

Nov/Dec 1985

Elections

It's still not too late to run for an office. The club elections will be held during COC's Annual Meeting on November 20 at 7:00 p.m. at the Greenlake branch of the Seattle Public Library.

If you have ever had a complaint about how a meet was run, or how COC's money has been spent, now is the time to do something about it. Being a club officer is the best way to put your ideas into action.

Certainly, a club officer must be responsible. The other club members depend on the officers to use the club's money wisely. But there are also benefits to being an officer: you get to be in on deciding what the club will do and how its money will be spent. You get to decide what is best for the club, rather than others deciding it for you. You will also get to know other club members better. While board meetings are not exactly wild parties, they are a good opportunity to get to know other club members. COC has a lot of great people as members, and you're really missing something if you don't get involved in the workings of the club.

Orienteering has the potential to become a very big sport, but that will not happen without the support of those who know what a great sport it can be. So, please, run for an office, or volunteer for a coordinator's position. Right now, we desperately need candidates for President and Vice-President. Think of all those times you've complained about meets, and do something about it now. Pick up the phone and call the Nominating Committee Chairman, Harvey Friedman (784-2774) and let him know which position you are interested in. See you at the meeting November 20.

--- Debbie Newell, President

The nominating committee has managed to find volunteers for the offices of Secretary and Treasurer at press time. Look at page 2 to see what the coordinator positions are and volunteer if you are interested; the next president can replace all current coordinators if enough enthusiastic, capable members come forward. If anyone else wants to edit "Bearing 315", I am ready to relinquish the role; after 2 years of Harvey's hacking, folks are probably ready for a different format from a new editor. Come to the 20 November meeting. --- Harvey

Pot-O'-lucks

The next pot-luck will be 23 November after the Discovery Park night-O meet at Mike Schuh's apartment at 1706 NW 56th #3. The building is just west of the Ballard post office and the phone # is 783-3960.

Officers & Board Members

The officers and executive board members of the Cascade Orienteering Club are:

President	Debbie Newell	488-7471
Vice President	John Huth	
Secretary	Valerie Enger	822-6254
Treasurer	Susan St. John	523-5643
Newsletter Editor	Harvey Friedman	784-2774
Mapping		
WJOL Coordinator	Mike Schuh	783-3960
Membership	Barbara Pedersen	365-8389
Equipment	Francis Smith	634-1104
Publicity	Roger Sharp	329-3675

BEARING 315 contains results, a schedule, articles of interest contributed by members or selected from other sources and lots of material written by the editor, Harvey Friedman; letters to the editor are most welcome. Any correspondence to Cascade Orienteering Club or to this Newsletter should go to

P.O. Box 31375
Seattle, Wash. 98103

Other clubs wishing to receive BEARING 315 in exchange should send their newsletters directly to the above address.

Next Issue

All material to be published in the next issue must be received by 15 December the earlier, the better.

Club dues

Please check the date on the mailing label to see when your membership expires. Renew promptly if you want to continue receiving BEARING 315, the club newsletter, and seeing how your name might be misspelled in the results column. An application form is enclosed somewhere in this newsletter for your convenience. Words of both thanks and welcome go to the following new or renewing club members: Johan Anderson, Jim Davis, John Nitardy family, Knut Olson, Orville Rhine

Schedule assumptions

Not all meets listed in the schedule of events are hosted by Cascade Orienteering Club but I do not indicate the hosting clubs except on occasion. I do this to encourage all readers of this newsletter to consider attending any meet listed. Most are within a 10 hour drive of Seattle and the more people who go, the better the time for all. For those concerned, Oregon meets are put on by Jeff Lewis' Oregon Orienteering, meets in Tacoma and south are put on by Nisqually Orienteers, Dave Enger hosts meets east of the lake, and area code phone #'s help one determine if the host club might be EOC or one of the OABC clubs.

RESULTS

EVERGREEN O' CUP 10 August 1985 Ft. Steilacoom County Park, Nisqually O.

35 people turned out for the 3rd annual O' cup. This event marked the inauguration of the new 5 color map drafted by Bob Forbes. What a difference a little color makes for the readability of a map! Under the apparent calm of the organizers that put out pre-marked maps and assigned start times, brewed the chaotic minor problems that seem to plague all events. Special thanks go to Bob Forbes' family - Scott, Carol and John Forbes and old friends Bob and Cindy Robbins who came all the way from Pennsylvania to staple and stuff maps and assist in many other ways. Other people who helped are Bob Forbes, designing, setting, starting, and picking up; Mary Forbes, setting, registration, and picking up; Mike Tharp, Rob Knudsen, and James Hamaker all of whom helped out in various capacities in finishing and collecting points; and Gary McCausland who just ran around with his head cut off doing nothing in particular.

Finally we want to thank all of you that came out to participate. We hope you had an enjoyable time and will be back for some more of these events. We will supply the sunshine if you supply the enthusiasm. --- Gary McCausland

Course 4

M 21A

Ingemar Jansson	47:10
Dave Enger	54:50
Jeff Lewis	62:07
Bruce O'Neill	62:10
Mike Schuh	65:52
Orville Rhine	71:50
Ralph Fehlberg	74:24
Wayne Patterson	74:40
Steve Murray	76:23
Glenn Wittpenn	81:47
Bill Nelson	83:31
James Matsusaka	89:30
Chuck Bender	105:21
Gary Johnson	160:42
M 35-A	
Mike Tharp	70:05
John Maier	71:05
Bill Greenwood	87:20
F 21A	
Jessica Hirschfelder	101:32
Karen Hertzog	126:13
Open A	
Bill & Greta Cord	106:30

Course 3

M-18A

Nathan tharp	61:04
M Open B	
Mal Westcott	71:52
Rob Knudsen	73:30
James McNamara	80:27
Steven Swann	102:37
F Open B	
Eileen Williams	60:34
Valerie Enger	82:35
Course 2	
M Open C	
James Hamaker	40:00
Francis Smith	72:00
F Open C	
Michelle Everett	38:25
Sandy Miller	46:00
Petia Niederhauser	63:35
Course 1	
M Open D	
Colin Westcott	128:00
F Open D	
Linda Miller	64:24

Relay

Team	Leg 1	Leg 2	Leg 3	Total
Valerie Enger	17:19			
James Hanaker		12:36		
Dave Enger			22:59	52:54
John Maier			27:00	
Jeff Lewis		12:45		
Wayne Patterson	13:22			53:07
Ingemar Jansson			21:00	
Sandy Miller	17:24			
Eileen Williams		16:53		55:17
Karen Hertzog		20:02		
John Forbes	18:20			
Mike Schuh			28:50	67:12

Ft. Steilacoom County Park 14 September 1985 Nisqually Orienteers

We survived the wetness and held off rainstorms for long enough to hold yet another event at Ft. Steilacoom. Nathan & Mike Tharp set courses at 2, 3.5, 4, and 6.9 kilometres for the drizzly Saturday morning. Gary McCausland helped place and pick up controls. Also special thanks to Karen Hertzog and Bill Greenwood for help in picking up markers. The Dewees family made up most of this meet by number. But we did have new people, Dave Howe and Dick Diesner who both had excellent times on Course 1, and Swedish exchange student, Mikael Berglof ran Course 4. --- Gary McC.

Course 1 2 km

Dave Howe	23:35
Dick Diesner	33:00

Course 2 3.5 km

Karen Hertzog	48:48
Don & Angie Dewees	65:45

Course 3 4 km

Harvey Friedman	125:28
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Bette, Bradley, &	
Casey Dewees	91:28

Course 4 6.9 km

Bill Greenwood	73:28
Mikael Berglof	79:52

Cathy Jacobson	Rec
Maia Halvorsen	Rec

U. of W. campus meet 21 September 1985

Courses: Jan Vrana

Meet Director: Sandy Kish Miller

Many thanks to Ardis Dull, Arnold Kay, Katie Sprugel, Doug Sprugel, and Robert

Miller for assisting in registration, start and finish and beginner instruction. We had an excellent turnout for a day that started out threatening rain and ended with warm sun. After entrants ran the gamut of singing sorority sisters, they tackled interesting courses set by the crazy czech, Jan Vrana, with just one control set in a debatable position. We were pleased to have visitors from B.C., Ellensburg, and the Tacoma area. --- Sandy

Beginner		Advanced	
Alex Friend	17:01	Robert Miller	33:31
K Knapp & N Wallace	18:20	Debbie Newell	37:52
Neva Yorkston	19:10	Bill Nelson	41:20
Francis Smith	26:02	Chris Loftus	41:32
Simunds family	27:45	Rick Breseman	43:04
Haug family	34:50	Will Sperry	43:13
		Orville Rhine	43:34
Intermediate		Scott Coble	45:11
Vernon Oshiro	34:36	J Stone	46:07
Alex Friend	39:55*	Roger Sharp	49:09
Neva Yorkston	50:03*	Joe Hudson	49:45
Carol Ross	54:30	Carl Moore	50:15
K Knapp & N Wallace	55:00*	Ken Knapp	53:38
Dick Diesner	67:39	Harvey Friedman	55:58
* 2nd course		Ardis Dull	58:59
		Erin Renshaw	67:50
		Craig Brooks	68:33
		Neil Cochran	75:30
		L Kohli	83:45
		Doug Sprugel	49:05

The Evergreen State College

28 September 1985

A great turnout of 30 people attended this event at the campus of the state college. Included in this group were several 1st time orienteers. Again the weather was warm and sunny making for a delightful local event. A few stones can be thrown at myself for doing what is typical of small meets; designing the course from the kitchen and checking the locations while the points are being set. Obviously, this can create problems where the map may not be consistent with the actual terrain. Placement was attempted to make the controls "easier" to find from the standard route, but as usual (orienteers being an independent breed), some found all the discrepancies. I apologize and hope the cookies and nice weather made partial amends. --- Gary McCausland, Nisqually Orienteers

Short course	1.6km	7 ctls	Medium I	3.2km	11 ctls
Mike Dobias	16:14		Rob Knudsen	37:46	
Angie, Bradley Dewees	20:23		James Hamaker	42:20	
Carla Forteney, Bette			Mike Dobias	43:00	
Dewees, Casey Dewees	23:12				
Mary Amades, Peggy Tharp	24:12		Medium II	3.9km	11 ctls
Sue Holder	35:30		Mikael Berglof	30:45	
Darrin Mott	38:26		Rob Knudsen	38:47	
Amanda Holder, Christi Dryden	47:07		James Hamaker	44:04	
Loren McDonald, Auden Jameson	55:19		Katie Sprugel	55:18	
			Gary Johnson	61:37	
			Karen Hertzog	70:37	
			Maia Halvorsen	No time	

Combined Short/Medium I	4.8km	18 ctls
	split	total
Mike Schuh	10:16	39:15
Dave Enger	11:17	40:49
Debbie Newell	11:20	40:53
Robert Miller	10:43	43:06
Arnold Kay	11:12	45:18
Kaj Fjellstad	12:48	49:35
Joe Hudson	16:12	60:46
Douglas Sprugel	24:37	68:16
Sandy Miller	13:40	80:47

Washington State Championships 5-6 October 1985

I received the results of the 1985 Washington State Championships neatly typed but with no course lengths and no descriptive prose so I'll just have to give my own impressions. Day 1 was a beautiful sunny day on Cle Elum Ridge with excellent courses designed by Peter Haynes of COC by way of Cambridge University. Day 2 was an intermittently showery day on Durr Road, Ellensburg with courses designed by Dale Width of EOC. Since I finished Course 4, I can report that 6.1 km and 5.4 km were the course lengths, somewhat long for Green, but both courses were fun. Some of the top performances were by Clayton Smith both days on Course 6, visiting Norwegian Mari Gabrielsen super run on day 1 Course 5 and excellent total time, Debbie Newell 2 consistent days on Course 5 for fine total, Anne York terrific day 1 run on Course 4, Knut Olson Course 3 completed his 1st 2-day meet in 40 years. 1st-time visitors to an Ellensburg O. C. hosted meet were pleasantly surprised at the table crammed with delicious home-made sweets for us to replenish our spent carbohydrates with. On the whole, I think everyone enjoyed the meet even if they weren't entirely happy with their individual times.

--- Harvey

Course 6

	Day 1	Day 2	Total
M21-A			
Clayton Smith *	80:12	60:07	140:19
Mike Schuh	85:47	78:22	164:09
Jan Vrana	104:32	65:24	169:56
Ove Albinsson CANADA	96:05	83:35	179:40
Wayne Patterson	118:00	84:07	202:07
Chris Loftus	137:46	98:14	236:00

Course 5

F19-A			
Mari Gabrielsen NORWAY	60:17	73:26	133:43
Debbie Newell *	79:50	71:13	151:03
Mary Forbes	83:11	82:14	165:25
Eileen Williams	111:46	94:18	206:04

M19-20A

Kaj Fjelstad * SCANDINAVIA	82:31	74:26	156:57
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M35-A

Kent Verbeck *	93:03	62:04	155:07
John Rance CANADA	78:46	96:13	174:59
Arthur Caldicott CANADA	98:15	77:21	175:36
Doug Sprugel	136:01	118:59	255:00
Dale Width	76:08		
William Greenwood	81:01		
Harry Morgan	192:16		
Gary McCausland	DNF		

M43-A

Scott Donald CANADA	113:00	92:21	205:21
Carl Moore *	123:00	88:20	211:20
Jack Hodgson	109:51		

M21-B

Peter Kehoe *	83:18	79:34	162:52
Don Denbo	85:47	77:20	163:07
Arnold Kay	92:34	94:36	187:10
Roger Sharp	106:05	131:15	237:20
Rick Vaughan	101:51		
Rob Knudsen	144:40		
Rick Breseman	170:15	DNF	

Recreational
 Ressler family 182:31

Course 4

F35-A

Anne York *	76:58	87:58	164:56
Karen Lachance CANADA	103:26	87:21	190:47
Ardis Dull	DNF	104:01	

F43-A

Shirley Donald CANADA	112:56	61:48	174:04
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F50-A

Nancy Lewis	DNF		
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F Open

Sandy Kish Miller *	99:07	80:24	179:31
Eve Lonquist	DNF	73:37	
Sue Tinevez CANADA	DNF		

M50-A

Williard Sperry	82:02		
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M35-A

Robert Miller *	98:53	55:51	154:44
Joe Hudson	93:12	66:24	159:36
Harvey Friedman	121:06	88:07	209:13

M Open

Craig Brooks CANADA	92:53	73:35	166:28
Jim McNamara	98:06	106:37	204:43

Course 3

F35-B

Carol Johnson *	107:37	62:04	169:41
Maureen Leavitt CANADA	DNF	97:37	
Marina Waugh	110:34		
JoAnne Sperry	121:53		

F Open

Nancy Lewis	96:47		
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M15-18A

Mikael Berglof *	SWEDEN	48:09	23:14	71:23
Johan Anderson	SWEDEN	73:55	18:32	92:27
Christian Folse		148:40	56:26	205:06
Nathan Tharp		57:24		

M43-B

Knut Olson *		169:02	76:06	245:08
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M Open

Doug Footh		172:03		
Vernon Oshiro		DNF		

Course 2

M15-18B

Chris Hammett *	47:15	20:44	67:59
David Knight	46:28	23:30	69:58
Wes Hays	54:19	19:14	73:33
Graham Bader		37:59	

M Open

Kent Jameson	56:26	43:22	99:48
Dick Diesner	DNF		

Course 1

Stag Patrol	25:11
Pedro Patrol	44:01
Vaughans	54:17
Leadership Corps	66:22

* Washington State Champion

Tenalquot

This is advance notice for the Pacific Northwest Orienteering Festival, a Class A meet to be held 15-16 February in the Tenalquot area on Ft. Lewis Military Reservation, S.E. of Olympia, sponsored by Nisqually Orienteers. The meet will be sanctioned by the United States Orienteering Federation, so people from all over the country will pay their \$7 a day to attend. The terrain is a glacial outwash plain with intricate detail from many depressions and ridges so there will be wide open prairies and forests varying from open to thick but the majority of the map contains excellent visibility. Dinner & entertainment will be arranged for Saturday evening also so be sure to attend this excellent meet.

SCHEDULE OF EVENTS

GENERAL INFORMATION: Unless otherwise noted, novice, intermediate and advanced courses are available at all club meets. Normal registration and start times are from 10:00 AM to NOON and entry fee is usually \$2.50 for members and \$3.50 for non-members. Regional and National (Class 'B' and Class 'A') events may have a higher entry fee depending upon sanctions and awards given to winners in various categories. Instruction for beginners is always available at all events. A limited number of compasses are available on a rental basis at registration.

- Sat, 9 Nov Ft. Steilacoom Co. Park, Tacoma, 1:10000 color map 7-8 pm,
Mary 584-6501 this is NIGHT MEET
- Sat, 16 Nov x-country ski-0, snow permitting, phone 783-3960 for location
and whether there is enough snow. Keep trying.
- Oxbow County Park, Sandy River, E of Portland, Oregon,
11 am - 1 pm, Jeff 503-245-4725
- Sun, 17 Nov Maple Mountain, Duncan, B.C. NOON call Dennis 604-592-5739
- Robinswood Park, Bellevue 1:3000 color map, meet behind
Robinswood House Dave 822-6254
- Wed, 20 Nov CLUB ELECTIONS MEETING & WORLD CHAMPIONSHIPS SLIDE SHOW, 7-9 pm
after officers are elected for 1986, slides from WOCARN '85 in
Australia. Invite all to see how exciting a big meet is. 488-7471
- Sat, 23 Nov Discovery Park, Seattle, NIGHT meet 1:5000 color map, 6:30 -
7:30 pm, POT-O'-LUCK after at Mike Schuh's apartment 783-3960
- Sat, 7 Dec Priest Point Park, Olympia, 1:7500 b&w map, Gary 352-5542
- Mt. Pisgah, 1/2 hour SE of Eugene, Oregon Jeff 503-245-4725
- Sun, 8 Dec Luther Burbank Park, Mercer Island, 1:5000 color map, meet in
picnic area, Dave 822-6254
- Sat, 14 Dec Woodland Park, Seattle, 1:5000 color map, 783-3960
- Sun, 29 Dec St. Edward State Park, 6th annual BOG SLOG, 1:10000 color map,
Juanita Dr. at N. E. 145th 783-3960, 488-7471
- Forest Park, west hills of Portland, Oregon, NOON to 2 pm
Jeff Lewis 503-245-4725

More Results

Luther Burbank Park

15 September 1985

Course setter-Dave Enger, Registration-Glen England,
Timing-Valerie Enger, Weather - Overcast

<u>Beginner</u>	<u>1.1km, 5 controls</u>	<u>combo,</u>	<u>4.4 km</u>	<u>16 controls.</u>
Steven Womack	18:02	Jan Vrana		30:40
April Womack	23:28	Sture Carlsson		31:27
Ruth Ballard & family	untimed	Rick Breseman		37:02
		Debbie Newell		37:43
<u>Advanced beginner</u>	<u>2.0km, 7 controls.</u>	Arnold Kay		37:50
Katherine Schubert-Knapp		Robert Miller		38:23
& Ken Knapp	32:15	Eileen Williams		39:48
		Doug Sprugel		45:58
<u>Intermediate</u>	<u>2.4km,</u>	<u>9 controls.</u>	Sandy Kish Miller	46:47
Roger Sharp	26:00	Jim McNamara		47:21
Ken Knapp	28:40	Anne York		58:02
Harvey Friedman	35:21	Katie Sprugel		62:55

Marymoor Park

19 October 1985

Course Setter and Meet Director-Bob Rein, Registration & Timing-Valerie Enger,
Instruction-Bob Rein, Roger Sharp, Weather-rainy, windy

<u>Course I - 2.0 km, 6 controls</u>		<u>Course III - 4.8 km, 12 controls</u>	
Brent Turner	15:13	Mike Schuh	39:04
Pauline Marshall &		Eileen Williams	40:27
Mary Ann Clark	65:10	Brent Turner	40:30
Mike Braden	untimed	Jay Stone	43:06
Dave & Sue Peterson	untimed	Debbie Newell	44:11
		Scott Elich	46:10
<u>Course II - 3.2km, 8 controls</u>		Scott Coble	51:29
Brent Turner	24:11	Sandy Kish Miller	57:35
Dianne Hamm	52:20	Ralph Olson & Carl Zapffe	63:00
Mike Braden	55:40	Laurie Kohli	83:07
Dick Diesner	59:33	Knut Knutson & Mike Wilson	87:40
Pauline Marshall &			
Mary Ann Clark	77:45	<u>Course II & III combined</u>	
Jeff Hamm & Nathan	87:07	Mikael Berglof	62:20
Dave & Sue Peterson	untimed		

B. C. Championships

On the weekend of October 19-20, over a dozen Cascade OC members and assorted joiners-on traveled to Newcastle Island for the 1985 British Columbia Orienteering Championships. Newcastle Island lies off the east coast of Vancouver Island, less than a mile from the town of Nanaimo.

The BC champs are a 1 day individual race followed the next day by a 3 person relay. In the individual, COC members (and friends) did quite well, with Jan Vrana winning the men's open class and Debbie Newell and Eileen Williams placing 3rd and 5th, respectively, in the women's open. Mari Gabrielsen, a Norwegian visiting relatives in Seattle, won the women's open class and then anchored a relay team with Debbie and Eileen to win the women's relay. Rick Breseman and Arnold Kay took 2nd and 3rd in their class, as did our visiting Swedish exchange students, Johan Anderson and Mikael Berglof. Mia Halvorsen placed 3rd in the women's 17-18 class.

Mike and Nathan Tharp, from the Nisqually Orienteers, did well, as Mike finished 5th in his class. Other "gringos" included Robert Miller, who spent most of his time involved in car repair, and Sandra Miller, Joe Hudson, and myself.

Sandra Miller and I were the last 2 to finish on Saturday, and this earned Sandra an award for the most time spent on a course (she got a cup labeled "outstanding in the field"). I was next to last in the men's open class, so I didn't get any award at all.

Sunday's relay was more exciting. When Johan finished, running the second leg of the team with Mikael and Jan, he was 20 minutes behind leader Ross Burnett. In between them was just one other team, anchored by Pat Berting. When Johan came into the finish, Jan was quietly sipping some hot chocolate. Hastily dropping his cup and getting tagged by Johan, he sprinted out to try to catch both Pat and Mike Ackerfeldt, who was running the last leg for Ross's team. Later we found out that, at on point, Pat had caught up with Mike, only to get stuck in the ever present chest deep salal that covers much of Newcastle Island. Jan though, was able to make up 8 minutes on Mike, but still finished 3rd. The other "south of the border" team, consisting of Rick, Sandra, and Arnold, also did well.

The meet was well organized, despite the small number of workers. I think that there were about 130 participants in the individual and about 60 in the relay. Certainly, there were lots of juniors (under 21 years old); they were about a third of the people at the meet.

Saturday nite the OABC held its Annual General Meeting. Towards the end of the meeting, I was asked to speak on the Asia-Pacific Orienteering Championships. I chair a committee on APOC here in the U.S., and hope to develop plans to host APOC in the Pacific Northwest sometime, ideally in cooperation with the folks in OABC. I told them what I had learned during my recent trip to Australia and New Zealand, both former hosts to the APOC. We are looking towards hosting the APOC in 1990, the next available year, in the in Pacific Northwest. --- Mike Schuh

Thumb Compass

Thanks to Mike Schuh, the Silva type 6 compass, formerly known as the Norcompass is available at REI. Perhaps if enough compasses are sold, REI can be persuaded to stock other orienteering gear as well.

Cascade Chatter

Welcome to Swedish exchange students, Johan Anderson attending West Seattle High school and Mikael Berglof attending Bainbridge Island High School. Perhaps one of these high schools will be the new WJOL champion for 1985-1986....Jessica Hirschfelder graduated Roosevelt High school and is now attending M.I.T in Boston; she will be able run on lots of excellent NEOC maps if studies don't get in the way....Jan Vrana is quite busy these days in his own business of ceramic tile setting. He does excellent work quickly - a true European craftsman....Colin Preston & Mary Lanzinger have moved from Vancouver to Kamloops where he was hired as librarian at Cariboo College. Now there is another good reason for attending meets in the Kamloops area....Mike Schuh's report on the World Championships in Australia comprised almost the entire October issue of OUSA, the newsletter of USOF. Come to the 20 November to see the slide show of that trip that he also presented at the U. S. championships back in Michigan at the end of October....Since I have run out of chatter after entering all the results in this issue, I thought some might be interested in reading my article on the Scottish 6-day (someday it may appear in Orienteering North America)....

TAYSIDE 85 : THE SCOTTISH 6-DAY

The 1985 Scottish 6-day orienteering festival centered near the holiday town of Pitlochry was a well-organized affair as described by the programme. Over 3200 competitors from more than 16 different countries gathered to test their orienteering skills and their endurance (180 meter climb to the start!!!) on 4-10 August 1985. Those of us camping for the week also had to test our abilities to get warm and dry after the day's run since the locals claimed it was the worst winter, er, summer rather, in 50 years. Others claimed the snow one evening was normal for summer in those parts. On to the good stuff.

For those unfamiliar with how a galoppen works, the best 4 of the 6 days results count for one's final placing. Therefore points are awarded each day (the winner's time is 1000 points and the others get a lesser number) and 4000 is the best anyone could have scored. If the same person does not finish 1st on all 4 days, it is possible for someone to win the event without being 1st on any single day -- the moral is : strive for consistency & don't worry about 1 or even 2 bad days.

Anyway 2 dozen North Americans attended this rigorous but enjoyable meet in a range of classes from D10B to H65. Lt. Col. Fish and his family came over from Germany where he is stationed, and where he will be for at least another 3 years. Bud and 2 of his kids ran, Lyman Jones from New Brunswick, Canada, Jim & Mil Plant, the Sankus sisters and James Baker from NEOC, S. Forney from SOC(Syracuse??), Joe Scarbarough from BAOC (California), Dick & Judy Opsahl, Kent & Caroline Ringo, E. Vikstrom, G. Olsen, Jon Nash, Dennis Wildfogel, and Elliot Hunt from Hudson Valley, and Arnold Kay, Debbie Newell, Anne York, & Harvey Friedman from Cascade O. C. in

Seattle all ran, or nobbled in some cases. I hope I didn't leave anyone out.

The event-centre and campsite was about 2 miles N of Pitlochry at Faskally House on Loch Faskally. We had to walk 1.8 km to the day 1 assembly/finish area and another 2.3 km to the start. Most of us had that 180 m. climb going from the assembly to the start. Most of that gain was in the last 1/4 mile so quite a few people had to rest a bit before continuing on the climb. To keep us amused and to not discourage us too much, some one had fastened signs to trees or bushes every few meters. Most were local comments about U.K. orienteers but there were some clever lines. The most memorable was one that said something like, "If you think this is steep, wait til day 6. Then you have to use ladders." More on that later. Quoting the programme, "Clunie has 2 distinct parts. The southern part is semi-open woodland higher up, giving way to runnable deciduous forest on the lower slopes. There is much contour detail and few line features. This slope gives spectacular views over Loch Faskally to the Event Centre and Campsite. The northern part is well contoured plantation with many line features."

Those lucky people with early starts had intermittent sun to run in, while those unfortunates with starts after noon had to cope with chill winds and cold rain before we even grabbed our maps. Since not all entrants brought polypropylene garments with them, the traders were bought out (they also had mostly O' gear, literature, and snacks) by day 2 finishes; no one wanted to fall victim to hypothermia. Although the weather was not under control of the organizers, every thing else was. There were 33 challenging courses on excellent maps of steep, intricate terrain. Orienteers who were not particularly swift in a road race especially enjoyed the competition because navigation was so important when traversing steep hillsides. Missing by only 30 meters might mean having to climb 30 meters -- an energy-draining process that would slow one down later in the course where running was advised.

Anne & I shared a tent site with Stein Sandven, a former COC member, and several of his friends from Bergen, Norway. They had one of those large club tents in which a person could stand up and in which 5 slept; we appreciated being able to stand up out of the rain because we have a 2 kilogram backpacking tent that is fine for sleeping but hardly has room for anything else. As you might realize, the terrain around Bergen is similar to the terrain of Tayside 85, at least as far as steepness goes. Anyway, after Day 1, the leaders of H21E, H21A1, H21A2, were all in the tent next to us; Bergen training techniques include partying until midnight (the other part of the campground was the 'quiet after 9' area) but it also includes napping during the daytime when others are still running in the woods. Stein was 1st on the 1st 3 days in H21A1 but then came Wednesday the 'rest' day on which the colds and flu symptoms which the rest of us have can now catch up to the previously healthy ones.

Day 4 was at Birnam Hill, '....mixed woodland, with indefinite boundaries, where paths and other line features are rare. The area is generally hilly, at times steep, with intricate contour detail in places. Runnability tends to be slow, with (mapped) deep bracken in parts.', where not only MacBeth met with ill fortune. Deep bracken would be described here as 8-ft. high ferns. Visibility is

nil and they could easily be a pit, rock, fallen branch beneath to give one going too fast a nasty spill. The start was in the middle of varying shades of green on the map, and even though most 1st controls were only 200 meters or so away, it was not uncommon for people to take half hour or more to find it through the thick woods and unmapped watercourses. This was excellent area for practicing relocation exercises after realizing a miss. I had a fever that morning but wanted to get my money's worth anyway and realized on my way to 3 after I had been out close to 2 hours that I'd better not try to finish but rather to get back to the tent, take aspirin and crawl into my sleeping bag hoping I could recover to run the last 2 days. Stein was disqualified because he lost his control card in the thick going but I think he was also being attacked by cold symptoms.

Day 5 was at Baluain Wood, Blair Atholl near Blair Castle of the Duke of Atholl. It is an open runnable pine/larch forest on which almost everyone (especially fast runners) had their fastest day. Easy running and easy navigation made this especially enjoyable after Birnam Hill. Day 6 was also close to the event center with a 2.5 km walk from the assembly/finish area to the start. Again the last quarter mile was steep and there were perhaps 100 feet where we all had a rope to grab if we lost our balance and then yes, as we were warned on Day 1, ladders for the last 20 feet or so. The only sign here informed us that this would be the last handrail we would see all day. At least that wasn't true. The terrain was quite similiar to day 1 so again fast runners had less of an advantage than usual. Again there were some controls in high bracken which caused trouble if one missed but overall it was fun.

The Bergen tent did well overall but not quite as well as on Day 1. For the meet, Arild Aasheim was 1st in H21E, Stein Sandven was 2nd in H21A1 and Aage Hovden was 2nd in H21A2. Both the mens and womens Elite Day 6 runs had chase starts based on the 3 best days of the previous 5. Arild had a 4 minute lead, made a 4 minute error on what might be considered a bingo control in bracken, but still finished over 2 minutes ahead of the next finisher. The winner of D21E was Helle Johansen also of Norway. In addition to the 1st place finishers, prizes were awarded to others based on the total number in each class. So, although other North Americans finished higher than Debbie Newell of Cascade O. C., she was the only one to receive an award. She was 10th overall out of 149 in D21B. She ran D21B at the Swedish 5-day in Falun where the competition was tougher but learned enough to do well when she stepped up.

Not all of us could win awards but all of us certainly enjoyed ourselves at Tayside 85. Now we're considering Highland 87 -- 2 August thru 8 August. Others who want information about this sure to be fun meet can write to P. O. Box 51 Inverness, Inverness-shire, Scotland and enclose postal reply coupons or money for return postage. Inverness has better weather than does Pitlochry and prices are more reasonable. Of course, the orienteering is sure to be good.

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