

BEARING 315

Newsletter of Cascade Orienteering Club

=====

Nov/Dec 1984

BEARING 315 contains results, a schedule, articles of interest contributed by members or selected from other sources and lots of material written by the editor, Harvey Friedman; letters to the editor are most welcome and generally will be printed sooner or later, space permitting. Any correspondence to Cascade Orienteering Club or to this Newsletter should go to

P.O. Box 31375
Seattle, Wash. 98103

Other clubs wishing to receive BEARING 315 in exchange should send their newsletters directly to the above address.

Next Issue

All material to be published in the next issue must be received by 15 December, the earlier, the better.

Out-of-area Information

This year we have received newsletters from New England, Kansas/Missouri, New York, New Jersey, Oregon, Pennsylvania/Delaware, California, and B.C., CANADA so any one visiting those regions who might want to find their schedule, contact Harvey, the newsletter librarian and editor.

ELECTIONS - 26 November 1984

The COC annual meeting to elect officers for the coming year will be on Monday evening the 26th of November at the University branch of the Seattle Public Library on the corner of N. E. 50th St. and Roosevelt Way. If we can get the elections done promptly we may do route analyses on North American 6-day and U. S. championships maps. Let us have a large turnout and other members running for office in addition to the slate put together by the nominating committee; we have competition on the courses, why not competition for the offices? If you can't attend the meeting, please mail in your vote. Those people who volunteered to run for office for 1985 are:

President - Debbie Newell
Vice President - John Huth
Secretary - Valerie Tinsley
Treasurer - Susan St. John

Show your support by coming to the meeting and voting. It's *your* club!

Officers & Board Members

The officers and executive board members of the Cascade Orienteering Club are:

President	Mark Hartinger	363-1840
Vice President	Debbie Newell	488-7471
Secretary	Ardis Dull	364-4062
Treasurer	Chris Hawkins	524-0943
Newsletter Editor	Harvey Friedman	LA4-3437
Mapping	John Huth	522-1304
WIOL Coordinator	Dan Waugh	365-1810
Membership	Barbara Pedersen	365-8389
Equipment	Brad Payne	364-5298
Publicity		
Instruction		
Promotions		
Car Pools		

Club dues

Please check the date on the mailing label to see when your membership expires. Renew promptly if you want to continue receiving BEARING 315, the club newsletter, and seeing how your name might be misspelled in the results column. An application form is enclosed somewhere in this newsletter for your convenience and also an application for the U. S. Orienteering Federation. Anyone who wants to find out about meets in other parts of the country is encouraged to join. Also to retain our charter we need a minimum of 5 USOF members in the club. Words of both thanks and welcome go to the following new or renewing club members: Jim Davis, Mike&Carol Gaul, Knut Olson, Woody Rice, J. E. Stone, and Jan Vrana.

Editorial

Most of the membership of COC enjoys participating in O' meets; few members enjoy the administrative aspects of the sport. However, Orienteering is a voluntary sport -- which means that we who design courses, arrange for maps to be made, schedule events, register, time, and teach get no extra rewards for doing this essential work for the club. Club members who don't offer to help occasionally are cheating themselves of the opportunity of learning new skills, of making new friends, and of sharing the camaraderie of putting on a successful and well-attended meet. If you enjoy the sport, please volunteer to help out. The active dozen or so want to train others so that the workload is shared and the club can grow. Phone an officer today.

RESULTS

Woodland Park Evening-0 and Park 22 August 1984

Several new faces found the 6:30 start time convenient enough to try our sport for the 1st time. The courses were designed well by Anne York, and the timing and registration were ably handled by Debbie Newell and Arnold Kay. I helped with registration and Brad Payne instructed the newcomers. The only sour note to the occasion was that it got too dark for a decent picnic -- no evening picnics after early August seems a reasonable policy. - Harvey

Course 3 - 1.2 km, 7 controls

Carol Ross	18:05
Mariano Landicho	18:25
Dave Fishman	19:48
Michelle Eames	22:26
Barbara Petite	29:32
Francis Smith	31:32

Course 2 - 2.3 km, 11 controls

Harvey Friedman	30:04
Carol Ross	27:35*
Mariano Landicho	36:40*
Kellie Hawkins	DNF

Course 1 - 2.7 km, 15 controls

Robert Miller	23:32
Chris Hawkins	26:36
Brad Payne	26:58
Chris Loftus	28:29
Mark Hartinger	29:17
Ken Knapp	36:35
Jessica Hirschfelder	38:54
Ken Wiljanen	39:02
Sandy Kish Miller	40:13
Michelle Everett	54:55
Valerie Tinsley	DQ
Elizabeth Anderson	DQ

* -- 2nd course

Course 1 & 2

	1	2	Total
Ingemar Jansson	15:24	17:27	32:51
Dave Enger	16:34	24:18	40:52
John Huth	28:58	18:05	47:03

Mountain Orienteering Tumac Mountain region 8-9 September 1984

The dozen or so folks who made the 3 hour drive to USFS Deep Creek Campground were greeted with mostly sunny (no rain at all, unlike Seattle that day) weather, superb terrain, and fine courses designed by Harry Morgan & John Huth and set by John earlier in the week. Even those who did not finish had an enjoyable experience in the woods with the deer and other wildlife. Most of the other hikers or horseback riders I spoke with expressed amazement that we would go off the

trails into the "outback"; a person could get lost there in those trees, lakes, ponds, and deer trails. If most users of the area only use trails and regular campsites (as I suspect), we might be able to convince the Forest Service to let us hold a big meet (the U. S. Champs?) in this fantastic area. The open forest is so runnable and the multitude of knolls and water features are so confusable that it is just perfect for a challenging meet.

For those orienteers who might have been confused about "Mountain O", it was just orienteering in the mountains. No full packs with tent, sleeping bag, food, and stove were required --- it was not a 2-day "mountain marathon". Because it looked like there might be rain on Sunday, the few people who camped overnight divided into 4 pairs (and a fire tender) to collect different control markers and/or to climb Tumac Mtn. or visit other interesting features. A good time was had by all.

- Harvey

8 September 1984

SHORT COURSE 5.4 kilometers, 5 controls

Anne Gilje	1:48:10
Ken Wiljanen	2:18:12
Eileen Williams	DNF
Harvey Friedman	pick-up markers and watch deer

LONG COURSE 7.0 kilometers, 5 controls

Jan Vrana	1:51:25
Sandy Kish Miller & Debbie Newell	3:27:30
Robert Miller & Anne York	3:39:55
Phil Everett, Michelle Everett, & Jessica Hirschfelder	DNF

13 October 1984 Cle Elum Ridge

Some courses designed by outgoing club president Mark Hartinger using a new part of the map will have to wait till next spring because our scheduled meet had to be canceled due to the opening of deer hunting season. The club officers tried to phone all club members to so inform them, and apologize to any who made the trip needlessly. Mark was there from 10:15 to 12:45 but saw no orienteers, just many hunters.

SCHEDULE OF EVENTS

GENERAL INFORMATION: Unless otherwise noted, novice, intermediate and advanced courses are available at all club meets. Normal registration and start times are from 10:00 AM to NOON and entry fee is usually \$1.50 for members and \$2.50 for non-members. Regional and National (Class 'B' and Class 'A') events may have a higher entry fee depending upon sanctions and awards given to winners in various categories. Instruction for beginners is always available at all events. A limited number of compasses are available on a rental basis at registration. Events in italics are sponsored by COC.

- Sat, 3 Nov* *Camp Long, 5200-35th SW, Seattle 1:3000 color 488-7471*
- Sun, 4 Nov* B.C. Score Orienteering Championships - suitable for all -
Black Mountain, West Vancouver, CANADA 604-733-6854 Tony
Cypress Bowl Car Park - massed start at 1130, 1:10000 color
no go in case of snow
- Mon, 26 Nov* *club meeting, 7:00 PM, University Branch Library, 363-1840*
5009 Roosevelt Way NE, Seattle ELECTIONS and route
analysis from national meets
- Sat, 1 Dec* Robinswood park, Bellevue, 1:3000 color Dave Enger 455-5320
148th Ave. S.E. & SE 24th Street
- Sun, 2 Dec* Priest Point park, Olympia 1:7500 b&w Gary 352-5542
- Fri, 7 Dec* *pot-O-luck, 6:30 PM, 6347-21st N.E., 524-0943*
- Sat, 8 Dec* *Lincoln Park, Seattle 1:5000 color 488-7471*
Fauntleroy Way SW, West Seattle
- Sat, 29 Dec* *St. Edward State Park, Kirkland 1:10000 color 488-7471*
Juanita Dr. at NE 145th St., S of Kenmore "Bog Slog"??
- Sat, 12 Jan* *University of Washington campus, meet at 17th NE and NE 45th*
St. entrance, 1:5000 color, excellent map 522-1304
- Sat, 19 Jan* *Farrel-McWhirter Park*
- Sat, 26 Jan* Kelsey Creek Park
- Sat, 2 Feb* Carkeek Park
- Sat, 16 Feb* Ft. Steilacoom County Park, Tacoma

More Results

Sat/Sun 20-21 Oct 1984 B. C. Championships Kamloops

The 11 Washington state orienteers who made the 7+ hour drive into Canada enjoyed the finest meet of the year in the northwest on IOF-standard maps and with well-designed courses. Though we couldn't wait up there to get all the official results, we know that Anne York took 1st in D35A (because her closest competitor, Mary Roozendaal ran a different course) and Valerie Tinsley took 1st in D-open-C. As for the rest of us, Arnold Kay and Harvey Friedman got awards for H-open-C, and Jennifer Seffernick took 2nd for D15-16A. Peter Haynes and Dave Enger challenged in the H21A's finishing 5th & 4th, Debbie Newell had a fine 2nd day after some problems on day 1 D21A to finish 4th overall, Gary McCausland and Mike Tharp did well in H35A (Gary might have won an award) and Woody Rice did creditably (6th) in H17-18A which was Green. Woody finished both days even tho that was the 1st time he had ever been on such technically difficult courses. It is not too early to make plans for the Canadian O. Champs which will be in Alberta next July-August.

Pot-O'-luck

The next Cascade O.C. potluck will be on Friday 7 December 1984 at 6:30 PM at 6347-21th NE at Chris Hawkins'. For any orienteer getting too lost to find this attractive control, directions may be had by phoning 524-0943. As usually occurs at these potlucks, the food should again be excellent and you have the opportunity to socialize and talk about something other than orienteering (or you can talk about orienteering).

Cascade Chatter

Harry & Leslie Morgan both have new positions: she is now a travel agent specializing in foreign travel but able to help club members with almost any travel and he is now working for Frigoscandia, a Swedish firm. Perhaps they'll send him to Sweden to work during O' season so he can compete too. work in Sweden during O' season....John Huth completed the Vancouver triathlon, his running is becoming almost as good as his navigating again....Our newest member is Knut Olson, who some of us met at the recent potluck. He is 60+ and used to compete quite successfully in Sweden on 1:100000 and 1:50000 maps 40 years ago. He also trained some champions back then so perhaps some of the junior members can seek him out for tips on competitive orienteering....Speaking of teaching, Mike Schuh is again teaching Orienteering thru the Experimental College at the U. W. The course is open to anyone so those who feel they need more organized instruction than is available at a meet should consider signing up for the class....There is also a lesser quality course being offered thru the Northwest YMCA. I say lesser quality because I am teaching it and it has separate lectures and field sessions unlike Mike's combined sessions where the theory is reinforced immediately by the practice on a map....Let us all welcome Jan Vrana, a Czech orienteer and fine runner who is settling in Seattle. Help him practice his English by striking up a conversation at the finish or during registration, but not out on a course because not many of us can keep up

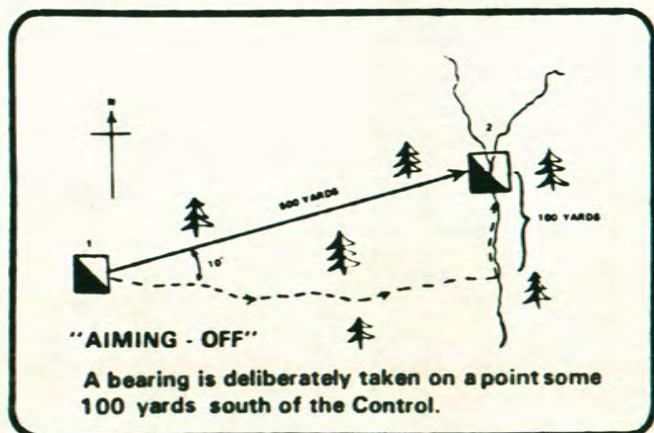
with him....Anne York placed 8th out of 37th in her class at the Jan Kjellstrom International Trophy Event in Wales last Easter weekend, despite claiming a bad run on day 2. If she belonged to the BOF, she would have earned a silver badge on day 1 and a bronze badge on day 2 for her fine performance....If you have any or know any jr. hi or hi school age students near you, encourage them to sign up for this year's Washington Interscholastic O. League. The season starts 1 December and ends the last weekend in February. Let's try to have over 100 participants this year. Pick up a handful of flyers to distribute today....Good luck to Mike Schuh and Jennifer Seffernick who are flying back to St. Louis for the 1984 U. S. O' championships. If the flight cost less, more of Cascade membership would have been able to go.

Apologia

2 glaring errors in the last issue should be corrected. Hague is the correct spelling for the winner of the D21A California 5-days and Sture Carlsson came in 15th in the 1983 Swedish 5-day not 7th as I had originally printed.

Contributions

Any of you who work for companies such as Safeco or Boeing that match an employee's contribution to a 501(c)3 corporation should know that Cascade O. C. is a non-profit, tax-exempt corporation eligible for those matching funds. Let an officer know if you would like to make a contribution or if you are thinking about it but aren't sure whether you can afford it. Anyone who itemizes deductions on the federal income tax return can help themselves as well as helping the club.





Cascade Orienteering Club
P.O. Box 31375
Seattle, Wash. 98103

Cascade Orienteering Club

MEMBERSHIP APPLICATION

Check one: ☐ New Member ☐ Renewal

Name

Address

Zip

Phone

☐ Family ☐ Individual ☐ Associate (under 18 years) \$4.00
\$10.00 \$7.00

If family membership, list other members:

Send application and check payable to the
Cascade Orienteering Club by mailing to
COC, PO Box 31375, Seattle, WA 98103