

BEARING 315

August/September 1979
CASCADE ORIENTEERING CLUB

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Vice President	
Karl Nolte	632 5559
Secretary	
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Jean Hendrickson	722 1241
Publicity	
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Dave Enger	455 5320
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Events	
Len Englund	746 3822

Greetings,

Orienteering, unlike most participatory sports, requires a large backup staff. In fact, the support of a Orienteering Club is nearly essential in order to develop a map library and organize/staff Orienteering meets. With the loss of Tom Stewart's excellent talents as Training Director of the COC (Tom was transferred to Hawaii), the COC now has two open offices, secretary and training director. This understaffing is putting real strains on the present officers in order to sponsor even a minimal number of meets in addition to taking care of day to-day organizational tasks.

What this is all leading to, of course, is that the club is in need of support. Some of the specifics that need to be done within the next few months are:

a. Obtain meet schedules from other nearby Orienteering clubs (Eugene, Or.; Moscow, Id., etc)

b. Make minor map corrections (mostly trail changes) on our new Seward Park map.

c. Obtain map of the University of Washington arboretum for canoe orienteering

d. Begin organization of a Trim Orienteering course in a city park with a sponsor (we have several ideas)

e. Obtain map of St. Edwards seminary and check for orienteering suitability.

f. Organized an Orienteering course through the University of Washington experimental college.

g. Take responsibility for scheduling 'entertainment' (film, speaker, etc.) after each COC meeting (we have several ideas)

Give me a call if you can help out the COC by working on one of the above assignments. We must have more member participation in the running of the Cascade Orienteering Club if it is to continue as an active Orienteering Club.

Mike

EVENTS

Since the last newsletter, the COC sponsored two training events and two orienteering events.

A. On June 23-24 Len Englund and Einar Storakers set up a professional looking booth at the Eddie Bauer Outdoor Awareness Fair at Bellevue Square. The COC was able to have someone at the booth during the two day event, and we helped a number of people gain familiarity with the sport of Orienteering.

B. Tony Paulsen and Charlie Bock were meet directors for the June 30 meet at Seward Park. Tony and Charlie set up an advanced 'score orienteering' meet which unfortunately was scheduled for a rainy, windy day (yes on June 30 !!!!!). The weather caused such a low turnout that the meet will be run again in the fall.

SCORE MEET

1. David Larson	40 points
2. Corrie Fiedler	15 points
3. Mike Fiedler	11 points

C. COC held its annual picnic in association with an orienteering meet and a bon voyage party for Tom and Annette Stewart at the Chambers Lake Area of Ft. Lewis on July 15. Tom set up a beginners course and an intermediate score orienteering course. After the meet was completed we drove to the Stewarts home on Ft. Lewis for a hot dog and beer bash. Here a note of appreciation and a Lifetime membership to the COC were presented to the Stewarts. The intermediate score orienteering course again showed that 'orienteering is for everyone' as Einar and Corrie beat the best of the clubs young competitive orienteers.

SCORE ORIENTEERING

(300 points possible)	
1. Einar Storakers	188 points
2. Corrie Fiedler	185
3. Dave Enger	160
4. Mike Fiedler	150
5. Tony Paulson	67
6. Goran Larsson	60

WHITE COURSE

(2300 meters, 7 points)	
1. Berith Larsson	60 minutes
2. Debbie and Gary MacDonald	88
3. Hendricksons	90
4. Len Englund	106
Jim Bratt and John Elizabeth Yates	

COC SHORTS

WE'RE FAMOUS. G.S. Khalsa who has attended several meets with COC member Savitra Khalsa is a writer for UPI. A recent article he wrote about the Cascade Orienteering Club was published in the South Bend, Ind. Tribune featuring quotes by Mike Sherman, Tom Stewart, and Bob Hendrickson.

Cascade
Orienteering
Club

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CASCADE
Orienteering
CLUB
NEWS

COMING EVENTS

*****NOTE CHANGES IN DATES AND TIMES*****

- August 13
7 pm
7:30 pm
- August business meeting at the Greenlake Library. At 7 pm we will have a short discussion on the sport of Orienteering for newcomers. The meeting will start at 7:30 pm and will be followed by a slide show by Mike Fiedler. The slides are a series depicting a typical Orienteering meet and were put together to introduce newcomers to the sport.
- August 23
7 pm
- Karl Nolte will present ORIENTEERING I - INTRODUCTION TO ORIENTEERING as a lecture in the REI Co-op Clinic Series. The lecture is free and is held in the lecture room (upstairs) in the REI retail store (1525 11th Avenue, Seattle).
- August 30
7 pm
- Karl Nolte will present ORIENTEERING II - FINDING YOUR DIRECTION in the REI Co-op Clinic Series. See above for details.
- September 8
10 am
- Beginners training event at Woodland Park, Seattle. This is planned as a followup to the REI Clinic Series on Orienteering, but is appropriate for all who are new to the sport. Contact Karl Nolte (632 5559) for further information.
- September 16
10 am
- Beginners and intermediate meet in Area 33 at Ft. Lewis. Meet in the town of Rainier at 10 am. Meet director: Einar Storakers.
- Driving instructions: From Seattle drive S on I-5 to Hwy 512 exit south of Tacoma. Drive 2 miles E on 512 then turn S on Hwy 7 and drive 5 miles. Bear right on Hwy 507 toward Roy and drive 18 miles into Rainier. Driving time is 70 minutes.
- ~~Sun. Sept. 30~~ ~~October 13~~
10 am
- Beginners and intermediate meet at Seward Park. Follow the red/white markers up the hill to the registration area.

Mon. Oct. 8

Meeting - Green Lake Lib.
7:30 PM