

# Bearing 315

The Newsletter of the Cascade Orienteering Club

January - February, 1991



## COMING NEXT : BOG-SLOG, SWIM, POT-LUCK and SNOW-O at St Edwards

### Sunday, December 30

As this is written just before Christmas, there are about 8 inches of snow at St Edwards, with either rain or snow for the weekend. But don't worry, the 11th annual Bog Slog, Pool Swim and Holiday Bash Potluck will go on.

At this time, the Park still plans to be open and to have the pool open, but both pool and Park may close if the weather gets too bad. If open, the pool will be open to the general public (\$2) from 11:30 to 1:30. Bring your own suit and towel. Even if the Park roads are closed, both St Thomas and Arrowhead School will still be open, and we may adjust our start areas, so watch the signs and check out the Hot-Line. The Hot-Line will be updated regularly, with the latest information on the Orienteering Hot-Line (783-3866) on Sunday morning. There will be information on start areas, road conditions and parking on the Hot-Line.

If there is enough snow Sunday, and that seems a distinct possibility, the courses will be modified to include a novice course, a snow runner's course (no .5m boulders), and a Ski-O course. So wax up those skis, and head for St. Edwards. And if it rains and washes all the snow away, we'll have our old fashioned boggy bog-slog.

After your run or ski-tour, we will gather at Debbie Newell's at 6216 NE 154th (off of Arrowhead Drive, the next road on Juanita Drive north from the St Edwards road). From the Park, it is an easy ski run through the woods to Debbie's. This has been a great holiday get-together in the past, and should be particularly festive with a snowy background - you won't want to miss the bog-slog to be talked about for decades. As usual, pies will be provided as prizes for class winners who show up at the potluck to claim their prize.

St Edwards Park is about a mile south of Kenmore on Juanita Drive. Juanita Drive has been well sanded this week, and drivable without chains. Don Atkinson will be Course Designer, and Bruce McAlister will be Meet Director.



Site Map

## LOWER WOODLAND PARK

### WIOL Regular Meet I I

### Also Boy Scout Orienteering Requirement

### Saturday, January 5

Dave Petty will be the Meet Director and courses will be designed by James Sisco. A special feature of this meet will be a special course designed to meet the Boy Scout orienteering requirement. A new Boy Scout requirement involves completing a one mile orienteering course, so we can expect to see more Scout involvement in orienteering. We will be trying to include or adapt a course from time to time to meet the Scout requirement. Lower Woodland Park is also the 2nd WIOL regular meet, following two practice meets. The complete WIOL schedule is listed at the right.

Lower Woodland Park is located in North Seattle, east of Aurora Avenue (highway 99). Course starts will be signed either off of N 50th at the south end of the park, or off of S Green Lake Way at the north end of the park. Start details on the Hot Line (783-3866).



### Washington Interscholastic Orienteering League

### 1991 Schedule

Jan. 5, 1991	WIOL Meet II WOODLAND PARK, Seattle
Jan 12, 1991	WIOL Meet III MARYMOOR PARK, Redmond
Jan 19, 1991	WIOL Meet IV PT. DEFIANCE PARK, Tacoma
Feb 2, 1991	WIOL Meet V N.A.D. PARK, Bremerton
Feb 10, 1991	WIOL Relay UNIV OF WASHINGTON, Seattle
Feb 16, 1991	WIOL Meet VI SEWARD PARK, Seattle
Feb 23, 1991	WIOL CHAMPS NINTH ANNUAL WIOL CHAMPIONSHIPS BRIDLE TRAILS STATE PARK, Bellevue

## MORE MEETS:

### TROLLHAUGEN SKI-O ???

**Sunday, January 13**

Although, there is no Meet Director as yet, our cross-country skiers are still planning on a Ski-O day at the Sons of Norway Trollhaugen ski area. *However, because of the uncertainty at this time, please check with the Hot Line before starting out.*

Trollhaugen is about 10 miles east of Snoqualmie Pass on I-5 at Exit 62. It is unlikely that you can drive or park on the road in to Trollhaugen, so you should plan on parking at the Sno-Park lot on the north side at Exit 62. Permits are required (\$10 per car), and **must** be purchased in advance. They do ticket and tow cars without permits.

### CAMP RILEA

**Sunday, January 26**

This is a meet sponsored by the Columbia River Orienteering Club (CROC). This is a new club focusing on the Portland/Vancouver area. The meet is at Camp Rilea, approximately 6 miles south of Astoria on the Oregon Coast. This is a new map, preregistrants will get a color xerox, day of meet registrants a b/w map. Because of the xerox cost, registration is \$5.50. Glen Cafferty hopes to be at the Bog Slog with flyers. Or you can call Mal Harding (503) 638-8977. Note start time is Noon to 2pm.

### PROPOSED CASCADE 1991 SCHEDULE

The Cascade Board has adopted a proposed 1991 meet schedule. The proposed schedule is listed below, but please use it with care. Events must be checked with other clubs and schedules to avoid conflicts, and the Meet Director must check out each site to see that nothing has changed. For up to date scheduling check your latest copy of *Bearing 315*, or call the Hot line.

January 5	Sat	Woodland Park
January 13	Sun	Trollhaugen Ski-O
February 16	Sat	Seward Park
March 3	Sun	Lake Tradition
March 23	Sat	Farrel/McWhirter
April 7	Sun	Lynndale
May 4	Sat	Lincoln Park
June 15	Wed pm	UW Canoe-O
July 13	Sat	Drunken Charlie
August 11	Sun	UW Canoe-O
August 24/25	Wken	Tumac - Mini Rogaine
September 7/8	Wken	Moran State Park
October TBA		Trollhaugen
December 29	Sun	Bog Slog

Schedule is tentative. Additional meets may be added or meets removed from schedule.

## ANNUAL MEETING - November 29, 1990

President Mike Schuh called the meeting to order at 7 pm at the University Branch Library. Nineteen members and guests were in attendance. Mike announced that the next Board meeting would be at his place on Wednesday, December 12. He reviewed the upcoming meet schedule. The January 13 Ski-O at Trollhaugen was tentative, contingent upon finding a course setter.

**Announcements:** Bruce McAlister will be turning over the newsletter editor job to Dan Klein after the January issue. They will work together on the March issue. Jim Sissel will be Trim Course contact (for courses at Lynndale and Farrel-McWhirter). Len Englund had a letter for signing to send to former club president, Tom Stuart, who is now in Saudi Arabia. As outgoing president, Mike presented carnations to several past and present members. Bruce will be coordinating O-travel.

**By-laws Amendment:** Per the announcement in the last newsletter, Bruce McAlister presented an amendment to the By-Laws, which substituted an elected 5-member executive board for elected officers. The elected Board will elect officers (who may or may not be elected Board members). The club officers and elected members then constitute the COC Board for the year. The proposal as modified by discussion was passed unanimously.

**Elections:** The following members were nominated for the new Executive Board: Bruce McAlister, Mike Schuh, Peter Golde, Dave Petty, and Glen Gordon. Ardis Dull and Katie Sprugel were also nominated, but the nominations were withdrawn as they were expected to be elected Secretary and Treasurer by the Board. The 5 nominees were unanimously elected to the Board.

**Program:** Susan Inman of the Psychology Department was unable to attend. A discussion of the future direction of orienteering in the region occurred. Harvey Friedman mentioned a letter about 6/7 days of O' in 21 weeks in Kiev next spring. A cruise and optional visit to Chernoble are included. The next general meeting will be Thursday, January 10. Meeting adjourned at 8:46.

### BOARD BRIEFS

#### December 12

The Board met December 12, 1990 at Mike Schuh's. Present were Mike Schuh, Harvey Friedman, Bruce McAlister, Ardis Dull, Peter Golde, Dave Petty and Glen Gordon. In accordance with the new by-laws, the Board elected new officers: President, Bruce McAlister; Vice-President, Peter Golde; Treasurer, Katie Sprugel; Secretary, Ardis Dull. All Coordinators were reappointed.

A tentative Cascade schedule for 1991 was adopted (see schedule at left).

Ardis reported on the last WSOA meeting; After repaying outstanding loans, PNWOF and the World Cup will just about break even. WSOA declined to sponsor the 1992 USOF convention. WSOA will repay club loans used for start-up, and also voted to divide the markers donated by Silva to the World Cup, equally among the member clubs. WSOA is still uncertain about final income and expense for PNWOF; also questions about Rogaine costs and income. Following the report, Bruce moved that Cascade leave WSOA as it is presently constituted. Motion failed, but Bruce was directed to write to WSOA outlining reasons of concern (see Letters to the Editor).

The 1992 USOF Convention was discussed. WSOA has declined to sponsor the Convention. Passed that COC would offer to host the Convention, with assistance from Sammamish in arranging an "A" meet, and Nisqually in sponsoring a Junior Clinic.

Next Board meetings will be Tuesday, January 15 at the Sprugel's, and Tuesday, February 12 at Bruce McAlister's. All COC members are welcome and invited to attend all Board meetings.

#### *PNWOF Corrections -continued from page 6*

In D40B, Karen MacDonald DNS for day1 ( she was one of the World Cup start team; thank you again, Karen) and had a DNF on day2.

In H45B, after Gary Farquhar, Tom Moran, and Don Atkinson in positions 1, 2, and 3, there was Harry Morgan former vice president of Cascade OC. and now Sammamish member in 4th place with 112:14 70:10 182:24 less than 2 minutes behind Don.

In H21C, Kevin Finney had a DSQ on day1 and DNS on day2.

In H35B, Roger Sharp of Cascade DNF on day1 and DNS on day2.

In H15A, Nicholas Bone DNS on day1 and the 54:29 was for day2.

In H55A, Will Sperry had the DSQ for day1; also Bob Reddick had a DNF for day1 and a DNS for day2.

In H21B, Stuart Bradshaw of Nisqually was in 16th place with times of 137:16 105:02 242:18. Benjamin Hall of Sammamish had a DNF for day1. Brett Aniballi of Nisqually had a DNF for day1 and a 151:10 for day2. Peter Golde of Cascade DNS on day1 (he worked the computer for World Cup timing; thank you again Peter) and the 120:25 was for day2.

In H40A, Dale Width had a DNF on day1 and 83:42 for day2. Robert Miller DNF on day1 and DNS on day2. David Petty DNF on day1 and DNS on day2.

In H35A, Mike Schuh DSQ for day1 and 118:00 for day2. Rick Breseman DSQ for day1 and 88:16 for day2.

In H21A, Arne Skog of Sammamish had DNF for day1 and DNF for day2. Rick Donaldson had DSQ for day1 and DNS for day2.

## CLINICS

### Sharpen Your Orienteering Skills!

with Mike Schuh

#### An opportunity for both competitive and recreational orienteers

Mike Schuh will once again offer his informal class in intermediate Orienteering skills. A group discussion format will be used in each of the four class sessions, with emphasis on that weekend's orienteering event. After comparing routes and strategies from that event, a few general topics will be introduced and then some ideas for the following week's event will be presented.

Tentative schedule: Sunday evenings, 7:30 - 9:30, February 3rd - 24th. The relevant events are NAD Park in Bremerton (2nd), UW Campus (10th), Seward Park in Seattle (16th), and Bridle Trails State Park in Kirkland (23rd). These are all part of this season's school league schedule, and class members will be expected to participate in each event's most challenging course.

Some of the skills to be covered:

- Dead reckoning
- Relocating while on the move
- Map memorization and generalization
- Choosing the right attack point for you
- Training ideas

The only prerequisites are a years orienteering experience and a desire to improve. Classes will be held in Ballard. To register call Mike at 783-3960 or talk to him at an orienteering event. Cost: \$20 individual, \$15 students, \$35 couple. Class will be limited to ten (10) students.

## ORIENTEERING SKILLS CLINIC

Taught by Peter Zurcher

Peter Zurcher of the Rocky Mountain Orienteering Club and former Swiss National O'Team member will conduct an orienteering skills clinic early in 1991. Although details are not yet final, it will probably be in February at Drunken Charlie Lake and Cle Elum. Space in the class may be limited.

If you are interested, please call Debbie Newell at 488-7471.



## From the President:

As the old year ends and the new one begins, I conclude my third and perhaps final term as club President. While I would most likely continue to enjoy leading Cascade OC, I feel it is time for the club and me to move on to new arrangements. No matter how attractive the status quo, it is a stagnant path, going nowhere different and losing thereby the opportunity to go somewhere more exciting. As in orienteering, it is always possible to take a path that leads to something worse, but then opportunities and risks are often found together. The future leaders of the club and its members (you!) will need to choose their routes wisely. With friendly cooperation and honest debate, I firmly believe that they will.

As I write this, the temptation is strong to name all of those that have contributed to the club these past four years, but I restrain myself knowing that I will doubtless neglect someone. Suffice it to say that many, many club members have given of their time and energy to the benefit of the club. This includes the most visible contributions such as course setting and staffing meets (registration and timing, as well as meet direction), but also the large number of tasks that take place behind the scenes: obtaining permits for our use of the parks, teaching beginners, lining up to meet staff, taking care of our club treasury, reserving rooms for club meetings, editing this newsletter, answering the Orienteering Hotline, fieldchecking maps and drafting and printing them, keeping track of our membership list, sending out publicity releases, coordinating our meet schedule with other clubs, maintaining club equipment, baking pies, picking up markers after a meet, answering club mail, welcoming first timers, keeping club records, and ... and ...

Cascade Orienteering Club is an organization with many wonderful people in it, and because of its members, the club has a very bright future. It has been an honor to be your President.

Thank you.

- Mike Schuh

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## EUROPE - O Next Summer

Did you enjoy the caliber of international competition at APOC and PNWOF last summer? Several northwest orienteers are already planning for trips to Europe next summer. The club receives brochures and registration material for most major foreign meets (Europe, Australia, etc.). Of particular interest for next summer are the Midnight sun run in Norway in early-July, the O-RINGEN, Sweden's international 5-day orienteering festival, July 22-26, 1991, and the Scottish Six Day, August 4 to 10, 1991. The event center for the O-Ringen will be Arboga in Vastmanland in south central Sweden, west of Stockholm. The event center for the Scottish six day is Castle Douglas near Dumfries in the west border country south of Glasgow. Check your calendars and vacation schedules for next year, and join your fellow orienteers in world class orienteering in 1991.

## Letters to the Editor

### Concerns about WSOA

WSOA was set up several years ago to provide a forum for inter club cooperation, and to handle projects that might be too much for any one club. There are obvious and real advantages in having an organization that provides a focus for cooperation and exchange between the several northwest orienteering clubs. However, WSOA is not just a coordinating group. WSOA operates as a full fledged orienteering club, holding and sanctioning meets, preparing maps, and operating with a budget substantially in excess of any of its constituent club's budget. If this were necessary, or if it produced better results than could result from club management, then WSOA would be a bargain. Even if it just got the same results, there would be some inconvenience, it could still be a good deal.

But there is another possibility. That is that the time and effort put into WSOA and running WSOA events are time and effort not put into building our clubs, and the net effect is a weaker, not stronger, club organization. In every club there are established methods for oversight and accountability, and we have learned how to adapt to, and make good use of, our members' idiosyncracies. The loose committee structure of WSOA may not be suited either to establishing accountability, or to have people of differing personality work closely together. My judgment is that this last possibility is, in fact, the best description of how WSOA actually functions.

What bothers me most are the deteriorating personal relationships between people who have put a great deal of their life into orienteering. Even if nothing more happens, the results of the acrimony generated during the last two years of WSOA will bedevil northwest orienteering for a long time. And my assessment is that it is due to the structure of an organization that can not accommodate dissenting opinions, and that can not or will not assign accountability with responsibility.

Nor do I think that the problems we have seen can be justified on any argument of efficiency. No one can tell you how much the Rogaine of two years ago cost, much less how PNWOF stands. No club would put up for a month with the nonsense WSOA regularly postpones for another two months.

I don't have any magic solution. It may be possible to reorganize WSOA. Personally, I would prefer for Cascade to leave WSOA. That doesn't mean that Cascade can't exchange schedule information and cooperate on joint ventures, such as the USOF Convention. In fact, it may make it easier to put together a group of people with common goals to work together. It does mean that what Cascade does will be done after discussion with those doing the work and accountability to those paying the bill. And if a formal organization is needed, it may be easier to start from scratch than to remake WSOA. Then again, I may be dead wrong. There may be good arguments for keeping WSOA as it is, and I am waiting to hear them.

Bruce McAlister

**Editor's Note:** Letters offering other points of view are welcomed. All letters will be printed, space available. If space is limited, letters may be edited.

## CASCADE CHATTER

compiled by Harvey Friedman

As usual, we'll start with positive roster changes as of 15 December 1990. Words of both thanks and welcome go to the following new or renewing club members: Lynn Barnes, Sean Beesley, Stanton Brown, Jim Davis, Don Denbo, Rick Donaldson, Glenn Gordon, Kathleen Flood, Tim Harris family, Steve Hoffman, Craig & Ginger Holley, Dan Klein & Katherine Wiebler, James Kraft, Carl McNabb, Peggy Olafson, Trish Olson & the school kids, Brad Payne, Bo Powell, Susan St. John, Dan Waugh family. If you all don't come to meets, you'll probably not see your name in the newsletter until the next time you renew; also, membership cards are only available in person at a club function such as regular meet, meeting, pot-O-luck, but not at any ski-O meets, nor night-O meets, nor canoe-O meets (unless you are lucky), nor training events, nor workshops. If you want to get your handsome membership card, contact the membership coordinator, me (Harvey), at a Cascade sponsored meet or at one of the above-mentioned happenings. I do not have blank membership cards with me when I attend other clubs' functions. If you move, don't forget to turn in a change of address card; you don't want your newsletter to be late (or lost).

Now on to the fun stuff...Wilson High of Tacoma teacher and school league O' coach Carl Moore married Linda just in time for both to go the U.S. championships back east. So anyone who was curious about the name Linda Moore of Nisqually O. in 4th place in her class at nationals, now you know...We again received an Xmas / New Year's card from IOF headquarters in Sweden, signed by President Heinz Tschudin, Secretary General Lennart Levin, and the office staff...Speaking of Lennart Levin, he wrote a 20 odd page eulogy on the 80th birthday of Bjorn Kjellstrom, co-founder of the Silva Compass company, and one who was instrumental in getting O' established in the US. Cascade O. C. founder Len Englund is working on the translation now and we hope he has it ready for us in a few weeks...Once again Brad Payne was the 1st one to renew his membership of those that expire at the end of the year. Brad has been too busy working to come to a meet in the last few years, but we are grateful for his continued interest and support...Anyone with time and the inclination to try O' in the Soviet Union, we received information about a cruise down the Dnieper River in the Ukraine with stops for 6 days of O' activities next 29 April-15 May. People wanting to go should probably FAX the application to the Soviet Union. It sounds like a great experience but an added flourish that some may want to try is the extra field trip for only \$300. You can fly to Chernobyl and take a tour of the nuclear reactor disaster area; your own protective suit and radiation counter will be provided. Anyone with questions about it can contact me for more information...To see if anyone reads this whole column, Anne & I are ready to expand again. After 6 month's without, we again would like to provide a good environment for a Siamese feline or 2. Talkative, affectionate, critters only...Now back to the sport...Orienteering is a sport of navigation, true, but it is more than just going thru the woods with a map; making new friends and renewing acquaintances with familiar faces are also important factors making O' the wonderful activity that it is. Families meeting families make for travel experiences to other countries that might be otherwise too costly to afford. Contact me if you need more information....If you want more news about people in the club, you'll have to tell me something or preferably write or scribble me something that is for this column since I have such a bad memory.

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### PNWOF MEET RESULTS -- TYPO CORRECTIONS

The official results of the PNWOF meet take 25 pages and evidently were a bit difficult to decipher because the results listed in the last issue of BEARING 315 had too many typos. I will try to list corrections and omissions of local participants here. Anyone wanting to see the full correct results, see me or phone me to arrange when you want it and/or if you want to make a copy. Please note that the results printed in Orienteering North America were unofficial and that despite my sending a computer disk with the correct results to Canada, the PNWOF part of the APOC90 7-days results is not entirely correct. I did send the correct 25 page listing to the chairperson of the USOF rankings committee so anyone concerned about rankings can be assured that they have the correct results.

In the last issue's results, it should been of the form:

place course name country (registration number) club day1time day2time, total (day1 day2 special cases).

The special cases are DNF- did not finish, DSQ - disqualified, DNS - did not start. Now the results should make more sense.

In H60A, Ken Lew had a DNF for day2, and Bruce McAlister should not have had a DSQ for day2; Bruce only went out on day1.

*continued on page 3 >>*

# Meet Results

## U.W. Campus - October 21, 1990

*Weather:* Rainy

*Courses:* Jan Vrana

*Meet Director:* Ardis Dull

*Registration:* Robert Stephens

*Start:* Ross Stevens

*Finish:* Bob Williamson, Robert Olsen

*All-around help:* Paul Bullard

### Course 1 (6 controls, 0.9 km)

Neva Yorkston 14:49

### Course 2 (13 controls, 2.8 km)

Harvey Friedman 34:15  
Marge Bone 40:49  
Neva Yorkston 42:15  
Troop 270 (leaders) 67:00  
Doug Cozby 78:00  
Troop 270 (Erick, Craig) 114:58  
Troop 270 (Golden Eagles) 123:13  
Troop 270 (Black Panthers) 136:45  
Kalin Cozby DNF

### Course 3 (16 controls, 3.8 km)

Mark Howlett 23:34  
David Tallent 24:35  
Bob Williamson 27:15  
Sean Olmstead 27:28  
Debbie Newell 27:53  
Mac MacDonald 28:15  
Robert Olsen 28:29  
Chris Olmstead 40:38  
Norm/Geri King 85:00

## Hamlin Park - November 17, 1990

*Meet Director:* Debbie Newell

*Course Designer:* Don Denbo

*Registration:* Eileen Breseman

*Start:* Dan Denbo and Debbie Newell

*Finish:* Ben Hall, Dave Petty, Debbie Newell

*Marker Pick-up:* Don Denbo, Ken Lew, Robert Miller

### Course 1 (5 controls 1 km)

Cathie Flood 10:38  
Joe/Ann Acton 12:19  
Tim Harris 13:10  
David Ranney 13:57  
Mark Christian 15:05  
Don Cannon & Family 20:40  
Smith/Wyff/Dugan 33:29

### Course 2 (9 controls, 2.9 km)

Susan St John 32:41  
Don Atkinson 33:42  
Dave Petty 47:13  
Harvey Friedman 47:30  
Bruce McAlister 50:38  
Virginia/Kevin Finney 53:03  
Dan Klein 53:13  
Don Cannon & Family 54:45  
Marjorie Bone 54:55  
Marty Sorenson 55:41  
Cathy Flood 64:38  
Oberloh 67:28  
David Soper 71:47  
Kathy Trost 76:28  
Denise Klein 81:05  
Steve Hoffman 88:55  
Mark Christian DNF  
David Ranney DNF

### Course 3 (11 controls, 4.5 km)

Mark Howlett 30:29  
Ben Hall 34:34  
Debbie Newell 35:01  
Rick Breseman 37:10  
Mark Hartinger 38:30  
Dave Lilly 39:37  
Eileen Breseman 46:05  
Sandy Kish Miller 49:03  
Ardis Dull 55:16  
Ken Lew 60:31  
Smith/Wyff/Dugan 73:29

## FarrelMcWhirter Park -December 8

*Meet Director:* Denise Klein

*Course Designer:*

*Registration:* D Klein, K Wiebler

*Start:*

*Finish:*

### Course 1

Kruning 11:43  
Morgan 15:30  
Melvin Rader 17:17  
Clark 22:58  
D & S Cisakowski 27:04  
Jones/Alquist 31:22  
Hopper 36:20  
Paton/Hagopian 41:00  
Carter 52:35

### Course 2

Kronin 18:13  
Carl McNabb 31:14  
Hoppe/Kryszak 32:12  
Lovell/Finney 34:05  
Madson 41:00  
Rader 42:17  
Harris 44:17  
Norm & Jerry King 49:02  
Sinclair DNF

### Course 3 (incomplete)

Nordland 30:43  
Beiland 31:00  
Moffett 40:57  
Truong 42:00  
Thai 42:23  
Clark 51:30  
Coryell/Martin 67:13  
Ahlaubi/Jones 70:44  
Higa/Parsons 82:40  
Dave & Willy Enger 83:19  
Morgan DNF

### Course 4

Mark Howlett 21:58  
Ben Hall 23:10  
Eric Bone 26:12  
Lund 27:07  
Mac MacDonald 27:30  
Mike Tharp 28:39  
Cahalane 29:12  
S Whaley 29:29  
Breseman 29:37  
Debbie Newell 30:03  
B MacDonald 31:44  
Rich Donaldson 31:59  
Sean Beesley 33:37  
Carl Moore 34:20  
Miner 35:12  
Harvey Friedman 36:28  
Bonds 38:00  
Frieden 43:11  
Nicholas Bone 43:20  
Linda Moore 44:30  
Don Denbo 48:12  
Jim Sissel 48:15  
Hicks 49:40  
Marjorie Bone 55:00  
D Klein/K Wiebler 57:13  
Boomu 65:15



# Schedule

Date/Time	Location	Type	Club	Map	Information
<b>JANUARY</b>					
Sat, JAN 5 10 - noon	Lower Woodland Park WIOL 2 N 50th Street entrance	C	COC	color 1:5,000	Dave Petty (206) 822-4223
Thurs, JAN 10 7:00 p.m.	Club Meeting University Branch, Seattle Public Library, Roosevelt Way at NE50th		COC		
Sat, JAN 12 10 - noon	Marymoor Park WIOL 3 Exit SR 520 at W. Lake Sammamish Parkway	C	SAMM	color 1:10,000	Dave Enger (206) 822-6254
Sun, JAN 13 11 - 1 p.m.	Trollhaugen Ski-O, Snoqualmie Pass (tentative check hot-line) Exit 62 on I-90, park in Sno-Park Lot (permit required)	S	COC	color 1:15,000	(206) 488-7471
Sat, JAN 19 10 - noon	Pt. Defiance Park, Tacoma WIOL 4 Exit 132 on I-5 to SR 16, 4 miles to Pearl Street exit, 3 mi N to Park	C	NISQ	color 1:10,000	Steve Miner (206) 752-7765
Mon, JAN 21 10 - noon	Pt. Defiance Park, Tacoma RAMBO 3 3 hr mini-rogame	Score-O	NISQ	color 1:10,000	Carl Moore (206) 858-8217
Sat, JAN 26 12 - 2pm	Camp Rilea on Oregon Coast, south of Astoria Approximately 6 miles south of Astoria, ocean side, on US 101.	C	CROC	color	Glen Cafferty (503) 281-5137
<b>FEBRUARY</b>					
Sat, FEB 2 10 - noon	NAD Park, Bremerton WIOL 5 SR 304 from ferry to SR3, S Kitsap Way exit, Park on north	C	NISQ	color 1:5000	Sean Olmstad (206) 697-4303
Sun, FEB 10 10 - noon	University of Washington WIOL Relay UW campus	C	WSOA	color 1:10,000	Jeff Coker (206) 321 1120
Sat, FEB 16 10 - noon	Seward Park, Seattle WIOL 6 Lake Washington Blvd S at Orcas	C	COC	color 1:10,000	Peter Golde (206) 883-3732
Sat, FEB 23 10 - noon	Bridle Trails State Park, Bellevue WIOL Championships 116th NE and NE 53rd, Kirkland	C	SAMM	color 1:10,000	Dave Lilly (206) 454-4136
<b>MARCH</b>					
Sun, MAR 3 10 - noon	Lake Tradition Park, Issaquah	C	COC	color 1:15,000	(206) 783-3866
Sun, MAR 10 10 - noon	Kelsey Creek Park, Bellevue Exit 12 from I-405 to SE 8th, cross Lake Hills Connector Road to SE 7th	C	SAMM	color 1:3,000	Dave Enger (206) 822-6254
Sat, MAR 23 10 - noon	Farrel/McWhirter Park, Redmond SR 520 to end at Redmond, Avondale Rd N 1 m, Novelty Hill Rd 1/2 m to Redmond Rd	C	COC	color 1:3500	(206) 821-6862
<b>APRIL</b>					
Sun, APRIL 7 10 - noon	Lynndale Park	C	COC	color 1:5000	(206) 783-3866
Sat, APRIL 20 10 - noon	Lake Sammamish State Park, Issaquah Exit 15 on I-90	C	SAMM	color 1:10,000	Dave Enger (206) 822-6254

## Club Key:

COC - Cascade Orienteering Club

EOC - Ellensburg Orienteering Club

NISQ - Nisqually Orienteers

WIOL - Washington Interscholastic Orienteering League

CROC - Columbia River Orienteering Club

SAMM - Sammamish Orienteering Club

WSOA - Washington State Orienteering Association

## COMING "A" MEETS AND SPECIAL EVENTS

February 16/17	US Ski-O Championships, Winona State Park, near Waterton NY.
March 9/10	Texas Championships, Bastrop State Park, about 20 m east of Austin.
April 6/7	New England Championships, Houghton's Pond and Powissett Peak.
April 20/21	West Point, Bull Pond map, West Point, N.Y.
April 27/28	US Intercollegiate, Yankee Springs State Park, Hastings, Michigan.
May 18/19	Kittitas Valley O Festival, Cle Elum Ridge, "B" meet.
June 26/28	USOF Convention, West Chester University, PA, about 30 m west of Philadelphia.
July 22/26	Swedish 5-day, Västmanland, west of Stockholm.
August 3/4	Colorado 2 day, Lake George, Colorado.
August 4/10	Scottish 6-day, Southwestern Scotland near Dumfries.
August 17	Washington State Games, Kirkland.
September 7/8	Moran State Park 2-day, "B" meet.
October 12/13	US Championships, Camp Lakewood YMCA, Potosi, Missouri
November 23/24	Western States Championships, Sunol Regional Park, Fremont, CA

**For the latest meet information, call the ORIENTEERING HOT LINE at 783-3866**

# COC OFFICERS AND COORDINATORS

Bruce McAlister	President (206) 821-6862
Peter Golde	Vice President (206) 883-3732
Ardis Dull	Secretary (206) 364-4062
Katie Sprugel	Treasurer (206) 365-8742
Mike Schuh	Executive Board (206) 783-3960
Glenn Gordon	Executive Board (206) 868-2975
Dave Petty	Executive Board (206) 822-4223
Denise Klein	Volunteer Coordinators (206) 322-7797
David Soper	Mapping Coordinator (206) 488-7471
Debbie Newell	Membership Coordinator (206) 784-2774
Harvey Friedman	Newsletter Editor (206) 328-1269
Dan Klein	Training Coordinator (206) 778-7202
Jim Siskel	Hot Line Coordinator (206) 634-2279
Marjorie Bone	Publicity Coordinator
Vacant	Equipment Coordinator (206) 488-0270
Don Atkinson	

## COC "C" MEET FEES

	b/w map	color map
Orienteering club members	\$2.50	\$3.00
Non club members	3.50	4.00
Novice (first time orienteering)	1.00	1.00
Families (regular fee for first 2 family members, \$1.00/person thereafter)		

Special events, such as the State Championships and "A" meets, have higher fees.

## Cascade Orienteering Club

### Membership Application

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Other family members \_\_\_\_\_

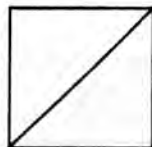
Club activities \_\_\_\_\_

Other interests \_\_\_\_\_

Membership Category	Yearly Fee
<input type="checkbox"/> Family	\$ 15.00
<input type="checkbox"/> Individual	10.00
<input type="checkbox"/> Associate (under 18)	5.00
<input type="checkbox"/> Newsletter Subscription only	6.00

Mail this form, along with your payment to:

Cascade Orienteering Club  
P.O. Box 31375  
Seattle, WA 98103



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