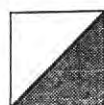


# Bearing 315

The Newsletter of Orienteering in the Pacific Northwest

September/October 1999



## WIOL News

Dave Tallent, President COC, WIOL Director

### Upcoming Winter Series & Wiol Events

It's time to mark your calendars for the upcoming Winter Series and WIOL (Schools) events. The season kicks off in November at Marymoor Park in Redmond, then heads South two weeks later to Point Defiance, Tacoma. In December, the series heads west to Magnuson Park in Seattle, and then north to Forest Park in Everett to finish off 1999. This year's break in the series features the Millennium Bash (12/31/99 & 01/01/00) and possibly and Ski "O". Look for future schedule for the locations of these meets. For meet 5 of the Winter Series, we head east again, to Issaquah and Lake Sammamish SP, then two weeks later, south to Fort Stilacoom in Tacoma. Meet 7, and the final meet of the series will take place at Lincoln Park in West Seattle.

The scoring for the series will be your best 4 out of 7 races on course 4 to count towards your final score. This means that if you attend all seven races you get to drop your three worst results. The scoring will be: 1st place, 100 pts; 2nd 95 pts; 3rd 92 pts; 4th 90 pts; 5th 89 pts; 6th 88 pts and so on. The Club & WIOL Championships will take place at Hamlin Park in Shoreline. Note that the WIOL (Schools) Championships is also billed as the "Club" Championships. So, get training a be the first to win the Club Champs in 2000. Please give input as to what you would like "Club" to mean or even to suggest another name.

This year's series features some changes.

The meets have been organized in rotation around the Puget Sound Region (East, South, West and North), one meet every 2nd week and only 4 out of 7 races to count. With these changes, I hope we can avoid meet staff "burn-out" - by having a meet every 2nd week, give everyone an opportunity to participate in at least four races (4/7) particularly meet staff, and recruit meet staff from within their geographic location. If we all volunteer to work within our location (N,S,E,W) you will only be called upon to help "man" a meet once every two months! So look at the schedule, find one or two meets you could volunteer, and give me a call (425)488-3691.

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## Upcoming Events

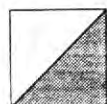
### Bo Powell Memorial Meet Time Change

Due to Seattle U. hosting the Emerald City Invitational x-country meet at Lower Woodland Park on 11 September 1999 with women starting at 10 AM and men starting at 11:15 AM, Cascade O. C. organizers will start the Bo Powell Memorial Meet from noon to 2 PM.

### Ninth Inland Northwest Orienteering Cup and 1999 Western States Championships September 18-19, 1999 Fishtrap Lake, WA

For more information about the meet, please contact the Meet Director, John Beck, (509-838-7078 or 509-323-3429) or email [beck@jepson.gonzaga.edu](mailto:beck@jepson.gonzaga.edu), or the Registrar, Scott Coble, (509-323-6046) or [coble@gonzaga.edu](mailto:coble@gonzaga.edu)

**Directions to the Event Site.** Fishtrap Lake is about 30 miles southwest of Spokane. Go south from I-90 Exit 254 about 2 miles and turn left onto Scroggie Road, which will take you to the Fishtrap Lake Resort where you can pick up your registration packet.



## O' News

### Highland 99

John Britton

Last month's Scottish 6-Day meet aka Highland 99 featured 9 orienteers (at least) of some PNW repute.

Apart from Eileen and Eric running in USA team colours, we had Bill and Jan from Up North, Mal and Andy from current CROC, Heikki and JB from recent CROC and Mark who did a Cle-Elum A meet and partnered me in the Bald Mountain Rogaine a few years ago. From a quick wander round the results, the following chart shows placings on Days 1-6:

Runner	Class								
Bill Cusworth	M21S	x	41	x	75	44	36		
Andy Dale	M21L	39	36	30	75	32	23		
Jan Urban	M35S	35	31	30	16	29	23		
Mark Seddon	M35L	4	4	4	8	9	20		
Heikki Pajuoja	M40L	x	x	48	25	48	10		
John Britton	M45L	140	119	73	64	65	46		
Mal Harding	M50L	x	x	146	102	78	190		

The weather was wondrous, for Scotland. Hot and dry for several days, then cooler and occasionally damp thereafter. I didn't like the areas for Days 1-3 too much (Day3 had huge amounts of brashings), but Days 4-6 were brilliant (and especially the huge map-crossing leg we had on Day4). All in all, the UK simply cannot do better than this.

I strongly advise all PNW folks who didn't make it to borrow the maps of those who did and have a good study. And especially good fun is to check out the World Champs maps with routes on.

Racing on the same areas as the World Champs was very interesting. We got to spectate at the Classic and the Short and the highly-entertaining Relays. I note that the World Champions go almost exactly TWICE AS FAST as me. It was great to see so many familiar faces and gossip for a while - though with 5000 people competing there were an awful lot of folks about - I didn't know Mal and Jan were there till late on the last afternoon.

This whole multi-day event thing is tremendous. This was the first I'd ever done (and the first time I'd ever raced on the tricky stuff in Scotland). Many folks arrived straight from the French 5-Days or the Danish 5-Days or whatever, fit, fast, technically honed... If you study the JB sequence, you will note a serious improvement over the 6-days, from unfit-and-not-used-a-map-for-ages to simply unfit. The level of competition is wonderful, too - a couple of hundred in most classes, with the top 20 mostly Scandinavian and definitely not hanging about.

Everybody should do this sort of thing. Rocky 1000-Days, Scandinavian n-days... dunno what's next but there's definitely going to be one. Catch y'all in the Assembly field, somewhere someday. John

ps. excellent site for results studies... [www.imf.au.dk/cgi-bin/mks/race/events](http://www.imf.au.dk/cgi-bin/mks/race/events)

### Yet Another Mapping Project

Ivar and Susan Husa, Sacajawea Orienteers

The Sacajawea Orienteers has a deserved reputation as local map makers (who work cheap for a good cause.) The Chamna Natural Preserve map for the Taptal Greenway group being but one

example. OK, its the ONLY example. But our heart is in this...

The Sacajawea Orienteers have agreed to assist the MacNary Environmental Education Center (MEECE), near Burbank, WA by providing them with a basic map of their refuge. Of special interest is their new nature trail, that winds through the 100 acre area. This will NOT be a map on which any orienteering events might ever be run. Wildlife refuges are off limits to events such as ours, no matter how benign our events seem. This is done purely as a community service for the benefit of many who love the outdoors as we do.

I am often including notes on the plentiful wildlife found in our beautiful parks when we report on our orienteering events. Closed Circuit to Tri-Cities: Help is needed to do fieldwork, starting sometime in September (projected). Contact Ivar Husa if you would like to volunteer! 943-3693

## Meet Results

### Washington Park May 9, 1999 Anacortes, WA

Chuckanut Orienteering (CHUCKO)

Meet Director: Ken Klepsch  
Courses, Timer: Bill Green  
Registration, BBQ: Johanne Klepsch

Our Mother's Day meet in Anacortes had nice weather while it was rainy elsewhere. Bill Green is helping CHUCKO "upgrade" by putting out proper description sheets and map updates using OCAD. On course 4 controls #5 & 15 each had two top-notch orienteers not locating them, so we negated their DISQ's.

#### Course 1 (1.9 km, 5 controls)

Duncan Osborne	50:00
Donna Tracy & family	50:30
Breseman kids	92:25

#### Course 2 (2.9 km, 8 controls)

Sandy Kish-Miller	72:04
Carl Flansbaum & Ty Laurabee	82:00
Margie Bone	82:40
Forgrave kids	132:55
Jim Thompson family	154:30

#### Course 3 (2.8 km, 13 controls)

Tom Slocum	96:35
Ken Klepsch	109:52
Ginny Knorr	DNF

#### Course 4 (4.8 km, 18 controls)

Rick Breseman	79:17
Eric Bone	88:23
Kean Williams	94:28
Eileen Breseman	96:31
Robert Miller	115:19
Mary Jaseuz, Stuart Bradshaw	148:16
John Lee	149:15
Dave Yee & Jess Jackett	209:57
Bob Forgrave	270:39
Linda & Carl Moore	DNF

### Cornwall Park May 23, 1999 Bellingham, WA

Chuckanut Orienteering (CHUCKO)

Meet Director, Courses: Bill Green  
Timer: Ken Klepsch  
Registration, Refreshments: Johanne Klepsch

Bill set up Cornwall Park as a modified Score-O any 8, 16, or 24 controls. Boy Scout Troop 100 from Mt. Vernon took part in their first O' meet. We also had Girl Scouts present. We extend a wetter and greener Western Washington welcome to Terredan Landchild and Jill Miller.

#### Course 1 (any 8 controls)

Galen Kirkpatrick	21:06
Beth Green	45:47
Michelle Pope	46:12
Lori Pope	46:40
Jill Miller	48:01
Alyssa Young	49:32
Becky Pantan	60:00

#### Course 2 (any 16 controls)

Daniel Kirkpatrick	29:58
Carl Flansbaum & Amy Hawkins	51:40
Team Wisbang	53:47
Team Stars & Spice	62:01
Niki Jerozal	64:30
Team Dahl	67:31
Team Schwab	77:42
Johanne Klepsch	87:00

#### Course 3 (any 24 controls)

Terredan Landchild	34:08
Bob Scott	36:08
Don Atkinson	43:29
Team Pedigrees (scout leaders)	62:02
Carrie Birrittier & Jen Mitchell	62:36
Dick Johnson	115:30

### Lincoln Park June 19, 1999 West Seattle, WA

Cascade Orienteering Club

Meet Director: Dave Tallant

Course Designer: Eric Bone

**Course 1 (1.2 km, 7 controls)**

Matej Urban	COC	13:25
Alice Few & group		15:28
Madeline Enger	SAMM	17:51
Connie Amundson		24:08
Russ Kinisall		24:25
Jim Simpson		25:36

**Course 2 (1.8 km, 8 controls)**

Urbans	COC	17:07
Will & Madeline Enger	SAMM	26:57
Brian & Rachel Davis		35:32
Connie Amundson/Nik Kaneton		36:09
"Few Group (Katie, Laura, Gretchen)"	COC	36:45
Ellie Rogers	SAMM	39:52
Forgrave family	COC	43:07
Becky Schultz	COC	43:22
"Wanda, Kyle & Derrick Howlett"	SAMM	54:19
Marti Anderson & family		no time

**Course 3 (3.3 km, 11 controls memory option)**

Debbie Newell	COC	25:16
Taavi Tatsi	GAOC	25:29
Dave Enger	SAMM	26:38
Jan Urban	COC	27:23
Fred Veler	SAMM	29:26
Peter Golde	COC	31:08
Robert Miller	COC	34:12
Tyler Fredericksen	COC	35:20
Don Denbo	COC	45:41
Jenny Pearson	COC	46:27
Sandy Kish Miller	COC	48:15
Patick Kelly	COC	48:44
Roman Kotecky		55:47
Rex & Heidi Garrett		61:31
Bob Forgrave	COC	70:44
Mark Howlett	COC	DNF
Don Atkinson	COC	DNF

**Course 3 (3.3 km, 11 controls) no memory option**

Ardis Dull	COC	34:50
William Enger	SAMM	48:48
Steve Frederickson	COC	52:54

### PNWOF99 Day 1 Teaway Forks July 23, 1999

Meet Director: Rick Hood

Course Designer: Peter Golde

Registration: Ardis Dull, Ken Lew

Start: Rick Breseman, Nic Bone, Don Atkinson

Finish: Mark Howlett, Don Atkinson, Robert Miller, Sandy Kish Miller, Patrick Kelly, Fred Veler, Debbie Newell

**White (2.2k, 8 controls, 25m climb)****F10**

Kelsey Breseman	COC	74:19
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**M10**

Scott Swinkels	VICO	29:36
Ryan Breseman	COC	31:59
Scott DeLuca	CROC	56:08

**F Open**

Angela Thurmond		75:01
Christy Long	Burlington	82:20

**Recreational**

Madeline/Molly Enger

Charles Marris

Kathleen Ashead

**Yellow (3.3k, 9 controls, 70m climb)****M14**

Will Enger	SAMM	48:42
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**F Open**

Amanda Snell		91:52
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**M Open**

Tony Latham	Burlington	40:34
Trey Butler	Burlington	44:17

Leroy Smith

SDO	143:42
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**Recreational**

Hilary Lampard

Dave/Ann Reynolds

Randall family

Trey Butler

**Orange (4.6k, 12 controls, 130m climb)****F Open**

Robert Fothergill	CTOC	96:01
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**M Open**

Patrick Kelly	COC	81:07
Walt Roland		116:41

Recreational

Nicole Nelson

NTOA

Kristen Saxton

CROC

**Brown (3.6k, 9 controls, 120m climb)****F18**

Jenny Pearson	COC	63:04
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**F60**

Linda Moore	NISQ	57:59
Gill Bailey	VICO	82:34

**F65**

Ruth Johnson	NEOC	64:31
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**M65**

Carl Moore	NISQ	52:26
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**M70**

Knut Olson	COC	80:24
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**M Open**

Evan Custer	BAOC	56:15
Scott Drumm	CROC	69:00

**Recreational**

Anndy Wiselogle

CROC

Skip Myler

Phoenix

Dave Boissnanc

Dan Nebres

**Green (4.8k, 11 controls, 130m climb)****F45**

Ardis Dull	COC	85:22
Sandy Kish Miller	COC	120:01
Elisabeth Mueller	OLG Saeuliam	123:23
Karen Lachance	GVOC	166:17
Rosemary Johnson	BAOC	DNF

**F50**

Nancy Neuburger	PTOC	97:42
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**F55**

Miki Snell	NTOA	92:18
Shirley Donald	KOC	96:37
Diana Hocking	VICO	136:39

**M50**

Walter Daepf	OLG Bern	52:51
Mac Macdonald	SAMM	64:26
Robert Miller	COC	69:52
John Rance	GVOC	77:34
Dale Width	EOC	79:36
Scott Coble	EWOC	86:25
Joe Hallett	CROC	103:06
Rene Mueller	OLG Saeuliam	118:36
John Beck	EWOC	121:05
Bill Papendick	BAOC	141:18

**M55**

Fred Veler	SAMM	58:23
Don Atkinson	COC	67:00
Scott Donald	KOC	85:23
Harvey Friedman	COC	102:48
Glen Cafferty	CROC	127:53

**M60**

Peter Snell	NTOA	60:27
John Pascal		79:18
Leigh Bailey	VICO	79:40
Martin Hocking	VICO	132:04

**M Open**

Steve Jankowski	BAOC	63:09
Tom Randall		81:52
Ken Klepsch	CHUCKO	83:43
Bill Messing	CAOC	86:39
Matthew Lewis	NTOA	88:52
Rafael Gutierrez	CROC	96:52
Steve Beuerman	BAOC	DNF
Joe Papendick	BAOC	DNF
Curtis Condon	CROC	MSP

**Recreational**

Jeff Watson	CROC	
Paula Whipple	CROC	

**Red (6.7k, 13 controls, 230m climb)****F21**

Debbie Newell	COC	102:49
Barbara Bryant	NEOC	131:53
Bridget Thomson	LAOC	188:57

**M35**

Jan Urban	COC	89:44
Mark Swinkels	VICO	107:32



John Lee	NEOC	DNF
<b>M40</b>		
Rick Breseman	COC	73:20
Arne Skog	COC	73:41
Peter Josef Sotola	GVOC	138:04
Michael Pope	SAMM	DNF

<b>M45</b>		
Dave Enger	SAMM	87:10
Joel Thomson	LAOC	91:07
Dave Tallent	COC	127:48
Philip DeLuca	CROC	DNF

#### Blue (9.2k, 16 controls, 370m climb)

<b>M21</b>		
Dan Stoll-Hadayia	BAOC	83:13
Sergey Velichko	CTOC	88:23
Stefan Daepf	OLG Bern	93:02
Doug Pollock		96:26
Doug Stein	BAOC	99:48
Van Boughner	BAOC	168:18

### PNWOF99 Days 2/3 Lick Creek/Bullfrog Pond July 24/25, 1999

Meet Director: Dave Tallent  
Course Designers: Don Denbo/ Anne York  
(Day 2), Jan Urban (Day 3)  
Registration: Ardis Dull, Bill Cusworth, Ken Lew

Start: Rick Breseman, Nic Bone  
Finish: Mark Howlett, Don Atkinson, Robert Miller, Sandy Kish Miller, Fred Veler, Debbie Newell  
Marker Pickup: Kristin Ritzenthaler, Bob Reddick, Ken Lew, Dave Enger

Day2, Day3, and total results.

#### White Day 2: 2.4k, 9 controls, 60m climb Day 3: 2.9k, 7 controls, 12m climb

<b>F10</b>				
Kelsey Breseman	COC	61:03	95:11	156:14

<b>M10</b>				
Scott Swinkels	VICO	54:12	30:42	84:54
Scott DeLuca	CROC	62:56	33:12	96:08
Ryan Breseman	COC	50:37	45:33	96:10

#### Recreational

Lucy Pope				
Donald Bolton				
Margaret Bolton	SAMM			
Gayle Bouvet/Jan Lambert				
Charles				
Madeline/Molly Enger	SAMM			
Jeff Leer				
Jim McCue				
Janet Roland				
Shogren				
Bonnie Townshend				
Kathleen Ashead				
Charles Marrs				

#### Yellow Day 2: 3.9k, 8 controls, 130m climb Day 3: 3.7k, 8 controls, 15m climb

<b>F Open</b>				
Amanda Snell		49:34	51:44	101:18

<b>M Open</b>				
Leroy Smith	SDO	81:22	68:48	150:10

<b>M14</b>				
Will Enger	SAMM	90:19	33:24	123:43

#### Recreational

Kathleen Ashead				
Charles Marrs				
Dave/Ann Reynolds				
Trey Butler				

Karakowski				
Hilary Lampard				
Mary Pedon				
Randall family				
Larry Stratton				

#### Orange Day 2: 4.2k, 10 controls, 150m climb Day 3: 4.9k, 14 controls, 25m climb

<b>F Open</b>				
Roberta Fothergill	CTOC	80:01	97:23	177:24

<b>M Open</b>				
Patrick Kelly	COC	65:54	87:02	152:56
Walt Roland		181:04	DNS	

#### Recreational

Michael Tanis/Carrie Olsen

#### Brown Day 2: 4.3k, 8 controls, 130m climb Day 3: 4.9k, 10 controls, 36m climb

<b>F Open</b>				
Nicole Davis	GVOC	98:34	102:27	201:01

Rosemary Johnson	BAOC	121:48	141:51	263:39
Jill Miller	CHUCKO	DNS	135:23	

<b>F18</b>				
Jenny Pearson	COC	103:39	187:37	291:16

<b>F60</b>				
Linda Moore	NISQ	82:25	74:44	157:09

<b>F65</b>				
Ruth Johnson	NEOC	80:57	92:50	173:47

<b>M Open</b>				
Scott Drumm	CROC	120:38	90:19	210:57
Evan Custer	BAOC	DNS	64:10	

<b>M65</b>				
Carl Moore	NISQ	60:26	77:57	138:23
Bob Reddick	SAMM	114:48	136:2	250:50

<b>M70</b>				
Knut Olson	COC	93:27	111:00	204:27
Jack Carson	VICO	DNF	123:34	

#### Recreational

Skip Myler	Phoenix	78:09	152:25	230:34
Dave Boissnanc				
Virginia Church	CROC			
Anton Kravchuck				
Dan Nebres				

Paul Sanders				
Nelson/Terry Snyder				
Anndy Wiselogle	CROC			

#### Green Day 2: 6.1k, 11 controls, 230m climb Day 3: 6.1k, 12 controls, 36m climb

<b>F Open</b>				
Suzanne Pearson	GVOC	94:34	95:35	190:09

Paula Whipple	CROC	107:41	DNS	
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<b>F35</b>				
Mel Dutkiewicz	GVOC	86:12	65:20	151:32

<b>F45</b>				
Ardis Dull	COC	103:50	87:22	191:12

Elisabeth Mueller	OLG Sae-uliamt	125:40	97:38	223:18
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Sandy Kish Miller	COC	132:43	100:36	233:19
Karen Lachance	GVOC	122:56	128:33	251:29

Leslie Minarik	BAOC	185:46	109:31	295:17
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<b>F50</b>				
Nancy Neuburger	PTOC	158:05	94:24	252:29

<b>F55</b>				
Miki Snell	NTOA	112:11	80:30	192:41

Diana Hocking	VICO	112:58	112:49	225:47
Shirley Donald	KOC	127:05	121:49	248:54

<b>M Open</b>				
Curtis Condon	CROC	84:57	72:26	157:23

Jeff Watson	CROC	107:42	65:25	173:07
Christopher Lum	SAMM	118:10	79:47	197:57

Tom Randall		131:24	71:54	203:18
Matthew Lewis	NTOA	126:01	86:44	212:45

Ken Klepsch	CHUCKO	138:10	117:30	255:40
Phillip Hoare	BAOC	152:17	114:55	267:12

Steve Beuerman	BAOC	173:28	156:44	330:12
Joe Papendick	BAOC	92:30	DNS	

<b>M50</b>				
Walter Daepf	OLG Bern	52:26	61:46	114:12

Richard Neuburger	PTOC	68:40	62:50	131:30
Robert Miller	COC	78:14	56:53	135:07

George Minarik	BAOC	80:18	56:49	137:07
Rene Mueller	OLG Sae-uliamt	78:43	60:56	139:39

Dale Width	EOC	76:25	71:08	147:33
Dave Petty	COC	96:01	73:52	169:53

John Rance	GVOC	93:23	91:21	184:44
Mac MacDonald	SAMM	104:57	84:52	189:49

Scott Coble	EWOC	126:12	82:37	208:49
Doug Sprugel	COC	172:29	77:40	250:09

Joe Hallett	CROC	153:48	131:55	285:43
John Beck	EWOC	DNF	119:52	

Bill Papendick	BAOC	70:27	DNS	
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<b>M55</b>				
Fred Veler	SAMM	69:52	62:13	132:05

Don Atkinson	COC	98:03	65:27	163:30
Scott Donald	KOC	137:33	71:50	209:23

Michel Billaux	SACO	116:49	126:36	243:25
Harvey Friedman	COC	143:11	143:21	286:32

Glen Cafferty	CROC	140:58	174:45	315:43
<b>M60</b>				
Leigh Bailey	VICO	88:53	64:43	153:36
John Pascal		79:37	76:52	156:29
Peter Snell	NTOA	96:42	115:00	211:42
Carl Coger	VICO	160:15	110:13	270:28
Martin Hocking	VICO	DNF	127:39	

**Red**  
**Day 2: 8.3k, 12 controls, 300m climb**  
**Day 3: 7.6k, 16 controls, 120m climb**

**F21**

Debbie Newell	COC	118:22	80:33	198:55
Bridget Thomson	LAOC	174:22	192:10	366:32
Barbara Bryant	NEOC	DNF	135:12	

**M Open**

Steve Jankowski	BAOC	133:40	100:59	234:39
John Bartholomew	CROC	165:05	146:00	311:05
Peter Golde	COC	DNF	90:12	
Steve Bull		98:51	DNF	

**M35**

Mark Swinkels	VICO	169:09	115:39	284:48
Robert Scott	CROC	150:36	136:00	286:36
Jan Urban	COC	98:44	DNF	

**M40**

Rick Breseman	COC	108:39	79:11	187:50
Peter Kehoe	CROC	152:46	96:01	248:47
Peter Josef Sotola	GVOC	155:08	109:15	264:23
Michael Pope	SAMM	163:42	133:15	296:57
John Rogers	SAMM	DNF	77:22	
John Sincok	SAMM	DNF	DNF	
Arne Skog	COC	DNF	DNF	

**M45**

Dave Enger	SAMM	96:13	66:26	162:39
Dave Tallent	COC	91:43	92:14	183:57
Richard Matthews	GVOC	100:54	84:59	185:53
Philip DeLuca	CROC	111:54	89:44	201:38
Joel Thomson	LAOC	131:27	81:00	212:27
Rafael Gutierrez	CROC	172:51	DNF	

**Blue**

**Day 2: 10.5k, 15 controls, 430m climb**  
**Day 3: 9.1k, 20 controls, 141m climb**

**M21**

Martin Pardoe	GVOC	86:38	64:12	150:50
Dan Stoll-Hadayia	BAOC	98:29	68:53	167:22
Sergey Velichko	CTOC	91:50	77:45	169:35
Stefan Daepf	OLG Bern	97:02	84:19	181:21
Marek Dutkiewicz	GVOC	109:14	84:16	193:30
Doug Stein	BAOC	121:20	90:54	212:14
Van Boughner	BAOC	167:14	94:47	262:01
Doug Pollock		103:55	SPW	
Rafael Gutierrez	CROC	DNF	MSP	
Bill Cusworth	COC	DNF	DNF	

## WIOL and Winter Series Schedule (& a couple of November meets) (see page 7 for more schedule)

Date/Time	Location and Comments	Type	Club	Map	Contact
<b>November 1999</b>					
Sat, Nov 6 10 - noon	Meet 1 East PS, Marymoor Park, Redmond, WA. SR 520 east. Take the Lake Sammamish Parkway Exit and travel south to the park entrance.	C	SAMM	1:10000	206-783-3866
Sat, Nov 13	Gonzaga University, Spokane, WA. Park in Jepson parking lot (off Van Gorp, south of Boone). Mass start for "motata" at 11:00	C	EWOK	1:5000	John Beck 509-838-7078
Sat, Nov 13 10 am	Adventure Run, St Edwards State Park. Mass start at 10 am Check the www.pnwo.org webpage in October for the details	X	COC CNW	1:10000	206-783-3866
Sun, Nov 14 1 - 3 pm	Bennington Lake, Walla Walla, Wa. Off of Tausick Way in Walla Walla.	C	SACO	1:10000	Frank Skorina 509-522-2770
Sat, Nov 20 10 - noon	Meet 2 South PS, Point Defiance Park, Tacoma, WA. Take Exit 132 from I-5 to West SR 16. The exit sign from I-5 will read "Gig Harbor - Bremerton". Travel about 3 miles on SR 16 and take the 6th St Exit. Take a left under the freeway and then the next right onto Pearl. Travel about 3 miles north on Pearl to the park entrance.	C	COC	1:10000	206-783-3866
<b>December 1999</b>					
Sat, Dec 04 10 - noon	Meet 3 West PS, Magnuson Park, Seattle, WA. Take 45th St. Exit from I-5 east to Sand Point Way, follow north to park.	C	COC	1:5000	206-783-3866
Sat, Dec 18 10 - noon	Meet 4 North PS, Forest Park, Everett, WA. West from I-5 at Exit 192 on 41st St. 41st St. will become Mukilteo Blvd.; follow until close to water.	C	SAMM	1:10000	206-783-3866
Fri, Dec 31	Y2K Bash. (Location to be announced later)				206-783-3866
<b>January 2000</b>					
Sat, Jan 1	Y2K Bash				206-783-3866
Sat, Jan 15 10 - noon	Meet 5 East PS, Lake Sammamish State Park, Issaquah, WA. Exit I-90 at Exit 15. Head north on 17th Ave NW towards park. Turn left onto NW Sammamish Rd. Travel about 0.4 miles and watch for signs.	C	SAMM	1:10000	206-783-3866
Sat, Jan 29 10 - noon	Meet 6 South PS, Fort Stilacoom, Tacoma, WA I-5 Exit 129 onto 72nd W. This becomes Custer, right onto 88th SW, becomes Steilacoom to park.	C	COC	1:10000	206-783-3866
<b>February 2000</b>					
Sat, Feb 12 10 - noon	Meet 7 West PS, Lincoln Park, West Seattle, WA. Exit from I-5 at Spokane St. Head west until you reach Fauntleroy Way, head south to the park.	C	COC	1:5000	206-783-3866
Sat, Feb 26 10 - noon	Club & WIOL Championships, Hamlin Park, Shoreline, WA. Exit I-5 at NE 145th. Travel east to 15th Ave NE. Turn north to NE 160th.	C	COC	1:7500	206-783-3866

## Where and what are these Orienteering Clubs?

The Orienteering clubs listed here are independently administered non-profit organizations chartered by the United States Orienteering Federation. Sammamish primarily operates in the east-side (Bellevue and Redmond) area, while Cascade (the largest club) operates in the greater Seattle area. Ellensburg is centered in that town, Sacajawea is based in the Tri-Cities area, and Chuckanut O.C. is based in Bellingham. Husky Orienteering is for University of Washington students, faculty, and staff. Cascade and Sammamish clubs hold orienteering events throughout the year in the Puget Sound area, and eastward into the Cascade Mountains; the other clubs hold events in their areas. Membership is open to everyone, and entitles you to event discounts, club voting rights, and includes a subscription to Bearing 315, published six times per year.

## What equipment do I need?

The only requirement is a compass. The best kind is a protractor-type with a clear plastic base so that you can see through it to the map underneath. Compasses are available for loan (with deposit) at orienteering events if you don't own one. At each event you will receive a detailed topographic map of the area, usually produced specifically for orienteering by the club. Long pants (light nylon is best, but jeans will do) and long-sleeve shirts are recommended because of sometimes dense underbrush. Jogging shoes or lightweight hiking boots are preferable; your feet may get wet and muddy, so a spare pair of socks and shoes are nice. Bring a watch so you can keep track of the time.

## COC Officers and Coordinators:

Dave Tallent	President	206-488-3691
Eric Bone	Executive Board/ Vice-President/Training	206-634-2279
Katie Sprugal	Treasurer	206-365-8742
Ardis Dull	Secretary	206-364-4062
Rick Hood	Executive Board/ Environmental	425-640-8134
Peter Golde	Executive Board	425-452-9205
Debbie Newell	Executive Board	425-488-3691
Don Atkinson	Executive Board/Equipment	425-488-0270
Vacant	Newsletter	
Aaron Charlop	Memberships	206-935-8742
Eileen Breseman	Publicity and Promotion	425-483-6592
Vacant	Volunteer Coordinator	

## Sammamish Officers and Coordinators:

Dave Tallent	President	425-488-3691
John Sincok	Vice President	425-822-3621
Valerie Enger	Treasurer	425-822-6254
Dave Enger	Mapping Coordinator	425-822-6254
Jan Urban	Memberships	425-402-7225

Event fees are charged on a per-registration basis: two people running together with the same map and punch card pay a single fee. Additional maps are available; the charge varies depending on the map. Fees vary, but the following are typical fees for local ("C") events with color maps. "A" and "B" meets, state championships, rogaines, and other events will cost somewhat more.

## Orienteering Club

### Membership Application

- ☐ Cascade O.C. ☐ Sammamish O.C.  
☐ Ellensburg O.C. ☐ Sacajawea O.C.

Name \_\_\_\_\_

Address \_\_\_\_\_

Home phone \_\_\_\_\_ Work (opt.) \_\_\_\_\_

E-mail \_\_\_\_\_

Family Members \_\_\_\_\_

Optional Information: \_\_\_\_\_

Occupation \_\_\_\_\_

Orienteering Experience \_\_\_\_\_

Special Interests \_\_\_\_\_

Orienteering Interests (circle):

- |   |                  |                          |              |
|---|------------------|--------------------------|--------------|
| Event Participation                                 | Improving Skills | Writing                  | Teaching     |
| Event Organization                                  | Map Making       | Publicity                | Coaching     |
| Course Setting                                      | Field Checking   | Exploration of new areas |              |
| <input type="checkbox"/> Family or Group            |                  |                          | \$15.00/year |
| <input type="checkbox"/> Individual                 |                  |                          | \$10.00/year |
| <input type="checkbox"/> Associate (under 18)       |                  |                          | \$5.00/year  |
| <input type="checkbox"/> Newsletter only [COC only] |                  |                          | \$6.00/year  |

Mail this form, along with payment, to one of:

<b>Cascade Orienteering</b>	<b>Sammamish Orienteering</b>
P.O. Box 31375	P.O. Box 3682
Seattle, WA 98103	Bellevue, WA 98009
—OR—	—OR—
<b>Ellensburg Orienteering</b>	<b>Sacajawea Orienteers</b>
c/o Kent Verbeck	c/o Frank Skorina
1361 Nelson Siding Rd.	116 Stanton
Cle Elum, WA 98922	Walla Walla, WA 99362

## Other Club Contacts:

Frank Skorina, Sacajawea Orienteers	509-522-2770
Kent Verbeck, Ellensburg O.C.	509-674-2755
John Beck, Eastern Washington O.C.	509-838-7078
Scott Drumm, Columbia River O.C.	503-261-1493
Eric Bone, Husky O.C.	206-634-2279
Ken & Joanne Klepsch, Chuckanut Orienteers	360-299-1010
Carl Moore, Nisqually O.C.	253-756-5739

Club members (any club)	\$4.00
Non-club members	\$5.00
Junior (under 18)	\$3.00
Families	map fee only after first two



## Upcoming Orienteering Events

**Call the Hot Line at 206-783-3866 (or the website at <http://www.pnwo.org/schedule.html>) for latest information and details**

<i>Date/Time</i>	<i>Location and Comments</i>	<i>Type</i>	<i>Club</i>	<i>Map</i>	<i>Contact</i>
<b>September 1999</b>					
Sat, Sep 11 noon - 2 pm	Woodland Park, Seattle, WA. <b>Bo Powell Memorial O' Meet.</b> Take NE 50th St. Exit from I-5 west. Turn left into park just before Aurora Way.	C	COC	1:5000	206-783-3866
Sat, Sep 11 3 - 5 pm	Sacajawea State Park, Pasco, WA. Take Sacajawea State Park Road off SR 12 near Pasco	C	SACO	1:10000	Frank Skorina 509-522-2770
Sat, Sep 11 7 pm	Sammamish club meeting at Dave Enger's. (call for directions)	X	SAMM		Dave Enger 425-822-6254
Sep 11 - 12 Sat/Sun	Ruckle Park, Salt Sprint Island, BC.	B	VO		Kris Dartnell 250-598-6420
Sun, Sep 12 10 - noon	Sacajawea State Park, Pasco, WA. (same courses as Sep 11!)	C	SACO	1:10000	Frank Skorina 509-522-2770
Sun, Sep 12 11 am - 1 pm	Powell Butte, Portland, OR. From I-205, take Powell or Division EAST-BOUND to 162nd Ave, turn south. If you're on Division, go south until you cross Powell and continue into the park.	C	CROC	1:10000	Peter Kehoe 360-256-5328
Sep 18 - 19 Sat/Sun	Fishtrap Lake, Sprague, WA. <b>Inland NW O Cup West States Champs.</b> Take Exit 254 (Fishtrap) off I-90 and head south about 3 miles to the "Miller's Ranch" entrance to the BLM land.	A	EWOC/ NISQ	1:15000	John Beck 509-838-7078
Sat, Sep 25 10 - noon	Howard Amon, Richland, WA. From Interstate 182 near Richland, WA take exit 5, selecting the ramp to go north on George Washington Way. Proceed 1 mile north and turn right (east) on Lee Blvd. One block ahead.	C	SACO	1:5000	Frank Skorina 509-522-2770
Sun, Sep 26 1 - 3 pm	Pioneer Park, Walla Walla, WA. From Rt 12 take Clinton Street South. At the second traffic light, hang a left. Go about 0.3 mile and you should see big trees on your right. That is the park.	C	SACO	1:3000	Frank Skorina 509-522-2770
Sep 25 - 26 Sat/Sun	1999 US Orienteering Championships, Spooner Lake, NV	A	BAOC		Steve Beuerman 408-739-9376
<b>October 1999</b>					
Sun, Oct 3 1 - 3 pm	Rooks Park, Walla Walla, WA. Take Mill Creek Road off SR 12 east of Walla Walla.	C	SACO	1:10000	Frank Skorina 509-522-2770
Sun, Oct 3 10 am - noon	Lake Sammamish State Park, Issaquah, WA. Exit I-90 at Exit 15. Head north on 17th Ave NW towards park. Turn left onto NW Sammamish Rd. Travel about 0.4 miles and watch for signs.	C	SAMM	1:1000	Dave Enger 425-822-6254
Sat, Oct 9 10 am - noon	Ft. Casey State Park, Whidbey Island, WA. Take Mukilteo-Clinton ferry. Follow highway north from ferry. Optionally, take Port Townsend ferry and then walk to park.	C	COC	1:5000	206-783-3866
Sat, Oct 9 10 am	Farragut State Park, Athol ID. Score-O mass start at 10:30. From Coeur D'Alene, ID, take Highway 95 north to Athol, ID. Go east on Highway 54 to the park entrance.	C	EWOC	1:10000	John Beck 509-838-7078
Oct 9 - 10 Sat/Sun	Scout O, Champoege State Park, Newberg, OR. From I-5 or I-205 south of where they rejoin south of Portland, follow signs from I-5.	X	CROC	1:10000	Curtis Condon 503-357-1999
Sat, Oct 16 10 - noon	Horn Rapids, NW of Richland, WA. Take Highway 240, 9 miles from the Bypass Highway, NW of Richland or take Highway 225, 10 miles N of Benton City.	C	SACO	1:15000	Frank Skorina 509-522-2770
Sat, Oct 16 11 am - 4 pm	Meet Director training at Harvey Friedman's house. (call for directions)	X	COC		Harvey Friedman 206-784-2774
Sun, Oct 17 10 am - noon	Redmond Watershed, Redmond, WA. Call for directions.	C	SAMM		Bruce McAlister 425-821-6862
Tue, Oct 19 7 pm	Cascade Orienteering Club meeting at Peter Golde's home.	X	COC		Peter Golde 425-452-9205
Sat, Oct 23 10 am - noon	Liberty Lake County Park, Spokane, WA. Take I-90 east from Spokane (or west from Coeur D'Alene) to Exit 296 (Liberty Lake). Follow Mission east, turn right on Molter to Valley Way. Turn left and follow Valley Way onto Lakeside Road and follow the signs to the county park entrance	C	EWOC	1:10000	John Beck 509-838-7078
Sun, Oct 24 6 pm	Woodland Park, Seattle, WA. <b>Vampire-O mass start at 6:45pm.</b> Take NE 50th St. Exit from I-5 west. Turn left into park just before Aurora Way.	C	COC	1:5000	206-783-3866
Oct 23 - 24 Sat/Sun	1999 Arizona Rogaine near Tucson, AZ.	R	TOC		
Sat, Oct 30 10 - noon	Chamna (New map in the Tri-Cities)	C	SACO		Frank Skorina 509-522-2770

COC: Cascade Orienteering Club  
EWOC: Eastern Washington O.C.  
VO: Victoria Orienteers  
GVOC: Greater Vancouver

SAMM: Sammamish O.C.  
CHUCKO: Chuckanut  
CROC: Columbia River O.C.  
SACO: Sacajawea Orienteers

A: National Meet  
R: Rogaine  
B: Major Event  
SAGE: Sage Orienteering Club, Kamloops B.C.

C: Regular Local Meet  
X: Special Event

## United States Orienteering Federation

P.O. Box 1444

Forest Park, GA 30298

### MEMBERSHIP APPLICATION

☐ New member ☐ Renewal ☐ Address Change

As a U.S. Citizen or U.S. Resident, I hereby apply for USOF membership. I understand that I am entitled to a one-year subscription to *Orienteering North America*, voting rights, and membership in the IOF. Please print.

Date \_\_\_\_\_ Yr. Born \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

Home Phone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

If family membership, list other persons:

Name	Year Born
_____	_____
_____	_____
_____	_____

Member of a chartered club? Club \_\_\_\_\_

☐ Individual \$25 member of a chartered club

☐ Individual \$30 at-large

☐ Family \$30 members of a chartered club

☐ Family \$35 at-large

☐ Student \$10 (21 & under)

☐ Junior \$5 (18 & under/no vote/no magazine)

☐ Individual Life \$450 ☐ Family Life \$540

For mailing O/NA overseas (except APO & FPO):

☐ \$5 extra surface ☐ \$25 extra airmail

## What is USOF?

Often in this newsletter, or in orienteering conversation, you will hear references to "yousoff," and you may have seen the magazine "Orienteering/North America." But why do they need so much money, you ask? We charge \$10/year for local dues, so why should it cost an extra \$25 to join an organization that doesn't seem to do much? The answer, of course, is that USOF does quite a bit.

The largest part of USOF dues goes for the O/NA subscription. This is not only a great source of information, it is well written and edited, and has many articles of general interest on health, exercise, and training. From time to time, we reprint articles from O/NA, and there are always copies available at major meets and club meetings. Most of the rest of USOF dues goes to pay for insurance. Although we, as individuals, might be willing to waive insurance, virtually all land owners, both public and private, require insurance as a precondition even to talking about using their land for orienteering. USOF members get a small rebate, about \$2 per national meet, to help balance out the insurance, but, basically, USOF subsidizes our meets. Without USOF, I doubt that either Cascade or Sammamish could afford the insurance to hold another meet.

So we encourage you not only to join your local club, but to join and support USOF. The magazine along is worth the cost. You will also find as many opportunities to serve on national committees as there are to serve locally. USOF, like our local clubs, has no paid employees, and does not pay travel or per diem expenses for its officers. USOF, like Cascade, is an IRS section 501(c)(3) corporation. Which means that donations, including costs, are fully tax deductible. JOIN NOW!

Bearing 315 is  
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Cascade Orienteering Club  
Post Office Box 31375  
Seattle, Washington 98103  
(206) 783-3866



If your label is marked with highlighter,  
your membership has lapsed!