

Bearing 315

The newsletter of the Cascade Orienteering Club

July - September 2001

Editor's Note

It is time for another issue already. I am always looking for stories or articles that would interest you, the reader. This issue as it is coming together incorporates adventure racing and orienteering. I have a feeling most of you have heard of adventure racing or at least the Eco-Challenge. Many people probably remember this year's race in Borneo. But many of you may not know that a number of people in our club are very active in the sport of adventure racing. Orienteering is one of the most basic skills that these athletes need to compete, without a good navigator you will never finish. Just like life without help navigating we all will get a little lost from time to time. You can email your contributions to me at yeagerjustin@hotmail.com or contact me by phone (253-709-8232).

Gorge Games

Adventure racers from the Pacific Northwest and COC converged on Hood River to compete in the first Gorge Games Adventure Race. Where teams of 3 competed in a grueling multi-sport race consisting of mountaineering, trekking, mountain biking, kayaking, rappelling, and navigation. An early morning start catapulted the racers toward Mount Hood and the first checkpoint, high up on the mountain. After 30+ miles of mountaineering and trekking the teams would saddle their bikes and continue another 40 miles to the start of the kayak leg. Where strong winds and huge swells would once again challenge the racers' stamina. Just under 13 hours after the start the first team crossed the finish line and 20 hours later the race ended with the last team crossing the finish.

Adventure racing takes good navigators and COC and other orienteering clubs have helped train adventure racers worldwide. If you would like more information on adventure racing feel free to contact Justin Yeager at yeagerjustin@hotmail.com

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* Executive Board Member

WUHOO! Adventure Race

Approximately 200 racers from as far away as Hong Kong will be competing against each other and mother nature near Roslyn, Washington this summer. Washington's very first adventure race entitled The Wuhoo! is scheduled for August 25, 2001.

Adventure racing is a multi-sport event that requires a combination of active outdoor skills such as canoeing, mountain biking, trekking, and orienteering. Labeled as the fastest growing sport in the world. The idea of combining wilderness terrain with an endurance race is capturing the interest of athletes all over North America, as it is an easy cross over for orienteers, mountain bikers, and paddlers.

The Wuhoo! Adventure Race is one in a series of six Wuhoo! races. More information about the series can be found at www.wuhooadventurerace.com

Catch the next Wuhoo adventure race this winter.

Watch for the results of COC members who competed in the Wuhoo in the next issue of Bearing 315!

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Meet Results

Ultimate Orienteer 4 Teanaway West Long-O Cle Elum April 28, 2001

Event Director: Don Atkinson

Courses: Eric Bone

Registration: Dave Petty

Marker Pickup: Eric Bone, Dale Width, Don Atkinson

Eric Bone set some challenging courses on the previously unused western section of the Teanaway Forks area. Courses 3 and 4 had a mass start at 11 am. Course 3 was the same as course 4 for the first 3 controls.

Course 1 (1.9 Km)

Ethan Meyer	23:06
Kelsey & Dana Breseman	27:46
Ben Sprugel	32:00

Course 2 (3.1 Km)

John Virnig	49:51
Harvey Friedman	51:47
Ryan Breseman	59:48
Ethan Meyer	63:48

Course 3 (5.9 Km)

Dale Width	108:50
Matej Urban	119:59
Ardis Dull	120:10
Stuart Bradshaw*	121:52
Ben Lischner	143:16
Doug Sprugel	157:09
Don Denbo	DNF
Anne York	DNF
Dave Petty*	DNF
Dave Reynolds	DNF
Ken Lew	DNF

* Not part of mass start

Course 4 (11.5 Km)

Rick Breseman	118:28	1000
Jon Campbell	126:57	
Ernst Linder	134:31	881
Jan Urban	138:33	855
Mac MacDonald	155:03	
Oyvind Naess	157:15	753
David Tallent	175:55	673
Jennifer Knowles	199:12	595
Eileen Breseman	203:42	582
Tyler Frederickson	209:30	565
Debbie Newell	229:57	515
Patrick Kelly	234:36	505
Theo Brown	DNF	
Dave Parsons	DNF	

Cascade's 2001 Ultimate Orienteer Series

Final Standings (best 3 scores)

Name	Club	1	2	3	4	Total
Women						
Debbie Newell	COC	861	776	884	515	2521
Eileen Breseman	COC	710	569		582	1861
Ardis Dull	COC	571	586	584		1741
Jennifer Knowles	COC	730			595	1325
Tara Matthews	COC	622				622
Ashley Matthews	COC	609				609
Sandy Kish Miller	COC	542				542
Jenny Pearson	COC	499				499
Katie Sprugel	COC	458				458
Alina Laksberg	COC	381				381
Katerina Hur		258				258
Men						
Jan Urban	COC	1000	1000	1000	855	3000
Dave Tallent	COC	999	845	871	673	2715
Ernst Linder	UNO	977	810		881	2668
Oyvind Naess		718	586	964	753	2435
Justin Yeager	COC	861	810	594		2265
Mike Schuh	COC	700	517	734		1951
Tyler Frederickson	COC	643	552		565	1760
Patrick Kelly	COC	578	586	416	505	1669
Rick Breseman	COC		517		1000	1517
Kean Williams	COC		724	688		1412
Don Atkinson	COC	752	655			1407
Don Denbo	COC		552	578		1130
Dave Petty	COC	503		613		1116
Joel Yeager	COC		448	607		1055
Rick Compton	COC	492		551		1043
Ken Lew	COC	510		457		967
Theo Browne		344		598		942
Jon Campbell					933	933
Hans Frederick	COC	887				877
Magnus Collander	COC			871		871
Matej Urban	COC		310	517		827
Bill Green	CHUK			748		748
Harvey Friedman	COC	274	467			741
Ben Lischner	COC	668				668
Brian (Big Red)		660				660
Doug Sprugel	COC	633				633
Cam Jones	COC	624				624
Dale Width	EOC	611				611
Stuart Bradshaw	COC	610				610
Dave Boissenane	COC			603		603
Tony Latham				578		578
Jeff Watson	CROC		517			517
Rik Jones	COC	515				515
Targo Tennisberg	SAMM	498				498
Curtis Creager	COC	498				498
Walter Braun			467			467
Jim Sisco	COC	460				460
Brett Anibaldi	COC	449				449
Gary McCausland			448			448
Justin Robertson		400				400
Ryan Hoel		393				393
Jake Reeder		365				365
Corey Coffman		297				297
Duncan Jewell		294				294
Peter Lalic	COC	161				161

Meets in the 2001 Ultimate Orienteer Series

1 - Hamlin Park - March 17 - results

2 - Priest Point Park - March 31 - results

3 - Fire Mountain - April 7 - results

4 - Teanaway West - April 28 - results

Pacific Northwest Orienteering Festival -CROC
Day 1: 6/23/2001, Brooks Memorial State Park,
Goldendale, WA
Day 2: 6/24/2001, Brooks Memorial State Park,
Goldendale, WA

BLUE COURSE (Day 1: 10.8km, 345m, 22c; Day 2: 11.4km, 215m, 24c)

M-21+

1	Eric Bone	COC	1:19:14	1:20:01	2:39:15
2	Sergey Velichko	CTOC	1:34:38	1:19:38	2:54:16
3	Syd Reader	BAOC	1:33:42	1:21:09	2:54:51
4	Mark Everett	OK	1:39:51	1:16:05	2:55:56
5	Randy Hall	DVOA	1:36:28	1:38:24	3:14:52
6	Adrian Zissos	FWOC	1:41:43	1:34:18	3:16:01
7	Wyatt Riley	BAOC	1:41:27	1:37:29	3:18:56
8	Thorsten Graeve	BAOC	1:45:46	1:34:43	3:20:29
9	Doug Stein	BAOC	1:55:46	1:26:25	3:22:11
10	J-J Cote	RMOC	1:43:35	1:44:44	3:28:19
11	Michael Davies	CROC	1:38:12	2:03:39	3:41:51
12	Per-Ove Kivisakk	Tullinge	1:33:22	2:14:58	3:48:20
	Bill Cusworth	COC	1:53:42	DNS	
	Alan Young	HVO	DNS	2:03:08	
	Alaric Fish	FWOC	DNS	DNS	

RED COURSE (Day 1: 6.9km, 310m, 16c; Day 2: 7.5km, 120m, 16c)

F-21+

1	Penny DeMoss	BAOC	1:09:59	1:11:26	2:21:25
2	Debbie Newell	COC	1:20:23	1:18:04	2:38:27
3	Eileen Breseman	COC	1:21:44	1:30:12	2:51:56
4	Sharon Crawford	RMOC	1:27:56	1:29:47	2:57:43
5	Jessica Rykken	CROC	1:32:56	1:26:03	2:58:59
6	Jennifer Knowles	COC	1:26:35	1:49:14	3:15:49
7	Nancy Koehler	UNO	1:30:10	1:49:20	3:19:30
8	Angelica Riley	BAOC	1:22:10	2:03:12	3:25:22
9	Clare Durand	LAOC	1:49:37	1:48:28	3:38:05
10	Bridget Thomson	LAOC	2:16:22	1:47:43	4:04:05
	Marie-Catherine Bruno	GVOC	1:15:39	DNF	
	Mairead Young	HVO	DNS	2:25:59	
	Ioana Nicolaescu	Romania	DNS	DNS	

M-20

1	Khan Gorlewski	CROC	2:02:07	1:56:02	3:58:09
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M35+

1	Dan Meenehan	SLOC	1:05:50	0:57:48	2:03:38
2	Jan Urban	COC	1:22:43	1:10:51	2:33:34
3	Steve Richardson	NEOC	1:21:59	1:11:38	2:33:37
4	John Bartholomew	CROC	1:35:17	1:53:03	3:28:20
	James Baker	FWOC	DNS	DNS	

M40+

1	Steve Gregg	BAOC	1:14:01	1:12:48	2:26:49
2	Frank Skorina	SACO	1:07:03	1:28:39	2:35:42
3	Bill Jarvis	FWOC	1:21:47	1:21:47	2:43:34
4	Joel Swisher	RMOC	1:26:34	1:41:59	3:08:33
5	Bill Green	CHUCK	1:25:53	1:54:37	3:20:30
	Kean Williams	COC	DNF	1:43:11	
	Mike Minium	OCIN	1:27:24	DNF	

M45+

1	Bruce Wolfe	BAOC	0:59:32	1:01:25	2:00:57
2	Rick Breseman	COC	1:13:01	1:15:23	2:28:24
3	Charlie Shahbazian	CAOC	1:11:20	1:26:31	2:37:51
4	Joe Sehnal	CAOC	1:15:59	1:26:56	2:42:55
5	Joel Thomson	LAOC	1:29:22	1:14:36	2:43:58
6	Dan Greene	BAOC	1:23:34	1:28:41	2:52:15
7	Benjamin Hall	COC	1:33:24	1:29:48	3:03:12
8	Kevin Schoenfeld	BAOC	1:33:18	1:44:13	3:17:31
9	Van Anthony	QOC	1:34:07	1:52:59	3:27:06
10	Robert Buraczynski	CNYO	1:47:47	2:31:10	4:18:57
11	Don Denbo	COC	2:19:54	2:55:35	5:15:29
12	Jeff Lanam	BAOC	2:46:57	2:41:39	5:28:36

Jerry Rhodes	CROC	1:53:51	OVT
Phil Stanton	none	OVT	OVT

GREEN COURSE (Day 1: 5.3km, 155m, 16c; Day 2: 6.0km, 80m, 16c)

F35+

1	Karin Didisse	CTOC	1:36:26	1:45:05	3:21:31
	Robin Clark	OVT	2:01:46		

F40+

1	Deborah Wojtowicz	BAOC	1:17:58	1:37:49	2:55:47
2	Andre Powers	FWOC	1:43:16	1:28:34	3:11:50
3	Abby Wolfe	BAOC	1:33:09	1:40:04	3:13:13
4	Katie Sprugel	COC	1:32:00	1:46:39	3:18:39
5	Sheila Halpin	CROC	1:58:16	1:38:57	3:37:13
6	Karen Burns	VICT	1:55:38	2:25:36	4:21:14
	Paula Whipple	CROC	DNF	1:49:37	

F45+

1	Mary-Lou Hogg	EOOC	1:36:05	1:29:47	3:05:52
2	Sandy Kish Miller	COC	1:48:37	2:04:17	3:52:54

F50+

1	Joanne Sankus	NEOC	1:30:39	1:44:56	3:15:35
2	Ardis Dull	COC	1:52:52	1:46:50	3:39:42
3	Rosemary Johnson	BAOC	2:02:32	2:23:28	4:26:00
	Karen Dennis	SDO	1:56:46	DNF	
	Sherry Litasi	RMOC	DNS	2:31:11	

F55+

1	Linda Moore	COC	1:08:35	1:21:56	2:30:31
2	Robin Spriggs	RMOC	1:15:56	1:26:49	2:42:45
3	Robyn Davies	PAPD	2:06:06	2:20:32	4:26:38
	Margaret Ellis	GVOC	DNS	DNS	

M-18

1	Jonathan Burnham	ALTOS	1:12:22	1:14:19	2:26:41
2	Michael Durham	ALTOS	1:56:58	1:07:10	3:04:08

M50+

1	Dale Width	EOC	0:53:42	1:03:13	1:56:55
2	Dave Talient	COC	1:03:28	1:15:28	2:18:56
3	Jim Wolfe	IUPOC	1:13:51	1:14:23	2:28:14
4	Peter Goodwin	WCOC	1:09:50	1:18:30	2:28:20
5	John Beck	EWOC	1:44:13	2:10:38	3:54:51
6	Dave Mackas	VICT	2:04:58	1:51:00	3:55:58
7	Doug Sprugel	COC	1:23:17	2:34:46	3:58:03
	Walter Siegenthaler	COK	DNS	DNS	

M55+

1	John Harbuck	EWOC	1:00:17	1:06:53	2:07:10
2	Greg Yarkie	EOOC	1:00:30	1:08:44	2:09:14
3	Mac MacDonald	SAMM	1:05:57	1:03:40	2:09:37
4	Fred Veler	SAMM	1:11:22	1:03:05	2:14:27
5	Scott Coble	EWOC	1:08:04	1:21:35	2:29:39
6	Mark Parsons	TSN	1:10:42	1:24:32	2:35:14
7	Michel Billaux	SACO	1:36:05	1:41:12	3:17:17
8	Chris Spriggs	RMOC	2:06:19	1:31:23	3:37:42
9	Harvey Friedman	COC	2:11:32	1:52:31	4:04:03
10	James Siscel	COC	2:24:19	2:15:43	4:40:02
	Brian Ellis	GVOC	DNS	DNS	

M60+

1	Orlyn Strien	SLOC	0:49:40	0:54:01	1:43:44
2	Rich Parker	SDO	1:02:52	1:07:14	2:10:06
3	Hans Bengtsson	NEOC	1:05:12	1:06:30	2:11:42
4	Einar Viddal	EOOC	0:59:11	1:13:13	2:12:24
5	Clark Maxfield	CAOC	1:06:40	1:15:59	2:22:39
6	Harold DeMoss	BAOC	1:18:45	1:28:39	2:47:24
7	Michael Schneider	CAOC	1:20:52	1:32:46	2:53:38
8	John Davies	PAPD	1:40:46	1:21:47	3:02:33
9	Chuck Ferguson	GAOC	1:41:54	1:55:20	3:37:14
	Scott Donald	COC	1:38:53	MSP	

F-GREEN

	Gail MacDonald	VICT	DNF	2:16:37	
	Julie Sehnal	CAOC	2:12:14	DNF	
	Diana Tung	SDO	2:20:54	DNF	

M-GREEN

1	Mike Poulsen	CROC	1:13:36	1:42:41	2:56:17
2	Stephen Churchill	LAOC	1:20:18	1:37:16	2:57:34
3	Bill Ketring	none	1:34:44	1:28:08	3:02:52

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4	Gale Teschendorf	CAOC	1:45:07	1:34:06	3:19:13
5	Jimmy Durham	ALTOS	2:03:50	1:22:14	3:26:04
6	Michael Bond	CAOC	1:40:57	2:11:43	3:52:40
7	Stew Hintz	GCO	2:28:40	1:26:03	3:54:43
8	Steve Beuerman	BAOC	1:57:44	2:38:39	4:36:23
9	Paul Shanahan	COC	2:26:03	2:15:50	4:41:53
	Ananda Ranasinghe	LAOC	2:05:40	OVT	
	Brian Hauck	CROC	DNF	DNS	

BROWN COURSE (Day 1: 4.5km, 90m, 12; Day 2: 5.2km, 50m, 14c)

F-18

1	Dasha Velichko	CTOC	1:31:15	2:20:36	3:51:51
F65+					
1	Shirley Donald	KOC	1:24:35	1:19:19	2:43:54
2	Barb Sleight	CNYO	1:24:22	1:44:47	3:09:09
3	Donna Gookin	SDO	1:28:55	1:43:40	3:12:35
	Nesta Leduc	YOA	DNS	1:44:32	

M65+

1	Edwin Gookin	SDO	0:52:45	1:09:39	2:02:24
2	Carl Moore	COC	0:57:56	1:10:09	2:08:05
3	Carl Cogger	VICT	1:35:02	1:42:27	3:17:29
4	Bob Reddick	SAMM	1:57:32	2:31:13	4:28:45

M70+

1	Ken Lew	COC	1:20:34	1:38:10	2:58:44
	Don Scott	EOOC	1:35:48	DNS	

F-BROWN

1	Anndy Wiselogle	CROC	2:22:48	1:56:57	4:19:45
	Loretta Opilal	UPOC	2:00:14	DNF	
	Anna Matzinger	CROC	DNS	DNS	
	Virginia Stratton	none	DNF	DNS	

M-BROWN

	David Rogers	CROC	1:41:37	OVT	
	Glen Cafferty	CROC	2:19:49	OVT	
	David Irving	SDO	2:39:31	DNS	

ORANGE COURSE (Day 1: 4.3km, 125m, 12c; Day 2: 4.8km, 20m, 11c)

F-16

1	Ida Solberg-Svenne	Eiker	0:44:08	0:40:58	1:25:06
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M-16

1	Will Enger	SAMM	1:08:01	0:49:18	1:57:19
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F-ORANGE

1	Marmie Schuster	QOC	2:33:13	1:42:24	4:15:37
2	Julie Pohl	CROC	2:17:04	2:07:00	4:24:04
3	Theresa Churchill	LAOC	2:13:50	2:46:02	:59:52
	Tanya Majaknone	1:13:24	DNS		
	Holly Howard	SACO	1:38:31	DNF	

M-ORANGE

1	Avi Mineky	CROC	1:00:28	1:00:36	2:01:04
	Eric Thompson	none	0:55:14	DNS	
	Alan McNeelly	DNS	1:32:40		
	Joell Ramirez	CTOC	MSP	2:05:03	

YELLOW COURSE (Day 1: 2.5km, 60m, 10c; Day 2: 2.6km, 60m, 11c)

F-14

1	Madeline Enger	SAMM	0:33:57	0:52:23	1:26:20
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M-14

1	Hunt Goodwin	WCOC	0:35:58	0:46:32	1:22:30
2	Ryan Breseman	COC	1:06:03	0:50:30	1:56:33
3	Matej Urban	COC	1:01:35	0:55:38	1:57:13

F-YELLOW

1	Gretchen McNeely	CROC	0:36:39	1:14:36	1:51:15
2	Gabrielle-Michelle	CTOC	1:08:07	1:21:30	2:29:37

M-YELLOW

1	Frank Kuhn	DVOA	1:51:30	2:01:43	3:53:13
	Alan McNeely	CROC	0:28:21	DNS	
	David Irving	DNS	2:14:02		

WHITE COURSE (Day 1: 2.2km, 50m, 10c; Day 2: 2.6km, 60m, 11c)

F-10

1	Kelsey Breseman	COC	0:21:24	0:23:23	0:44:47
2	Rachel Koehler	UNO	0:25:14	0:25:15	0:50:29
3	Masha Velichko	CTOC	0:34:32	0:38:57	1:13:29

F-12

1	Molly Enger	SAMM	0:19:22	0:29:45	0:49:07
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M-10

1	Matt Skorina	SACO	0:25:20	0:30:23	0:55:43
2	Dylan Bartholomew	CROC	0:34:57	0:28:31	1:03:28
3	Tyler Hertel	OCIN	0:35:37	1:00:33	1:36:10

M-12

1	John Goodwin	WCOC	0:19:20	0:18:31	0:37:51
2	Erik Skorina	SACO	0:30:51	0:34:16	1:05:07
3	Ben Sprugel	COC	0:35:56	0:33:56	1:09:52

Pacific Northwest Orienteering Festival -CTOC Day 3: 6/25/2001, Bullfrog Flats, Cle Elum, WA

3 LEG RELAY COURSES (Leg 1 and 2: 4.7km, 50m, 10c; Leg 3: 6.6km, 80m, 14c)

OPEN TEAMS

1	BAOC1	1	Bruce Wolfe	0:30:36	
-1	BAOC	2	Wyatt Riley	0:30:00	
		3	Syd Reader	0:40:21	1:40:57 * FASTEST

2	BAOC2	1	Steve Gregg	0:30:37	
-3	BAOC	2	Thorston Graeve	0:30:25	
		3	Doug Stein	0:47:31	1:48:33

3 CALGARY BONEHEADS

4	1	Bill Jarvil	0:34:09	
-5	FWOC	2	Karen Williams	0:34:10
		3	Jim Baker	0:56:15
				2:04:34

4	All Stars	1	Mark Parsons	0:36:39	
-6		2	Hans Bengtsson	0:49:18	
		3	Mark Everett	0:39:36	2:05:33

5 Blue Moon Express

6	1	Oryln Skrien	0:32:23	
-9	SLOC	2	M.C. Bruno	0:40:30
	CAOC	3	Charlie Shahbazi	0:59:43
				2:12:36

6 MAD IRISII

7	1	Donna Fluegel	0:41:21	
-10	HVO	2	Mairead Young	0:51:14
	WCOC	3	Alen Young	0:49:34
				2:22:09

7 Bored of Directors

8	1	Mike Minium	0:38:43	
-11	NEOC	2	Joanne Sankus	0:57:32
	DVOC	3	Randy Hall	0:47:52
				2:24:07

8 Vegas & Eburg

9		1	Linda Moore	0:40:26	
-13	COC	2	Carl Moore	0:48:30	
	EWOC	3	Dale Width	1:07:05	2:36:01

9 Bay Area Gold

10	1	Jeff Lanam	1:07:31	
-27	BAOC	2	Steve Beverman	1:33:39
	GCC	3	Stew Hinz	1:21:27
				4:02:37

10 Rockettes

11	1	Ardis Dull	0:56:26	
-29	COC	2	Margie Bone	1:22:56
	RMOC	3	Terry Farrah	2:01:02
				4:20:24

6pts TEAMS

1	U2K	1	Matej Urban	0:39:59	
-8	COC	2	Jennifer Knowles	0:44:43	
		3	Jan Urban	0:47:36	2:12:18
2	San Diego Orienteer				
3		1	Edwin Gookin	0:39:01	
-12	SDOC	2	Annabel Feinend	0:46:04	
		3	Rich Parker	1:08:48	2:33:53
3	Danish Surprise				
4		1	David Manniche	0:38:42	
-14		2	Donna Gookin	1:00:34	
		3	Kent Jorgensen	1:02:30	2:41:46
4	Arby-Arby-Eebee				
5		1	Rick Breseman	0:32:14	
-15	COC	2	Ryan Breseman	1:00:19	
		3	Eileen Breseman	1:10:33	2:43:06
5	Chicago Untouchable				
6		1	Clark Maxfield	0:39:05	
-16	CAOC	2	Julie Sehna	1:08:35	
		3	Joe Sehna	0:56:07	2:43:47
6	Spikers				
7		1	Greg Yarkie	0:35:12	
-18	EOOC	2	MaryLou Hogg	0:54:03	
		3	Einar Viddal	1:19:54	2:49:09
7	Willy & The Codgers				
8		1	William Enger	0:33:55	
-19	COC	2	Ken Lew	1:08:49	
		3	David Tallent	1:06:26	2:49:10
8	Team New Zealand				
9		1	Robyn Davies	1:15:32	
-20	PAPO	2	John Davies	0:59:00	
		3	Michael Davies	0:51:55	3:06:27
9	Control Freaks				
10		1	Paula Whipple	0:55:45	
-21	CROC	2	Shelia Halpin	1:07:28	
		3	Jeff Watson	1:03:46	3:06:59
10	LAOC	1	Clare Durand	0:52:56	
-22	LAOC	2	Bridget Thomson	1:21:06	
		3	Joel Thomson	1:08:14	3:22:16
11	RMOC Marmots				
12		1	Sharon Crawford	0:40:14	
-24	RMOC	2	Chris Spriggs	0:49:50	
		3	Robin Spriggs	2:01:01	3:31:05
12	Victorienteers				
13		1	Gail MacDonald	1:18:20	
-25	VICO	2	Carl Cogger	1:14:08	
		3	Steve Richardson	1:08:51	3:41:19
13	Great Lake, South Side				
14		1	Barb Sleight	1:12:39	
-26	CNYO	2	Gale Tschendorf	1:09:51	
		3	Robert Buraczynski	1:35:44	3:58:14
14	Kootenay				
15		1	Shirley Donald	1:07:59	
-28	KOC	2	Nesta Leduc	1:24:29	
		3	Scott Donald	1:37:14	4:09:42
15	Western Connecticut				
16		1	John Goodwin	0:39:59	
	Penguin	2	Hunt Goodwin	MSP	

WCOC 3 Peter Goodwin 1:09:45 MSP

3pts TEAMS

1	Team Home Field				
2		1	Bill Cusworth	0:30:16	
-2	Advanta	2	Debbie Newell	0:34:42	
	COC	3	Eric Bone	0:38:57	1:43:55
2	Rundowners				
3		1	Arnie Skog	0:32:58	
-4	COC	2	Kean Williams	0:39:39	
		3	Paul Magnus	0:48:43	2:01:20
3	That's a Croc				
4		1	John Bartholomew	0:40:57	
-7	CROC	2	Jessica Rykken	0:47:38	
		3	Andy Dale	0:42:54	2:11:29
4	Boise Speedsters				
5		1	Dasha Velichko	0:41:02	
-17	CTOC	2	David Bergset	0:43:16	
		3	Jeff Black	1:23:04	2:47:22
5	Idahomies				
6		1	Joell Ramirez	0:37:05	
-23	CTOC	2	Bob Didisse	1:10:20	
		3	Karin Didisse	1:43:05	3:30:30

NOTE: Number in brackets depicts overall place among all teams.

RECREATIONAL WHITE COURSE (1.9km, 20m, 6c)

146	Donna Brown	0:44:42
N/A	Molly Enger	0:14:22
N/A	Madeline Enger	0:14:22
243	Matt Skorina	0:17:13
241	Kelsey Breseman	0:29:40
N/A	Masha Velichko	0:29:40
246	Russell Skorina	0:34:51
245	Logan Knowles	0:38:00

RECREATIONAL ORANGE COURSE (4.7km, 50m, 10c)

236	Kyle Haddad-Fonda	1:58:37
244	Kyle Hertel	1:57:08

RECREATIONAL GREEN COURSE (6.6km, 80m, 14c)

238	Micheal Bond	1:38:36
232	David Rogers	2:11:04
233	Julie Rogers	DNF
234	Anna Matzinger	2:08:45
234	John Matzinger	2:08:45
237	Khan Gorlewski	MSP
231	Don Scott	DNF
242	Rosemary Johnson	2:18:47
239	David Parsons	1:25:45
240	235 Steve Fluegel	1:55:04

Pacific Northwest Orienteering Festival - EWOC
Day 4: 6/26/2001, Riverside State Park, Spokane, WA
Day 5: 6/27/2001, Riverside State Park, Spokane, WA

BLUE COURSE (Day 4: 5.5km, 150m, 13c; Day 5: 12.6km, 335m, 27c)
M-21+

1	Eric Bone	COC	0:34:58	1:20:34	1:55:32
2	Sergey Velichko	CTOC	0:34:44	1:21:16	1:56:00
3	Andy Dale	CROC	0:37:06	1:22:01	1:59:07
4	Mark Everett	OK	0:35:59	1:29:51	2:05:50
5	Alaric Fish	FWOC	0:36:49	1:31:25	2:08:14
6	Per-Ove Kivisak	SK	0:38:35	1:34:32	2:13:07
7	Syd Reader	BAOC	0:39:58	1:37:42	2:17:40

Bearing 315

8	Wyatt Riley	BAOC	0:36:11	1:43:09	2:19:20
9	Doug Stein	BAOC	0:41:46	1:41:41	2:23:27
10	Bill Cusworth	COC	0:38:48	1:46:38	2:25:26
11	Thorsten Graeve	BAOC	0:40:40	1:45:55	2:26:35
12	J-J Cote	RMOC	0:47:11	1:54:04	2:41:15
13	Randy Hall	DVOA	1:01:38	1:49:58	2:51:36
	Nancy Koehler	UNO	1:00:38	DNS	DSQ
	Adrian Zissos	FWOC	DNS	DNS	DSQ

RED COURSE (Day 4: 5.0km, 125m, 12c; Day 5: 8.8km, 270m, 23c) F-21+

1	Kristin Ritzenthaler	CTOC	0:37:00	1:23:49	2:00:49
2	Debbie Newell	COC	0:42:30	1:25:52	2:08:22
3	Marie-Catherine Bru	GVOC	0:42:46	1:26:44	2:09:30
4	Jessica Rykken	CROC	0:44:27	1:31:53	2:16:20
5	Jennifer Knowles	COC	0:47:28	1:30:10	2:17:38
6	Eileen Breseman	COC	0:49:51	1:39:45	2:29:36
7	Sharon Crawford	RMOC	1:05:41	1:45:06	2:50:47
8	Bridget Thomson	LAOC	1:02:19	2:06:00	3:08:19
9	Nancy Pistole	LAOC	1:03:29	2:15:49	3:19:18
	Angelica Riley	BAOC	0:50:04	DNS	DSQ
	Clare Durand	LAOC	1:14:17	DNS	DSQ
	Ioana Nicolaescu	ROM	DNS	DNS	DSQ
	Nancy Koehler	UNO	1:49:46		
	Michelle Breach		3:00:10		

M-20

1	Khan Gorlewski	CROC	0:59:18	1:22:16	2:21:34
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M35+

1	Jan Urban	COC	0:39:13	1:17:39	1:56:52
2	Jeff Watson	CROC	0:36:28	1:54:47	2:31:15
3	John Bartholomew	CROC	1:16:55	1:55:26	3:12:21
	Steve Richardson	NEOC	DNS	1:28:11	DSQ
	James Baker	FWOC	0:44:46	DNF	DSQ

M40+

1	Frank Skorina	SACO	0:38:58	1:15:52	1:54:50
2	Steve Gregg	BAOC	0:38:27	1:21:47	2:00:14
3	Bill Jarvis	FWOC	0:43:13	1:35:06	2:18:19
4	Mike Minium	OCIN	0:46:47	1:38:22	2:25:09
5	Kean Williams	COC	1:23:12	1:41:28	3:04:40
	Kent Jorgensen		0:39:08	DNF	DSQ
	Joel Swisher	RMOC	DNS	DNS	DSQ

M45+

1	Bruce Wolfe	BAOC	0:34:17	1:12:50	1:47:07
2	Ron Hudson	LAOC	0:46:29	1:11:38	1:58:07
3	Rick Breseman	COC	0:37:45	1:22:14	1:59:59
4	Benjamin Hall	COC	0:46:00	1:26:29	2:12:29
5	Joel Thomson	LAOC	0:49:20	1:32:14	2:21:34
6	Van Anthony	QOC	0:47:21	1:48:19	2:35:40
7	Kevin Schoenfeld	BAOC	0:50:46	2:04:13	2:54:59
8	Robert Buraczynski	CNYO	1:00:54	1:56:30	2:57:24
9	Jerry Rhodes	CROC	0:59:00	2:39:33	3:38:33
10	Jeff Lanam	BAOC	1:34:30	2:46:21	4:20:51
	Joe Sehnal	CAOC	0:46:25	DNS	DSQ
	Don Denbo	COC	1:23:05	DNS	DSQ
	Arne Skog	COC	0:39:10	MSP	DSQ
	Charlie Shahbazian	CAOC	0:38:28	DNF	DSQ

GREEN COURSE (Day 4: 4.1km, 95m, 10c; Day 5: 6.4km, 205m, 16c)

F35+

	Karin Didisse	CTOC	1:02:50	DNS	DSQ
	Clare Durand	DNS	1:38:24	DSQ	

F40+

1	Andre Powers	FWOC	0:59:39	1:25:49	2:25:28
2	Deborah Wojtowicz	BAOC	0:52:33	1:38:41	2:31:14
3	Sheila Halpin	CROC	0:58:35	1:38:55	2:37:30
4	Abby Wolfe	BAOC	1:05:09	1:49:23	2:54:32
5	Paula Whipple	CROC	1:59:06	1:52:08	3:51:14

F45+

1	Mary-Lou Hogg	EOOC	0:49:33	1:51:25	2:40:58
2	Sandy Kish Miller	COC	1:04:35	1:52:30	2:57:05
3	Peg Davis	TSN	1:05:27	2:04:55	3:10:22

F50+

1	Ardis Dull	COC	0:50:08	1:33:45	2:23:53
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2	Sherry Litasi	RMOC	1:12:08	2:18:05	3:30:13
3	Karen Dennis	SDO	1:10:22	2:28:11	3:38:33
	Rosemary Johnson	BAOC	1:17:46	DNF	DSQ

F55+

1	Robin Spriggs	RMOC	0:49:35	1:19:48	2:09:23
2	Linda Moore	COC	0:51:20	1:22:04	2:13:24
3	Robyn Davies	PAPO	1:14:15	2:07:07	3:21:22

M50+

1	Dave Tallent	COC	0:37:34	1:13:00	1:50:34
2	Peter Goodwin	WCOC	0:39:49	1:13:02	1:52:51
3	Jim Wolfe	IUPOC	1:00:59	1:31:25	2:32:24

M55+

1	Scott Coble	EWOC	0:39:24	1:21:35	2:00:59
2	Fred Veler	SAMM	0:45:17	1:18:44	2:04:01
3	Greg Yarkie	EOOC	0:57:48	1:07:17	2:05:05
4	Mark Parsons	TSN	0:47:57	1:28:51	2:16:48
5	Mac MacDonald	SAMM	0:53:14	1:27:20	2:20:34
6	Chris Spriggs	RMOC	0:56:52	1:25:27	2:22:19
7	Michel Billaux	SACO	1:02:29	1:38:05	2:40:34

M60+

1	Rich Parker	SDO	0:38:19	1:09:52	1:48:11
2	Einar Viddal	EOOC	0:43:11	1:08:48	1:51:59
3	Orlyn Skrien	SLOC	0:37:27	1:19:00	1:56:27
4	Clark Maxfield	CAOC	0:50:08	1:19:36	2:09:44
5	Chuck Ferguson	GAOC	0:41:18	1:31:30	2:12:48
6	Scott Donald	COC	0:50:28	1:29:03	2:19:31
	John Davies	PAPO	0:55:45	MSP	DSQ

F-GREEN

1	Diana Tung	SDO	1:19:19	1:48:43	3:08:02
	Gail MacDonald	VICT	DNS	1:45:37	DSQ
	Julie Sehnal	CAOC	DNS	DNS	DSQ

M-GREEN

1	Mike Poulsen	CROC	0:53:47	1:20:15	2:14:02
2	Stew Hintz	GCO	0:46:55	1:52:56	2:39:51
3	Steve Beuerman	BAOC	1:26:04	2:33:27	3:59:31
	Michael Bond	CAOC	1:02:24	DNS	DSQ
	Gale Teschendorf	CAOC	1:34:57	DNS	DSQ
	Terradan Sagewynd	CHUC	DNF	DNS	DSQ

BROWN COURSE (Day 4: 3.2km, 80m, 10c; Day 5: 4.3km, 90m, 13c)

F-18

1	Dasha Velichko	CTOC	0:55:39	1:10:28	2:06:07
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F65+

1	Shirley Donald	KOC	0:43:27	0:53:15	1:36:42
2	Donna Gookin	SDO	0:53:19	1:12:12	2:05:31
3	Nesta Leduc	YOA	0:47:03	1:19:25	2:06:28
4	Barb Sleight	CNYO	1:09:54	1:49:43	2:59:37

M65+

1	Carl Moore	COC	0:36:23	0:54:50	1:31:13
	Edwin Gookin	SDO	DNF	1:07:08	DSQ

M70+

1	Ken Lew	COC	0:42:37	1:00:55	1:43:32
2	Don Scott	EOOC	0:52:40	1:23:47	2:16:27

F-BROWN

1	Annabel Fernandez	SDO	0:37:54	0:47:22	1:25:16
2	Julie Pohl	CROC	1:05:20	1:50:03	2:55:23
3	Loretta Opila	UPOC	1:06:56	2:06:26	3:13:22

M-BROWN

1	David Rogers	CROC	1:07:57	1:31:06	2:39:03
2	Glen Cafferty	CROC	1:24:49	2:06:04	3:30:53
	David Irving	SDO	1:23:45	DNF	DSQ

ORANGE COURSE (Day 4: 3.9km, 125m, 8c; Day 5: 5.3km, 110m, 12c)

F-ORANGE

1	Holly Howard	SACO	1:15:30	1:33:49	2:49:19
2	Marmie Schuster	QOC	1:35:18	1:48:18	3:23:36

YELLOW COURSE (Day 4: 2.6km, 50m, 9c; Day 5: 3.3km, 80m, 10c)

M-14

1	Matej Urban	COC	0:50:04	0:31:47	1:21:51
2	Hunt Goodwin	WCOC	0:39:29	0:42:58	1:22:27
3	Ryan Breseman	COC	1:01:57	1:38:24	2:40:21

WHITE COURSE (Day 4: 2.2km, 30m, 8c; Day 5: 2.3km, 25m, 11c)

F-10

1	Rachel Koehler	UNO	0:29:47	0:31:37	1:01:24
2	Kelsey Breseman	COC	0:35:57	0:28:05	1:04:02
3	Nicole Koehler		0:38:32	0:36:23	1:14:55
	Masha Velichko	CTOC	DNS	0:39:03	DSQ

M-10

1	Matt Skorina	SACO	0:21:02	0:21:35	0:42:37
2	Dylan Bartholomew	CROC	0:38:57	0:27:20	1:06:17
3	Tyler Hertel	OCIN	0:36:57	0:32:00	1:08:57

M-12

1	John Goodwin	WCOC	0:18:45	0:22:35	0:41:20
2	Erik Skorina	SACO	0:28:05	0:25:47	0:53:52

Salmon Days

Salmon Days Are Here Again. If it is October and it is Issaquah, it is Salmon Days, and that means orienteering at Sammamish State Park. The date: Sunday, September 30, starts from 10 to 12. This park was also remapped last summer by Taavi Tatsi. He is a world ranked orienteer from Estonia, and will be here in September. The Park is just north of I 90 at Issaquah. Take the first Issaquah exit north, and you are at the Park. Entrance is about 50 meters to the west. Contact: Dave Enger (425) 822-6254

Volunteer Coordinator

If you like to talk on the phone, we have the perfect job for you. We always need people to help at meets and an organized, efficient way to get them. The Volunteer Coordinator is a critical position in the club, and one that we have done without too long. If you would like more information about this key position, please contact Debbie Newell (425-488-3691, dnewell@gte.net).

Meet Volunteers Sought

As you have probably noticed, each of our meets requires several volunteers in order to ensure it runs like a well-oiled machine, and we are always looking for people to help out. If you don't feel confident enough directing a meet or setting courses, we can use your help at the registration, start, or finish areas. All of these jobs require minimal training and only take an hour or two at the meet. To volunteer, contact Debbie Newell (425-488-3691, dnewell@gte.net).

Schedule of Events

Date	Event	Type	Club	Map Scale	Contact
September 2001					
Sat 22 10:00 am	Bo Poweell Memorial Meet Ft. Casey State Park, Whidbey Island	C	COC		Hotline 206-783-3866
Sat/Sun 29-30	B.C. Championships Edith Hill, Kamloops, B.C.	B	GVOC		604-519-4862
Sun 30 10:00 am	Lake Sammamish State Park Issaquah	C	SAMM		Daven Enger 425-822-6254
October 2001					
Sun 21 10:00 am	Newcomers' Event University of Washington	C	COC		Don Atkinson 425-488-0270
Sun 28	Vampire O Woodland Park, Seattle	X	COC		Hotline 206-783-3866
December 2001					
Sat 29 10:00 am	Bog Slog St. Edwards State Park	C	COC		Hotline 206-783-3866

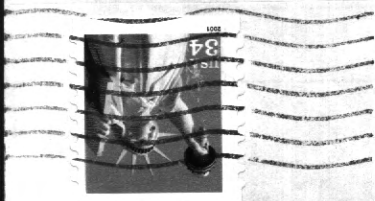
Type

- A - National meet
- B - Major local meet
- C - Regular local meet
- R - Rogaine
- X - Special event

Internet Sites

- Pacific Northwest Orienteering web site - www.pnwo.org
- US O' Federation web site - www.us.orienteering.org
- Chuckanut Orienteers - www.televa.com/~maryse/chucko.htm
- City of Trees O' Club - <http://netnow.micron.net/~velichko/ctoc.htm>
- Columbia River O' Club - www.croc.org
- Foothills Wanderers O' Club - www.gumbi.com/twoc
- Husky O' Club - <http://students.washington.edu/run>
- Sacajawea Orienteers - www.cbvcp.com/saco
- Sage Orienteers - <http://sage.oabc.bc.ca>
- VictOrienteers O' Club - <http://vico.oabc.bc.ca>

Germany	1970	1971	1972	1973	1974	1975	1976	1977	1978	1979	1980	1981	1982	1983	1984	1985	1986	1987	1988	1989	1990	1991	1992	1993	1994	1995	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025	2026	2027	2028	2029	2030	2031	2032	2033	2034	2035	2036	2037	2038	2039	2040	2041	2042	2043	2044	2045	2046	2047	2048	2049	2050	2051	2052	2053	2054	2055	2056	2057	2058	2059	2060	2061	2062	2063	2064	2065	2066	2067	2068	2069	2070	2071	2072	2073	2074	2075	2076	2077	2078	2079	2080	2081	2082	2083	2084	2085	2086	2087	2088	2089	2090	2091	2092	2093	2094	2095	2096	2097	2098	2099	2100	2101	2102	2103	2104	2105	2106	2107	2108	2109	2110	2111	2112	2113	2114	2115	2116	2117	2118	2119	2120	2121	2122	2123	2124	2125	2126	2127	2128	2129	2130	2131	2132	2133	2134	2135	2136	2137	2138	2139	2140	2141	2142	2143	2144	2145	2146	2147	2148	2149	2150	2151	2152	2153	2154	2155	2156	2157	2158	2159	2160	2161	2162	2163	2164	2165	2166	2167	2168	2169	2170	2171	2172	2173	2174	2175	2176	2177	2178	2179	2180	2181	2182	2183	2184	2185	2186	2187	2188	2189	2190	2191	2192	2193	2194	2195	2196	2197	2198	2199	2200	2201	2202	2203	2204	2205	2206	2207	2208	2209	2210	2211	2212	2213	2214	2215	2216	2217	2218	2219	2220	2221	2222	2223	2224	2225	2226	2227	2228	2229	2230	2231	2232	2233	2234	2235	2236	2237	2238	2239	2240	2241	2242	2243	2244	2245	2246	2247	2248	2249	2250	2251	2252	2253	2254	2255	2256	2257	2258	2259	2260	2261	2262	2263	2264	2265	2266	2267	2268	2269	2270	2271	2272	2273	2274	2275	2276	2277	2278	2279	2280	2281	2282	2283	2284	2285	2286	2287	2288	2289	2290	2291	2292	2293	2294	2295	2296	2297	2298	2299	2300	2301	2302	2303	2304	2305	2306	2307	2308	2309	2310	2311	2312	2313	2314	2315	2316	2317	2318	2319	2320	2321	2322	2323	2324	2325	2326	2327	2328	2329	2330	2331	2332	2333	2334	2335	2336	2337	2338	2339	2340	2341	2342	2343	2344	2345	2346	2347	2348	2349	2350	2351	2352	2353	2354	2355	2356	2357	2358	2359	2360	2361	2362	2363	2364	2365	2366	2367	2368	2369	2370	2371	2372	2373	2374	2375	2376	2377
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Bearing 315
c/o Cascade Orienteering Club
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Seattle, WA 98103