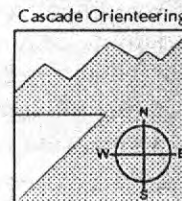




# BEARING 315



The Newsletter of Orienteering in the Pacific Northwest

July, 1996

## Cle Elum Score Meet Ahead

Let's begin with a quick quiz. What's the difference between a Rogaine and a score meet? Well, one is that a score meet gives you about the same time in the woods as a regular meet. Another, is that not everyone starts at the same time. Otherwise they're about the same. A lot of controls are placed which are worth more or less points depending on their difficulties. You must decide which ones to visit trying to get the most points in a given time. Overtime will cost you points and also make the meet director nervous.

Ellensburg OC invites you to a score meet at Cle Elum Ridge on Sunday, September 22. Our wet sprint and late summer have given the woods the softness which makes the Ridge so pleasant. The registration and start will be farther than usual up the hill in order to minimize the initial climb and to get orienteers into the less familiar terrain. Park and walk the usual dirt road to signs directing you to the registration and the start. Starts are from 10:00am to noon. The courses will be your choice of either and hour or an hour and a half, and all entrants are urged to bring water and begin their courses well hydrated. There will be water available in the woods, but the nature of a score meet makes it impossible to place water in the right places for everyone. You might want to carry water. The usual

excellent EOC refreshments will greet finishers.

Course planners Dale Width and Will Sperry have been busy in the woods and were heard to say:

Will: "I'm lost. Do you know where we are, Dale?"

Dale: "Sure." He consults map. "See that hill over there; we're on it."

Contact Will at (509)925-4716 or if you are connected at [sperryw@cwu.edu](mailto:sperryw@cwu.edu) for more information.

## Bullfrog Two-Day in August

Sammamish Orienteering Club will be hosting another two-day event on the Bullfrog Flats/Bullfrog Pond maps in Cle Elum on August 10-11. Mark Howlett and John Rogers will be setting and vetting the courses (five each day). The registration will be along Bullfrog road where the powerlines cross. The charge will be \$1 more than regular C-meet fees. Starts will be 11-1 on Saturday, and 10-12 on Sunday. See you there!

## VWC '96, or Anne & Harvey in Spain

*Anne York and Harvey Friedman*

It began at VWC '94 in Scotland after we picked up flyers for the meet in Spain and fantasized about it with the British friends with whom we were sharing a stone cottage. Anne had always wanted to visit Spain since she is fluent in Spanish, but my excuse always was that I didn't see any reason to go unless there was a good O'meet to attend. The over 35 age group world championship is as important as any meet so I had no excuse. We agreed with our British friends to await further details from the Spanish organizers and to investigate again sharing living quarters.

In 1995 we did receive the application and some tourist information but even more important was the note from our friends of Lakeland O. C. in the Lakes District of Cumbria that they had reserved a luxury villa overlooking the Mediterranean Sea and that Anne & I were welcome to share it with them. It

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Bearing 315 is published six times each year by Cascade Orienteering Club.

was about a 15 minute walk to the beach and 25 minute climb back up hill. There were 3 bedrooms, 2 bathrooms, a well-equipped kitchen with stove, refrigerator, microwave, washing machine, plates, flatware, etc., lots of balconies, and a swimming pool. Since they rented from a British property company, the price was 260 pounds per week. Splitting that 5 ways meant only 52 pounds per week per person, a real bargain.

Knowing how difficult it was in the past to transfer money to a requested account in Europe, we prevailed upon the kindness of our friend, Finn, to do a bank-to-bank transfer entirely within Europe for us. When will US banks wake up? Our other option was to do as Sharon Crawford did and just send traveler's check in dollars for slightly more than the required amount. The Spanish organizers were well organized because both methods worked just fine.

I would like to say that we had an uneventful flight but I can't because we had to change planes a few times. The big surprise was that we made an unexpected stop in Chicago when a passenger several rows up suffered a heart attack. He was lucky because there were 12 doctors on board heading for a surgeon's convention. Despite the delay, we made our connecting flight with minutes to spare, changed airlines in London, and flew down to Madrid.

Anne switched to her other persona as we checked in to get the rental car in the airport. Her Western Hemisphere accented Spanish was easily understood and the clerk who waited on us appreciated speaking in her native tongue while still practicing English by listening to our conversation about which car & options we wanted. We got good road maps of the area around the Madrid airport and of Spain and directions to get us to Murcia where we would use our British friends' directions to get out to the villa.

Having seen movies of traffic in France & Italy, and having dodged cars as pedestrians in London traffic, we expected the worst in Spain since it was a European, Mediterranean country. Much to our surprise, we found Spanish drivers generally to be more courteous than in any place than we have been. 'Keep right except to pass' was observed, except by ignorant foreigners. Drivers would approach, signal that they were passing, move to the left lane, zoom by, signal that they were coming back to the right lane, and do so. Only a few failed to signal coming back or came back too soon. Most on-ramps to the freeways had distances in meters indicated. We soon deduced that the numbers indicated the length of the ramp so one could try to gauge one's speed when merging. Also, drivers already on the freeway

would usually move to the left lane to allow the mergers in. Driving was really a pleasure there and I even got up to 145 kph on a open stretch with the small car we had rented.

After 5 hours of driving through terrain that was quite reminiscent of New Mexico or Arizona (save for a dearth of cacti) including bypassing Murcia, we reached Mazarron where we pulled out our detailed instructions. We had a choice of going thru Puerto de Mazarron to get to Bolnuevo, or to bypass it on backroads to get to the villa. The instructions said not to take the backroads at night but since it was still daylight we tried it anyway. We realized why it would be unwise to take the road at night - no streetlights, many potholes, hairpin turns with no guardrails and steep dropoffs. We got to the coast, started up hill, and after only 1 wrong turn found ourselves in front of Casa Alta. David, Jean, & Mick were waiting for us. They handed us each a glass of good local red wine (less than \$2 a bottle) and we all had a light meal and pleasant conversation before we felt the effects of the long day of traveling and had to retire.

We planned to arrive early so that we could do some 'touristy' stuff before the event so we did some hiking in the hills, along the beach, and other sight-seeing. Most interesting was our drive to Granada where we paid the obligatory visit to Alhambra. The palace and garden complex was a magnificent reminder of Moorish architecture and artistry. The tilework and engravings were as good as any and better than most; the Generalife gardens were a clever use of plants, watercourses, and waterfalls. It was evident how this would really be an oasis in the hot dry summer. One of the halls still has the ceiling carved to represent the hull of an inverted ship; standing in the hall and looking up was breathtaking. We had lunch (in Spain with siesta, lunch is later than here and supper is usually around 2300; we had supper at 2100 and folks wondered why we were eating so early) where we could watch the gypsies working the crowd. The women would put a sprig of rosemary (for love!) in people's clothing and expect to receive money in return. The unwary could easily have money snatched out of their hands, or their pocket picked while their attention was diverted. Female tourists with top buttons unbuttoned could easily have rosemary placed there and at the same time have their valuables (money, passport, etc.) snagged from around their necks. I was surprised at how quickly the gypsies could run when the police approached for people who looked so out of shape.

After lunch at about 1900 or so, we were going to visit Sierra Nevada from which one could see Africa on a clear day, but it was getting late, there was



much traffic, and we didn't want to get back to the villa too late. As it was, we arrived well after dark, and indeed felt that the advice we had been given to make a multi-day trip to Granada was correct. We did it in 1 day, but it was difficult.

We did other shorter trips to Murcia, Cartagena, nude beach, and La Manga, a narrow neck of land separating Mar Major (the Mediterranean Sea) from a shallow body of water, Mar Menor. La Manga is a tourist area, filled with hotels, restaurants, and souvenir shops. One visit was all it took for us to realize that we were happy not to be staying there despite the fact that a majority of VWC participants did stay there.

While we were eating ice cream at a waterfront shop in Puerto de Mazarron, a colorful bus carefully maneuvered through the narrow streets and alleys into the parking lot for a beachside hotel. The Italian orienteers had arrived in style. Another group too smart to stay on La Manga.

One problem I noticed in Spain during Semana Santa (Holy Week), at least in southeast Spain around Cartagena, was that figures in the processions and souvenirs pins and dolls depicted robed, pointy hood with eyeholes characters, figures that looked to me like KKK. It turns out that those in fact represented the Inquisitors of Spanish Inquisition infancy. There, Inquisitors and their history are not just tolerated but still respected for keeping the faith pure. I can't understand that mindset much but knew that I would stay in the villa during the 'festivities'. To use that Monty Python straight line, 'I didn't expect the Spanish Inquisition'.

One of the things we noticed in our travels was the interesting road signs that were orange and white with black letters with such things as EC, ME, Q, F. They were useful to find our way to, among other places, the Event Center where we picked up our registration packets. There was nothing in the packets about the Alicante weekend meet we had heard of before we left Seattle. The others didn't think they could find the venue, but I trusted that if the signage was so good for the VWC, it must be signed for the Alicante meet. I took the car by myself, figured that it must be signed for people coming from the event center in Murcia, acted on my logic, and yes, found O' signs. It was good the signs were there because it was a quite complicated route and driving alone, I had to concentrate so as not to miss. I assumed a noon 1<sup>st</sup> start so planned on arriving about 11:30. I found the registration tent at 11:15 and found that the earliest I could start was at 2:02. I enjoyed seeing other O' friends from around the world before my start but waiting around for over 2 hours in 85 degree heat with hardly any shade took its toll on me out on the course. The mapped

area was a mixture of Corsican pine forest and semi-open terraced fields. I had trouble adapting and only found the 1<sup>st</sup> 10 of the 14 controls in the 3 hours so came on in (the last starter and last across the finish line), ate and drank my meager rations, and drove back to the villa. I took a shower, unfortunately too hot, and in a state of exhaustion and dehydration had to go to bed. Luckily for me, Mick had powdered sports drink similar to Gookinaid which he let me try and it really helped me recover. Despite my weary condition, I provided good directions to meet to David & Jean who went on Sunday. I hadn't recovered sufficiently to go with them especially since I wanted to do better at VWC96 than I had at VWC94. Anne helped me rest and hydrate myself while David & Jean went to the meet and Mick went tramping. The next day, the model event, I did not feel up to running thru the steep- in-places park though the other 4 villa mates all did.

At the preliminary day 1, I met even more friends from other countries and had a slow time in the woods, letting myself get too confused early on to have a good finish. In fact, of those who finished in my group of 80, I was the slowest finisher. Let me explain about groups. At the VWC, there are 2 days of preliminaries with people with the smallest summed times doing best. This is probably obvious to any who attended 2-day A meets in the US. What is not obvious is what to do when there are lots of people in an age group. Well, they assigned (I'm not sure whether it was random, by date of entry, by seeding, or what) them to groups with up to 120 in a group, but dividing the total so that each group would have about the same number of entrants in each. So, with 320 guys in my age group, we had 4 groups of 80 each, rather than 2 groups of 120 and 1 of 80. That way, the top 20 in each group would go to the A final, the 21-40 finishers in each group would go to the B final, etc. Now, you know why pre-registration months ahead is so important. Back to my performance. For the day 2 prelim, I used what I had learned the previous day and reduced my time by 30 minutes. Since it was a dry area, all the streams had nice sandy bottoms that one could run along, keeping track of the stream junctions and intersections, and of where to climb out to get the proper control. Using these stream beds and running along the ridge to give me a good vision of map and terrain were what helped me improve. Also, I contoured much better due to the Moorish irrigation system. Most of the arable land was terraced at a height of just about 1 meter so it was easy to contour but not much fun to climb if that was the direction required. But, as I said, I adapted well

and hoped that the terrain for the finals would be as 'friendly' for me.

My goals for the VWC were modest. Not being particularly fast and not in particularly good physical shape, I wanted to finish ahead of at least 1 guy in the prelims and to finish ahead of about 10 or more in the lowest final which in my case was the D final. My result on the second day was good enough to put me ahead of one other guy who finished that day, and my combined time was better than his. Goal 1 accomplished. When I went to look for start times for the D final, I panicked because my name wasn't there at all. After all sorts of thoughts of possible disqualification, I came to my senses and thought that I had better look at the results board again. Nothing had changed. However, I did notice this time that I placed 57<sup>th</sup> out of 80 in the qualifier and some quick calculations revealed that D final guys were 61 to 80. Yes, I made the C final!!! In fact, my start time was only 1 minute after David's so we joked about who would do better.

Anne finished about midway in her prelim so made the B final, not the A as she had hoped. But Jean did quite well and did make the A final in a younger class. Mick also made the C final also in a younger class.

I was so happy to fulfill my second goal that I lost all concentration in the final and think that I was last in the C final but not having seen complete results yet, I still do not know. One of the other reasons that I might not have done as well as I had hoped in the final was because Anne had left for the States the previous night. We knew after we had registered but before we booked our flights that she would have to fly on the morning of the finals in order to get to DC for an international conference. That meant sleeping the previous afternoon and driving back to Madrid at night in order to catch the early flight. It also meant that I had to find another way to the airport myself, and my flight left early the next morning. Luckily for me, it turned out that Sharon Crawford booked the same flight and was driving back immediately after the award ceremonies. She wanted to stay to get her 1<sup>st</sup> place recognition and be part of the closing ceremonies. This staying later enabled me to see other friends who I had not been able to pick out of the crowd during the previous few days.

Since Sharon was traveling with her sister and her 85 year-old mother and lots of gear, she rented a Peugeot. As it was we could barely fit me and my scant stuff in. Since we waited so long at the ceremony, and it was such a long drive back to Madrid, we arrived too late to get a motel room and tried to doze off in the airport parking lot until dawn. As uncomfortable as it was, we later found

that it was better than standing in check-in queue in the airport with many tobacco-freaks smoking all around.

Since I have no new information about results, I repeat what I had posted on the O-net that several Americans had notable results.

At the "Costa Blanca" meet 6-7 April, Al Smith was 1<sup>st</sup> on Saturday and finished 3<sup>rd</sup> overall in H65; Sharon Crawford was 18 minutes out of 1<sup>st</sup> on Saturday but had a strong run on Sunday to finish 2<sup>nd</sup> overall.

At the VWC '96 itself, Al Smith in H65 had a fantastic performance and was 6<sup>th</sup> overall. Alex Kerr of Canada was in a highly competitive group for the qualifiers and only made the B final despite being 20 minutes faster than some of those from other groups who did make the A final. He won the B final in H60. Ruth Crawford, Sharon's mom, was 1<sup>st</sup> in D85. Sharon Crawford in D50 had a magnificent performance; 1<sup>st</sup> on qualifier day 1, 1<sup>st</sup> on qualifier day 2, and 1<sup>st</sup> in the final. The rest of us enjoyed ourselves.

Many of the Scandinavians were coming from 1 meter of snow to 85 degree sunny hot weather (probably this was why I made the C final rather than the D final, many non-finishers due to the heat). But I think the major contribution to Sharon's fabulous win (besides her superb navigation skills) was the fact that she been training to run in the Boston Marathon on the Monday after the Friday final so she was physically fit. Anyway there will be a couple of thousand folks for VWC97 in Minnesota most of whom will have had a summer of experience so anyone interested in seeing how you compare against experienced Oers from other than just North America, sign up now.

## Iron Goat Trail

*Rick Hood*

Because the date has not been set for the trail bridge activity at St. Edward, that we will be assisting others with, I wanted to let you know of another great to place to make a significant contribution to a trail building effort—the Iron Goat Trail. The "Goat" is a multi-year effort coordinated by VOW and the Mountaineers on a old railroad grade this side of Stevens Pass. Work parties are almost every Saturday and Wednesday from now through Oct 26. To sign up call Rick Hood at 206 367-2606 or better yet, call the Iron Goat Coordinator directly (July/Sam Fry/206 232-3829, August/Mike Sharpe/206 523-9520, September/Bud Liebes/206 232-4402). I have put in three days these season already and had a great time. (If you go, make sure you sign up as "an orienteer helping the goat grow".)



Hey, because the Saturday August 3 COC Capital Hill meet has been moved back, is anyone interested in helping out on the Iron Goat on the third? We could car-pool up together; maybe even ask Bruce if we might drop by his nearby cabin for a pot-luck or something in the evening. Regardless, 5 or 10 orienteers out there on the trail would make a tremendous positive impact. Interested, please call me at 206-367-2606 by July 30th so I can sign us up. (Of course, SAMM, EOC, SACO, NISQ members and family/friends are most welcome too. Sorry Garth--super dog of Dave L.-- I don't think they want you this time.) Oh, and for those of you that want a challenge, it is about a 600 feet vertical climb in just over a 1/2 mile from the car park to the tool cache box. I've hiked in 17 minutes, now what would Nic Bone or Mark Hartinger run that in?

## Field Notes

- Northwest orienteers and WIOL alumni Fred Schmitt and Dan Baird both recently represented the USA in the Junior World Orienteering Championships in Romania. In the short course competition, Fred had an excellent run: the fastest US runner (77<sup>th</sup> overall) and less than nine minutes behind the winner.
- The COC board realizes your volunteer efforts in support of the club and orienteering are what make the sport go and grow. As a small token of that realization, the COC board has formalized its two "Volunteer Recognition Awards" and the process in which they will be awarded. The awards: the "President's Service Award" is given out by the current COC president to someone who has had a major impact on the success of the club in either the past year or recent few years, and the "Board of Directors Life Service Award" is given out by the COC Board for extended outstanding service to the club. The process: the nominating committee will submit recommendations to the president and board, respectively, at the Sept meeting annually; from there they will make a selection from those nominated or of their own choosing; they will then contact the person to be recognized prior to the award presentation at the annual November Dinner (if the person accepts the honor, he/she will be recognized).
- Margie Bone has been doing the Orienteering Hotline for the past few years (thanks Margie) and would appreciate some help. If you are willing to be responsible for the hotline's outgoing messages--Ardis retrieves the messages--for one month, please let Margie know; her number is 634-2279. The ideal would be to have 3 or 4 folks that would each do a few months a year, but even doing in for a month helps the clubs. Also, we again would like to remind meet directors, especially for major events, that if they would like to do their own updates on the hotline, just let Margie know and she will explain how to do it. (It is quite simple and can be done from your own phone.)
- The Big Finn Hill Pot-O-Luck will be held this year as part of the Sammamish Wednesday Evening series, Wednesday July 31. Per usual, start and finish will be at Bruce McAlister's 14014 81st Pl NE, Bothell (on a cul de sac just north of the ballfields in the park). The maps will definitely be of better quality this year, but the park may not be. Even more of the open spaces are covered with blackberries. There will be two Yellow courses. Because this is primarily a social event, the meet charge is \$1 - just enough to cover the map costs.
- Congratulations Bill Cusworth, named by USOF President Rick Worner as one of five USOF members to receive the USOF "Presidential Service Award". He received it for his work on the national rankings and co-chairing the North American class revision committee.
- We still have several Northwest coupons worth either \$100 off or a \$99 companion fare. These could be used for the US Champs. Call or see Bruce (after July 30, or Bill Cusworth may have one left over for the Roundup).
- The Bearing 315 Staff (Peter, et. al.) would like to encourage you to submit items to the Bearing 315. We would love have a regular "techniques and training column". So please consider sending in one or a series a 100-300 word focussed techniques or training items with some aimed at beginners, intermediates, and advanced participants/competitors. Also, we hope to start a "map areas we're/you're look at" semi-regular column to let you know what areas we are considering for an O map or use in the USGS existing map format. Lastly, we are very interested in anything that you think the Bearing 315 readers would like to know or would enjoy seeing.

- On Sunday the 7th of July, Capt Bill (Kirk) Cusworth and First Officer Lisa (Spock) Nordlund boldly paddles where no one had gone before at almost warp 6.9. (Translation: Bill and Lisa paddled course three on the Informal COC Canoe O Trim Course in 63 minutes, to establish the time to break.) If you would like to give the course a try, just visit Bill on campus (bill13@u.washington.edu) or mail me a SASE at:

Rick Hood  
19708 -- 15th Ave NE #19  
Seattle WA 98155-1164

and you will receive a B&W map with courses marked and all the info as well.

- If there are any COC members who would like COC not to remove itself from the 1998 "USOF Championship Bid" process, they should plan to attend the Sept COC meeting and make a strong case (which would likely include commitment for key meet staff like director, setter, vetter, registrar and an appropriate meet site with specific plans/timeframe for permission, field checking, map drafting and production). In the absence of the above the club is likely to remove itself from the bid process as the bids will be evaluated by USOF later in the month at the 1996 US Champs.
- The "Greater Cle Elum Mapping Project". During the informal portion of the last Washington State Orienteering Association meeting, representatives from many clubs discussed a logical and timely mapping program for the greater Cle Elum area and other points east such that we might work towards developing a new A quality map on a regular basis. If you would like to get involved, please come to the next WSOA meeting after the SAMM Bullfrog meet in August.

*[Please send your information, announcements, rumors, gossip, or anything else about orienteering or orienteers to Field Notes. I can't print it if I don't know about it. E-mail: petergo@microsoft.com]*

### Where and what are these Orienteering Clubs?

The Orienteering clubs listed here are independently administered non-profit organizations chartered by the United Stated Orienteering Federation. Sammamish primarily operates in the east-side (Bellevue and Redmond) area, while Cascade (the largest club) operates in the greater Seattle area. Ellensburg is centered in that town, Sacajawea is based in the Tri-Cities area, and the new Chuckanut O.C. is based in Bellingham. Husky Orienteering is for University of Washington students, faculty, and staff. Cascade and Sammamish clubs hold orienteering events throughout the year in the Puget Sound area, and eastward into the Cascade Mountains; the other clubs hold events in their areas. Membership is open to everyone, and entitles you to event discounts, club voting rights, and includes a subscription to Bearing 315, published six times per year.

### What equipment do I need?

The only requirement is a compass. The best kind is a protractor-type with a clear plastic base so that you can see through it to the map underneath. Compasses are available for loan (with deposit) at orienteering events if you don't own one. At each event you will receive a detailed topographic map of the area, usually produced specifically for orienteering by the club. Long pants (light nylon is best, but jeans will do) and long-sleeve shirts are recommended because of sometimes dense underbrush. Jogging shoes or lightweight hiking boots are preferable; your feet may get wet and muddy, so a spare pair socks and shoes are nice. Bring a watch so you can keep track of the time.

### COC Officers and Coordinators:

Margie Bone	President	634-2279
Bill Cusworth	Vice-President	322-6693
Sandy Kish Miller	Treasurer	782-1437
Ardis Dull	Secretary	364-4062
Ron Brown	Volunteer Coordinator	821-6801
Aaron Charlop	Memberships	937-5855
Debbie Newell	Mapping Coordinator	488-7471
Don Atkinson	Equipment	488-0270
Eric Bone	Training Coordinator	524-3718
Peter Golde	Newsletter	883-3732
Paul Magnus	Executive Board	335-3555
Jim Siscel	Executive Board	778-7202
Eileen Breseman	Publicity and Promotion	483-6592

### Sammamish Officers and Coordinators:

Dave Tallent	President	392-3061
John Sincok	Vice President	822-3621
Valerie Enger	Treasurer	822-6254
Dave Enger	Mapping Coordinator	822-6254
David Lilly	Newsletter Coordinator	454-4136
Kathy Trost	Memberships	271-5508

## Orienteering Club Membership Application

- ☐ Cascade O.C. ☐ Sammamish O.C.  
☐ Ellensburg O.C. ☐ Sacajawea O.C.

Name \_\_\_\_\_

Address \_\_\_\_\_

Home phone \_\_\_\_\_ Work (opt.) \_\_\_\_\_

E-mail \_\_\_\_\_

Family Members \_\_\_\_\_

Optional Information:

Occupation \_\_\_\_\_

Orienteering Experience \_\_\_\_\_

Special Interests \_\_\_\_\_

Orienteering Interests (circle):

- Event Participation Improving Skills Writing Teaching  
 Event Organization Map Making Publicity Coaching  
 Course Setting Field Checking Exploration of new areas

- ☐ Family or Group \$15.00/year  
☐ Individual \$10.00/year  
☐ Associate (under 18) \$5.00/year  
☐ Newsletter only [COC only] \$6.00/year

Mail this form, along with payment, to one of:

Cascade Orienteering Sammamish Orienteering  
 P.O. Box 31375 P.O. Box 3682  
 Seattle, WA 98103 Bellevue, WA 98009

—OR—

Ellensburg Orienteering Sacajawea Orienteers  
 c/o Will Sperry c/o Elis Eberlein  
 1006 N. Water St. 520 Meadows Drive S.  
 Ellensburg, WA 98926 Richland, WA 99352

### Other Club Contacts:

Elis Eberlein, Sacajawea Orienteers	(509)627-0378
Will Sperry, Ellensburg O.C.	(509)925-4716
John Beck, Eastern Washington O.C.	(509)838-7078
Terradan Landchild, Columbia River O.C.	(360)254-4090
Eric Bone, Husky O.C.	(206)634-2279
Ken & Joanne Klepsch, Chuckanut Orienteers	(360)299-1010

### Event Fees

Event fees are charged on a per-registration basis: two people running together with the same map and punch card pay a single fee. Additional maps are available; the charge varies depending on the map. Fees vary, but the following are typical fees for local ("C") events with color maps. "A" and "B" meets, state championships, rogaines, and other events will cost somewhat more.

Club members (any club)	\$4.00
Non-club members	\$5.00
Junior (under 18)	\$3.00
Families	map fee only after first two



# Meet Results and Standings

## Durr Road

May 5, 1996

Ellensburg Orienteering Club

Meet Director, Courses: Will Sperry

Registration: Betty Wilberg

Start/Finish: Sally Evans

Cookies: Addie Graaff

Our meet had a gratifying turnout considering the several meets available to Northwest orienteers this weekend. Longtime fans of the unique sagebrush site, as well as three novices, enjoyed a decent spring day.

### Beginner's Course (2.6k, 8 controls)

Peter Weron 35:10

### Short Intermediate (4.9k, 10 controls)

Peter Weron 58:20

Anne York 1:02:47

David Soreide 1:54:07

Ruth Ann stacy 2:07:44

### Long Intermediate (6.6k, 13 controls)

Don Denbo 1:18:09

Ardis Dull 1:31:16

Harvey Friedman 2:12:14

Kent Verbeck DNF

### Advanced (9.0k, 17 controls)

Dave Enger 1:13:49

Howard Halter 1:23:29

Dale Width 1:23:40

For the first time this year, the Pig War was settled by a single day relay, which most people agreed added fun and excitement to the competition. Due to a low number of participant from north of the border, only two Canadian teams were entered, both in the Blue category. The Yanks convincingly won, with a 1-2-3 finish in that category.

The relay proved to be lots of fun, with the highlight probably being Bill Cusworth's 180 degree error at the start in full view of the crowd, eventually hearing the yells of his teammates and turning around to give chase to the rest of the pack. But he got his errors out of the way early, and went on to win the first leg for the O' Parts team.

Leg 1: 3.5km, 85m, 9 controls

Leg 2: 3.0km, 55m, 12 controls

Leg 3: 3.7km, 125m, 9 controls

### Gold Teams (2-4 points per team)

#### *O' Parts*

65:30

Bill Cusworth 23:22

Debbie Newell 19:35

Eric Bone 22:23

#### *3 Blind Mice*

71:32

Eric Fredrickson 30:35

Jan Urban 21:11

Paul Magnus 19:46

#### *CROC*

71:42

John Britton 24:41

Curtis Condon 27:49

Heikki Pajuoja 19:12

#### *SAMM Two Missiles*

84:31

Mike Fritz 29:20

Dave Tallent 30:17

Nic Bone 24:54

#### *Early Risers*

90:00

Aaron Charlop 37:21

Susan Eberlein 31:26

Elis Eberlein 21:13

#### *International Devils*

93:23

Sandy Kish Miller 35:37

Jana Urbanova 29:20

Jan Vrana 29:26

### Blue Teams (5+ points per team)

#### *Trotting Trout Trio*

101:13

Eileen Breseman 34:33

Knut Olson 41:07

Rick Breseman 25:33

#### *Don's Guys*

104:51

Kean Williams 29:19

Don Atkinson 35:30

Howard Halter 40:02

#### *Senior Citizens*

123:18

Linda Moore 29:28

Ken Lew 61:26

Carl Moore 32:24

#### *Queen's Runners*

125:27

Fred Veler 29:12

Scott Donald 57:20

Alex Kerr 38:55

#### *Jack of All Ages*

144:21

Carl Coger 42:30

Errin Eng 50:28

Mavin Eng 51:21

#### *East & More East*

149:05

John Beck 64:42

Amy Burgess 60:11

Bill Borrie 34:12

#### *Cookie Monsters*

149:19

Will Sperry 55:48

Joanne Sperry 61:23

Kent Verbeck 32:08

## Pig War Relay

Cle Elum Ridge

June 2, 1996

Cascade Orienteering Club

Courses: Peter Golde

Meet Director: Rick Hood

Timing/Results/Awards: Linda Hood

Key Meet Staff: Marti Anderson &amp;

Emily Routledge

Outhouse Development: Debbie

Newell/Dave Tallent

Marker Pick-up: Peter Golde, Don

Atkinson, Paul Magnus, Erik

Fredrickson, Bill Cusworth, &amp; Erik

Bone



## Cle Elum Ridge

June 1, 1996

Cascade Orienteering Club

Meet Director: Debbie Newell

Courses: Nic Bone

Registration: Jay Zimmerman

Start: Jana Urbanova, Harvey Friedman

Finish: Carl Moore

Map copying: Nic Bone, Debbie Newell, Dave Tallent

### Course 1 (7 controls)

Jill Enright	57:53
Aaron Gilligan/Lisa Boonprakong	64:30
Ryan Breseman	65:76
Kenny Craymer	82:18

### Course 2 (7 controls)

Aaron Gilligan/Lisa Boonprakong	34:30
Trish Charlop	59:24
Errin Eng	68:50
Emily Routledge/Kathy McDonald	75:05
Lisa Bellefond/John Floberg	Map hike

### Course 3 (7 controls)

Curtis Condon	48:50
Eric Fredrickson	77:33
Amy Burgess	90:05
Lael Smith	DNF

### Course 4 (8 controls)

Alex Kerr	42:22
Peter Golde	45:54
Carl Moore	49:10
Kean Williams	50:09
Dave Petty	50:53
Don Atkinson	59:12
Sid Whaley	62:22
Ken Lew	62:30
Scott Donald	63:04
Linda Moore	63:50
Carl Coger	64:02
Susan Eberlein	65:11
Knut Olson	80:31
John Sincock	92:55
Matthew Shulman	105:37
Harvey Friedman	139:26
Anne York	DNF

### Course 5 (7.2k, 11 controls)

Arne Skog	62:05
Mike Fritz	63:18
Debbie Newell	71:38
Jan Urban	71:55
Fred Veler	72:48
Howard Halter	75:12
Dave Tallent	77:58
Eileen Breseman	79:21
Sandy Kish Miller	91:20
Mac MacDonald	93:03

Don Denbo	94:22
Bill Borrie	96:59
Marvin Eng	99:35
Michael Corey	105:02
Aaron Charlop	106:22
Ardis Dull	107:44
Doug Sprugel	118:52
John Beck	138:25
Neil Smith	148:08

### Course 6 (17 controls)

Heikki Pajuojä	88:07
Eric Bone	92:40
Elis Eberlein	100:28
Paul Magnus	106:11
Dave Enger	109:25
John Britton	125:39
Robert Miller	128:57
Rick Breseman	129:25
Larry Sorenson	202:20
Bill Cusworth	DNF

## Robinswood Park

June 5, 1996

Sammamish Orienteering Club

Meet Director: Bob Reddick

Courses: Jan Urban

Registration: Pat Reddick

Timing: Jan &amp; Jana Urban, Chris Lum

Barbecue: Margaret Nicks, Dave Enger

### Course 1 (1.1k, 7 controls)

Margie Bone	12:35
Lewrie Closo	18:03
Dave Orcutt + 4	25:36
Jeffrey Olson	26:01
Michele Starks + 7	26:16
Matej & Anna Urban	36:25

### Course 2 (freestyle, 20/21 controls)

Ardis Dull	23:48
Don Atkinson	25:57
Sally Stefanich + 2	31:04
Dennis & Margaret Nicks	35:56
Darlene Ducey	36:07
Swenson/Asbell	40:19
Charlie Colver + 1	51:42
Edward Clark/Logan Brenden	52:02
Eric Lawson/Martin Watson	59:43
David Orcutt & family	60:30
Adam Kines	62:40
Ted Sweet/Jeremy Weatherford	66:37
Ryan Seto	68:13
Jeff Olson	70:18
Jessie Bell + 1	71:10
Valerie Tike + 1	74:30
Lisa O'Brien/Janelle Ducey	79:10
Todd Erskine + 1	88:11
Katrina Marshal/Jennifer Robinson	95:40

### Course 3 (memory, 20/21 controls)

Eric Bone	20:07
Chris Lum	32:04
Ken Lew	41:28
Kean Williams	45:31

## Bullfrog Pond

June 15, 1996

Sammamish Orienteering Club

Meet Director: Dave Enger

Courses: John Sincock

Registration: Bob Reddick

Start: John Sincock

Finish: Dave Enger

Water, Setup, Marker Pickup: John Sincock, Lew Sincock

Cookies: EOC

### Course 1 (2.4k, 7 controls)

Ryan Breseman	57:18
Susan, Mark, Marie, & Kenny Eberlein	70:04

### Course 2 (3.2k, 7 controls)

Ruth, Ann, Stacy, Jim Pope	77:47
Jesie Mag + 2	115:30

### Course 3 (6.6k, 12 controls)

Fred Veler	63:40
Jana Urbanova	73:19
Howard Halter	74:55
Kean Williams	77:13
Don Atkinson	82:08
Linda Moore	92:26
Roger Rosenblatt	96:37
Scott Donald	98:05
Sandy Kish Miller	100:25
Todd Bohle	101:35
Ken Lew	102:00
Vivien Fritz	106:31
Dave Petty	108:18
Susan Eberlein	113:02
Knut Olson	115:00
Marti Anderson	121:25
Harvey Friedman	140:20
Larry Sorenson	148:20
Anne York	149:23
Shirley Donald	156:12
Will Sperry	163:44
Gill Bailey	DNF
Joanne Sperry	DNF

### Course 4 (8.5k, 13 controls)

Dave Enger	83:31
Steve Chatwin	108:40
Eileen Breseman	116:28
Mike Fritz	117:13
Leigh Barley	144:38
Debbie Newell	149:44
Carl Moore	150:50
Dave Tallent	170:27
Bill McKenzie	192:21

Dale Width	DNF	Dave Petty	91:31	Jana Urbanova	23:44
Mac MacDonald	DNF	Jock Yound + 1	133:36	Anne & Paul Magnus	24:18
<u>Course 5 (10.1k, 15 controls)</u>		Jonathan Young	134:30	Eileen Breseman	24:50
Eric Bone	89:22	Leigh Bailey	Map hike	Eric Riggers	28:34
Paul Magnus	90:19	Gill Bailey	Map hike	Ardis Dull	29:10
Elis Eberlein	93:08	<u>Course 4 (7.2k, 11 controls)</u>		Jessica Hirschfelder	29:55
Jan Urban	98:49	Arne Skog	52:06	Don Atkinson	30:08
Rick Breseman	112:15	Debbie Newell	60:01 (5)	Kean Williams	35:50
Kris Dartnell	112:59	Steve Chatwin	64:22	Ken Lew	42:15
Robert Miller	144:52	Mike Fritz	65:49 (5)	Bob & Pat Reddick	63:03
Ian Kluckow	164:38	Dale Width	67:15		
Bill Cusworth	DNF	Susan Eberlein	92:56		
Fred Schmitt	DNF	Fred Schmitt	97:23		
		Dave Tallent	97:56 (37)		
		Ardis Dull	102:16		
		Carl Moore	102:46		
		Bill McKenzie	131:28		
		Eileen Breseman	DNF		

## Bullfrog Flats

June 16, 1996

Sammamish Orienteering Club

Meet Director: Dave Enger  
 Courses: Bruce McAlister  
 Registration: Willard Sperry  
 Start: Dave Enger, Bruce McAlister  
 Finish: Bob Reddick, Lew Sincock  
 Water: John Sincock, Lew Sincock  
 Marker Pickup: J. Sincock, B. McAlister, B. Reddick, D. Enger

Several control markers (5) were misplaced on Course 1 (2), Course 3 (2), Course 4 (3), and Course 5 (2). Times have not been adjusted to account for lost time looking for misplaced control markers. However, several people estimated their lost time, and their estimates are shown in parentheses.

### Course 1 (2.1k, 9 controls)

Ryan & Rick Breseman 81:36

### Course 2 (2.8k, 8 controls)

Joanne Sperry 38:32  
 Willard Sperry 38:55  
 Anne York 52:00  
 Engers 63:35  
 Megan & Jessie 71:14

### Course 3 (5.7k, 9 controls)

Fred Veler 48:52  
 Bill Cusworth 51:43  
 Kean Williams 60:34 (5)  
 Linda Moore 67:00 (5)  
 Sandy Kish Miller 67:45  
 Larry Sorenson 70:51  
 Scott Donald 71:00  
 Knut Olson 72:24  
 Todd Bohle 72:37 (10)  
 Vivien Fritz 75:00 (10)  
 Ken Lew 80:38  
 Harvey Friedman 85:07  
 Shirley Donald 89:54

### Course 5 (10.1k, 12 controls)

Paul Magnus 55:20  
 Eric Bone 57:56  
 Elis Eberlein 63:04 (6)  
 Mark Howlett 63:20  
 Rick Breseman 71:53  
 Jan Urban 77:37 (11)  
 Dave Enger 78:33 (10)  
 Kris Dartnell 85:59  
 Robert Miller 101:16

## Luther Burbank Park

June 26, 1996

Sammamish Orienteering Club

Meet Director: Dave Enger  
 Courses: Mark Howlett  
 Timing: Mark Howlett  
 Marker Setting: Mark & Wanda Howlett  
 Barbecue: Bruce McAlister

### Course 1 (1.5k, 10 controls)

No participants

### Course 2 (3.05k, 15 controls)

Thomas Notides 28:02  
 Harvey Friedman 33:25  
 Eric Niles 35:20  
 Anne York 43:32  
 Nancy Torgan/Kent Jameson 47:27  
 Troop 832 99:40  
 Kathleen Vanderzee/Kevin Quindt DNF  
 Girl Scout Troop 1488 DNF

### Course 3 (freestyle, 25 controls, ~4k)

Arne Skog 21:47  
 Debbie Newell 21:48  
 Dave Tallent 22:20  
 Peter Golde 22:33



## Upcoming Orienteering Events

**(call 783-3866 for latest information and details)**

Date/Time	Location and Comments (events close to Seattle in bold)	Type	Club	Map	Contact
July 26-28	BC Summer Games, Trail/Castlegar B.C.	B	OABC		S. Chartrand (604)549-7073
Sun., July 28 10am-noon	UW Campus, Seattle. Take 45 <sup>th</sup> st. exit from I-5 east to 17 <sup>th</sup> Ave., turn right into UW and follow signs.	C	HUSK	1:5000	A. Charlop (206)935-8742
Wed., July 31 5:30-7pm	Big Finn Hill Pot-O-Luck. White/yellow difficulty course, plus pot-luck dinner to follow. Bruce McAlister's house, 14014 81 <sup>st</sup> . Pl. NE, Bothell.	X	SAMM	color	B. McAlister (206)821-6862
<b>AUGUST</b>					
Sat., Aug. 3 10am-noon	→→→ CANCELLED - Rescheduled Nov. 2 ←←← Capitol Hill, Seattle. Tentative. Call hot line or see next issue to confirm and for start location.	C	COC		(206)783-3866
Aug. 10-11 11-1 / 10-12	Bullfrog Flats and Bullfrog Pond, Cle Elum, WA. I-90 exit 80, turn north. See article this issue for details.	B	SAMM	color 1:15000	Dave Enger (206)822-6254
Aug. 9-14	Canadian 5-day and Canadian Championships, Quebec.	A	OOC	various color	Lorna G. (613)226-3947
Sat., Aug. 17 11am	6-hour Rogaine, Old Man Pass, WA. Mass start at noon. Discount for pre-registration.	R	CROC		Les Stark (360)693-9379
Aug. 17-25	American O' Roundup. 6-day event plus USOF convention.	A/X		various color	Rick Slater (609)758-0785
<b>SEPTEMBER</b>					
Sun., Sept. 1 10am-noon	Cornwall Park, Bellingham.	C	CHUKO		Ken Klepsch (360)299-1010
Sun., Sept. 8 10am-noon	TENTATIVE ONLY - call hotline for confirmation. Trollhaugen, Snoqualmie Pass. I-90 exit 62.	C	COC	1:15000	(206)783-3866
Sun., Sept. 15 1-3pm	Sacajawea State Park, Tri-Cities.	C	SACO		Elis Eberlein (509)627-0378
Sun., Sept. 22 10am-noon	Cle Elum Ridge, Cle Elum. Score-O. I-5 Exit 85, N across freeway, east on SR 10. See article this issue.	C	EOC	1:15000	Will Sperry (509)925-4716
Sun., Sept. 22 10am-noon	Washington Park, Anacortes. Take highway from Anacortes toward San Juan ferries, follow signs straight to park when ferry traffic turns right.	C	CHUKO	1:10000	Ken Klepsch (360)299-1010
Sept. 28-29	B.C. Champs. Brandywine, B.C. (near Whistler).	A	GVOC		M. Dutkiewicz (604)948-0392
Sun., Sept. 29 10am-noon	Lake Sammamish State Park, Issaquah, WA. I-90 exit 15, north to park.	C	SAMM	1:10000	Dave Enger (206)822-6254
<b>OCTOBER</b>					
Sat., Oct. 5 10am-noon	Fort Casey State Park, Whidbey Island. Take Mukilteo-Clinton ferry, then highway north from ferry. Or take ferry from Port Townsend; walk to park.	C	COC	1:7500	(206)783-3866
Sun., Oct. 6 11am-1pm	Powell Butte, Portland.	B	CROC		Curtis Condon (503)357-1999
Sat., Oct. 12 10am-noon	Western Washington University, Bellingham.	C	CHUKO		Ken Klepsch (360)299-1010
Sun., Oct. 13 1-3pm	Rooks Park, Walla Walla.	C	SACO		Elis Eberlein (509)627-0378
Sun., Oct. 20 10am-noon	Shoreview Park, Shoreline.	C	SAMM		Dave Enger (206)822-6254
Sun., Oct. 27 dusk	Halloween Vampire-O. Night orienteering. Bring flashlight! Location TBA—call hot-line.	C	COC		(206)783-3866

**CLUBS:**

COC: Cascade Orienteering Club  
EWOC: Eastern Washington O. C.  
CROC: Columbia River O. C.  
HUSKY: Husky (UW) O. C.

SAMM: Sammamish O. C.  
EOC: Ellensburg O. C.  
SACO: Sacajawea O. C.  
SAGE: Sage O.C., Kamloops B.C.

NISQ: Nisqually O. C.  
CHUKO: Chuckanut O.C.  
GVOC: Greater Vancouver O. C.  
VO: Victorienteers

**MEET TYPES:**

C: Regular local meet  
B: Major local meet  
A: National-level meet, must preregister  
R: Rogaine X: Special event

# United States Orienteering Federation

P.O. Box 1444  
Forest Park, GA 30051/  
MEMBERSHIP APPLICATION

☐ New member    ☐ Renewal    ☐ Address Change

As a U.S. Citizen or U.S. Resident, I hereby apply for USOF membership. I understand that I am entitled to a one-year subscription to *Orienteering North America*, voting rights, and membership in the IOF. Please print.

Date \_\_\_\_\_ Yr. Born \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

Home Phone (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_

If family membership, list other persons:

Name \_\_\_\_\_ Year Born \_\_\_\_\_

Member of a chartered club? Club \_\_\_\_\_

- ☐ Individual \$25 member of a chartered club  
☐ Individual \$30 at-large  
☐ Family \$30 members of a chartered club  
☐ Family \$35 at-large  
☐ Student \$10 (21 & under)  
☐ Junior \$5 (18 & under/no vote/no magazine)  
☐ Individual Life \$450    ☐ Family Life \$540  
 For mailing O/NA overseas (except APO & FPO):  
☐ \$5 extra surface    ☐ \$25 extra airmail

## What is USOF?

Often in this newsletter, or in orienteering conversation, you will hear references to "yousoff," and you may have seen the magazine "Orienteering/North America." But why do they need so much money, you ask? We charge \$10/year for local dues, so why should it cost an extra \$25 to join an organization that doesn't seem to do much? The answer, of course, is that USOF does quite a bit.

The largest part of USOF dues goes for the O/NA subscription. This is not only a great source of information, it is well written and edited, and has many articles of general interest on health, exercise, and training. From time to time, we reprint articles from O/NA, and there are always copies available at major meets and club meetings. Most of the rest of USOF dues goes to pay for insurance. Although we, as individuals, might be willing to waive insurance, virtually all land owners, both public and private, require insurance as a precondition even to talking about using their land for orienteering. USOF members get a small rebate, about \$2 per national meet, to help balance out the insurance, but, basically, USOF subsidizes our meets. Without USOF, I doubt that either Cascade or Sammamish could afford the insurance to hold another meet.

So we encourage you not only to join your local club, but to join and support USOF. The magazine along is worth the cost. You will also find as many opportunities to serve on national committees as there are to serve locally. USOF, like our local clubs, has no paid employees, and does not pay travel or per diem expenses for its officers. USOF, like Cascade, is an IRS section 501(c)(3) corporation. Which means that donations, including costs, are fully tax deductible. JOIN NOW!

Bearing 315  
is published by:

Cascade Orienteering Club  
P.O. Box 31375  
Seattle, WA 98103  
(206) 783-3866

NON-PROFIT ORG.  
U.S. POSTAGE  
PAID  
SEATTLE, WA  
PERMIT NO. 946