



Welcome to the third module in the 2017 Fifty50 First Year Mentoring Program! The focus this week is on making the most of your university experience now. We're going to take a look at the steps you can take to get to where *you* want to be in the future.

Even in your first year of university it is important to start looking into organisations and companies that you might want to work with in the future. Getting an idea of the skills these employers are looking for earlier on will give you more time to develop them through extra-curricular activities, work experience, and professional development opportunities.

It is important to note, however, that you should not simply get involved in an activity to fill your resume. Rather, the key to success is for these activities to combine

the improvement of a skill with something you enjoy. For example, if you'd like to improve your public speaking skills, you could get involved in delivering outreach workshops.

If you aren't sure what your passions and goals for the future are, starting to think about it now and getting involved in a variety of activities will help you to figure things out. If you try something and then realise that it isn't for you – that's ok! Take a step back, re-evaluate things and then mix it up! University is the perfect time to try out new things, meet interesting people and take a step outside of your comfort zone.

You don't have to wait – the time to start striving for your goals is now!

- Fifty50

- Try to keep your CV up-to-date! Find help with this, and much more at ANU Careers. They also advertise great opportunities and events on their Facebook page.

<http://www.anu.edu.au/students/careers-opportunities/careers>

- Want to get involved, but not sure what's available? Check out the ANUSA club list: <https://anusa.com.au/life/clublist/>.
- For university-related help: <http://www.anu.edu.au/students/contacts/academic-skills-learning-centre>
- Check your ANU emails! So many opportunities can be missed by not doing this one easy thing.
- If you haven't already, join LinkedIn! Here's a link to help you build a brilliant profile: <https://www.linkedin.com/pulse/how-create-killer-linkedin-profile-get-you-noticed-bernard-marr/>
- ANU Jobs & Internships Facebook page – find work, volunteering opportunities and more!

Ask your Mentor

Ask your mentor the experiences they have had with extracurriculars and work experience. What is something they wish they knew about this topic in their 1st year? Do they have any recommendations for you regarding clubs and societies, or can they put you in contact with someone helpful?

Take the time to discuss your interests, passions and career goals with your mentor. If you're not sure yet, that's ok! Perhaps you could think about the things you would like to accomplish whilst at university, whether that is some sort of leadership position, or exchange.

We have compiled a list of resources, links and tips that you might find useful in trying to make the most of university. Have a read and if you like, make a list of the opportunities that interest you!

Reflect once again on the goals for the semester you created at the beginning of the program. Take a moment to assess how things are going, and whether you think you will reach your goals. Ask your mentor for help if you think that you need to re-evaluate your goals.

Achieving More Than Fifty

When: Thursday, 12 October,
1 – 2pm

Where: Forestry Building,
Room 103
*Want help and insider tips from
later-year students so you can
ace your exams? Come to
Fifty50's Week 10 study event
and get a head start on finals!*
<https://goo.gl/forms/v9IQ0IXHGQnN7FhX2>



CDP Half Day Workshop

When: Friday, 6 October,
9 – 1pm

Where: DST Group Fairbairn
In collaboration with the Department of Defence, this half day workshop is for STEM students to explore where a STEM degree can take you in Defence, and what a career in Defence looks like.
<https://goo.gl/mZPVv8>