

BEARING 315

Newsletter of the Cascade Orienteering Club



JUNE/JULY 1981

Mike Schuh returns from 3 Day National Meet in Midwest

Ah - the U.S. Team Trials. I had first read about them last fall and had since decided to go to them. Not that I had any illusions about qualifying for the U.S. team and participating in the World Orienteering Championships this fall - it was mostly the lack of Class "A" meets in the western half of the United States that prompted me to fly a couple thousand miles to beautiful Ponner Springs, Kansas, over Easter weekend, April 18-20. Besides our own Pacific Northwest Orienteering Festival October 3-4, there will be but two other Class "A" meets this year in our neck of the woods: San Diego (May 16-17) and Bay Area (October 10-11). I chose to go to Kansas because 1) it was a three day event, 2) a greater opportunity to meet new friends and 3) it came first (these impatient youth).

The Orienteer Kansas Newsletter/Program/Scandalmonder used the terminology of Day 1, Day 2, and Day 3, but my story properly begins on the preceeding day,

Day 0

I firmly believe the arrangement of time zones within these United States is a gamesmanship conspiracy on the part of eastern athletes. To arrive in the midwest early enough on Friday, April 17, to visit the training area during daylight required taking a 7am flight from Seattle. So, up at 4am to catch the first bus downtown followed by the first bus to the airport. Fortunately it was a breakfast flight and I needed only to stumble out of the house with my gear.

A friend from Denver and I had agreed to meet at Stapleton Airport between flights and upon arrival, slightly ahead of schedule, I looked unsuccessfully for him. I then tried to check in for my flight to KC. No luck there either as check in had not yet started. On to the men's room. This had a line of somewhat anxious gentlemen waiting to use the facilities. One of the more calm/collected individuals looked at me as I entered, stuck out his hand, and said "You meet the strangest people in the strangest places. Hi, Mike. How are you? Going to Kansas?" Such was my meeting with Bruce Wolfe of Bay Area Orienteering Club and a Trials invitee.

Outside, I found the KC check in had started and joined the line (Bruce was still busy elsewhere). A proper looking individual with a solid military bearing, business suit, and

See MIDWEST CLASS A page 3

COC Members at Oregon Meet

Cow Creek Homestead in central Oregon south-east of Prineville was the site of a two-day meet, May 9 and 10, attended by several COC members. It is easy to understand meet organizer Jeff Lewis' enthusiasm for this new area, which is close to ideal orienteering country: a lot of varied and interesting topographical features with runnable, fairly open pine forest. Jeff feels that the area has the potential for championship meets and that its location is central enough to draw participants from much of the coast. We enjoyed the warm, dry weather, a lovely campsite Saturday night in the Ochoco National forest just north of the meet site, and a well-organized meet. Since this was the first meet held there and the organizers were few and overworked, one might have expected some problems, but about the only one of significance was a misplaced control on the day 2 red course. Jeff and the OSU club are to be congratulated for their very successful efforts and attention to details that made the weekend a thoroughly satisfying one for all of us.

The maps were two slightly different sections of the USGS Sugarloaf Butte map (1:15,000), which Jeff had redrawn and improved but without the opportunity to add detail from fieldwork. This required us to work solely from topographical features, which were very accurately represented, even down to rather subtle, shallow reentrants. The field work will be done over the summer so that an improved map can be ready for a meet planned the week before the Class A meet at Cle Elum in October. The area is criss-crossed with a lot of cow tracks and barbed-wire fences, the addition of which will simplify (too much?) some of the interesting problems the terrain presents. It would be nice to have a better idea of the marsh in Cow Creek valley though, since it is a bit disturbing to blunder into the middle of it and discover that the only sensible exit to the next control is to wade through all the rest of the muck. I suppose for those used to the spring mire in Carkeek Park or St Edwards, that is an appropriate reminder of what otherwise is rare in the dry, sandy soil of the site. Incidentally, despite predictions of rattlesnakes under some controls, the snakes were far fewer than lizards.

The courses were yellow, orange, green, red and blue, ranging from about 2.5 km to about 10km and being slightly shorter and less physical on the second day (one of the many thoughtful details for which to thank the organizers). The number of DNFs especially on the the first day, testified to the

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from the President

As we round the bend into summertime, many people are planning their vacation trips. The premier orienteering event in our region this summer is the Canadian Orienteering Championship, to be held near Kamloops, B.C. on August 15th and 16th. This will be the first time the Canadian Championship has been held in the west, and promises to be the biggest orienteering event yet held on the west coast of this hemisphere! I am planning a week-long vacation to include this event and its preliminary activities, and I would like to invite others to do the same.

Don't be intimidated by the term "Championship." Attendance is open to all, and there will be a full range of courses and entry categories for males and females of all ages. Though competition will be keen among the large field of experienced orienteers, fun and challenging orienteering will also be available for novice and recreational participants. Costs are expected to be modest, especially compared to other types of vacations. Besides the orienteering itself, those of us who have been to other large orienteering events appreciate the wonderful opportunities to meet and socialize with enthusiastic participants from all over Canada, the U.S., and other parts of the world.

The busy week of orienteering meets scheduled by the Orienteering Association of B.C. begins on Sunday, August 9th with the Sass Peepre Memorial event at Brandywine Falls (about 1½ hours north of Vancouver). Following will be a two-day meet near Merritt, B.C. on Wednesday, August 12th (at Aspen Grove) and August 13th (at Lundbom Lake). The two-day Championship will be on Saturday and Sunday. A final, especially fun event will be a relay meet on Monday, August 17th, also near Kamloops. I plan on camping and sightseeing through southwestern B.C. on the days between these events.

For those who wish to spend only the weekend at the Canadian Championship, we expect that the event schedule will accommodate the 7 hour drive from Seattle. We will arrange carpools or possibly rent a van. Last year Cascade had about 17 participants at the B.C. Championship and I hope for a similar good showing at this year's Canadian Orienteering Championship! For more information on these events contact me.

Closer to home and more immediate is FUN TREK '81 at Farrel-McWhirter Park in Redmond on Saturday, June 20th. This will be a colorful festival with prizes and a picnic lunch furnished. Since the objective will be to introduce more people to orienteering, I encourage you to bring a friend who is new to the sport. See the event schedule in this newsletter for details.

You may have noticed several new names and a couple of missing familiar ones at the beginning of this newsletter. We welcome Harry, Harvey and Debbie to the Executive Board and look forward to their enthusiastic participation. Mike Schuh will now have more time to devote to organization of our Pacific Northwest Orienteering Festival, Class A meet.

After a long association with the club, Len Englund has resigned from his position as Public Relations Coordinator in order to spend more time on other activities. Len has been promoting orienteering in this area for about five years and was the principal founder of the club almost four years ago. He organized many meets, workshops and meetings in the club's first couple of years and was the instigator of last year's Fun Trek '80 event co-sponsored by Eddie Bauer. Len now wants to devote more time to organizing backpackers in the area and encourage the construction and maintenance of hiking trails in the foothills of the Cascades. We wish Len luck in his future promotional activities and thank him for his many contributions to the club.

-Dave Enger

Midwest Class A

From page 1

attache case fell in behind me. After initial pleasantries, he asked me where I had come from.

"Seattle," I replied.

"Where are you going?" he asked.

"Kansas City."

"Are you going orienteering?"

Howzzat?

Such was my meeting with Bob Turbyfill, twice U.S. Team member and three times United States Champion, among other accomplishments.

We got three seats together and I wandered off to find my friend while Bob and Bruce talked trials.

The 600 miles following takeoff were spent showing off maps, discussing training techniques, and trading tall tales. Poth Californians had looked forward to seeing Clayton Smith and were disappointed to learn that he would not be running in the meet.

Steve Smith met us at the airport as arranged by Turbyfill (Bruce and I were added last) and we all agreed to share the expense of his rental car. We headed for Tall Oaks church camp.

I believe I shall promulgate a new law of human behavior entitled "Michael's Observation on Technical Expertise" (NOTE for short). Simply stated, individuals with a very high degree of expertise in a given discipline will fail miserably when they attempt to use their vast knowledge and rare skill in the most trivial of applications. Example: Consider a room full of electronic engineers capable of fine tuning billion dollar radars and designing deep space communication systems watching a video tape lecture. There will not be a single soul in the room who can adequately adjust the vertical hold. Similarly, neurosurgeons screw up putting on band-aids, airplane mechanics aren't safe with can openers, accountants have unbalanced checkbooks.

The same holds true in the "thinking sport." Place four supposedly honcho Blue course runners in a car, give them a road map, and they will get lost every time.

We drove straight through Ronner Springs, missing a well marked turn in the highway, and into an old quarry with high fences and menacing signs. We eventually found the camp but by a route slightly different than the one recommended in the OK Program.

At registration I learned that many orienteers from around the country had heard of our plans for the Pacific Northwest Orienteering Festival and some even planned to come out our this fall. A rather pleasing way for the weekend to begin.

I read a sign soliciting teams and talked my neighbors into forming the West Coast Wanderers team. We got our clocks cleaned but I'll get to that later.

The Clinton Lake training area was a nice introduction to Kansas orienteering. The area was small but very detailed - something like our new

map of Carkeek Park. Not so nice was the 80/80 weather: 80 degrees, 80 percent. I visited a quarter of the controls while there; my new found friends went to nearly all of them. A rather exhausting way for the weekend to begin.

Nabil's Restaurant in Lawrence had been recommended to us and we stopped there to dine, Turbyfill in sweats, all of us still sweaty.

Our waitress brought us menus and water and a basket of bread. When she returned for our orders, we had cleaned off all of the bread, drained our glasses, and were casting hungry looks upon the menus themselves. After repeated requests for more water, the restaurant staff left us a couple of pitchers and about two loaves of bread. Part way through the evening we were approached by some athletic looking women who asked the man in sweats "Are you Bob Turbyfill?" He confessed that he was and they asked him for his autograph. Did I really belong in this company? Dinner, by the way, was excellent.

Pack at Tall Oaks, I reread a quote from the OK newsletter: "The thick vegetation ... have made ... the red courses blueish, and the blue course ridiculous. No course changes allowed after midnight..." Should I drop down to Ped? No, I decided, to chicken out would delay my rise to Blue. Besides, I could always excuse any poor performance by explaining that this was my first time running Blue at a Class "A" meet. My goal at any rate was to merely finish each day.

CONCLUSION IN NEXT ISSUE

O MEETS IN BC

BRANDYWINE FALLS AUGUST 9
Whistler, BC
Sass Peepre Memorial Event

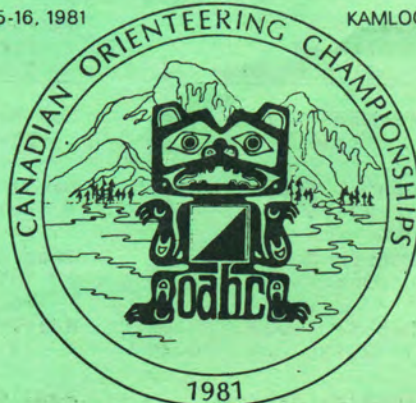
LONDON LAKE AUGUST 12
Merritt, BC

ASPEN GROVE AUGUST 13
Merritt, BC

CANADIAN ORIENTEERING CHAMPIONSHIPS

AUGUST 15-16, 1981

KAMLOOPS, B.C.



MEET RESULTS



FARREL-MCWHIRTER PARK

SATURDAY, APRIL 18

WHITE

| | |
|--------------------------|-------|
| 1. Steve Schreibe | 19:07 |
| 2. Doug Henry | 29:53 |
| 3. Mike Garrison | 33:05 |
| 4. Gun & Terry | 35:00 |
| 5. L Jewett & B Payton | 40:22 |
| 6. John Peacon | 42:57 |
| 7. Ted Gilley | 45:05 |
| 8. Larry Crawford | 46:43 |
| 9. Brian Drinkwine | 47:10 |
| 10. Tim Sollom | 48:10 |
| 11. C. O'Shea | 52:01 |
| 12. Dave Jewett | 62:50 |
| 13. Scott March | 67:10 |
| 14. James DeJarnatt | 69:59 |
| 15. James DeJarnatt III | 71:14 |
| 16. J Powers & K Bobbitt | 74:45 |
| 17. Chris Stover | 76:36 |

ST. EDWARDS PARK

SATURDAY, APRIL 4

CLASS B MEET

RED

| | | | |
|--------------------|--------|---------------------------|--------|
| 1. Goran Larsson | 64:06 | ORANGE | |
| 2. Dave Enger | 65:54 | 1. Jessica Rykken | 105:45 |
| 3. Gunnar Larsson | 74:50 | 2. Debbie Newell | 113:18 |
| 4. Mike Schuh | 75:32 | 3. J Wall | 128:10 |
| 5. Lars Sjobqvist | 76:32 | | |
| 6. Rich Lacy | 90:40 | YELLOW | |
| 7. Poby Rennie | 94:20 | 1. J Heilman | 50:10 |
| 8. Pat Berting | 96:20 | 2. P Mitcham | 58:13 |
| 9. Henrik Nordholm | 97:00 | 3. I McCrystal | 71:20 |
| 10. Bruce Rennie | 101:37 | 4. Cooper & Wemer | 78:28 |
| 11. Dan Waugh | 119:57 | 5. Leroy Knapp | 79:30 |
| 12. Harry Morgan | 126:30 | 6. A Harris | 105:55 |
| 13. B & J Skarin | 175:50 | 7. Bob & Jean Hendrickson | 116:55 |
| 14. Willard Sperry | 187:45 | 8. G & T Brown | 118:48 |
| 15. G R Wines | 200:59 | R Gauthier | DNF |
| 16. Tom Hardin | 234:05 | | |
| Egon Nordholm | DNF | YELLOW | |

ORANGE

| | | | |
|--------------------|--------|------------------|-------|
| 1. D Lewis | 99:20 | | |
| 2. Frank Wyckoff | 109:25 | WHITE | |
| 3. J Price | 139:42 | 1. R Frank | 38:44 |
| 4. Frank King | 145:10 | 2. D & V Prown | 84:50 |
| 5. Larry Dunlop | 170:13 | | |
| 6. M Mahoney | 202:07 | WHITE | |
| 7. Harvey Friedman | 204:20 | 1. M Waugh & son | 48:10 |
| William Connett | DNF | 2. M Murphy | 59:00 |

Harvey Friedman and Mike Schuh directed a meet for the Aquila District Poy Scout Camporee on May 16. Over a hundred scouts ran the 1.2 km white course as well as a few adults. Everybody finished and had fun. The map was a new 1:6000 black and white job drawn by Mike the week before the meet. Although it was the first COC map to include "hunter's stands," it also set a record for map corrections: 5 days after it was drawn, two thirds of the stands had been converted into camp tables. The terrain is similar to the Greendale area with considerably more scotch broom.

Course A 1.6 km 11 controls

| | |
|--------------------|-------|
| 1. Richard Lacy | 17:38 |
| 2. Daniel Waugh | 22:05 |
| 3. Henrik Nordholm | 26:17 |
| 4. Debbie Newell | 33:30 |
| 5. Jessica Rykken | 34:25 |

Course B 1.6 km 6 controls

| | |
|---------------|-------|
| Les Brisbois | 17:59 |
| Leroy Knapp | 22:23 |
| Jean Davis | 18:50 |
| Harry Morgan | 18:21 |
| Paul Gauthier | 25:23 |

Course C 1.3 km 5 controls

| | | |
|-----------------------|-------|---------|
| Jeannit Nordholm | 16:15 | 0:51:52 |
| Marina Waugh | 19:34 | 1:04:02 |
| Joan Remington | 24:18 | 1:09:25 |
| Gun Cooper/ Terry Ann | 23:33 | 1:15:24 |
| Chris Wemer | 54:04 | 1:53:52 |

The meet had a good turn out considering the distance from Seattle and the partly cloudy to overcast sky. Novice, intermediate and long-O courses were planned for the meet. The novice and intermediate courses had some very good times, based on the times there are several people ready to advance to the next level course. The two courses were designed to be interdependent of each other so participants could run the novice course and then move up to the intermediate course and not have some of the same controls. The long-O course was not set because there was a problem obtaining permission to use all of the areas required for such an event. Instead a rather unique training event was set, for the lack of a better name it was a corridor map memory course (see article next issue). Most participants had an opportunity to see a fox drag hunt go past the start/finish area. The hunt was complete with hounds and hunters in the traditional red jackets and all. The weather held for the entire meet until the last participant departed for home, then it rained for the two hours it took me to collect all the control markers. To help take my mind off the cold wind and chilling rain I tried to think of the spectacular sunny view of Mt Rainer early that morning when I was setting the controls. As a personal challenge I ran around picking up the controls by memory. I encourage course setters to set the controls by running the courses with your master map and when retrieving the markers give your best effort to run the courses again but by memory. By doing the courses this way you can have fun and also improve your orienteering skills as well. Give it a try. A great deal of thanks goes to Peter Guttorp and June Morita for their tremendous help at registration and timing. I thank you both very much.

INTERMEDIATE 4.5KM 8 CONTROLSWOMEN

| | |
|-------------------|--------|
| 1. Jessica Rykken | 59:03 |
| 2. Debbie Newell | 60:19 |
| 3. June Morita | 70:05 |
| 4. Jean Davis | 80:15 |
| 5. Marina Waugh | 86:14 |
| 6. Anne York | 92:57 |
| 7. Nancy Lewis | 116:12 |

OPEN

| | |
|--------------------------|--------|
| 1. M/M Hendrickson | 68:59 |
| 2. Werner/Cooper Team II | 98:01 |
| 3. Werner/Cooper Team I | 99:13 |
| 4. M/M MacDonald | 102:19 |

MEN

| | |
|--------------------|--------|
| 1. Henrik Nordholm | 43:14 |
| 2. Ron Ryel | 44:09 |
| 3. Harry Morgan | 48:40 |
| 4. Bob Skarin | 68:26 |
| 5. Peter Guttorp | 69:16 |
| 6. Harvey Friedman | 69:20 |
| 7. Bill Taylor | 70:15 |
| 8. Bob Barnes | 74:57 |
| 9. Bob Frank | 97:16 |
| 10. Tom Lewis | 98:27 |
| 11. Leroy Knapp | 117:49 |

CORRIDOR MAP MEMORY 14 CONTROLS
ADVANCE TRAINING COURSE 6.8KM

| | |
|------------------|--------|
| Mike Schuh | 77:18 |
| Dave Enger | 82:42 |
| Egon Nordholm | 100:10 |
| Daniel Waugh | 108:40 |
| Jeff Kelly-Clark | 110:21 |
| Eric Dasaro | 168:42 |

This meet wasn't advertised in the newsletter so there was a small turnout. Those who came seemed to be enthusiastic about the score course as a challenging variation on the usual orienteering event.

Meet Director: Jean Davis

Timing: Dan Waugh

Thanks for assistance in retrieving controls goes to Dan Waugh and Harry Morgan.

WHITE, 2.2 km, 9 controls

| | |
|-----------------------|-------|
| Ian & Linda McCrystal | 35:14 |
| Marina Waugh | 36:54 |
| Susan Aspinwall | 46:18 |
| Joan Remington | 54:12 |
| Susan Dunlap | 64:38 |

INTERMEDIATE, score course, 24 controls, 45 min. limit with 1 pt penalty for each minute over.

| | | |
|-----------------------|--------------|---------|
| Dan Waugh | 20 controls, | 50 pts. |
| Kurt & T. Porterfield | 18 controls, | 44 pts. |
| Bill Taylor | 11 controls, | 31 pts. |
| Leroy Knapp | 9 controls, | 30 pts. |
| Anne York | 9 controls, | 30 pts. |
| Jessica Rykken | 10 controls, | 27 pts. |
| Harvey Friedman | 6 controls, | 20 pts. |
| Nancy Lewis | 10 controls, | 16 pts. |
| Tom Lewis | 7 controls, | 14 pts. |
| Larry Wyckoff | 8 controls, | 13 pts. |
| James & Jutta Rykken | 10 controls, | 10 pts. |

ADVANCED, score course, 24 controls, 30 minute limit with 1 pt. penalty for each minute over.

| | | |
|--------------------|--------------|---------|
| Harry Morgan | 14 controls, | 34 pts. |
| Peter Guttorp | 10 controls, | 26 pts. |
| Jeff Kelley-Clarke | 9 controls, | 23 pts. |

NOVICE 2.5KM 6 CONTROLSWOMEN

| | |
|--------------------|-------|
| 1. Joan Remington | 60:54 |
| 2. Susan Aspinwall | 72:52 |

MEN/OPEN

| | |
|----------------------------------|-------|
| 1. Ron Ryel | 36:55 |
| 2. Jutta Rykken & James DePartee | 54:40 |
| 3. Marina & Max Waugh | 56:26 |
| 4. Bob Frank & Company | 57:13 |
| 5. Dan Peters & Carol Johnson | 58:48 |

Schedule of upcoming events

GENERAL INFORMATION ON MEETS

Unless otherwise note, the following applies at all COC orienteering meets. Registration and start times occur from 10 a.m. until noon and novice(white), intermediate (yellow or orange), and advanced (green, red or blue) courses will be available. The fee is \$1.50 per map for COC members and \$2.50 per map for non-members (50¢ less when we are using black-and-white maps), and compasses are available for rent at 50¢. Persons participating on a course together may share one map and instruction for beginners is readily available.

SATURDAY, JUNE 6 - Fort Steilacoom Park -

MEET CANCELLED. We are still working on the map and expect to hold a meet here later this year.

THURSDAY, JUNE 11 - Introductory Workshop - Anderson Park Log Cabin, Redmond, 7:30 - 9 p.m. A slide presentation, lecture, and practical demonstration of skills and equipment will be offered. (Directions: intersection of Redmond Way and 168th Ave. NE).

SUNDAY, JUNE 14 - Ellensburg OC meet at Blackburn's Flying Horseshoe Ranch in Cle Elum. White and yellow or orange courses available on a new 1:5000 five-color map. Registration from noon until 2 p.m. Call Mike Schuh for information on carpooling (783-3960, leave a message).

MONDAY, JUNE 15 - Executive Board Meeting, 7-9:30 p.m. at Jean Davis' house, 4048 NE 88th, Seattle. Dessert and beverages will be provided.

SATURDAY, JUNE 20 - FUN TREK '81 at Farrel-McWhirter Park in Redmond. This will be an opportunity to introduce friends to the sport in a festive atmosphere. Awards will consist of COC t-shirts for first places, ribbons for first thru third places, and certificates for all finishers. Categories will be male and female on each of four courses: white course 18 and under, white course adult, yellow course, and score course. An informal picnic will occur from 1-3 p.m. with hot dogs, buns, condiments, chips, and beverage available. Bring your own lunch if you prefer.

Fun Trek '81 is co-sponsored by the Redmond Parks and Recreation Department. Dave Enger will be meet director. We will use our new 1:3500 five-color map.

SATURDAY/SUNDAY, JUNE 27-28 - Brandywine Falls

This is the site of last year's B.C. Championships, located about 100 km north of Vancouver, B.C. near Whistler Mountain. Sunday's event will be a relay. Contact Dave Enger for information and carpooling.

SUNDAY, JULY 12 - Urban Orienteering Meet
University of Washington Campus in Seattle.
Meet in parking area #N4 just inside the 17th Ave. NE entrance off NE 45th St.

MONDAY, JULY 13 - Executive Board Meeting
Optional potluck at Dave Enger's (before the meeting) at 6 p.m. Meeting scheduled for 7-9:30 p.m.

SUNDAY, JULY 19 - Ellensburg OC Bike O Meet
Kiwanis Park in Ellensburg, with registration from noon until 2:00 p.m.

SUNDAY, JULY 26 - Whittier-Swamp Lake Meet
These are the areas we used for cross-country ski-o meets. About ten miles east of Snoqualmie Pass, take the Stampede Pass exit off I-90 (exit 62) and follow the O signs to the meet site nearby. Meet for carpooling at 8:30 a.m. in the Albertson's parking lot in the Eastgate area of Bellevue just off I-90. The site does not have facilities; picnic lunches are recommended.

The map will be a black-and-white modified USGS and Dave Enger will be the Meet Director.

AUGUST 2,3 - British Columbia Championships
Prince George, B.C.

MONDAY, AUGUST 3 - Executive Board Meeting
At Debbie Newell's house. 7-9:30 p.m.

SATURDAY, AUGUST 8 - Greendale Class B Meet
Fort Lewis

SUNDAY, AUGUST 9 - Brandywine Falls, BC
100Km NW of Vancouver, BC. Competitive and non-competitive classes using a 5-color, 1:10,000 map in a pine forest with multitude of ponds and moss covered lava flow.

WEDNESDAY, AUGUST 12 - Lundbom Lake, BC
20Km SE of Merritt, BC. Rolling hills with open grassland and sparse Ponderosa Pine trees. The forest is thicker in the gulleys and on the north facing slopes. Marshes, ponds and small lakes dot the 5-color, 1:15,000 map. Full range of classes.

THURSDAY, AUGUST 13 - Aspen Grove, BC
30Km SW of Merritt, BC. Rolling pine forested hills and open grassland is typical on a new 5-color, 1:15,000 map.

SATURDAY/SUNDAY, AUGUST 15-16 - Kamloops, BC
Canadian Orienteering Championships. New 5-color 1:15,000 map of rolling country with a mixture of forest and open land and lots of small lakes. 26 different classes.

SATURDAY/SUNDAY, OCTOBER 3-4 - First Pacific
Northwest Orienteering Festival, Cle Elum
Ridge Class A Meet.

subtlety of some of the control setting and the fact that many of the participants found working solely with topographical features a bit hard for the relatively inexperienced. My personal problems with the courses tended to be in major errors regarding large features (going for beyond or not far enough). It is worth noting that there are enough similar large features, often in close sequence, to make for potentially very interesting course solving for all levels of experience.

As I write this, I do not have the full results for COC participants. However, I think our small contingent did very well, although overwhelmed by the numbers from WSL (which won the team trophy - yes, a team trophy!). The overall turnout was a bit disappointing - some 20 participants - especially since Jeff had hoped that the meet would stimulate more interest in the club in Corvallis. COC members won the yellow course both days, with Marina Waugh finishing about 7 minutes ahead on the first and North Lewis winning by (I believe) an even larger margin on the second. Marina and her 5-year-old son Max finished about fourth on the second day, slowed in part by the tough time at control 5 and by Max's preference for chasing beetles and cows once the going got rough.

The men found the competition and courses a bit tougher. Harry Morgan moved up to blue on day 1 but did not finish. He finished strongly on red the next day, but like the many others who tried that course, he lost a lot of time searching for the misplaced control 2. At least he found it. Others, including Tom Lewis, who had a few problems on day 1, were less successful. My personal saga was a bit different - my usual quota of major blunders, although mixed with some very satisfying and fairly precise orienteering. What did me in (at least this is a good excuse) was a foolish leap into an eroded gully that tore a calf muscle about a third of the way into the first day red course. Hobble around green on day two, finishing about a minute behind a sound-legged but very inexperienced orienteer from OSL. Among other things, the green course taught me that occasionally it can help to take the low road in order not to miss reentrants that tend to become very subtle if one is up too high.

I think we will be seeing a lot more of Cow Creek Homestead. It is really worth the long drive (about 370 miles from Seattle via Portland and then Route 26); there are some good challenges and a very refreshing change from the muck and nettles we have to contend with so often here in the Seattle area.

-Dan Waugh

Pacific Northwest O Festival UPDATE

Sorry folks, no late breaking news bulletins from the Pacific Northwest Orienteering Festival. Gunnar and Lars have finished the field work and have gone on to other pursuits. Debbie Newell will shortly begin to draw the final map. It must be submitted to USOF by August 15th and I am confident that we will meet that deadline.

USOF has granted us a loan to help with the initial expenses such as the base map and I am very grateful for this assistance. It would be nice, however, to find a sponsor who would like to gain some exposure among northwest orienteers.

The next committee meeting will be June 7th at the Flying Horseshoe Ranch (subject to change). On June 14th Ellensburg OC will host a meet on the ranch and COC members are invited. This will be a good opportunity to see what the terrain is like. The Festival will use some Boise Cascade land nearby that is very similar.

A final note on schedule. Ramapo OC in New Jersey has changed the date of their Class A meet from October 3-4 leaving the PNWOF as the first A meet of the fall season. Also, San Diego OC, who hosted a meet May 16-17, is considering a Class B meet in late September. Perhaps we could whomp up a "West Coast Orienteering Circuit" in conjunction with Bay Area OC's A meet on October 10-11. If anyone out there would like to coordinate this please give me a call.

Mike Schuh
home: 783-3960
work: 322-9330

The club now has it's own Post Office Box in Seattle. We were formerly sharing a PO Box rented privately by one of our generous members. Please send all correspondence to the new address.

CASCADE ORIENTEERING CLUB
P.O. Box 31375
Seattle, WA 98103

**"Fun
Trek
'81"**



United States Orienteering Federation

P. O. BOX 1039
BALLWIN, MISSOURI 63011

Application for Membership - Date _____

Please check - New Member () Renewal ()

I hereby apply for membership in the U.S. Orienteering Federation. I understand that I am entitled to all benefits of the organization, including membership in the International Orienteering Federation. I am applying as follows:

- A. As a member of a club chartered with USOF:
Club _____
Club officer's signature _____
() Student \$4 () Individual \$8
() Family \$12 () Lifetime \$125
() Contributing \$40 or more
- B. Member-at-large (not a club member):
() Student \$5 () Individual \$10
() Family \$15 () Lifetime \$125
() Contributing \$40 or more

Name (print) _____ Sex _____

Address _____

Zip _____

Year of Birth _____ Home phone _____

(If family membership, please list other members)

Name _____ Sex _____ Yr born _____

Membership expires one year from date of receipt by USOF. For renewals, membership is for one year from the expiration date shown on the front of your card. Please make checks payable to the United States Orienteering Federation and mail to USOF at P.O. Box 1039, Ballwin, MO 63011.

Time Dated Material

Cascade
Orienteering
Club
P.O. Box 31375
Seattle, WA 98103

Cascade Orienteering Club

MEMBERSHIP APPLICATION

Check one: ☐ New Member ☐ Renewal

Name _____

Address _____

Zip _____

Phone _____

☐ Family \$10.00 ☐ Individual \$7.00 ☐ Associate (under 18 years) \$4.00

If family membership, list other members;

Send application and check payable to the Cascade Orienteering Club to COC, PO Box 31375, Seattle, WA 98103

BULK MAIL

