



Super Girls journal: Daily All-Purpose Notebook, Journal, Diary for the queens of tomorrow and today, 120 Lined Pages (6x9 in.) (Paperback)

By Mother Publishing

Independently Published, United States, 2019. Paperback. Condition: New. Language: English. Brand new Book. Daily Composition Notebook, Journal, Diary - 120 Lined Pages Easily the best gift for your family, friends, and loved ones to inspire and motivate. This is a cute and durable all-purpose daily notebook. There is plenty of room inside for writing notes, journaling, doodling, list making, creative writing, school notes, and capturing ideas. It can be used as a notebook, journal, diary, or composition book. This paperback notebook is 6" x 9" and has 120 lined pages (college ruled). Perfect for all ages -- kids or adults! Benefits of Journaling / Notekeeping We understand the powerful benefits associated with journaling and notekeeping. That's why we have created beautiful, high-quality products so you can harness your best self through the use of our notebooks, journals, and diaries. Here are a few of the incredible benefits you can take advantage of by journaling, keeping a diary, or releasing your thoughts on paper. Improves your mindfulness Boosts creativity and well-being Enhances emotional intelligence Increased goal setting and achieving Inner-healing and stress relief How to use my journal/notebook? Many people like to use theirs for daily reflection, notekeeping, to-do lists, personal stories, address books, password keepers, daily gratitude journal, art, doodling, homework,...



READ ONLINE
[7.89 MB]

Reviews

It is one of the most popular publications. It really is written in easy words and not difficult to understand. You are going to like how the author writes this book.

-- Prof. Evans Balistreri DDS

Completely essential go through book. This is for all who state there had not been a worthy of reading through. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Lydia Legros