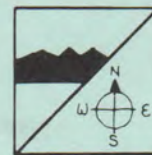


BEARING 315

Newsletter of the Cascade Orienteering Club



SEPTEMBER-OCTOBER 1980

Come on out to the meet of the season, a Class B Regional Meet at Fort Lewis on Sunday, October 5. There will be prizes!

Clayton Smith, club member, has made a new 5-color map of the Burns Woods area of Fort Lewis. This will be the first meet run on that map. It should be fun, rain or shine.

TERRAIN: Very runnable, quite flat prairie with open forests and large grassy areas. Crisscrossed by several dirt roads.

COURSES AND

CLASSES: White, Orange, Red, and Blue courses with men's and women's competitive and recreational classes on each course. These provide suitable choices for all participants, whether you are a novice or an experienced orienteer. In addition, club members will be available for instruction in the use of map and compass at the beginning of the meet (anytime from 9:30 - 12:00).

COST: Club members will pay \$2.00 per map. Non-members will pay \$3.00. Pairs or groups participating on the same course may share the same map and will pay only one fee.

It is best to bring your own compass because our supply of rental compasses is small. However, if you don't have a compass, come anyway and we will rent you one for 50¢.

PRIZES: Cascade Orienteering Club memberships.
United States Orienteering Federation memberships.
Cascade Orienteering Club T-shirts.

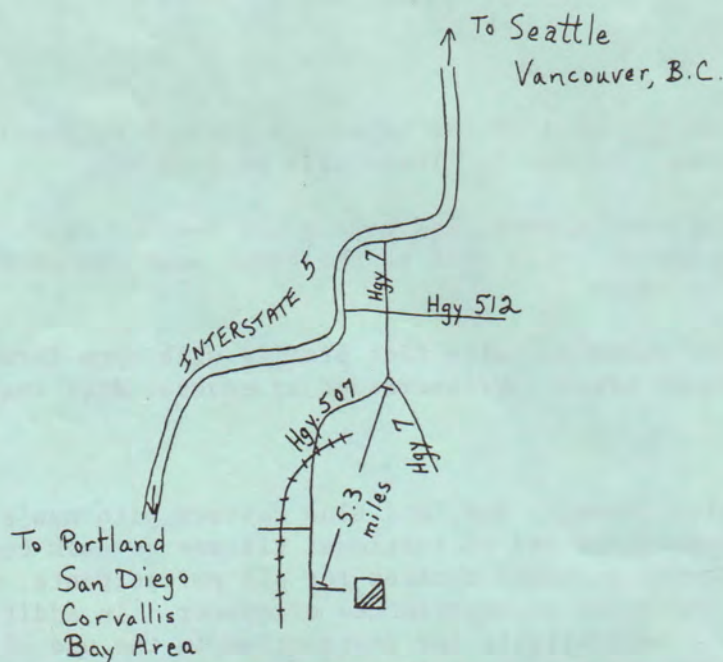
REGISTRATION: Registration will be from 9:30 a.m. to 12:30 p.m. and the first start will be at 10 a.m. There is no pre-registration by mail.

FACILITIES: There are no toilets and no running water available at the site. The Club will provide a minimal amount of liquid refreshments but it is advisable to bring your own picnic lunch and drink.

TO GET

THERE: Burns Woods is on the east side of Hgy 507, approximately 2.5 miles north of Roy. The approach from the north is as follows: take exit 127 off Interstate 5, head east on Hgy 512 for 2 miles, then exit onto Hgy 7 southbound toward Mt. Rainier. After 5 miles turn right onto Hgy 507 and continue for 5 miles to the red and white orienteering signs indicating a left turn into the site.

MAP TO FORT LEWIS REGIONAL MEET Sunday, October 5, 1980



CARPOOLING TO FORT LEWIS FROM SEATTLE AREA: People wishing to carpool on October 5 should meet between 8:00 and 9:00 a.m. in the Seattle First National Bank parking area at Southcenter Shopping Center (the bank is in the northeast corner of the shopping center). A Club member will be present to arrange carpools and provide directions. If you would prefer to be picked up at your home, call the people listed below.

In Seattle: Dave Enger 455-5320 (day), 789-4137 (evening)
In Tacoma: Clayton Smith 474-5675

COMING EVENTS

Oct. 11-12 -- Western Canadian O Championships. Hawanaskis Prov. Park. By Calgary Kangaroos.

Oct. 13 -- Club Business Meeting & Clinic. 7 p.m. in Greenlake Library at 7364 E. Greenlake Dr. Meeting will conclude with a clinic on IOF symbol clues.

Oct. 18-19 -- US Championships. St. Louis, Missouri. Anyone interested in going, call Dave Enger.

Oct. 25 -- Lighthouse Park Relay Meet. Located in West Vancouver, B.C.

Oct. 26 -- Seward Park Meet, Seattle. Registration 10-12 in the picnic area at the top of the hill. Novice, intermediate, and advanced courses. Course-setter: Mike Schuh. 5-color map.

Nov. 8 -- Carkeek Park Meet, Seattle. Registration 10-12 in the picnic area overlooking the Sound. B&W map.

April 11-12 -- Plan ahead for Cle Elum Class A meet hosted by COC and Ellensburg.

WOODLAND PARK
August 30, 1980

ST. EDWARDS STATE PARK
September 13, 1980

White Course

6 controls, 1.2 km

	Min:Sec
1 Gary McFadden	26:10
2 Larry Dunlap	48:24
3 JoEllyn Kuipers	54:05

Yellow Course

5 controls, 1.9 km

1 Dororthy Moushegian	46:56
2 J. Hall, R. Sealey, and L. Sealey	147:45

Orange Course

11 controls, 2.3 km

1 Henrik Nordholm	19:02
2 Egon Nordholm	19:30
3 Michael Gruskin	35:55
3 Chris Travis	35:55
4 Jeannit Nordholm	46:10

Memory Course

11 controls

1 Karl Perry	21:55
2 Clayton Smith	22:02
3 Mike Schuh	39:15

White Course, 1.5 km, 8 controls

	Min:Sec
1 Jack Keegan	23:50
2 Brooks Brothers	24:50
3 Nancy Turner	35:00
3 Kathryn Hamilton	35:00
4 Brett Baunton	36:30
5 R. & S. Mille	39:00
6 Dan Peters	40:10
7 G. & C. Paterson	42:00
8 Dirk Hales	61:15
9 Mabel May	62:30
10 Three Mikes	75:30

A few of the White course runners apparently had such a good time, despite the rain, that they went on and tried Yellow also.

Yellow Course, 1.8 km, 10 controls

1 Paul Gauthier	25:10
2 Bill Loeffler	32:10
3 Kathryn Hamilton and Nancy Turner	35:00
4 Ernst Priestley	37:00
5 D. Moushegian	39:00
6 Three Mikes	41:30
7 Jessica Rykken	43:15
7 Suzy Landreville	43:15
8 Marlys Svensson	45:30
9 Robert Webb Jr.	48:50
10 Dirk Hales	51:50
11 Mabel May	52:00
12 Dwight Jacobson	53:40
13 Herbert Buller	102:10
14 W. MacDonald	finished but time unknown
15 S. & F. Frank	DNF

Orange Course, 3.1 km, 7 controls

1 Paul Gauthier	75:00
2 Harry Morgan	78:50
3 Jean Davis	91:30
4 Debbie Newell	92:10
5 Dan Peters	97:10
6 Frank King	103:10
7 Janet Wall	116:50
8 Harvey Friedman	119:00
9 Jeannit Nordholm	145:10
10 Debra MacDonald	154:30
11 Bob Barnes	DNF
12 Jessica Rykken	DNF
13 Brett Baunton	DNF
14 Susan Hamilton	DNF
15 Bill Loeffler	DNF
16 Robert Webb	DNF
17 W. & J. Hall	DNF

The #4 control on both Orange and Red was difficult to find and many people DNF because of it. Some think the control was in the wrong re-entrant and some say the map was inaccurate in that area. But we thank the course-setter and meet director for a well conducted meet regardless.

Red Course, 4.1 km, 10 controls

1 Goran Larson	66:30
2 Richard Lacy	82:10
3 Mark Hawley	87:25
4 Egon Nordholm	92:30
5 Tony Paulson	125:10
6 David Larson	160:45
7 Henrik Nordholm	DNF
8 Jeff Clark	DNF
9 Clayton Smith	DNF
10 Mike Schuh	DNF
11 Berith Larson	DNF

RESULTS
MEET

CLUB OFFICERS

President	Dave Enger	455-5320,	789-4137
Vice-President	Charlie Bock		641-4791
Secretary	Lorrie O'Brien		746-4573
Treasurer	Jean Hendrickson		772-1241
Events	Len Englund		746-3822
Publicity	Tony Paulson		784-4649
Membership	Mike Schuh		783-3960
Mapping	Goran Larsson		938-2058
Training	G. & D. MacDonald		823-9337

CASCADE ORIENTEERING CLUB
P.O. BOX 3572
BELLEVUE, WA 98009

MEMBERSHIP APPLICATION

If you would like to join in the fun and learn more about the sport of orienteering, we would be happy to have you as a member of the Cascade Orienteering Club. Fill in the membership blank below and send with the yearly dues to:

Cascade Orienteering Club
P. O. Box 3572
Bellevue, WA 98009

___ Family \$8.00
___ Individual \$5.00
___ Associate (under 18 yrs.) \$3.00

Name _____

Address _____

