



INTRODUCTION

Fifty50's vision is to have an equitable STEM pipeline, from university to industry and academia, inclusive of all students regardless of gender. Our mentoring program is just one really effective way that we hope to develop a more inclusive community within STEM at the ANU.

It was lovely to meet all of you at the First Year Mentoring Event. For those we didn't get the opportunity to meet, please reach out and let us know if you have any questions about the program.

Aside from one catch-up with your mentoring partner each fortnight, there is no strict format for the program. You could sit down at The Coffee Grounds, move somewhere less crowded, or go for a walk around campus. Feel free to change it up!

We look forward to meeting with all of you again at the Week 10 event (more details to come). For now, please keep checking the Wattle Page for posts with the Week 6, 8 and 10 content. Good luck!

QUESTIONS TO ASK YOUR MENTOR

- What major or degree are you doing and why did you choose it?
- How are you enjoying it so far? How was semester 1 for you?
- What's your favourite thing about studying at ANU?
- Is there anything that you wish you had been told when you first started your studies at ANU?
- Where should I go to learn more about my subjects?
- Are you involved in any extra-curricular activities on campus?

FURTHER RESOURCES

If your mentor hasn't gotten into contact with you, you could be the one to reach out! Let us know if you haven't heard from them by the end of week 5.

Let us know if you have any questions or feedback, we'll be asking for formal feedback during the program too.

The final thing you need to do is like us on Facebook!
<https://www.facebook.com/ANUFifty50STEM/>

Enjoy your mentoring experience, and do not hesitate to ask us if you have any questions!

Our email: mentoring@fifty50.org.au

THINGS TO DO

Welcome to a brand new semester! Hopefully it's all going well! If not, Fifty50's mentoring program will help equip you with the skills you need to get back on track.

- For new pairings: meet your mentor!
- With the same mentor? Reflect on the previous semester and chat about the semester break.
- Have a look through the Mentoring Wattle page to make sure you know your way around - it includes discussion content, announcements and reflections.

SET GOALS

- Set goals for yourself, covering both the mentoring relationship and the semester ahead.
- Think 'SMART' when making your goals (Specific, Measurable, Attainable, Relevant, Time-bound)
- Still unsure about goal-setting? Check out this great blog for more tips and info: <http://jamesclear.com/goal-setting>
- And of course, discuss with your mentor!

If you are struggling with your workload, you still have one week until the census date - so it's not too late to change subjects if you don't think you'll be able to thrive.

- Talk to your mentor about their experience with this or discuss who you should go to for more advice.

UPCOMING EVENTS



WORKSHOP 2:
Teamwork, Leadership & Communication

Where: Physics Studio

When: 1 – 3pm Monday 28th August (Week 6)