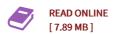




Super Girls journal: Daily All-Purpose Notebook, Journal, Diary for the queens of tomorrow and today, 120 Lined Pages (6x9 in.) (Paperback)

By Mother Publishing

Independently Published, United States, 2019. Paperback. Condition: New. Language: English. Brand new Book. Daily Composition Notebook, Journal, Diary - 120 Lined PagesEasily the best gift for your family, friends, abd loved ones to inspire and motivate. This is a cute and durable all-purpose daily notebook. There is plenty of room inside for writing notes, journaling, doodling, list making, creative writing, school notes, and capturing ideas. It can be used as a notebook, journal, diary, or composition book. This paperback notebook is 6" x 9" and has 120 lined pages (college ruled). Perfect for all ages -- kids or adults!Benefits of Journaling / NotekeepingWe understand the powerful benefits associated with journaling and notekeeping. That's why we have created beautiful, high-quality products so you can harness your best self through the use of our notebooks, journals, and diaries. Here are a few of the incredible benefits you can take advantage of by journaling, keeping a diary, or releasing your thoughts on paper.Improves your mindfulnessBoosts creativity and well-beingEnhances emotional intelligenceIncreased goal setting and achievingInner-healing and stress reliefHow to use my journal/notebook?Many people like to use theirs for daily reflection, notekeeping, to-do lists, personal stories, address books, password keepers, daily gratitude journal, art, doodling, homework,...



Reviews

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