

Admission Date: _____ Date of Birth: _____ Sex: ☐ M ☐ F

Eating Status: ☐ Independent ☐ Supervision ☐ Limited Assist
☐ Extensive Assist ☐ Total Depend

Cognitive Status: ☐ Alert ☐ Oriented ☐ Confused

Stated Appetite: ☐ Good ☐ Fair ☐ Poor

Alcohol Use: ☐ Y ☐ N

Smoke: ☐ Y ☐ N

Adaptive Equipment: ☐ Y ☐ N

Oral Problems: ☐ Chewing ☐ Swallowing ☐ Mouth pain

Teeth: ☐ Own ☐ Missing ☐ Dentures ☐ Edentulous

Vision: ☐ Good ☐ Fair ☐ Poor ☐ Hearing: ☐ Good ☐ Fair ☐ Poor

Height: _____ **Weight:** _____ **UBW:** _____

☐ Weight measured or ☐ stated by: _____

On a planned weight ☐ loss ☐ gain program: ☐ Y ☐ N

Preferred Dining Location: _____

Food Preferences Provided by: _____

Ethnic, Religious, Cultural Preferences obtained: ☐ Y ☐ N

Milk ☐ Dairy _____

Meat ☐ Egg ☐ Cheese _____

Fruit ☐ Juice _____

Vegetable ☐ Salad _____

Bread ☐ Cereal _____

Beverage Preferences _____

Portion Size Requested: ☐ Small ☐ Medium ☐ Large

Complaints about taste of many foods ☐ Y ☐ N

Regular or repetitive complaints of hunger ☐ Y ☐ N

Leaves 25% of food uneaten at most meals ☐ Y ☐ N

Weight loss $\geq 5\% \times 30$ days ☐ Y ☐ N

Weight gain $\geq 5\% \times 30$ days ☐ Y ☐ N

Weight loss $\geq 10\% \times 180$ days ☐ Y ☐ N

Weight gain $\geq 10\% \times 180$ days ☐ Y ☐ N

Skin Condition: Intact ☐ Y ☐ N ☐ Rash ☐ Tears ☐ Stasis Ulcers ☐ Pressure Sores: I – II – III – IV _____

☐ Diet Order: _____

☐ Nourishment/Supplement: _____ ☐ Thickened Liquids Viscosity: ☐ Nectar ☐ Honey ☐ _____

☐ Enteral Order: _____ Formula _____ cc x _____ hrs via ☐ EP ☐ Gravity ☐ Bolus per ☐ NGT ☐ GT ☐ JT

to provide a total of _____ cc/ _____ calories in 24 hours. Flush tube with _____ cc's H₂O q _____

Diagnosis: _____

Vitamins/Minerals: _____

Allergies: _____

Data collected by: _____ **(Name/Title)** **Date:** _____

Medications: _____

Laboratory Data

DATE	Hgb	Hct	Albumin	Pre Albumin	FBS	Na+	K+	BUN	Creat	TSH/Other

Anthropometrics: IBW _____ DBW _____ % deviation from DBW _____ BMI _____

Estimated Nutrient & Energy Needs: Calories: _____

Protein: _____ **Fluid:** _____

RD Assessment: Show factors used for calculating estimated nutrient & fluid needs; whether intake meets needs, current nutritional status; rationale for diet & consistency; risk factors; opportunities for advancement; goals and plan.

Estimated nutritional needs are met with current intake ☐ Y ☐ N ☐ Estimated % meal intake to meet nutritional needs: _____

Additional nutrients needed to meet estimated needs: ☐ Y ☐ N _____

Fluid needs are met with current volume ☐ Y ☐ N ☐ Additional fluid needed to meet estimated needs: ☐ Y ☐ N _____

SIGNATURE: _____ RD

DATE: _____

RD notes continued on reverse side.

ROOM #	NAME:	PHYSICIAN:	RESIDENT #