

PERSONAL OBJECTIVE

Seeking to join an organization that offers a productive workplace to provide power recovery to people by applying specialized understanding of the muscular (fascial) and skeletal system of the human body and provides professional growth.

BODY WORK MODALITIES

Circulatory/Swedish
Deep Tissue
Neuromuscular/Myofascial Release
Tui Na
Cupping, Gua Sha
Hot Stone
Thai Massage
Stretching and Traction
Sports Massage
Reflexology

TRAININGS&CERTIFICATIONS

California Massage Therapy Certificate (73743)
Asian Cupping Certification (NCBTMB 864)
First Aid CPR AED Certified
U.S. Foreign Corrupt Practices Act (FCPA)
Essential Skills for Supervisors and Managers
IT2 Electronic Communication (BCS - Level 2)
NVQ for IT Users
Team Building Seminar – IYNF

PERSONAL/TECHNICAL SKILLS

Excellent customer service skills
Good written and oral communication skills
Clear idea of Pathology/Anatomy/Kinesiology
Excellent marketing skills
Adept with Microsoft application
People management skills and creativity
Budget and project management

ACADEMIC QUALIFICATIONS & WORK EXPERIENCE

Massage Heights Rancho Penasquitos Present Massage Therapist

- Evaluate clients to locate painful or tense areas of the body
- Manipulate muscles or other soft tissues of the body
- Provide clients with guidance on stretching, strengthening, overall relaxation, and how to improve their posture
- Recruited new clients and ensured client retention (currently at 59%)

UC San Diego Health (UCSDH) * Center for Integrative Medicine (CIM) Massage Therapist May 2017 – Present

- Hospital based massage training
- Epic healthcare software training

Rady Children's Hospital May 2017 - Sept 2017 Massage Therapist

- Hospital based massage training

Pacific Collage of Oriental Medicine Clinic Jan 2017- May 2017 Massage Therapist

Pacific Collage of Oriental Medicine, San Diego, CA
1200 Hours Associate of Applied Science – Holistic Health Science - Graduated
600 Hours Massage Therapy/ Asian Bodywork Certification – Graduated

University of Veszprem, Hungary
Bachelor of Science in Economics
Specialized in Tourism and Hospitality Management

OTHER WORK EXPERIENCE

Marriott International Feb 2002-Jul 2015

Hotels worked at:

San Diego Marriott Marquis & Marina (San Diego, CA), Munich Airport Marriott (Germany), Grosvenor House, a JW Marriott Hotel (London, UK), Ritz Carlton Laguna Niguel (Dana Point, CA), San Diego Marriott Mission Valley (San Diego, CA)

Positions Fulfilled:

Front Office associate, Front Office Supervisor, Guest Relations Executive, Groups & Event Manager, Senior Meetings & Special Event Manager

- Guest problem resolution
- Responsible for revenue generation and encouraging repeat business
- Organizing social events, conferences and meetings
- Liaising with clients at a high level
- Supervising & coordinate the activities of personnel, subcontractors and vendors
- Front Office and Guest Services operational duties