

# Bearing 315

The Newsletter of Orienteering in the Pacific Northwest

May/June 1999



## Our Perspective

Our focus has always been on hosting a top-notch yet fun orienteering festival. After some additional feedback, we have redesigned our event to better meet this goal and your interest.

## Event Overview

Friday's event will be on COC's Teanaway Forks map, which was produced in 1997-98 for the 1998 US Classic Course Championships. Friday will be a stand-alone A-meet. Lick Creek, with the map also produced in 1997-98, is the venue for COC's Saturday's event, which is day one of the two-day combined time event. On Sunday, Sammamish OC will serve as the host for the final day of the two-day combined time event. This will take place at Bullfrog Pond. This map was produced for the 1995 Western State Championships. Our course setters for the festival are Peter Golde, Don Denbo, and Jan Urban, respectively. Lastly, while all of the venues are runnable, each offers a different feel under foot and to the orienteer's eye.

## The Terrain - A visual approach

Pictures of the terrain are located on the event website (address is listed below). We are also placing representative areas of each map at this site. All maps are 1:15,000 scale with 5-meter contours.

## Course Options, Classes, and Awards

The complete USOF course and class selections are offered each day. For classes with 5 or more competitors, medals will be awarded to the top three finishers of the Saturday/Sunday combined time event.

## In This Issue:

Upcoming Events .....	1
Training .....	3
Letters .....	3
Meet Results .....	3

Copyright 1999, Cascade Orienteering Club. Permission is given to reproduce for the promotion of orienteering. Bearing 315 is published six times each year by Cascade Orienteering Club. Submissions for the next issue must be received by June 25, 1999. Send submissions to Don Denbo at [dwd@halcyon.com](mailto:dwd@halcyon.com) or mail to 2138 N 186th St., Shoreline, WA, 98133.

Cascade and Sammamish Orienteering Clubs  
would like to extend a special invitation to the three-day

## 1999 Pacific Northwest Orienteering Festival

this July 23-25, at Cle Elum, WA

## Start Times

Start times on each of the three days are scheduled between 9am to 11am, partly in an effort to reduce the warm summer weather complications. Start times will appear on the event website a few days before the event.

## Registration and Contact Information

Event website <http://students.washington.edu/run/pnwof99>

Meet Directors:

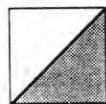
Friday: Rick Hood, 425-640-8134, [rickhood@gte.net](mailto:rickhood@gte.net)

Saturday & Sunday: Dave Tallent, 425-488-3691, [dtallent@gtmail.net](mailto:dtallent@gtmail.net)

Make checks payable to "COC" and mail completed entries to:

Bill Cusworth, PNWOF Registrar  
7811 3<sup>rd</sup> Ave NW  
Seattle, WA 98117-4006

The Registrar can also be reached at [bill3@halcyon.com](mailto:bill3@halcyon.com); 206-789-1346.



## Upcoming Events

### Washington State Orienteering Champs June 5-6, 1999

### Brooks Memorial State Park Goldendale, Washington

The site of the 1998 NIKE World Masters Games orienteering competition this year welcomes the Washington State Orienteering Association championships, hosted by the Columbia River Orienteering Club. This two-day "classic" event will feature competitors from all around the Northwest.

The event site, generously made available by Boise Cascade, was mapped in 1997 by George Kirkov. Being on the dry side of the Cascade Mountains, and on the edge of the high desert, this "yellow pine biotic zone" includes second growth ponderosa pine and oak forest, with some meadows. It's quite open and runnable and should be fairly fast. The main hazards are possible high temperatures and ground covered with small loose vol-

canic rocks from ancient Cascade eruptions. Meet director Glen Cafferty says that water will be on the courses but everyone would be well advised to carry their own.

### Registration

Deadline for entries is May 15. Please submit your entry by May 15 to avoid the late fee. If you E-mail your registration before May 15, you have until May 28 to mail the signed waiver and the entry fees. Contact Peter Kehoe at kehoep@pacifier.com or Glen Cafferty at 360-253-5129 for entry forms.

### Meet Information

Awards will be given out to the top finishers in each class based on the combined two-day total time. In addition, the Washington State Champion will be awarded the top finisher from Washington in each class.

A non-competitive Maphike class will be available for groups or individuals on the White, Yellow and Orange courses.

### How To Get There

From Portland:

Drive east on Interstate-84 beyond The Dalles to US Highway 97 (exit is 96 miles from the I-84/I-205 interchange). Drive north on Highway 97 26 miles to Brooks Memorial State Park.

Or take the scenic route, about the same distance as the I-84 route but on a slower highway: Drive east on Washington Highway 14 to Washington Highway 142 (70 miles east of the I-205/Hwy 14 interchange in Vancouver). Drive north on Highway 142 through Klickitat then east to Golden-dale (35 miles). Turn north on US Highway 97 and drive 11 miles to Brooks Memorial State Park.

From Central Washington:

Drive south on US Highway 97 to Brooks Memorial State Park, 35 miles south of the intersection of US Highway 97 and Washington Highway 22 in Toppenish.

## Newcastle Island May 29 and 30, 1999 A Two Day B Meet

1998 was the first time in 23 years that there was no orienteering on Newcastle Island.

## WELL, WE ARE BACK IN 1999.

The Newcastle Island map (1996) is a 5 colour, IOF standard; 1:10 000; 5 metre contour map. Expect a little bush, a lot of open forest, some detailed terrain and lots of rock features.

Course Planner: Steve Chatwin  
Meet Director: Marvin Eng

### Starts:

1:00 - 3:00 pm, May 29  
10:00 - 11:00 am, May 30.

### Courses, Categories & Awards

Hey, this is "just" a B-Meet. We will offer 5 courses each day. There will be no pre-drawn maps so you, and the runners you like to compete against, can have a look at the master maps and pick the one you like. There will be awards for the best male and female 2-day total time on each course. The only wrinkle is that course 1 and course 2 awards will only be given to people under 13 and under 15, respectively.

### To Pre-Register

Contact Marvin Eng [(250) 652-9115 or eng@islandnet.com] or send a cheque (payable to the Victorienteers) to 7268 Veyaness Rd, Saanichton, BC, V8M 1M2. If you pre-register by phone or E-mail and don't show up you go on the "bad person" list.

The deadline is Friday, May 21, 1999

### Saturday Social

Why pre-register for a B Meet? Because this year we are returning to a Newcastle "tradition" - the oyster dinner on Saturday night. For \$5 you get oysters cooked the outdoorsy way, corn on the cob, Caesar salad, and a bun. But we need to know how many oysters to buy. So please pre-register (you also get a break on the meet fees - see below).

### Fees

Per day for members (VO, COC, USOF):

	On Site	Pre-Registered	Oyster Dinner
Adults (20+)	\$10	\$8	\$5
Juniors	\$5	\$4	\$3
Family	\$20	\$16	\$15

Non-members add \$2 per person per day.

### Accommodation

Group camping will be available. Follow the signs once you get off the ferry to Newcastle Island. (\$2 per person per night collected on site). Motel/Hotel accommodation is available in Nanaimo (phone 1-800-663-7337).

### To Get There

From Departure Bay (Vancouver ferry) turn left onto the old Island Highway, to downtown Nanaimo, and left at the first set of lights onto Comox Rd. From Victoria go all the way through downtown and turn right onto Comox Rd. Once on Comox Rd. take an immediate left into the Civic Arena parking lot. The ferry to Newcastle Island leaves from the east end of the parking lot (plus a bit of walk); there are directions and parking instructions when you enter the parking lot. Departures are hourly on the hour from 10:00 am to 7:00 pm- \$4.75 adults, \$3.75 children and seniors; round trip.

## 1999 Classic Distance US Orienteering Championships

A two-day USOF sanctioned A-meet  
September 25 and 26, 1999

### Lake Tahoe-Nevada State Park at Spooner Lake

The Lake Tahoe basin, located in the center of the Sierra Nevada mountain range, is one of the most scenic areas in the United States. The Lake Tahoe-Nevada State Park at Spooner Lake, located on the eastern side of the basin, overlooks all of Lake Tahoe and the mountains that surround the area. The park is an alpine fir forest with scattered small clearings, few trails, lots of rock features, and lots of boulder fields to challenge your navigational skills as well as those of your competitors. At 7000 feet in elevation, the occasional views will be stupendous, the forest will be mostly open and runnable, you'll find no poison oak, and nobody has seen rattlesnakes anywhere in the basin.

In late September, the average mean high temperature is 65 degrees and the mean low temperature is 44 degrees with a minimal chance for rain or snow. Still the weather in the Sierra is variable and often unpredictable-so be prepared for anything from 80°F in the sun to freezing temperatures in the snow.



The map you'll use is the first IOF-standard map used for an A-meet in Nevada. This US Championships will be the first use of this map. You've seen the forests if you've watched Bonanza on TV (filmed just four miles from Spooner Lake).

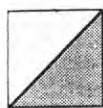
### Courses/Awards

This event includes all standard courses for USOF classes. There will also be recreational courses (WYO), beginner's clinics, and Start-O courses on both days.

### How to Register

To register by mail, use a standard USOF entry form (available in the Jan. issue of ONA or on the BAOC web site <http://www.baoc.org>) and send it with your check (payable to BAOC) to: Marsha Jacobs 501 Roosevelt Blvd., Half Moon Bay, CA 94019-1341 650-726-6636 (9am-9pm Pacific time only)

To register by e-mail, include your registration information (follow the form) in an e-mail message and send it to [marsha@batnet.com](mailto:marsha@batnet.com). Be sure to mail your check (payable to BAOC) to the above address. Your registration is not complete until BAOC receives your check. Register by September 1 to avoid paying a late fee.



## Training

Harvey Friedman

### Producing a Local O' Meet — Event Administration Class — a Practical How-To

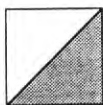
Cascade Orienteering Club needs more people willing to be involved in furthering our sport. This course is a good opportunity for newcomers, or long-time club members to learn what is involved, and to meet people who you might have only seen in the woods.

As a certificated Level 1 & 2 COF controller for the past ten years, I propose a course to instruct Cascade members on what is optimal for a local meet, including preparation, publicity, meet workers (number of, and specific duties for each), post meet cleanup, post meet results, publicity, etc.

I will put together information from the USOF club binder, the COF Level 1 controller's course, Debbie Newell's manual for local meet directors, and the over 15

years of experience I have had organizing O' events locally and participating locally, nationally, and internationally.

To make sure everything has time for questions, only the first ten people will be accepted for this class. Handouts will be provided at my copying costs, probably less than \$2. Phone me evenings between 6:30-9:30 at 206-784-2774 to sign up or for more information and to select a date mutually agreeable for the majority of students and for me.



## Letters

### Newcomer's Experience

Hey, well I was finally able to attend an orienteering event. I went to the newcomers meet at Woodland Park yesterday. I had a great time and was glad that I was able to receive some help and instruction from some of the people putting on the event (you included). I even joined the club when I finished all three courses.

Thanks again!

Douglas Williams

### Where's My Map?

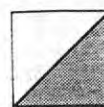
(reprinted from ONA)

Dear ONA,

In November 1977, I traveled with Tony Byrne of Vancouver to Eugene, Oregon to take in what was billed as a two-day A meet (the first in Oregon). As I recall, the terrain was all right, but the meet quality was not the greatest. One peculiar aspect of the meet was that the meet organizers never did hand back the maps after collecting them on the second day, and I have wondered about that ever since. Can any of your readers help me out by recalling details of the infamous meet — such as who some of the organizers were and where I might be able to track down a copy of the map, if any exist? I would gladly pay for a color copy of the map if anyone has a copy of the original. It was a color map. I can't recall the name of the area but I think it was right on the outskirts of Eugene, to the southeast.

Thanks.

Ross Burnett, 190 Rainbow Rd  
Whitehorse, Yukon Y1A 5E2, Canada  
phone: 867-667-5030, fax: 867-393-6213



## Meet Results

### Bennington Lake

March 21, 1999

Walla Walla, WA

Sacajawea Orienteers (SACO)

Meet Director and Course Setter: Frank Skorina  
Control Pickup: Steve Rapp  
Participants: 17

That weather can bite. After such a nice Saturday that I even got sunburned, Sunday was cloudy, then windy, and then rainy. It did not clear up until control pickup time. Nevertheless, the hearty were there, braving our first meet of the season.

Despite the weather, this is actually a great time of the year for orienteering. Vegetation has not had a chance to proliferate so it is easy running through the grasses. As the first meet of the year, I made the courses a little on the short and easy side, and with long legs on the advanced course. I gave the option of a super long course by combining the long and medium courses, but did not have any takers.

Greg VanDonge became a SACO member last week just after our schedule mailing, without having participated in a meet, so he thought he should try one this weekend. He went out with his son and his son's pal. They liked it so much that they decided to go out again, this time with the addition of Greg's daughter from Independence, OR and her man.

Simultaneous to our event was mounted orienteering, as in horses. In MO, participants use a copy of a USGS map with a number of large, 200-300 meter circles on it. Somewhere, not necessarily in the center, is a paper plate that can be seen on horseback that participants are searching for. For each circle there is also a set of three clues. One clue may be "17 degrees from the tall tree with the woodpecker holes." The intersection of the bearings of these three clues give the location of the paper plate. We saw about 20 sauntering ponies and even gave out a couple of schedules to the friendly, wet riders. No collisions between the groups of orienteers were reported.

### Beginners (Short), 1.8 km, 7 controls

Greg and Daniel VanDonge, Hayden 44:45  
Rapp

Steve, Kally, Maya Rapp 49:35

### Intermediate (Medium), 3.0 km, 8 controls

Darci, Dan, & Zak Hamilton, Donna 65:22  
Kennedy

Greg and Daniel VanDonge, Hayden 70:16  
Rapp, Sara VanDonge and Bill Ross

Curt & Nate Yoder, Erik Skorina 74:57

### Advanced (Long), 4.6 km, 9 controls

Sonny Elsasser 54:33

Ivar Husa

67:50

## Sacajawea Park March 27-28, 1999 Pasco, WA

Sacajawea Orienteers (SACO)

Meet Directory, Course Setter, and Reporter:  
Ivar Husa

We had a great weekend for orienteering at Sacajawea Park. We had an excellent turn out, 32 participants, with four people running two courses. The weather was on the cool and windy side, but wound up on Sunday with light wind, overcast and temperatures in the 50's. That is pretty near ideal for a runner.

We put out our usual beginner, intermediate, and advanced courses, with the same courses both Saturday and Sunday afternoons. We tried to make it as easy as possible to participate. Several bald eagles were spotted, and one golden eagle with a 2+ meter wingspan. (Advanced course time includes time to copy course)

### Beginner Course 1.9 km 7 controls

Torey Boha	0:36:30
Andrew Marr	0:45:30
Steve, Diana, Emily Shankle and David Freund	0:46:00
David and Steve Goheen	0:47:30
Kyke Pollington	0:48:30
Annyce LeMaitre	untimed

### Intermediate Course 2.9 km 8 controls

Michel Billaux	0:27:48
Bob and Laurie Gruel	0:48:00
Rick and Michael McCain	0:48:05
Bill and AJ Rutz	0:48:32
Steve and Andy Weakley	0:48:32
Christine LeMaitre, Nicole Courmac, and Liliane Billaux	0:49:40
Todd, Richard & Jessica Brown	1:03:00
Geoff Pollington	1:05:00
Zak, Darci, and Dan Hamilton	1:05:40
Torie Bohan & Kyle Pollington	1:10:00
Phillip Schmitten, Jane Alderson	1:22:39

### Advanced Course 3.4km 13 controls

Frank Skorina	0:31:22
Michel Billaux	0:45:45
Bob Gruel	0:46:30

## Howard Amon Park April 10, 1999 Richland, WA

Sacajawea Orienteers (SACO)

Meet Director: Ivar Husa  
Course Setters: Steve Weakley and Ivar Husa  
Registration, Start, and Finish: Peggy Higham

Participants: 29

The fine, sunny weather brought us a large, patient group of participants. This was an intro-level event in a city park with three courses. We re-marked maps, allowing partic-

ipants to cover all three courses at the bargain price of \$3. That's \$1 per course—call us the Earl Scheib(1) of Orienteering. This format resulted in more "course participants" than any other SACO event. Nearly everyone ran all Weakley's courses, for a total distance of 4.6 km, in his course setting debut.

Many efforts have been made in the recording and compilation of these results. If you believe there is an error, please E-mail me and I will correct them lickety-split.

(1) Earl Scheib are the guys who pelted the airwaves a number of years ago with offers to paint your car for something like \$20.

### Short, 7 controls, 0.6 km

Frank Skorina	4:00
Brendon Higham	4:12
Nick Robertson & Mason Hymas	5:26
Robert Mason & Garrett Eskelsen	6:05
Andrew Weakley & Mark Scopa	6:14
Gene, Chris, & Andy Campbell	7:52
Randell and John Cobble	9:36
Seth and Dale Higham	10:02
Robin Bates & Jessica Cole	10:05
Brian and Tanner Cummings	10:23
Bill Rutz	10:23
Nancy Wilkins	11:52
Matt & Frank Skorina	12:51
"Nancy, Jim, & Kaethe Pinnell"	15:30
Addison and Alexis Rutz	unknown

### Medium, 9 controls, 1.4 km

Frank Skorina	8:25
Brendon Higham	8:42
Robert Mason & Garrett Eskelsen	9:50
Gene, Chris, & Andy Campbell	12:27
Andrew Weakley & Mark Scopa	13:20
Seth and Dale Higham	18:37
Robin Bates & Jessica Cole	20:34
Randell and John Cobble	21:40
Nancy Wilkins	23:00
Nick Robertson & Mason Hymas	23:27
Nancy, Jim, & Kaethe Pinnell	25:40
Brian & Tanner Cummings, Bill Rutz	30:52

### Long, 13 controls, 2.6 km

Adam Fyall (Second attempt)	14:50
Frank Skorina	16:01
Adam Fyall (First attempt)	16:36
Brendon Higham	18:30
Gene, Chris, & Andy Campbell	22:40
Randell and John Cobble	24:28
Garrett Eskelsen	28:40
Seth Higham	33:12
Andrew Weakley & Mark Scopa	34:02
Robin Bates & Jessica Cole	34:13
Philip Schmitten & Jane Alderson	34:41
Nancy Wilkins	41:09
Nick Robertson & Mason Hymas	50:14

## Woodland Park April 10, 1999 Seattle, WA

Cascade Orienteering Club

Eric Bone: Instruction/Marker Pick-Up  
Bill Cusworth: Finishes/Equipment Support

Ardis Dull: Registration  
Harvey Friedman: Starts  
Rick Hood: Meet Director/Course Designer  
Bruce McAlister: Refreshments/Finishes  
Robert Miller: Course Vetter/Marker Hanger  
Debbie Newell: Instruction  
Dave Petty: Accounting  
Dave Tallent: Instruction  
Kevin Welton: Registration/Marker Pick-Up

We had a good Newcomers' event thanks to both a strong turn out of first time orienteers and willing meet staff on Saturday the 10th of April at Woodland Park. (Having it NOT rain didn't hurt either.)

I heard from Scott Drumm the CROC had a super Newcomers' event in the Portland area as well, drawing about 130 individuals.

What follows is an listing of those that helped and those that participated at COC's Woodland Park event. Thanks to one and all!!!

### Event Participant List

(Participants completing multiple course are indicated in parenthesis, based upon punch card results.)

Bill Allemann (3)	Anton Kravchur
Tony Amort	Christoph Krumm (2)
David Anderson (3)	Niklas Krumm (2)
Melissa Anderson (3)	Tony Latham (3)
Michael Anderson (3)	Brandon LeBlanc (3)
Dan Arder (2)	Cary Leech (3)
Kathy Arder (2)	Lynn Leech (3)
Tara Arnold (3)	Ken Lew (2)
Ryan Bamford (3)	Jeff Lindner (3)
Kelly Beeken (2)	L. Loty
Miranda Bera (2)	Will Lydia (3)
G. Borries	Ryan Martinez (3)
Eric Bone (3)	Nick Matveen (2)
Marie Borron	Cindy Merritt (3)
Piper Bosmore	Kyle Miller
Brownie Troop 1298 #1	Sean Monrith
Brownie Troop 1298 #2	Fionnuala M.
Keri Bruce (3)	Joshua Mount
Lindsey Bruce (3)	Debbie Newell (3)
Lisa Bruce (3)	Duny Nguyen (2)
Lisa Buetlich	Tom Nordtvedt (3)
Joan Burton	John Obermoltzer
Brian Butters (2)	Kenny Obermoltzer (2)
Hannah Campbell	Carrie Olsen (2)
Michalle Campbell	Jan Park (3)
Richard Campen (3)	Tia Paz (3)
Richard Carlisle	Tasha Perkins (3)
Anthony Castano (3)	Stephanie Phil (2)
Todd Chane (2)	Gerde Pope
Nate Conley	Matkin Pope
Brian Davis (3)	Michael Pope (3)
Laura DeBerry (3)	Pike Pope
Don Denbo (3)	Adam Quante
Mike Deptuch (3)	Joe Quante
Dan Diamond (3)	Josh Quante
Josh Diamond (2)	Alen Ramsey (3)
Sarah Diamond (3)	Ian Richards (3)
Nate Diretro	Paul Richards (3)
Ardis Dull (3)	Nicholas Roberts
Dave Dummeyer (2)	Cory Roberts
John Flatrond	Keith Schendel
Chris Gardne (3)	Ethan Sherard
Rex Garrett (3)	Karen Sherard

Chtherin Hawks (3)	G. Shimarn
Jeremy Hawks (3)	Elliott Sibley (3)
Evan Hayes (2)	Marie Sorenson
John Heuriksen	Larry Sorrenson (2)
Sandy Heuriksen	Thomas Spaulding (2)
Carrie Houchins-Witt	Bethanny Trout
Corey Houchins-Witt	Matthew VanGuilder
Gayer Ishimaru (3)	Fred Veler
Kyle Johnson (2)	Jeff Watson
Brian Keefe (3)	Shannon Weiler
Caitlin Keith	Peter Wells (3)
Nora Keith	Kevin Welton (3)
Lorna Kline-Trout	Channey Wenner (2)
Aster Koch (3)	Douglass Williams (3)
Kathleen Koch (3)	Kean Williams (3)
Kevin Koch (3)	Carol Williard (3)
Kristina Kopp	Emmett Woods

### Pioneer Park April 11, 1999 Walla Walla, WA

Sacajawea Orienteers (SACO)

Meet Director: Frank Skorina  
Course Setters: Darci and Dan Hamilton,  
Frank Skorina  
Map Copying: Sonny Elsasser  
Instruction: Ivar Husa  
Control Pickup: Midge Crawford, Kit  
Crawford, Tom Kelleher

Participants: 27

The weather again cooperated for the second day of the orienteering newcomers' weekend for several clubs in the northwest. The turnout was almost as good as yesterday's meet at Howard Amon park, thanks to Scott Shafer and 12 of his students from his sophomore physical education course at Walla Walla Valley Academy.

None of Shafer's athletic students could top the pair of Pete Crawford, Jr. and John B. The Crawford family have been trying to get to a meet for perhaps years, made up for lost time by running a total of 13 courses. But the Pete and John pair could not beat Sonny Elsasser on the long course. He left his "cowboy boots" at home today and ran with hiking boots, smiling and waving each time the long course passed by the start/finish table.

A special thanks to Darci and Dan Hamilton who set their first courses.

#### Short, 6 controls, 800 meters

Pete Crawford, Jr.	3:21
John B.	3:21
Mackenzie Craik	4:20
Matthew Litchfield	4:20
Ryan Allen	4:20
Ericka Lee	5:10
Kara Flerchinger	5:10
Matthew Shelden	5:11
Kris Luke	5:11
Ammy Bechtel	5:46
Jenny Tillay	5:46
Pete, Midge, Kit Crawford	5:53

Scott and Kelsie Shafer	6:39
Tom Kelleher	6:42
Ryan Guerra	8:12
Jenny Stewart	8:52
Jennifer Claussen	8:52
Donna Kennedy and Zak Hamilton	13:46

#### Medium, 8 controls, 1300 meters

Pete Crawford, Jr.	6:34
John B.	6:34
Tom Kelleher	7:06
Mackenzie Craik	7:30
Matthew Litchfield	7:30
Ryan Allen	7:30
Matthew Shelden	8:24
Kris Luke	8:24
Ryan Guerra	8:24
Midge & Pete Crawford	9:37
Kit Crawford	10:38
Ericka Lee	14:05
Kara Flerchinger	14:05
Ammy Bechtel	18:50
Jenny Tillay	18:50
Scott & Kelsie Shafer	19:23
Andrew Crawford	19:51
Erik Skorina	19:51
Courtney Kelleher	20:26
Jenna McCauley	20:26
Jenny Stewart	20:27
Jennifer Claussen	20:27
Donna Kennedy	26:30

#### Long, 8 controls, 2200 meters

Sonny Elsasser	14:51
Pete Crawford, Jr.	20:16
John B.	20:16
Kit Crawford	21:37
Midge & Pete Crawford & Matthew Skorina	25:12

### Wallula Junction April 18, 1999 Pasco, WA

Sacajawea Orienteers (SACO)

Course Setter and Reporter: Ivar Husa  
Control pickup, Rick McCain, Bob Gruel,  
Frank Skorina

'Twas a lovely day in the field (high overcast, temperatures in the 70's) for the 14 ambitious orienteers. The complex surface features and a map that is 'rough' in places gave participants on each course navigational challenges. Rough map? Well, certain areas were inaccessible swamp when mapping took place 2 years ago, and much if it was mapped as 'fight', and is now navigable. This event used some of this terrain, so there was an element of 'unknown' that is usually missing (on a good map!).

Two 'second-time participant' families liked the event well enough to join the club. Welcome to the Rick McCain family (with Mike) of Richland and Pete Crawford family (with Kit) from Walla Walla. Rick and Mike were the only ones to run both the Intermediate and Advanced courses. Rick edged son (Mike) by 8 minutes on the combined total. Maybe next time, Mike!

#### Beginner 6 controls 2.3 km

Pete and Kit Crawford	52:00
Matt Skorina	60:00

Pat Fincher - missed one control

#### Intermediate 8 controls 4.2 km

Mike McCain	54:46
Rick McCain	57:00
Darci, Dan, Zak Hamilton & Donna Kennedy	85:00

#### Advanced 12 controls 6 km

Bob Gruel	56:06
Frank Skorina	59:12
Sonny Elsasser	66:00
Michel Billaux	78:10
Rick McCain	88:30
Mike McCain	99:00

### 1998 USOF Rankings

The following summary was created from Bill Cusworth's rankings website. Apologies to anyone inadvertently omitted.

#### M-21+

3 Andy Dale	CROC
6 Eric Bone	COC
25 Sergey Velichko	CTOC
37 Bill Cusworth	HUSKY

#### F-21+

12 Eileen Breseman	COC
--------------------	-----

#### M35+

6 Jan Urban	SAMM
29 Robert Scott	CROC

#### M40+

16 Rick Breseman	COC
27 Mike Fritz	COC
43 Kean Williams	COC

#### M45+

36 Philip Deluca	CROC
------------------	------

#### M-Red

4 Peter Golde	COC
---------------	-----

#### F45+

5 Ardis Dull	COC
11 Vivien Birtwistle-Fritz	COC

#### M50+

10 Robert Miller	COC
17 Mac MacDonald	SAMM
26 Dave Petty	COC

#### M55+

24 Don Atkinson	COC
-----------------	-----

#### M60+

8 Carl Moore	NISQ
14 Scott Donald	COC

#### M-Green

18 Terradan Landchild	CROC
-----------------------	------

#### F60+

7 Elisabet Roing	EWOC
------------------	------

#### M65+

6 Bruce McAlister	SAMM
-------------------	------

#### M70+

1 Knut Olson	COC
2 Clas Roing	EWOC
4 Kenneth Lew	COC

#### M-Brown

7 Scott Drumm	CROC
---------------	------



## Where and what are these Orienteering Clubs?

The Orienteering clubs listed here are independently administered non-profit organizations chartered by the United States Orienteering Federation. Sammamish primarily operates in the east-side (Bellevue and Redmond) area, while Cascade (the largest club) operates in the greater Seattle area. Ellensburg is centered in that town, Sacajawea is based in the Tri-Cities area, and Chuckanut O.C. is based in Bellingham. Husky Orienteering is for University of Washington students, faculty, and staff. Cascade and Sammamish clubs hold orienteering events throughout the year in the Puget Sound area, and eastward into the Cascade Mountains; the other clubs hold events in their areas. Membership is open to everyone, and entitles you to event discounts, club voting rights, and includes a subscription to Bearing 315, published six times per year.

## What equipment do I need?

The only requirement is a compass. The best kind is a protractor-type with a clear plastic base so that you can see through it to the map underneath. Compasses are available for loan (with deposit) at orienteering events if you don't own one. At each event you will receive a detailed topographic map of the area, usually produced specifically for orienteering by the club. Long pants (light nylon is best, but jeans will do) and long-sleeve shirts are recommended because of sometimes dense underbrush. Jogging shoes or lightweight hiking boots are preferable; your feet may get wet and muddy, so a spare pair of socks and shoes are nice. Bring a watch so you can keep track of the time.

## COC Officers and Coordinators:

Dave Tallent	President	206-488-3691
Eric Bone	Executive Board/ Vice-President/Training	206-634-2279
Katie Sprugal	Treasurer	206-365-8742
Ardis Dull	Secretary	206-364-4062
Rick Hood	Executive Board/ Environmental	425-640-8134
Peter Golde	Executive Board	425-452-9205
Debbie Newell	Executive Board	425-488-3691
Don Atkinson	Executive Board/Equipment	425-488-0270
Don Denbo	Newsletter	206-366-0624
Aaron Charlop	Memberships	206-935-8742
Eileen Breseman	Publicity and Promotion	425-483-6592
Vacant	Volunteer Coordinator	

## Sammamish Officers and Coordinators:

Dave Tallent	President	425-488-3691
John Sincok	Vice President	425-822-3621
Valerie Enger	Treasurer	425-822-6254
Dave Enger	Mapping Coordinator	425-822-6254
Jan Urban	Memberships	425-402-7225

Event fees are charged on a per-registration basis: two people running together with the same map and punch card pay a single fee. Additional maps are available; the charge varies depending on the map. Fees vary, but the following are typical fees for local ("C") events with color maps. "A" and "B" meets, state championships, rogaines, and other events will cost somewhat more.

## Orienteering Club Membership Application

- ☐ Cascade O.C. ☐ Sammamish O.C.  
☐ Ellensburg O.C. ☐ Sacajawea O.C.

Name \_\_\_\_\_

Address \_\_\_\_\_

Home phone \_\_\_\_\_ Work (opt.) \_\_\_\_\_

E-mail \_\_\_\_\_

Family Members \_\_\_\_\_

Optional Information: \_\_\_\_\_

Occupation \_\_\_\_\_

Orienteering Experience \_\_\_\_\_

Special Interests \_\_\_\_\_

Orienteering Interests (circle):

- |   |                  |                          |              |
|---|------------------|--------------------------|--------------|
| Event Participation                                 | Improving Skills | Writing                  | Teaching     |
| Event Organization                                  | Map Making       | Publicity                | Coaching     |
| Course Setting                                      | Field Checking   | Exploration of new areas |              |
| <input type="checkbox"/> Family or Group            |                  |                          | \$15.00/year |
| <input type="checkbox"/> Individual                 |                  |                          | \$10.00/year |
| <input type="checkbox"/> Associate (under 18)       |                  |                          | \$5.00/year  |
| <input type="checkbox"/> Newsletter only [COC only] |                  |                          | \$6.00/year  |

Mail this form, along with payment, to one of:

- |  |  |
|--|--|
| <b>Cascade Orienteering</b><br>P.O. Box 31375<br>Seattle, WA 98103<br>—OR—                         | <b>Sammamish Orienteering</b><br>P.O. Box 3682<br>Bellevue, WA 98009<br>—OR—             |
| <b>Ellensburg Orienteering</b><br>c/o Kent Verbeck<br>1361 Nelson Siding Rd.<br>Cle Elum, WA 98922 | <b>Sacajawea Orienteers</b><br>c/o Frank Skorina<br>116 Stanton<br>Walla Walla, WA 99362 |

## Other Club Contacts:

Frank Skorina, Sacajawea Orienteers	509-522-2770
Kent Verbeck, Ellensburg O.C.	509-674-2755
John Beck, Eastern Washington O.C.	509-838-7078
Scott Drumm, Columbia River O.C.	503-261-1493
Eric Bone, Husky O.C.	206-634-2279
Ken & Joanne Klepsch, Chuckanut Orienteers	360-299-1010
Carl Moore, Nisqually O.C.	253-756-5739

Club members (any club)	\$4.00
Non-club members	\$5.00
Junior (under 18)	\$3.00
Families	map fee only after first two

## Upcoming Orienteering Events

**Call the Hot Line at 206-783-3866 (or the website at**

**<http://www.eskimo.com/~halter/orienteering/pnw.html>) for latest information and details**

<i>Date/Time</i>	<i>Location and Comments</i>	<i>Type</i>	<i>Club</i>	<i>Map</i>	<i>Contact</i>
<b>MAY 1999</b>					
Sat, May 8 10 am - noon	Hamlin Park, Shoreline, WA. Exit I-5 at NE 145th. Travel east to 15th Ave NE. Turn north to NE 160th.	C	COC	1:7500	206-783-3866
Sun, May 9 11 am - 1 pm	Washington Park, Anacortes, WA. Take the highway from Anacortes toward the San Juan ferries. Follow signs straight to park when ferry traffic turns right.	C	CHUKO	1:7500	Ken Klepsch 360-299-1010
Sat, May 15 10 am - noon	Horn Rapids, Richland, WA. Mt. Bike option. Take Highway 240, 9 miles from the "Bypass" Highway, NW of Richland or take Highway 225, 10 miles N of Benton City.	C	SACO	1:15000	Frank Skorina 509-522-2770
Sun, May 16 10 am - noon	Ros*Elum, Roslyn, WA. Exit I-90 at Exit 80, then head north about 2 miles. Turn right towards Cle Elum on Highway 902. Watch for signs on left about 0.1 mile.	C	SAMM	1:15000	Dave Enger 425-822-6254
Sun, May 16 1 pm - 3 pm	Liberty Lake County Park, Spokane, WA. Take I-90 east from Spokane (or west from Coeur D'Alene) to Exit 296 (Liberty Lake). East on Mission to Molter, then turn right and take Molter to Valley Way. Turn left and follow Valley Way onto Lakeside Road and follow the signs to the county park entrance.	C	EWOC	1:10000	John Harbuck 208-263-9894
Sat, May 22 11 am - 1 pm	Champoeg State Park, Newberg, OR. From I-5 or I-205 south of where they rejoin south of Portland, follow signs from I-5.	C	CROC	1:10000	Rafael Gutierrez 503-249-3742
Sat, May 22 11 am - 1 pm	Ann Morrison Park, Boise, ID. Call for directions.	C	CTOC		Sergey Velichko 208-377-4213
Sat-Sun May 22-23	BC Champs (Sage Stomp) Stake Lake, Kamloops BC area.	A	SAGE		Murray Foubister 250-374-6497
Sun, May 23 11 am - 1 pm	Cornwall Park, Bellingham, WA. Exit I-5 at Exit 256A and head south on Meridian St. Travel for 0.5 miles and turn left at Squalicum Way into the park.	C	CHUKO	1:5000	Ken Klepsch 360-299-1010
Tue, May 25 6 - 7 pm	Howard Amon, Richland, WA. From Interstate 182 near Richland, WA take exit 5, selecting the ramp to go north on George Washington Way. Proceed 1 mile north and turn right (east) on Lee Blvd. One block ahead.	C	SACO	1:5000	Frank Skorina 509-522-2770
Sat-Sun May 29-30	Newcastle Island, Nanaimo BC.	B	VO	1:10000	Marvin Eng 250-652-9115
<b>JUNE 1999</b>					
Wed, June 2 5:30 - 7 pm	Robinswood Park, Bellevue, WA. Take 148th Ave. north form I-90, park is on east side of road.	C	SAMM	1:3000	Dave Enger 425-822-6254
Sat-Sun Jun 5-6	Brooks State Park, Goldendale, WA. <b>Washington State Champs.</b> See directions in related article.	B	CROC		Glen Cafferty 360-253-5129
Sat, June 5	WSOA Meeting, Goldendale, WA.	X	WSOA		Kent Verbeck 509-674-2755
Sun, June 6 1 - 3 pm	Lincoln Park, Spokane, WA. Call for registration location and directions.	C	EWOC	1:5000	John Beck 509-838-7078
Thu, June 17 6 - 7 pm	Pioneer Park, Walla Walla, WA. From Rt 12 take Clinton Street South. At the second traffic light, hang a left. Go about 0.3 mile and you should see big trees on your right. That is the park.	C	SACO	1:3000	Frank Skorina 507-522-2770
Sat, June 19	Lincoln Park, Seattle, WA. Exit from I-5 at Spokane St. Head west until you reach Fauntleroy Way, head south to the park.	C	COC	1:5000	206-783-3866
Sat, June 19 11 am - 1 pm	Julia Davis Park, Boise, ID. Call for directions.	C	CTOC		Sergey Velichko 208-377-4213
Wed, June 23 5:30 - 7 pm	Big Finn Hill, Bothell, WA. Call for directions.	C	SAMM	1:5000	Bruce McAlister 425-821-6862
Sun, June 27	Black Mtn Rogaine, W. Vancouver, BC.	R	GVOC		Richard Matthews 604-734-3582
<b>JULY 1999</b>					
July 1-4	Barebones Festival, Cranbrook, BC. "4-day, five-event, two-hot-springs, one lasagne feast"				Adrian Zissos 403-262-4457
July 10-11	Battleground Lk Training Camp, Battleground, WA.	X	CROC		Robert Scott 360-699-6284
Sun, July 11 11 am - 1 pm	Battleground Lk State Park, Battleground, WA. Travel to Battle Ground from I-5, drive slowly right through town, turn left (north) onto Grace Ave, follow signs.	C	CROC	1:10000	Robert Scott 360-699-6284
Wed, July 14 5:30 - 7 pm	Luther Burbank Park, Mercer Island, WA. Exit I-90 at the Island Crest Way exit. Travel north one block to 26th St., head east to park.	C	SAMM		Dave Enger 425-822-6254

COC: Cascade Orienteering Club  
EWOC: Eastern Washington O.C.  
VO: Victoria Orienteers  
GVOC: Greater Vancouver

SAMM: Sammamish O.C.  
CHUCKO: Chuckanut  
CROC: Columbia River O.C.  
SACO: Sacajawea Orienteers

A: National Meet  
R: Rogaine  
B: Major Event  
SAGE: Sage Orienteering Club, Kamloops B.C.

C: Regular Local Meet  
X: Special Event

## United States Orienteering Federation

P.O. Box 1444

Forest Park, GA 30298

### MEMBERSHIP APPLICATION

☐ New member    ☐ Renewal    ☐ Address Change

As a U.S. Citizen or U.S. Resident, I hereby apply for USOF membership. I understand that I am entitled to a one-year subscription to *Orienteering North America*, voting rights, and membership in the IOF. Please print.

Date \_\_\_\_\_ Yr. Born \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

Home Phone (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_

If family membership, list other persons:

Name	Year Born
_____	_____
_____	_____
_____	_____

Member of a chartered club?    Club \_\_\_\_\_

☐ Individual \$25 member of a chartered club

☐ Individual \$30 at-large

☐ Family \$30 members of a chartered club

☐ Family \$35 at-large

☐ Student \$10 (21 & under)

☐ Junior \$5 (18 & under/no vote/no magazine)

☐ Individual Life \$450    ☐ Family Life \$540

For mailing O/NA overseas (except APO & FPO):

☐ \$5 extra surface    ☐ \$25 extra airmail

## What is USOF?

Often in this newsletter, or in orienteering conversation, you will hear references to "yousoff," and you may have seen the magazine "Orienteering/North America." But why do they need so much money, you ask? We charge \$10/year for local dues, so why should it cost an extra \$25 to join an organization that doesn't seem to do much? The answer, of course, is that USOF does quite a bit.

The largest part of USOF dues goes for the O/NA subscription. This is not only a great source of information, it is well written and edited, and has many articles of general interest on health, exercise, and training. From time to time, we reprint articles from O/NA, and there are always copies available at major meets and club meetings. Most of the rest of USOF dues goes to pay for insurance. Although we, as individuals, might be willing to waive insurance, virtually all land owners, both public and private, require insurance as a precondition even to talking about using their land for orienteering. USOF members get a small rebate, about \$2 per national meet, to help balance out the insurance, but, basically, USOF subsidizes our meets. Without USOF, I doubt that either Cascade or Sammamish could afford the insurance to hold another meet.

So we encourage you not only to join your local club, but to join and support USOF. The magazine along is worth the cost. You will also find as many opportunities to serve on national committees as there are to serve locally. USOF, like our local clubs, has no paid employees, and does not pay travel or per diem expenses for its officers. USOF, like Cascade, is an IRS section 501(c)(3) corporation. Which means that donations, including costs, are fully tax deductible. JOIN NOW!

Bearing 315 is  
Published by:

Cascade Orienteering Club  
Post Office Box 31375  
Seattle, Washington 98103  
(206) 783-3866



If your label is marked with highlighter,  
your membership has lapsed!