

Physiological sensor



Measure Blood Glucose Levels using GSR Signal, PPG signal and Body Temperature- Non invasive method

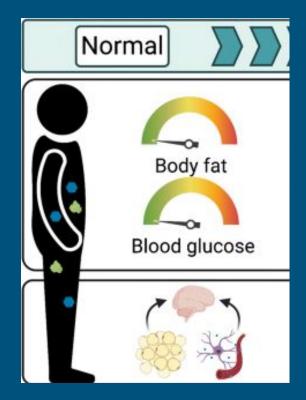
Mario Gualsaqui Esther Matamoros

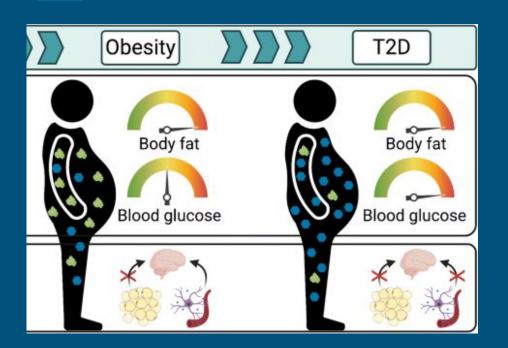


Introduction

Blood Glucose Measurements

- → In healthy patients, blood glucose levels are automatically monitored and controlled by the body.
- → After eating, the body releases enough insulin to keep the plasma glucose within a normal range and usually returns to pre-meal levels within two to three hours.





→ In people with impaired glucose tolerance or diabetes, the body has little or no automatic control of blood glucose levels. After eating, they often experience extended periods of elevated blood glucose levels.

Self-monitoring of blood glucose (SMBG)

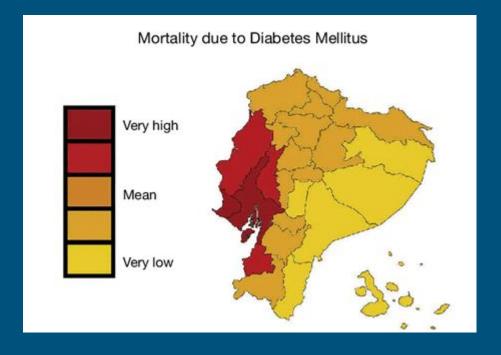
- Adjust to therapy and assess the responses to therapy.
- Assess the impact of an action on blood glucose levels and consequently undertake prompt interventions designed to counter the high or low blood glucose concentration.



Problem Statement

In Ecuador, 414,414 people are affected by T2DM, however only 100,000 are receiving treatment.

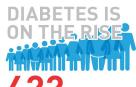
Moreover, diabetes is the leading cause of death in Ecuador and according to INEC.



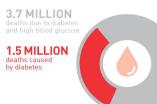
Early identification and intervention have been identified as critical components of programs seeking to prevent or delay the onset of type 2 diabetes.



DIABETES



422 MILLION adults have diabetes



THAT'S 1 PERSON IN 11



Main types of diabetes



TYPE 1 DIABETES

Body does not produce enough insulin



TYPE 2 DIABETES

Body produces insulin but can't use it well

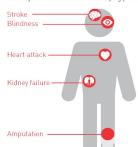


GESTATIONAL DIABETES

A temporary condition in pregnancy

Consequences

Diabetes can lead to complications in many parts of the body and increase the risk of dying prematurely.

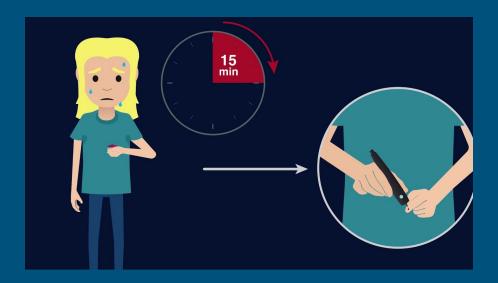


#diabetes



Methods to Determine Blood Glucose levels

Invasive devices may lead to bacterial infection or nerve damage to the patient.



Goals, Hypothesis and Research questions

Research Questions

- Can blood glucose levels be measured using non invasive methods?
- → What signals should a sensor measure to determine blood glucose levels?
- → Can a physiological sensor (Skin temperature, GSR, PPG measurements) determine accurately BGL?



Hypothesis



Blood Glucose Levels can be determine by using signals from skin such as:

- Galvanic Skin Response
- Temperature
- Photoplethysmogram Signal

Goals

Develop a physiological sensor that can be used to measure BGL easily and can be used safely by any diabetic patient at home.



Materials and methods

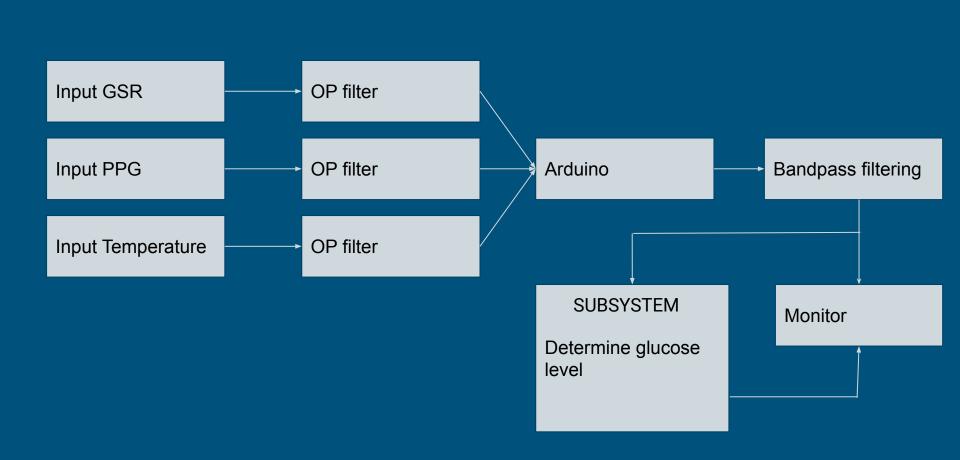
Materials and Methods

Materials:

- Electrodes
- Sensor Ritmo Cardiaco Latidos Corazón
 Pulso Arduino
- Sensor LM35 (Temperature sensor)
- ICs
- Resistances
- Jumper wires
- Arduino board

Methods:

- Matlab Simulation
- Digital to Voltage conversion
- GSR measurement
- Photoplethysmogram Analysis
- Temperature measurement
- Correlation to BGL



Conclusions

- BGLs can be measured by using biosignals non-invasively
- A non-invasive blood glucose monitoring system based on physiological signals builds up a good basis for real-time monitoring of human physiological parameters in the home environment.

Bibliography

Jimenez, A. M. (2013). Physiological sensor.

Kumar, M., Pandey, D., & Shrivastva, P. (2016). Effect of GSR biofeedback relaxation training on blood glucose and anxiety level of type 2 diabetic patients. International Journal of Indian Psychology, 4(1).

Wee, Y. L. (2014). Development of Galvanic Skin Response Sensor System to Measure Mental Stress.

Mukherjea, A., Chaudhury, P., Karkun, A., Ghosh, S., & Bhowmick, S. (2019, March). Synthesis of PPG Waveform Using PSPICE and Simulink Model. In 2019 Devices for Integrated Circuit (DevIC) (pp. 428-432). IEEE.

Zhang, G., Mei, Z., Zhang, Y., Ma, X., Lo, B., Chen, D., & Zhang, Y. (2020). A Noninvasive Blood Glucose Monitoring System Based on Smartphone PPG Signal Processing and Machine Learning. IEEE Transactions on Industrial Informatics, 16(11), 7209-7218.