

--- MEDICAL SIGNS ---

Patient Name: Jane Doe

Blood Pressure: 150/95

Cortisol Level: 24 ug/dL

Serotonin Level: Low

Dopamine Level: Normal

Heart Rate: 105 bpm

--- COUNSELOR REPORT ---

The patient has expressed ongoing suicidal thoughts over the past two sessions.

Reports feeling hopeless and extremely anxious.

Currently undergoing CBT therapy and taking Escitalopram (10mg).

Shows signs of emotional withdrawal and persistent depressive symptoms.p