

# KENTUCKY BRFSS REPORT 2024



**Kentucky Public Health**  
Prevent. Promote. Protect.

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# Overall Prevalence Table

Indicator	Prevalence (%)	95% CI
Adults who reported having good or better health	75.8%	(74.3%–77.2%)
Adults who reported ever having coronary heart disease (CHD) or myocardial infarction (MI)	10%	(9.1%–10.9%)
Adults who reported ever being told they had a stroke	4.7%	(4.1%–5.3%)
Adults who reported current smoking status	17.3%	(15.9%–18.7%)
Adults who reported exercise/physical activity in the past 30 days outside of occupation	71.7%	(70.1%–73.1%)

# ADULTS WHO REPORTED HAVING GOOD OR BETTER HEALTH

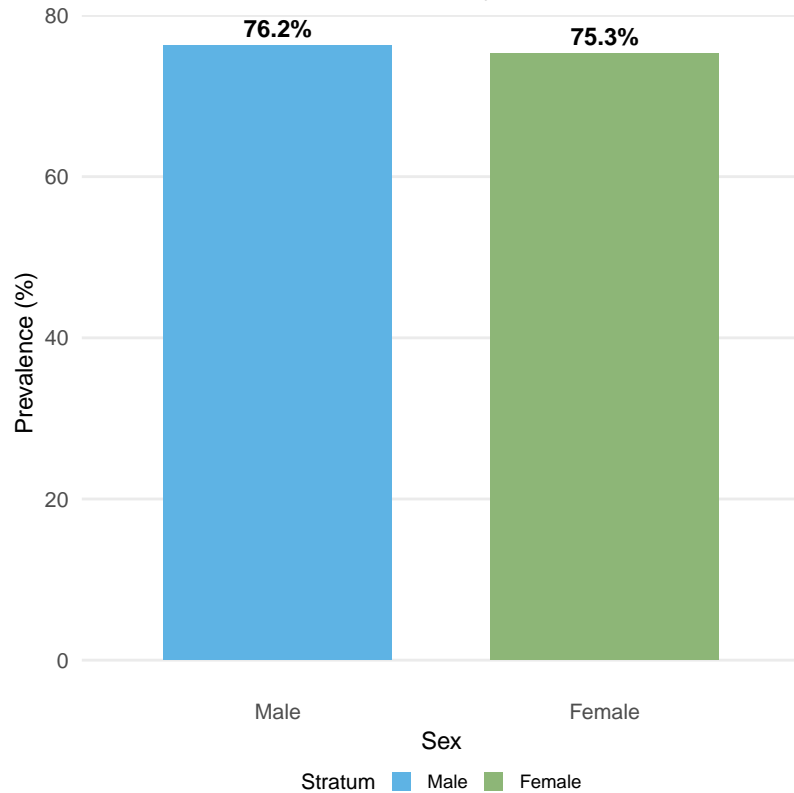
Variable ID: \_RFHLTH

## PREVALENCE

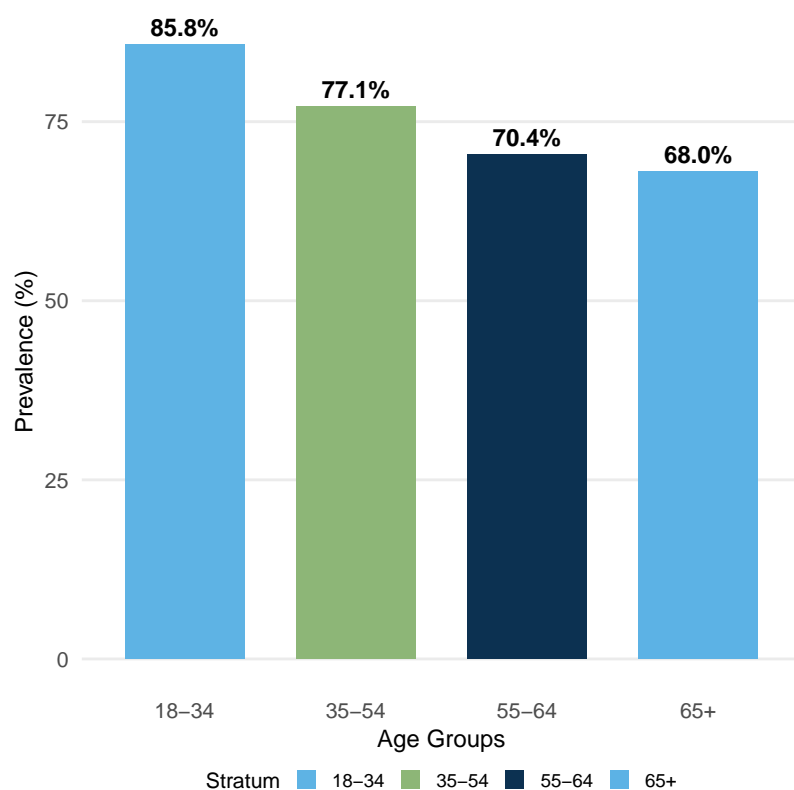
**75.8%**

95% CI: (74.3%–77.2%)

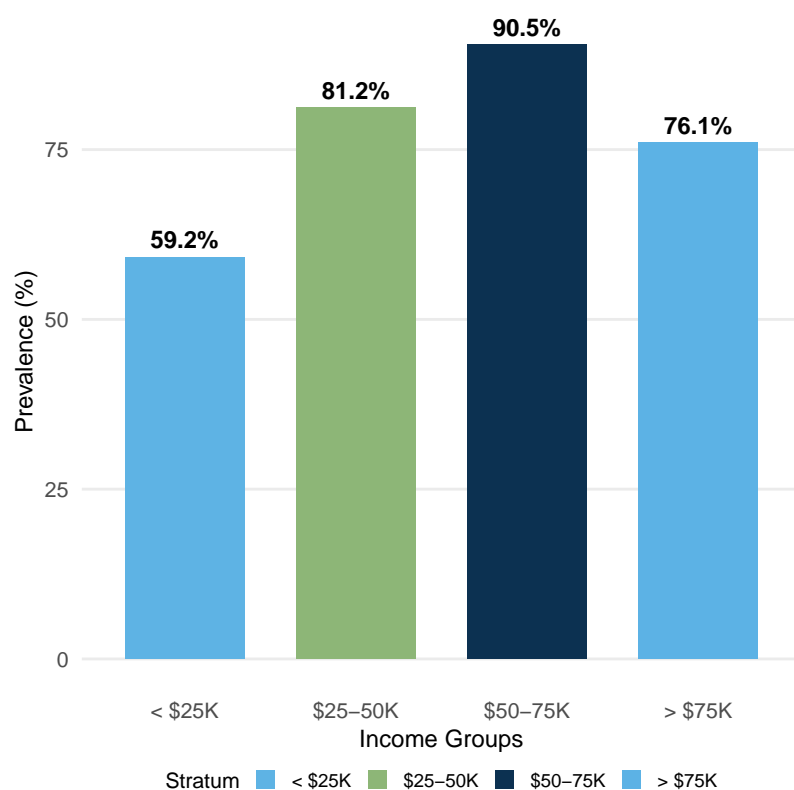
## Prevalence by Sex



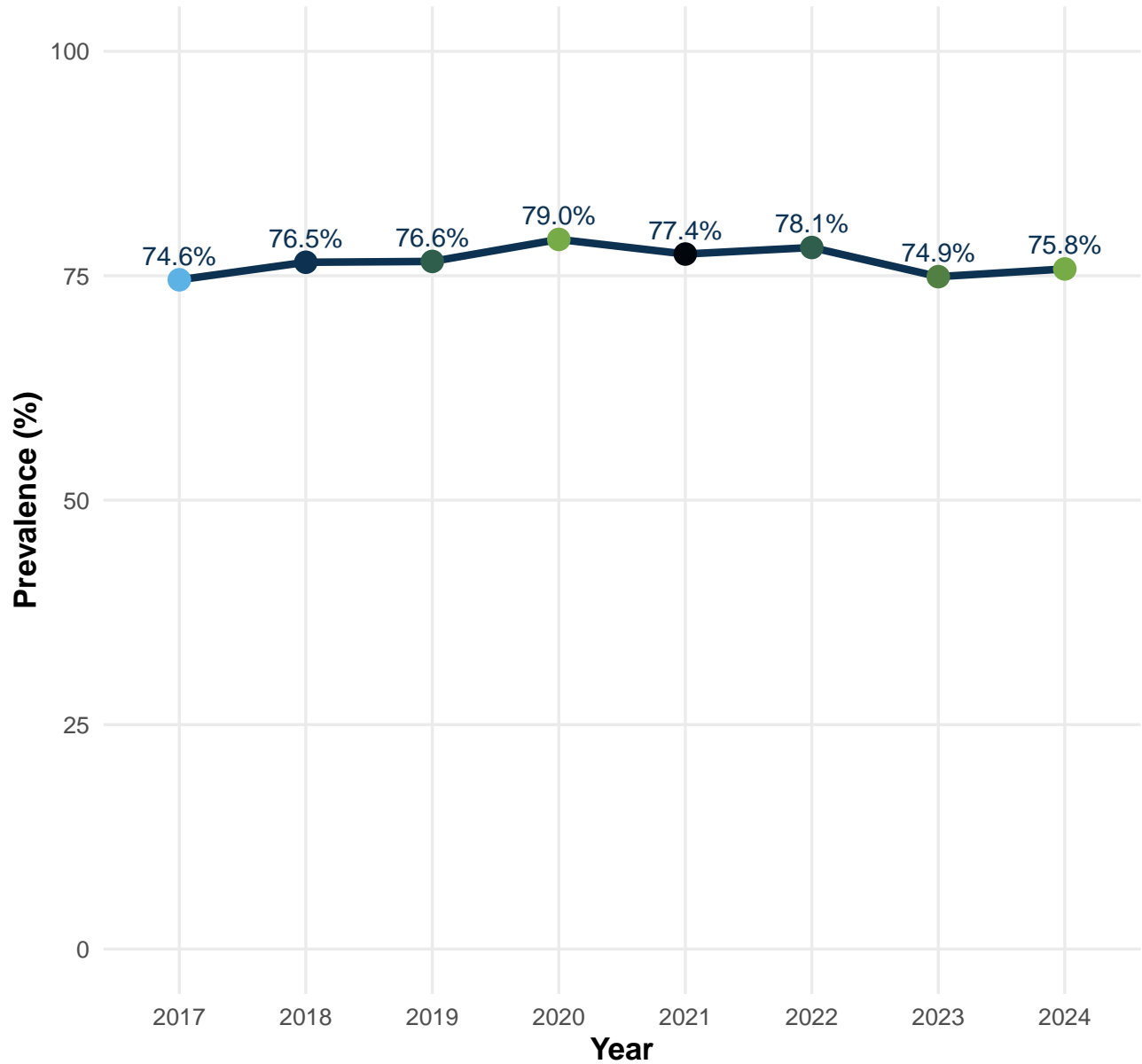
## Prevalence by Age Group



## Prevalence by Income



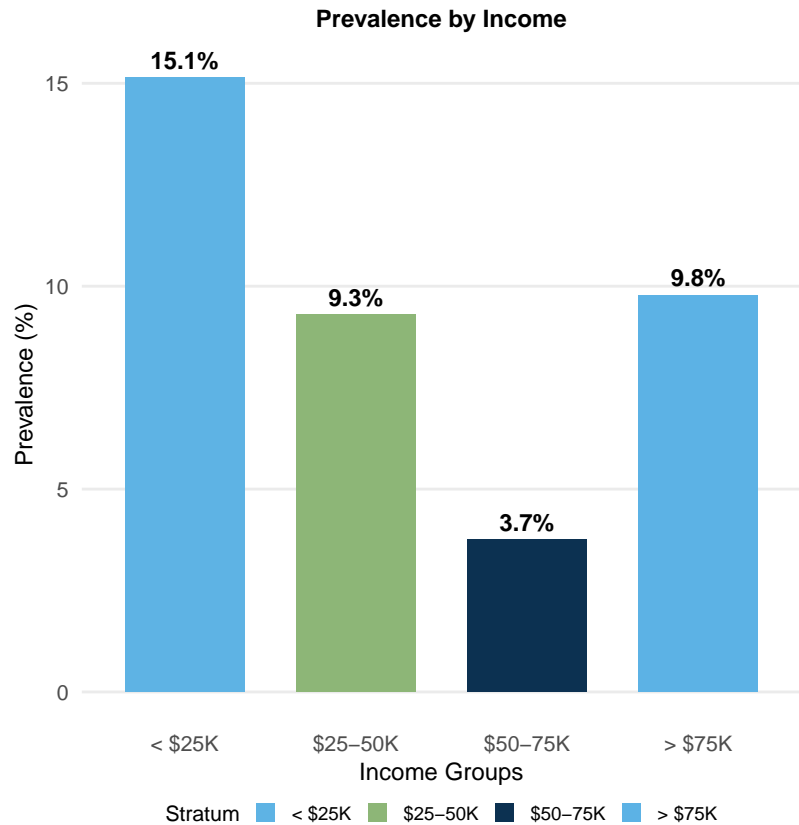
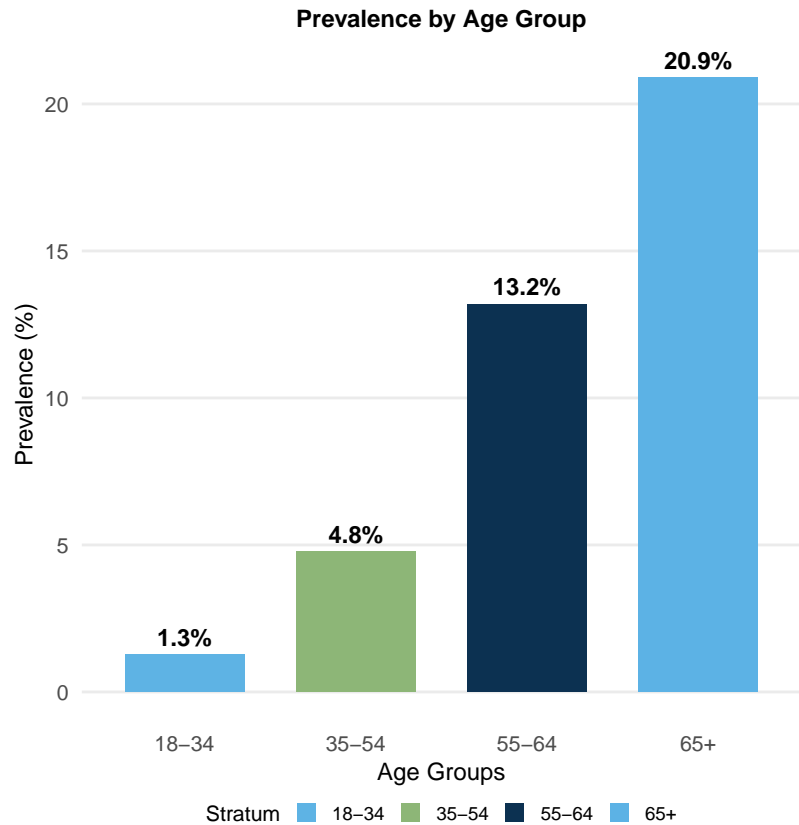
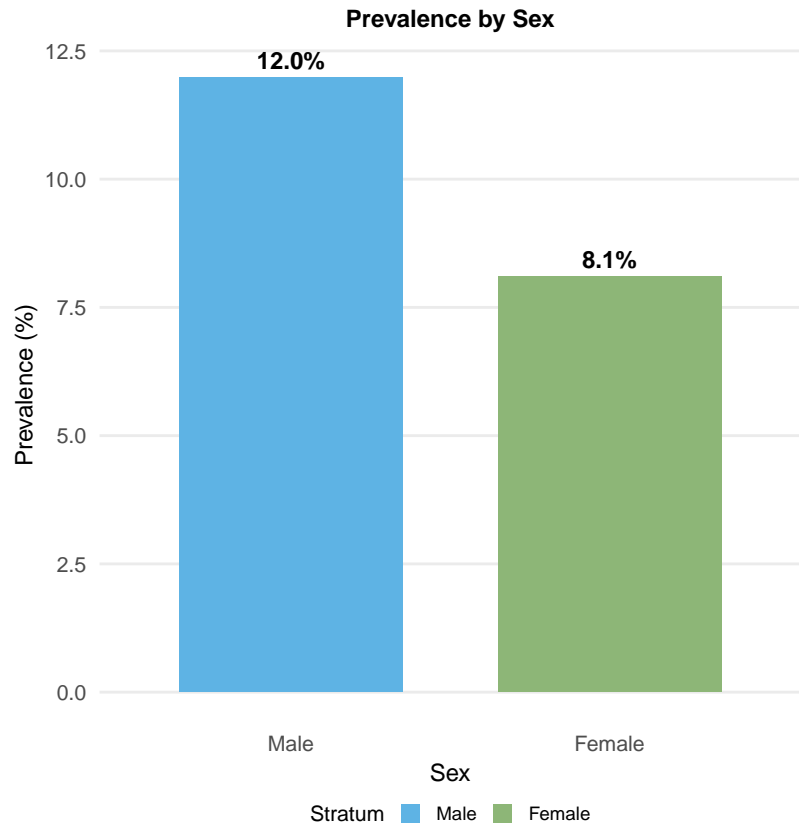
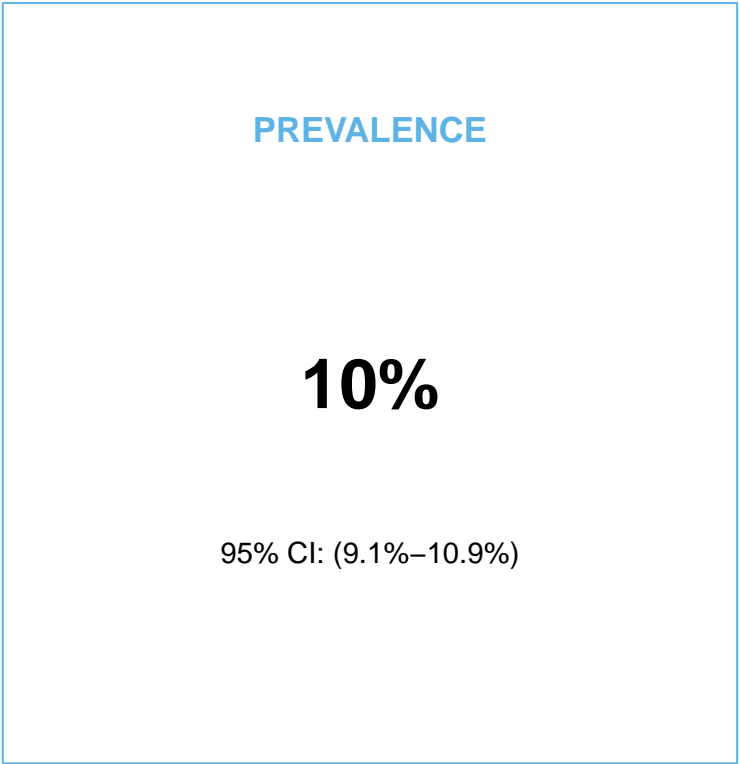
## ADULTS WHO REPORTED HAVING GOOD OR BETTER HEALTH – ANNUAL TRENDS



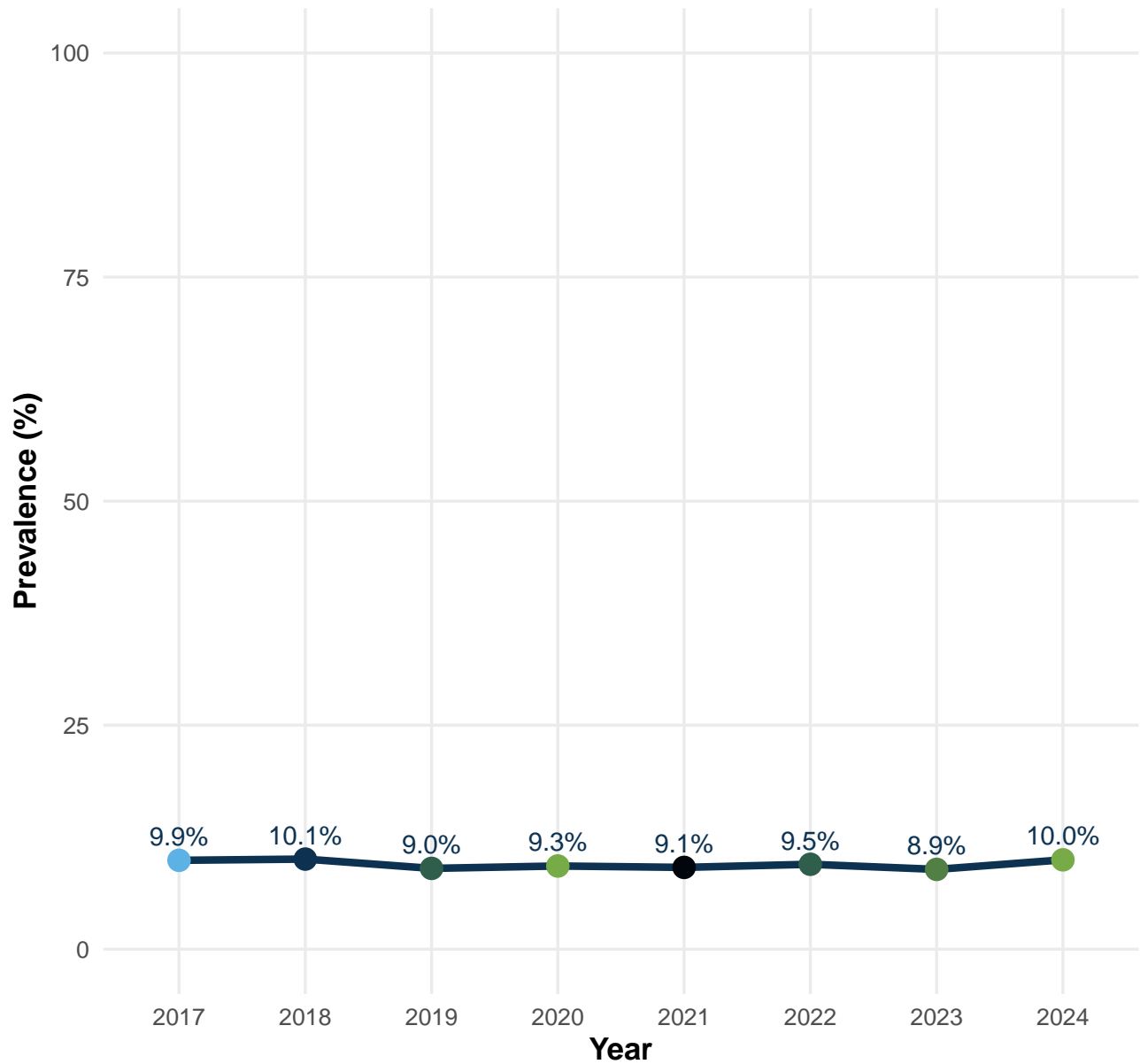
Source: Kentucky BRFSS

ADULTS WHO REPORTED EVER HAVING CORONARY  
HEART DISEASE (CHD) OR MYOCARDIAL INFARCTION (MI)

Variable ID: \_MICH



ADULTS WHO REPORTED EVER HAVING  
CORONARY HEART DISEASE (CHD) OR  
MYOCARDIAL INFARCTION (MI) –  
ANNUAL TRENDS



Source: Kentucky BRFSS

# ADULTS WHO REPORTED EVER BEING TOLD THEY HAD A STROKE

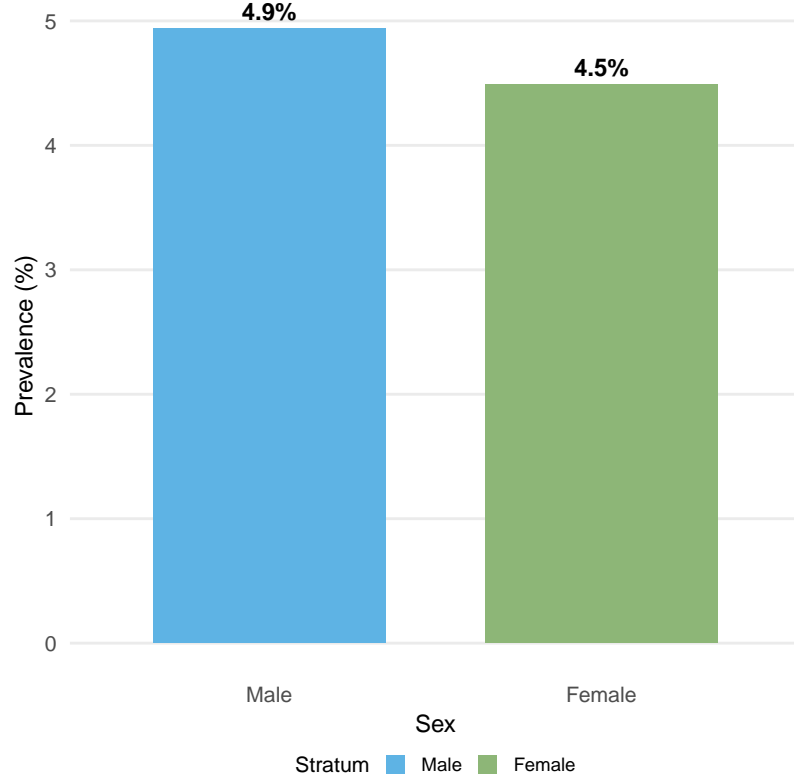
Variable ID: CVDSTRK3

## PREVALENCE

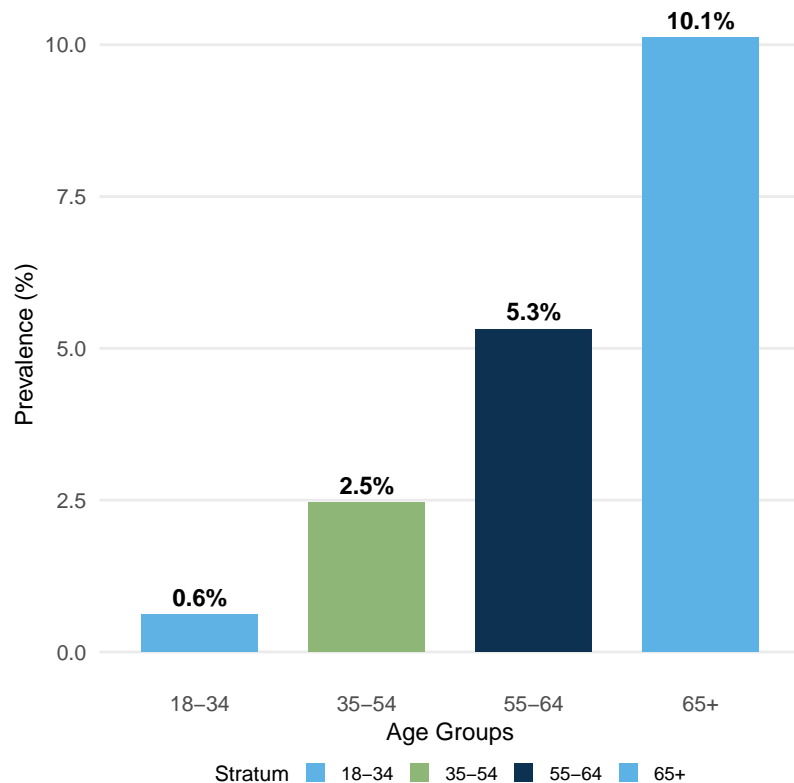
**4.7%**

95% CI: (4.1%–5.3%)

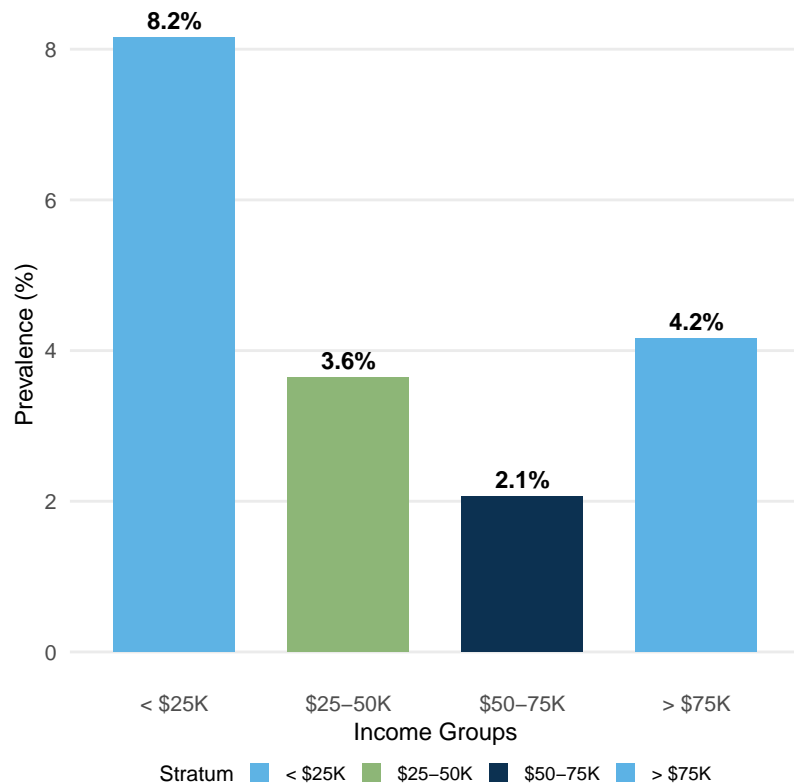
## Prevalence by Sex



## Prevalence by Age Group

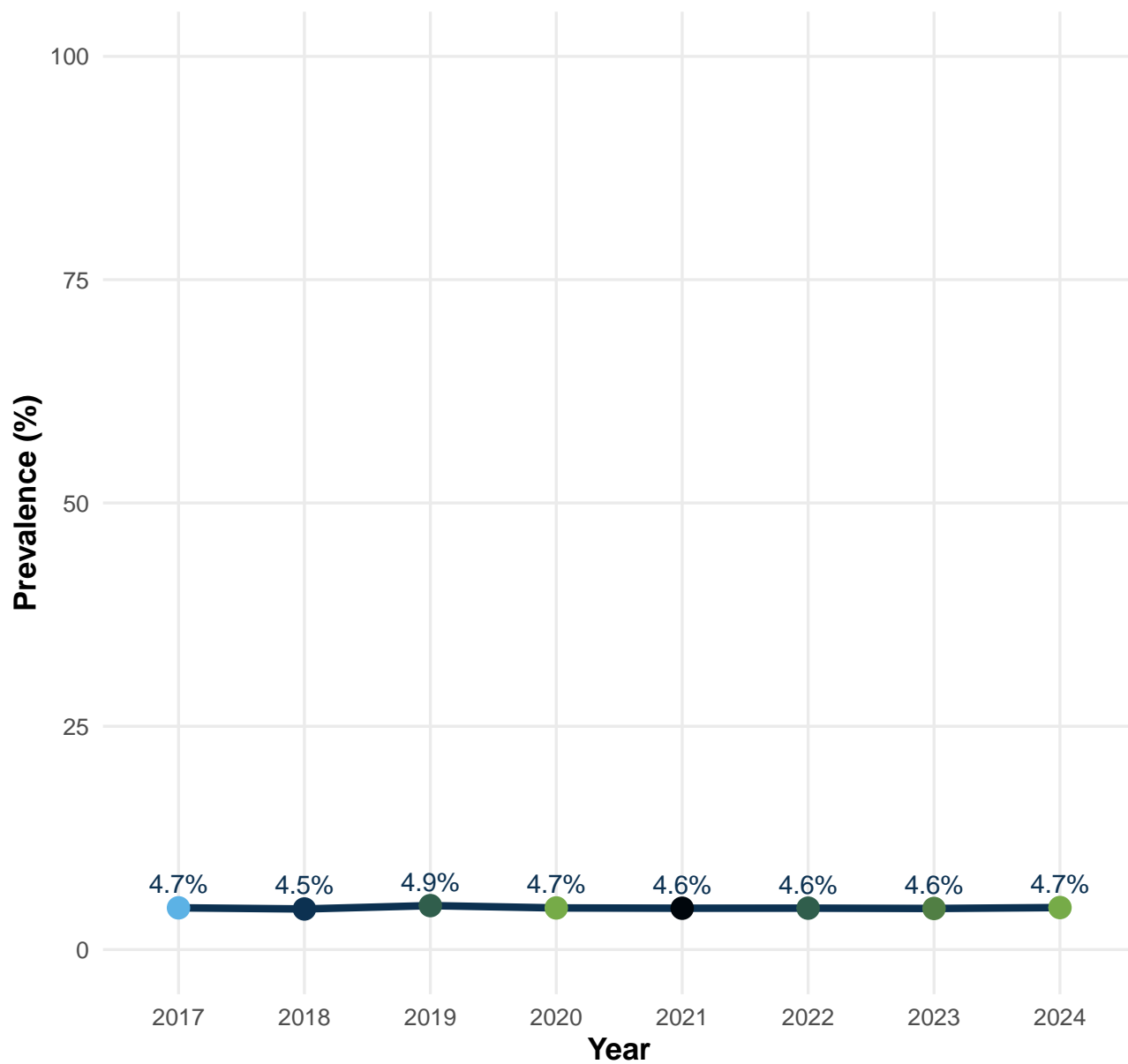


## Prevalence by Income





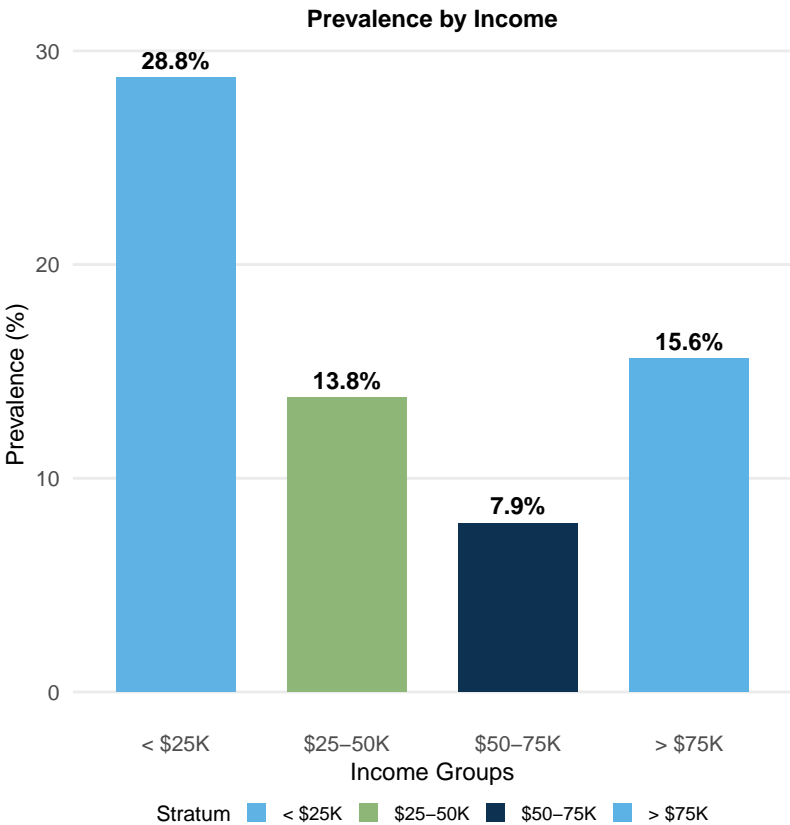
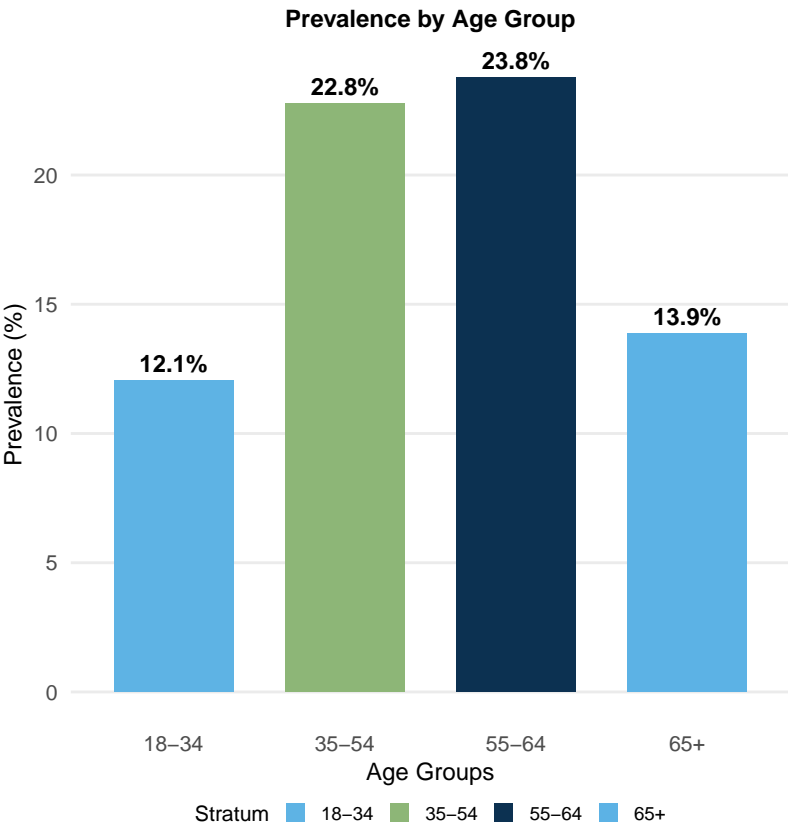
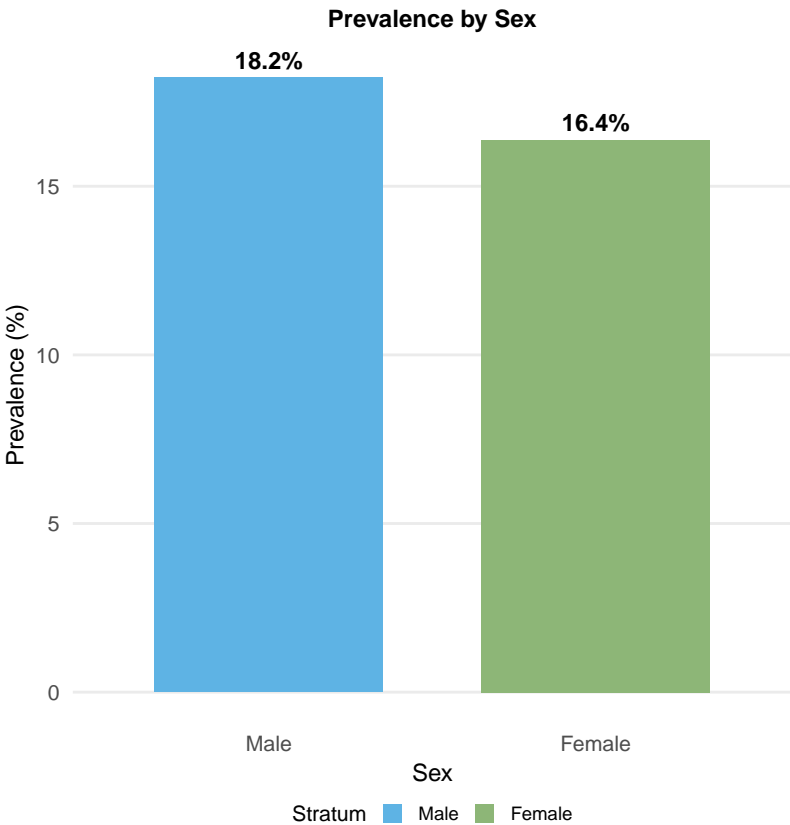
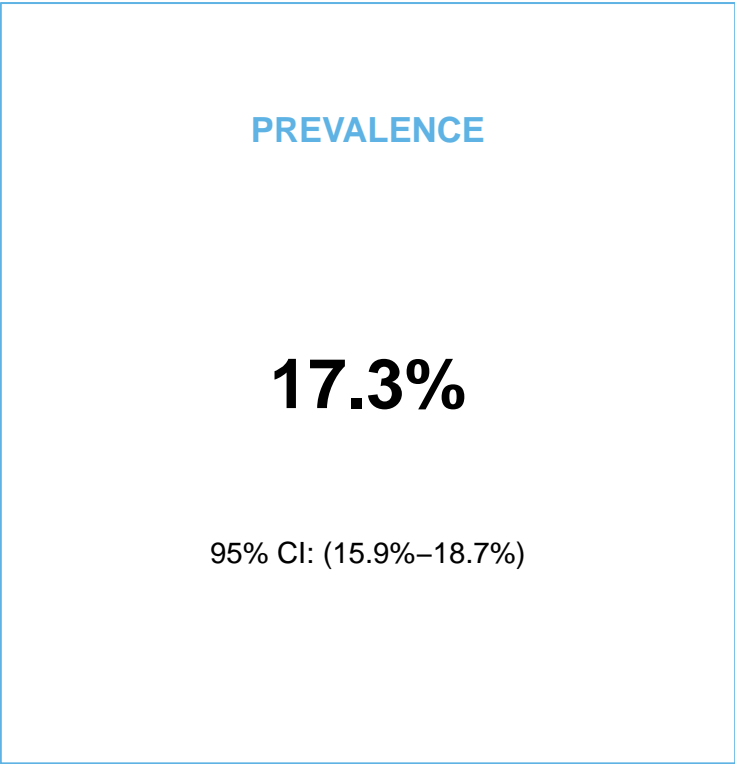
## ADULTS WHO REPORTED EVER BEING TOLD THEY HAD A STROKE – ANNUAL TRENDS



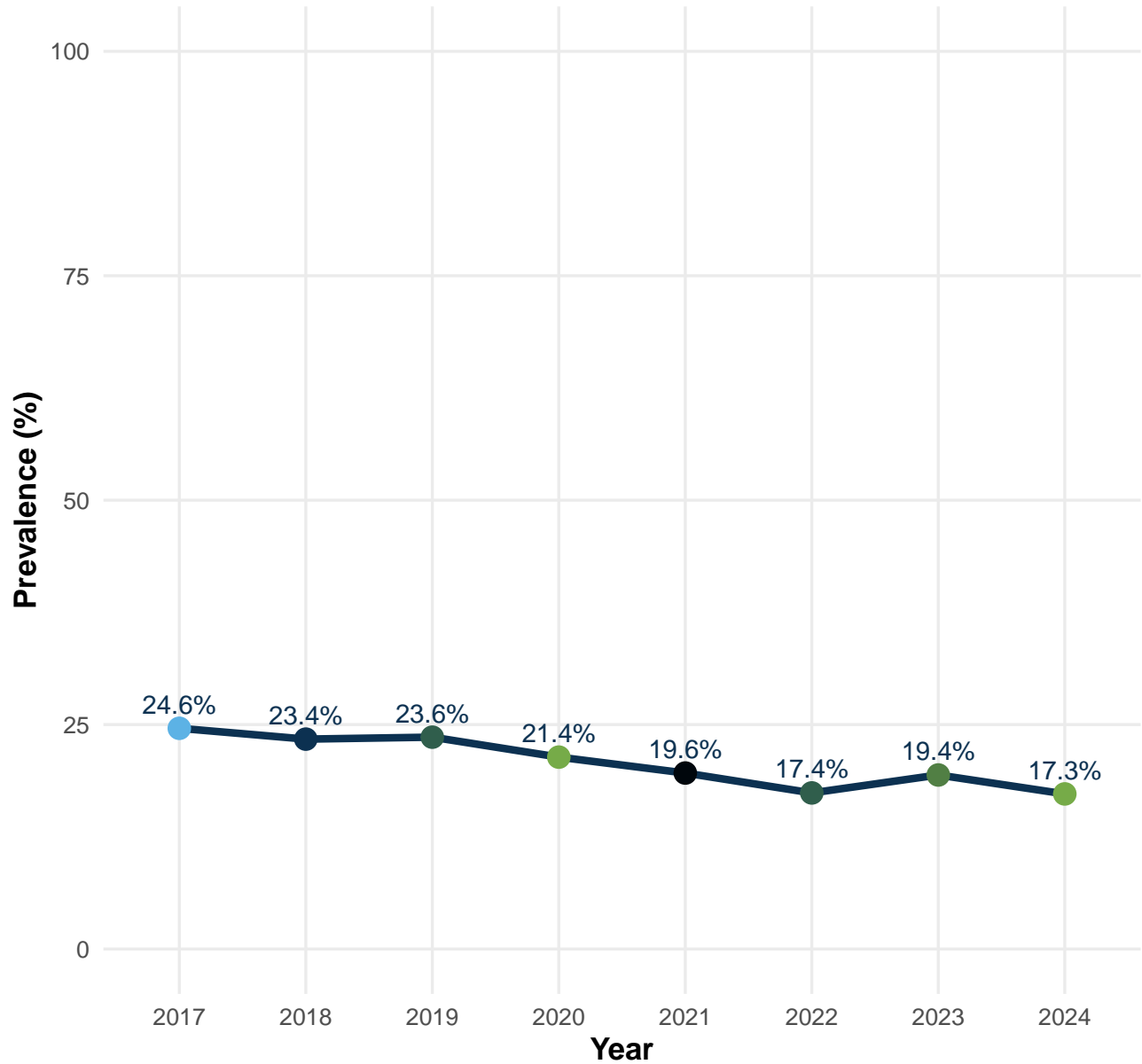
Source: Kentucky BRFSS

ADULTS WHO REPORTED CURRENT SMOKING STATUS

Variable ID: \_RFSMOK3



## ADULTS WHO REPORTED CURRENT SMOKING STATUS – ANNUAL TRENDS



Source: Kentucky BRFSS

# ADULTS WHO REPORTED EXERCISE/PHYSICAL ACTIVITY IN THE PAST 30 DAYS OUTSIDE OF OCCUPATION

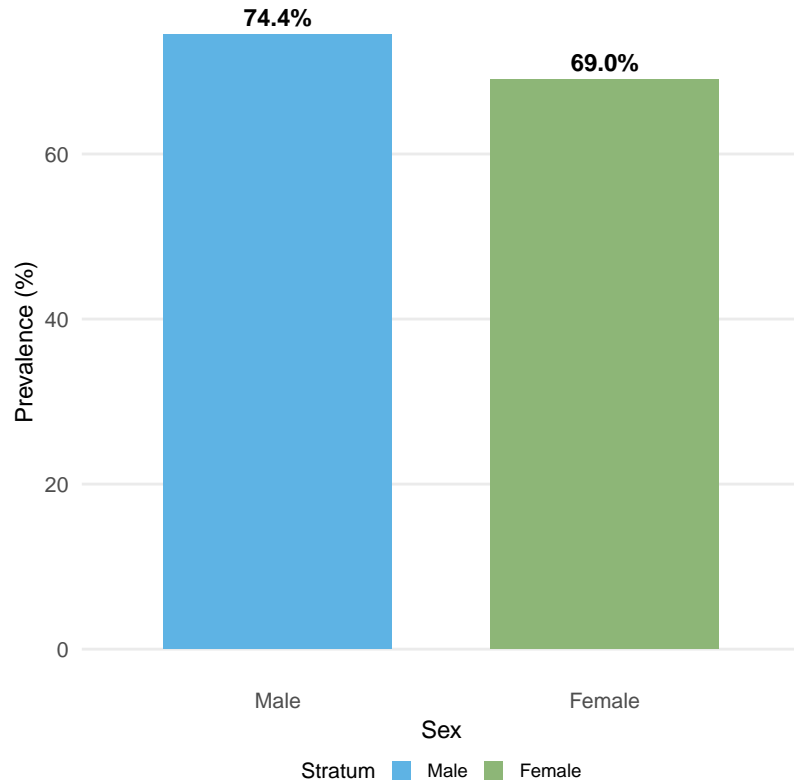
Variable ID: \_TOTINDA

## PREVALENCE

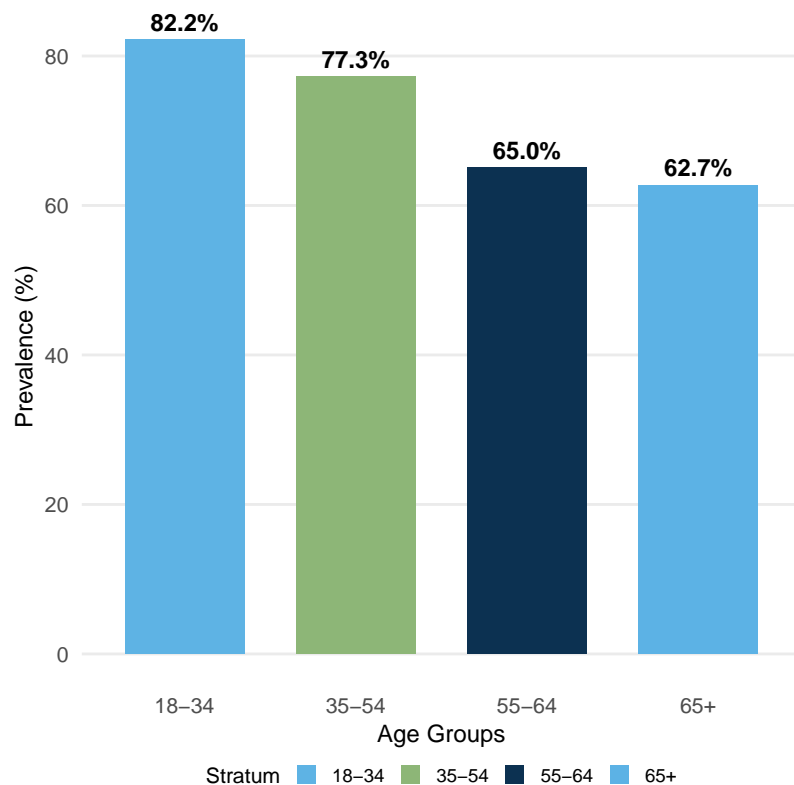
**71.7%**

95% CI: (70.1%–73.1%)

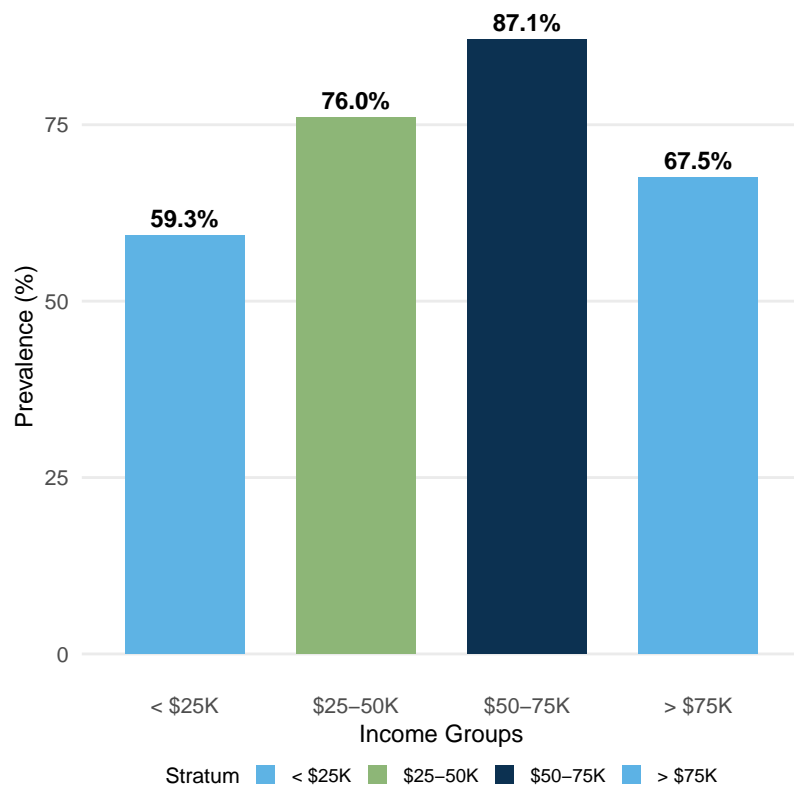
## Prevalence by Sex



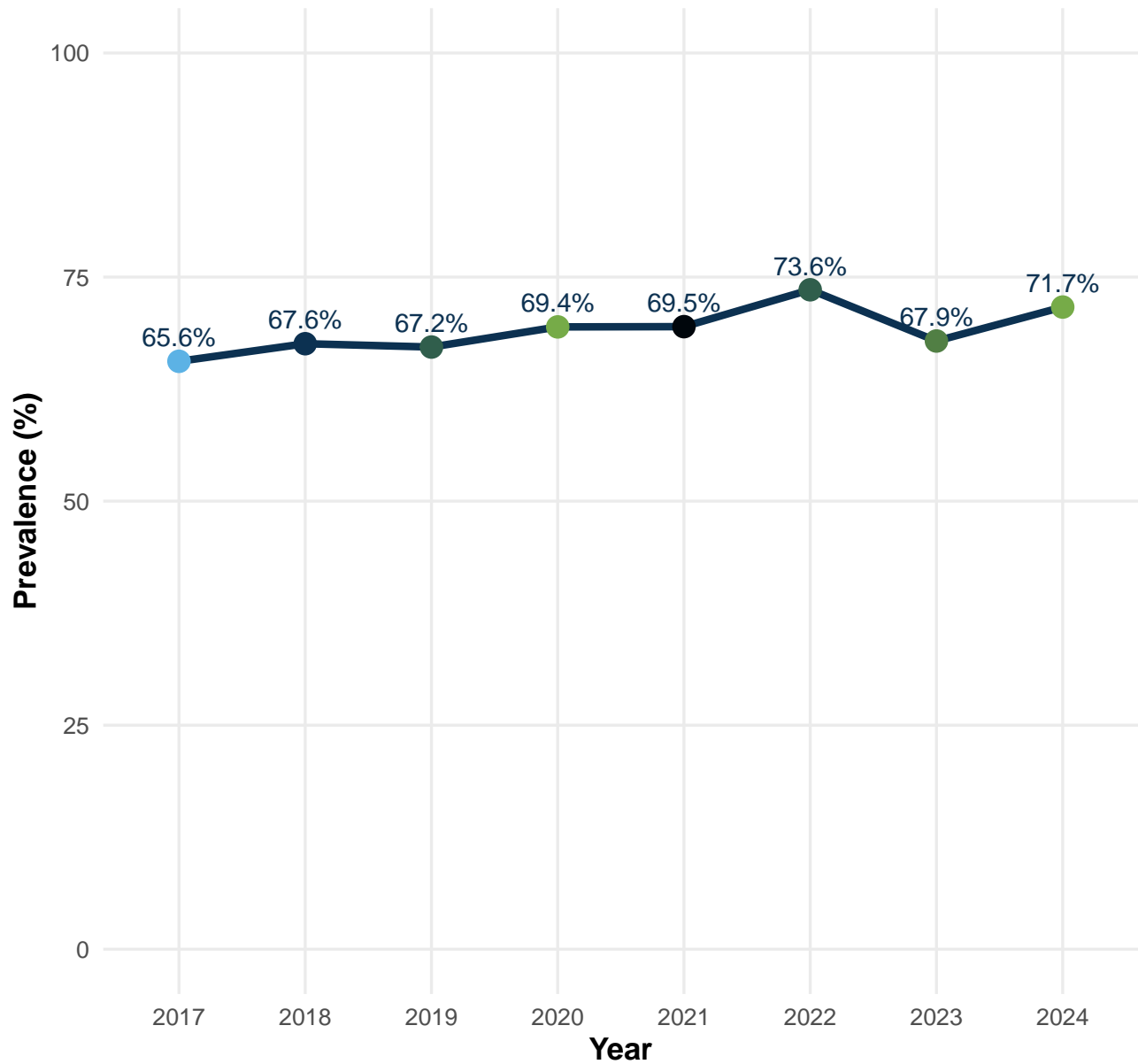
## Prevalence by Age Group



## Prevalence by Income



ADULTS WHO REPORTED  
EXERCISE/PHYSICAL ACTIVITY IN THE  
PAST 30 DAYS OUTSIDE OF OCCUPATION  
- ANNUAL TRENDS



Source: Kentucky BRFSS