

BEARING 315

Newsletter of Cascade Orienteering Club

Mar/Apr 1985

Volunteer of the Year

First of all a hearty thanks to the club members who have volunteered their time to help at the last couple meets. As you can see in the "Results" section of the newsletter, there are a number of new names of people helping at meets besides the old standbys. I think I can speak on behalf of the old standbys in saying that we are happy to see the new faces helping at the meets.

What better way is there to become involved with the club and improve "O" skills than to help out at the meets. Harvey Friedman prefers registration duties because then he can place names with faces. I myself prefer course setting as it helps me improve my map reading skills. After helping at several meets you'll end up as part of the inner circle that I see in the club. You'll get tired of running in Woodland Park for the umpteenth time and welcome the challenge of setting a course or doing some field checking. You may even get to the point of planning your vacation trip around an "O" meet in the U.S., Canada, or even Europe.

Granted, there are a lot of headaches such as waiting on I-90 for the road to clear or picking up control markers in a cold downpour but it will give you something to remember. And of course the most disheartening time is when people complain about a misplaced control on a course you set. But hopefully you will have learned from this experience and be a little more sympathetic when you run a course with a misplaced control marker.

During the rest of the year I hope to keep track of who has helped at the meets. I hope to recognize the "Volunteer of the Year" in some way such as a years free membership in the Club or USOF, a compass, a pair of running shoes, an "O" suit, the Vice-Presidency or what ever I can finagle from the BOD. Points would be assigned according to what you did; i. e., course setter 3 pts., meet director 2 pts., all other work 1 pt. Taking our 1st 2 meets as an example you would have a tie for first with Jan Vrana and Sture Carlsson each with 5 pts. and a tie for 3rd between Kathryn Risch and Arnold Kay each with 2 pts. So think about it and give me a call; hope to have the guidelines spelled out in the next issue of BEARING 315.

- John Huth 522-1304

P. S. If you cannot help at meets we can still use your help. If you'll notice on the inside cover of BEARING 315, there is a list of coordinators on the BOD. Give one a call to help out or give President Debbie Newell (488-7471) a call to volunteer for a vacant coordinator position. If you can't do any of the above, we can still use your help. Introduce a new person to orienteering whenever you can. That's right, drag a relative, friend, acquaintance, or stranger to a meet every time you attend. Perhaps we can have a contest for most new members too. -J.H.

Officers & Board Members

The officers and executive board members of the Cascade Orienteering Club are:

President	Debbie Newell	488-7471
Vice President	John Huth	522-1304
Secretary	Valerie Tinsley	822-6254
Treasurer	Susan St. John	523-5643
Newsletter Editor	Harvey Friedman	LA4-3437
Mapping		
WIDL Coordinator	Dan Waugh	365-1810
Membership	Barbara Pedersen	365-8389
Equipment	Francis Smith	634-1104
Publicity	Bo Powell	232-5295
Instruction	Jan Vrana	
Promotions		
Car Pools		

BEARING 315 contains results, a schedule, articles of interest contributed by members or selected from other sources and lots of material written by the editor, Harvey Friedman; letters to the editor are most welcome. Any correspondence to Cascade Orienteering Club or to this Newsletter should go to

P.O. Box 31375
Seattle, Wash. 98103

Other clubs wishing to receive BEARING 315 in exchange should send their newsletters directly to the above address.

Next Issue

All material to be published in the next issue must be received by 15 April the earlier, the better.

Club dues

Please check the date on the mailing label to see when your membership expires. Renew promptly if you want to continue receiving BEARING 315, the club newsletter, and seeing how your name might be misspelled in the results column. An application form is enclosed somewhere in this newsletter for your convenience. Words of both thanks and welcome go to the following new or renewing club members: Rick Breseman, Melissa Bridges, Stephanie Colony, Don Denbo, Ardis Dull, Scott Elich, Faith & Michel Fich, the Firlotte family, Bill Fritz family, Halvorsen family, Joe Hudson, Peter Kehoe, Barbara Maly, Gary McCausland, Robert & Sandy Miller, Carl Moore, Harry Morgan, Dennis Mosolf, Janet Piehl, Susan St. John, Mike Schuh, Tom & Gloria Schuh, Roger Sharp, JoAnne & Will Sperry, Valerie Tinsley, the Waughs, Miriam Weber, Ken Wiljanen.

RESULTS

U. W. Campus 12 January 1985 Club & WIOL meet

Course setter: Jan Vrana; course vetter: Mike Schuh; Registration: Kathryn Risch & Eileen Williams; Starts: Debbie Newell & Dan Waugh; Finish: Arnold Kay & Jan Vrana; Marker Take-down: Kathryn Risch & Jan Vrana; Weather: sunny mid 40's

Beginners 1.5 km 7 controls Intermediate 2.85 km 14 controls

Scott Coble		13:35	Ron Pankiewicz	26:45
Craig Rose		13:55	Eileen Williams	COC 28:48
Frank Monkman		15:00	Craig Rose *	29:19
Williams Family		15:50	Faith Fich	COC 31:12
Britt Brewer		16:50	Michel Fich	COC 32:05
Paige Bumpus		22:40	Frank Monkman *	34:00
Waugh party	COC	22:57	Rick Breseman	COC 34:07
Stephanie Colony	COC	24:34	Valerie Tinsley	COC 35:29
Robert Woolworth		24:34	Ardis Dull	COC 36:22
Francis Smith/Bob Crusen	COC	31:15	Liz Anderson	COC 37:42
Kim Nordstrom		48:40	Phil Everett	COC 38:12

Robert Woolworth * 43:13
Bob Rein & Bob Rein SOC 48:36

Advanced 3.95 km 16 controls

Clayton Smith	NO	26:55	JoAnne Sperry	EOC/COC 56:39
Dave Enger	COC	28:08	Dorothy Moushegian	NO 58:40
Sture Carlsson	COC	32:28	Bill Seymour	COC 59:49
Gary McCausland	NO/COC	34:26	Shelly Williams *	RHS 62:49
Joe Forder	NGOC	36:10	LaMar Barrows	COC 71:45
Robert Miller	COC	38:55	Francis Smith *	COC DNF
Debbie Newell	COC	44:12	Bob Crusen *	DNF

* 2nd course tried

Tim Vargo	COC	45:15	
Susan St. John	COC	45:22	As editor of the "Chariots of Fire"
Mary J. Costello	NO	47:14	newsletter for the hi-schoolers, Roger
Carl Moore	WHS	50:55	Sharp ran the WIOL course so that he has
Anne York	COC	55:42	a better perspective of the course in
Will Sperry	EOC/COC	57:16	writing the newsletter. Hope to have
Harvey Friedman	COC	62:55	him run all of them this year.
Tony Halstead	COC	89:25	- John Huth
Aaron Tate		DNF	

WIOL school course 2.8 km 11 controls

Michelle Everett	COC/Roosevelt	26:33
Maia Halvorsen	COC/Bainbridge I.	27:40
Jessica Hirschfelder	COC/Roosevelt	28:55
Janet Piehl	COC/Roosevelt	33:59
Erin Renshaw	COC/Roosevelt	37:07
Anne Hankins	Lakeside	39:48
Shelly Williams	Roosevelt	48:50

Vince Firlotte	Blanchet	18:55
Eric Mehlhaff	Wilson	20:21
Karl Mehlhaff	Wilson	24:01
Dana Schutter	Issaquah	25:24
Roger Sharp	COC/COF editor	27:27
Keith Horn	Issaquah	27:34
Aaron Tate	Evergreen	28:11
Christian Folse	Seattle Prep	30:05
Orville Rhine	Wilson	33:45
Darin Cline	Issaquah	40:36
Patrick Boyle	Blanchet	40:55
Phat Nguyen	Wilson	43:15
Greg Tryon	Issaquah	21:40 DQ #11
Mike Hankinson	Wilson	47:09 DQ #1
Matt Marinkovich	Wilson	DNF

Farrel-McWhirter 19 Jan 1985 Club & WIOL practice meet

Course setter: Sture Carlsson; Registration: Harvey Friedman; Start: Sture Carlsson; Finish: John Huth, Arnold Kay, Roger Sharp; Markers take-down: Sture Carlsson; Weather: Cool & partly cloudy

Beginners 1.3 km 7 controls

Jessica Hirschfelder	COC/ Roos	11:51	Bill Keane	26:10
Tim Hyatt		11:59	Don Sessions	33:05
Shelly Williams	Roos	14:54	Janet Miller	COC/ Roos 34:58
John Greengo	Blanchet	18:33	J. LaMont	55:12
Ed Wall	Blan.	20:33	Miriam Weber	COC 56:37
Francis Smith	COC	23:09	Anderson	not timed
L. Genest	coach/Blan.	23:22	Steve Judd	no punch card at finish 48
Steven Womack et al.	COC	23:46		

Intermediate 3.0 km 7 controls

Long leg practice

* 2nd course tried

Vince Firlotte	Blanchet	24:48	Anne Hankins	Lakeside	38:34
Jim McNamara	COC	29:05	Bill Keane *		43:33
Gabe Wingard	Gig Harbor	31:37	Mary Ann Kozlovsky	COC	50:37
Michel Fich	COC	33:12	Scott Coble		51:00
Tim Hyatt *		33:38	Francis Smith *	COC	53:45
Don Denbo	COC	34:41	Anderson family *		59:15
Kathryn Risch	COC	34:47	Bill Fritz	COC	63:38
Phil Everett	COC	34:49	Lars Johansson		69:13
Shelly Williams *	Roos.	35:59	Don Sessions *		72:59
Pat Boyle	Blanchet	36:20	Tony Halstead	COC	78:10
Joe Hudson	COC	37:04	Michelle Nickel	COC/Liberty	88:36
Faith Fich	COC	37:29	Knut Olson	COC DQ #1	46:41
Michelle Everett	COC/Roos.	37:31	L. Genest * coach/Blan.	DQ #7	40:30

Advanced 5.1 km 24 controls
control picking & intermediate

		<u>split</u>	<u>final</u>
Dave Enger	COC		45:35
Ty Wingard	Peninsula		56:03
Debbie Newell	COC	34:59	60:56
Tim Vargo	COC	29:37	62:11
Dave Wigg	COC	29:37	62:11
Arnold Kay	COC	36:25	63:35
Vince Firlotte *	Blanchet		63:59
Pat Boyle *	Blanchet		65:03
Ed Wall *	Blanchet	41:35	68:42
John Greengo *	Blanchet	42:47	70:52
Susan St. John	COC	39:45	71:35
Eileen Williams	COC	48:43	74:56
Anne York	COC	46:11	79:56
Rick Breseman	COC		82:50
Gerald Nickel	COC	50:37	83:57
Ken Wiljanen	COC		87:36
Carl Moore		57:54	92:39
Jessica Hirschfelder *	COC/Roos.	DQ	92:06
Bud Keith & Mary Ann Kozlovsky *	COC	not timed	

SCHEDULE OF EVENTS

GENERAL INFORMATION: Unless otherwise noted, novice, intermediate and advanced courses are available at all club meets. Normal registration and start times are from 10:00 AM to NOON and entry fee is usually \$1.50 for members and \$2.50 for non-members. Regional and National (Class 'B' and Class 'A') events may have a higher entry fee depending upon sanctions and awards given to winners in various categories. Instruction for beginners is always available at all events. A limited number of compasses are available on a rental basis at registration.

- Sun, 3 Mar Beaver Lake, Victoria, B. C. 1:00 pm Ray Addison 604-477-4947
- Mon, 4 Mar CLUB meeting, 7:00-8:55 pm University Branch Library, 488-7471
5009 Roosevelt Way N. E., Seattle "Summer meets, here & there"
Bring your compass.
- Sat, 9 Mar Ft. Steilacoom County Park, Tacoma 1:10000 Gary 352-5542
- Sat, 16 Mar Durr Road, Ellensburg 1:15000 b&w Dale 509-925-5873
- Sun, 17 Mar Crystal Springs Ski-O, Stampede Pass. Exit off of I-90 East
of Snoqualmie Pass, 1:15000 b&w. registration 11:00 to 12:00.
Another try at orienteering on skinny skis. Call 522-1304 or
LA4-3437 for more info and parking instructions.
- Priest Point Park, Olympia 1:7500 b&w Gary 352-5542
- Fri, 29 Mar Pot-O-luck, 6:30 pm 7507-55th N.E. 522-0752
- Sun, 31 Mar Marymoor County Park, Redmond 1:10000 b&w Dave 822-6254
- Sat, 6 Apr Volunteer Park Bunnie-O 15th Ave. E. & E. Prospect St. Seattle
1:3000 b&w, Club members from Roosevelt H. S., in appreciation
of the past WJOL season, have an Easter surprise for us all so
plan on attending for an "O" easter egg hunt. John 522-1304
- "Easter Orienteering", OSU Horse Center, Corvallis 1:15000 b&w
Jeff 503-245-4725
- Sat, 13 Apr Ft. Steilacoom County Park, Tacoma 1:10000 Gary 352-5542
- Sun, 14 Apr Frances Park, Victoria, B. C.
- Sat, 27 Apr East Sooke Park, Victoria, B. C.

Sat, 27 Apr Lake Tradition, Issaquah, behind high school. Flow signs off of Front St. 1:15000 color Come and see how much more runnable the Lake Tradition Jungle is in the springtime. John 522-1304

Sat/Sun 4-5 May "Fifth Annual Spring Meet", Arnold Ice Caves, near Bend, Oregon
Sat. 12-2, Sun 9-12. 1:15000 b&w Jeff 503-245-4725

Sat, 11 May Ft. Steilacoom County Park, Tacoma 1:10000 Gary 352-5542

Sun, 12 May Cle Elum Ridge, 1:15000 color 3rd annual Kittitas Valley O Festival, Class 'B' meet, Will 509-925-4716

More Results

WIOL Championship Seward Park February 23, 1985
3.2 km. 12 controls

Teams (based on four places): Wilson 17
Peninsula 29
Roosevelt 32

Individuals (overall and team places in parentheses):

Men		split/total time
1(1)	Nathan Tharp (Nisqually)	24:44/42:26
2(2)	Christian Folse (Sea. Prep)	28:15/47:00
3(3)	Vince Firlotte (Blanchet)	/51:03
4(4)(1)	Lars Björup (Peninsula)	/56:12
5(5)(2)	Karl Mehlhaff (Wilson)	31:23/56:44
6(6)	Pat Boyle (Blanchet)	35:42/64:54
7(9)(4)	James Matsusaka (Wilson)	33:30/75:23
8(10)	Greg Tryon (Issaquah)	/76:22
9(11)(5)	Orville Rhine (Wilson)	42:55/85:22
10(12)(6)	Matt Marinkovich (Wilson)	40:15/87:25
11(13)	Darin Cline (Liberty)	/93:35
12(14)(7)	Ty Wingard (Peninsula)	36:08/97:00
13(17)(9)	Daryl Rochette (Peninsula)	55:30/108:17
14(20)(12)	Gabe Wingard (Peninsula)	55:10/117:46
15(23)	Matthew Roberts (Liberty)	46:55/137:25
	Bill Nelson (Wilson)--DQ;	
	Eric Mehlhaff (Wilson)--DNF	

Women

1(7)	Maia Halvorsen (Bainbridge Is.)	39:33/65:16
2(8)(3)	Jennifer Seffernick (Roosevelt)	30:55/74:20
3(15)	Melanie Swan (Lakeside)	41:42/97:57
4(16)(8)	Janet Piehl (Roosevelt)	43:16/102:04
5(18)(10)	Shelly Williams (Roosevelt)	39:18/108:55
6(19)(11)	Michelle Everett (Roosevelt)	38:00/111:07
7(21)	Anne Hankins (Lakeside)	49:50/120:35
8(22)(13)	Jessica Hirschfelder (Roos.)	29:35/126:56
9(24)(14)	Erin Renshaw (Roosevelt)	79:44/160:09
	Janet Miller (Roos.)--DNF	

Kelsey Creek Park 26 January 1985 WIOL competition #3 Sammamish Orienteering Club

Meet Director, Course Setter: Dave Enger; Registration: Dan Waugh; Start Timing: Valerie Tinsley; Finish Timing: Bob Rein; Additional help: John Huth, Harvey Friedman; Weather: cold, overcast

Course 1 - Novice 1.1 km, 4 controls

Mike Gallagher	14:05
Bob Rein III	16:35
M. C. Halvorsen	19:31
Sandy Kish Miller	

Mrs. Kish & Paul Kish	38:24
Larry Darveau	41:40
Francis Smith	not timed
Marina & Max Waugh & friend	not timed

Course 2 - (intermediate, WIOL)
2.3 km, 100 m climb, 11 controls

Don Denbo	38:38
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WIOL:

Jessica Hirschfelder	28:19
Keith Horn	29:52
Maia Halvorsen	32:24
Christian Folse	33:07
Greg Tryon	33:17
Michelle Everett	34:27
Pat Boyle	35:32
Shelly Williams	36:44
Nathan Tharp	36:53
Karl Mehlhaff	37:37
Ed Wall	41:44
Aaron Tate	44:04
Janet Piehl	44:46
Ann Hankins	45:41
Darin Kline	47:48
Erin Renshaw	51:57
Orville Rhine	59:02
Matt Marinkovich	60:44
James Matsusaka	60:47
Maureen Hankinson	73:27
Michelle Nickel	82:27
Phat Nguyen	93:04
Bill Seymour	122:05
Mike Hankinson	DNF
Kelly Hawkins	DNF
Tom Harding	DNF

Course 3 - (advanced intermediate)
2.4 km, 100m climb, 12 controls

Jim McNamara	43:50
Don Denbo	45:51
Roger Sharp	47:43
Gerald Nickel	52:02
Mike Gallagher	61:00
Ardis Dull	65:32
Aaron Williams	65:39
Lauri Kohli/Lisa Kohli	69:10
Mary Ann Kozlovsky/ Bud Keith	81:03
Craig and Sarah Rose	102:55
Francis Smith	109:15
Bob Rein III	DNF
Eveland DeForest	DNF

Course 2+3 - (strenuous)
4.7 km, 200m climb, 23 controls

Gary McCausland	60:48
Jan Vrana	62:00
Mike Tharp	62:34
Joe Forder	63:14
Dan Waugh	65:00
Chris Loftus	71:59
Tim Vargo	72:25
Rick Breseman	85:47
Ken Wiljanen	100:04
Carl Moore	102:31
Gerald Nickel	106:02
Eileen Williams	114:28
Robert Miller	DNF

We had a good turnout, on a bright sunny day, to run the courses designed and set by Anne York. We also enjoyed the visit of 5 men from the British Army staying in Fort Lewis on maneuvers.

Thanks to Anne for course setting, Ardis Dull for start timing, Arnold Kay for finish timing, Harvey Friedman, Tim Vargo, Joe Hudson, and Robert Miller for picking up control markers, and Debbie Newell and Jan Vrana for pitching in.

-- Sandy Kish Miller, Meet Director and Registrar

School Course 3.1 km 12 controls		<u>Intermediate</u>	3.6 km
Vince Firlotte Blanchet	40:40	Michel Fich	54:09
Christian Folse Seattle Prep	43:04	Jim Mcnamara	54:10
Pat Boyle Blanchet	44:48	Susan St. John	57:11
Greg Tryon Issaquah	45:24	Barbara Maly *	58:30
John Greengo Blanchet	55:39	Roger Sharp	60:56
Ed Wall Blanchet	58:10	Brad Payne	61:36
Darin Cline Issaquah	62:03	Joe Hudson	65:15
Keith Horn Issaquah	65:40	Scott Coble	66:51
Mathew Roberts Issaquah	104:50	Faith Fich	67:24
		John Swinford	70:25
Maia Halvorson Bainbridge I.	47:00	Lowell Cline *	71:00
Michelle Everett Roosevelt	49:16	P J Taylor	76:25
Jessica Hirschfelder Roos.	51:50	Pam Carlsson	78:02
Jennifer Seffernick Roos.	61:36	Valerie Tinsley	78:22
Anne Hankins Lakeside	62:02	J E Stone	80:59
Shelly Williams Roos.	70:00	Gert Gruenwoldt	86:42
Erin Renshaw Roos.	79:12	Bob Rein	91:03
Melanie Swan Lakeside	85:12	Kohli sisters	145:45
L. Genest Blanchet coach 58:02		<u>Advance</u>	5.2 km
P. Everett Roosevelt parent 74:49		Dave Enger	54:27
<u>Beginner</u> 1.6 km		Jan Vrana	62:40
		Mike Schuh	64:58
Marilyn Firlotte	28:40	Jim Culton	75:49
Lowell Cline	29:18	Roger Antolik	76:27
Al Jess	33:49	Debbie Newell	85:26
Barb Maly	39:28	Joe Forder	86:45
Francis Smith	39:49	Tim Vargo	87:54
Peter Gruenwoldt	45:46	Peter Kehoe	98:41
M. C. Halvorson	46:41	Rick Breseman	107:54
Carlsson group	52:49	Eileen Williams	127:49

A special acknowledgement is due the following people who assisted at this years WIOI Championship meet. Dave Enger, Harvey Friedman, Joe Hudson, Arnold Kay, Sandra Kish Miller, Gary McCausland, Robert Miller, Debbie Newell, Mike Schuh, Francis Smith, Nathan Tharp, Jan Vrana, Dan Waugh, and anyone else I may have missed.
- John Huth

Beginner's Course 7 controls

Intermediate Course 2.96 km, 10 controls

Allan Griggs		19:12	Debbie Newell	COC	51:22
Waugh Party	COC	29:42	Jim McNamara	COC	54:44
M. C. Halvorsen	COC	58:05	Brad Payne	COC	59:31
Steve Avolio		76:42	Joe Hudson	COC	69:08
			Mike Gallagher		72:22
Advanced Course	6.1 km	22 controls	Carl Moore	COC	78:45
			Ian Burnett		82:44
Bruce Wolfe	BAOC	63:24	Lowell Cline		94:19
Clayton Smith	NO	68:18	Mary Lanzinger	THOR/Canada	97:47
Ross Burnett	THOR/Canada	68:43	Tim Vargo/Patti Payne	COC	117:17
Dan Waugh	COC	72:37	JoAnne Sperry	COC/EOC	125:20
Colin Preston	THOR/Canada	91:17	Laurie Kohli	COC	
Scott Elich	COC	125:52	Lisa McAusland		185:20
Williard Sperry	COC/EOC	166:40	Bo Powell	COC DQ #1	173:19
Dave Enger	COC DQ #16	64:16	Kathryn Risch	COC 7 controls	DNF
Dale Width	COC/EOC DQ #16	101:22	Ardis Dull	COC 3 controls	DNF
B. Overton	DQ #20	130:00			
Michael Tharp	NO 10 controls	DNF			
Gary McCausland	NO 4 controls	DNF			

Pot-O'-luck

The next Cascade O.C. potluck will be at Jennifer Seffernick's at 7507-55th N.E. in Seattle at 6:30 on 29 March. Phone 522-0752. As usually occurs at these potlucks, the food should again be excellent and you have the opportunity to socialize and talk about something other than orienteering (or you can talk about orienteering).

Course Setting Class

Mike Schuh will a short session in the fine art of course setting in mid-March. Tentative dates are the weekends of 16 and 23 March. This session is intended for everyone who will be setting courses for club events this year. Topics will include how to design a course, techniques of marker placement, writing descriptions and use of international symbols, how to estimate winning times, and discussion of several "No-no's". If you are interested in attending, give Mike a call (home 783-3960 work 356-6241) or talk to him at a club event or at the club

meeting, 4 March.

- Mike Schuh

Field-Checking Class

Word from the north is that there will be a class on mapping during the 30-31 March week-end around Nanaimo, B. C. led by Afan Jones and Mark Fettes, both experienced mappers. Phone Colin at 604-251-9104 for more info.

Cascade Chatter

It's hard to say who was more surprised at the November pot-luck when Knut Olson and Len Englund recognized each other as having run in the same meets about 40 years ago in Sweden. Seems that they both came to the Seattle area at about the same time in the early 50's but didn't know the other was here. If only those 2 dynamic individuals had gotten together then when they were younger, they probably would have founded an O club that is much stronger than any in the country today. O, well - at least they are Cascade members today....Speaking of Knut Olson, when he ran a course at the Farrel-McWhirter meet 19 January 1985, that was the 1st O course he had attempted since about 1950....We had a new record for WIOL participation at the Carkeek Park meet 2 February 1985 but it was not for students, (alas), but rather for parents or coaches of competitors (hooray). Marilyn Firlotte, M. C. Halvorsen, Lowell Cline, Phil Everett and coach Genest all found a great way to stay warm while waiting for the results of the WIOL course....The latest word is that the Nisqually Orienteers Class A meet will be held in late September not late August or early September as we had been told....The U.S. Intercollegiate Champs (but as are most O meets in this country, open to anyone) will be held 30-31 March in Birmingham, Alabama by Vulcan O Club....For those who want to be in the same woods with the super-competitive, 19-21 April 1985 is the date for the U.S. Team Trials to select the team to represent the U.S. in the world championships in September in Australia. I have some applications for it....There will be an article on O in "Sunset" magazine, either the April or May issue; if you were at Farrel-McWhirter park, your picture might be in there....For all who complain that our local parks don't give us enough area to practice rough orienteering skills be reminded of the Class B meet 16 March at Durr Road in Ellensburg. Take either I-90 exit and find the McDonalds restaurant on Main St. Take the road opposite McD's and follow it thru its turns and name changes until it becomes Durr Road where you'll find an O sign. Easier than it sounds. Don't forget your compass; you'll need it....For more stuff in this column, you all will have to inform me about what you're doing - even if it is an anonymous note!....

Where were they?

'Twas a disappointingly small turnout of students for the 3rd annual WIOL state championship meet in 1985. Only 27 of the over 40 folks eligible for the Seward Park meet were there. Anyone with ideas for improving participation and the time to implement your ideas (with help of course), please write them up. It is not too early to be thinking about a WIOL coordinator for next year. -HF

CASCADE ORIENTEERING CLUB

Membership Application

Check one: New ☐ Renewal ☐

Name

Address

Zip

Phone

Family \$10.00

Individual \$7.00

Associate \$4.00 (under 18 years of age)

Newsletter only \$5.00

If family, list other members:

I want to help/learn about

course design

map field-checking

map-drafting

meet timing

meet registration

promotions

administration

???

Send application and check

payable to the Cascade

Orienteering Club & mail to

COC, POB 31375, Seattle 98103

C.O.C.

P.O. Box 31375

Seattle, Wash. 98103

