



Bearing 315

The newsletter of the Cascade Orienteering Club

May-December 2000

Goodbye My Friend

Knut Olson - 1922-2000



Knut Olson at the 1999 U.S. O' Championships

*Oh, we never know where life will take us
I know it's just a ride on the wheel
And we never know when death will
shake us
And we wonder how it will feel*

*So goodbye, my friend
I know I'll never see you again
But the time together through all the
years
Will take away these tears
It's OK now*

Goodbye, my friend

Knut Olson, one of Cascade's long-time members, passed away on October 10. Knut was a fixture in the club, traveling all over the U.S. and the world to participate in orienteering events. He often had to compete against "those young guys" in a younger age category when there was no category for him. But that didn't bother Knut, who usually won anyway.

Knut was originally from Sweden, and orienteered there before moving to the U.S. in 1948. He rediscovered orienteering here in the Seattle area in 1984, and there was no stopping him after that. At his "first" meet at Woodland Park, Knut discovered orienteering had changed quite a bit over the previous 40 years. Accustomed to black-and-white, small-scale maps, the large-scale color map of Woodland Park threw him off so much that he didn't finish the course. But he persisted, and in 1986 won his first of 3 U.S. Championship titles, his third coming last year at Lake Tahoe.

Knut hosted several club social events at the Gold Creek Trout Farm in Woodinville, which he had purchased in 1977 and turned into a successful business.

Knut was well-known all over the country and will be missed by all of us.

Current COC Officers and Coordinators

*President – Dave Tallent, 425-488-3691
*Vice President/Training Coordinator – Eric Bone, 206-634-2279
Treasurer – Katie Sprugel, 206-365-8742
Secretary – Ardis Dull, 206-364-4062
Environmental Coordinator – Rick Hood, 425-640-8134
*Mapping Coordinator – Debbie Newell, 425-488-3691
*Equipment Coordinator – Don Atkinson, 425-488-0270
The Accidental Newsletter Editor – Debbie Newell (temporary)
Membership Coordinator – Aaron Charlop, 206-935-8742
Publicity/Promotion Coordinator – Eileen Breseman, 425-483-6592
Volunteer Coordinator – vacant
*Jan Urban, 425-402-7225

* Executive Board Member

WIOL Begins November 4

If you start seeing more school-age children at local orienteering meets, it's not because they've gotten lost on the way to the mall. They're participating in the Washington Inter-scholastic Orienteering League.

The WIOL begins its 19th season next month with the November 4 meet at Woodland Park. The League was started by Cascade as a way to introduce school-age children to the wonderful sport of orienteering.

For more information about the WIOL meets, see the event schedule at the end of this newsletter. If you'd like a WIOL brochure, call the Hotline (206-783-3866) and we'll mail one to you. Or, visit the Pacific Northwest Orienteering web page at www.pnwo.org.

O' Series Starts 9th Season

The Winter O' Series, which runs concurrently with WIOL, starts its ninth season on November 4 at Woodland Park. To participate, just run the longest course at 4 or more O' Series events. You will receive points based on your finish position,

continued ➤

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with your 4 best results added together to get your O' Series total. The top 3 men and top 3 women will receive awards.

Newsletter

You may have noticed that this issue of Bearing 315 says May-December. Because we haven't had an editor, Bearing 315 was last published in March. Although we still have not found a "permanent" editor, I will be doing the job until I can find a replacement. Ardis Dull has agreed to do printing and mailing, which is a big part of the job.

I think it's important for the club to have a newsletter that actively seeks all our members. Even though we have a web page, the newsletter is an important link to those who either don't have internet access or who prefer a compact, convenient form of news. An additional advantage is that the newsletter is delivered to you, rather than placing the burden on you to seek out our web page. And with the large number of free-time options available to people in this area, we need to do all we can to persuade them to choose orienteering. A big part of that is making information easily available to them.

If you would like to edit the newsletter, please let me know. I am eager to share the glory with others. Contact me at 425-488-3691 or dnewel@gte.net.

Debbie Newell, the Accidental Editor

Adventure Run November 19 at St. Edward Park

Join us for the 2nd annual Adventure Run, a special orienteering-like 10k trail run. You can either follow a marked trail route or use your map to take shortcuts to the markers. Co-hosted by Club Northwest, this event was very well-attended in its debut last year, drawing close to 80 people, most of them runners rather than orienteers. See the schedule for additional information.

Course Designers and Meet Directors Needed

We have an immediate need for meet volunteers in the next few months, particularly course designers and meet directors. Our normal winter schedule means more frequent meets and, hence, a greater need for volunteers to staff them.

If you would like to design courses or direct meets, but don't feel confident, you can assist someone else and learn the ropes.

Please look at the meet schedule and select a meet at which you would like to help. Call the meet director listed for that meet and volunteer to help. If no meet director is listed, call Dave Tallent (425-488-3691) and either volunteer to be meet director, or volunteer for another position. Either way, please help out.

COC Annual Meeting, Dinner, and Election of Officers

Our annual meeting, dinner, and club elections will take place at Coco's Restaurant in the Lake Forest Park Towne Centre upper level on Sunday, November 12. We will, as always, spend as little time as possible on elections, and as much time as possible eating and socializing. There will also be a club board meeting preceding the annual meeting for those who want to attend.

Annual Meeting Schedule of Events

4:00-5:00pm	Club board meeting
5:00-6:15pm	Dinner (buy your own)
6:15-6:30pm	Annual Meeting
6:30-7:45pm	Entertainment

Mail-in Voting

Each year at our annual meeting, we elect 5 members to the COC Board of Directors. These 5 members then select a President, Vice President, Secretary, and Treasurer. The President then appoints the club coordinators, and the whole bunch makes up the Board of Directors. Any board meeting may be attended by anyone.

If you do not plan to attend the annual meeting, but still want to vote, you may mail or fax the ballot below. All ballots must be RECEIVED by November 10.

The nominating committee is pleased to announce the nominees for the five (5) Elected Members of the COC 2001 Board of Directors.

BALLOT	
<input type="checkbox"/>	Don Atkinson
<input type="checkbox"/>	Eric Bone
<input type="checkbox"/>	Bill Cusworth
<input type="checkbox"/>	Debbie Newell
<input type="checkbox"/>	Jan Urban
<input type="checkbox"/>	Accept all 5 named candidates
<input type="checkbox"/>	Write-in name
I certify by my signature below that I am a member in good standing (as of November 10) of the Cascade Orienteering Club.	
Signed _____	Date _____

To vote:

1. Place a check in the box next to each candidate you wish to vote for. Vote for a total of 5 individuals (any write-in candidate must be a COC member in good standing as of November 10, 2000 and must have agreed to serve if elected).
2. Sign the ballot.
3. Mail the ballot to:

Ballots
c/o Debbie Newell
6216 N.E. 154th St.
Kenmore WA 98028

Meet Results

Bennington Lake, Walla Walla - March 10

Sacajawea Orienteers

Meet Director: Frank Skorina
Course Setter: Jana Souckova
Control pickup: Steve Rapp, Bob Gruel, Ivar Husa, Frank, and Jana
Weather: Partly Cloudy, maybe 50 degrees
Participants: 28

Back in May I reported that experience won over youth, but just barely. Now the youth have more experience and it was not much of a contest. Not only did the Lucas-Roberts twins find more controls than Bob Gruel, but they also found them in significantly less time. The deck may be stacked against Bob. He is an adult, a parent, and works a large number of hours. Peter and Conor, although busy with school and other activities, are in top form for the beginning of track season. Bob may also soon find competition from John Brennan and Patrick Moore, another pair of high school runners who came to their first meet.

Frank Skorina

Name	Time	Cont.	Score	Home
Conor Lucas-Roberts	58:58	25	25,000	Walla2
Peter Lucas-Roberts	58:03	24	24,000	WW
Bob Gruel	74:34	22	22,000	Richland
Ivar Husa	69:07	20	20,000	Richland
Michel Billaux	96:19	25	18,605	Pasco
John Brennan & Patrick Moore	74:52	18	18,000	WW
Jim Lehmann	108:00	21	11,100	WW
Scott, Victoria, Abbey, Stephanie, & Michelle Reardon	105:17	19	9,915	WW
Steve & Kally Rapp	92:18	12	6,810	WW
Mike Lehmann	72:50	6	6,000	WW
Gretchen & Nate				
Brauer-Rieke	73:30	6	6,000	M-F
Brian & Rosa Gabbard	?	6	6,000	WW
Dana & Emma Burgess	?	6	6,000	WW
Nancy Wilkins	90:30	10	5,350	Kennewick
Glenn & Graeme Johnson	114:40	9	<0	WW
Joanne Schmitz, Konrad Laubhan, & Patrick Evensen	122:32	11	<0	WW

Score was calculated by awarding 1000 points for every control found and subtracting five points for every second over 75 minutes.

Magnuson Park Short-O', Seattle - March 18

Ultimate Orienteer 1

Meet Director: Debbie Newell
Courses: Don Denbo
Registration: Harvey Friedman, Debbie Newell
Start: Eileen Breseman, Ryan Breseman, Mark Howlett, Dave Tallent
Finish: Don Atkinson, Ardis Dull, Jennifer Knowles, Dave Tallent
Marker Pickup: Don Denbo, Dave Tallent, Ardis Dull

Course 1 (1.7k, 9 controls)

Eric Anderson	22:02
Josh Liger/Eric Engert	22:23
Dennis Banes	32:04
Doug Miller	39:49
Chris Dalla Santa	41:41

Course 2 (1.8k, 8 controls)

Dennis Banes	30:08
Connie Amundson/Nik Kanetomi	COC 38:08
Aviva Simon-Pottharst	45:35
Morel Symons	MSP
Rose Mesel/Renee Cowen	MSP(#5)
Brit	DNF

Course 3 (2.3k, 11 controls)

Targo Tennisberg	SAMM	26:08
Dave Petty	COC	27:43
Morel Symons		37:15
Will Enger	SAMM	43:45
Bob Reddick	SAMM	47:12

The Ultimate Orienteer - Course 4 (3.7k, 17 controls)

Jan Urban	COC	25:45	1000
Peter Golde	COC	27:00	954
Dave Enger	SAMM	27:14	946
Mark Howlett	COC	28:00	920
Rick Breseman	COC	28:19	909
Dave Tallent	COC	29:34	871
Robert Miller	COC	30:26	846
Justin Yeager group	COC	30:28	
Debbie Newell	COC	31:44	811
Jennifer Knowles	COC	32:32	791
Keith Burdette		32:44	787
Pat Ewing	COC	32:56	782
Justin Wright		35:15	730
Eileen Breseman	COC	36:09	712
Patrick Kelly	COC	36:30	705
Don Atkinson	COC	36:59	696
Hans Frederick	COC	37:38	684
Tim Keigley	COC	40:37	634
Ben Lischner	COC	41:28	621
Jason Dille		41:50	616
Oyvind Naess	OIF	48:34	530
Harvey Friedman	COC	52:45	488
Ken Lew	COC	53:24	482
Sandy Kish Miller	COC	54:10	475
Gardner Hensill		64:36	399
Bob Forgrave		DNF	
Scott Bentzen	COC	DNF	

Sacajawea Park, Pasco - Sat & Sun March 25-26

Sacajawea Orienteers

Course Setter and Meet Director: Ivar Husa
Control Pickup: Louise Fuchs & Ivar
Weather: Great!
Participants:33

This event was marked by the major participants being family groups, and what a good time we all had, too. The course was in good shape (ground cover down, no seeds, no unmapped swamp) and the weather perfect.

Frank Skorina

Advanced Course (3500m 12 controls)

Bob Gruel	37:00
Michel Billaux	38:45

Intermediate Course (2825m 8 controls)

Rutz Family	54:00
Weakley Family	54:00
Recher Family	54:00
Ogden Family	60:00
Zach Sampher, Ranae & Damon Idler	62:00
("The Spiders") Sharon, Glenn, & Graeme Johnson, Bud & Brenne Rupe	74:10
Diana Shankle & Family	79:00
Louise Fuchs	84:00

Beginner Course (1225m 5 controls)

Louise Fuchs	20:00
Zach and Damon	37:10

Shoreview Park - April 1

Meet Director: Debbie Newell
Courses: Don Atkinson
Registration: Kean Williams, Robert Miller
Start/Finish: Don Atkinson, Dave Tallent, Sandy Kish Miller, Robert Miller, Debbie Newell
Marker Pickup: Don Atkinson, Jan Urban

Course 1 (7 controls)

Andrew & Julia Kingsbury	HUSKY	9:45
Don A.		10:53
Peter Peterson/Ken Wilcox		11:30
Mark Wilson/Pat Anderson		11:43

Robert Carroll/Gerick Lee		11:44
Wolf/Bell/Atkielski		12:09
Nelson/Beaker		12:47
Eric Anderson		13:00
Greg/Sam/Jon		13:37
Gilchrist		14:10
Jonny Matthews/James Starlin		14:44
Spencer Thomas		15:20
Matthew Weatherford/Geoff Woulf		15:48
Bill & Linda Sullivan		16:00
Hudspeth/Kubu/Dundon		17:34
Kyle Howlett	COC	17:40
Jimmie Colvin		18:20
Ryan Martinex/Lisa Thomas		20:47
Larry & Gail		22:00
Manuel Schmitt		31:00

Score-O (27 controls, 1 hour time limit)

100-pt/minute penalty for overtime

		Net Penalty		Time	UO*
Name	Club	Pts	Pts		
Jan Urban	COC	3050	0	44:18	1000
Paul Magnus	COC	3050	0	48:19	917
Dave Enger	SAMM	3050	0	48:26	915
Debbie Newell	COC	3050	0	49:54	888
Kean Williams	COC	3050	0	51:39	858
Dave Tallent	COC	3050	0	54:33	812
Eileen Breseman	COC	3050	0	54:38	811
Rick Breseman	COC	3050	0	55:05	804
Pat Ewing	COC	3050	0	55:19	801
Robert Miller	COC	3050	0	56:36	783
Mac MacDonald	SAMM	3050	0	60:00	738
Hans Frederick	COC	2950	0	57:46	714
Jennifer Knowles	COC	2950	0	58:25	704
Tim Keigley	COC	2850	0	59:23	690
Roy/Timmy Colven		2600	0	53:37	
Don Denbo	COC	2450	0	58:44	593
Rik Jones		2350	0	57:19	569
Ardis Dull	COC	2250	0	59:15	545
Ben/Justin/Jeffrey		2250	0	59:29	
Patrick Kelly	COC	2200	0	55:58	533
Will Enger	SAMM	2050	0	51:24	496
Jason Presley/ Nate Drum		1950	0	57:41	
Amort family	COC	1600	0	51:08	
Bill Sullivan		1600	0	52:45	387
Bob Berreth		1550	0	52:40	375
Ken Lew	COC	1450	0	52:38	301
Sandy K. Miller	COC	1450	0	58:56	351
Bell/Wolf/Atkielski		1250	0	55:45	
Paul Steward		1100	0	50:57	266
Jenny Schmitt		1050	0	34:28	254
Ryan/Kelsey Breseman		1050	0	45:01	
G. Herman		1000	0	56:32	242
Alan Preston		1000	0	58:58	222
Margie Bone		950	0	60:00	230
Bob & Pat Reddick		800	0	59:36	
Becky Schultz		700	0	59:35	169
Britts		650	0	56:29	
Cindy Paulsgrove		550	0	55:36	
Kanetomi		550	0	58:31	
Carroll/Hudspeth		300	800	68:35	
Dundon/Kubu/Lee		50	900	69:51	
Eric Stovney		-200	600	66:05	

*UO points - points for the Ultimate Orienteer series. Individuals only.

Wallula Junction, Wallula, WA — April 8

Sacajawea Orienteers

Meet Director/Course Setter: Ivar Husa
Control Pickup: Frank Skorina, Ivar Husa, Louise K.
Weather: Pretty darn nice. Warm, light breeze, sunny (perfect for the Northern Harrier Hawks who cruised silently close over the sage covered hillsides)

Folks who didn't take the time to come out for this event missed a good one. Unusual challenges were cast before the course setter. A visit to the site a week before the event (always a good idea) revealed that areas had been flooded (artificially) and others burned. Some adjustments were made to the control locations and courses were set. The morning of the event revealed more extensive burning and flooding, requiring the elimination of one control and the relocation of another.

Bearing 315

This event marked the first time we'd set an advanced course to use "memory" in lieu of a map in hand. For those not familiar, competitors are shown the map with the start and first control plotted. They then set off for that location 'from memory'. Need to jog the memory? Gotta go back to the last control. Each of the first six controls had maps showing the current location, and the next control placement. After control 6, a regular map was issued.

In hindsight, maybe we should of just not given them maps. One third of our Advanced Course competitors were caught looking at their maps while running and tripped and fell onto a dusty, sooty, surface that had been recently burned. (No way he was getting into MY car.)

Ivar and Susan Husa

Advanced Course: 6km 11 controls (6 from memory)

Frank Skorina	45:00
Jana Souckova	47:31
Paul Steward	1:14:00

Intermediate Course: 4km 6 controls

Lilian Billaux	59:00
Reardon Family + Michelle, Stephanie, Brenda, Scott, Victoria, Jenni	63:30
Louise Kite (missed control 2)	DNF

Beginner Course:

Burgess Family + Dana, Emma, George	33:00
Louise Rea	48:00

Washington Park, Anacortes - April 16

Chuckanut Orienteers

Course setting and Meet Director: Bill Green
Start/Finish: Ken Klepsch
Registration: Johanne Klepsch
Control placement and pickup: Bill, Ken, Thomas Opryszek, Johanne
Refreshments: Johanne
Beginner Instruction: Terradan Landchild
Sagevynnd

The weather forecast for the day happily turned out to be wrong, with a mostly sunny and fairly cool day instead of an overcast showery one. The turnout was modest, just a little more than last year.

My aim as a course setter here is to set courses that are interesting, that sample some of the many beauty spots of this park, and that avoid the "darker green" areas and the hazardous slopes on the south side. For course 4, I particularly wanted to avoid too much thoughtless running. A few controls were hidden, and a few were on unmapped features. These were compromises I made to make the legs a little more challenging, without, I hope, making them unfair. I also had doglegs, crossing legs and nearby controls, but then this isn't an A meet. The reaction varied from "fantastic" to an unqualified "atrocious." The latter is a first for me, and made me wonder, for a while, exactly why I was spending my time doing this. Rick won on course 4 with a time of about 80 minutes, just like he did last year.

Johanne's soup was great, especially during the chilly wait for the course 4 runners to come back.

Many thanks to everyone for coming out, and to the regular crew for helping out.

Course 1 - 2.1 km, 6 controls

Tom Slocum	33:50
Ryan and Kelsey	51:49
Andrew Rice and Nate Schwarck	54:32
Alan Lloyd and Jamie Longaberger	72:00
Eric, Travis, Chirs, Jerico, James and Joe	93:53

Course 2 - 3.1 km, 7 controls

Becky and Mike McGill	57:31
Knute, Ryan and Bryce	73:43
Ed and Amanda Johnson	81:55
Anna Latham	86:29
Zach, Donovan, Jessie and Garret	157:05

Course 3 - 3.9 km, 11 controls

Tony Latham	76:44
Thomas Opryszek	96:10
Harvey Friedman	105:49
Becky Schultz	145:21
Dick Johnson	DNF

Course 4 - 5.1 km, 16 controls

Rick Breseman	80:49
Kean Williams	1:18:23
Tjalling Ypma	1:34:29
Jennifer Knowles	1:43:55
Bill Allemann	1:55:05
Frank Schmitt	1:50:59
Paul Steward	DNF
Terradan	DNF

Priest Point Park, Olympia - April 22

Meet Director: Debbie Newell
Courses: Mark Howlett
Registration: Debbie Newell
Start: Dave Tallent, Matej Urban
Finish: Don Atkinson, Don Denbo
Marker Pickup: Mark Howlett, Don Atkinson, Eric Bone

Course 1 (1.5k, 10 controls)

Jonathan Schlaudraff	13:54
Jesse, Cory, Jim Miller	38:10
Lori Leseberg/Bob Hope	DNF

Course 2 (1.8k, 9 controls)

Marcia, Elizabeth, Val	49:27
Cory, Jim, Jesse	53:07
Richard Saggerson	61:35
Jacob Cheesman	63:09
Margorie Stratton	79:00

Course 3 (3.6k, 12 controls)

Dan Smart	BREH	47:47
Zach Aho	BREH	54:52
Derrick Neshem	BREH	56:51
Chris Parsons	BREH	57:54
Matthew Ellingson	BREH	64:01
Rex Garrett		66:41
Jeff Lang	BREJ	68:48
Jarrod Worley	BREJ	69:28
Jesse Eldridge		71:17
David Meland	BREH	71:28
Joe Docker	BREH	72:35
Catherine Munzi	BREH	83:35
C. Matson		158:12
JD Hammond	BREH	DNF
Jordan Langhjeml	BREH	DNF
John Taylor	BREH	DNF
Scott Fallstram	BREH	DNF
Zach Didio		DNF
Daniel Acebedo		DNF

The Ultimate Orienteer - Course 4 (4.2k, 12 controls)

Eric Bone	COC 32:48*	
Dave Tallent	COC 38:01	1000
Jan Urban	COC 41:45	911
Dave Enger	SAMM 43:49	868
Debbie Newell	COC 50:21	755
Pat Ewing	COC 51:31	738
Don Atkinson	COC 54:49	694
Todd Brown	55:42	683
Jennifer Knowles	COC 61:03	623
Ben Lischner	COC 61:52	614
Tim Keigley	COC 64:32	589
Dave Petty	COC 67:35	563
Michael Pope	69:10	550
Patrick Kelly	COC 72:03	528
Ardis Dull	COC 73:18	519
Don Denbo	COC 77:05	493

Terry Bryant	COC 86:07	441
Lena Tibbelin	TIF 86:22	440
Harvey Friedman	COC 101:15	375
Margie Bone	COC 110:57	343
Amanda	130:59	290
Ted Queen	COC DNF	
Virginia Stratton	FLO MSP	

*unofficial participant

Rooks Park, Walla Walla - May 7

Sacajawea Orienteers

Meet Director: Frank Skorina
Course Setter: Jana Souckova
Control pickup: Jana S. and Michel Billaux
Weather: Sunny with temperature in the 60's

Although we did not market it as such, this was Official National Orienteering Day 2000, with most clubs around the nation holding meets this weekend. Our meet brought the McAlary family two hours from Asotin, WA along with three of Katy's 6th grade friends. Member Jean Meyer came to his first meet in over a year and instead of zip-ping through the advanced course, he sauntered around the beginner's course with his 5 year old grandson and his 14 week old puppy. We had a few newcomers (Deena Walker, Wayne Kaaen, and Mike Holman) on the advanced course (which would not have won any prizes for difficulty). And Susan Eberlein, wife of founder and former club President Elis Eberlein is back in the area. Husband and kids will follow this summer.

Beginner 1.5km 7 controls

Erik Skorina	21:55
Chelsey Beshaw, Tabby Labelle, & Chad McAlary	26:18
Rachel Criss, Katy McAlary & Shelly McAlary	28:16
Matt Skorina	36:17
Jean and Dominic Meyer	86:30

Intermediate 3km 13 controls

Kit Crawford	63:08
Sarah, Mark, Emily, and Kate Stone & Kristi Sather	68:08
Dana, George, & Emma Burgess	71:10
Mike Lehmann	92:40

Advanced 5km 17 controls

Michel Billaux	56:50
Susan Eberlein	59:17
Deena Walker & Wayne Kaaen	83:32
Pete Crawford	95:26
Mike Holman	(93:57) missed #11

Cle Elum Ridge, Cle Elum - May 13

Meet Director: Kean Williams
Courses: Mike Schuh
Registration: Anne York, Harvey Friedman
Start: Tara Matthews, Tim Keigley
Finish: Dave Tallent, Mark Howlett
Marker Pickup: Mark Hartinger, Kean Williams, Dave Tallent

Course 1 (3.5k, 6 controls)

Gregory Mueller	26:20
Tara Matthews	35:26
Valerie & Anna	46:24
Hilary Lampard	48:31
Angela Lewis	53:37
Billy & Felicia Kelley	68:29
Matej Urban	78:55
Brian Richards/Jeffrey Halvorsen	93:03

Course 2 (5.5k, 8 controls)

Erik Nielsen	61:17
Trine Skjelfo	78:21
Gregory Mueller	85:19

Anne York	COC	125:51
Will Enger	SAMM	DNF
Course 3 (6.1k, 8 controls)		
Arne Skog	COC	44:49
Dale Width	EOC	51:48
Carl Moore	COC	67:33
Linda Moore	COC	73:19
Michel Billaux	SACO	74:36
Don Denbo	COC	75:39
Ardis Dull	COC	75:59
Ken Lew	COC	117:25
Gus Einarson	COC	142:35
Margie Bone	COC	159:08
Harvey Friedman	COC	188:27

The Ultimate Orienteer - Course 4 (9.9k, 15 controls)		
Eric Bone	COC	69:48 1000
Bill Cusworth		75:32 924
Jan Urban	COC	89:19 781
Mark Hartinger	COC	91:19 764
Dave Enger	SAMM	101:44 686
Bill Green	CHUCKO	113:21 616
Uli Steidl		114:15 611
Pat Ewing	COC	114:40 609
Dave Tallent	COC	116:41 598
Gordon Bowen		121:03 577
Don Atkinson	COC	136:07 513
A. Boltnev		139:53 499
Debbie Newell	COC	141:21 494
Jennifer Knowles	COC	142:50 489
Tim Keigley	COC	143:15 487
Patrick Kelly	COC	166:54 418
Kean Williams	COC	171:50 406
Doug Sprugel	COC	175:36 397
Skjeflo/Landsman		DNF

Chamna Nature Preserve, Richland - June 3

Sacajawea Orienteers

Course Setter- Bob Gruel
Event Host and Control Pickup- Michel Billaux

On Saturday in Richland the weather was perfect for hiking, maybe a little too hot for running. Control 2 of the intermediate course was mis-

placed. The competitors who didn't find it have been requalified.

What amazed me, is that some participants found it. I didn't know where it was located. When I picked up the control markers I ran to control 1. Then I continued to control 2. I found the ideal attack point where the trail penetrates into the trees, but the marker was not there. For ten minutes I looked at similar locations (fisherman places). It was not there either. I picked control 3 (and 4) of the advanced course, hoping to see it from the other side of the arm of the Yakima. Without success! Since half the people found it, I concluded that it was visible from an important trail. I came back and found it rapidly.

Advanced course (5000 m / 10 controls)

no participants

Intermediate course (4000 m / 7 controls)

Dale Higham	35:59
Sarah and Mary Banks	78:35
Al, Sarah and Lauren Fiedler	90:55
Gratchen/Clare/Nate/Becky Brauer-Rieke	93:52
Pat Fincher	99:59
Dale Brendon and Seth Higham	DNF

Beginners course (1800 m / 5 controls)

Al, Sarah and Lauren Fiedler	15:07
Pat Fincher	31:27

Inland Northwest Cup (State Championships), Fishtrap Lake Spokane - June 10/11

Eastern Washington O' Club

Meet director: Karen Robinson
Course designer: John Beck
Vetting: Scott Coble
Start: Dave and Kristin Ritzenthaler
Finish/results: Ed Robinson, John Harbuck, Dan Fears, Tracy Schoenleber
Registrar: Scott Coble
On-site registration: Linda Thompson
First Aid: Tracy Schoenleber
Control pickup: Rick Breseman, Kean Williams, Mac MacDonald, Nate Thompson, Ed & Karen

Robinson, Dan Fears, John Beck, John, Kristin and Susan Bates Harbuck
Picnic supper: Susan Bates Harbuck, Kristin Harbuck, Shirley Donald, Dave Ritzenthaler

Day 1 Day2 Total

Course 5 7.9km 7.6k

M21+

1	Eric Bone*&	46:45	47:25	94:10
2	Sergey Velichko	45:15	50:32	95:47
3	Ian Finlayson	58:46	57:18	116:04
4	Bill Cusworth	54:32	63:29	118:01

F21+

1	Kristin Ritzenthaler*&	76:34	68:07	144:41
2	Jana Souckova	81:40	81:29	163:09
3	Debbie Newell	76:33	87:02	163:35
4	Jennifer Knowles	86:39	83:05	169:44

M35+

1	Jan Urban*	60:00	58:25	118:25
2	Kean Williams	61:46	75:44	137:30
3	Frank Skorina	70:32	77:18	147:50
4	Jeff Watson	73:13	81:11	154:24
5	Ed Robinson	94:28	96:54	191:22

M45+

1	Rick Breseman*	61:49	77:27	139:16
2	Dave Tallent	80:41	77:05	157:46

Course 4 6.8km 6.0km

F-20

1	Kristin Harbuck*	129:05	130:23	259:28
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F45+

1	Sandy Kish Miller*	84:43	91:26	176:09
2	Ardis Dull	97:30	79:41	177:11
3	Karen Robinson	106:12	DNS	

F55+

1	Linda Moore*&	85:58	68:36	154:34
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M50+

1	Dale Width*	62:30	55:39	118:09
2	Robert Miller	74:09	59:27	133:36
3	Dennis Leveridge	84:41	73:52	158:33

The Ultimate Orienteer Series

Final Standings

Name	Club	1	2	3	4	Total
Jan Urban	COC	1000	1000	911	781	2911
Dave Enger	SAMM	946	915	868	686	2729
Dave Tallent	COC	871	812	1000	598	2683
Debbie Newell	COC	811	888	755	494	2454
Pat Ewing	COC	782	801	738	609	2321
Jennifer Knowles	COC	791	704	623	489	2118
Tim Keigley	COC	634	690	589	487	1913
Patrick Kelly	COC	705	533	528	415	1766
Rick Breseman	COC	909	804	-	-	1713
Robert Miller	COC	846	783	-	-	1629
Eileen Breseman	COC	712	811	-	-	1523
Hans Frederick	COC	684	714	-	-	1398
Don Atkinson	COC	696	-	694	513	1390
Ben Lischner	COC	621	-	614	-	1235
Don Denbo	COC	-	593	493	-	1086
Ardis Dull	COC	-	545	519	-	1064
Eric Bone	COC	-	-	-	1000	1000
Peter Golde	COC	954	-	-	-	954
Bill Cusworth		-	-	-	924	924
Mark Howlett	COC	920	-	-	-	920
Paul Magnus	COC	-	917	-	-	917
Harvey Friedman	COC	488	-	375	-	863
Kean Williams	COC	-	858	-	406	858
Sandy Kish Miller	COC	475	351	-	-	826
Keith Burdette		787	-	-	-	787
Ken Lew	COC	482	301	-	-	783
Mac MacDonald	SAMM	-	738	-	-	738

Justin Wright		730	-	-	-	730
Mark Hartinger	COC	-	-	-	764	764
Todd Brown		-	-	683	-	683
Jason Dilley		616	-	-	-	616
Bill Green	CHUCKO	-	-	-	616	616
Uli Steidl		-	-	-	611	611
Gordon Bowen		-	-	-	577	577
Margie Bone	COC	-	230	343	-	573
Rik Jones		-	569	-	-	569
Dave Petty	COC	-	-	563	-	563
Michael Pope		-	-	550	-	550
Oyvind Naess	OIF	530	-	-	-	530
A. Boltnev		-	-	-	499	499
Will Enger	SAMM	-	496	-	-	496
Terry Bryant		-	-	441	-	441
Lena Tibbelin		-	-	440	-	440
Gardner Hensill		399	-	-	-	399
Doug Sprugel	COC	-	-	-	397	397
Bill Sullivan		-	387	-	-	387
Bob Berreth		-	375	-	-	375
Amanda		-	-	290	-	290
Paul Steward		-	266	-	-	266
Jenny Schmitt		-	254	-	-	254
G. Herman		-	242	-	-	242
Alan Preston		-	222	-	-	222
Becky Schultz		-	169	-	-	169
Cindy Paulsgrove		-	133	-	-	133

Ultimate Orienteer Series events

- 1 - Magnuson Park Short O - March 18
- 2 - Shoreview Park Score-O - April 1
- 3 - Priest Point Park Classic-O - April 22
- 4 - Cle Elum Ridge Long-O - May 13

Bearing 315

M55+

1	John Harbuck*	60:26	54:56	115:22
2	Mac MacDonald	59:46	67:07	126:53
3	Don Atkinson	72:52	57:50	130:42
4	Nigel James	71:39	68:29	140:08
5	Fred Veler	76:09	68:47	144:56
6	Carl Moore	79:53	72:45	152:38
7	Scott Donald	84:55	78:41	163:36
8	Michel Billaux	93:19	78:51	172:10
	Harvey Friedman	DNF	DNS	

M-open

1	Scott Drumm	97:57	74:04	172:01
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Course 3 5.5km 4.8km

F-16

1	Dasha Velichko	93:11		
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F60+

1	Shirley Donald*	86:09	73:46	159:55
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M65+

1	Knut Olson*	119:44	94:41	214:25
	Gosta Einarsson		MSP	

F-open

1	Paula Whipple	92:09	74:36	166:45
2	Wendy Johncheck	121:27	56:08	177:35
3	Anndy Weislogle	127:45	91:30	218:15
	Susan Bates Harbuck		DNF 123:12	
	Karen Robinson		DNS 77:29	

M-open

1	Targo Tennisberg	97:13	49:08	146:21
	Dan Bellig		DNS 68:49	
	Nelson/Bresgal	180:24	DNS	
	Dan Fears		DNS 86:50	
	Tracy Schoenleber		DNF DNS	
	Harvey Friedman		DNS 84:02	

Course 2 3.4km 4.0km

F-open

	Colleen Doherty		DNF	DNS
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Course 1 2.0km 2.7km

M-12

1	Ryan Breseman*	34:55	26:41	61:36
2	Logan Knowles	45:23	71:45	117:08
	Matt Skorina		DNS 43:45	
	Connor & Ben Robinson		DNF 23:20	

F-open

	Colleen Doherty	30:24	DNS	
	Shelley, Chad & Katy McAlary, Rachel Criss, Andie, Tabitha & Tedi LaBelle	55:15	DNS	

* Washington State Champion

& Inland Northwest Cup trophy

DNF did not start • DNF did not finish • MSP miss punch

Lynndale Park, Lynnwood - July 8

Meet Director: Rick Hood

Courses: Rick Hood

Registration: Harvey Friedman

Timing/Land Permission: Jim Sisco

Beginner Instruction: Rick Hood

Marker Pickup: Dave Petty, Don Atkinson

Short Relay -- 2-loop course

(2.1 km, 8 controls)

Matej Urban, 39:24

Standard Relay -- 3-loop course

(3.2 km, 12 controls)

Eric Bone	23:29
Jan Urban	25:00
Oyvind Naess	31:37
Jennifer Knowles	35:40
Roy Colven	42:40

Dave Petty	44:17
Targo Tennisberg	53:39
Ardis Dull	55:40
Ken Lew	59:40

Self Timed (various course combos)

Beginner Loop (0.5km, 4 controls)

Matej Urban	5:11
Team Rose	9:40
Michael & Mathew Anderton	13:00
Logan Knowles	17:00
Albert Chill	17:00
Gary Stackhouse/Lynne Morris	18:00
Cynthia Walcker	20:00

Loop B (1 km, 4 controls)

Quinn & David Rose	20:58
Sandy Kish Miller	21:00
Team Palicila	21:00
Jeff & Charlene Shellhast	25:00
Josh Murray	30:00
Bonnie Campbell & Richard B.	48:00

Loop C (1.1km, 4 controls)

Craig Rose and David H	22:00
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Loops A&B (2.1km, 8 controls)

Team Senescall/Bunnell	61:00
Frank Duss & Karen Cogburn	64:00

Loops A & C (2.1km, 8 controls)

Don Denbo	28:13
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Loops B & C (2.2km, 8 controls)

Alex Anderson	71:00
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Loops A, B, & C (3.2km, 12 controls)

Arnie Skog	29:20
Robert Miller	31:34
Dave Parson	35:49
Don Atkinson	38:07

Teaway Score-O, Cle Elum (RAMBO East) - July 23

Meet Director/Courses: Peter Golde

Registration: Beth Golde

Control Pickup: Don Atkinson, Beth Golde

Bill Cusworth, Eric Bone

24 controls, 2h30m time limit, 1550 total points

Name	Pts.	Time
Eric Bone	1550	1:28:21
Milan Jirasek	1550	1:30:14
Ondrej Kotecky	1550	1:39:25
Jan Urban	1550	1:57:54
Bill Cusworth	1550	2:09:38
Elis Eberlein	1550	2:13:17
Dave Enger	1490	
Rick Breseman	1380	
Steve Bull	1330	
Kean Williams	1300	
Don Atkinson	1250	
Eileen Breseman	1110 (1160)	
Jeff Watson	940	
Oyvind Naess	820	
Michel Billaux	790	
Dave Reynolds	760	
(no name)	755 (930)	
Curtis Kreager	750	
Marketa Jakoubova	680	
Matej Urban	500	
Peter Depsey	450	
Eric & Janelle Harmon	440	
Ken Klepsch	420 (520)	
Alena Chadova Urbanova	365 (390)	
(no name)	340 (590)	
(no name)	320	
(no name)	300	
(no name)	200 (300)	
(no name)	125 (400)	
Larry Sage	100	

Paula Whipple	60 (460)
Chauncy Wenner	15 (390)
Crawford	OT (1020)

U.S. Night O' Championships, Lake George, CO - August 11

(northwest results)

White Course

M10

1.	Ryan Breseman	COC	13:39
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F10

2.	Kelsey Breseman	COC	15:04
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F12

1.	Madeline Enger	SAMM	20:21
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Brown Course

F-Open

1.	Ardis Dull	COC	1:17:41
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Green Course

M50

2.	John Harbuck	EWOC	1:05:31
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F40

2.	Eileen Breseman	COC	1:13:24
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Red Course

M45

5.	Rick Breseman	COC	1:28:46
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Blue Course - M21

9.	Eric Bone	COC	1:17:56
13.	Bill Cusworth		1:33:32

U.S. Long-O Championships, Lake George, CO - August 13

White Course

F10

1.	Kelsey Breseman	COC	26:00
2.	Dana Breseman	COC	42:48

F12

	Madeline Enger	SAMM	13:22
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Recreational

1.	Molly Enger	SAMM	24:55
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Yellow Course

M14

1.	William Enger	SAMM	18:29
3.	Ryan Breseman	COC	32:58

Brown Course

F60

1.	Linda Moore	COC	1:32:44
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M65

2.	Carl Moore	COC	1:33:20
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Green Course

M50

6.	Robert Miller	COC	2:20:43
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F50

7.	Ardis Dull	COC	2:25:18
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Red Course

M40

4.	Kean Williams	COC	2:10:54
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M45

4.	Rick Breseman	COC	2:02:10
7.	Dave Enger	SAMM	2:08:34

Blue Course - M21

4.	Eric Bone	COC	2:06:07
18.	Bill Cusworth		2:59:58

Union Bay Canoe-O (University of Washington) -August 27

There's a lot of construction in the area around Husky Stadium so large parts of the map are getting obsolete. And the best land part is now part of an ecology preserve where off trail use is not permitted. But it's still possible to thread a course through the remaining parts that are still more or less as mapped.



It's smooth sailing for the Sprugels.

Land course 1 1.8 Km 7 controls

Joe Marquez	24:40
Kathy Rowell	24:48
Elaine Thomas, Jerry Graham	28:29

Land Course 2 3.1 Km 11 controls

Robert Miller	19:49
Eileen Breseman	21:19
Sandy Kish Miller	24:00
Kathy Rowell	34:10
Curtis Creager	34:37
Bob and Pat Reddick	54:00
Logan Knowles w/Jennifer K	60:40



Bill Alleman paddles his windsurfer towards a control.

On the other hand, the canoeing area behind Foster Island is essentially as mapped in 1988. Even the water lily patches are more or less in the same positions.

Canoe Course (3k)

Eileen and Rick Breseman	33:28
Bill Alleman (paddling a windsurfer)	33:46
Greg Mueller (sea kayak)	35:05
Sandy K and Robert Miller	41:14
Kathy Rowell/Bill Cusworth	43:40
Peter and Beth Golde	44:05
Sprugel Family	44:29
Phil Nicolle, Don Denbo	44:32
Urban Family	44:56
Peter Dempsey, M. Frisch	50:00
Targo Tennisberg	52:00
M.C. Bruno, Ardis Dull	54:32
Gary and Debra MacDonald	58:00
Giaever family	59:03
Elaine Thomas/Jerry Graham	64:00

Elkhorn Rogaine, Ellensburg - September 9/10

Sammamish O' Club

C O Team Score

24-Hour

<i>Men</i>		
1	1	Eric Bone/Vlad Gusiatiukov 2550
2	2	Gary Thompson/David Frei 2410
3	3	Ron Hudson/Michael Springer 2150
4	5	T. Cahalane/G. McDuffie/D. Rehfeld 1930
5	6	T. Pering/S. Reader/D. Stein 1870
6	7	John Bartholomew/Mal Harding 1750
7	11	Desmond Mott/Michael Rhodes 1390
8	12	Richard DeKany/Joseph Pontisso 1370
9	14	Allan Pincus/Mike Reason 1280
10	15	Chris Parker/Jay Montgomery 1260
11	16	Michael Bruns/Rafael Gutierrez 1110
12	18	Justin Yeager/Joel Yeager 1010
13	20	Jesse Baber/Pat Gates/Mark Gates 770
14	21	Don Lyons/Mike Paige 630

<i>Women</i>		
1	17	Jessica Rykken/Marianne Vydra 1070
2	19	Helen Geddes/Maureen DeCamp 800

<i>Mixed</i>		
1	9	Barbara Bryant/John Lee 1480
2	10	Jim Helten/Amanda Barlow 1470

<i>Veteran Men</i>		
1	4	Colin Preston/John Rance 2030

<i>Super Veteran Men</i>		
1	8	Bob Anglin/Kalon Kelley 1720

<i>Super Veteran Mixed</i>		
1	13	Sharon Crawford/Al Smith 1320

12 Hours in 24

<i>Men</i>		
1	4	Scott Drumm/Mike Poulsen 1080

<i>Mixed</i>		
1	5	Jeff Watson/Paula Whipple 720

<i>Veteran Men</i>		
1	1	Kean Williams/Arne Skog 1520
2	2	John Crawford/Jerry Rhodes 1440
3	3	Walt Roland/Curtis Condon 1310

<i>Veteran Women</i>		
1	6	Virginia Church/Anndy Wiselogle 720

<i>Veteran Mixed</i>		
1	7	Maryse/Terradan Sagewynd 360

8-Hour

<i>Men</i>		
1	4	Paul Magnus/Doug Stevens 490

<i>Women</i>		
1	2	Jennifer Knowles/Laurie Vette 780

<i>Mixed</i>		
1	1	Jana Souckova/Elis Eberlein 1160

<i>Veteran Mixed</i>		
1	3	Olivier Clot/Jaana Pietari 750

O=Overall Place
C=Class Place

Fishtrap Lake Score-O', Spokane - September 16/17

Eastern Washington O' Club

Course designer: John Harbuck
Event director: John Beck
Registration: Don MacNaughton

Timekeeping: Ed & Karen Robinson
Control pickup: Mac MacDonald

While the Olympics were on TV, EWOC had its own international competition, with participants from the U.S., Canada, Australia and the Czech Republic including Ondrej Kotecky and Michaela Mahdalova who had just finished a week of fieldchecking Riverside State Park for a revised edition of that map. "The cow ate the control" was a legitimate excuse on Course 4 Saturday, resulting in two DNFs. The same courses were offered both days; results are shown separately for each day.

Course 1 (2.2 km, 6 controls)

<i>Saturday</i>	
Lawton & Melissa Fox	26:52
Nate & Linda Thompson	45:40
Joseph Vedder, Kathy Person, Charles & Andrew Countryman	50:20

<i>Sunday</i>	
Karen MacDonald	44:53

Course 2 (4.8 km, 8 controls)

<i>Saturday</i>	
Lawton & Melissa Fox	88:19

<i>Sunday</i>	
Al Smith	51:07
Ben Robinson	68:27
Karen Robinson	68:52
Kelsey Breseman	172:56
Ryan Breseman	173:35

Course 3 (6.8 km, 9 controls)

<i>Saturday</i>	
Ed Robinson	70:45
Robert Miller	93:00
Al Smith	109:10
Kean Williams	135:29
John Beck	141:30
Amy Burgess	158:32
Karen & Ben Robinson	180:21
Scott Donald	DNF
Sandy Kish Miller	DNF
Bill Borrie	DNF

<i>Sunday</i>	
Michaela Mahdolova	67:37
Mac MacDonald	CMP
Dan Fears	DNF

Course 4 (9.4 km, 13 controls)

<i>Saturday</i>	
Kean Williams	DNF
Dennis Leveridge	DNF

<i>Sunday</i>	
Ondrej Kotecky	68:02

Score O (1340 possible points, 37 controls)

<i>Saturday</i>	
Shirley Donald	430
Myah Houghten & Graham Sharman	390

<i>Sunday</i>	
Rick Breseman	840
Jana Soukova	800
Ed Robinson	780
Dennis Leveridge	700
Eileen Breseman	680
Kean Williams	630
Scott Coble	570

Lake Sammamish State Park, Issaquah - October 1

Sammamish O' Club

Meet Director: Dave Enger
Course Designer: Ondrej Kotecky, Mise Mandlova
Registration: Pat Reddick
Start/Finish: Bob Reddick, Bruce McAlister

Bearing 315

Red Course (2.5 km + Score-O, 14 controls)

Bruce Christopherson	54.02
Bill Allemann	65.58
Bruce Bassett	69.36
Dave Parsons	73.20
Jennifer Knowles	78.55
Hans Frederick	82.08
Patrick Kelly	83.45
Michael Pope	102.00
Nick Beer	112.29
Curtis Craeger	114.58
Byron Orme/Mike McGovern (Tr. 110)	121.30
Ken Lew	128.33
Bruce Towhey, Michael Sepner, and Aaron Carley (Troop 110)	140.38
Ben Lischner	DNF
Jonathan Peterson/Stephen Dale (Tr. 112)	DNF
Talon Towhey/Stephen Gardner (Tr. 110)	DNF
Gro Eidsmo	DNF

Green Course (3.3 km, 12 controls)

Michael Corey	49.55
Dave Petty	55.50
Greg Hancock	84.30
Gary & Debra MacDonald	90.30
Carl & Diane Zapfpre	DNF
Frank & Karen Diss	DNF

Yellow Course (10 controls)

Shane, Jeremy, Mark	43.00
Garrett and Kelsey	50.00
Loga, Allison, Steve Knowles	50.00
Devon Nate	50.30
Jim Howey + 1	51:12
Bob and Rob	52:30
Helen Roome, Lindsey Frederick	58.00

White Course (8 controls)

Owen and Julian Howey	11.20
Jonas and Carl Olsson	26.43
Robin Nordberg + 2	26.50
Bob, Devon, Nate, Garrett	30.20
Thomas, Lukas, Eva, Michael Corey	33.30
Kelsey and Ron	33.45
Alice Howley, Marita Johnson	36.45
Maddie, McKenzie, Laurel, Brian	38.45
Vivian and Eric Olsson	47.00

Fort Casey State Park (Bo Powell Memorial), October 7

Meet Director: Kean Williams
Course Designer: Don Atkinson
Marker Setting: Dave Petty
Registration: Harvey Friedman

Course 1

Kaj Takagi	30:00
Ralph Fehlberg	30:31
Alice & Marita Howey	40:00
Owen & Julia Howey	41:03
Ian, Emma, Leslie	45:30
Kin Fackler	52:38

Course 2

Ralph Fehlberg	52:38
Jan & Diane Link	59:58
J.D. Hammond	60:03
Angela Kyle	70:33
Joe Docker	71:22
Catherine Munz	73:44
Tara, Valerie, Trista, Rindel	77:46
Karen Case	98:18
Kristen Hull	99:13
Caleb Hull	99:29
Warren & Carolyn	116:28

Course 3

Annamari Heikkinen	38:25
Kean Williams	47:22*
Todd Drobnick	50:00
Michael Pope	55:55
Targo Tennisberg	56:00
Curtis Craiger	59:25
Ardis Dull	66:12
Terry Bryant	68:52
Ted Queen	71:43
Jim Townen	79:16

*Bo Powell award

Sacajawea State Park, Pasco - October 14/15

Sacajawea Orienteers

Meet Director and Course Setter: Ivar Husa
Control Pickup: Ivar, Frank Skorina, and Louise Kite.

Once again, a fine event was held at Sacajawea Park, near Pasco, WA. The weather was gorgeous, as usual. This year's event was notable for us in that it drew four competitors from the Seattle area. Sacajawea Orienteers' two-day events have to date been simply "same course both days". This was meant to attract local people with commitments elsewhere on one of these days- but not both.

An email from Rick Breseman (COC) suggested that the event would be more interesting for cross-state

travelers if two advanced courses were set. I heartily agreed, and set the two courses. This format will be repeated in the future, to give people with a distance to drive more to look forward to when they get here. We have some fine maps, and they will look fresh to most of you out there! Lots of off-trail navigation is demanded. Very subtle terrain to work with. Generally small maps, but challenging.

The competition was quite good on the advanced courses. The local runners did well against the Carpetbaggers from the Seattle area with Frank Skorina turning in the lowest combined time. That is, until you factor in the fact that the Seattle crew ran both courses (10.6km total) in the same afternoon! These guys are tough!

A great time was had by all.

Beginner- 7 controls 1450m

Mollie and Jessica Mucha	10:19
Matt Skorina	12:10
Erik Skorina	12:45
Brett and Josh Lott	16:45

Intermediate - 10 controls 3150m

Mollie and Jessica Mucha	56:01
Tony Ogden	58:05
Seth and Brandon Higham	59:30
Matt Skorina	60:00
Rebecca Donley and Joe Lindbergh	60:00
Al, Dan and a Second Al Fiedler	63:23
Steve and Andy Weakly	67:23
The Shankles	76:00

Advanced Saturday- 14 controls 4600m

Elis Eberlein	40:43
Rick Breseman	41:04
Frank Skorina	47:29
Jan Urban	48:52
Kean Williams	48:55
Susan Eberlein	67:15

Advanced Sunday- 12 controls 6000m

Frank Skorina	37:22
Jan Urban	43:50
Rick Breseman	45:50
Kean Williams	50:45
Curtis Craeger	72:00
Jana Souckova	DNF

Combined Advanced

Frank Skorina	84:51
Rick Breseman	86:50
Jan Urban	92:42
Kean Williams	99:40

Mapping Update

We now have 2 freshly-updated maps, thanks to a trio of mappers from the Czech Republic. Milan Jirasek, Ondrej Kotecky, and Marketa Jakoubova spent a good part of the summer and fall working on field-checking maps in the Northwest. As a result, we now have up-to-date maps of Farrel-McWhirter Park in Redmond, and Fort Steilacoom Park in Tacoma (to be used for the WIOL and O' Series Championships in February 2001). Pt. Defiance was on our list as well, but was deemed too big a job for the time available.

OCAD Anyone?

We have a few maps we'd like to convert to OCAD. If you are interested in some on-the-job OCAD training, please let me know. The maps on our list right now are Pt. Defiance Park (Tacoma), Cle Elum Ridge (Cle Elum), and Union Bay (Seattle).

The Club will provide a copy of OCAD 7 which you can use to draw the maps. We also have several club members who can give advice and instruction.

If you are interested, let me know.

Debbie Newell, 425-488-3691, dnewell@gte.net

Schedule of Orienteering Events

OCTOBER

Sat 28 10am-noon	Bennington Lake , Walla Walla	C	SACO	1:10,000	Frank Skorina (frank@skorina.net) 509-522-2770
Sun 29 6:00pm	Vampire-O' - Woodland Park, Seattle, N.E. 50th St. entrance; beginner's course too; mass start at dusk	X	COC	1:5,000	Bill Cusworth (bill3@halcyon.com) 206-271-0652

NOVEMBER

Sat 04 10am-noon	WIOL 1/O' Series 1 - Woodland Park, Seattle <i>N.E. 50th St. entrance</i>	C	COC	1:5,000	Mac MacDonald (billymacdonald@cs.com) 425-745-6011
Sat 11 10am-noon	Chamna Nature Preserve , Richland; possible mountain bike option	C	SACO		Frank Skorina (frank@skorina.net) 509-522-2770
Sun 12	COC Annual Social Event and Elections - Coco's Restaurant, Lake Forest Park mall (see article for more information)	X	COC		Dave Tallent (dtallent@gtemail.com) 425-488-3691
Sat 18 10am-noon	WIOL 2/O' Series 2 - Point Defiance Park, Tacoma <i>Take Exit 132 from I-5 to West SR 16. Travel about 3 miles on SR 16 and take the 6th St Exit. Take a left under the freeway and then right onto Pearl. Travel about 3 miles north on Pearl to the park entrance.</i>	C	COC	1:10,000	Jan Urban 425-402-7225 (urbanj@molecumatic.com)
Sun 19 10am-mass	Adventure Run - St. Edward State Park, Kenmore; 10k <i>Juanita Drive & N.E. 145th St.</i>	X	COC	1:10,000	Bill Cusworth (bill3@halcyon.com) 206-271-0652
Sun 26 11am-1pm	Kelsey Creek Park , Bellevue <i>From I-405, take SE 8th exit, head east, cross Lake Hills Connector onto SE 7th and follow O signs to park.</i>	C	SAMM	1:5,000	Dave Enger 425-822-6254

DECEMBER

Sat 02 10am-noon	WIOL 3/O' Series 3 - Washington Park, Anacortes <i>From I-5, take Highway 20 west to Anacortes toward the San Juan ferries. Follow signs straight to park when ferry traffic turns right.</i>	C	COC	1:7,500	Hotline 206-783-3866
Sat 16 10am-noon	WIOL 4/O' Series 4 - Hamlin Park, Shoreline <i>Exit I-5 at NE 145th. Travel east to 15th Ave NE. Turn north to NE 160th.</i>	C	COC	1:7,500	Hotline 206-783-3866
Sat 30	21st Annual Bog Slog - St. Edward State Park, Kenmore <i>Take I-5 Exit #175, go east on 145th St to Lake City Way. Turn left and follow until road becomes Bothell Way. Turn right onto Juanita Drive, go about 1 mile, turn right into park and follow signs to parking area and registration.</i>	C	COC	1:10,000	Hotline 206-783-3866

JANUARY 2001

Mon 01 10a reg. 11a mass start	First O' Meet of the Millenium For Those Who Can Count - Lord Hill Park, Monroe (those who can't count are also welcome, but may not enjoy it as much).	C	COC	1:15,000	Jan Urban 425-402-7225 (urbanj@molecumatic.com)
Sun 07	TENTATIVE - Ski-O, Lake Wenatchee State Park , east of Stevens Pass; Saturday overnight option at Bruce's cabin near Scenic	X	SAMM		Bruce McAlister (brucemca@delnet.com) 425-821-6862
Sat 13 10am-noon	WIOL 5/O' Series 5 - Lincoln Park, West Seattle <i>Exit from I-5 at Spokane St. Head west until you reach Fauntleroy Way, head south to the park</i>	C	COC	1:5,000	Hotline 206-783-3866
Sat 27 10am-noon	WIOL 6/O' Series 6 - Forest Park, Everett <i>Head west from I-5 at Exit 192 on 41st St. 41st St. becomes Mukilteo Blvd.; follow until close to water, turn left into park.</i>	C	COC/ SAMM	1:5,000	Hotline 206-783-3866

FEBRUARY 2001

Sat 10 10am-noon	WIOL 7/O' Series 7 - Farrel-McWhirter Park, Redmond <i>Take Highway 520 to the end and head straight on Avondale Way. Turn right on Novelty Hill Road, then turn left and follow signs to the park.</i>	C	COC	1:3,500	Hotline 206-783-3866
Sat 17 10am-noon	WIOL Championships/O' Series Championships - Fort Steilacoom Park, Tacoma; <i>Exit from I-5 onto 72nd W (Exit 129). This becomes Custer, right onto 88th SW, becomes Steilacoom to the park.</i>	C	COC/ HUSKY	1:10,000	Bill Cusworth (bill3@halcyon.com) 206-271-0652

A - National meet
B - Major local meet
C - Regular local meet
R - Rogaine
X - Special event

Pacific Northwest Orienteering web site - www.pnwo.org
US O' Federation web site - www.us.orienteeering.org

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c/o Cascade Orienteering Club
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First Class