Trend Estimate

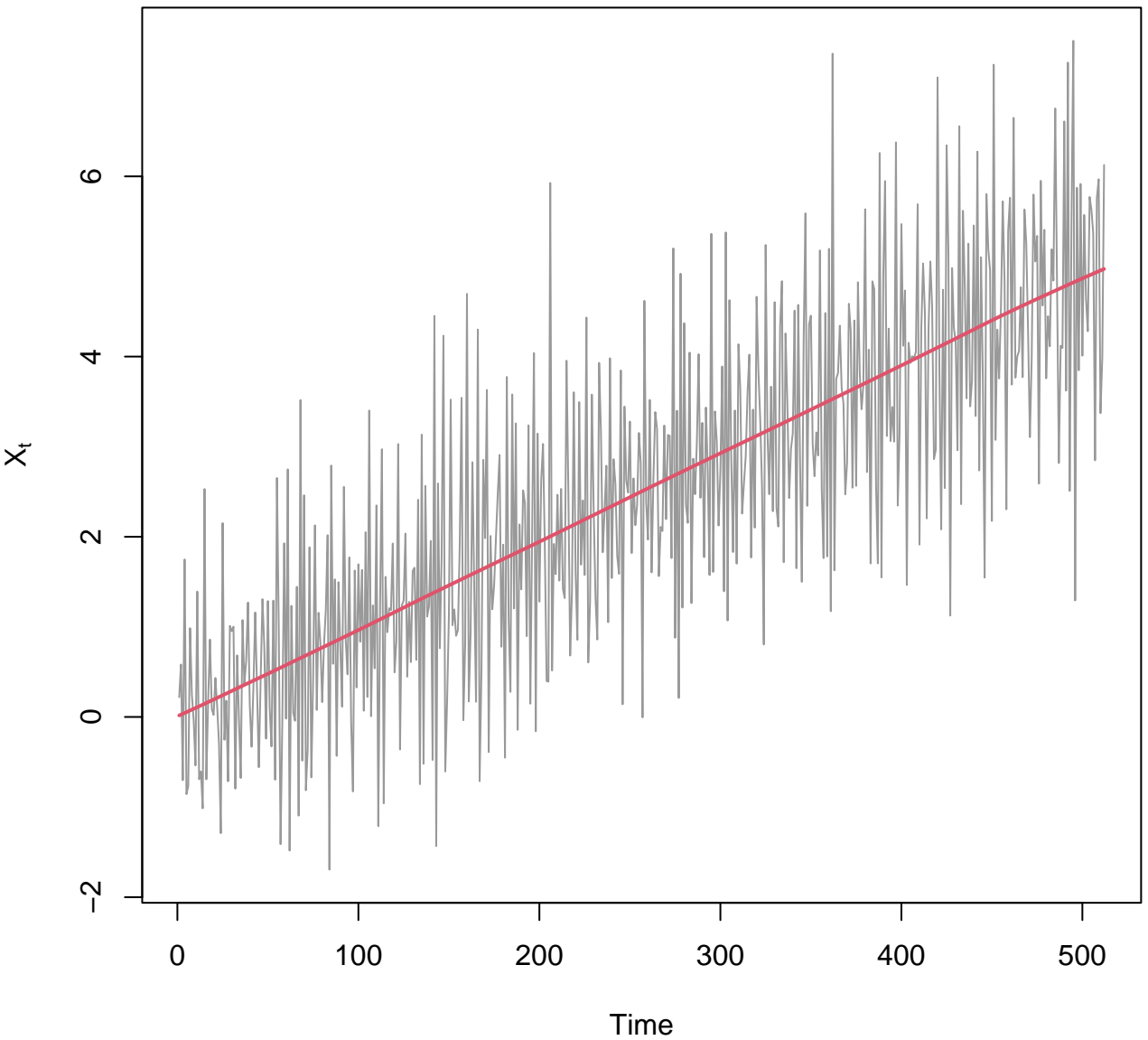**Spectral Estimate**