cockburn [67] stated that with a large team and project size the informal communica-

tion levels should be lower, ending in communication effectiveness decreasing. This was not the case in this large-scale project where the informal communication arenas seemed to increase throughout the course of the project leading to improved communication, coordination and collaboration.

What could be important to note for practitioners is that some of the aspects identified in this study in general are harder to replicate than more concrete aspects. This was highlighted by one of the project leaders at Alpha. He stated the following:

It is easy to recreate metascrums, Scrum of Scrums and the experience and knowledge sharing. The concrete, specific aspects are easy to replicate, but the team dynamics, having everyone located at the same floor, constant communication, the togetherness witnessed, and similar things, the less concrete aspects, they are harder to reproduce.

5.2 Evaluation of the Study

5.2.1 Research Process

Part IV

Conclusion and the Road Forward

Chapter 6

Conclusion

Contents		
6.1	Research Question	94

In this chapter the findings from both the results- and discussion-chapter are further looked at and summarised. The focus of the conclusion-chapter is to make verdicts and decisions based on both previous research and the performed case study to answer the initial research questions.

6.1 Research Question

Which similarities and dissimilarities in inter-team coordination can be found between current literature on large-scale/MTS projects, and a large-scale agile software development project in practice? And which aspects and mechanisms were identified as important for this inter-team coordination, as well as for general team performance?

As can be seen from table 4.3, 4.4 and 4.5 several coordination mechanisms and other influential aspects were identified in the Omega-project. Some of these were further investigated and more thoroughly analysed in chapter 5. Looking back at chapter 2, 4 and 5 involving theory, results and discussion some conclusions regarding the research questions can be drawn.

In general the large-scale agile development project that has been studied showed a lot of similarities to previously conducted research and their findings. However, some dissimilarities were present. The most prominent of these was Cockburn's statement that informal communication should decrease with the project and team size becoming large leading to a decline in communication effectiveness [67]. This was not the case in Omega where the informal communication arenas actually seemed to increase throughout the course of the project leading to improved communication, coordination and collaboration, despite of the project size being so large

To summarise the findings of the master thesis and to answer the second part of the research question a brief description of each identified coordination mechanism or other important aspects are outlined in table 6.1. It is important to note that all of these factors and sources are deemed to have a positive impact on coordination effectiveness and general team performance, meaning a lack of their presence will have a negative effect.

Mechanism/Aspect	Impact	Description of impact on inter-team co-
		ordination and performance
Co-location	Positive	Co-location led to improved communication quality and generally more communication being achieved, especially on an informal level. This in turn improved the general performance levels of both teams and the project as a whole. Being co-located was seemingly the most dominant positive factor witnessed in the project, and closely linked to several of the other mechanisms and aspects identified, e.g., mutual trust and informal communication arenas.
Informal communication	Positive	The most dominant communication type was informal communication. The use of such arenas grew throughout the project leading to better flow in inter-team coordination, collaboration and communication. Because of this, better knowledge, general overview and status of the project was achieved elevating the performance standard within Omega.
Leadership presence	Positive	Also identified as an important aspect of the Omega-project was the presence of both the project management and the project owner. With such leadership present so closely to the development teams inter-team coordination and general problem solving could be handled on a fast paced level excelling team and project performance. This aspect seemed to be closely linked to both co-location and mutual trust.
Mutual trust	Positive	Another important mechanism brought up in the case interviews was mutual trust. Mutual trust was mainly achieved through social gatherings and co-location such that members got to know each other leading to a unity. This links mutual trust to both co-location and informal communication, but also seemed to be closely related to shared mental models and the presence of project management (as this increased trust between the project management and developers). In general the achieved mutual trust led to team members more easily communicating with each other improving coordination and collaboration, as well as general performance in both the teams and the project as a whole. Continued on the next page

Table 6.1 – continued from previous page

Mechanism/Aspect	Impact	Description of impact on inter-team co-
		ordination and performance
Shared mental models	Positive	An aspect identified as having a positive impact
		on inter-team coordination and performance
		levels of the project was shared mental mod-
		els. As the project moved along team members
		seemed to get a better understanding of other
		members leading to their mental models being
		more equal. It was especially knowledge and
		experience sharing arenas that led to achiev-
		ing such shared mental models. With the team
		members getting a better understanding of oth-
		ers, inter-team coordination levels improved, as
		well as general performance standards.
Continuous change	Positive	In Omega there was a focus on adapting based
and improvement		on a need basis to achieve more efficient work.
		The impact of this on inter-team coordination
		was that communication arenas were in con-
		stant change to improve how coordination and
		general collaboration was handled.

Table 6.1: Summary of identified impacts on coordination and performance.

Chapter 7

Future Work

Contents		
7.1	Suggestions for Future Research Focus	98

In this chapter possible research for the future is highlighted. Several focus areas are described such as the possibility to create a model for coordination mechanisms in a large-scale context. In general more solid empirical case studies have to be performed on the research field.

7.1 Suggestions for Future Research Focus

With the introduction and growth of using agile approaches in large-scale software development and multi-team systems a lot of focus needs to be aimed in this direction. This is backed up by results gathered at the International Conference on Agile Software Development (XP2013) where "inter-team coordination" was voted the number one burning topic in large-scale agile software development, with "large project organisation" coming in second [8]. This study has primarily looked at important coordination mechanisms and other closely related aspect that affects the performance level of such development projects. Through the study some remarks were made.

What was interesting in the research was that several of these coordination mechanisms and aspects seemed to be somewhat correlated. This leads the researcher to believe that there might be possible to build a model for important aspects of inter-team coordination in large-scale development and multi-team systems. However, for this to be realised more empirical case studies have to be carried out on similar projects to see if the different mechanisms and aspects are reoccurring.

Hence, it would have been interesting to perform a similar study on a different large-scale agile development project and comparing the findings and results to this particular study. For future research a multi-case study could be a possibility to gain more solid data.

As aforementioned it would be interesting to see if it is possible to build a concrete model for mechanism and aspect involved in inter-team coordination and general team performance. A possibility could be to use Strode's theoretical model of coordination as a platform, but focusing on a large-scale context (seeing as this model is built from case studies on small-scale agile software development projects). Especially the the synchronisation component, different complexity factors introduced by large-scale, the coordinator role, and the proximity aspect of the structure component must be looked into closely.

In earlier chapters it was identified a dissimilarity between previous research on informal communication and what was witnessed in the Omega-project and brought forward by the case interviews. This is an interesting remark, and might be an area for further research too analyse if it was a one time ting occurring in this project, or if this is something repeating itself in other successful large-scale projects.

As one of the project leaders at Alpha also pointed out, it is harder to recreate the less concrete coordination mechanisms and aspects. This might also be an area which could benefit from future research focus, in the sense that making these important aspects easier to replicate will serve practitioners in adopting these in their development, leading to better performance standards.

In general more solid empirical case studies need to be performed on coordination mechanisms and related aspect, and their effect on performance achieved in multi-team system and large-scale agile software development.

Bibliography

- [1] "A guide to scrumban." http://www.aboutscrumban.com/. [Online; accessed 10-June-2015].
- [2] J. D. Herbsleb, "Global software engineering: The future of socio-technical coordination," in 2007 Future of Software Engineering, FOSE '07, (Washington, DC, USA), pp. 188–198, IEEE Computer Society, 2007.
- [3] J. Schnitter and O. Mackert, "Large-scale agile software development at sap ag," in *Evaluation of Novel Approaches to Software Engineering* (L. Maciaszek and P. Loucopoulos, eds.), vol. 230 of *Communications in Computer and Information Science*, pp. 209–220, Springer Berlin Heidelberg, 2011.
- [4] J. Ågerfalk, B. Fitzgerald, and O. In, "Flexible and distributed software processes: old petunias in new bowls?," *Communications of the ACM*, vol. 49, no. 10, pp. 26–34, 2006.
- [5] D. Leffingwell, Scaling Software Agility: Best Practices for Large Enterprises (The Agile Software Development Series). Addison-Wesley Professional, 2007.
- [6] A. Cockburn, *Agile Software Development*. Boston, MA, USA: Addison-Wesley Longman Publishing Co., Inc., 2002.
- [7] D. Batra and W. Xia, "Balancing Agile and Structured Development Approaches to Successfully Manage Large Distributed Software Projects: A Case Study from the Cruise Line," Communications of the Association for Information Systems, vol. 27, no. 1, pp. 379–394, 2010.
- [8] T. Dingsøyr and N. B. Moe, "Research challenges in large-scale agile software development," ACM SIGSOFT Software Engineering Notes, vol. 38, p. 38, Aug. 2013.
- [9] M. Paasivaara, "Inter-team coordination in large-scale globally distributed scrum: Do Scrum-of-Scrums really work?," *ESEM*, pp. 235–238, 2012.
- [10] V. O. N. E. Com, "7th Annual State of Agile Development Survey." http://www.versionone.com/pdf/7th-Annual-State-of-Agile-Development-Survey.pdf, 2013. [Online; accessed 15-November-2014].
- [11] J. Vlietland and H. van Vliet, "Towards a governance framework for chains of Scrum teams," *Information and Software Technology*, vol. 57, pp. 52–65, Jan. 2015.

- [12] M. Lindvall, D. Muthig, and A. Dagnino, "Agile software development in large organizations," *Computer*, pp. 26–34, 2004.
- [13] E. C. Lee, "Forming to Performing: Transitioning Large-Scale Project Into Agile," *Agile 2008 Conference*, pp. 106–111, 2008.
- [14] M. Paasivaara, S. Durasiewicz, and C. Lassenius, "Using Scrum in Distributed Agile Development: A Multiple Case Study," 2009 Fourth IEEE International Conference on Global Software Engineering, pp. 195–204, July 2009.
- [15] M. Pikkarainen, J. Haikara, O. Salo, P. Abrahamsson, and J. Still, "The impact of agile practices on communication in software development," *Empirical Software Engineering*, vol. 13, pp. 303–337, May 2008.
- [16] S. Freudenberg and H. Sharp, "The top 10 burning research questions from practitioners," *Software*, *IEEE*, 2010.
- [17] K. V. Haaster, "Agile in-the-large: Getting from Paradox to Paradigm." 2014.
- [18] T. Dingsøyr, T. E. Fægri, and J. Itkonen, "What is Large in Large-Scale? A Taxonomy of Scale for Agile Software Development." 2013.
- [19] D. Reifer, F. Maurer, and H. Erdogmus, "Scaling Agile Methods," *IEEE Software*, vol. 20, pp. 12–14, July 2003.
- [20] B. J. Oates, Researching Information Systems and Computing. Sage Publications Ltd., 2006.
- [21] E. Andreassen, "Coordination effectiveness in large-scale agile software development." Preliminary study performed for a planned master thesis and case study, 2014.
- [22] Dr. Royce, Winston W., "Managing the Development of Large Software Systems," 1970.
- [23] P. Abrahamsson, O. Salo, J. Ronkainen, and J. Warsta, "Agile software development methods Review and analysis," Tech. Rep. 478, VTT PUBLICATIONS, 2002.
- [24] Takeuchi, Hirotaka and Nonaka, Ikujiro, "New New Product Development Game," 1986.
- [25] J. Sutherland, "Agile Can Scale: Inventing and Reinventing SCRUM in Five Companies," vol. Vol. 14, No. 12, Dec. 2001.
- [26] M. Cohn, "Advice on Conducting the Scrum of Scrums Meeting." https://www.scrumalliance.org/community/articles/2007/may/advice-on-conducting-the-scrum-of-scrums-meeting, 2007. [Online; accessed 11-December-2014].
- [27] H. Takeuchi and I. Nonaka, *Hitotsubashi on Knowledge Management*. Wiley, 2004.

- [28] D. Anderson, Kanban. Blue Hole Press, 2010.
- [29] L. Cocco, K. Mannaro, G. Concas, and M. Marchesi, "Simulating kanban and scrum vs. waterfall with system dynamics," in Agile Processes in Software Engineering and Extreme Programming (A. Sillitti, O. Hazzan, E. Bache, and X. Albaladejo, eds.), vol. 77 of Lecture Notes in Business Information Processing, pp. 117–131, Springer Berlin Heidelberg, 2011.
- [30] C. Ladas, "Scrum-ban." http://leansoftwareengineering.com/ksse/scrum-ban/, 2008. [Online; accessed 10-June-2015].
- [31] A. Cockburn and L. Williams, "Extreme programming examined," ch. The Costs and Benefits of Pair Programming, pp. 223–243, Boston, MA, USA: Addison-Wesley Longman Publishing Co., Inc., 2001.
- [32] F. Padberg and M. Muller, "Analyzing the cost and benefit of pair programming," in Software Metrics Symposium, 2003. Proceedings. Ninth International, pp. 166–177, Sept 2003.
- [33] K. M. Lui and K. C. C. Chan, "Pair programming productivity: Novice-novice vs. expert-expert," *Int. J. Hum.-Comput. Stud.*, vol. 64, pp. 915–925, Sept. 2006.
- [34] L. Williams and R. Kessler, *Pair Programming Illuminated*. Addison-Wesley, 2003.
- [35] T. W. Malone and K. Crowston, "The interdisciplinary study of coordination," *ACM Comput. Surv.*, vol. 26, pp. 87–119, mar 1994.
- [36] D. E. Strode, S. L. Huff, B. Hope, and S. Link, "Coordination in co-located agile software development projects," *Journal of Systems and Software*, vol. 85, no. 6, pp. 1222 1238, 2012. Special Issue: Agile Development.
- [37] H. Mintzberg, Mintzberg on Management: Inside Our Strange World of Organizations. Free Press, 1989.
- [38] A. H. Van De Ven, A. L. Delbecq, and R. Koening Jr., "Determinants of Coordination Modes within Organizations," *American Sociological Review*, vol. 41, no. 2, pp. 322–338, 1976.
- [39] J. Child, "Predicting and understanding organization structure," Administrative Science Quarterly, vol. 18, no. 2, pp. 168–185, 1973.
- [40] I. O. Robert L. Nord and P. Kruchten, "Agile in distress: Architecture to the rescue." 2014.
- [41] J. Mathieu, M. Cobb, and S. Zaccaro, "Multiteam systems," in *International hand-book of work and organizational psychology*, pp. 289–313, SAGE Publications, Sept 2001.
- [42] S. Zaccaro, M. Marks, and L. DeChurch, *Multiteam Systems: An Organization Form for Dynamic and Complex Environments*. Organization and management series, Taylor & Francis, 2012.

- [43] V. Bentz and C. for Creative Leadership, Explorations of scope and scale: the critical determinant of high-level executive effectiveness. Technical Reports, Center for Creative Leadership, 1987.
- [44] S. Zaccaro, The Nature of Executive Leadership: A Conceptual and Empirical Analysis of Success. American Psychological Association, 2001.
- [45] D. E. Strode, B. G. Hope, S. L. Huff, and S. Link, "Coordination effectiveness in an agile software development context.," in *PACIS* (P. B. Seddon and S. Gregor, eds.), p. 183, Queensland University of Technology, 2011.
- [46] J. Mathieu, M. T. Maynard, T. Rapp, and L. Gilson, "Team Effectiveness 1997-2007: A Review of Recent Advancements and a Glimpse Into the Future," *Journal* of Management, vol. 34, pp. 410–476, June 2008.
- [47] D. E. Hyatt and T. M. Ruddy, "An examination of the relationship between work group characteristics and performance: Once more into the breech," *Personnel Psychology*, vol. 50, no. 3, pp. 553–585, 1997.
- [48] C. De O. Melo, D. S. Cruzes, F. Kon, and R. Conradi, "Interpretative case studies on agile team productivity and management," *Inf. Softw. Technol.*, vol. 55, pp. 412–427, Feb. 2013.
- [49] N.-D. Anh, D. S. Cruzes, and R. Conradi, "Dispersion, coordination and performance in global software teams: A systematic review," in *Proceedings of the ACM-IEEE In*ternational Symposium on Empirical Software Engineering and Measurement, ESEM '12, (New York, NY, USA), pp. 129–138, ACM, 2012.
- [50] T. Dingsøyr and Y. Lindsjørn, "Team performance in agile development teams: Findings from 18 focus groups," in *Agile Processes in Software Engineering and Extreme Programming* (H. Baumeister and B. Weber, eds.), vol. 149 of *Lecture Notes in Business Information Processing*, pp. 46–60, Springer Berlin Heidelberg, 2013.
- [51] E. Salas, D. E. Sims, and C. S. Burke, "Is there a" Big Five" in Teamwork?," Small Group Research, vol. 36, pp. 555–599, Oct. 2005.
- [52] J. Cannon-Bowers, E. Salas, and S. Converse, "Cognitive psychology and team training: Shared mental models in complex systems," vol. 33, pp. 1–4, 1990.
- [53] W. B. Rouse and N. M. Morris, "On looking into the black-box prospects and limits in the search for mental models," *Psychological Bulletin*, vol. 100, no. 3, pp. 349–363, 1986.
- [54] J. Cannon-Bowers, E. Salas, and S. Converse, "Shared mental models in expert team decision making," in *Individual and group decision making: Current issues*, pp. 221–246, Lawrence Erlbaum Associates, Inc., 1993.
- [55] J. Mathieu, T. Heffner, G. Goodwin, E. Salas, and J. Cannon-Bowers, "The influence of shared mental models on team process and performance," *Journal of Applied Psychology*, vol. 85, pp. 273–283, 2000.

- [56] X. Yu and S. Petter, "Understanding agile software development practices using shared mental models theory," *Information & Software Technology*, vol. 56, pp. 911–921, 2014.
- [57] S. Webber, "Leadership and trust facilitating cross-functional team success," *Journal of Management Development*, vol. 21, no. 3, pp. 201–214, 2002.
- [58] D. Bandow, "Time to create sound teamwork," The Journal for Quality and Participation, no. 24, pp. 41–47, 2001.
- [59] R. Cooper and A. Sawaf, Executive EQ: Emotional Intelligence in Leadership and Organizations. Berkley Publishing Group, 1998.
- [60] A. A. Nils Brede Moe and T. Dybå, "Challenges of shared decision-making: A multiple case study of agile software development," *Information and Software Technology*, vol. 54, no. 8, pp. 853–865, 2012. Special Issue: Voice of the Editorial Board Special Issue: Voice of the Editorial Board.
- [61] S. Nygaard and A. Russo, "Trust, coordination and knowledge flows in r&d projects: the case of fuel cell technologies," *Business Ethics: A European Review*, vol. 17, no. 1, pp. 23–34, 2008.
- [62] B. McEvily and A. Marcus, "Embedded ties and the acquisition of competitive capabilities," *Strategic Management Journal*, vol. 26, no. 11, pp. 1033–1055, 2007.
- [63] K. S. Khan, R. Kunz, J. Kleijnen, and G. Antes, "Five steps to conducting a systematic review.," *Journal of the Royal Society of Medicine*, vol. 96, pp. 118–121, Mar. 2003.
- [64] L. A. Goodman, "Snowball sampling," Ann. Math. Statist., vol. 32, pp. 148–170, 03 1961.
- [65] R. Yin, Case Study Research: Design and Methods. Applied Social Research Methods, SAGE Publications, 2009.
- [66] J. Kitzinger, "Focus group research: using group dynamics to explore perceptions, experiences and understandings," in *Qualitative Research In Health Care*, pp. 57–70, Open University Press, 2005.
- [67] A. Cockburn, "Selecting a project's methodology," *IEEE Software*, vol. 17, pp. 64–71, July 2000.

Part V Appendices

Appendix A

Interview Guide

Introduction and Information

- Background on research study and what the information will be used for
- Inform about interview being recorded
- Inform about anonymity
- Inform about the participation being voluntary
- Describe what will happen at the end of the study

Organisation

- Draw teams and communication arenas between teams
- Who were sitting where?

Timeline Exercise

• Identify important events in the project

Inter-team Coordination

- How was the work organised in your part of the project?
- What kind of dependencies were there between the teams in your part of the project? Examples?
- How were dependencies managed? Examples?
- What was managed in established forums and what was managed outside of the forums? Examples?

- Who were involved in managing dependencies between teams? Examples?
- Did you encounter challenges with managing dependencies? Examples?
- Did you change the way you managed dependencies during the project? Examples?
- What practices do you think were most important in order to manage dependencies between teams? Examples?
- Are there any practices you think had little importance for managing dependencies?
- How did the division of the project into three main parts influence the coordination between teams?
- Were there differences in inter-team coordination across the sub-projects?

Knowledge Sharing

- What type of knowledge was important to share between teams in this project?
- What kind of practices were used in order to share knowledge?
- How would you evaluate the different practices used?
- Was there any knowledge that was difficult to share?
- Is it possible to identify "knowledge communities" within the project?
- Which of these communities were official and which were unofficial?
- How was the work organised within the communities?
- How was knowledge sharing influenced by having several companies working together in the project?
- Which knowledge sharing arenas would you argue were most important for the project?
- Did a team know what other teams were working on?
- Were you able to shift workload across teams? Why was this easy/hard?
- Were there any tool support?

Retrospective

- What worked well?
- What was challenging?

Appendix B

Non Disclosure Agreement (NDA)

The reseracher had to sign a Non Disclosure Agreement to be allowed the data from the case study. The NDA is attached on the next page.



Dato:

Avtale om taushetsplikt

mellom

Stiftelsen SINTEF

	og
	Stiftelsen SINTEF er en selvstendig juridisk enhet og er registrert i foretaksregisteret med organisasjonsnummer 948 007 029
behan	formasjon partene har mottatt fra hverandre enten skriftlig, muntlig eller på annen måte, skal dles fortrolig og ikke benyttes uten skriftlig avtale, med mindre mottakeren kan nentere at informasjonen
i) ii) iii) iv)	var allment tilgjengelig da den ble mottatt var kjent av mottaker ved mottakelsen ble mottatt lovlig fra tredjeperson uten avtale om hemmelighold ble utviklet av mottaker uavhengig av mottatt informasjon.
som e	ne skal ved forhandlinger søke å løse konflikter som måtte oppstå i forbindelse med eller er et resultat av denne avtalen. Dersom dette ikke lar seg gjøre, velger partene Trondheim ett som verneting.
For	For Stiftelsen SINTEF

Dato: