

# Bearing 315

The Newsletter of the Cascade Orienteering Club

September-October, 1991



## WASHINGTON STATE CHAMPIONSHIPS Two Day B-Meet at Moran State Park, September 7 and 8

by Rick Hood and Peter Golde (lonely meet crew)

The 1991 Washington State Championships will be held this year at Moran State Park on Orcas Island. Rick Hood will be the Meet Director and Peter Golde will be the Course Designer. Peter has designed four courses per day (blue, red/green, orange/yellow, and white). If you are wondering what Peter's courses are like just ask someone who ran at Drunken Charlie this July; the general consensus was that Peter's courses were clean, challenging and fun.

Although we are well on the way to having a great meet, what we need now to guarantee the meet a success and enjoyable is some more members willing to help out at the meet itself. Everybody who helps will be able to run both days if they want. We'd really like to have 6-8 people per day who would be willing to help for 1.5 to 2 hours. **Please call Rick at 367-2606 if you are willing.** Both Rick and Peter really appreciate it!

The Event Center will be at Mountain Lake Campground (Look for Rick's white van and the COC banner). Registration will be \$6 for one day, and \$10 for two days.. Maps will be two half maps.

### REVISED FALL/WINTER SCHEDULE

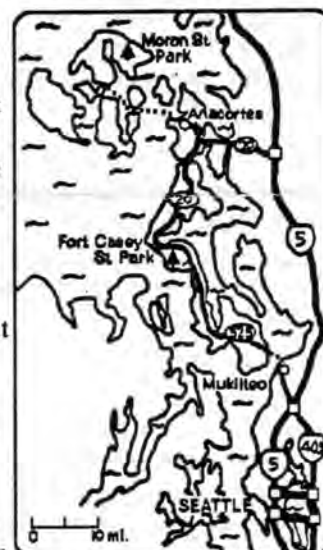
Oct 19	Ft. Casey (Whidbey Island)
Oct 26 (Samm)	Marymoor
Nov 2	Hamlin Park (night - O')
Nov 17 (Samm)	Forest Park
Nov 30	WIOL Clinic, Evergreen H.S.
Dec 7 (Samm)	Kelsey Creek - WIOL P2
Dec 14 (Brem)	NAD Park - WIOL P2
Dec 21 (Nisq)	Ft Steilacoom - WIOL I
Dec 22	Trollhaugen (ski - O')
Dec 29	St Edwards (bog-slog)
Jan 4	Seward Park - WIOL II
Jan 11 (Samm)	Island Crest- WIOL III
Jan 18 (Nisq)	Pt Defiance - WIOL IV
Jan 26	Stevens Pass (ski- O')
Feb 1 (Samm)	Forest Park - WIOL V
Feb 8	Woodland Park - WIOL Relay
Feb 15 (Nisq)	Priest Point Park - WIOL VI
Feb 22	Lake Tradition-WIOL Champs

On Saturday everyone must copy their own map during the 5min pre-start period. On Sunday, those who opted for the \$10 package, will get a pre-marked map. Further, Sunday will feature a modified chase start. (Saturday's results and Sunday's start times will be posted at the Event Center and Camp Orkila Saturday evening.) Purple championship, and 1st, 2nd, 3rd place ribbons will be awarded for each class. (Classes with less than 5 orienteers will be combined.) The awards will be handed out at Sunday's finish around 1pm. **If you want to stay or eat at Camp Orkila, call Dave Petty at 822-4223 ASAP.**

Remember this is the first of the Pig War III Challenge meets (Mt. Douglas is the second meet). We need a big turnout to make certain that we get the Pig War cup back.

Lastly, look for info regarding the MushBall Challenge I.

Additional information and ferry schedules are shown on the flyer included with this issue.



Site map - Ft Casey, Moran

### COMING MEETS:

#### FORT CASEY - Saturday, October 19

Fort Casey is an abandoned fort on the west side of Whidbey Island, about 25 miles north of Clinton on the Mukilteo ferry run. Fort Casey is always a popular meet location, and we expect a good crowd when we return to Fort Casey this October. This will be a standard Club meet, with a picnic afterwards.

#### HAMLIN PARK NIGHT-O - Saturday, Nov 2

If you've never been to a Night-O, this is your chance. Special, reflecting markers are used. Be prepared that there may be some "spooks" left over from Halloween that will make this a very exciting meet. Hamlin Park is about 160th on 15th NE (west of Lake Forest Park).

## US CHAMPIONSHIPS

The US Championships will be held October 12-13 (Columbus Day weekend) near Potosi, Missouri, about 100 miles southwest of St Louis. Registration deadline to avoid a late fee is September 28. Meet Fees are \$14/day (\$8 juniors), T-shirts are \$7.50. Camping is available in cabins at a Boy Scout camp adjacent to the meet site at \$5/night, and at several campgrounds. There are motels about 20 miles away. Entry forms are available in O/NA (August) and will be available at the Moran meet.

The US Championships are a highlight of the orienteering year, and we have usually had a good representation. With the possibility of low air fares (see box below), there should be a good attendance of COC members at the championships. Check with Bruce McAlister if you would like to coordinate housing and/or transportation.

### Air Fare Special:

**As of August 30, your travel agent could still register you in Northwest Airlines World Perks program and qualify for two coupons for two round-trips to St Louis at \$198 each. Northwest flies to St Louis via Minneapolis. Seats at this price are limited. It takes about 10 days to get the coupons, and tickets must be purchased by Sept 15, so hurry.**

## O' NOTES:

*by Ardis, Bruce and Harvey*

Northwest orienteers continue to travel. Seen at the Colorado Hi-O were Katie and Doug Sprugel, Brian Hart, Bruce McAlister and Fred Veler. Eric Bone missed some orienteering this summer while he was on a school field trip to Ecuador and the Galapagos Islands.

Returning to the Northwest are Pat Albright in September and Arne Skog is back fighting fires in Bellevue.

Len Englund, the founder of Cascade, is recovering from a bout of cancer surgery. We all wish Len a quick recovery. Other recoveries include Knut Olsen, whose knee is now back in shape, and Knut is planning on the nationals next month.

Nathan Tharp has been doing mapping for Sammamish and Nisqually this summer, and has mapped or remapped Forest Park, Big Finn Hill, Ft Steilacoom and Priest Point Park.

No weddings or births this month, but two adoptions in the Freeman/York household: Munchkit and Loki (siamese cats).

The Pacific Science Center has an orienteering related display from November - January. More in the next issue.

## POTLUCK AND GENERAL MEETING Friday, September 20

Potluck time is back! Set aside Friday, September 20 at 6:30 at Rick and Linda Hood's - 19708 15th NW. This is just east of I-5 just south of the county line. To reach Rick and Linda's, go north on 15th NW from 145th, or south from Ballinger Way. Turn at the Forest Creek Apartments on the east side of 15th. Follow "O" signs to the party room. Bring a suit for the hot-tub. Coordinate food with Linda at 367-2606.

There will be a short general meeting at the potluck to consider ongoing business, and review "how-they-ran" at Moran and Aspen Grove and the Rogaine

## Board Briefs

**July 11, 1991:** The Board met at Dave Petty's. B. McAlister, P. Golde, A. Dull, D. Atkinson, D. Petty, M. Schuh, D. Newell, H. Friedman, and R. Hood were present. Reports on past meets were made, and plans for Drunken Charlie, Woodland Park, Rogaine and Moran were reviewed. A mapping program was approved for Washington Park (Anacortes), Camp Hamilton, Evergreen H.S., and revision of the St. Edwards and Lake Tradition maps.

WSOA - The Board voted to support allocation of excess funds over \$500 to member clubs.

Voted that General meetings should combine social and business aspects and hold meetings in more social settings.

**August 8, 1991:** The Board met at Rick and Linda Hood's. Cascade has received a request to move the 1992 USOF Convention one week ahead. The Board agreed to the move.

WSOA - There was discussion of Cascade's relation to WSOA. The Board agreed to end all present COC assignments to the WSOA board as of September. New WSOA appointments will be made at the Board meeting in September.

Schedules - Board agreed to revised fall/winter schedule (see box on page 1)

**Next Meeting:** September 11 at Doug and Katie Sprugels. All members are always welcome at all Board meetings.

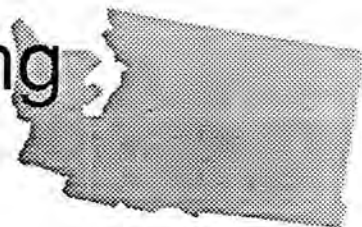
## WSOA NOTES

*by Bruce McAlister*

Cascade members proposed at the last WSOA meeting that by-law changes be submitted to the member clubs that would, in effect, remove major map production and sponsorship A meets as primary functions of WSOA. The proposal was defeated, and A meets and new maps remain primary goals of WSOA. I think the last thing northwest orienteering needs is one more organization collecting money, holding meetings and forming committees, making maps and holding A meets. What we need is more cooperation, fewer meetings, and stronger local clubs, but that remains a minority viewpoint.



Cascade Orienteering  
presents the



# *1991 Washington State Orienteering Championships*

A Two Day B-meet at Moran St. Park  
September 7 and 8.

**Location:** Moran State Park, Orcas Island. Day 1 registration will be at Mountain Lake Landing, with start about 1 km walk. Day 2 registration and start will be at the Little Summit on Mt. Constitution. Parking is limited to 10 cars at the Little Summit, so competitors should park at Mountain Lake Landing and carpool/shuttle from there.

**Map and Courses:** Moran State Park, 1989. IOF 1:15000, 5m contours. 4 courses, novice to expert. Courses are open to all competitors; novices welcome! All Washington State residents are eligible for the State Championships. Washington and B.C. residents will be scored for **Pig War III**, which will conclude on October 5, 6 at Mt. Douglas.

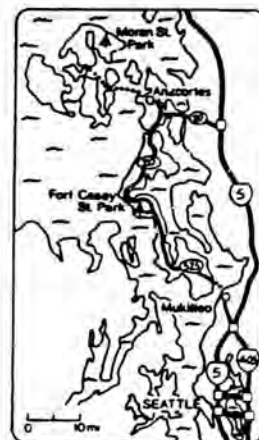
**Date and Time:** Saturday, September 7 and Sunday, September 8. Day 1 registration: 11:00-1:00, starts 12:00-2:00. Day 2 registration: 8:30-10:30, starts 9:00-11:00.

**Cost:** \$6 per day.

**Contacts:** Rick Hood, Meet Director: (206) 367-2606. Peter Golde, Course Designer: 883-3732. Dave Petty, Orkila arrangements: 822-4223.

**Accommodations:** Moran State park has camping sites available: first come, first serve; call Rick for more info. YMCA Camp Orkila has 8-person cabins available at \$25, and serves meals as well. Call Dave to make reservations early; no later than 8/31. Cottages, inexpensive "dorm-style" lodging, and sauna/hotsprings available at Doe Bay near the park: 376-2291.

**Directions:** Take Route 20 west from I-5 to San Juan ferry terminal at Anacortes. Take ferry to Orcas Island, then follow road signs to Moran State Park (15-20 minute drive from ferry). Ferry leaves Anacortes: Fri: 3:40pm, 6:10pm, 8:40pm, Sat: 12:20am, 5:25am, 6:05am, 8:30am, 10:45am. Ferry ride takes 1h 25m; those taking 10:45am ferry should be prepared to register and run *immediately* upon arrival at Moran. Return times, fares, Victoria sailings, and other ferry information available by calling (206) 464-2000, then pressing 5500 (touch-tone only). We encourage carpooling.





# MEET RESULTS

## Magnuson Park

May 22

Meet Director: Katie Sprugel/Denise Klein

Course Design: Eileen Breseman

The last of our spring Wednesday evening meets, was cold and rainy, but saw a good group, including two Girls Scout Troops - #1471 and #1730, who had been practicing orienteering, and had their first experience here on a real orienteering course.

Eileen Breseman designed the courses. Course 4 was a "Windows" course - instead of a regular map, each participant received a map which consisted of small circles or "windows" around each control location. This was the O-map for the course.

Those who braved the rain and the cold enjoyed a picnic afterwards

### Course 1

Debbie Newell/	20:15
Dave Tallent	
Jim Lady	26:39
Girl Scout Troop 1471/	26:52
Don's Group	
Girl Scout Troop 1471/#2	27:55
Sharon's Group	32:18
Beste/Chose/Menhorn	51:18

### Course 2

Dave Petty	32:26
Mark Thompson	43:12
Buell/Warden - T 1730	49:42
Kathy Wright	51:58
Jim Lady	53:13
Norm/Gerri King	61:14
Jessica/Jondel - T 1730	61:42
Fiona/Robin - T 1730	62:15
Katie/Aubrey - T 1730	66:43
Jennifer/Thea - T 1730	70:43

### Course 3

Dave Enger	23:24
Eric Bone/Noam Gundle	31:29
Bob Reddick	45:18
Jim Siscel	45:54
Nicholas Bone/Jim Hopper	57:00

### Course 4 (Windows Course)

Jeff Coker	23:02
Arne Skog	24:29

Rick Breseman	26:16
Peter Golde	33:35
Bob Williamson	40:45
Margie Bone	53:00

Bob Williamson	172:20
Dayle Lavine	245:00
Keith Horn	DNF
Don Atkinson	DNF
Carl Coger	OT

## Drunken Charlie Lake

July 13

Meet Director: Bruce McAlister

Course Design: Peter Golde

Timing: D. Tallent, C McNabb, et al

Marker Pickup: Sharp, Reddick

The promised rains never came, and the cool, cloudy weather meant another fine day at Drunken Charlie. Peter set the courses in the area north and east of Drunken Charlie Lake. Carl Coger's O-Van brightened the start area. Dave Enger came in just three minutes ahead of Victoria's Martin Pardoe on Course 5. Thanks to all who helped; your newsletter editor couldn't find the list.

### Course 1 (1.3 km, 6 controls)

Al Orenia	48:09
Mari McMahon/	68:42
Susan Koscak	

### Course 2 (2.1 km, 7 controls)

Sally VanderZee/	61:30
Eric Riggers	
Jim Horn	82:55
Dick/Berta Diesne	DNF

### Course 3 (2.7 km, 9 controls)

Carl McNabb	87:50
Ken Lew	91:56
Dana Dick Family	110:22
Glen Cafferty	128:00
Jim Siscel	137:20
Ross Hunt	147:00
Bob/Pat Reddick	DNF
Nancy Morrison	DNF
Iain/Isaac Dick	DNF
Nils Wright	DNF
Roger Sharp	DNF

### Course 4 (3.7 km, 11 controls)

Mac MacDonald	81:27
Doug Sprugel	118:24
Sandy Kish Miller	133:45
Ardis Dull	135:36
Rick Lavine	154:58
Harvey Friedman	171:26

### Course 5 (5.7 km, 14 controls)

Dave Enger	84:35
Martin Pardoe	87:41
Ben Hal	119:25
Dave Lilly	155:22
Steve Chatwin	175:00
Dave Tallent	179:08
Steve Miner	185:20
John/Paul Nitardy	187:25
Mike Schuh	DNF
Debbie Newell	DNF

## Woodland Park

August 11

57 participants

Meet Director: Ardis Dull

Course Design: Eric/Nicholas/Margie Bone

Course Setter: Bruce McAlister

Registration: Harvey Friedman

It was a warm and sunny Sunday morning as almost 60 orienteers returned to Woodland Park. Following the meet there was a picnic long into the afternoon.

### Course 1 (1.6 km, 8 controls)

Avery Family(3)	19:00
Paul Kish Family (5)	29:25
Connie Senescall et al (4)	29:47
Dieter & Laurie Plapp	33:45
Nick and Angela Tallent	37:26
Keith Hill et al (4)	41:05
Chuck and Linda Schaffer	50:30
Allison Boomer (2)	87:40
Eileen/Ryan/Kelsey Breseman	DNF

### Course 2 (2.7 km, 7 controls)

Ellen Boomer	23:20
Neil Smith (2)	32:04
J.E. Lawson	32:25
Jim and Greg Lavine	35:30
Pete Kynion (2)	38:32
Avery and Kish Families	46:45
Laura Adams Taylor	51:50
Plapps	58:30
Linda Hood (2)	60:15

# Membership Report

compiled by Harvey Friedman

## Course 3 (3.8 km, 16 controls)

Debbie Newell	26:50
David Tallent	31:15
Robert Miller	31:20
Eric Follett/Russ Caldwell	32:30
Fred Veler	38:17
Ken Lew	42:58
Sandy Kish Miller	46:04
Doug Taylor	46:20
Ralph Caldwell (2)	47:58
Eric Frieden	52:59
Brian O'Flynn	54:38
Gary Turk	69:19
Joe Amick Family (4)	96:40
Norm & Gerri King	97:32

As usual, we'll start with positive roster changes as of 28 August 1991. Words of both thanks and welcome go to the following new or renewing club members: Margie, Eric, & Nicholas Bone, Bonnie Brannon, Bettye Christian, Becca Crofton & Wayne McDonald, Ann Dacy, Mickey Fowler, John Giaever, Mary & Michael Kenny, Pat Kennedy, Norm & Gerri King, Israel Kloss, Amanda Kolehmainen, Pete Kynion, Eric Lawson, John Ledington, Bob & Suzy Lynch, Brad Miner, Carl & Linda Moore, Debbie Newell, Dot Newell, Brian O'Flynn, Elizabeth Prindle, Jessica Rykken, Joseph Schneider, Cabe Shepard, Mark Sinclair, Gail Smith & Craig Wyss, David Soper & Denise Klein, Bob Sunderland, Walt & Nancy Turley, Sid & Janet Whaley, Jerry Wilson, Mike Wilson, Bill Yost family.

If you want to get your handsome membership card, introduce yourself to the membership coordinator, me (Harvey), at a Cascade sponsored meet.. I do not have blank membership cards with me when I attend other clubs' functions. If you move, don't forget to turn in a change of address card; you don't want your newsletter to be late (or lost).

## IOF ADOPTS NEW CONTROL DESCRIPTION SYMBOLS

Several years ago the International Orienteering Federation adopted a graphic language to describe control locations. These symbols make it possible for an orienteer to understand the control descriptions regardless of the language he speaks. These are the symbols we use on the advanced and intermediate courses at most of our meets.

Recently the IOF adopted the following ne international symbols for course descriptions:

MOVE TO COLUMN G:

END - Moves from Column E to G

BETWEEN - Moves from Column C to G

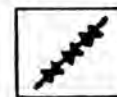


In Column D (the control feature)

HEDGE



PILE OF STUMPS  
, BRANCHES OR DEBRIS



POWER POLE

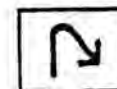


NARROW PASSAGE



In Column G (location of the marker)

RAZED OR WRECKED OBJECT  
(NOT YET A RUIN)



You can pick up a complete explanation of all IOF symbols at any Cascade Meet. All you have to do is ask.

## CATFISH



by Bollen & Peterman

# MEET RESULTS

## The Dancing Lady ROGAINE

It was a cloudless sky, but the temperature in the 30s held more than a hint of fall when 26 teams set out on the Dancing Lady Rogaine at White Pass, Saturday, August 24. This was COC's first Rogaine (the 1989 Rogaine was a WSOA event). Forest Service requirements to use the wilderness area posed constraints which limited the course design, and there were several less than optimally placed controls. Still, the area was spectacularly beautiful, offered great orienteering terrain, and minimal mosquitoes. All competitors finished with only three overtimes (although Mac and Karen MacDonald picked their own finish at Dog Lake), there were no injuries, and no lost teams. Glitches notwithstanding, everyone appeared to have a good run, with Alan Philip (VO) and Jim Traynor (CVOC) collecting all the controls in a little over seven hours (of the 8-hour Rogaine).

The Cascade Board will be considering whether to schedule Rogaines as regular features, or whether COC should schedule Rogaines at all. Preparing and running a Rogaine takes more time and effort than two or three regular orienteering events, and COC has no surplus of either volunteers or money. If a Rogaine is scheduled, what should be the time limit(s)? Should the site be a wilderness area or should an east slope area with logging, roads, etc. be used. Let your Board know your feelings.

### Dancing Lady Rogaine

August 24 8-hr, 4-hr 19 controls, 1000 pts maximum

Meet Directors: Bruce McAlister, Bob Reddick  
Course Setting: Kevin Finney, Anne York, Mark Howlett,  
Peter Golde, Dave Petty  
Registration: Rick Hood, Dave Petty  
Timing: Bruce, Dave Petty  
Marker Pickup: Bruce, Dave Petty, Eric Bone, Margie Bone, Nicolas Bone, Debbie Newell

4-Hour Novice	Time	Controls	Points
Scott Chisa	32h47m	4	280
Ellen Boomer			
Margie Bone	4h27m	4	253
Nicholas Bone			
Lynn Usciski			
Sandy Kerr	4h27m	4	253
Danny Kerr			
Becca Crofton	3h37m	3	180
Wayne MacDonald			

8-Hour M Open	Time	Controls	Points
Mike Tharp	7h5m	16	880
Nathan Tharp			

Name	Time	Controls	Points
John Nitardy	7h11m	12	740
Paul Nitardy			
Ben Hall	7h37m	12	740
Klaus Wersin			
Eric Frieden	7h41m	10	640
John Wilkerson			
Carl Coger	8h35m	10	605
Gar Fisher			
Eric Bone	8h22m	8	390
Steve Madsen			
Gary Turk	6h29m	5	280
Barnett Turk			
Glen Cafferty	7h38m	3	140
Terradan Landchild			

### 8-Hour W Open

Linda Hood	8h31m	6	125
Sandy Kish Miller			

### 8-Hour Mix Open

Kris Battistuzzi	7h15m	14	740
Brian Stott			
Carl Moore	7h24m	11	640
Linda Moore			
Mac MacDonald	8h0m	11	620
Karen MacDonald			
Debbie Newell	7h41m	11	600
Michael Kerr			
Ardis Dull	8h4m	10	560
Doug Sprugel			
Mike Fritz	6h46m	10	520
Vivian Benning			
Sid Whaley	7h49m	9	520
Janet Whaley			
Bobby Bonds	7h55m	10	480
Bertha Sullivan			
David Tallent	6h24m	6	300
Nicholas Tallent			
Angela Tallent			

### 8-hour Masters

Allen Philip	7h7m	19	1000
Jim Traynor			
Fred Veler	7h58m	17	900
Gerry Boren			
Rick Hood	7h47m	8	540
Robert Miller			
Bob Lynch	6h23m	4	200
Suzy Lynch			



# Schedule

Date/Time	Location	Type	Club	Map	Information
<b>SEPTEMBER</b>					
AUG 31-SEP 1	Western Canadian Championships Aspen Grove, B.C.	A	OABC	color	Ron Green 1:15,000 (604)224-6132
SEP 7/8	Washington State Championships, Pig War #1	B	COC	color	Rick Hood 1:15,000 (206)367-2606
12/2 Sat; 9/11 Sun	Moran State Park, Orcas Island				
Sat, SEP 14	Mt. Tabor Park - "Crater Fest"	C	CROC	b/w	Glen Cafferty (503)281-5137
12-2	Portland				
Sun, SEP 15	Riverside State Park, Spokane	C	EWOC	color	John Beck 1:15,000 (509)536-0650
1-2pm	At Camp Seven Mile - Mass start for score meet at 2:00				
Fri, SEP 20	Bi-Monthly Meeting - Potluck				
6:30 - ?	At Rick Hood's Hot Tub, 19708 15th NE (see story)				
Sat, SEP 21	Cle Elum High School Cle Elum	C	EOC	color	Will Sperry 1:15,000 (509)925-4716
Sat, SEP 28	Manito Park (by the picnic shelter)	C	EWOC	color	John Beck (509)536-0650
10 - noon	Spokane				
Sun, SEP 29	Lk Sammamish State Park	C	SAMM	color	Dave Enger 1:10,000 (206)822-6254
10-noon	Exit 15 on I-90				
<b>OCTOBER</b>					
OCT 5/6	Mt Douglas Park, Cordova Bay, 3 mi from downtown Victoria	B	VO	3 color	Carl Coger 1:10,000 (604)380-6562
12/2 Sat-11/1 Sun	Pig War #2				
OCT 12/13	US Championships, Camp Lakewood YMCA Potosi, Missouri	A	SLOC	color	Rhea Jacobs 1:15,000 (314)644-3735
OCT 12/13	BC Championships Savona, Six Mile Lake	B	CVO	color	Peter Smith 1:15,000 (604)748-3235
Sat, OCT 19	Fort. Casey State Park, Whidbey Island	C	COC	b/w	Bruce McAlister 1:5,000 (206)783-3866
10 - noon	Near Keystone, about 25 miles north of Clinton-Mukilteo ferry landing				
Sat, OCT 26	Marymoor Park, Redmond	C	SAMM	color	Dave Enger 1:10,000 (206)822-6254
10 - noon	Exit SR 520 at Lake Sammamish Parkway				
<b>NOVEMBER</b>					
Sat, NOV 2	Hamlin Park (North Seattle)	Night-O	COC	b/w	Bruce McAlister 1:7,500 (206)783-3866
6 - 8 pm	15th N.E; Entrance at about NE 160th				

## CLUB KEY

COC - Cascade Orienteering Club	CVO - Cowichan Valley Orienteers
SAMM - Sammamish Orienteering Club	SLOC - St. Louis Orienteering Club
EOC - Ellensburg Orienteering Club	VO - Victorienteers
EWOC - Eastern Washington Orienteering Club	CROC - Columbia River Orienteering Club
OABC - Orienteering Association of British Columbia	

## COMING "A" MEETS and SPECIAL EVENTS

September 28/29	Troll Cup, Upton, MA
October 19/20	Heartland Championships, Kellings Lake S.P., Campbellsport, WI
Nov 2/3	US Long-O and 2-day Individual, Letchworth S.P., New York
November 23/24	Western States Championships, Sunol Regional Park, Fremont, CA
December 29	Bob Slog, St. Edwards State Park, Bothell

COC continues to rely upon a small and dedicated group for meet directors and course designers. With a club membership of about 150 and only about 15 events per year, one should only have to be a meet director once every 10 years or so. So, sign up now and rest for 9 years. We have how-to-do-it manuals, and people to help, so let's get a few more volunteers to help out.

Denise Klein (322-7797) is our Volunteer Coordinator, and will be happy to take your name and line you up with a job in need of a volunteer.

**For the latest meet information, call the ORIENTEERING HOT LINE at 783-3866**

# **COC OFFICERS AND COORDINATORS**

Bruce McAlister	President (206) 821-6862
Peter Golde	Vice President (206) 883-3732
Ardis Dull	Secretary (206) 364-4062
Katie Sprugel	Treasurer (206) 365-8742
Mike Schuh	Executive Board (206) 783-3960
Glen Gordon	Executive Board (206) 868-2975
Dave Petty	Executive Board (206) 822-4223
Denise Klein	Volunteer Coordinators (206) 322-7797
Dan Soper	Mapping Coordinator (206) 488-7471
Debbie Newell	Membership Coordinator (206) 784-2774
Harvey Friedman	Newsletter Editor (206) 328-1269
Dan Klein	Trim Course Coordinator (206) 778-7202
Jim Siscoel	Hot Line Coordinator (206) 634-2279
Margie Bone	Publicity Coordinator
Vacant	Equipment Coordinator (206) 488 0270
Don Atkinson	

## **COC "C" MEET FEES**

	b/w map	color map
Orienteering club members	\$2.50	\$3.00
Non club members	3.50	4.00
Novice (first time orienteering)	1.00	1.00
Families (regular fee for first 2 family members, \$1.00/person thereafter)		

Special events, such as the State Championships and "A" meets, have higher fees.

## **Cascade Orienteering Club**

### **Membership Application**

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Other family members \_\_\_\_\_

Club activities \_\_\_\_\_

Other interests \_\_\_\_\_

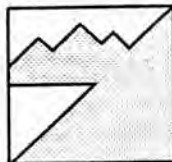
#### **Membership Category**

#### **Yearly Fee**

- |                          |                              |          |
|--------------------------|------------------------------|----------|
| <input type="checkbox"/> | Family                       | \$ 15.00 |
| <input type="checkbox"/> | Individual                   | 10.00    |
| <input type="checkbox"/> | Associate (under 18)         | 5.00     |
| <input type="checkbox"/> | Newsletter Subscription only | 6.00     |

Mail this form, along with your payment to:

Cascade Orienteering Club  
P.O. Box 31375  
Seattle, WA 98103



Cascade Orienteering Club  
P.O. Box 31375  
Seattle, WA 98103  
(206) 783-3866

*Has your membership expired?*

*If the label is marked with yellow, the answer is yes*

**FIRST CLASS POSTAGE**

**ADDRESS CORRECTION REQUESTED**