



**Lauren Moore** is a team coach for various MBA programs at Cornell University in Ithaca, NY. She is passionate about helping participants maximize their program experience by sharing her knowledge and expertise of programs that incorporate team-based learning.

Lauren is a Certified Education Coach and works for Alberta Health Services (AHS) as a mental health coach. In this role, she has gained extensive coaching and facilitation experience working with not-for-profit agencies and school systems to support educational personnel, families and students. Lauren also partners with community-based interagency teams and public sector clients in areas such as team building, program development, conflict resolution and problem solving. Prior to working for AHS, Lauren worked as a health coach for a research study at Queen's University (Kingston, Ontario) and gained over 2500 hours of individual counselling.

Lauren earned both her BA and B.PHE at Queen's University (Kingston, Ontario), and her coaching designation from Dynamic Development (Red Deer, Alberta). Lauren is currently pursuing her Masters in Counseling at the University of Calgary (Calgary, Alberta).

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