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Keto Diet Crock Pot Cookbook 2018: Most Affordable, Quick & Easy Slow Cooker Recipes for Fast & Healthy Weight Loss on the Ketogenic Diet (Paperback)

By Jolly Books Hub, Amy Huckabee

Createspace Independent Publishing Platform, United States, 2018. Paperback. Condition: New. Language: English. Brand new Book. Enjoy affordable, quick & easy meals! In this new 2019 edition, you'll find super affordable, quick & easy Crock Pot recipes for your ketogenic diet, allowing you to save time & money in the kitchen. Each recipe gives: Affordable Ingredients: save time & money by cutting out expensive ingredients. Cooking Times: perfect for busy professionals & moms. Smart Points: perfect for keeping track of your daily macros. Servings: perfect for cooking the right amount of food for your diet. Metric and Imperial Measurements: perfect for folks worldwide. "I just love this Crock Pot cookbook! It's jam packed full of super easy ketogenic recipes which don't require loads of time and money to make. My family just love eating them as part of our ketogenic diet. And the Crock Pot chapter at the beginning has been really helpful for prepping my Pot. Thanks Amy!" -Jill Dice, NY. Equipping you with easy-to-follow recipes and must-know information, this book is your user friendly all-in-one resource for mastering Crock Pot cooking in a super easy, quick, delicious and affordable way. Inside, you'll discover your most favorite Crock Pot recipes bursting with flavor that are affordable and delicious,...



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Reviews

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-- Zakary Fay

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-- Letha Corwin

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