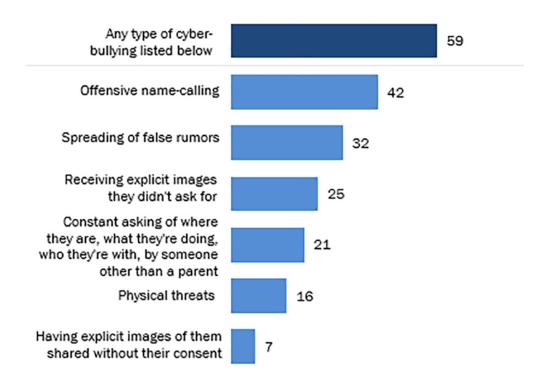
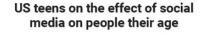
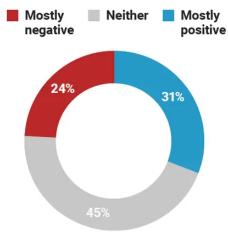
% of U.S. teens who say they have experienced \_\_\_ online or on their cellphone



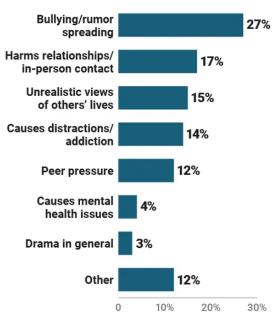
## US teens have mixed feelings about social media





Based on a survey of 743 U.S. teens (ages 13–17) conducted in March and April 2018. Verbatim responses have been coded into categories. Multiple responses were allowed.

## Main reasons for negative effect of social media



statista | BUSINESS INSIDER

Source: Pew Research Center

## Like, obsessed

Britain, social media users, 14- to 24-years-old, reported impact on well-being, 2017

<b>Negative</b> ◆ <b>Positive</b>					
	Instagram	Snapchat	Facebook	Twitter	
Sleep					Sleep
Fear of missing out (FoMO)					Fear of missing out (FoMO)
Bullying					Bullying
Body image					Body image
Anxiety					Anxiety
Depression					Depression
Loneliness					Loneliness
Access to health advice					Access to health advice
Real-world relationships					Real-world relationships
Awareness of people's health					Awareness of people's health
Community building					Community building
Emotional support					Emotional support
Self-identity					Self-identity
Self-expression					Self-expression

Source: Royal Society for Public Health

Economist.com

