

Fourth assessment

Fourth assesment health and fitness evaluation

SESSION ID	ASSESSMENT ID	GENERATED ON
session_004	as_hr_04	9/24/2025

Overview

Overall Health Score	80.0 % (Good)
Assessment Type	as_hr_04

Key Body Vitals

Heart Rate	75.0 bpm
Blood Pressure (Systolic)	124.0 mmHg
Blood Pressure (Diastolic)	82.0 mmHg

Body Composition

BMI	33.145 kg/m²
Body Fat Percentage	29.754 %

Report generated by Assessment Management System

Generated on 9/24/2025, 4:12:00 PM