

KENTUCKY BRFSS REPORT 2024



Kentucky Public Health
Prevent. Promote. Protect.

TABLE OF CONTENTS

SECTION	PAGE
Summary Table	3
Adults who reported having good or be...	4
Adults who reported ever having coron...	5
Adults who reported ever being told t...	6
Adults who reported current smoking s...	7
Adults who reported exercise/physical...	8

Overall Prevalence Table

Indicator	Prevalence (%)	95% CI
Adults who reported having good or better health	75.8%	(74.3%–77.2%)
Adults who reported ever having coronary heart disease (CHD) or myocardial infarction (MI)	10%	(9.1%–10.9%)
Adults who reported ever being told they had a stroke	4.7%	(4.1%–5.3%)
Adults who reported current smoking status	17.3%	(15.9%–18.7%)
Adults who reported exercise/physical activity in the past 30 days outside of occupation	71.7%	(70.1%–73.1%)

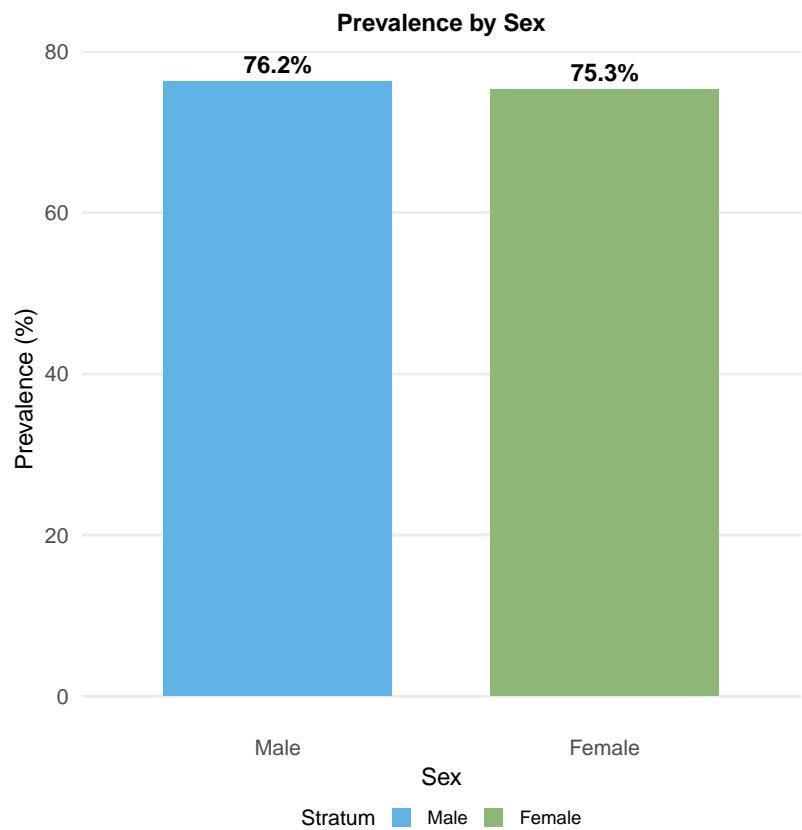
ADULTS WHO REPORTED HAVING GOOD OR BETTER HEALTH

Variable ID: _RFHLTH

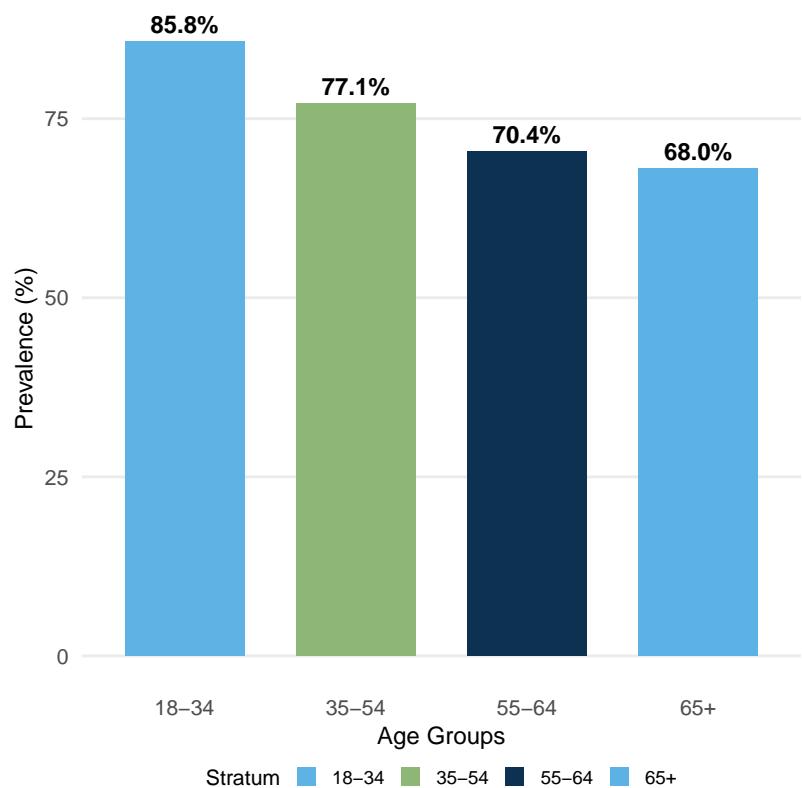
PREVALENCE

75.8%

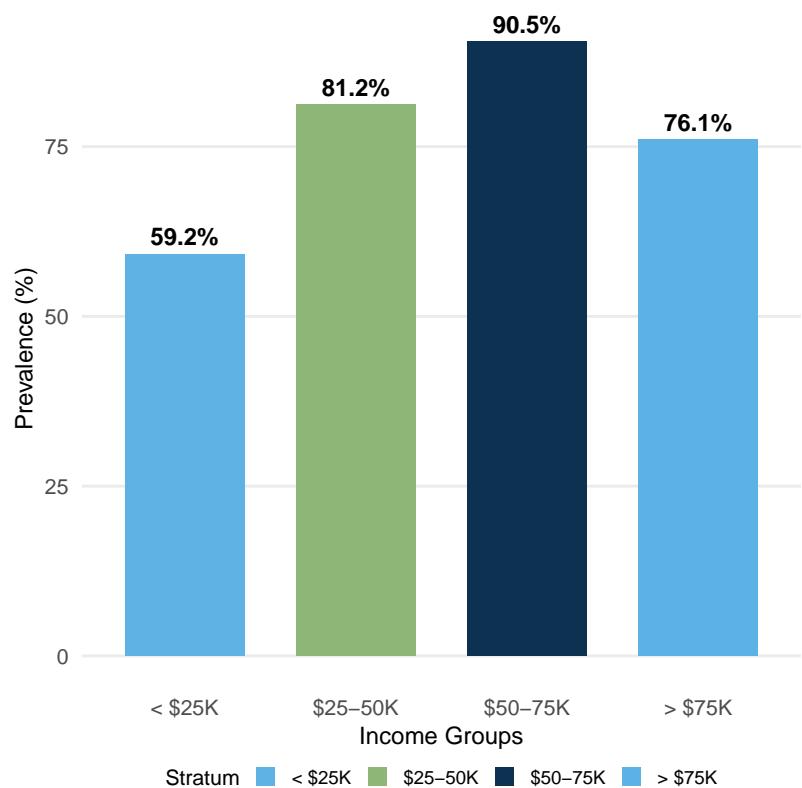
95% CI: (74.3%–77.2%)



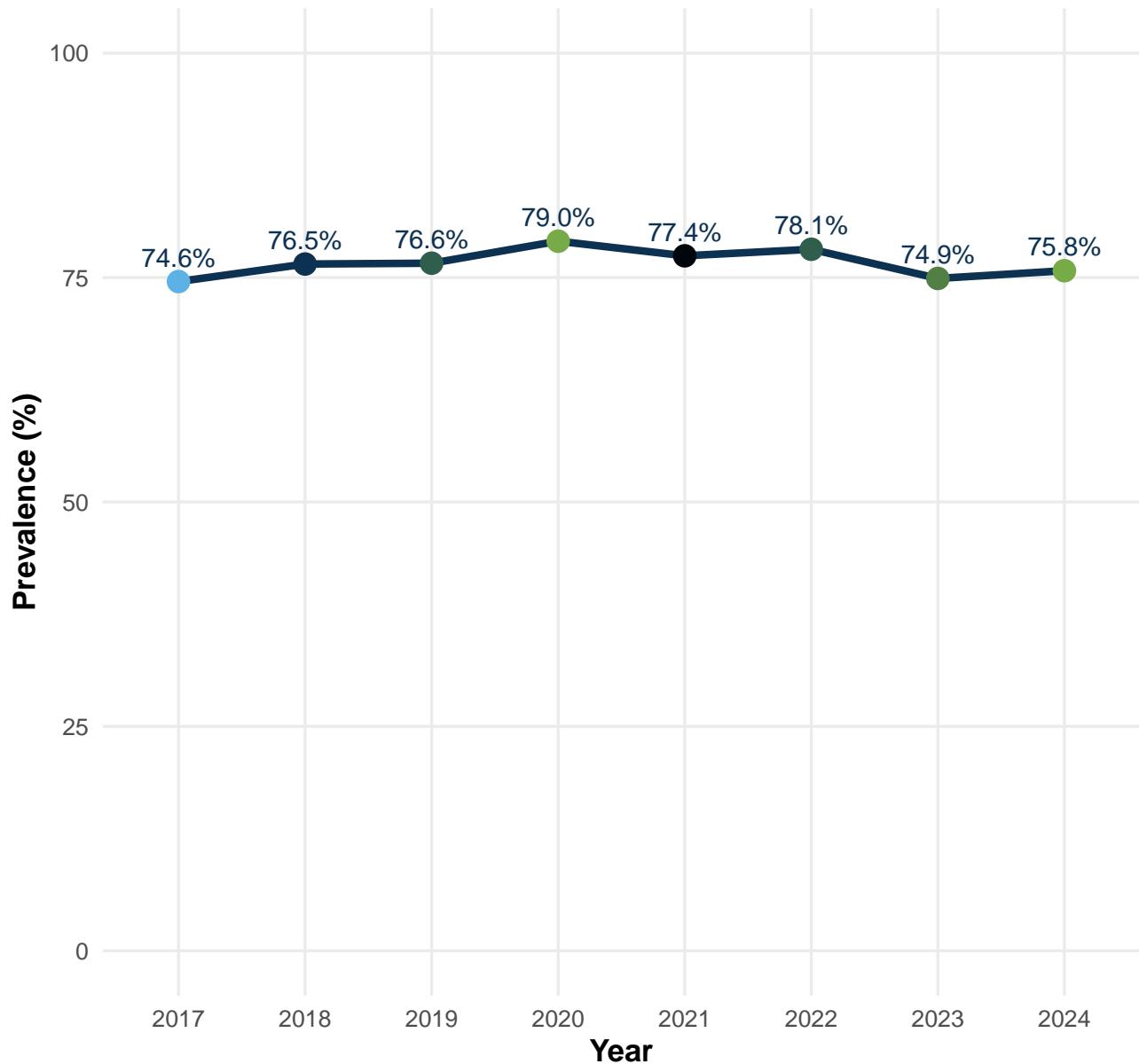
Prevalence by Age Group



Prevalence by Income



ADULTS WHO REPORTED HAVING GOOD OR BETTER HEALTH – ANNUAL TRENDS



Source: Kentucky BRFSS

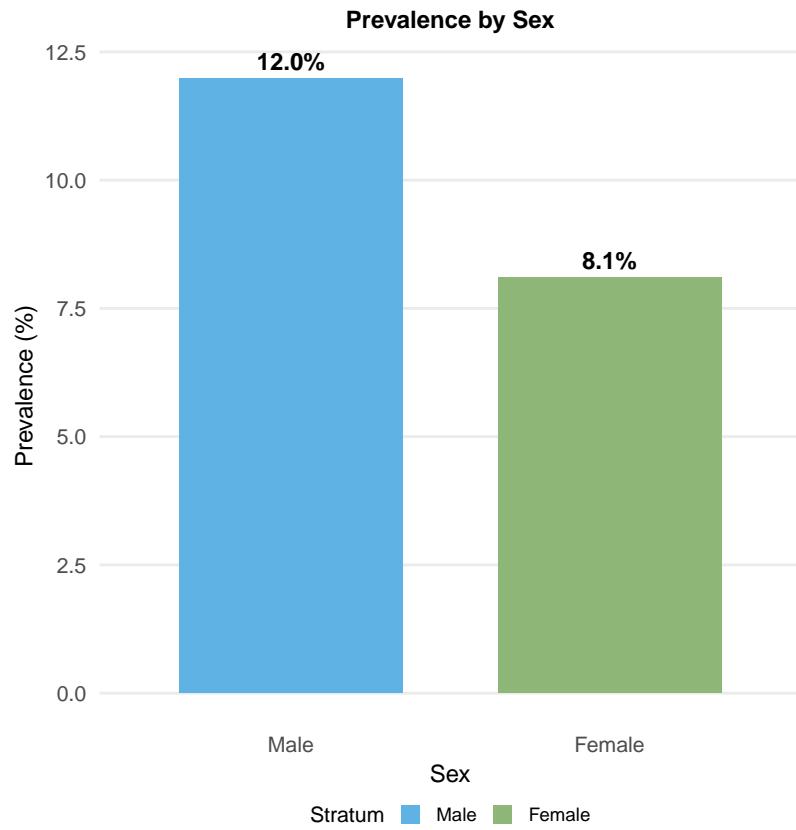
ADULTS WHO REPORTED EVER HAVING CORONARY HEART DISEASE (CHD) OR MYOCARDIAL INFARCTION (MI)

Variable ID: _MICHD

PREVALENCE

10%

95% CI: (9.1%–10.9%)



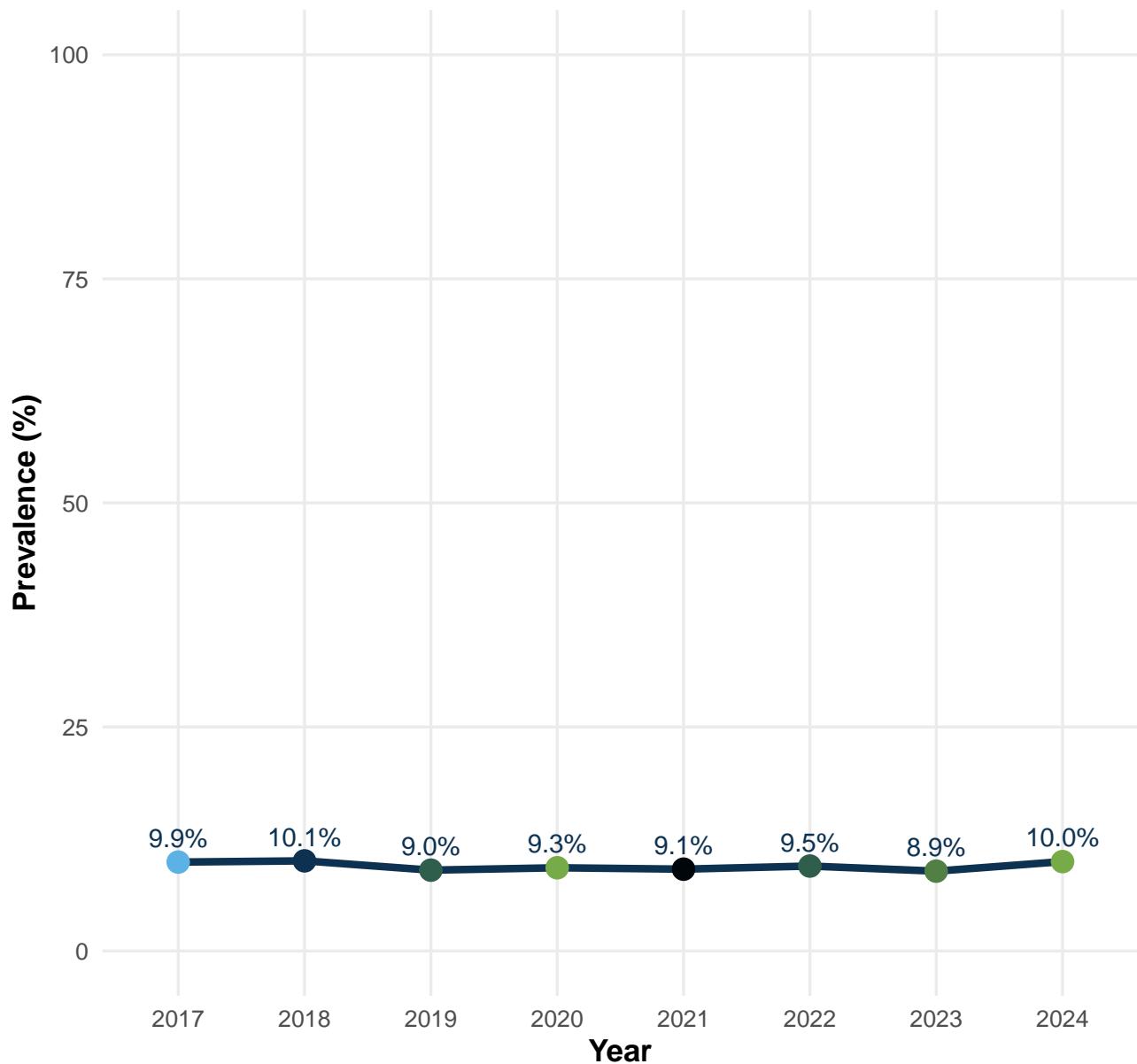
Prevalence by Age Group

Prevalence by Income

Age Groups
Stratum 18-34 35-54 55-64 65+

Income Groups
Stratum < \$25K \$25-50K \$50-75K > \$75K

**ADULTS WHO REPORTED EVER HAVING
CORONARY HEART DISEASE (CHD) OR
MYOCARDIAL INFARCTION (MI) –
ANNUAL TRENDS**



Source: Kentucky BRFSS

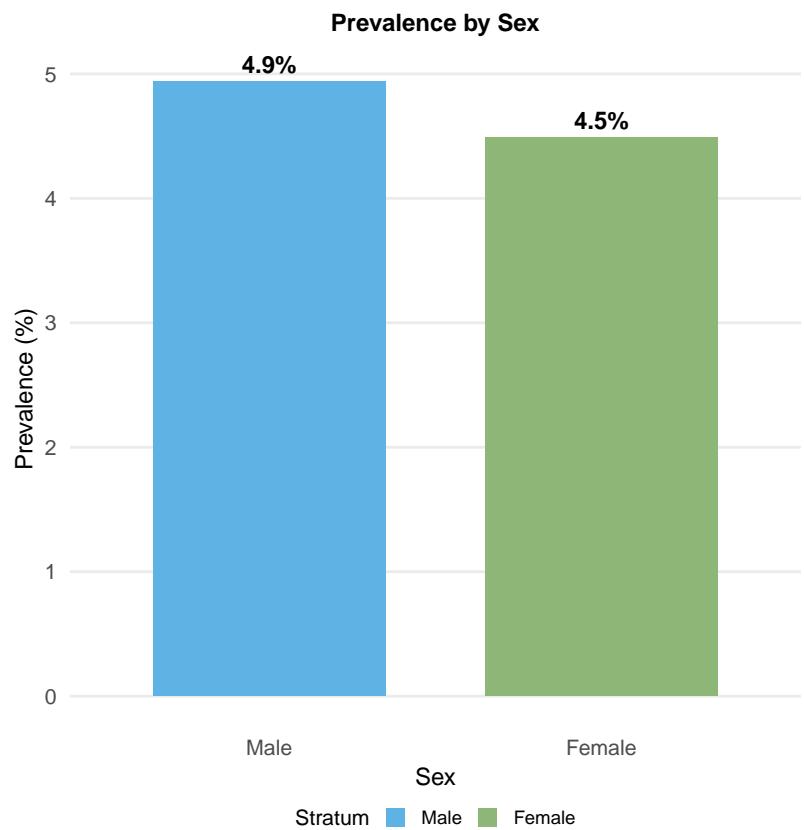
ADULTS WHO REPORTED EVER BEING TOLD THEY HAD A STROKE

Variable ID: CVDSTRK3

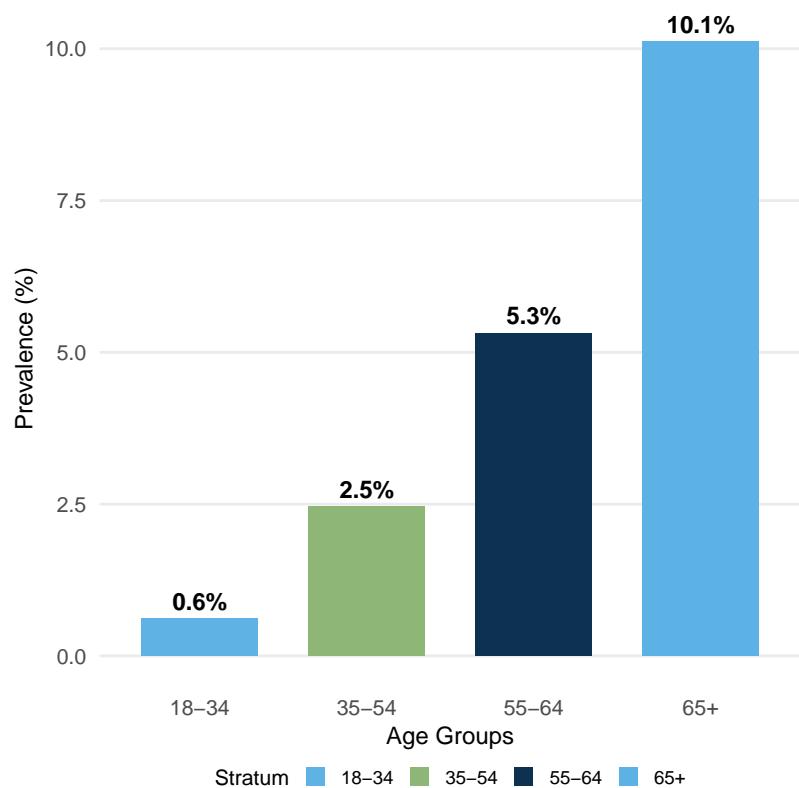
PREVALENCE

4.7%

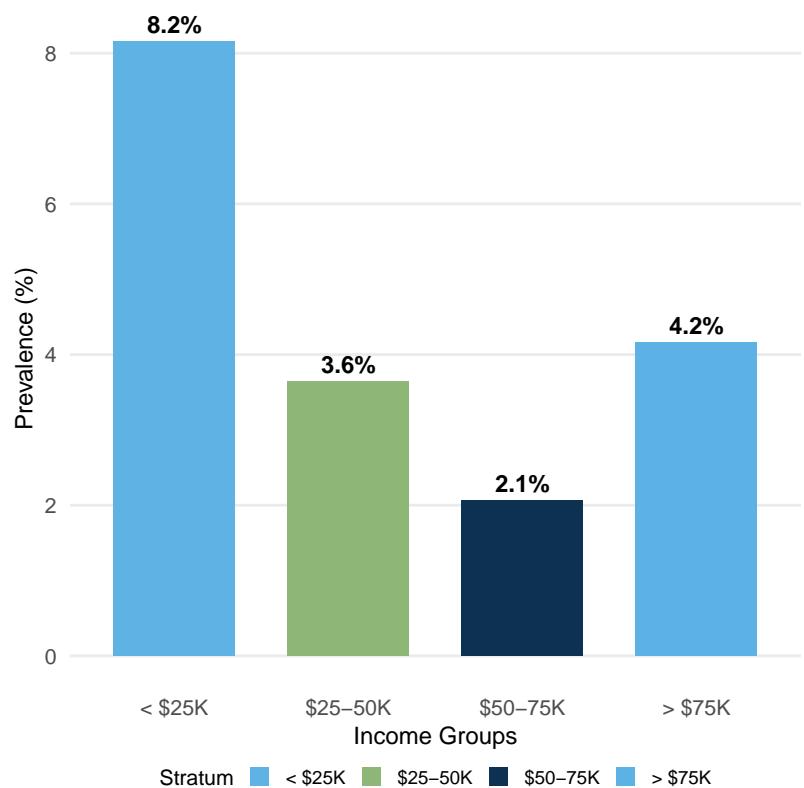
95% CI: (4.1%–5.3%)



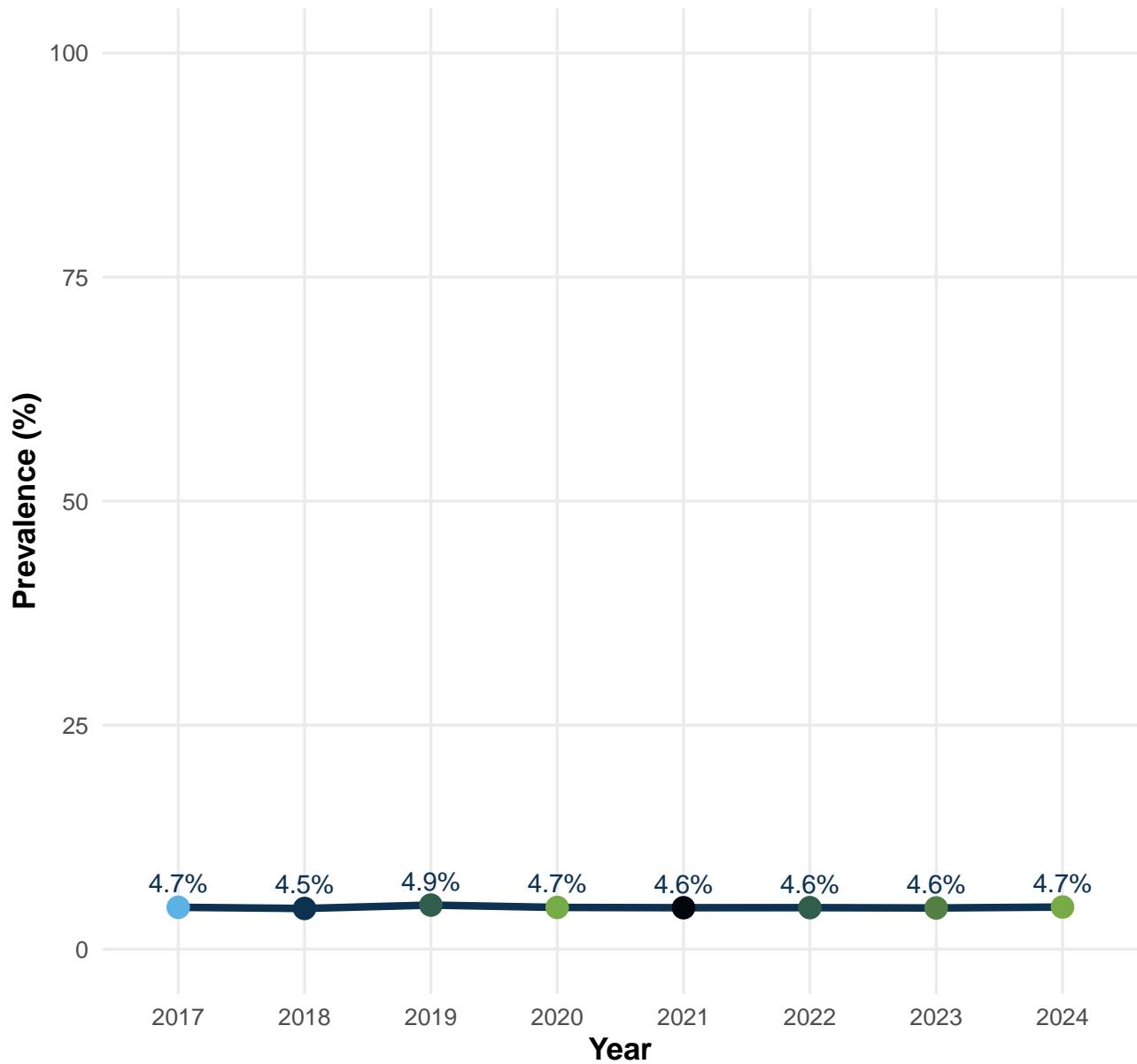
Prevalence by Age Group



Prevalence by Income



**ADULTS WHO REPORTED EVER BEING
TOLD THEY HAD A STROKE – ANNUAL
TRENDS**



Source: Kentucky BRFSS

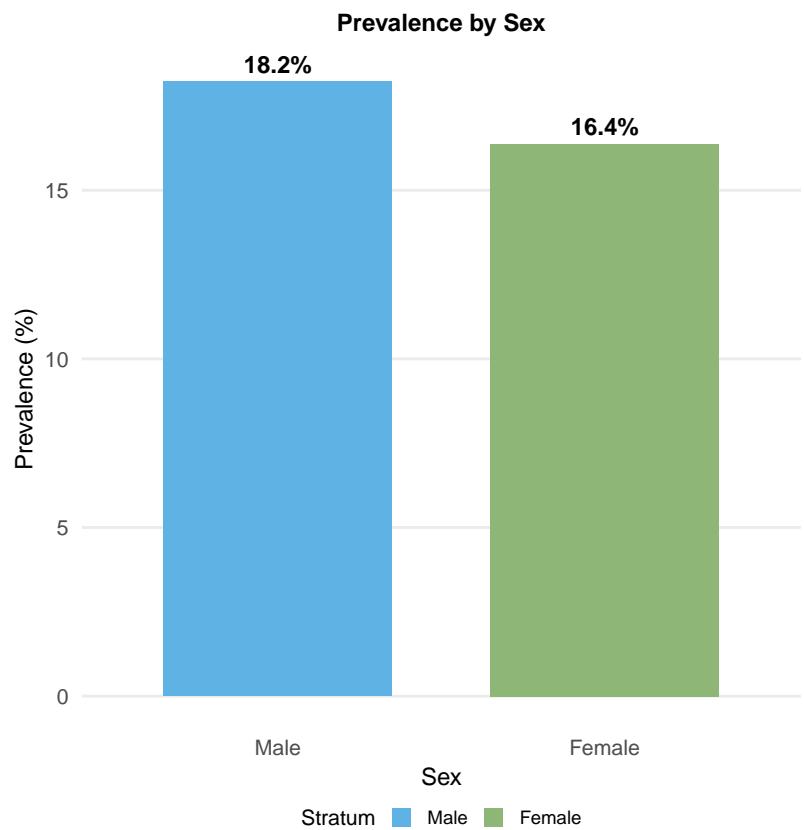
ADULTS WHO REPORTED CURRENT SMOKING STATUS

Variable ID: _RFSMOK3

PREVALENCE

17.3%

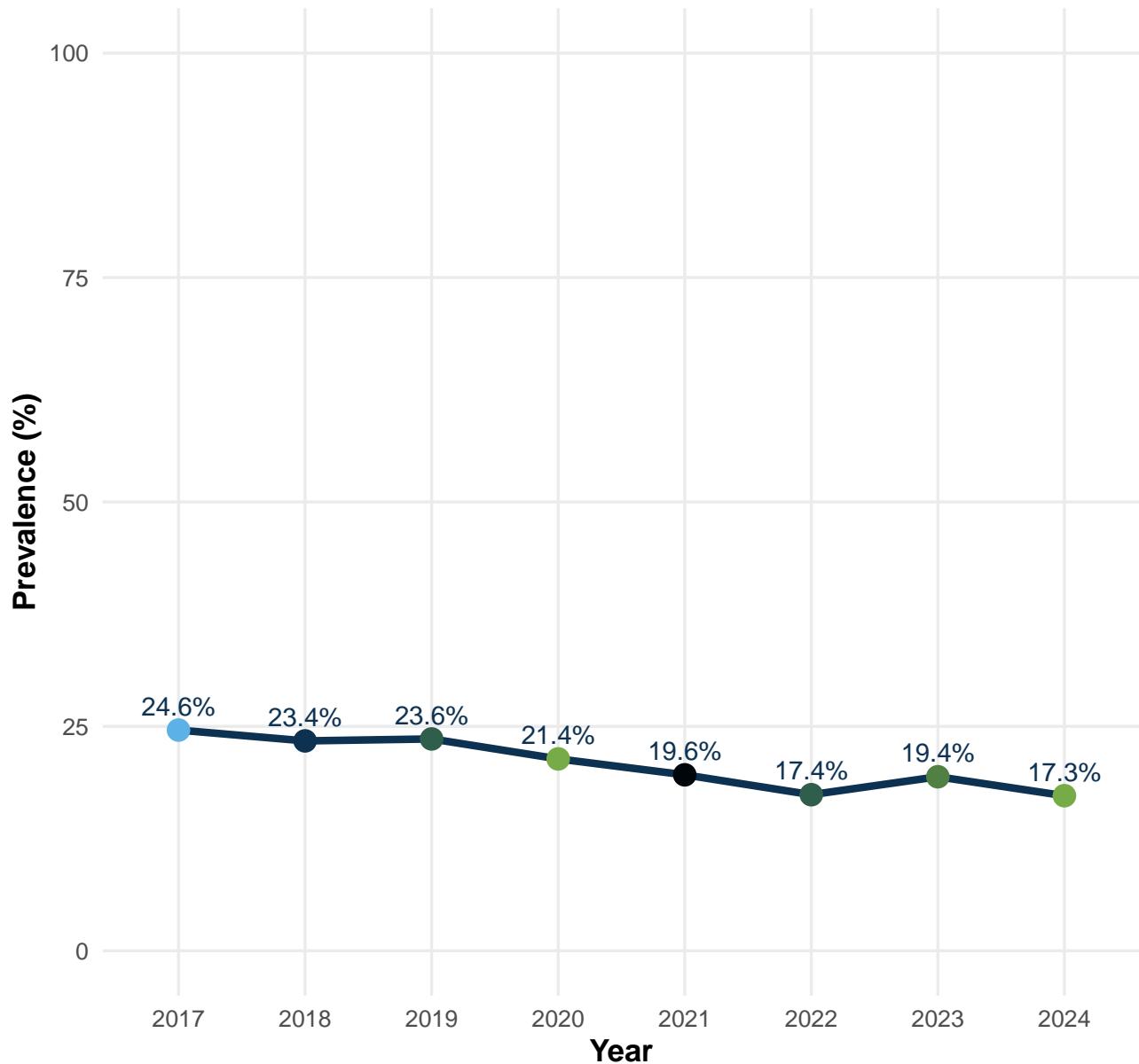
95% CI: (15.9%–18.7%)



Prevalence by Age Group

Prevalence by Income

ADULTS WHO REPORTED CURRENT SMOKING STATUS – ANNUAL TRENDS



Source: Kentucky BRFSS

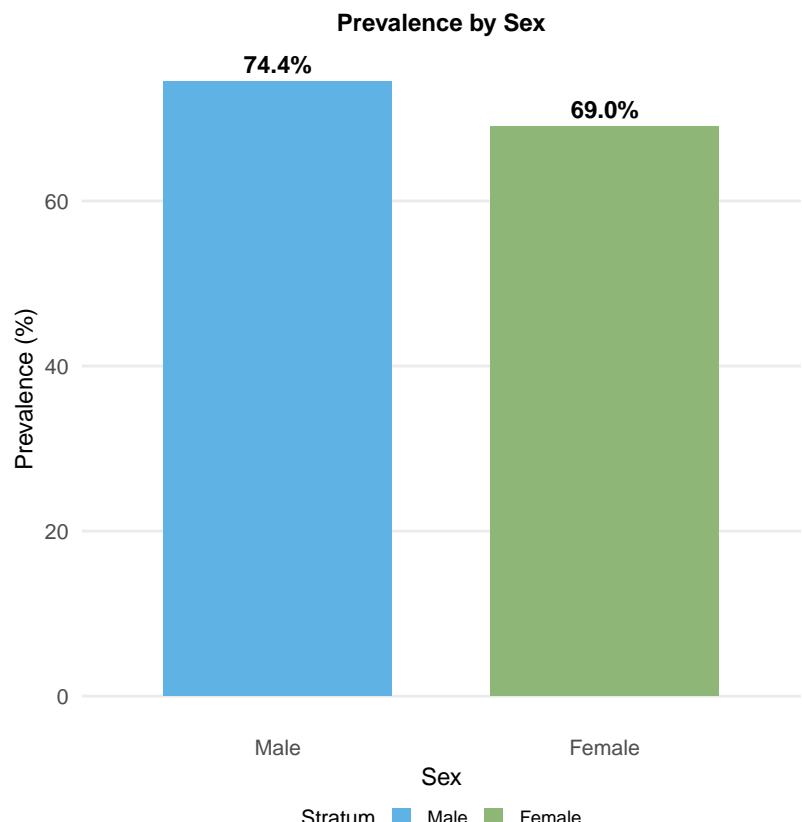
ADULTS WHO REPORTED EXERCISE/PHYSICAL ACTIVITY IN THE PAST 30 DAYS OUTSIDE OF OCCUPATION

Variable ID: _TOTINDA

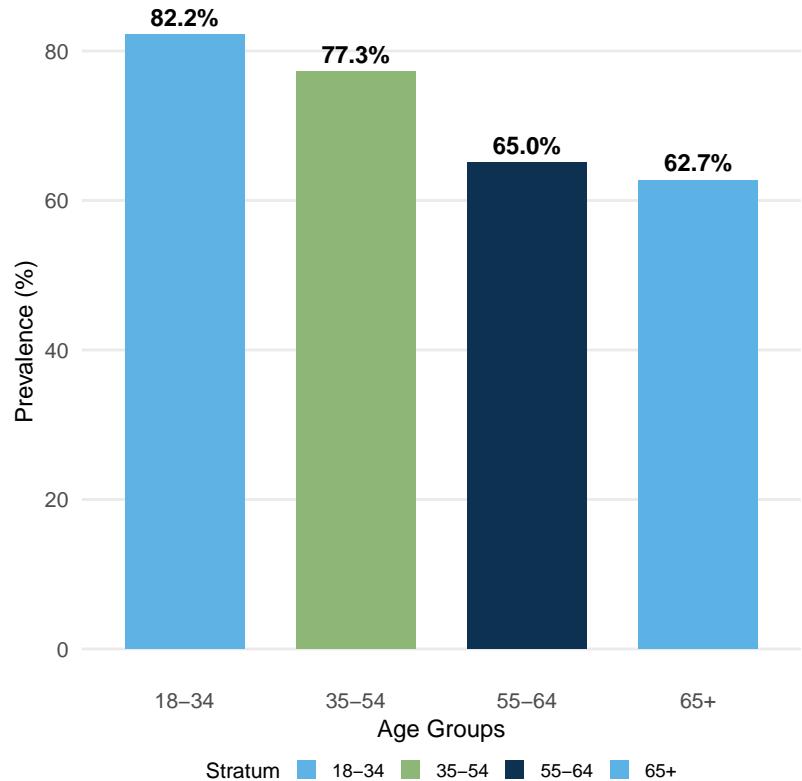
PREVALENCE

71.7%

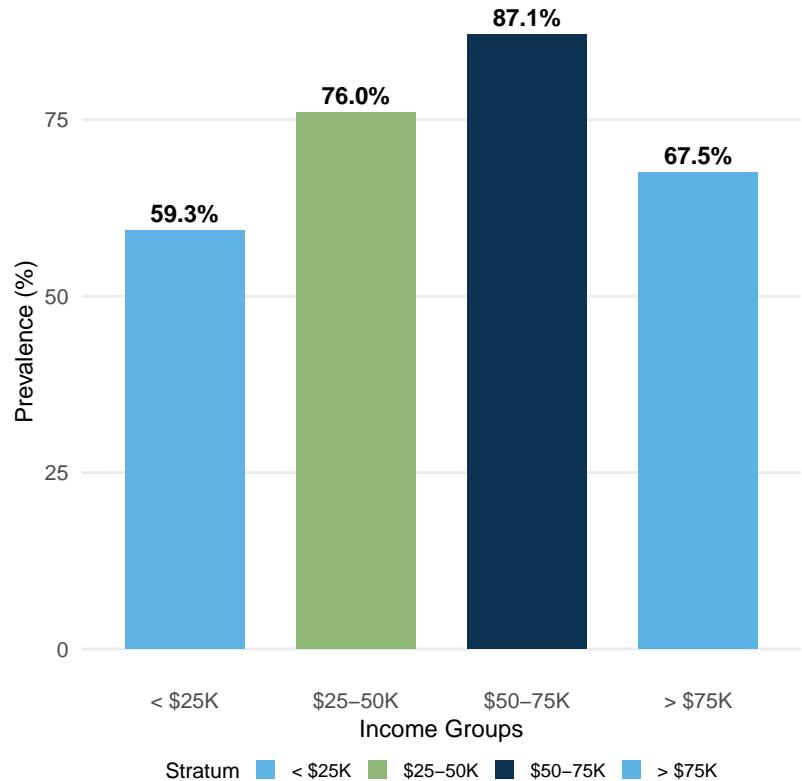
95% CI: (70.1%–73.1%)



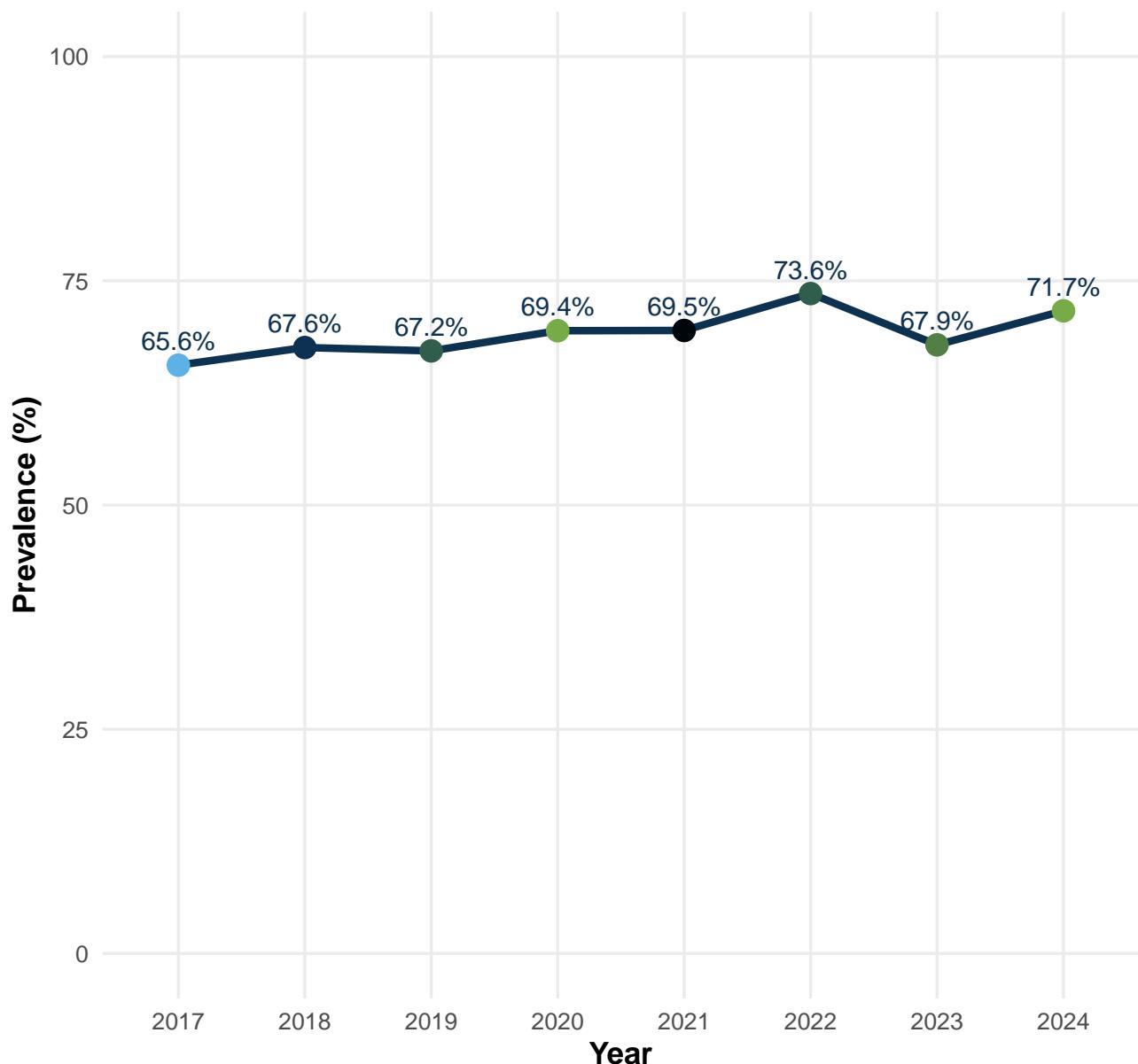
Prevalence by Age Group



Prevalence by Income



**ADULTS WHO REPORTED
EXERCISE/PHYSICAL ACTIVITY IN THE
PAST 30 DAYS OUTSIDE OF OCCUPATION
– ANNUAL TRENDS**



Source: Kentucky BRFSS