

Impact of Prolonged Rains on Kibera and Kangemi Communities: A Call to Action

In the heart of Nairobi, the slums of Kibera and Kangemi are enduring an unprecedented crisis due to ongoing heavy rains. These rains have led to substantial loss of life, displacement of over 50,000 people, and severe food shortages. The infrastructure in these communities, already fragile, couldn't withstand the flooding, leading to significant damage and loss. Among those most affected are young girls who are now facing great difficulties in managing their menstrual health, given the scarcity of sanitary products like pads, increasing their risk of infection and stress.

Recognizing the urgency of the situation, Teenage Pregnancy Awareness (TePA) has expanded its mission focus temporarily to address these immediate needs. While TePA primarily works to combat teenage pregnancies through education and empowerment, we are now mobilizing resources to provide emergency food supplies and essential services. A key part of our emergency response involves distributing sanitary pads and hygiene kits to uphold the health and dignity of hundreds of young women in these affected areas.

The situation is dire, and TePA is committed to supporting these vulnerable populations, but we cannot do it alone. We urgently need more support to scale up our efforts. Donations are critical; they help us procure essential items like food and menstrual hygiene products. We also need volunteers to assist on the ground in Nairobi, helping to distribute supplies and support displaced families. Moreover, spreading the word increases awareness and support, making a significant difference in our collective impact.

While our immediate focus is on relief, TePA is also dedicated to the long-term recovery and empowerment of Kibera and Kangemi's residents, aiming to foster resilience and hope. The rains may have brought despair, but with your help, we can bring hope and healing. We encourage everyone to join us in supporting these communities, either through donations, volunteering, or simply by spreading the word. For more information on how you can help, please visit TePA's website <https://www.tepa2030.org/blog> or contact us directly via +254712027836. Together, we can make a real difference in the lives of those affected by the floods in Nairobi's slums.