

BEARING 315

Newsletter of Cascade Orienteering Club

May/Jun 1985

NOTICE - Change in Schedule of Events

I have already started to butcher the schedule of events that was published in the Jan/Feb issue of "Bearing 315". My apologies for any inconvenience this may cause, but it is a tentative schedule! In looking at this issue's schedule, you will notice a change in locations for several meets. First of all, the canoe "0" meet scheduled for May 19 had to be rescheduled since also on May 19 will be the "Beat the Bridge" run which starts and ends at Husky Stadium. (Since 10K runners have an hour to get out and back before the Montlake drawbridge is raised for boat traffic, there is usually a huge turnout. - Ed.) After all, we orienteers prefer going through massive wilds rather than through wild masses. So in place of the canoe-0 we moved up the Hamlin Park meet to make it more convenient to potential new members north of us. And since we have a new map we might as well start using it, therefore Lynndale took Hamlin Park's place on June 1.

I wish I could say there will not be any more changes to the years schedule, but ... it is best to check the latest newsletter or call me for the latest meet info. Oh, by the way, I'm looking at August when it should be nice out for rescheduling the canoe-0 meet.

- John Huth

Class in Lynnwood

We have a new map! Bud Keith was instrumental in obtaining the base map for Lynndale Park, Lynnwood a few months ago, and since that time, Eileen Williams and Mike Schuh have been busy in the field making the new Orienteering map. Many thanks also to John Huth for this fine cartography work.

City of Lynnwood is sponsoring a class currently being taught at Lynndale by Eileen on Sunday mornings, and will also provide funding when the final color edition is printed. The terrain is an interesting mix of open fields and wooded area, with many trails and contours. We look forward to having a club meet there soon.

- Eileen Williams

(For info about the class, phone Eileen at 524-1831. The club meet will be on Sat, June 1 according to the revised schedule. -Ed.)

NOTICE - Meet Fees Increase

Club President Debbie Newell wants all members to be informed that the Board of Directors approved an increase of 1.00 per registration per meet. There have been no increases for 4 years but costs have risen, particularly the cost to make new maps and the cost to replace lost/strayed/stolen control markers. So, 3.50 for non-members and 2.50 for members on courses using multi-color maps, and b&w 3.00 for non-members and 2.00 for members, will be the new rates, with cap for families.

Officers & Board Members

The officers and executive board members of the Cascade Orienteering Club are:

President	Debbie Newell	488-7471
Vice President	John Huth	522-1304
Secretary	Valerie Tinsley	822-6254
Treasurer	Susan St. John	523-5643
Newsletter Editor	Harvey Friedman	
Mapping		
WIOL Coordinator	Mike Schuh	783-3960
Membership	Barbara Pedersen	365-8389
Equipment	Francis Smith	634-1104
Publicity	Bo Powell	232-5295

BEARING 315 contains results, a schedule, articles of interest contributed by members or selected from other sources and lots of material written by the editor, Harvey Friedman; letters to the editor are most welcome. Any correspondence to Cascade Orienteering Club or to this Newsletter should go to

P.O. Box 31375
Seattle, Wash. 98103

Other clubs wishing to receive BEARING 315 in exchange should send their newsletters directly to the above address.

Next Issue

All material to be published in the next issue must be received by 15 June the earlier, the better.

Club dues

Please check the date on the mailing label to see when your membership expires. Renew promptly if you want to continue receiving BEARING 315, the club newsletter, and seeing how your name might be misspelled in the results column. An application form is enclosed somewhere in this newsletter for your convenience. Words of both thanks and welcome go to the following new or renewing club members: Scott Coble, the L. C. Darveau family, Shari del Moral, Jessica Hirschfelder, Matt Marinkovich.

Pot-O'-luck

The next Cascade O.C. potluck will be at Bruce McAlister's at 14014-81st Pl. N.E. in Bothell at 6:30 on 10 May. Phone 821-6862. As usually occurs at these potlucks, the food should again be excellent and you have the opportunity to socialize and talk about something other than orienteering (or you can talk about orienteering). After that one, the next potluck will be Friday, 5 July in Woodland Park; see event schedule for details.

RESULTS

Volunteer Park Bunny-0 6 April 1985

Many thanks to Kelly Hawkins for working registration, Erin Renshaw for setting the novice course and working the finish, Michelle Everett for setting the intermediate and advanced courses as well as picking up the controls, field checking, and take care of start times, (and for helping to fix my flat tire), and a wowie, zowie thanx to Jessica Hirschfelder for everything from course design, to finish times, to the exterior decorating of this meet. Appreciation is also noted to John Huth for his guidance concerning this event. - Jennifer Seffernick

Novice (Bunlet) 1.3 km, 8 controls Intermediate (Hopper) 1.9 km, 13 cntrls

S. K. Miller	13:55	Scott Coble	18:05
Tanya Fowler/Becky Willett	19:33	S. K. Miller	18:27
Carolyn Mobley/Kim Terhaar	26:16	Ken Wiljanen	20:39
Jennifer & John Womack	26:43	Ardis Dull	21:39
Kim Topario/Carrie Hoopie	28:50	M. J. Reabold	23:18
Waugh family	30:55	Phil Everett	23:30
Jill Shaw	31:36	Nick Fowler	26:40
Cathy Shaw/Kerry Read	33:01	Harvey Friedman	27:36

Advanced, Memory (Jackrabbit) 32 controls	Bob Rein	30:41
	Kathy Fowler & family	31:32
Robert Miller	39:45	Roger & Derek Davis
Mike Schuh	43:45	Anne York
Scott Coble	46:07	Katherine & Ken Knapp
Phil Everett	46:17	Laurie Kohli/Lisa McAusland
Rick Breseman	57:08	Francis Smith
Roger Sharp	39:14	Kim Terhaar/Carolyn Mobley

Crystal Springs Ski-0 17 March 1985

Clear & sunny 55 F ; Course setters: Tim Vargo & John Huth; Reg: John Huth;
Start, Finish, and results: everybody; Course Takedown: Mike Schuh & John Huth

Short course 2900 m, 25 m, 5 controls Long Course 3685 m, 100m, 7 controls

Stephanie Colony	COC	64:00	Ben Yang	23:49
Janet Jones		64:00	Dave Enger	COC 65:23
Valerie Tinsley	COC	78:00	Don Denbo	COC 78:54
			Stephanie Colony	COC 80:00
			Janet Jones	80:00

Super Long
(both courses without break)

Rick Breseman COC
Joe Hudson COC

82:30

2-3 hrs including 2 lunches

Peter Haynes COC

90:00 Eileen Williams COC leisurely

MARYMOOR PARK

Sunday, March 31, 1985

Sammamish Orienteering Club

Course Setter and Timer - Bob Rein
Registration and Marker Retrieval -
Dave Enger

Weather - Overcast, with drizzle at
end of meet.

Course 1 - Novice 2.0 km, 6 controls

- | | |
|-------------------------------|-------|
| 1. Bob Rein III & Mike Gruber | 28:40 |
| 2. Chris Powell & Family | 53:05 |

Course 2 - (intermediate)

3.9 km, 8 controls

- | | |
|----------------------------|-------|
| 1. Michelle Everett | 35:20 |
| 2. Ardis Dull | 42:25 |
| 3. Miguel & Sandra Reabold | 44:30 |
| 4. Tim Vargo & Patti | 54:50 |
| 5. Erickson Family | 77:00 |

Course 3 - (advanced intermediate)

5.2 km, 11 controls

- | | |
|-------------------------|-------|
| 1. Bob Miller | 33:35 |
| 2. Rick Breseman | 39:05 |
| 3. Debbie Newell | 43:25 |
| 4. Eileen Williams | 43:40 |
| 5. Ken Knapp | 46:40 |
| 6. J. Elmer Stone | 48:20 |
| 7. Harvey Friedman | 49:30 |
| 8. Carl Moore | 50:45 |
| 9. Jessica Hirschfelder | 51:05 |
| 10. Roger Sharp | 59:00 |

Letters to the Editor

To the Editor,

Please extend our thanks to WIOU Coordinator Dan Waugh and all the other people who helped with the winter high school league. The Wilson students enjoyed the chance to learn a new sport and have something interesting and challenging to do every Saturday. They were impressed with the competitors from the other schools and from the amount of volunteer work it takes to put on these meets.

In spite of things like climbing trees, losing a compass in the snow, running off the map, numerous DQs for miss-punching, they are ready to try again next year.

Sincerely,

Carl Moore
Wilson High

Carl Moore is the coach of the Wilson High team that won the state championships. Perhaps one of the reasons that they won was that Coach Moore himself enjoys orienteering and participates as often as he can.

From Gary McCausland of Nisqually Orienteers comes the word that unless we are informed to the contrary, all Nisqually meets have registration between 10-11 am and not 10-12 as we in Cascade O.C. normally have. Also, the contact person for Nisqually meets in Tacoma is Mary Forbes 584-6401.

Report on last club meeting

The last meeting of COC on Monday, 4 March 1985 at the University Branch of the Seattle Public Library was comprised of a two part program and a surprise announcement. For all those who wondered why they were asked to bring a compass to the meeting, Sandy Kish Miller and Robert Miller led a most enjoyable exercise on figuring out both how far it was between two points on a map and also how many paces it would. They prepared maps with scales of from 1:3000 to 1:32000 to keep us thinking. Since each of these maps were used by at least one person in the room, we also had a contest to see who could identify them all. No one could, perhaps because Robert and Sandy couldn't agree themselves on one of them. Anyway, it was a good introduction to figuring distances for the less experienced club members in attendance.

Following that, Harvey Friedman went over the available meets in Europe, Canada, the U.S., and the rest of the world during spring and summer. This rundown was much drier than the first part of the meeting.

Finally, an emotional Jan Vrana announced that he would have to live in Germany for a few months because his mother in Czechoslovakia was ill.

SCHEDULE OF EVENTS

GENERAL INFORMATION: Unless otherwise noted, novice, intermediate and advanced courses are available at all club meets. Normal registration and start times are from 10:00 AM to NOON and entry fee is usually \$2.50 for members and \$3.50 for non-members. Regional and National (Class 'B' and Class 'A') events may have a higher entry fee depending upon sanctions and awards given to winners in various categories. Instruction for beginners is always available at all events. A limited number of compasses are available on a rental basis at registration.

- Sat/Sun 4-5 May "Fifth Annual Spring Meet", Arnold Ice Caves, near Bend, Oregon
Sat. 12-2, Sun 9-12. 1:15000 b&w Jeff 503-245-4725
- Fri, 10 May Pot-O-luck, 6:30 pm, 14014-81st Pl. NE, Bothell 821-6862
- Sat, 11 May Ft. Steilacoom County Park, Tacoma 1:10000 Mary 584-6501
- Sun, 12 May Cle Elum Ridge, 1:15000 color 3rd annual Kittitas Valley
O Festival, Class 'B' meet, Will 509-925-4716
- Thu, 16 May CLUB MEETING, 7:00-8:55 pm, University Branch Library, 488-7471
5009 Roosevelt Way NE, Seattle The program is a mystery, but
it might be about course design.
- Sat/Sun, 18-19 May Class A meet in San Jose hosted by BAOC, 415-652-7834
2-day meets in B. C. call Colin at 604-251-9104
- Sun, 19 May Hamlin Park, Seattle, Enter off 15th Ave. N.E. between NE 145
th St. and 175th St. 1:7500 b & w John 522-1304
- Sun, 19 May Steele Lake, Federal Way 1:2000 Mary 584-6501
- Sat, 1 June Lynndale Park, Lynnwood. 72nd Ave. W. and 189th Pl. S.W.
1:2000, b&w. Come out and try our newest area. Lynndale Park
is the site of this spring's O' class being taught by Eileen
Williams. Lets have a good showing to let the Lynnwood Parks
& Rec. people know about the interest in the sport. John
522-1304
- Wed, 5 June Robinswood Park, Bellevue evening meet 6-8 pm, 148th SE & SE
24th St., just N. of I-90, Dave Enger 822-6254
- Sat, 8 June Ft. Steilacoom Co. Park, Tacoma 1:10000, Mary 584-6501

- Sun, 9 June Centennial Park, Victoria, B.C. 1 pm, 604-479-9519 Dick, Diane
- Sat/Sun, 15-16 June "Fourth Annual Snowmelt Meet", Oldenburg Lake (south of Willamette Pass) Sat. 12-2, Sun. 9-12 \$5 Jeff 503-245-4725
- Sun, 16 June Wonderwood Park, Lacey Gary 352-5542
- Sat, 22 June Lincoln Park, north of Vashon Ferry Terminal, West Seattle 1:5000, color. We have waterfront property reserved for this year's meet, so hope for a sunny, clear day. For those that don't get their fill of craziness on the course can take a dip in the sound! John 522-1304
- Wed, 26 June 6-8 pm, mystery evening meet, contact Dave Enger at 822-6254 for location and more information
- Fri, 5 July Woodland Park Team Relay and Potluck, Seattle; W. Greenlake and Greenlake Way N., shelter #5, 1:5000 color. 5 pm til ?? We will be gathering at the 2nd shelter south of the lawn bowling area. Bring a dish to share and be prepared for a dusk team relay course and campfire to tell some tall "O" tales. See next issue of newsletter for more details.

Cascade Chatter

Yes, indeed. There was a 2 page article on orienteering in the April issue of 'Sunset' magazine. We've already received 1 enquiry as a result of it. Anyone who wants to read it but doesn't want to buy the magazine, see Harvey....2 members of Nisqually Orienteers and at least 1 Cascade member are going down to the Bay Area for the CLASS A meet 18-19 May. Good luck to Gary, Nathan, and Roger and anyone else who might be going....Another big event of the same weekend is the impending wedding of Dave Enger and Valerie Tinsley. We wish them all the best....Mark down 16 August on your calendars if you don't want to miss out on the pot-O-luck at Knut Olson's Gold Creek Trout Farm. In addition to whatever other food we might bring, we also get the opportunity to catch and cook fresh trout. See you there....The count stands at 6 adults and at least 2 juniors for this year's Swedish 5-day at Falun. 4 of us will continue on to the Scottish 6-day near Pitlochry. Such a turnout sets a record for participation by Cascade O. C. members in European meets....We received a letter from Ingemar who is now living and working for NCR in Oslo. He has been doing lots of cross-country skiing and ski-O in the wonderful winter sports areas around Oslo, and presently plans no O for summer. Any one wishing to write to him can write to Ingemar Jansson, Bentsebrugata 29B, N-0469 Oslo 4, Norway and his work phone # is (02)-490095 for anyone wanting to talk with him. He figures it will be at least a year before he gets back to the Seattle

area....Several members of the Roosevelt High School Orienteering Team have been accepted by MIT, but haven't decided yet if they attend that fine school. Good luck wherever you go, and don't stop orienteering.... By the time you read this, Anne and Harvey will be living in a different house, 4 blocks west of Robert & Sandy. We dread having to move the 10 years accumulation.

CASCADE ORIENTEERING CLUB

Membership Application

Check one: New ☐ Renewal ☐

Name

Address

Zip

Phone

Family \$10.00

Individual \$7.00

Associate \$4.00 (under 18 years of age)

Newsletter only \$5.00

If family, list other members:

C.D.C. M.
P.O. Box 31375
See H. A. B. 98103



John J. Audubon

