



Says

What have we heard them say?
What can we imagine them saying?



Thinks

What are their wants, needs, hopes, and dreams?
What other thoughts might influence their behavior?

HealthHub is all about how we work in teams and in community.

Healthhub research is focused on specific problems and is aimed at developing solutions.

HealthHub provides access to your personal hospital records, lab test results, medical appointments and referral letters from public health care institutions.

Health means that we work in partnership with our patients doing our best to deliver the right sort of health care for you

You can visit the Facility for routine health checkups, screenings, vaccinations, and expert advice from health professionals. Most often, you will visit the Facility if you are sick, injured, or need preventative care.

The healthhub clinic is a big step towards benefiting landmark employees and their families.



Health Hub Medical clinic

Did you know!! Prolonged dehydration can damage your kidneys??

Nosocomophobia is an anxiety disorder that involves an intense, overwhelming fear of hospitals.

The clinical hub aims to provide timely, specialist advice to both patients and clinicians via a single point of access(111),24 hours a day 7 days a week.

The clinic and pharmacy offers walk-in services and accepts new patients, family medicine, minor procedures, vaccinations....

It is thought that upto 50% of people experience some form of fear or anxiety when visiting a hospital.

General anxiety can be very helpful, such as relaxation, slow breathing, mindfulness, distracting yourself from unhelpful thoughts and sharing your worries with others.



Does

What behavior have we observed?
What can we imagine them doing?



Feels

What are their fears, frustrations, and anxieties?
What other feelings might influence their behavior?