

# Bearing 315

## Orienteering News in the Pacific Northwest

Interim Issue, August 6, 1992

Published by Cascade Orienteering Club

### What's This ?

The British Columbia Orienteering Association was kind enough to send us 200 flyers for its upcoming Rogaine and Orienteering Championships scheduled for this September. We wanted you to get them with as much lead time as possible, so we elected to put out this unscheduled interim issue featuring:

- \* BC Rogaine and Championship Flyers
- \* Washington State Orienteering Suit News
- \* August 22nd Drunken Charlie Rogaine Update
- \* August 8th "Pink Course" St. Edward Option and BBQ at Don Atkinson's Home
- \* Fall Clinic News
- \* Other Schedule Updates
- \* And The Usual Surprise or Two

### Washington State O Suits

A group of six Cascade and Sammamish Orienteers, lead by artist and national team member Debbie Newell said, "Let's get dressed right!" So Debbie came up with a great looking three color design orienteering suit. (Colors are turquoise and teal with purple for accent. See diagram below or full color sketch at the upcoming meets.) We really hope that everyone in Washington will regard this as "their suit" (some may want to put their club patch or logo on the suit, others may be even more creative, and other will go for no-logo stealth look).

This suits will be on an "order only" basis; if you want one in this first batch, please call Debbie at 488-7471 before August 25th. (We will be ordering more early winter.) The suits will cost around \$40 and a \$20 deposit is required. Debbie will help you with sizing.

### August 22nd Drunken Charlie Rogaine

The Drunken Charlie Rogaine is looking goood! The course has been flagged by a great design team (Rick Breseman, Doug Sprugel, Peter Golde, and Annie York). Here is a quick run down.

A Rogaine is an extended backcountry score orienteering event done with at least one partner. Your team may elect to go to the controls in any order and you may skip any control you like. Each of the controls has one of four announced point values based on its ease to find and reach. The team with the most points in their class wins.

The event center will be at Drunken Charlie Lake and teams may return to the center whenever they want to enjoy some fresh fruit and snacks (there will be water on the course, too).

Registration will take place from 10:45 to 11:15. Maps will be available from 11:15 on (please allow yourself about 10 minutes to copy the map, especially noting the new roads). The mass

start will be at noon, with the six-hour event concluding at 6pm. Results and socializing will be back at the event center. (During the event, each team should carry a small back or waist pack with safety items.)

The fee is \$7.50 per person, which includes the cost of the fruit, snacks, and etc. **While there is no formal pre-registration, please call Rick Hood, meet director, at 367-2606 and let him know you're coming, so we can have enough food, maps, and water.** Also, if you need a partner or a ride or riders or have more questions, don't hesitate to call Rick.

If you'd like to try the Rogaine but six hours sounds like too much take the beginners option. We will also have an informal Rogaine Clinic from 10:00 to 10:30.

To reach Drunken Charlie exit I-405 at 522 eastbound (23A), after about a mile go south on 202 which ends in about 1/2 mile at the Woodinville-Duvall Road; take this east to Duval where it ends at the Carnation-Duvall Road; take this north for about 1/4 mile and turn right onto NE Cherry Valley Road and follow the O signs to the lake. Allow yourself 1 1/4 hours from Seattle and please try to car pool as parking is limited.

### Saturday August 8th "Pink Course" and BBQ

Saturday afternoon, August 8 is the date for the second annual summer picnic and barbecue. **Everyone is welcome.** Either come directly to Don Atkinson's at the end of the Arrowhead Point road, or run down from the Arrowhead School on the "pinkish course", which is a beginners level course in difficulty but the length of a short advanced course.

At the BBQ there will be beverages and hamburger fixings. Bring something to go along with this, but mainly, just bring yourself.

There will be an opportunity to try swimming, skiing, and even a canoe. The weather promises a sunny August Saturday. We'll start at 2 at Arrowhead School (153rd and Juanita Drive, the road to Debbie's, just north of the St Edward road.) Finish when everyone leaves.

### Fall Clinic News

Cascades training coordinator, Eric Bone, is setting up two clinics for this fall.

The first will be a beginner-to-easy-intermediate clinic **September 12th at Woodland Park from 10am to 1pm.** From 10 to noon there will be four practical sessions dealing with topics such as map reading and visualizing, route choice, compass and distance aspects, and "taking a good map for a hike". From noon to 1pm there will be actual courses to try and then a discussion over some snacks. Cost is \$5 for club members or \$6 for non-club members. All proceeds over cost will go to establish a Cascade OC beginners' library and training aids. Call

Eric at 364-2279 to ensure a spot.

— Debbie's Washington O Suit Design —

The second clinic will be hosted by two members of the Austrian National Team, Peter Bonek and Claudia Kunzel, who are studying at the University of British Columbia. This will be a two-day clinic for experienced intermediate to advance orienteers. We will have a date for this clinic in the September - October issue of the Bearing 315. Cost is estimated at \$20 total with proceeds over expenses go to advanced training slides and materials. Please register with Eric at 364-2279

## Schedule Updates

- \* Sammamish OC will **not** hold a meet on August 29th, in part because the *Bearing 315* didn't list it in the last issue. SAMM is gearing up for their fall schedule as well as recovering from hosting a super A meet a few weeks ago. Read more about it in the next full issue.
- \* Ellensburg OC will **not** hold a meet in September at Cle Ridge. The good folks at EOC are cooking up more that just great cookies though; read the "Ellensburg Endnotes" in the next regular issue.
- \* Washington State Champs at Cle Elum Ridge this September 19th and 20th are coming along fine. Meet Director Bruce McAlister says, "If you enjoyed Ros\*Elum in the July heat, you'll positively love Cle Elum Ridge. Courses are by Mike Fritz, and will be challenging yet very runnable; Full details in the next issue of Bearing 315, keep the date open."

## Convention and A Meet Talk

The talk around the country, via the orienteering internet is that the USOF Convention and A Meet were "more than worth the trip." Thanks Bruce, Peter, Dave, Mac, John, Sandy and everyone! We'll have a full rundown in the next full issue, but if you want a convention/A meet tote bag, call Rick at 367-2606 now as this is your last chance.

*It cost us about \$19 to put out this interim issue. AOB provided their own flyers, Bruce donated the one page xeroxing for our text, leaving the clubs to cover the postage. Is it worth it; you tell us, our number is 783-3866. OK, hope to see you at the Drunken Charlie Rogaine.*

*--ed. or Rick, I really have retired, Hood*

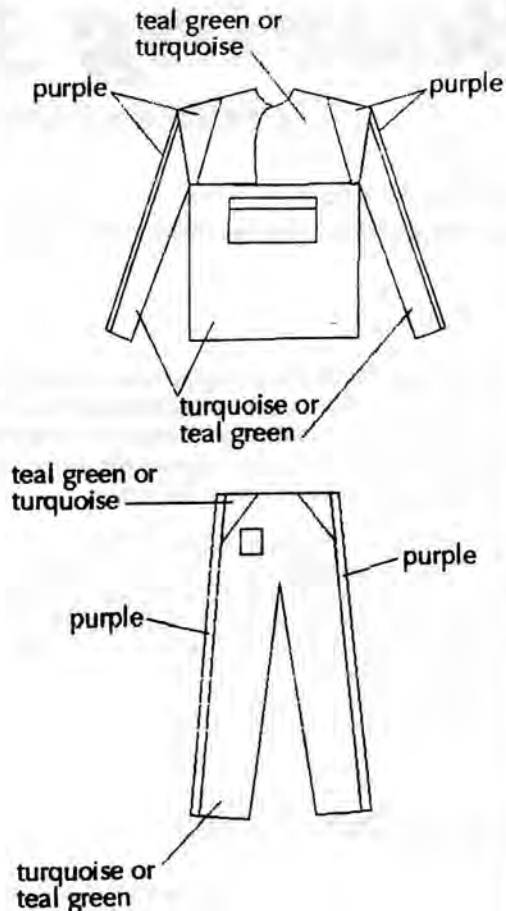
*Have something for the next regular issue? Great, please get it to Bruce, the editor for the next two issue, before the 30th of August. Hope you write!*

## **Bearing 315** **Orienteering News in** **The Pacific Northwest**

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