



Quezon City Medical Society
A Component Society of the Philippine Medical Association



39TH ANNUAL CONVENTION AND SCIENTIFIC MEETINGS

BACK TO THE FUTURE

EMBRACING THE LEARNINGS OF
THE PAST FOR THE MEDICAL PRACTICE
OF TODAY & BEYOND.

JUNE 27-28, 2024
NOVOTEL, QUEZON CITY





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Clinic Hours:
Monday to Saturday
9am-5pm

QCMS HYMN

**Lyrics by:
Salvador P. Flores, MD**



May bagong pag-asang naa-aninag
Sa kabilang madilim na magdamag
Bagong umagang maaliwalas
Na dulot ay saya at galak.

Papurihan ang QUEZON CITY MEDICAL SOCIETY
Hangad nito'y kalusugan ng marami
Kaagapay ng bayan sa pag-unlad
Kasaping manggagamot sa tungkulin ay tapat.

Hindi alintana ang pagod at hirap
Ulanin man o arawin, puyat sa magdamag
Tuloy tuloy pa rin ang paglingap
Kahit sino man ang kadaupang palad.



QCMS MISSION

A service oriented organization that promotes high ethical standards, delivering quality healthcare, and education.



QCMS VISION

We are committed to:

- a) Respect each other
- b) Practice our profession with high ethical standards
- c) Render quality health care service
- d) Enhance education and research



CORE VALUES

Quality Healthcare
Compassionate and committed
Meaningful relationship
Service Oriented

QCMS AWARDS



1. PMA Award for Most Outstanding Component Medical Society (ICASIANO AWARD) Category I - First Prize
2. PMA Leadership Award Category I - First Prize - **MA. MAY JASMIN R. YASON, MD**
3. PMA Award for Most Outstanding Component Society Secretary Category I - First Prize - **SHANE D. MARTE, MD**
4. PMA Award for Most Outstanding Component Society Treasurer Category I - First Prize - **MARIE MICHELLE A. DADO, MD**
5. PMA Award for Most Active Component Societies in Nutrition Activities - First Prize
6. Pujalte Award - PMA Award for Exemplary Humanitarian Service in Times of Calamities (Natural disasters or manmade)
7. PMA Award for the Most Active Component Society in Child Advocacy - Second Prize
8. PMA Award for Loyalty and Service - **MA. REALIZA G. HENSON, MD**
9. PMA Most Outstanding Physician for QCMS - **JOSEPH RYLAN G. FLORES, MD**
10. PMA Most Outstanding Physician for POGS - **LILIA P. LUNA, MD**
11. PMA Award for Contribution to Modern Medicine - **FRANKLIN V. ATENCIO, MD**
12. PMA Award for the Dr. Hermogenes A. Santos Memorial Award for Continuing Medical Education - **RAUL M. QUILLAMOR, MD**
13. Dr. Jose P. Rizal Memorial Awards Winner (Research Category) - **BELEN L. DOFITAS, MD**
14. Dr. Jose P. Rizal Memorial Awards (Finalist - Academe Category) - **MANUEL PETER PAUL C. JORGE, II, MD**
15. Dr. Jose P. Rizal Memorial Awards (Finalist - Government Service Category) - **ROMINA A. DANGUILAN, MD**
16. 30th PMA Research Oral Presentation Case report - 2nd place - **MARY VIADELLE E. ANDRADA, MD** - "Drug Repurposing betablocker: A safe and effective treatment for high risk ulcerated intergluteal infantile hemangioma" - Dermatology Department, Dr Jose N. Rodriguez Memorial Hospital and Sanitarium
17. 30th PMA Research Oral Presentation Case report - 3rd place - **TETSUYA JUMI B. MAKINO, MD** - "Paraneoplastic Dermatomyositis in a 34-year-old Filipino Female with Stage IV Invasive Breast Cancer" - East Avenue Medical Center
18. 30th PMA Research Oral Presentation Case report- Finalist - **VIELKA ALEXANDRIA W. MATURINO, MD** - "A rare case of non-scrotal angiokeratoma of Fordyce in a 34-year-old Filipino male treated with 578 NM yellow laser" - Department of Dermatology, East Avenue Medical Center
19. 30th PMA Research Oral Presentation Case report- Finalist - **MA. PRINCESS ALLOUE GONZALES** - "A case of hypopigmented mycosis fungoides in a 5-year-old Filipino female" - Dermatology Department, Dr Jose N. Rodriguez Memorial Hospital and Sanitarium



MALACAÑAN PALACE
MANILA

MESSAGE

My warmest greetings to the **Quezon City Medical Society (QCMS)** on the occasion of its **39th Annual Convention and Scientific Meetings**.

The Filipino nation is truly grateful for the service of the QCMS in providing quality healthcare to the people of Quezon City and its surrounding areas. Your knowledge and expertise have indeed made a positive impact on our fellow citizens so that they can lead healthier and more dignified lives.

This year's theme is noteworthy as it encourages your members to look in meaningful retrospect at the legacy of medical practice to benefit the present and future generations. May this convention and the scientific meetings serve as a platform that will further improve your vocation and deepen your passion to serve our countrymen, especially those who are in great need of medical attention.

We now live in a *Bagong Pilipinas* where our endeavors are fueled by our love of country and commitment to contribute to our respective communities. With your support, I am confident that we can bring forth substantial developments in our society and in the lives of our citizens.

I wish you a meaningful event.

FERDINAND R. MARCOS JR.

MANILA
27 June 2024



Felicitations and congratulations to all the Organizing Committees, officers as well as the active members of our Quezon City Medical Society on its 39th Annual Convention.

With its current theme **"Back to the Future: Embracing the Learnings of the Past for the Medical Practice of Today and Beyond"**, the Quezon City Local Government through its City Health Department recognizes the dynamic role of the society as an accredited Civil Society Organization and is committed to continue the networking, partnership, and collaboration in pursuit of making the Citizenry more empowered with its health options and wellness.

As we collectively look to the future of healthcare, emotional considerations become the backbone of healing both for patients and the system. This year's theme extends responsive esteems in regaining patient trust towards a "humane" approach.

This department is truly very grateful for your prompt assistance with the provision of additional prophylaxis treatment for Pertussis patients and their close contacts, and distribution of Snellen's chart for use of our health center personnel. We are looking forward to future collaborations.

As we move on towards
the 85th Foundation Anniversary of this city...
let this partnership be our platform
to make Quezon City a healthier, happier,
and more progressive place to live in.

Mabuhay! ... TAYO ang QC!!!

Signature
Ramona Asuncion De Guzman- Abarquez, MD, MPH

Officer-in-charge (Acting City Health Officer III)
Quezon City Health Department





**PHILIPPINE MEDICAL ASSOCIATION
PRESIDENT**



MESSAGE

My warmest greetings to the Officers and members of the Quezon City Medical Society as you hold your 39th Annual Convention and Scientific Meetings with the theme: "BACK TO THE FUTURE: Embracing the Learnings of the Past for the Medical Practice of Today and Beyond." This echoes the need to combine traditional practices with modern evidence based medicine to improve patient care , enhance treatment options and promote holistic healing for patients today and in the future. We have always aspired to learn from past successes and failures , and use this knowledge to drive future advancements in Medicine .

QCMS has continuously collaborated with the PMA in the success of our missions and goals towards advancement of the benefits and service to our Physician members and the community we serve. We recognize and deeply appreciate your hard work towards our shared commonalities. QCMS and the PMA shall remain as key partners in the bigger task of building and maintaining a healthcare system for the people we serve.

I join your quest for a successful Annual convention for this serves as an opportunity to strengthen our bond of fellowship, learn new ideas and innovations. PMA will continue its support to the QCMS as we all strive to build a stronger and healthier future for the nation.

Mabuhay ang Quezon City Medical Society!

A handwritten signature in black ink, appearing to read "Hector Santos Jr." or a similar variation.

**HECTOR M.SANTOS, JR., MD ,MMHA
PRESIDENT**



QUEZON CITY MEDICAL SOCIETY



MESSAGE

Warmest greetings from the Philippine Medical Association!

I would like to extend my sincere congratulations to the Quezon City Medical Society on its 39th Annual Convention and Scientific Meetings with the theme "Back to the Future: Embracing the Learning of the Past for the Medical Practice of Today and Beyond." This 2-day event is a welcome opportunity for all of us to update our knowledge and skills as physicians, particularly because the topics put emphasis on the humane aspects of quality patient care in the light of the recent advances in the field of medicine. I am confident that we will be able to apply the knowledge that we will gain from this convention to further improve our daily practice.

I would also like to acknowledge the efforts of the Quezon City Medical Society Executive Board under the leadership of its President, Dr. Ma. May Jasmin Yason, and the Organizing Committee under its Chair, Dr. Dean Hernando ZenaRosa, for their selfless commitment and dedication to ensure the success of this convention.

Mabuhay ang Philippine Medical Association at ang Quezon City Medical Society!

mdeguzman
MICHAEL EUGENIO B. DE GUZMAN, MD
PMA Governor for Quezon City Region 2023-2024



QUEZON CITY MEDICAL SOCIETY



MESSAGE

Greetings from the Quezon City Medical Society!

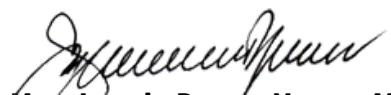
The 39th Annual Convention and Scientific Meetings organized by the QCMS marks a significant milestone in the society's journey for the fiscal year 2023-2024. It serves as a culmination of dedicated efforts and hard work, showcasing the achievements and progress made by the society throughout the year. Led by the exemplary Dr. Dean Hernando ZenaRosa, the organizing committee's commitment to excellence is evident in the well-rounded program designed for the two-day scientific event.

The program of the convention is a testament to the diversity and inclusivity of the QCMS, with a wide range of topics from various specialties and interests. This diversity reflects the dynamic nature of the medical field and the society as a whole. Moreover, by incorporating breaks and self-care sessions into the program, the QCMS remains true in prioritizing the well-being of its members, recognizing the importance of maintaining a healthy work-life balance in the fast-paced medical landscape.

Under the theme "Back to the Future: Embracing the Learnings of the Past for the Medical Practice of Today and Beyond," the convention aims to enrich the knowledge and skills of its members. By focusing on strengthening core competencies, validating evidence-based practices, staying updated on the latest guidelines, and exploring the rapid evolution of medicine, the program provides a platform for continuous learning and growth.

The QCMS expresses gratitude to all its members for their participation and contribution to the success of the convention. It is through the collective efforts of dedicated individuals that the society thrives and continues to make a positive impact on the medical community and the society it serves.

Maraming salamat po at mabuhay po ang QCMS!


Ma. May Jasmin Ramos Yason, MD, FPDS, FPADSF
President 2023-2024



QUEZON CITY MEDICAL SOCIETY



MESSAGE

Greetings!!

My warmest welcome to all our past presidents, officers and all dear QCMS members to the 39th QCMS Annual Convention and Scientific Meetings.

It delights me that the organizing committee of this 2-day convention has come up with this theme: Back to the Future: Embracing the learnings of the past for the medical practice of today and beyond. The theme embodies the inclinations of our medical society to remain relevant in an ever-changing medical milieu. This annual convention will certainly empower our members with the best practices in their field of interest, broaden their knowledge, further develop their skills and provide valuable CPD units to elevate the standards of medical education in our country.

I convey my deepest gratitude to the executive board with the organizers for their effort, support, cooperation and hard works for the realization of this year's gathering,

Mabuhay ang QCMS!! Mabuhay ang PMA!!


TERESITA N. AGDA, MD
PMA Governor for Quezon City Region 2024-2025



QUEZON CITY MEDICAL SOCIETY



MESSAGE

Our roles as healthcare providers are constantly evolving, especially in this era where the intersection of medicine and technology is transforming the landscape. It is essential for us to wholeheartedly embrace these changes, adapt to new methodologies, and seamlessly integrate innovations. This isn't just a necessity but a fundamental duty as we strive to evolve and excel in our practice.

It is with immense honor that I welcome you to the Quezon City Medical Society's 39th Annual Convention and Scientific Meetings.

This year, our theme is "Back to the Future: Embracing the Learnings of the Past for the Medical Practice of Today and Beyond." At this event, we have gathered brilliant minds at the forefront of medical innovation, all committed to driving forward healthcare paradigms.

As we embark on this enlightening conference, let our collective passion and unwavering dedication illuminate the path ahead, guiding us towards a future where we can make a profound impact on the field of medicine.

A handwritten signature in black ink, appearing to read "Hernando A. Zinarosa, MD".

DEAN HERNANDO A. ZINAROSA, MD
Overall Chair, 39th Annual Convention



QUEZON CITY MEDICAL SOCIETY



MESSAGE

The 39th Annual Convention and Scientific Meetings of the Quezon City Medical Society stand as a testament to the society's dedication to excellence, innovation, and the well-being of its members. By embracing the past and preparing for the future, the QCMS sets a strong foundation for continued success and positive impact in the medical field.

As the QCMS looks to the future, it encourages its members to reflect on the past, learn from it, and embrace new opportunities for growth and development. By preparing themselves for the challenges and opportunities ahead, the society can continue to advance the field of medicine and make a difference in the lives of patients and communities.

Let us seize the present moment to shape a brighter and more promising future for all.

Congratulations to the organizing committee of this year's event for a job very well done.

Thank you very much.


Jose V. Yason, III, MD, MBAH, FPCP
President
Auxillary to the QCMS

BRIEF HISTORY OF THE QUEZON CITY MEDICAL SOCIETY (1950 - 2024)



The colourful history of QCMS began way back in 1950 when Dr. Petronilo Monsod, Dr. Demetrio Crispo Lacuna and Dr. Felipe Perez Arenas met at Max Restaurant Quezon City and organized what is known now as "The Quezon City Medical Society". There were 37 doctors from the different hospitals of Quezon City.

The inauguration of the Society and induction of officers was held on July 22, 1950 at the Socoro Hall of the Quezon Institute. Dr. Petronio G. Monsod was inducted as the first President by Dr. Rodolfo Gonzales, the President of the Philippine Medical Association.

The 1st Regional Convention of the PMA held in Davao City in 1951 was attended by members of the QCMS. The first PMA Convention to be held in this city (Quezon City) was on May 1958 at the Ateneo Grade School Loyola Heights in which the QCMS was host.

Since, there was no permanent office for the QCMS, Board Meetings were held in different places in Quezon City like Mt. Banawe Hospital, UDMC, V. Luna Hospital depending on who the elected president was.

Auxiliary to the QCMS was organized in 1965 and the first President was Mrs. Purita David.

The Society takes pride in having 8 PMA President coming from the QCMS namely: Dr. Pedro Mayuga 1960-61, Dr. Jesus Tamesis 1963-64, Dr. Jose Denoga 1965-66, Dr. Fe del Mundo 1969-70, Dr. Jose Pujalte 1985-86, Dr. Concordia Pascual 1994-95, Dr. Gil Fernandez 2001-2003 and Dr. Rey Melchor Santos 2008-2010.

On January 10, 1970 a Contract of Lease for an office space at the PMA Auditorium was signed allowing the QCMS to hold office there for 10 years for a fee of P10,000. This was negotiated by Dr. Elpidio C. Panganiban, QCMS President (1969-1970) and by Dra. Fe Del Mundo, PMA President (1969-1970).

On May 19, 1986, a Contract of Lease of the present office of the QCMS in the New PMA Building for a period of 99 years for an initial sum of P100,000 excluding the monthly rental was signed by Dr. Jose Pujalte and Dr. Jesus de Jesus of the QCMS Building Committee then. Activities included community development and civic action; continuing medical education program: socials, fellowship and sports development program and support to the Bukal ng Pagasa Day Care Center at West Riverside SFDM.

The QCMS used to be a component society under the Central Tagalog Region of the PMA which included Caloocan Medical Society, Pasay-Paranaque Medical Society and Valenzuela Medical Society. The first PMA Governor for the Central Tagalog Region was Dr. Jesus de Jesus. Previously the region was represented by a Councilor.

With its desire to be able to involve as many members as possible in the activities of the society, Dr. Benjamin Tamesis QCMS President 1975-1976 subdivided the Quezon City Medical Society into four districts following the political districts I, II, III and IV with a district councilor for each.

The following were significant events during the 1980's:

- The 1st Annual Convention of the Quezon City Medical Society was organized under the Presidency of Dr. Jesus de Jesus with Dr. Juliet Santos as Overall Chairman and was held at Garden Hotel, Makati Metro Manila on June 14, 1985.
- On May 19, 1986, a Contract of Lease of the present office of the QCMS in the new PMA Building was signed by Dr. Jose Pujalte, PMA President at that time and Dr. Jesus de Jesus Chairman of the QCMS Building Committee.
- The first QCMS Duckpin Bowling Tournament was organized in 1986 by Dr. Jesus de Jesus, Dr. Antonio Cabigas and Dr. Cesar Meris.

A great change came about in the 5th decade 1991-2000 since the founding of the QCMS.

This was the ushering of the computer age in our area. The society acquired a computer to systematize the vast records of the membership.

The QCMS became a member of the Local Health Board of the Quezon City government.

In 1995 under the Presidency of Dr. Rey Melchor Santos, the bid of the Quezon City Medical Society to become a separate PMA Region was successful and was ratified by the PMA House of Delegates. Dr. Santos became the first PMA Governor for the Quezon City Region.

In 1996 under the Presidency of Dr. Milagros Encarnacion the Benefit and Assistance Fund was created to give welfare benefits to our members in the form of Disability Benefit, Death Benefit and Legal Benefit. The first Chairman was Dr. Cesar E. Meris who also formulated the Benefit and Assistance Code which was approved by the Board

Important events 1990 - 1999

1. The QCMS became a separate region of the PMA in 1995
2. Dr. Rey Melchor Santos became the first PMA Governor for the Quezon City Region
3. The QCMS Benefit and Assistance Trust Fund was established in 1996

BRIEF HISTORY OF THE QUEZON CITY MEDICAL SOCIETY (1950 - 2024)



In year 2000 coinciding with our Golden Anniversary, the Quezon City Medical Society with Dr. Cesar E. Meris as President and Dr. Juliet Santos as PMA Governor, won the 1st PMA award for "Most Outstanding Component Medical Society" Category I First Prize also known as Icasiano Award.

From year 2000 thereon the Society further made progress by leaps and bounds:

The QCMS office was expanded and renovated in 2003. A new construction was made adjoining the old office thereby doubling the office space. This was started during the presidency of Dr. Ricardo Costes and governorship of Dr. Ofelia Borje and finished during the term of Dr. Benjamin Lim, President and Dr. Cesar Meris as PMA Governor.

In 2003 the PMA Board of Governors decided that each PMA region should have a flag that would represent the region. Dr. Cesar Meris the PMA Governor for the QC Region designed the Regional flag which was presented to the Board and was approved. This flag also became the official flag of the Quezon City Medical Society.

The first Mission-Vision statements were made in a Seminar workshop January 25-26, 2003 at Sulo Hotel, Quezon City attended by officers of the Quezon City Medical Society.

Summary of events in the decade 2000 - 2009

In 2000 the QCMS won its first PMA Icasiano Award, First Prize.

The QCMS office was renovated in 2003 and expanded to double its office area.

The first flag of the Quezon City Medical Society was designed and approved by the Board in 2003. The first Mission and Vision statement of the QCMS was made and approved in 2003.

In 2003 the QCMS Hymn was composed by Dr. Salvador Flores and adopted by the Association

The Fifth District of the QCMS was created in 2007

QCMS Past Presidents were appointed as members or Chairmen of various Commissions and Committees of PMA: Dr. Amelio Frias, Dr. Benjamin Lim, Dr. Lilia Matulac were appointed to various PMA Committees. Dr. Antonio Cabigas was appointed Chairman of COMELEC (2010), Emergency and Disaster (2006 up to the present) and Dr. Diosdado Salcedo, Chairman Committee on Disaster (1990). Dr. Salvador Flores, Chairman Committee on Disaster (2009) followed by Dr. Ricardo Costes who was also Chairman of PMA Indigency Clinic, Dr. Arnold Cachapero Yu became Editor in Chief of PMA Publications, Dr. Cesar Meris was appointed Chairman of PMA Audit Commission, Dr. Hector Santos was Chairman PMA Medical Missions Committee, Dr. Fidelis Labrador was Chairman of Doctors Inn and also Overall Chairman of PMA Foundation Day and Medicine Week.

In year 2006-2007, a fifth district of QCMS was created by the Board under the Presidency of Dr. Marianne Dobles.

In the year 2006 Dr. Herminia Gozar then Chairman of the Ways and Means Committee, after her appointment as President of QCMS District V took the challenge and organized the District which became very successful that they won the Most Outstanding Award of the QCMS five times in succession.

In 2010-2011 under the Presidency of Dr. Herminia G. Gozar another renovation of the present office was undertaken, supervised by Dr. Ferdinand Cercenia then the Chairman of the Building Committee.

During the destructive typhoon "Ondoy" in 2009, Dr. Cercenia, Dr. Dalida, Dr. Ahmed and many others worked tirelessly to assist PMA and help the hapless typhoon victims.

Dr. Marianne Dobles was elected PMA National Treasurer 2011-2012. She was then appointed PMA Secretary General 2012-2013 while Dr. Albert Guevarra was elected PMA Treasurer 2012-2013.



Alay sa Dumagat, Norzagaray, Bulacan,
January 9, 2011



FUN RUN at VMMC Grounds last March 9, 2014



Members of QCMS on a trip to Ilocos Norte
after the PMA Convention 2014

BRIEF HISTORY OF THE QUEZON CITY MEDICAL SOCIETY (1950 - 2024)



The Quezon City Medical Society has been fortunate for winning several PMA Awards since year 2000 including the Most Outstanding Component Society Category I better known as Icasiano Award.

2019

Under the Presidency of Dr. Mercedes Agustin 2018-2019 the QCMS had several activities which includes: organizational meetings like board and committee meetings - 24, community outreach and medical missions - 89, Symposiums & RTDs-13, participation in PMA activities like PMA Foundation Day, PMA Medicine Week, Regional Assembly & PMA Annual Convention - 27.

Special Project of the QCMS:

- Ongoing adopted preschool - Busilak Learning Center in Batasan Hills
- February 14, 2019 - Workshop on Basic Life Support Training
- February 28, 2019 - 3rd Cancer Awareness Program - Updates in the treatment of prostate cancer March 7, 2019 - 21st QCMS - Pediatrica Interhospital Research Paper Contest
- Environment Activity - Pasig River Rehabilitation with Tree Planting at Maria Elena Park

The QCMS had provided welfare benefits to all members for the last 20 years in the form of disability or sickness benefit, death benefit and legal benefit. For the year 2018-2019 those who have availed of these benefits are:

- Disability / sickness benefit - 16 Legal benefit - 1
- Death benefit (beneficiaries) - 5

For the year 2018-2019, the QCMS once again won PMA awards:

1. PMA Award for Community Service - 2nd Prize
2. Certificate of merit to the Component Medical Society which submitted complete progress reports and Testimonial of Merit to the President for their Leadership
3. Most Outstanding Physician - Dr. Cristabel Torres-Sy
4. 28th Dr. Jose P. Rizal Memorial Awards for Government Service Category - Dr. Franklin P. Atencio
5. 28th Dr. Jose P. Rizal Memorial Awards for Academe Category - Dr. Melinda M. Atienza
6. 28th Dr. Jose P. Rizal Memorial Awards for Research Category - Dr. Ma. Antonia E. Habana

2020

In the term of Dr. Ma. Lilybeth P. Naguit, the QCMS had 10 live monthly executive board meetings and 4 virtual ones, 8 Regional council meetings, 3 Council of Presidents meetings, 17 QCMS different Committee meetings, 43 Scientific Symposia, 291 community development projects (which includes our nutrition, environment and sanitation) and 2 research paper contests.

The following are some of the accomplishments during this period.

1. 22nd QCMS Pediatrica Interhospital Research Paper contest
2. 4th Cancer Poster and Case presentation contest
3. 1st Quezon City Medical Society Interhospital Basketball Tournament
4. Interdistrict Bowling Tournament
5. Projects for Teenage Pregnancy
6. Projects for Senior Citizens



Symposium on Inflammatory Bowel Disease Diagnosis and Treatment



Pediatric Research Paper Contest



Lay Forum on Teenage Pregnancy at San Francisco High School



Distribution of PPEs, alcohol, and chlorine to at least 16 hospitals & institutions in QC

BRIEF HISTORY OF THE QUEZON CITY MEDICAL SOCIETY (1950 - 2024)



Under the presidency of Dr. Naguit, President 2019-2020 the Quezon City Medical Society won 12 prestigious PMA Awards, bringing honor to the Association given by the PMA during the PMA 1st Virtual Convention held last September 9, 2020 at PMA Auditorium. It was the distinct effort, perseverance and hard work of the officers & members of the QCMS that made the QCMS deserving of these awards.

Below are the PMA Awards received:

- 1.PMA Award for Most Outstanding Component Medical Society (Icasiano Award) Category 1 - First Prize
- 2.PMA Leadership Award - Category I - First Prize - DR. MA. LILYBETH P. NAGUIT
- 3.PMA Award for Most Outstanding Component Society Treasurer Category I - First Prize - DR. REBECCA Y. SISON
- 4.PMA Award for Most Outstanding Component Society Secretary Category I - First Prize - DR. ARNOLD E. MONTEIRO
- 5.PMA Award for Loyalty and Service - DR. ANGELA V. CRUZ
- 6.Most Outstanding Physician - DR. MA. MERCEDES V. AGUSTIN
- 7.PMA Award for Community Service by a Component Society - First Prize
- 8.Pujalte Award - PMA Award for Exemplary Humanitarian Service in Times of Calamities (Natural Disasters or Man-made)
- 9.PMA Award for Most Outstanding Adopt-a-Barangay Project of a Component Society - Second Prize
- 10.PMA Award for Most Active Component Society in Environmental and Sanitation Projects
- 11.Dr. Fe Del Mundo Memorial Awards for Outstanding School Community Project - Third Prize
- 12.Award of Merit for Membership Growth for Component Society - First Prize

2021

During the presidency of Dr. Michael De Guzman 2020-2021 the QCMS had 25 council meetings, board meetings, organizing and committee meetings, 45 community outreach projects, 26 webinars.

Other activities:

- 1.Field trip to Silang, Cavite to obtain plants for donation to different barangays of Quezon City under Committee on Environment
- 2.Virtual cooking contest under Committee on Nutrition
- 3.Feeding Program by Committee on Nutrition
- 4.Cancer Case Virtual Presentation
- 5.Pediatric Inter-hospital virtual research paper contest
- 6.PMA National and Local Election
- 7.Report of QCMS Committee on Benefits and Assistance - 2021 57 members received disability or sickness benefit and;
- 8.7 beneficiaries received death benefit

QCMS Awards from PMA:

- 1.PMA Award for Most Outstanding Component Medical Society (Icasiano Award) Category 1 - Third Prize
- 2.PMA Leadership Award - Category I - Third Prize
- 3.PMA Award for Most Outstanding Component Societies in Nutrition Activities - Third Prize
- 4.Pujalte Award - PMA Award for Exemplary Humanitarian Service in Times of Calamities (Natural disasters or manmade)
- 5.Award of Merit for Membership Growth for Component Society - First Prize



Field Trip to Silang, Cavite



Feeding Program



PMA and QCMS Election



Cooking Contest

BRIEF HISTORY OF THE QUEZON CITY MEDICAL SOCIETY (1950 - 2024)



2022

During the presidency of Dr. Teresita Agda on fiscal year 2021-2022 - the QCMS had 202 Community Outreach programs; 29 webinars; 43 board, organizing and committee meetings.



National Vaccination Day last December 15, 2021



Lecture on Birth Control to Teenage Pregnant Women



Tree Planting at Wild Life

QCMS Awards from PMA:

1. PMA Award for Most Outstanding Component Medical Society (Icasiano Award) Category 1 - Third Prize
2. PMA Leadership Award - Category I - Third Prize - Dr. Teresita N. Agda
3. PMA Award for Most Outstanding Component Society Secretary - Category I - Third Prize - Dr. Ma. May Jasmin R. Yason
4. Most Outstanding Physician - Dr. Michael Eugenio B. De Guzman
5. PMA Award for Most Outstanding Component Societies in Nutrition Activities - Second Prize
6. PMA Award for Component Society with Cancer Project - Second Prize
7. Dr. Fe Del Mundo Memorial Awards for Outstanding School Community Project - Third Prize
8. Award of Merit for Membership Growth for Component Society
9. PMA Award for the Most Outstanding Individual with Environmental and Sanitation Projects for his Component Society - Dr. Dean Hernando A. Zena
10. PMA Award for Loyalty and Service - Dr. Wilfredo S. Tagle

2023

During the presidency of Dr. Joseph Rylen Flores 2022-2023 the QCMS had 29 council meetings, board meetings, organizing and committee meetings, 346 community outreach projects, 33 webinars.

In year 2022-2023, some QCMS past presidents became officers of the PMA, Dr. Hector Santos, Vice President, Dr. Marianne Dobles, PMA Secretary General, Dr. Albert Guevarra, Asst. Secretary General, Dr. Ferdinand Cerce- nia, Assistant to the President and Dr. Ma. Lilybeth Naguit, elected PMA Governor for Quezon City Region.

BRIEF HISTORY OF THE QUEZON CITY MEDICAL SOCIETY (1950 - 2024)



QCMS Awards from the Philippine Medical Association:

1. PMA Award for Most Outstanding Component Medical Society Category I - First Prize
2. PMA Leadership Award - Category I - First Prize - Dr. Joseph Rylan G. Flores
3. PMA Award for Most Outstanding Component Society Secretary Category I - First Prize - Dr. Marie Michelle A. Dado
4. PMA Award for Most Outstanding Component Society Treasurer Category I - First Prize - Dr. Shane D. Marte 5.Pujalte Award - PMA Award for Exemplary Humanitarian Service in Times of Calamities (Natural disasters or manmade) - First Prize
5. PMA Award for the Most Active Component Society in Child Advocacy - First Prize
6. PMA Adopt-a-Barangay Project - First Prize
7. PMA Award for Community Service - Third Prize
8. Most Outstanding Physician - Dr. Teresita N. Agda
9. Dr. Hermogenes A. Santos Memorial Award for Continuing Medical Education - Dr. Arnel Gerald Q. Jiao



Medical Directors Night with Mayor Joy Belmonte



QCMS Executive Board Meeting and brainstorming



Urban Gardening



PMA Regional Assembly to National Capital Region

2024

During the presidency of Dr. Ma. May Jasmin R. Yason 2023-2024 the QCMS had 65 council meetings, board meetings, organizing and committee meetings, 161 community outreach projects, 19 webinars.

In year 2023-2024, some QCMS past presidents became officers of the PMA, Dr. Hector Santos, Vice President, Dr. Marianne Dobles, PMA Secretary General, Dr. Albert Guevarra, Asst. Secretary General, Dr. Ferdinand Cercenia, Assistant to the President and Dr. Michael Eugenio B. De Guzman, elected PMA Governor for Quezon City Region.



Launching of "Dibdiban" (Breast Cancer Awareness)



Trashion Show



Zen Blooms Ikebana-Inspired Flower Arrangement



QCMS-Pediatric Research Paper Contest



Cancer Case Presentation Contest

BRIEF HISTORY OF THE QUEZON CITY MEDICAL SOCIETY (1950 - 2024)



QCMS Awards from the Philippine Medical Association:

1. PMA Award for Most Outstanding Component Medical Society (ICASIANO AWARD) Category I - First Prize
2. PMA Leadership Award Category I - First Prize - **MA. MAY JASMIN R. YASON, MD**
3. PMA Award for Most Outstanding Component Society Secretary Category I - First Prize - **SHANE D. MARTE, MD**
4. PMA Award for Most Outstanding Component Society Treasurer Category I - First Prize - **MARIE MICHELLE A. DADO, MD**
5. PMA Award for Most Active Component Societies in Nutrition Activities - First Prize
6. Pujalte Award - PMA Award for Exemplary Humanitarian Service in Times of Calamities (Natural disasters or manmade)
7. PMA Award for the Most Active Component Society in Child Advocacy - Second Prize
8. PMA Award for Loyalty and Service - **MA. REALIZA G. HENSON, MD**
9. PMA Most Outstanding Physician for QCMS - **JOSEPH RYLAN G. FLORES, MD**
10. PMA Most Outstanding Physician for POGS - **LILIA P. LUNA, MD**
11. PMA Award for Contribution to Modern Medicine - **FRANKLIN V. ATENCIO, MD**
12. PMA Award for the Dr. Hermogenes A. Santos Memorial Award for Continuing Medical Education - **RAUL M. QUILLAMOR, MD**
13. Dr. Jose P. Rizal Memorial Awards Winner (Research Category) - **BELEN L. DOFITAS, MD**
14. Dr. Jose P. Rizal Memorial Awards (Finalist - Academe Category) - **MANUEL PETER PAUL C. JORGE, II, MD**
15. Dr. Jose P. Rizal Memorial Awards (Finalist - Government Service Category) - **ROMINA A. DANGUILAN, MD**
16. 30th PMA Research Oral Presentation Case report - 2nd place - **MARY VIADELLE E. ANDRADA, MD** - "Drug Repurposing betablocker: A safe and effective treatment for high risk ulcerated intergluteal infantile hemangioma" - Dermatology Department, Dr Jose N.Rodriguez Memorial Hospital and Sanitarium
17. 30th PMA Research Oral Presentation Case report - 3rd place - **TETSUYA JUMI B. MAKINO, MD** - "Paraneoplastic Dermatomyositis in a 34-year-old Filipino Female with Stage IV Invasive Breast Cancer" - East Avenue Medical Center
18. 30th PMA Research Oral Presentation Case report- Finalist - **VIELKA ALEXANDRIA W. MATURINO, MD** - "A rare case of non-scrotal angiokeratoma of Fordyce in a 34-year-old Filipino male treated with 578 NM yellow laser" - Department of Dermatology, East Avenue Medical Center
19. 30th PMA Research Oral Presentation Case report- Finalist - **MA. PRINCESS ALLOUE GONZALES** - "A case of hypopigmented mycosis fungoides in a 5-year-old Filipino female" - Dermatology Department, Dr Jose N. Rodriguez Memorial Hospital and Sanitarium

Reference:

"History of the Quezon City Medical Society" by Dr. Honorio Alfonso David, QCMS Souvenir Program 1968.

"QCMS in its Golden Years" by Dr. Jesus C. De Jesus, QCMS Souvenir Program June 15-16, 2000.

QCMS HISTORY & ARCHIVES COMMITTEE



Cesar Meris, MD
Chairman



Albert Guevarra, MD
Co-Chair



Antonio Cabigas, MD
Adviser



Juliet Santos, MD
Member



Arnold C. Yu, M.D.
Member

SCIENTIFIC PROGRAM

27 JUNE 2024 - THURSDAY



7:30AM	R EG I ST R AT I O N
8:00AM - 9:00AM	Liturgical Mass
9:00AM - 10:00AM	Opening Ceremonies Teodoro Herbosa, M.D. Secretary, DOH (Keynote Speaker)
	Hon. Josefina "Joy" Belmonte QC Mayor Special Message
	Hector M. Santos, Jr., M.D. PMA President Inspirational Message
11:30AM - 11:45AM	Opening of Exhibits – Ribbon Cutting
11:45AM - 12:30PM	Luncheon Symposium 1 – Procter & Gamble Topic: Changing the Paradigm of Peripheral Neuropathy Diagnosis and Treatment with High dose B vitamins. Speaker: Rey-an Nino L. Garcia, M.D. Moderator: Maria Teresita R. Evangelista, M.D.
12:30PM - 1:15PM	Luncheon Symposium 2 – Novo Nordisk Topic: Holistically Addressing Obesity Speaker: Oliver Allan C. Dampil, M.D. Moderator: Ma. Kathryn O. Perez, M.D.
1:15PM - 1:45PM	General Assembly /Business Meeting
1:45PM - 2:00PM	Health Break (Zumba)
2:00PM - 2:45PM	Scientific Session 1 Topic: What's Your Pronoun? Decoding Gender Diversity for Better Patient Communication Speaker: Rye Manuzon (they/he/siya) Moderator: Shane D. Marte, M.D.
2:45PM - 3:30PM	Scientific Session 2 Topic: Finding The Right Balance Bridging the Gap in Residency Training Across Time Panelist: Alfred Q. Lasala II, M.D. Jeremiah D. Lim, M.D. Moderator: Ma. Julieta Agnes E. Calleja, M.D.
3:30PM - 4:15PM	Scientific Session 3 - Nurture Med Topic: "Ironing Out the Challenges: Approach to IDA" Speaker: Frederick S. Agustin, M.D. Moderator: Neil A. Salarda, M.D.
4:15PM - 5:00PM	Scientific Session 4 Topic: The Blaming Game Law 101: Traversing Legal Challenges in Medicine Speaker: Antonio Alejandro D. Rebosa, M.D. Moderator: Ma. Lilybeth Pascual-Naguit, M.D
5:00PM - 5:45PM	Scientific Session 5 Topic: Healing The Healers Understanding Mental Health Issues Among Healthcare Professionals Speaker: Marc Dexter M. Macalintal, M.D. Moderator: Jonathan Raphael C. Castro, M.D.
5:45PM - 6:00PM	Health Break (Zumba) and Raffle

SCIENTIFIC PROGRAM

28 JUNE 2024 - FRIDAY



7:30AM	REGISTRATION
8:00AM - 9:00AM	Scientific Session 6 Topic: The Paradigm Shift UHC & PH: The Prospective System Interlinkage Speaker: Clementine A. Bautista, M.D. Moderator: Arnold E. Monteiro, M.D.
9:00AM - 9:45AM	Scientific Session 7 Topic: Be Still, My Heart Activity Limitation for Pediatrics with Cardiac Disease Speaker: Emely G. Anopol, M.D. Moderator: Ma. Realiza G. Henson, M.D.
9:45AM - 10:30AM	Scientific Session 8 - Folares Topic: The Benefits of Multicomponent Supplementation Speaker: Joselito L. Atabug, M.D. Moderator: Teresita N. Agda, M.D.
10:30AM - 11:15PM	Scientific Session 9 Topic: Beyond Limits PWD Updates: Certification & New Additions Speaker: Maria Arla Andrea G. Carasco, M.D. Moderator: Mechael Angelo G. Marasigan, M.D.
11:15PM - 12:00NN	Scientific Session 10 Panel Discussion Topic: Back To The Spine Deciphering the Multiverse of Low Back Pain Panelist: Adrien R. Quidlat, M.D. Lilybeth Tanchoco, M.D. Wilfredo S. Tagle, M.D. Carmina Ann Cortez, M.D. Sergio Tanhueco, Jr., M.D. Moderator: Joseph Rylan G. Flores, M.D.
12:00PM - 12:30PM	Luncheon Symposium 3 - Adization Topic: Spinal Nerve Root Blocks, An Alternative for Back Pain Treatment Speaker: Joseph Rylan G. Flores, M.D.
12:30PM - 1:00PM	Luncheon Symposium 4 - Otsuka Topic: Holistic Approach in Managing GI Diseases Speaker: Frederick S. Dy, M.D. Moderator: Rhona Sibal, M.D.
1:00PM - 1:45PM	Scientific Session 11 Topic: Let's Get Ready To Rumble! Bracing for THE BIG ONE: Disaster, Prevention & Mitigation Speaker: Carlos Primero D. Gundran, M.D. Moderator: Ma. Mercedes V. Agustin, M.D.
1:45PM - 2:30PM	Scientific Session 12 Topic: Tomorrow's Intelligence, Today's Reality AI in Healthcare: Risks, Challenges & Benefits Speaker: Lisa S. Traboco, M.D. Moderator: Suzanne Y. Langcauon, M.D.
2:30PM - 2:45PM	Health Break (Zumba)

SCIENTIFIC PROGRAM

28 JUNE 2024 - FRIDAY



- 2:45PM - 3:30PM** Scientific Session 13
Topic: **Vision Quest**
Ushering in Emerging Technologies in Refractive Surgery
Speaker: Basel I. ElIsawalhi, M.D.
Moderator: Jan Hermin Cataluña, M.D.
- 3:30PM - 4:15PM** Scientific Session 14 - **Biofemme**
Topic: **Abnormal Uterine Bleeding: Review on causes, diagnosis and treatment**
Speaker: Benjamin D. Cuenca, M.D.
Moderator: Maria Carla Esquivias-Chua, M.D.
- 4:15PM - 5:00PM** Scientific Session 15
Topic: **Woman Up!**
Rallying for Cervical Cancer Awareness: Learn, Prevent, Screen
Speaker: Genalyn F. Amparo, M.D.
Moderator: Marie Michelle A. Dado, M.D.
- 5:00PM - 5:45PM** Scientific Session 16
Topic: **Face Forward: Unfiltered**
Avante Garde Treatments for a Winsome You
Speaker: Irene Gaile C. Robredo-Vitas, M.D.
Moderator: Ma. May Jasmin R. Yason, M.D.
- 5:45PM - 6:15PM** Oath taking of QCMS New Members
- 6:15PM** Closing Remarks:
Dean Hernando A. Zenarosa, M.D.
Vice President, QCMS
Overall Chair, 39th Annual Convention
- 7:00PM** **TURN OVER CEREMONIES & FELLOWSHIP NIGHT**
By invite only guests

QUEZON CITY MEDICAL SOCIETY OFFICERS 2023 - 2024



EXECUTIVE BOARD

Governor :	Michael Eugenio B. De Guzman, M.D.
President :	Ma. May Jasmin R. Yason, M.D.
Immediate Past President :	Joseph Rylan G. Flores, M.D.
Vice President :	Dean Hernando A. Zenarosa, M.D.
Secretary :	Shane D. Marte, M.D.
Treasurer :	Marie Michelle A. Dado, M.D.
Auditor :	Suzanne Y. Langcauon, M.D.
P.R.O. :	Maribelle A. Reyes, M.D.
Protocol Officer :	Edna Joy S. Renejane, M.D.

DISTRICT OFFICERS

DISTRICT I	
President :	Mariel Anne Q. Benipayo, M.D.
Vice President :	Jonathan Raphael C. Castro, M.D.
Secretary :	Sandra C. Ganzo, M.D.
Treasurer :	Sherina R. Salas, M.D.
Auditor :	Maria Bianca Joyce D. Miranda, M.D.
P.R.O. :	Anne Mari Clare D. Gan, M.D.

DISTRICT II	
President :	Richard Joseph C. Cabotage, M.D.
Vice President :	Alejandro A. Caiña, M.D.
Secretary :	Kheizl Mae R. Bernardo, M.D.
Treasurer :	Angel A. de Guzman, M.D.
Auditor :	Krizia Chloe A. Linsangan, M.D.
P.R.O. :	Khoffel Rose R. Bernardo, M.D.

DISTRICT III	
President :	Adrien R. Quidlat, M.D.
Vice President :	Marinela M. Cailipan, M.D.
Secretary :	Angela C. Gabasan, M.D.
Treasurer :	Cecille M. Mendez, M.D.
Auditor :	Dennis Paolo H. Abadilla, M.D.

DISTRICT IV	
President :	Ma. Kathryn O. Perez, M.D.
Vice President :	Editha Magnaye-Dilangalen, M.D.
Secretary :	Rhona C. Sibal, M.D.
Treasurer :	April R. Punzalan, M.D.
	Toni Marie Q. Mangubat-Opiña, M.D.

DISTRICT V	
President :	Emely G. Anopol, M.D.
Vice President :	Maria Teresita R. Evangelista, M.D.
Secretary :	Aida G. Carriaga, M.D.

QUEZON CITY MEDICAL SOCIETY OFFICERS 2024 - 2025



EXECUTIVE BOARD

Governor :	Teresita N. Agda, M.D.
President :	Dean Hernando A. ZenaRosa, M.D.
Immediate Past President :	Ma. May Jasmin R. Yason, M.D.
Vice President :	Marie Michelle A. Dado, M.D.
Secretary :	Arnold E. Monteiro, M.D.
Treasurer :	Shane D. Marte, M.D.
Auditor :	Maribelle A. Reyes, M.D.
P.R.O. :	Edna Joy S. Renejane, M.D.
Protocol Officer :	Suzanne Y. Langcauon , M.D.

DISTRICT OFFICERS

DISTRICT I

President :	Mariel Anne Q. Benipayo, M.D.
Vice President :	Sandra C. Ganzo, M.D.
Secretary :	Jonathan Raphael C. Castro, M.D.
Treasurer :	Anne Marie Clare D. Gan, M.D.
Auditor :	Samuel Tristan Q. Vinluan, M.D.
P.R.O.:	Akiko Michelle D. Nitura, M.D.

DISTRICT II

President :	Khoffel Rose R. Bernardo, M.D.
Vice President :	Gloria Arroyo-Coronel, M.D.
Secretary :	Mary Louise G. Calaycay, M.D.
Treasurer :	Edgar M. Rotairo, M.D.
Auditor :	Angel A. de Guzman, Jr., M.D.
P.R.O.:	Kheizl Mae R. Bernardo, M.D.
Protocol Officer:	Leah F. Fajutagana, M.D.

DISTRICT III

President :	Dennis Paolo H. Abadilla, M.D.
Vice President :	Nathaniel P. Mendez, M.D.
Secretary :	Ron Ryan D. Romero, M.D.
Treasurer :	Andrei Lorenzo F. Ortega, M.D.
Auditor :	Angela C. Gabasan, M.D.
P.R.O. :	Ephidar Khing A. Tan, M.D.

DISTRICT IV

President :	April R. Punzalan, M.D.
Vice President :	Editha Magnaye-Dilangalen , M.D.
Secretary :	Monette A. Coloma, M.D.
Treasurer :	Estelita R. Certeza, M.D.
Auditor:	Melissa Rae M. Caparros, M.D.
P.R.O.:	Rizelle F. Jimenez, M.D.

DISTRICT V

President :	Teresita T. Evangelista, M.D.
Vice President :	Neil A. Salarda, M.D.
Secretary :	Matthew D. Valiente, M.D.
Treasurer :	Jan Hermin R. Cataluña, M.D.
Auditor:	Aida G. Carriaga, M.D.

QUEZON CITY MEDICAL SOCIETY OFFICERS 2024 - 2025



AUXILLIARY TO THE QCMS OFFICERS 2023-2024

President : Jose Yason III, M.D.
Vice President : Ms Heidi Zenarosa
Secretary : Paolo Emmanuel Yason
Treasurer : Christine Dado
Auditor : Engr. Leon Agda
P.R.O. : Col. Joel Torregoza

JUNIOR AUXILLIARY TO THE QCMS OFFICERS 2023-2024

President : Mr. Matthew Yason
Vice President : Ms. Marga Zenarosa
Secretary : Ms. Janie Reyes
Treasurer : Ms. Cody Renejane
Auditor : Mr. Clive Berkley T. Renejane
P.R.O.: Ms. Ysabelle Janne L. Hizon

AUXILLIARY TO THE QCMS OFFICERS 2024-2025

President : Mary Heidi T. Zenarosa
Vice President : Marie Christine A. Dado
Secretary : Alfredo L. Marte II, MD
Treasurer : Paolo Emmanuel Yason
Auditor : Engr. Leon Agda
P.R.O. : Col. Joel Torregoza

JUNIOR AUXILLIARY TO THE QCMS OFFICERS 2024-2025

President : Ms. Deanne Margaret T Zenarosa
Vice President : Mr. Matthew Yason
Secretary : Ms. Isabelle Jannie A. Reyes
Treasurer : Mr. Kevin Aaron Santos
P.R.O. : Hern Thomas T Zenarosa

QUEZON CITY MEDICAL SOCIETY PAST PRESIDENTS



- Petronio Gallardo Monsod, M.D. [1950-1952]
- Felipe Perez Arenas, M.D. [1953-1954]
- Pedro Torres Nery, M.D. [1954-1955]
- Fernando Duran, M.D. [1955-1956]
- Demetrio Crispo Lacuna, M.D. [1956-1957]
- Enrique Salvador Filart, M.D. [1957-1958]
- Honorio Alfonso David, M.D. [1958-1959]
- Jose Chongco Denoga, M.D. [1959-1960]
- Homero Cataha Angelelo, M.D. [1960-1962]
- Pedro Mariano Cruz, M.D. [1962-1963]
- Manuel Vergara Panlilio, M.D. [1963-1964]
- Luis Dadia Villaria, M.D. [1964-1965]
- Eduardo Velasco Austria, M.D. [1965-1966]
- Protacio Rizal Sotto, M.D. [1966-1967]
- Manuel Garcia Mapue, M.D. [1967-1968]
- Alfredo L. San Agustin, M.D. [1968-1969]
- Elpidio Collante Panganiban, M.D. [1969-1970]
- Orlando Veloso Sarmiento, M.D. [1970-1971]
- Fermin Mallare De Leon, M.D. [1971-1972]
- Jose G. Villalobos, M.D. [1972-1973]
- Evaristo N. Sanchez, M.D. [1973-1974]
- Reynaldo Garcia Santos, M.D. [1974-1975]
- Benjamin V. Tamesis, M.D. [1975-1976]
- Rosauro Cabailo, M.D. [1976-1977]
- Jose M. Pujalte, M.D. [1977-1978]
- Luis Vizcarra, M.D. [1978-1979]
- Mariano F. Pascual, M.D. [1979-1980]
- Domingo K. Gutierrez, M.D. [1980-1981]
- Matias A. Valdez, M.D. [1981-1982]
- Edgardo G. Santos, M.D. [1982-1983]
- Diosdado E. Salcedo, M.D. [1983-1984]
- Jesus C. De Jesus, M.D. [1984-1985]
- Efrain S. Maclang, M.D. [1985-1986]
- Juliet G. Santos, M.D. [1986-1987]
- Roberto R. Amador, M.D. [1987-1988]
- Gil C. Fernandez, M.D. [1988-1989]
- Mamerto R. Tan, M.D. [1989-1990]
- Lilia C. Calzado, M.D. [1990-1991]
- Finaflor C. Tan, M.D. [1991-1992]
- Amelio M. Frias, M.D. [1992-1993]
- Roberto M. Montevirgen, M.D. [1993-1994]
- Rey Melchor F. Santos, M.D. [1994-1995]
- Milagros R. Encarnacion, M.D. [1995-1996]
- Ofelia P. Borje, M.D. [1996-1997]
- Angeles T. De Leon, M.D. [1997-1998]
- Hector M. Santos, M.D. [1998-1999]
- Cesar E. Meris, M.D. [1999-2000]
- Antonio C. Cabigas, M.D. [2000-2001]
- Ricardo C. Costes, M.D. [2001-2002]
- Benjamin T. Lim, M.D. [2002-2003]
- Arnold Cachapero Yu, M.D. [2003-2004]
- Salvador P. Flores, M.D. [2004-2005]
- Ma. Fidelis F. Labrador, M.D. [2005-2006] -
- Marianne O. Dobles, M.D. [2006-2007]
- Lilia R. Matulac, M.D. [2007-2008]
- Albert C. Guevarra, M.D. [2008-2009]
- Ferdinand E. Cercenia, M.D. [2009-2010]
- Herminia G. Gozar, M.D. [2010-2011]
- Realiza G. Henson, M.D. [2011-2012]
- Rosario C. Dalida, M.D. [2012-2013]
- Mechael Angelo G. Marasigan, M.D. [2013-2014]
- Wilfredo S. Tagle, M.D. [2014-2015]
- Angela V. Cruz, MD [2015-2016]
- Norma M. Torregoza, M.D. [2016-2017]
- Cristabel T. Sy, M.D. [2017-2018]
- Ma. Mercedes V. Agustin, M.D. [2018-2019]
- Ma. Lilybeth P. Naguit, M.D. [2019-2020]
- Michael Eugenio B. De Guzman, M.D. [2020-2021]
- Teresita N. Agda, M.D. [2021-2022]
- Joseph Rylan G. Flores, M.D. [2022-2023]

38TH ANNUAL CONVENTION WORKING COMMITTEE



Ma. May Jasmin Yason, MD
Honorary Chair



Dean Hernando A. Zenarosa, MD
Overall Chair



Ma. Mercedes V. Agustin, M.D.
Overall Co-Chairs



Teresita N. Agda, M.D.



Marie Michelle A. Dado, M.D.
Convention Treasurer



Shane D. Marte, M.D.
Convention Secretary



SCIENTIFIC COMMITTEE



Maribelle A. Reyes
Chairman



Marie Michelle A. Dado
Co - Chair



Bettina C. Cercenia
Adviser



Julieta Agnes E. Calleja
Member



Ma. May Jasmin R. Yason
Member



Joseph Rylan G. Flores
Member



Emely Anupol
Member



Neil Salarda
Member



Ferdinand Cercenia
Member



Suzanne Y. Langcaon
Member



Mehael Angelo G. Marasigan
Member

WAYS & MEANS COMMITTEE



Marie Michelle A. Dado
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Arnold Monteiro
Co - Chair



Ma Lilybeth Pascual-Naguit
Adviser



Wilfredo Tagle
Member



Sherina R. Salas
Member



Kheizl Mae R. Bernardo
Member



Cecille M. Mendez
Member



April R. Punzalan
Member



Matthew DC. Valente
Member

COMMERCIAL EXHIBITS COMMITTEE



Jonathan Rafael C. Castro
Chairman



Mariel Ann Benepayo
Co - Chair



Albert Guevarra
Adviser



Sandra C. Ganzo
Member



Sherina R. Salas
Member



**Maria Bianca Joyce
D. Miranda**
Member



Anne Mari Clare D. Gan
Member

SOUVENIR PROGRAM COMMITTEE



Suzanne Langcauon
Chairman



Michael Eugenio De Guzman
Adviser



Ella Pila
Secretariat



INVITATION COMMITTEE



Marianne Dobles
Chairman



Albert Guevarra
Co - Chair



Adrien R. Quidlat
Member



Marinela M. Cailipan
Member



Angela C. Gabasan
Member



Cecille M. Mendez
Member



Dennis Paolo H. Abadilla
Member

AWARDS COMMITTEE



Wilfredo Tagle
Chairman



Ma. Mercedes Agustin
Co - Chair



Norma Torregoza
Adviser



Teresita Agda
Member

RECEPTION/ REGISTRATION COMMITTEE



Rebecca Y Sison
Chairman



Ma. Kathryn O. Perez
Co - Chair



Ma. Realiza G. Henson
Adviser



Editha Magnaye-Dilangalen
Member



Rhona C. Sibal
Member



April R. Punzalan
Member

PUBLICITY/ DOCUMENTATION COMMITTEE



Ma. Realiza G. Henson
Chairman



Bettina Cercenia
Co - Chair



Ferdinand Cercenia
Adviser



Suzanne Y. Langcauon
Member



PHYSICAL ARRANGEMENT COMMITTEE



Arnold Monteiro
Chairman



Neil Salarda
Co - Chair



Albert Guevarra
Adviser



Shane Marte
Member

TECHNICAL TEAM COMMITTEE



Jose Antonio Matulac
Chairman



Rebecca Sison
Co - Chair



Joseph Rylan Flores
Adviser



Suzanne Y. Langcauon
Member

SOCIAL/ FELLOWSHIP COMMITTEE



Maria Carla Esquivias-Chua
Chairman



Ma. Julieta Agnes E. Calleja
Co - Chair



Ma. Mercedes V. Agustin
Adviser



Maria Michelle Dado
Member



Marilyn A. Nepomuceno
Member



Jose Antonio Matulac
Member



Rebecca Sison
Member



RELIGIOUS RITES COMMITTEE



Ma Mercedes Agustin
Chairman



Teresita Agda
Co - Chair



Norma Torregoza
Member

OPENING CEREMONIES COMMITTEE



Ma. Julieta Agnes E. Calleja
Chairman



Rebecca Y. Sison
Co - Chair



Albert C. Guevarra
Adviser



Maria Carla Esquivias-Chua
Member



Jose Antonio R. Matulac
Member



Marie Michelle A. Dado
Member



Shane D. Marte
Member

RAFFLE COMMITTEE



Arch. Marie Christine Dado
Chairman



Jose V. Yason, III
Adviser



Ms. Teri Flores
Member



Engr Leon Agda
Member



Ms. Heidi T. Zenarosa
Member



Paolo Emmanuel Yason
Member

SAFETY SECURITY COMMITTEE



Leon Agda
Chairman



Arthur Agustin
Co - Chair



Col Edna Joy Renejane
Adviser



Adrien Quidlat
Member



Emely G. Anupol
Member



Maria Teresita R. Evangelista
Member



Aida Carriaga
Member



Neil Salarda
Member

FOOD COMMITTEE



Teresita Agda
Chairman



Emely Anupol
Co - Chair



Ma. Mercedes V. Agustín
Adviser



Maria Teresita Evangelista
Member



Arnold E. Monteiro
Member



Rebecca Y. Sison
Member

QCMS HISTORY & ARCHIVES COMMITTEE



Cesar Meris
Chairman



Albert Guevarra
Co - Chair



Antonio Cabigas
Adviser



Juliet Santos
Member



Arnold Yu
Member



GOVERNMENT PARTICIPATION COMMITTEE



Shane Marte
Chairman



Arnold Monteiro
Co - Chair



Mechael Angelo Marasigan
Adviser



Richard Joseph C. Cabotage
Member



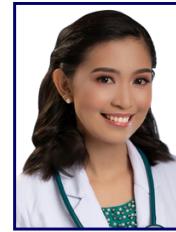
Alejandro A. Caiña
Member



Kheizl Mae R. Bernardo
Member



Angel A. de Guzman, Jr.
Member



Khoffel Rose R. Bernardo
Member

QCMS SECRETARIAT



Ellen Valois



Christy Montoya



Ella Pila



Lala Gali

GOVERNOR'S ANNUAL REPORT



MICHAEL EUGENIO B. DE GUZMAN, MD

Governor for Quezon City Region

It seems just like yesterday when I was inducted as the PMA Governor for Quezon City Region for the year 2023 – 2024. Indeed, time flies so fast as I am now nearing the end of my term. It has been a very fruitful year filled with activities and events to uphold the mission and vision of the Philippine Medical Association.

I would like to extend my most sincere gratitude to the Quezon City Medical Society, under the leadership of its President, Dr. Ma. May Jasmin Yason for all the support as we strive to realize the goals of the Philippine Medical Association and the Quezon City Medical Society.

It has truly been a privilege and an honor to have served as your Governor for the fiscal year 2023 – 2024.



The following are the activities which I have participated in as your Governor for the past year:

PMA ACTIVITIES

- Inducted as PMA Governor for Quezon City Region for 2023-2024 at Manila Hotel, May 18, 2023
- Endorsement Meeting of PMA Board of Governors 2022-2023 and PMA Board of Governors 2023-2024 at Manila Hotel, May 19, 2023
- 1st Regular Board of Governors' Meeting via Zoom, June 4, 2023
- Appointed as Chair of 120th PMA Foundation Day Celebration, June 4, 2023
- 1st Organizational Meeting for the 120th PMA Foundation Day Celebration and Medicine Week 2023 at PMA Board Room, July 4, 2023
- 2nd Regular Board of Governors' Meeting, Waterfront Hotel, Lahug, Cebu, July 17, 2023 (via Zoom)
- 2nd Joint Meeting of PMA Foundation Day Committee and Medicine Week Committee, via Zoom, August 2, 2023
- Meeting of PMA Foundation Day Committee and Medicine Week Committee with Quezon City Medical Society, via Zoom, August 3, 2023
- 3rd Regular Board of Governors' Meeting, PMA Board Room, August 13, 2023
- Ocular inspection of Manila Hotel and Diamond Hotel for the 120th Foundation Day and 66th Medicine Week Opening Ceremonies, August 17, 2023
- 3rd Joint Hybrid Meeting for the 120th PMA Foundation Day and 66th Medicine Week Celebration via Zoom, September 1, 2023
- Special Board of Governors' Meeting to review the External Auditor's report on PMA finances, via Zoom, September 9, 2023
- 17th Operation Bukol and Lay Forum on Prostate Cancer, PMA Auditorium, September 13, 2023
- 120th PMA Foundation Day Celebration: Wreath Laying Ceremony at Rizal Monument, Luneta, Foundation Day Ceremony at Manila Hotel, Fellowship Night at PMA Auditorium, September 15, 2023
- 4th Regular Board of Governors' Meeting, PMA Board Room, September 16, 2023
- Wreath Laying Ceremony at Luneta as part of the PMA 66th Medicine Week Celebration, September 24, 2023
- Opening Ceremonies of the 66th Medicine Week Celebration, Diamond Hotel, Manila, September 24, 2023
- PMA 66th Medicine Week Closing Ceremonies, PMA Auditorium, September 30, 2023

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- 1st PMA Comelec Forum via Zoom, October 5, 2023
- 5th Regular Board of Governors' Meeting, The Farm, Carpenter Hill, Koronadal, South Cotabato, October 21, 2023
- 6th Regular Board of Governors' Meeting, Summit Hotel, Tacloban City, Leyte, November 11, 2023
- 7th Regular Board of Governors' Meeting, PMA Board Room, December 8, 2023
- PMA Christmas Party, PMA Auditorium, December 8, 2023
- 8th Regular Board of Governors' Meeting, The Baly Hotel, Celso Function Room, Dumaguete City, Negros Oriental, January 13, 2024
- 9th Regular Board of Governors' Meeting, Xela Hotel, Antique, February 10, 2024
- 1st TB Summit, PMA Auditorium, February 21, 2024
- PMA National Elections, March 10, 2024
- 10th Regular Board of Governors' Meeting, Virac, Catanduanes, March 16, 2024
- 11th Regular Board of Governors' Meeting, Vigan, Ilocos Sur, April 13, 2024

PMA REGIONAL COUNCIL MEETING

- Quezon City Regional Council Meeting, Peach Blossoms Restaurant, QC, September 5, 2023
- Quezon City Regional Council Meeting, Romulo's Café, QC, February 29, 2024

PMA SPECIALTY ACTIVITIES

- Round Table Discussion on "Pain Management" in cooperation with the Philippine College of Occupational Medicine, Limbaga 75 Café, QC, October 3, 2023
- Inducting officer for the incoming officers of the Philippine Academy of Medical Specialists (PAMS), Grand Hyatt Hotel, December 9, 2023

OTHER HEALTH STAKE HOLDERS ATTENDED:

- Attended the joint PRC and DOH Technical Working Group meeting for Medical Residency and Fellowship Training Programs of Foreign Medical Professionals (CTPFMP) at the PICC, as the representative of PMA President Dr. Ma. Minerva Calimag
- Meeting regarding the expeditious passage of the Philippine Medical Act with Hon. Franz Pumaren, Deputy Majority Leader, Representative, 3rd District of Quezon City, with PMA President Dr. Ma. Minerva Calimag and QCMS President Dr. Ma. May Jasmin Yason, House of Representatives, February 12, 2024
- Meeting regarding the expeditious passage of the Philippine Medical Act and concerns on the PHIC provider requirements for physicians who are senior citizens with Hon. Milagros Aquino Magsaysay, Party List Representative, United Senior Citizens at House of Representatives, with PMA President Dr. Ma. Minerva Calimag and QCMS President Dr. Ma. May Jasmin Yason, House of Representatives, February 12, 2024
- Meeting with Hon. Juan Carlos "Arjo" Atayde, Representative, 1st District of Quezon City, regarding the Philippine Medical Act, with PMA President Dr. Ma. Minerva Calimag and QCMS President Dr. Ma. May Jasmin Yason, House of Representatives, February 26, 2024

PRESIDENT'S ANNUAL REPORT

MA. MAY JASMIN RAMOS-YASON, MD
President, Quezon City Medical Society

The Quezon City Medical Society (QCMS) continues to be dedicated to initiating new and innovative projects, while also sustaining our existing programs. Our aim is to amplify the positive effect we have on our members and the communities we support.

The society has remained focused on our members while ensuring that our community assistance and services remain.

During the fiscal year, we conducted a total of 534 activities and projects, including the introduction of 18 new programs primarily adding value to our members' benefits.



SCIENTIFIC ACTIVITIES:

- a. Continuing Professional Development Activities (with CPD Units)
 - 38th QCMS Annual Convention and Scientific Meetings at Novotel Manila Araneta City, Cubao - June 29-30, 2023
- b. Number of scientific meetings, attendance and local speakers (No CPD units)
 - QCMS and AstraZeneca Symposium "Dapaglipfloxin: 10 years of Life Saving Cardiorenal Protection" at Pandan Asian Café, Scout Limbag, QC - May 25, 2023
 - QCMS District 1 Webinar "What's Unseen with Too Much Screen" by Carmina Franz Quito, MD via Zoom - August 22, 2023
 - QCMS & Century Pacific Food Inc Round Table Discussion "Addressing Adult Malnutrition" by Maricar M. Esculto-Khan, MD at Relish Restaurant - August 30, 2023
 - QCMS District IV Webinar "Advocacy Presentation & Orientation/briefing on the LATEST BREAKTHROUGH in New Generation Sequencing Multi-Cancer Early Detection (NGS-MCED) and Non-Invasive Prenatal Testing (NIPT) for Congenital Anomalies" by Sec. Pauly Jean Ubial, MD via Zoom - August 31, 2023
 - QCMS District 1 Webinar "Uplift your Lifestyle Drop the Weight!" by Dex Macalintal, MD - September 12, 2023
 - QCMS Webinar "Pharmacovigilance: Every MD's Concern" by Maria Minerva P. Calimag, MD - September 18, 2023
 - QCMS District V hybrid scientific meeting on "Pain Management" by Benedict Valdecañas, MD - October 3, 2023
 - QCMS District IV in collaboration with Dr. Jesus Delgado Memorial Hospital- Webinar on "Universal Healthcare Law" by Ma. Minerva P. Calimag, MD - October 11, 2023
 - Mental Health Awareness Seminar by Dr. Ryan B. Coroña - October 12, 2023
 - QCMS District IV Webinar "Healthy Aging" by Deana Ringor, MD - October 24, 2023
 - QCMS Symposium "Preventing Self-harm/Suicide"; Empowering Primary Health Care Providers by Dr. Joan Mae Rifareal and Dr. Shake Hocson - October 25, 2023
 - QCMS District 1 Webinar "Breaking the Silence: by Ms. Beth Angsioco - November 14, 2023
 - QCMS District V Webinar "Introduction to Traditional and Complementary Medicine Practice" by Francis Vicente Ras, MD - November 28, 2023
 - QCMS District IV Webinar "Pathway to Autism Spectrum Disorder" by Dr. Stephanie Anne De Leon - January 22, 2024
 - QCMS Webinar "Renew Refresh Revitalize: New Year, Healthy You" by Dr. Dean Hernando A. Zenarosa - January 25, 2024
 - QCMS Webinar "PWD Categorization: Who Are Qualified?" by Dr. Maria Arla Andrea G. Carasco- January 30, 2024
 - QCMS District V & SV More Symposium "The 10 Commandments of Gastric Acid" by Dr. John Ignatius Ledesma at Pharma Nutria Building February 6, 2024
 - QCMS & Zuellig Symposium "An Evolution in the Treatment of PsO" by Dr. Clarisse M. Garcia at Limbag 77 Cafe Restaurant - February 6, 2024

PRESIDENT'S ANNUAL REPORT



Scientific Works Done/Presented [interesting case report and research]

- Painting the Skin with Lines and Whorls: A Case of Incontinentia Pigmenti with Dermoscopic Findings
Main author: Marie Antoinette O. Villanueva, MD / Co Author: Ma. May Jasmin Ramos-Yason, MD
July 3-8, 2023
- All at Once: A Case of Pityriasis Lichenoides et Varioliformis Acuta Triggered by Varicella Zoster Virus in a 52 year old Filipino
Maria Cyril M. Castillo, MD
July 3-8, 2023
- Harlequin ichthyosis treated with compounded Isotretinoin on medium chain triglyceride: A case report
Co- Author: Mary Grace Anne A. Calvarido, MD, FPDS, FDSP-PDS
July 3-8, 2023
- Rare Case of Ciprofloxacin Induced Generalized Non-bullous Fixed Drug Eruption
Main author: Celestine Antoniette A Apolonio, MD
Co author: Marie Antoinette O. Villanueva, MD
July 3-8, 2023
- PAFP Recommendation on Malpractice in the Physicians' Act of 2022
Suzanne Y. Langcauon, MD
January-June 2023
- Assessment of Transition Readiness of Adolescent Patients and their Caregivers at a Tertiary Referral Center for Pediatric Cancer and Blood Diseases
Bernadette Cid-Cuenco, MD
October 11-14, 2023
- Correlation of Degree of Adenomyosis with Symptoms and Fertility among Filipino
Lalaine Miranda, MD
October 16-19, 2023
- A Systematic Review and Meta Analysis of Prophylactic Fluconazole for Invasive Candidiasis in Preterm Infants
Marfel Coleen Vergara, MD
October 20-24, 2023
- Repair of Perineal Urethrostomy Stenosis using Buccal Mucosal Graft in a Patient Diagnosed with Body Dysmorphism who Previously Underwent Total Penectomy, Bilateral Orchiectomy and Strotectomy: A Case Report
Patricia Anne Tagle
November 1-4, 2023
- Accuracy of Medios Artificial Intelligence Aided Fundus Photography In Detecting Diabetic Retinopathy Among Filipino Patients with Type 2 Diabetes Mellitus Being Seen By Endocrine Specialty Clinics
Dr. Precious Gennelyn Gean C. Untalan
December 2-3, 2023
- Chronic Tophaceous Gout in a Young Adult Female with Genetic Variants of Uncertain Significance: A Case Report
Main author- Rose Elaine J. Gumafelix, MD
Co-Author Mellisa Aquino-Villamin, MD
December 7- 11, 2023
- The Dr. Milagros R. Encarnacion 26th QCMS - Pediatric Interhospital Research Paper Contest at PMA Auditorium, North Avenue, Diliman, QC - January 25, 2024
- 8th QCMS CAP (Cancer Awareness Program) Case Presentation Contest at Presidential Lounge, De los Santos Medical Center - February 29, 2024
- One Take Wonder: A Case of Celecoxib induced acute liver Injury
Dr. Ma. Emilia Adenike V. Adedoja
March 27-31, 2024
- Neoadjuvant Tyrosine Kinase Inhibitors (TKIs) Efficacy in EGFR Positive Stage III Non-small Cell Lung Cancer (NSCLC): A Systematic Review and Meta-Analysis
Dr. John Kelvin M. Laluis
April 5-7, 2024

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PARTICIPATION IN PMA RELATED ACTIVITIES:

- PMA Foundation Day and Medicine Week Organizing Committee Meeting - September 1, 2023
- PMA / PCS Metro Manila Chapter / QCMS 17th Operation Bukol, PMA Auditorium - September 13, 2023
- Wreath Laying at Jose Rizal Monument, Luneta Park - September 15, 2023
- Eucharistic Mass Celebration at Manila Hotel - September 15, 2023
- 120th PMA Foundation Day Celebration at Manila Hotel - September 15, 2023
- Fellowship Night at PMA Auditorium - September 15, 2023
- Pocket Meeting with Sept 26 group for PMA Medicine Week - September 7, 2023
- Wreath Laying at Dr. Jose Rizal Monument, Luneta Park, Manila - September 24, 2023
- 66th PMA National Medicine Week Opening Ceremonies at Diamond Hotel - September 24, 2023
- Zumba at PMA Grounds - September 30, 2023
- Closing Ceremonies "Havana Night" at PMA Auditorium - September 30, 2023
- PMA-UNILAB CPD / Regional Assembly Eastern Visayas Region, Summit Hotel, Tacloban City, Leyte - last November 12, 2023
- PMA-UNILAB CPD/Regional Assembly for NCR at Bayanihan Center, UNILAB last November 28, 2023
- Regional Council Meeting with District Officers at Peach Blossom Restaurant, Quezon City - September 5, 2023
- Attended 1st PMA COMELEC Forum via zoom - October 5 2023

COMPONENT SOCIETY'S INITIATED ACTIVITIES DURING MEDICINE WEEK:

September 25, 2023

Theme: Non-communicable Diseases, Environment and Healthy Lifestyle (Kapaligiran at Uri ng Pamumuhay Pwedeng Magdulot ng Sakit na hindi nakakahawa)

- Free clinic at the PMA Auditorium- participated by members of QCMS in cooperation with PCP QC Chapter.
- Lay Forum on Leptospirosis at Old Balara Annex Health Center
- Lay Forum on Non-communicable Diseases at Toro Hills Health Center
- Lay Forum on Non-communicable Diseases and Lifestyle Change at Payatas Super Health Center
- Lay Forum on Non-communicable Diseases at QC Jail Female Dormitory
- Urban Gardening at Joy Urban Farming, Brgy Bahay Toro

September 26, 2023

Theme: Children's Health (Mga Kabataan Pag-Asa ng Bayan)

- QCMS served as co-host for the day
- Sponsored the balloon / venue styling of the PMA Auditorium.
- Free Clinic at the PMA Auditorium - participated by several QCMS doctors including pediatricians and ENT specialists.
- Coordinated the Puppet show by the Philippine Information Agency Puppet Theater
- 100 bottles of Mebendazole suspension donated for the free clinic
- Vitamins and gift bags given to kids in cooperation with Pediatrica
- Ice cream cart donation
- Lay Forum on "BATAlakayan" via FB Live
- 20th Singing Physician Contest / Theme: "You Can Duo-It" (Duet singing contest)

QCMS Contestants: Dr. Joan Nera & Jan Chuca, finalist

Song: How Far I'll Go / The Climb

September 27, 2023

Theme: Women's and Maternal Health

- Lay Forum on "PCOS You Love Me! The Mystery of it All" via FB Live
- Haplos ng Kalinga - Free back massage for QCMS members by visually impaired therapists at CPD Room, PMA Building in celebration of the NATIONAL PHYSICIANS DAY

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September 28, 2023

Theme: Mental Health and Dermatology

- Lay Forum on "Mindfulness" via FB Live
- Lay Forum on Mental Health at Banlat Health Center
- Lay Forum on Mental Health at Batasan Hills Super Health Center
- Dermatology free clinic participated by QCMS members of the Philippine Dermatological Society and Philippine Academy of Dermatologic Surgery Foundation, Inc at the PMA Auditorium

September 29, 2023

Theme: Senior Citizens Health "Anim-Na-Po [60] Na Tayo. Ano ang ating kailangang malaman at gawin?"

- Lay Forum on "Arthritis" via FB Live
- Flu and Pneumococcal Vaccination at the PMA Indigency Clinic by QCMS members. Vaccines provided by the Quezon City Health Department (Brgy. Bahay Toro Health Center) upon coordination with QCMS.
- Lay Forum on Cataracts and Error of Refraction in the Elderly at Gulod Health Center
- Lay Forum on Pinggang Pinoy at Melchora Aquino Health Center and Animal Bite Treatment Center
- Lay Forum on The Susceptibility of the Elderly to Infectious Diseases at Gulod Health Center
- Senior Physician's Night at Luxent Hotel

REGIONAL ASSEMBLY:

- PMA-Unilab CPD/Regional Assembly for Southern Tagalog Region- January 28, 2024
- PMA-Unilab CPD/Regional Assembly for Northern Mindanao Region - February 4, 2024
- PMA-Unilab CPD/Regional Assembly for Western Visayas Region February 11, 2024
- PMA-Unilab CPD/Regional Assembly for Central Luzon Region - February 17, 2024
- PMA-Unilab Regional Assembly for Bicol Region - March 17, 2024

REGIONAL COUNCIL MEETINGS

- Regional Council Meeting with QCMS District Officers

OTHER ACTIVITIES:

- Meeting regarding the expeditious passage of the Philippine Medical Act with the Hon. Franz S. Pumaren, Deputy Majority Leader, Representative, 3rd District of Quezon City at House of Representatives - February 12, 2024
- Meeting regarding the expeditious passage of the Philippine Medical Act and concerns on the PHIC provider requirements for physicians who are senior citizens, with the Hon. Milagros Aquino-Magsaysay, Party List Representative- United Senior Citizens at House of Representatives - February 12, 2024
- Meeting with the Hon. Juan Carlos "Arjo" Campo Atayde, Representative, 1st District of Quezon City regarding the Philippine Medical Act at Batasang Pambansa - February 26, 2024
- Meeting with QC District 5 Representative, the Hon. PM Vargas regarding the Philippine Medical Act at Batasang Pambansa - March 18, 2024
- Meeting with QC District 6 Representative , the Hon. Marivic Co-Pilar regarding Philippine Medical Act Batasang Pambansa March 18, 2024 Attended the Jose P. Rizal Memorial Awards Presentation of Judges at Bayanihan Center, Unilab, Mandaluyong - March 18, 2024
- 1st TB Summit at PMA Auditorium - February 21, 2024
- PMA Christmas Party PMA Auditorium - December 8, 2023
- 2nd PMA COMELEC Forum - January 18, 2024
- 3rd PMA COMELEC Forum - February 1, 2024
- 4th PMA COMELEC Forum Feb 26 2024

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Coordination of Postgraduate activities initiated by Component, Specialty Divisions, Subspecialty and Affiliate societies:

1. East Avenue Medical Center Department of Urology "Back to Basics II" - September 11, 2023 (virtual)
2. Capitol Medical Center Department of Internal Medicine 16th I.M. Powered Postgraduate Course "LUMOS: An Enlightening Approach to Clinical Situations" - September 21, 2023 - SEDA Vertis North
3. Dr. Jesus Delgado Memorial Hospital Department of Pediatrics 1st Online Scientific Symposium "Hot Issues in Pediatrics" - September 29, 2023 - (virtual)
4. Quezon City General Hospital Department of Pediatrics 11th Postgraduate Course 3rd Scientific Symposium "Practical Pediatrics 7: Caveats of Pediatric Diseases and its Management" - November 16, 2023 - Luxent Hotel
5. East Avenue Medical Center Department of Urology 1st Post-Graduate Course "Renal Conundrums: Navigating the Complexities of Outpatient Kidney Care" - December 1, 2023 - Luxent Hotel
6. New Era University - College of Medicine (NEU-CMD) "Integrating Primary Health Care in the Medical Education: Road Towards NEU-CMD Becoming More Responsive to Universal Health Care" - January 13 2024 - (virtual)
7. De Los Santos Medical Center Department of Obstetrics and Gynecology "FOCUS: Forward-thinking on Overcoming Challenges with Best Practices in Ob-Gyn" - January 29 2024 - Novotel, Araneta Center

B. ORGANIZATIONAL STRUCTURE

- 8th Organizing Committee Meeting at QCMS Boardroom last June 8, 2023
- Committee on Budget & Finance Meeting at QCMS Boardroom last June 13, 2023
- Exhibitors Meeting at QCMS Boardroom last June 15, 2023
- Emergency Board Meeting last June 16, 2023
- 12th Board Meeting at Novotel Araneta, Cubao last June 28, 2023
- Meeting with Mayor Joy Belmonte at QC Hall last July 3, 2023
- Meeting with District Officers at QCMS Boardroom last July 11, 2023
- Post Convention Meeting at Novotel, Cubao last July 13, 2023
- Endorsement and Special Board Meeting at Novotel, Cubao last July 13, 2023
- Ad Hoc Committee Meeting for District VI Creation at QCMS Boardroom last July 18, 2023
- Committee on Building Construction Meeting at QCMS Boardroom last July 18, 2023
- Meeting with UASID and QCHD at PMA Auditorium last July 19, 2023
- Committee on Continuing Medical Education Meeting last July 25, 2023
- Meeting with Dr. Louiuse Calaycay re Sight Saving Month at QCMS Boardroom last July 25, 2023
- Meeting with Phil. Dental Association - QC Chapter at QCMS Boardroom last July 26, 2023
- Committee on Building Construction Meeting at QCMS Boardroom last August 3, 2023
- Committee on Ways & Means and Culture & Arts Meeting at QCMS Boardroom last August 3, 2023
- Meeting for QCMS Derms for Skin Week Free Clinic on Nov in cooperation with PDS, DLSMC last August 8, 2023
- Special Board Meeting at QCMS Boardroom last August 10, 2023
- Ways & Means Committee Meeting at QCMS Boardroom last August 10, 2023
- Committee on Administrative Code Meeting at QCMS Boardroom last August 22, 2023
- Committee on Building Construction Meeting at QCMS Boardroom last August 23, 2023
- Committee on Environmental Health and Sanitation & Dunkin Donut Meeting last August 25, 2023
- 2nd Board Meeting at QCMS Boardroom last August 26, 2023
- Committee on Awards Meeting at QCMS Boardroom- September 5, 2023
- Special Board Meeting at QCMS Boardroom last September 7, 2023
- Committee on Building Construction Meeting at QCMS Boardroom- September 11, 2023
- CME Committee Meeting at QCMS Boardroom- September 12, 2023
- Committee on Cancer Meeting at QCMS Boardroom - September 14, 2023
- Committee on Environmental Health and Sanitation Meeting re Tree Planting - September 20, 2023

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- Committee on Awards Meeting - September 20, 2023
- 3rd Board Meeting at Penglai, West Avenue - September 22, 2023
- 4th Board Meeting at Seda Vertis North- October 12, 2023
- Committee on Building Construction Meeting at QCMS Boardroom - November 9, 2023
- Special Board Meeting at QCMS Boardroom -November 9, 2023
- Meeting with Pediatrica at QCMS Boardroom - November 15, 2023
- Past Presidents' Meeting - November 20, 2023
- Committee on Nominations Meeting - November 21, 2023
- Ad Hoc Committee Meeting for District Realignment and Creation of District VI at QCMS Boardroom- November 23, 2023
- Contract Signing for 2nd Floor Extension at QCMS Boardroom- November 23, 2023
- Council of Past Presidents Meeting at QCMS Boardroom - November 23, 2023
- 5th Board Meeting at QCMS Boardroom - November 23, 2023
- 1st Organizing Committee Meeting at QCMS Boardroom- November 30, 2023
- PMA & QCMS Election at CPD Room - March 10, 2024
- Committee on Awards Meeting at QCMS Boardroom - November 12, 2023
- Special Board Meeting at QCMS Boardroom - December 5, 2023
- Scientific Committee Meeting for 39th Annual Convention - December 8, 2023
- 6th Executive Board Meeting at Max's Restaurant, SM North Edsa - December 14, 2023
- QCMS & QCHD Meeting re Medical Mission on January 22-27, 2024 - January 10, 2024
- 7th Executive Board Meeting at AFP Commissioned Officers Club House - January 18, 2024
- Meeting with Otsuka for Hybrid Convention at QCMS Boardroom - January 25, 2024
- Special Board Meeting at QCMS Boardroom - February 1, 2024
- 2nd Organizing Committee Meeting at QCMS Boardroom - February 8, 2024
- Committee on Building Construction Meeting at QCMS Boardroom - February 28, 2024
- 8th Executive Board Meeting at Romulo's Cafe - February 29, 2024
- Committee on Election Meeting at QCMS Boardroom - March 1, 2024
- 4th Organizing Committee Meeting at QCMS Boardroom - March 7, 2024
- 9th Executive Board Meeting at QCMS Boardroom - March 21, 2024
- Committee on Building Construction Meeting at QCMS Boardroom - March 21, 2024
- 5th Organizing Committee Meeting at Novotel, Cubao - April 4, 2024
- Committee on Building Construction Meeting at QCMS Boardroom - April 8, 2024
- 10th Executive Board Meeting at QCMS Boardroom - April 18, 2024
- Committee on Finance Meeting at QCMS Boardroom - April 30, 2024
- 7th Organizing Committee Meeting at QCMS Boardroom - May 2, 2024
- 11th Executive Board Meeting at Lugang Cafe, SM North - May 30, 2024

SERVICE TO MEMBERS

- Team Building at Zambales last June 3-4, 2023
- Strategic Planning at BE Resorts, Mactan, Cebu last July 27-28, 2023
- Judge for Mr and Ms Valenzuela Medical Center in celebration of the DOH's celebration of Hospital Week at Valenzuela Medical Center last August 8, 2023
- Birthday greetings
- Benefits & Assistance for QCMS Members
- Scholarship grants to QCMS members
- DLSMC Department of IM's "Medicine Day" Celebration - September 23, 2023
- Construction of the QCMS 2nd floor
- Visit to the wake of QCMS Social Committee chair, Dr. Carla Chua's sister on January 8, 2024
- Mass offering for Dr. Cristabel Sy, QCMS past president - Sanctuarium, January 9, 2024

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- Zen Blooms Ikebana-Inspired Flower Arrangement Workshop at De Los Santos Medical Center Presidential Lounge - January 24, 2024
- Free Drug Testing for S2 application /renewal of QCMS members from February 1-10, 2024
- Basic Life Support Training at PMA Auditorium last February 15, 2024
- Basic Life Support and Advanced Cardiovascular Life Support Training at PMA Auditorium last February 15, 2024
- 2nd QCMS Badminton Cup at Centro Atletico, Cubao - February 17, 2024
- Bowling Clinic at AMF-Bowling and Billiards Ever Gotesco Commonwealth Ave., QC - February 22, 2024
- Mobile Legends Tournament at Metro North Medical Center - February 24, 2024
- Bowling Tournament at SM North Edsa Annex - February 28, 2024
- Cellphone Photography at CPD Room, PMA Building - March 7, 2024
- Congratulatory announcements for Specialty Board Exam Passers
- Assistance in the dissemination of the survey link for the research entitled "Readiness and Acceptance of Physicians in Hospital Practice in NCR on Primary Health Care" by Dr. Girelle Anne Camarillo and Dr. Asher Jethro Velena of San Beda University
- Free Seedlings for QCMS New Members and Members in Good Standing
- Newsletter Volume 2 for 2023-2024

COMMUNITY OUTREACH PROGRAMS:

Coordination, cooperation and participation with Local Government Units Healthcare related activities

- Nutrition Meeting at QC Hall last June 20, 2023
- Nutrition Committee Meeting at Barangay Bahay Toro last July 7, 2023
- Healthy Diet For All Brgy. Paligsahan last July 10, 2023
- Lecture on Nutrition and Pinggang Pinoy at Road 11, Brgy. Bahay Toro last July 10, 2023
- Lecture about Helminthiasis o Parasitismo in celebration of the National Deworming Month at Road 11 Brgy. Bahay Toro last July 11, 2023
- Kick-off Ceremony of the Feeding Program of Severely Malnourished and Moderate Malnourished Kids July 12, 2023 of Bahay Toro Barangay Hall
- Feeding of Severely Malnourished and Moderate Malnourished Kids at Brgy. Bahay Toro last July 18, 2023
- Larvae Trapping at 104 Incinerator, Brgy. Bahay Toro last July 18, 2023
- Lecture About Nutrition at Road 11, Brgy. Bahay Toro last July 18, 2023
- Lecture on Pinggang Pinoy at Road 11, Brgy. Bahay Toro last July 18, 2023
- Feeding of Severely Malnourished and Moderate Malnourished Kids at Brgy. Bahay Toro last July 19, 2023
- Gift Giving to SPED Children at Batino Elementary School last July 19, 2023
- Meeting with the New Brgy. Bahay Toro Nutrition Scholar (BNS) last July 19, 2023
- Bivalent Covid Vaccination at PMA Auditorium last July 19, 2023
- Visit to the Joy of Urban Farming at Brgy. Bahay Toro last July 19, 2023
- Lecture about Nutrition and Pinggang Pinoy at Road 11, Bahay Toro last July 20, 2023
- Feeding of Severely Malnourished and Moderate Malnourished Kids at Brgy. Bahay Toro last July 21, 2023
- Lecture on Pinggang Pinoy The Ten Kumainments, and Preventing Gout with Low Purine Diet at Road 11 Bahay Toro last July 21, 2023
- Feeding of Severely Malnourished and Moderate Malnourished Kids at Bahay Toro last July 26, 2023
- Milk Letting ang Free Relaxation Massage at Toro Hills Health Center, Bahay Toro last July 26 2023
- Lay Fora on Persons Deprived of Liberty last July 26, 2023
- Planting of Malunggay in the Joy of Urban Farming at Brgy. Bahay Toro last July 26, 2023
- Covid Vaccination at PMA Auditorium last July 26, 2023
- Feeding of Severely Malnourished and Moderate Malnourished Kids at Bahay Toro last July 27, 2023
- Reweighting of Severely Malnourished and Moderate Malnourished Kids at Bahay Toro last July 28, 2023
- Feeding of Severely Malnourished and Moderate Malnourished Kids at Brgy. Bahay Toro last July 31, 2023

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- Feeding of Severely Malnourished and Moderate Malnourished Kids at Brgy. Bahay Toro last August 1, 2023
- Feeding of Severely Malnourished and Moderate Malnourished Kids at Brgy. Bahay Toro last August 2, 2023
- Milk Letting at Toro Hills Health Center, Brgy. Bahay Toro last August 2 2023 - 650ml of breastmilk collected
- Feeding of Severely Malnourished and Moderate Malnourished Kids at Brgy. Bahay Toro last August 3, 2023
- Coordination Meeting for NutriBingo at Toro Hills Health Center, Bahay Toro last August 3, 2023
- Lecture about Gabay sa Tamang Pagpapasuso at Road 11, Bahay Toro last August 4, 2023
- Lecture About Laws on Breast Feeding or Mga Batas sa Pagpapasuso at Road 11 Bahay Toro last August 7, 2023
- MOA Singing with Brgy Bahay Toro last August 7, 2023
- Planting Kangkong Seeds at Joy Urban Farming, Brgy. Bahay Toro last August 7, 2023
- Feeding of Severely Malnourished and Moderate Malnourished Kids at Brgy. Bahay Toro last August 8, 2023
- Lecture About the Benefits of Exclusive Breast Feeding at Road 11, Brgy. Bahay Toro last August 8, 2023
- Lecture about Exclusive Breastfeeding at Road 11, Brgy. Bahay Toro last August 9, 2023
- Milk Letting at Toro Hills Health Center, Brgy. Bahay Toro last August 9, 2023 - 1.4 liters collected
- Lecture About Dengue at Road 11, Brgy. Bahay Toro last August 10, 2023
- Milk Letting at Toro Hills Health Center on Aug 16 2023 - 1920ml total milk donated to QCGH milk bank
- MOA Signing with Lucas R. Pascual Elementary School last August 22, 2023
- Milk letting Activity with Free Relactation Massage at Toro Hills Health Center last August 23, 2023
- Reweighting of SAM and MAM Children at Brgy Bahay Toro last August 24, 2023
- Lecture on Breastfeeding in Celebration of Breastfeeding Awareness Month last August 25, 2023
- Adolescent Health Information and Service Delivery Network at Madison 101 Hotel, Aurora Blvd., QC last August 29-31, 2023
- Dengue Lecture at Brgy. Bahay Toro - September 5, 2023
- Training on Nutrition Program Management at QC Hall - September 5-7, 2023
- Milk Letting at Toro Hills Health Center - September 6, 2023
- Giving of Hygiene Kits at Brgy. Bahay Toro - September 7, 2023
- Women's Mental Health Awareness at Brgy. Alicia - September 11, 2023
- Lay Forum on Dengue at Toro Hills Health Center, Brgy. Bahay Toro - September 28, 2023
- Lecture on Dengue at Brgy. Bahay Toro - October 4, 2023
- Milk letting Activity at Toro Hills Health Center, Brgy. Bahay Toro - October 4, 2023 -
- Lecture on the Expanded Newborn Screening at Brgy Bahay Toro - October 5, 2023
- Dengue Lecture at Project 7 Health Center - October 6, 2023
- Operation Smile at East Avenue Medical Center - October 6-9, 2023
- Lecture About Dengue at Brgy Bahay Toro - October 10, 2023
- Lecture About Nutrition and Pinggang Pinoy at Brgy Bahay Toro - October 11, 2023
- Thanksgiving Ceremony for the SAM & MAM Kids Feeding Program of Brgy Bahay Toro - October 11, 2023
- On-the-Spot Drawing Contest of Daycare Kids of District 1 Brgy Damayan Multipurpose Hall - October 27, 2023
- Lecture About Dengue Prevention and Control at Brgy. Bahay Toro - November 8, 2023
- Donation of Co-Amoxiclav and Vit. C 500 mg tablets at Toro Hills Health Center - November 10, 2023
- The QC Future of Work Conference 2023 at Crowne Plaza Galleria Manila - November 13, 2023
- The QC Future of Work Conference 2023 at Crowne Plaza Galleria Manila - November 14, 2023
- QC Nutrition Committee Meeting at QC Hall - November 16, 2023
- Lecture on Dengue Awareness and Prevention at Brgy. Bahay Toro - November 23, 2023
- Lecture about Dengue Prevention and Control at Brgy. Bahay Toro - November 28, 2023

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- QC Nutrition Council Meeting at QCHD Bldg. - November 28, 2023
- Meeting with QCHD and Quezon City Chief Health Operating Officer- November 28, 2023
- National Bike to Work Day inaugural ride- November 29, 2023
- Quezon City Health Department Physicians Association's Christmas party at PMA Auditorium - December 1, 2023
- Gift giving to pediatrics patients of Quezon City General Hospital- December 1, 2024
- Puppet show by Philippine Information Agency puppet theater at Quezon City General Hospital - December 1, 2023
- Lecture on Pagkain ng Hindi Masustansyang Pagkain at Brgy Bahay Toro - December 4, 2023
- Lecture about Nutrition and Diabetes at Road 11, Bahay Toro - December 5, 2023
- Lecture about Dengue at Road 11, Bahay Toro - December 11, 2023
- PDAO Disability Forum for Medical Specialist at Great Eastern Hotel - December 12, 2023
- Lecture about Cervical Cancer at Road 11, Bahay Toro - December 13, 2023
- Visit to the Joy of Urban Farming at Brgy Bahay Toro - December 21, 2023
- Lecture on Dengue Prevention and Control at Brgy Bahay Toro - January 5, 2024
- Childhood diseases and proper handwashing at North Fairview Health Center - January 8, 2024
- Meeting with newly designated Barangay Nutrition Scholar (BNS) at Brgy Bahay Toro - January 9, 2024
- Lecture on Dengue Signs and Symptoms, Treatment, and Prevention at Brgy Bahay Toro - January 15, 2024
- Lecture on Hepatitis B Signs and Symptoms, Treatment and Prevention at Brgy. Bahay Toro - January 16, 2024
- Nutrition Lecture on Pinggang Pinoy at Brgy Bahay Toro - January 17, 2024
- Gift Giving to Pediatric Cancer Patients at National Children's Hospital - January 18, 2024
- Lecture about Infant and Young Child Feeding at Bahay Toro Covered Court - January 19, 2024
- Lecture Dengue Prevention and Control at Brgy Bahay Toro - January 23, 2024
- Donation of pails for Malunggay Planting at Brgy Bahay Toro - January 23, 2024
- Committee on Government Participation meeting with Dr. Ramona Abarquez for the 85th QC Foundation Anniversary Activities - January 23, 2024
- Lecture on Tuberculosis at Road 11, Bahay Toro - January 26, 2024
- Courtesy call with Dr. Dave Vergara, chief of health operations of QC - January 30, 2024
- Courtesy call with Dr. Ramona Abarquez of QCHD - January 30, 2024
- DOH 2nd National Health Sector meeting - January 30, 2024
- Lecture on How To Accomplish the Risk Assessment form for Patients and Dengue Lecture at Road 11, Bahay Toro - January 30, 2024
- Training on Medical Certification of Cause of Death at B Hotel - February 6-9, 2024
- Malunggay tree planting at Brgy Bahay Toro - February 10, 2024
- Dengue Forum at Sitio Militar Chapel, Bahay Toro - February 12, 2024
- Training on Medical Certification of Cause of Death at B Hotel - February 13-16, 2024
- Breastfeeding and maternal care lectures at North Fairview Health Center February 17, 2024
- Lay Fora on Adolescent Cardiovascular Health at Quezon City University - February 19, 2024
- Dengue Forum at Sinagtala Chapel - February 20, 2024
- Lecture on Signs and Symptoms and Prevention of Dengue at Brgy Bahay Toro - February 21, 2024
- Lecture on Gabay sa Tamang Pagpapasuso at Batas ukol dito and Self-breast Examination at Brgy Bahay Toro -February 23, 2024
- QCHDPA General Assembly at PMA Auditorium - February 28, 2024
- Milk letting at Toro Hills Health Center - February 28, 2024
- Lecture on Dengue Prevention and Control at Brgy Bahay Toro - March 4, 2024
- Lecture on Nutrition- PINGGANG PINOY at Brgy Bahay Toro - March 6, 2024
- Lecture on EOR and cataracts for the elderly at Gulod Health Center, March 8, 2024
- Distribution of Malunggay seedlings/ cuttings to Batasan Health Center - March 12, 2024
- Donation of Snellen chart to Batasan Health Center - March 12, 2024
- Distribution of Malunggay Tree to Old Balara Health Center - March 12, 2024
- Donation of Snellen chart to Old Balara Health Center - March 12, 2024
- Distribution of Malunggay seedlings/cuttings to Fairview Sentrong Sigla Health Center - March 12, 2024

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- Donation of Snellen chart to Fairview Sentrong Sigla Health Center - March 12, 2024
- Call for participation to M.O.V.E.(Men Opposed to Violence against women Everywhere) of the QC LGU
- Distribution of Malunggay seedlings/cuttings to Sauyo Health Center - March 15, 2024
- Donation of Snellen chart to Sauyo Health Center - March 15, 2024
- Distribution of Malunggay seedlings / cuttings to Tatalon Health Center - March 20, 2024
- Donation of Snellen chart to Tatalon Health Center - March 20, 2024
- Donation of Snellen chart for District 1 Health Centers at Quezon City Health Department - March 22, 2024

Coordination, cooperation, linkages and participation with Non-Government Organizations

- Covid Vaccination at Dr. Jose Delgado Memorial Hospital - July 7, 2023
- Meeting with QC Spartan Bros Eagles Club - July 10, 2023
- Free Kidney and Prostate Ultrasound at PIA Visayas Avenue - July 13, 2023
- Circumcision at St. Vincent Seminary - July 23, 2023
- Kidney and Prostate Ultrasound Screening with Consultation at National Printing Office - August 3, 2023
- Free Clinic at Jesus Delgado Memorial Hospital Parking Area - August 6, 2023
- QCMS Foundation Day Gift Giving to Busilak Learning Center at PMA Lobby - August 10, 2023
- QCMS Foundation Day Gift Giving to QCMS Foundation Scholars at PMA Lobby - August 10, 2023
- QCMS Foundation Day Gift Giving to Senior Citizens of Brgy. Aguadiente at PMA Lobby - August 10, 2023
- QCMS Foundation Day Gift Giving to PWD at PMA Lobby - August 10, 2023
- QCMS Foundation Day Gift Giving to Cancer Patient at PMA Lobby - August 10, 2023
- QCMS Foundation Day Gift Giving to Chronic Kidney Disease Patient at PMA Lobby - August 10, 2023
- QCMS Foundation Day Gift Giving to Psoriasis Patient at PMA Lobby - August 10, 2023
- QCMS Foundation Day Gift Giving to Bone Disease Patient at PMA Lobby - August 10, 2023
- QCMS Foundation Day Gift Giving to Street Dwellers at PMA Lobby - August 10, 2023
- Circumcision St Vincent De Paul Parish and Shrine of the Poor - August 20, 2023
- Launching of QCMS Medilight Incorporated and MOC Optomedic Balik Tanaw at PMA Auditorium - August 20, 2023
- Hepa B Vaccination St. Vincent De Paul Parish and Shrine of the Poor - August 20, 2023
- Dermatology Consultation at PMA Indigency Clinic - August 22, 2023
- Opening ceremonies of the Philippine Medical Expo 2023 at MOA, Pasay - August 23, 2023
- Circumcision St Vincent De Paul Parish and Shrine of the Poor - August 27, 2023
- Dermatology consultation at PMA Indigency Clinic - September 5, 2023
- Dermatology consultation at PMA Indigency Clinic - September 12, 2023
- Gift Giving to House of Refuge Foundation Inc. - September 16, 2023
- Bloodletting at Metro North Medical Center and Hospital - September 18, 2023
- Dermatology consultation at PMA Indigency Clinic - September 19, 2023
- Attended zoom webinar on Financing Green energy opportunities for Hospitals in the Philippines -September 20, 2023
- Free FBS and RBS Screening at De los Santos Medical Center - September 28, 2023
- Lay Forum on BMI and Obesity at Delos Santos Medical Center - September 28, 2023
- Dermatology consultation at PMA Indigency Clinic - October 10, 2023
- Turnover of dermatologic medicines from PDS to PMA Indigency Clinic - October 10, 2023
- Breast Cancer Awareness Seminar at Metro North Medical Center - October 12, 2023
- Launching of Dibdiban (Advocacy on Breast Cancer Awareness) at PMA Auditorium - October 15, 2023
- 2nd PsorHOPE Club Assembly - November 11, 2023
- Donation of medicines to DLSMC Dermatology for Skin Week free clinics- November 13, 2023
- Libreng Derma Consultation / PDS Skin Week 2023 Free Clinic at DLSMC - November 13, 2023
- Libreng Derma Consultation/ PDS Skin Week 2023 Free Clinic at DLSMC- Nov 14, 2023
- Dermatology consultation at PMA Indigency Clinic - November 14, 2023
- Libreng Derma Consultation/PDS Skin Week 2023 Free Clinic at DLSMC - November 15, 2023
- Libreng Derma Consultation/PDS Skin Week 2023 Free Clinic at DLSMC - November 17, 2023

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- Dermatology consultation at PMA Indigency Clinic - November 21, 2023
- Mobile Blood Donation at PMA Auditorium - November 24, 2023
- Dermatology consultation at PMA Indigency Clinic - November 28, 2023
- Donation of medicines to PMA Indigency Clinic - November 28, 2023
- Puppet Show Caravan and gift giving with PIA Sa QCMS, Bida ang mga Bata at Lucas R. Pascual Elementary School - November 29, 2023
- Puppet Show Caravan and gift giving with PIA- Sa QCMS, Bida ang mga Bata at De Los Santos Medical Center - November 30, 2023
- Gift giving to admitted kids at De Los Santos Medical Center - November 30, 2023
- Free flu vaccinations and dry fit shirts for tricycle drivers of Proj 6 CVC B. Toro TODA at NeoMedica Clinic -December 4, 2023
- QCMS Christmas Gift Giving for Busilak Learning Center at PMA Auditorium - December 5, 2023
- QCMS Christmas Gift Giving for Bone Disease Patient at PMA Auditorium - December 5, 2023
- QCMS Christmas Gift Giving for Cancer Patient at PMA Auditorium - December 5, 2023
- QCMS Christmas Gift Giving for PMA Staff at PMA Auditorium - December 5, 2023
- QCMS Christmas Gift Giving for PWD of Brgy Pag-aso at PMA Auditorium - December 5, 2023
- QCMS Christmas Gift Giving for QCMS Care to Share Foundation Scholars at PMA Auditorium - December 5, 2023
- QCMS Christmas Gift Giving for Senior Citizens of Brgy. Aguardiente at PMA Auditorium - December 5, 2023
- Dermatology Consultation at PMA Indigency Clinic - December 5, 2023
- AQCMS Gift giving to Security Guards at Congressional Avenue - December 6, 2023
- Dr. Ma. May Jasmin R. Yason awarded the Stars of the Night for BSMC year end celebration - December 9, 2023
- QCMS Christmas Gift Giving for Patient with Psoriasis, December 11, 2023
- Meeting with Psorphil board of director Jay-R Molato at Great Eastern Hotel - December 12, 2023 [for QCMS advocacy in supporting indigent patients with psoriasis in QC region]
- QCMS [Auxiliary and Junior Auxiliary] gives coffee and bread to street sweepers in QC - December 15, 2023
- Gift giving of Coffee and nutribuns for healthcare workers at Metro North Medical Center - December 18, 2023
- Christmas Gift Giving for PWDs of Brgy Pag-aso - December 18, 2023
- Gift giving of Coffee and nutribuns for street vendors - December 20, 2023
- Donation of Medicines for a Breast Cancer Patient at QCMS Boardroom - December 21, 2023
- Gift Giving for the homeless and street dwellers - December 25, 2023
- Dermatology Consultation at PMA Indigency Clinic - January 23, 2024
- Dermatology Consultation at PMA Indigency Clinic - January 30, 2024
- Gift Giving to Reception and Study Center for Children (RSCC QC), Bago Bantay, QC - January 30, 2024
- Dermatology Consultation at PMA Indigency Clinic - February 6, 2024
- Dermatology Consultation at PMA Indigency Clinic - February 27, 2024
- Trash for Cash at SM North Edsa - February 27, 2024
- Dermatology Consultation at PMA Indigency Clinic - March 5, 2024
- Dermatology Consultation at PMA Indigency Clinic - March 19, 2024
- Donation of vaginal speculums and KY jelly sachets for DLSMC OB-Gyne Department for their adopted community outreach program- March 8, 2024

Health Care Delivery to the Underserved Areas (medical missions)

- Medical Mission at Brgy. Libis - July 21, 2023
- Medical Mission and Dental Caravan at Gen. Roxas Elementary School - July 22, 2023
- Medical Mission at St. Vincent Seminary - July 23, 2023
- Medical Mission at Parokya ni San Jose Sto. Domingo, QC - August 5, 2023
- Operation Tuli at Maclang Multipurpose Hall - August 11, 2023
- Medical Mission and Eye Check-up at Brgy. San Roque Hall - August 12, 2023
- Medical Mission and Dental Mission at Brgy Dona Imelda - August 13 2023
- Medical-Dental Caravan at Bahay Toro Covered Court - August 18, 2023
- Medical Mission at Brgy San Carlos Binangonan Rizal - August 19, 2023
- Medical Mission at Jose P. Laurel - August 25, 2023
- Medical Mission at Talipapa, QC - August 26, 2023

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- Community Wellness Outreach Program at Lighthouse Foundation, Tatalon, QC- September 9, 2023
- Medical Mission at St. Vincent and Paul Parish, Upper Banlat, Tandang Sora, QC - September 16, 2023
- Medical Mission at Puno-Masa United Methodist Church, Don Antonio Heights, QC - October 28, 2023
- Scabies Surveillance among PDLs in the National Capital Region, QC Jail - November 9, 2023
- Scabies Surveillance Survey at the QC Jail Female Dormitory at Camp Karingal - November 10, 2023
- Medical Mission at St. Joseph the Worker Parish at Balintawak - November 18, 2023
- Medical Mission at Brgy. Old Balara, QC - November 26, 2023
- Ophtha Medical Mission at Brgy Escopa III - December 10, 2023
- Medical-Dental caravan at Bahay Toro Covered Court - January 19, 2024
- QC Government and Phil. Medical Society of Northeast Florida Inc Medical Dental Surgical Mission at Amoranto Stadium - January 22, 2024
- QC Government and Phil. Medical Society of Northeast Florida Inc Medical Dental Surgical Mission at Amoranto Stadium - January 22, 2024
- QC Government and Phil. Medical Society of Northeast Florida Inc Medical Dental Surgical Mission - Ophthalmology at Loyola Heights - January 23, 2024
- QC Government and Phil. Medical Society of Northeast Florida Inc Medical Dental Surgical Mission at Amoranto stadium - PDS Dermatology Consultation - January 24, 2024
- QC Government and Phil. Medical Society of Northeast Florida Inc Medical Dental Surgical Mission at Amoranto Stadium - January 25, 2024
- QC Government and Phil. Medical Society of Northeast Florida Inc Medical Dental Surgical Mission at Villa Silvina - January 26, 2024
- Medical Mission at Brgy Sta. Cruz - February 6, 2024
- Medical Mission at SM Novaliches, QC - February 8, 2024
- Medical Mission at Juan Sumulong High School - February 9, 2024
- Kidney Stones Screening at Brgy Pinagkaisahan - February 17, 2024
- Medical Mission at LightHouse Foundation - March 9, 2024
- Free cancer screening- breast, skin, prostate, kidney and cervix at the clinical OPD of De Los Santos Medical Center- February 29, 2024

Assistance rendered to calamities and Disasters, Disaster awareness activities:

- Seminar for Disaster Preparedness at PMA Auditorium - July 31, 2023
- Donation to the PMA for the victims of Bulacan flooding - August 7, 2023
- QCDRRMO Emergency and Disaster Drill at QC Hall- September 7, 2023
- National Simultaneous Earthquake Drill at Brgy Bahay Toro- November 9, 2023
- National Simultaneous Earthquake Drill at QCMS Boardroom- November 9, 2023
- Infographics on VOLCANIC SMOG posted in social media pages - September 22, 2023
- QCMS Reporting on Earthquake- December 5, 2023 Distribution of Emergency Kits - January 26, 2024
- Distribution of Emergency Kits at Bernardino General Hospital - February 28, 2024
- Donation to Landslide and Flood Victims - February 15, 2024
- Lecture on Fire Prevention & Preparedness - PMA Auditorium
- Fire Drill Exercise at PMA Grounds - March 21, 2024
- Call for donations of antibiotics for the Pertussis outbreak in Quezon City by the QCHD- March 22, 2024
- Earthquake Drill - March 25, 2024

PMA and/or DOH SPECIAL PROJECTS:

Reproductive Health and Teenage Pregnancy:

- QCMS Foundation Day Gift Giving to Teenage Pregnant Women at PMA Lobby - August 10, 2023
- Teen Pregnant Women Planting Kangkong at Joy of Urban Farming, Bahay Toro - August 16, 2023
- NutriBingo for Pregnant Teens of District I at Brgy Hall, Brgy Bahay Toro - August 23, 2023
- Breastfeeding Lecture and Lecture on Pinggang Pinoy at Brgy. Bahay Toro - September 6, 2023
- Human Milk Bank's Milk-letting activity at Brgy Bahay Toro - September 14, 2023
- Cooking Contest for Low Cost Nutritious Dish for Teenage Pregnant Women Bahay Toro Brgy Hall- October 24, 2023
- Lecture on Prevention of Teen Pregnancy and Human Papillomavirus Vaccination for Teens at Road 11, Bahay Toro - December 5, 2023
- Teen Pregnant Women Planting Malunggay at Joy of Urban Farming, Bahay Toro - January 10 2024
- QCMS Christmas Gift Giving for Teenage Pregnant Women at PMA Auditorium - December 5, 2023
- Malunggay Tree Planting by Pregnant Women at Joy of Urban Farming - March 6, 2024

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HIV AIDS:

- Lecture About HIV Coinfection to TB Patients at Toro Hills Health Center, Brgy. Bahay Toro - July 20, 2023
- HIV - AIDS Lecture at Gardner College, North Ave - July 25, 2023
- HIV Testing and Counseling at Gardner College, North Ave - July 25, 2023
- Lecture about HIV at Toro Hills Health Center, Brgy Bahay Toro - August 11, 2023
- Sexually Transmitted Diseases One-on-one Counseling at Toro Hills Health Center, Bahay Toro - August 23, 2023
- Primary HIV Care Management Training at Cocoon Boutique Hotel, Laging Handa, QC - September 12-15, 2023
- Clinical Skills Training in HPV DNA Testing and Thermal Ablation at Harolds Evotel Timog Ave., QC - September 25, 2023
- Lecture About HIV Co-infection at Brgy. Bahay Toro - October 2, 2023
- STD One-on-One Counseling at Toro Hills Health Center - October 13, 2023
- Integrated HIV Behavioral and Serological Survey NCR Result - October 19, 2023
- Lecture on HIV Co-infection at Road 11, Bahay Toro - December 6, 2023
- Lecture on Cervical Cancer and Human Papillomavirus Antibody Testing at Toro Hills Health Center - December 14, 2023
- Lecture on HIV Co-infection at Road 11, Bahay Toro - December 21, 2023
- Signing of IRR for Qc's HIV ZERO TO 2030 Project - January 9, 2023
- Lecture on "Ano ang HIV at AIDS" at Brgy Bahay Toro - January 10 2024
- HIV Meeting at Quezon City Hall - February 1, 2024
- Free HIV Self Testing Kit information dissemination

Non Communicable Diseases and Lifestyle Modifications:

- Lecture about Diyabetes at Road 11, Brgy. Bahay Toro - July 12, 2023
- Lecture on Dengue Awareness and Prevention at Road 11 Bahay Toro - July 19, 2023
- Lecture on Altapresyon and Lifestyle Modification for Hypertensives at Road 12, Brgy. Bahay Toro - July 25, 2023
- Lecture on Diyabetes at Road 11, Brgy. Bahay Toro - July 26, 2023
- Lecture About Diabetes Prevention at Road 11, Brgy. Bahay Toro - July 26, 2023
- Lecture About Dengue at Road 11, Bahay Toro - August 10, 2023
- Lecture about Rheumatic Heart Disease to Health Center Nurse and Post graduate Interns at Toro Hills Health Center - August 16, 2023
- Lecture about Leptosirosis and Doxycycline Prophylaxis at Road 11, Bahay Toro - August 22, 2023
- Lecture on Basic Nutrition for Diabetic Patients at Neomedica Ambulatory Care Clinic - September 22, 2023
- Lecture About Leptosirosis at Brgy Bahay Toro - October 3, 2023
- Lecture About Altapresyon [Hypertension] at Brgy Bahay Toro - October 9, 2023
- Lecture About Diabetes at Brgy. Bahay Toro - October 12, 2023
- Lecture About Leptosirosis at Brgy Bahay Toro - October 13, 2023
- Lecture on Gabay sa Leptosirosis at Brgy Bahay Toro - October 20, 2023
- Lecture About Routine Immunization at Brgy Bahay Toro - October 24, 2023
- Lecture about Altapresyon [Hypertension] at Brgy. Bahay Toro - November 3, 2023
- Lecture About Routine Immunization at Brgy. Bahay Toro - November 7, 2023
- Lecture on Physical Inactivity and Hypertension at Road 11, Bahay Toro on - December 7, 2023
- Lecture on Leptosirosis and Doxycycline Prophylaxis at Road 11, Bahay Toro - December 12, 2023
- Lecture about Pag-iwas at Pagkontrol ng Non-communicable Disease at Road 11, Bahay Toro - December 19, 2023
- Lecture on Kalusugang pangkaisipan (Mental Health) at Brgy Bahay Toro - February 27, 2024
- Lecture on Altapresyon (Hypertension) at Brgy Bahay Toro - March 5, 2024
- Lecture on Diabetes at Brgy Bahay Toro - March 12, 2024
- Lecture on Health and Climate Change at Brgy Bahay Toro - March 13, 2024
- Routine Immunization for Children at Toro Hills Health Center - March 13, 2024
- Pneumonia Vaccination at SSS Frisco Branch - March 13, 2024
- Postpartum Depression Seminar at Florencia Multi Purpose Hall - March 19, 2024

TB Awareness and Control:

- Lecture About Pulmonary TB and HIV Coinfection to TB Patients at Toro Hills Health Center, Brgy. Bahay Toro - July 20, 2023
- Lecture about Tuberculosis at Toro Hills Health Center, Brgy Bahay Toro - August 11, 2023
- PTB and HIV Co-infection Lecture and Enrolment of TB patients to the NTP (National Tuberculosis Program) at Toro Hills Health Center - August 16, 2023

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- Medical Consult with Drug Resistant TB patient at Toro Hills Health Center - August 24, 2023
- Free PPD Tuberculin Skin Testing for Children at Toro Hills Health Center, Brgy. Bahay Toro - September 4, 2023
- Lecture About Tuberculosis at Brgy. Bahay Toro - October 2, 2023 -
- Active Case Finding Activity with Free Chest x-ray at Brgy Bahay Toro - October 5, 2023
- Free PPD testing at Toro Hills Health Center, Brgy. Bahay Toro - October 13, 2023
- Free PPD testing at Toro Hills Health Center, Brgy. Bahay Toro - October 24, 2023
- Free PPD testing at Toro Hills Health Center, Brgy. Bahay Toro - October 31, 2023
- Lecture on TB at Road 11, Bahay Toro - December 6, 2023
- Lecture on TB at Road 11, Bahay Toro - December 21, 2023
- Smoking and Other Addictive Substances That Can Harm your Body Brgy Bahay Toro - December 28, 2023
- Lecture About Drug - Resistant Tuberculosis at Brgy Bahay Toro - January 8, 2024
- Lecture on Kaalaman tungkol sa TB at Brgy Bahay Toro - February 20, 2024
- Active Case Finding Activity to Screen for Tuberculosis with Free Chest X-ray for Pedia and Adult Patients Bahay Toro Health Center - February 22, 2024
- Lecture on The Dangers of Smoking and other Substance Abuse to Health at Brgy Bahay Toro - February 26, 2024

Substance Abuse Addiction Awareness, Control and Prevention:

- QCMS & Neomedica Ambulatory Care Clinic Free Drug Testing at Neomedica, Congressional Avenue - August 21-22, 2023
- Training on Accreditation of Physicians to Diagnose Treat and Manage Persons Who Use Drugs at Cocoon Boutique Hotel - November 16, 2023
- Gift Giving to Tahanan Rehabilitation Center - January 26, 2024
- Lay Forum on Drug Addiction at Brgy. Pinagkaisahan- February 17, 2024
- Free Drug Testing at Brgy. Pinagkaisahan - February 17, 2024

Other Projects:

- Bulilit Teen Health workers Meeting - September 2, 2023
- On-The-Spot Essay Writing Contest - September 9, 2023
- Meeting for Bulilit Foundation Week Celebration - September 19, 2023
- 27th Bulilit and Teen Health Workers Foundation Week Celebration - September 23, 2023
- MOA Signing with JASMS Teen Health Workers - November 14, 2023
- Launching of FitFil in Robinson's Lipa - December 10, 2023
- Bulilit Health Workers Lecture for Lucas R. Pascual Elementary School - January 20, 2024
- Bulilit Health Workers Lecture for Lucas R. Pascual Elementary School - January 27, 2024
- Bulilit Health Workers Lecture for Lucas R. Pascual Elementary School - February 3, 2024
- Bulilit & Teen Health Workers Congress Meeting - February 9, 2024
- Bulilit Health Workers Lecture for Lucas R. Pascual Elementary School - February 10, 2024
- Bulilit Health Workers Lecture for Lucas R. Pascual Elementary School - February 24, 2024
- Bulilit Health Workers Lecture for Lucas R. Pascual Elementary School - March 2, 2024
- Bulilit Health Workers Lecture for Lucas R. Pascual Elementary School - March 9, 2024
- Bulilit Health Workers Graduation - March 23, 2024
- Innovative way of fund raising projects for component society:
- Doctoberfest at Privilegio Gastrobar - October 28, 2023
- QCMS For Sustainable Pinoy Fashion (Used Barong Upcycled to Bomber Barong)



PFPA Excellence and Distinction Awardee 2023

Salamat, QCMS!
Joseph Rylan G. Flores, MD
Vice-Chair, PMA General Assembly 2024



The
Outstanding
Filipino
Physician 2023

PMA AWARD FOR MOST OUTSTANDING PHYSICIAN



**JOSEPH RYLAN FLORES y GALANG, MD, FICS, FPAMS,
FIAMS, FPAAAMMI
ORTHOPAEDIC SURGEON
NUTRIGENOMICS PRACTITIONER**

Maritess Pacanza – Flores y Nuque (46 y/o)
Ysabella Bianca Patricia Flores y Pacanza (21 y/o)

Department of Orthopaedics
De los Santos Medical Center
MAB 609, (02) 889-35762 (DLSMC) loc. 8609

Positions:

Consultant

- Dept. of Orthopaedics
De los Santos Medical Center, QC
- Borough Medical Care Institute
Cybermall, Eastwood, Libis, QC
- Lang Fang Orthopaedic Center,
Lang Fang, China
- San Juan Medical Center
City of San Juan
- SM Foundation Inc.
MOA
- Medicard Centris
Eaton, Centris, QC
- Clinic ni Kuya
UNTV, Quezon City
- Perpetual Help Hospital (Dalta)
Las Pinas, MM
- Managed Care Systems Medical Clinic
Summit 1, Shaw Blvd, Mandaluyong
- De Ocampo Hospital
Nagtahan, Manila
- Sunshine.com
New Manila, QC
- Phil. Batteries Inc. (RAMCAR)
Quezon City/Sta. Maria, Bulacan

Chief Resident Dept. of Orthopaedics and Sports Medicine 2004 - 2006
De los Santos-STI Medical Center, graduated Dec 2006

Resident Dept. of Orthopaedics and Sports Medicine 2002 - 2006
De los Santos-STI Medical Center
Dept. of Surgery 2000 - 2002

Intern Our Lady of Lourdes Hospital
Our Lady of Lourdes Hospital 1998 - 1999
(Surgery, Medicine, Pediatrics, Obstetrics - Gynecology,
Ophthalmology, ENT, Radiology, Clinical Pathology,
Psychiatry, and Community Medicine)

Clerk Fatima Medical Center 1997 - 1998
(Surgery, Medicine, Pediatrics, Obstetrics - Gynecology,
Family Medicine)
Quezon City General Hospital
(Surgery, Medicine, Pediatrics, Family Medicine)
Dr. Jose Fabella Maternity Hospital
(Obstetrics - Gynecology)
San Lazaro Hospital
(Medicine - Infectious diseases)
National Center for Mental Health
(Psychiatry)



**Educational Background:**

Elementary	San Beda College	1975 – 1982
High School	La Salle Greenhills	1982 – 1986
College	University of Santo Tomas (BSMT)	1986 – 1990
Post. Grad.	UERMMMC	1992 – 1994
	Fatima College of Medicine	1994 – 1998

Board certified in Medicine – PRC Feb 2000

Diplomate in Orthopaedics – PAMS July 2007

Diplomate in Anti-Aging Medicine – PAAAMI Apr 2011

Courses/Training attended:

Nutrigenomic Practitioner Accreditation Seminar (Beacon Specialists Hospital, Kuala Lumpur, Malaysia)	Apr 2017
Minimally invasive hallux valgus treatment (Wang Jin Hospital, Beijing, China)	Mar 2017
Sports Medicine Advancements (Al Garhoud Hospital, Transform, Dubai, UAE)	Apr 2016
AO Spine Summit (Hong Kong)	Aug 2015
AO Advance Spine Course (St. Luke's Global)	Nov 2012
APAO Operative course in Spinal Surgery (Chong Hua Hospital, Cebu)	Aug 2012
AO Spine Principles (St. Luke's Global)	Nov 2011
Int'l Osteoporosis Foundation Densitometry Course (Century Hotel, Manila)	Oct 2011
APAO Operative Course in Spinal Surgery (The Medical City)	Aug 2011
Spineguard Animal Workshop (St. Luke's Medical Center)	Nov 2010
APAO Operative Course in Spinal Surgery (Asian Hospital)	Aug 2010
Advancement in Spine Surgical Techniques (The Medical City)	July 2010
APAO Operative Course in Spinal Surgery (The Medical City)	June 2009
The Next Frontier in Spine Surgery (St. Luke's Medical Center)	Aug 2008
Medtronic Instrumentation Cadaveric Workshop (St. Luke's Medical Center)	Aug 2008
Updates in Arthroscopic Surgery and Cadaveric Workshop (University of Sto. Tomas)	July 2005

AWARDS:**Local awards**

PMA award for most outstanding component medical society
Icasiano Award Category 1, First Place for Quezon City Medical Society May 2023

PMA leadership award
Icasiano award for Leadership, Category 1, First Place May 2023

PMA award for exemplary humanitarian service in times of calamities (natural disasters or manmade), Pujalte Award, First Prize May 2023

PMA award for most active component society in child advocacy, first prize May 2023

PMA adopt a barangay project, first prize May 2023



PMA award for communite service, third prize

May 2023

Quezon City Appreciation from the City Health Office and Office of the Mayor Nov 2022

Distinguished Thomasian Alumni Nov 2021
(University of Santo Tomas Alumni Association, Inc)

Distinguished Alumni Nov 2018
(Our Lady Of Fatima University)

1st Philippine empowered men and women of the year 2018
(Teatrino, San Juan)

2nd Philippine empowered men and women of the year 2019
(Music Museum, San Juan)

3rd Philippine Empowered men and women of the year 2021
(Teatrino, San Juan)

Appreciation from the Gusi Peace Prize Foundation 2019, 2022

United Clinical Laboratories Association Aug 2023

Outstanding Alumnus Feb 2014
(La Salle Green Hills)

De los Santos Medical Center Service award 10 years Nov 2012

UNTV Kick Off Rally Jan 2011

Philippine Academy of Clinical and Cosmetic Dermatology Oct 2010

Recognition

Multiple recognition awards for being chairman, co-chair and member of different committees for convention of the following societies

International College of Surgeons-Philippine section (ICS-PS)

Philippine Academy of Medical Specialists (PAMS)

International Academy of Medical Specialists (IAMS)

Philippine Academy of Aesthetics and Age Management Medicine (PAAAMMI)

Quezon City Mrdical Society (QCMS)

International awards

LeRoy International

Launching of the Malaysian Geriatric Healthcare Association
(Kuala Lumpur, Malaysia)

Bones and Joints Day May 2018
(Tianjin, China)

Bones and joints lecture series Mar 2018
(Hang zhou, China)

International Bones and Joints Council Conference Oct 2017
(Beijing, China)

Bones and Joints Day, Signing of Agreement with the Lang Fang Orthopaedic Center May 2017
(Tianjin, China)

Launching of the International society for the Standardization of Management for Bones And Joints Care Apr 2017
(Beijing, China)

Opening of the He Nan Kong Chang Bones and Joints Care Research Center Mar 2017
(Zhangzhou, China)

Bones and Joints day Apr 2016
(Beijing, China)

5th Anniversary of the International Bones and Joints Care Apr 2015
(Beijing, China)

International Advisory Board Tour Mar 2013
(Germany, Luxembourg, Belgium, France)

Launching: Healthy Bones and Joints for the Century Oct 2011
(Beijing, China)

Bones and Joints Health Tour Jul 2008
(Kuala Lumpur, Genting, Penang, Sibu, Malaysia)



2 nd International convention (Malaysia)	Dec 2006
Gusi Peace Prize International Honorary Laurete (given by Foundation President Mohammed Aljuhani)	Dec 2023
Malaysian Geriatric Health Care Association	Aug 2023

Noblelife International

Lifestyle Diseases (Hong Kong, Macau, Singapore, Dubai, Raselkayma, Furujayma, Oman, (UAE))	Mar 13,14,15,16,17,18
Philippine Independence Day Tour (Milan & Rome, Italy)	Jun 17

Bayanihan S'pore, Philippine Embassy, Sg May 21, Feb/Apr/Jun 22
(Singapore, and virtual)

Conferences/Conventions attended:

Speaker LeRoy International

Advantages of Collagen Hydrolysate with Vitamin K2 (Tianjin, China)	May 2015
Effects of Collagen Hydrolysate on Bone and Joints Mar 2013 (Eberbach, Germany)	Mar 2013
Managing Osteoarthritis (Beijing, China)	Oct 12, Feb 13, Apr 16, 17
(He nan, Zhangzhou, China)	May 2018
(Tianjin, China)	May 2017
Healthy Bones and Joints Lecture Series (Kuala Lumpur, Penang, Sibu, Malaysia)	Apr 2015
Launching of Healthy Bones and Joints (Beijing, China)	Feb 2011
	Dec 2010

Noblelife International

Lifestyle Diseases (Hong Kong, Macau, Singapore, Dubai, Raselkayma, Furujayma, Oman, (UAE))	Mar 13,14,15,16,17,18
Philippine Independence Day lecture (Milan & Rome, Italy)	Jun 17

Bayanihan S'pore, Philippine Embassy, Sg May 21, Feb/Apr/Jun 22
(Singapore, virtual)

International College of Surgeons (ICS)

World Congress (Manila) Media guide for doctors	Nov 2014
Midyear Convention (Baguio, Batangas)	May 2010, 2017
Absorbable skin staples, DNA profile for health and well being	
World Congress (Manila)	Nov 2010
The Revolutionary New Standard Skin Closure Modality	

Philippine Academy of Medical Specialists

Advances in the use of PRP in Orthopaedics	
Annual Convention (Quezon City)	Nov 2018
DNA Profile for Health and Well being	
Midyear convention (Tagaytay)	Apr 2013

Philippine Academy of Aesthetic and Age Management Medicine, Inc

Annual Convention (Pasig)	Sep 2017
Innovation in Orthopaedics using PRP	



Quezon City Medical Society		
Annual convention		Jun 2018
DNA profile for health and well being		
Manila Dental Society		
Regional meeting	2016, 2018	
(Manila, QC)		
Low back pain, DNA profile for health and well being		
Fil-Chi Annual mtng	2017	
(Pasig)		
Back pain and Osteoporosis		
Citibank		
Ergonomics	Mar 21	
(Manila, virtual)		
Menarini		
Pain Management Series	2017, 18, 20, 21, 22	
(Metro Manila, virtual)		
Cathay Drug		
Benefits of Bisphosphonates		
(Metro Manila, Quezon city)	Feb/Sep 2021	
(La Union)	Oct 2021	
(Ilocos sur)	Mar 2022	
Zuellig Pharma		
Without boundaries: Addressing the North and South of Malnutrition (Malnutrition and Obesity)		
Skin Moisturization: A Second Look (N-palmitoylethanolamine)		
(Metro Manila, Quezon city)	Jun 2022	
(Rizal, virtual)	Jul 2022	
Tournament Doctor	International Premiere Tennis League (Manila leg)	Nov 2014, Dec 2015
Guest of Honor LeRoy International		
Bones and Joints Day	May 2018	
(Tianjin, China)		
Bones and joints lecture series	Mar 2018	
(Hangzhou, China)		
International Bones and Joints Council Conference Oct 2017		
(Beijing, China)		
Bones and Joints Day, Signing of Agreement with the Lang Fang Orthopaedic Center		
(Tianjin, China)	May 2017	
Launching of the International society for the Standardization of Management for Bones And Joints Care		
(Beijing, China)	Apr 2017	
Opening of the He Nan Kong Chang Bones and Joints Care Research Center		
(Zhangzhou, China)	Mar 2017	
Bones and Joints day		
(Beijing, China)	Apr 2016	
5 th Anniversary of the International Bones and Joints Care		
(Beijing, China)	Apr 2015	
International Advisory Board Tour	Mar 2013	
(Germany, Luxembourg, Belgium, France)		
Launching: Healthy Bones and Joints for the Century Oct 2011		
(Beijing, China)		
2 nd International convention	Dec 2006	
(Malaysia)		



Moderator	International College of Surgeons (ICS) Annual Convention Nov-Dec 07, 08, 09, 10, 11, 12, 13, 14 Philippine Society of Oncology (PSO) Annual Convention Sep 2014, 2016	
Panelist	International Panel for Bone and Joint Care (Eberbach, Germany) Mar 2013 (Beijing, China) Oct 2012 LeRoy International Advisory Board Dec 2006 (Kuala Lumpur) International College of Surgeons (ICS) Annual Convention Nov 2007	
Master of Ceremonies	Gusi International Peace Prize (Manila) Nov 2018, 19, 21, 22, 23 International College of Surgeons Opening ceremonies Annual convention Nov 10, 11, 12, 13, 14, 15, 16, 17, 18 Induction ceremonies Nov 2015 Philippine Academy of Medical Specialists (PAMS) Annual convention Nov 05, 06, 07, 08, 12, 13, 14 Surgical Forum Oct 2007 (Manila) Philippine Association of Cosmetic and Cutaneous Dermatology Fellowship night Oct 2009, 2010 (Shangri La, Manila, Crowne Plaza) Philippine Academy of Aesthetics and Age Management Medicine PAAAMMI Annual convention Fellowship night Sep 2017, 18, 19, 20, 21 Mundipharma Summits Nursing Pain Summit Sep 2018 (Crowne Plaza) Joint Pharmacists and Nursing Pain Summit Aug 2016 (Crowne Plaza) Nursing Pain Summit Feb 2015 (Crowne Plaza) Pain Summit for General Practitioners May 2014 (Crowne Plaza) Pharmacy Pain Summit Aug 2013 (Manila Hotel)	
Participant	International College of Surgeons (ICS) Asia-Pacific Joint Congress Feb 2004 World Congress Nov 2010 (Manila) Annual convention Dec 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14, 15 Midyear convention Jul 05, 06, Apr 08, 09, May 10, 11, 12, 13 (Subic, Clark, Iloilo, Baguio) Philippine Academy of Medical Specialists (PAMS) Annual convention Nov 05, 06, 07, 08, 12, 13, 14, 15, 16, 17, 18, 19, 20 Midyear convention May 2005, 2006, 12, 13, 17, 18, 19 (Quezon, Isabela, Tagaytay, Batangas) Quarterly meeting (Orthopaedics) Mar 2005 (NL – Laoag) Surgical Forum Oct 2007 (Manila) Philippine Orthopaedic Association (POA) Annual convention Dec 02, 03, 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14 Midyear convention Apr 03, 04, 05, 06, 07, 09, 12, 17 (Bacolod, Palawan, Davao, Bohol, Laoag, Boracay, Cebu)	



Philippine Orthopaedic Association, North Luzon chapter (POA-NLC)	
Quarterly conference	Jan 2004, 07, 08, 09
(Pampanga)	
APAO Annual Congress of the Asia Pacific Trauma Society	
(Mumbai, India)	Mar 2015
A4 Annual Convention	Jun 2018
(Bangkok, Thailand)	
Philippine Orthopedic Trauma Society (POTS)	
Annual convention	Jul 2011
Philippine Hip and Knee Society (PHKS)	
Annual Convention	Sep 2011
Scientific meeting	Aug 2002
Philippine Society of Oncology (PSO)	
Annual Convention	Sept 2009, Nov 2010, 2012
Midyear Convention	July 2010, 2011, 2012
Philippine College of Surgeons (PCS)	
Annual convention	Dec 02, Nov 03, Dec 04, 05, 06
Osteoporosis Society of the Philippines, Inc. (OSPI)	
Annual convention	Oct 03, 04, 05, 06, 07, 08, 10, 11
Association of Southeast Asia Pain Societies (ASEAP)	
1 st Congress	Nov 2006

Regular conferences at the Philippine Orthopaedic Center (POC) 2003-2005, DLSMC 2005 to 2014

Speaker for the following Companies:

Zuellig Pharma (Propan, Xenical, Physiogel)	2022
Menarini (Ketesse, Skudexa, Fastum, Arcoxia)	2018 to date
Cathay Drug (Bondross, Calvin, Coxidia)	2018 to date
Fitgenes (Nutrigenomics)	2017 to date
Science Harvest (vit K2, glutathione)	2017
IFern (vit D3, calcium, vit b complex)	2017 to date
Getz Pharma (Reventa)	2014
Beaumed (PRP)	2013 to 2018
Sanofi/Synvisc (Hyaluronic acid)	2012 to 2015
Unilab/Biomedis (Algesia)	2012 to 2015
KDSI (spirulina)	2012 to 2015
Noblelife Inc. (cryptomonadale/cleanse)	2012 to date
Mundipharma (Tramal tab/retard)	2011 to date
Genasia (Insorb staplers/hernia mesh/hyaluronic acid/ Physiotherapy balls/cryotherapy)	2011 to date
Fern	2011
USANA	2010 to 2015
Osteogard	2010 to 2013
Merck & Co. (Fosamax/Fosavance)	2008
Janssen (Dolcet)	2008 to 2015
Synergen (Artiflex)	2008 to 2009
Intelicare	2007 to 2017
Multicare (OASIS for Calvit)	2006 to 2015
LeRoy International (3Rflex)	2006 to date
Aldritz Corporation (Pao liniment)	2005

Paper/Study printed:

- Study for the standardization for Collagen Hydrolysate for bones and joints care (Beijing, 2017)
Asians, specifically Filipinos, having non beneficial VDR (Vitamin D regulator) genes (Australia, to be printed)
Collagen Hydrolysate as an alternative for patients with Degenerative Osteoarthritis, the Philippine experience (Manila, 2013) Author
Cadaveric measurements of the ACL and knee (Quezon city, 2006) Author
Cadaveric measurements of the distal radius (Quezon city, 2006) Co-author



Lectures given:

Without boundaries: Addressing the North and South of Malnutrition
Skin Moisturization: A Second Look
Ortho Forum: Pain Management in the setting of COVID Pandemic
Benefits of fixed dose combination for acute pain
Benefits of bisphosphonate for osteoporosis
Approach to mild to moderate, moderate to severe pain
Approach to post op acute pain
Approach to chronic pain
Alendronate indications
Multimodal approach to pain
Nutrigenomics
Collagen hydrolysate with Vit K2
Vit D3 importance
Clinical Exchange for Pain
Advances in the use of PRP in Orthopaedics
Media guide for doctors
Effects of collagen hydrolysate on bone and joints
Updates in the Management of Arthritis
Forms of arthritis
Management of Osteoarthritis
Cancers and updates
Somatically speaking
Lifestyle diseases
Advances in spine surgery
Essence of management of chronic low back pain
Revolutionary skin closure modality
Central sensitization in pain management
Improvement of quality of life with Dolcet in osteoarthritic patients
Arthritis and management options
Osteoporosis awareness (OASIS)
Healthy Bones and Joints
General orthopaedic principles and techniques (Casting and traction)
Basic orthopaedic instrumentation (General orthopaedics, spine, arthroscopy)
First aid and handling emergencies
Anatomy and physiology for IV therapy for nurses
Personal health care for health care providers
Clinical hygiene for health care providers
Stress management and hypertension
Health and nutrition

Memberships/Positions held:

Fitgenes Philippines	CEO	2018 to date
The Lauriat Philippines	CEO	2018 to 2022
Physiare Physical Therapy Center	Medical Director	2023
Fountain of Youth Medical Center, Camaya Coast	Medical Director	2022
Malasia Geriatric Health Care Association	Adviser	2023
United Clinical Laboratories Association	Adviser	2023
Philippine Medical Depot	Adviser	2018 to date
International College of Surgeons	Fellow	2004 to date
	Governor	2013-2015,
2024-2025		
ICS - Metro Manila Chapter	President	2022
	President Elect	2019 to 2021
	Treasurer	2017 to 2019
	Asst. Sec.	2010-2016
	Governor	2014 to 2016
World Congress Organizing Committee	Member	2010



Annual Convention Organizing Committee	Member	07,08,09,10, 11,12, 13, 14, 15, 16, 17, 18, 19, 20, 21
Midyear Convention Organizing Committee Committee on Ways and Means	Member	08, 09, 11, 18 Asst. to the Chair 08,09,10, 11,12
Committee on Socials	Co-chair	08, 09, 10, 11
Committee on Physical Arrangement	Chair	08, 09, 10
Committee on External Affairs	Member	08, 09
Committee on Outreach	Member	08, 09
Committee on Sports	Member	08, 09
Committee on Research	Chair	10
Protocol Officer		07
International Premier Tennis League	Tournament Doctor	Nov14, Dec15
Gusi International Peace Prize Board	VP for Asia Director	2019 to 2021 2018 to date
Philippine Society for Bones and Joints Care		Founding Chair 2013 to date
Philippine Academy of Medical Specialists	President Fellow Chairman of the board Treasurer PRO Trustee National Chancellor	2023 to 2024 2006 to date 2021 to 2022 2020 2018 2017 to date 2012 to 2017
Annual Convention Organizing Committee	Diplomate Chairman Member	2004 to date 2020, 2021 2005, 06, 07, 15, 16, 17, 18, 19
Philippine Orthopaedic Association, North Luzon chapter	Resident Adopted Member	2004 - 2006 2007 to date
Philippine Society of Oncology	Affiliate	2009 to date
Annual Convention Organizing Committee	Member	2010,12
Committee on Exhibits and Physical Arrangement	Chair Member	2012 2010
Philippine Society of Geriatric Medicine	Member	2009 to date
Osteoporosis Society of the Philippines Foundation, Inc	Member	2010 to date
International Osteoporosis Society	Member	2011 to date
Philippine Spine Society	Member	2010 to 2012
Philippine Orthopedic and Arthritic Research Society	Member	2011 to date
Philippine Academy of Anti-Aging Medicine, Inc.	Diplomate	2011 to date
Philippine Medical Association	Member	2004 to date
Committee on Emergencies and Disaster	Member	2013
Committee on Environment and Ecology	Member	2013
Committee on Media Relations	Member	2013, 2022
Quezon City Medical Society (3 rd district)	President Vice President Auditor Member President OIC Vice Pres PRO	2022 2021 to 2022 2020 2004 to date 2018, 2019 2016, 2017 2016 2015
(4 th district)		
Philippine Osteoarthritis Research Society	Member	2013
Philippine Society of Bones and Joints Surgeons	Director	2015



De los Santos Medical Center Dept. of Orthopaedics	Asst Training Officer Consultant President Director Chairman Member PRO Faculty	2007 to 2014 2007 to date 2019 to date 2010 to date 2009 2004 to 2009 2004 to 2005 2003 to date
Medical Alumni Association		
Quality Assurance Committee for Philhealth Operating Room Committee Residents' Society Nursing Service Organization		
De los Santos-STI College College of Physical Therapy Team STI	Faculty Asst physician	2012-2015 2006 to 2017
KDSI	Medical Consultant	2012 to 2013
Genasia	Medical Director	2011 to date
Synergen	Medical Consultant	2008
Multicare	Medical Consultant	2007 to date
LeRoy International	Medical Consultant	2006 to date
International Medical Advisory Board	Member	2006 to date
International Council for the Standardization for Bones and Joints Care		
Aldritz Corporation	Executive Director Medical Consultant	2017 to date 2005
Europe Standard Skill Development Corporation	Faculty	2005 to 2007
Intellicare	Lecturer	2007 to 2017
UNTV Clinik ni Kuya	Medical Consultant	2009 to date
Ospital ng Sampaloc	Sec Chief (Ortho)	2007 to 2009
St. Camillus Polyclinic (Pasig)	Consultant	2007 to 2009
LSGH Alumni Association	President Ex Oficio Int. Vice-pres Ext. Vice-pres Int. Auditor Director Director	2013 to 2014 2014 to 2015 2015 to 2016 12-13, 16-17 2011 to 2012 2010 to date 2009 to date
Greentennial Archers Inc.	Member	2006 to date
La Salle Greenhills '86 core group		
De La Salle Alumni Association	Director	2013 to 2014
Kapisanan ng mga Artistang Pilipino sa Pelikula at Telebisyon (KAPPT) (Actors Guild of the Philippines)	Member	2012 to date
Parents association, preschool, SPUQC	President	2007 to 2008
Parents association, preschool/elementary, SPUQC	PRO	2006 to 2007
Overseas Workers' Welfare Association (POEA)	Satellite Physician	2000
Manila Southeast Asian Games Organizing Committee	Marketing Officer	1990-1991
Presidential Council for Youth Affairs	Volunteer	1990
National Youth Volunteer Corps	Asst coordinator for MM	1990
University of Santo Tomas		
Thomasian Alumni Leaders Association	President Vice Pres.	2016 to 2019 2011 to 2015
UST Alumni Association, Inc	Director	2016 to 2019
Central Student Council	Exec Sec	1989-1990
Pharmacy Student Council	Internal PRO President PRO	1988-1989 1989-1990 1988-1989
Cooperative	Director	1988-1990
Bulwagang Gantimpala Theater Foundation	Member	1988-1990
Teatro Pilipino	Member	1987-1989
Philippine Drama Company	Member	1988-1990



CEU dramatic guild	Technical director, Workshop Faculty, Honorary Member 1987-1991
SCOPE '86	Editor-in-chief 1985-1986 (medalist)
CUE (La Salle dramatics)	Vice-President 1985-1986 (medalist)
Peer Counseling Organization	Councilor 1984-1986 (medalist)

MULTIMEDIA

TV

Host Kada Umaga (Net25), Thursdays 7-8am
Taumbahay/The Doctor Is In (Net 25/DZEC 1062), M/W/F 2012 to 2014,
Thursdays 2016 to 2018
Doc on Tv (UNTV, Anak TV awardee), Sundays 7-8 am 2009-2012

Regular Guest: Good Morning Kuya, Sport 37, Kaagapay (UNTV)
Home Page, Pop Talk, Magpakailanman, Alisto (GMA 7)
Kada Umaga (Net 25)

Telenovelas/Mini series

D' Argent et De Sang 2023
(Of Money and Blood)
French tv series
Directed by Xavier Giannoli

Love Before Sunrise 2023
Directed by Mark Sicat

Magandang DIlag 2023
Directed by Don Michael Perez

Love at First Read 2023
Directed by Mark Sicat

Magpakailanman 2023
(biglaang nawala)
Directd by Mark Sicat

Magpakailanman 2023
(bagong boksingero)
Directd by Don Michael Perez

Hearts on Ice 2023
Directed by Aya Topacio

Abot Kamay ng Pangarap 2022
GMA7, daily 130pm
Directed by LA Madridejos

Magpakailanman 2022
(miracle boy)
Directd by Mark Sicat

Magpakailanman 2022
(tess bomb story)
Directd by Mark Sicat

Paano Ang Pangako 2020
TV5, daily 8pm
Directed by Eric Quizon



	PrimaDonnas	2019
	GMA 7, daily 330pm	
	Directed by Gina Alajar	
	IMPOSTORA	
	GMA 7, daily 3:20-4 pm	2017-2018
	Directed by Albert Langitan	
	Magpakailanman	
	(episode, maliliit sila)	2017
	GMA 7, Saturdays 8pm	
Digital	Fb Live with Doc Rylan	
	Saturdays 7pm	2019 to 2023
	Sundays 11am	2023
	Reyna...drug lord (YouTube series)	2021
	Directed by Danilo "Brownie" Pansalin	
	Baseco Babies (YouTube series)	2022
	Directed by Danilo "Brownie" Pansalin	
Radio Host	Kalusugan kakabilib with M.O.M. (men of medicine) (DWIZ 882)	
		Sundays 11am – 12nn
		2018 to 2023
	Kapitbahay (DZEC 1062)	
		Thursdays 1-2pm 2021 to 2023
	Health Watch (DZEM 954), (DZEC 1062)	
		Tuesdays 10-12nn 2023
	Clinic Hour (DZAR 1026)	
		Saturdays 6-7 am 2002 to date
	Healthy Chat at Sonshine (DZAR 1026), Wednesdays 2-3 pm	2010-2012
	Regular Guest: DZMM, DZRH, Radio Veritas, DWIZ, Radio ng Bayan, DZBB, Radyo 5	
Columnist	Abante, Clinic Hour	2019 to date
	Abante Tonite, Magtanong Kay Doc	2019 to date
	Wellness Magazine	2018
	Ageless (anti-aging magazine, monthly)	2017
	Frontpage, Doc in Print (DAR monthly free paper)	2011 to 2015
Movies	YAKMAN, (FAP) directed by William Mayo (Oct 2012)	
	THE FIGHTING CHEF, (Viva Films) directed by Ronnie Ricketts (Mar 2013)	
	TATA SELO, (FAP) directed by William Mayo (Nov 2014)	
	GANGSTER LOLO, (Cosmic Raven Ventures) directed by William Mayo (Dec 2014)	
	1 DAY 1 ARAW, (UNTV films) directed by Dinkydoo Clarion (Apr 2016)	
	MANILA's FINEST, (Viva Films) directed by William Mayo (Dec 2015)	
	HULING BYAHE NI TINO Directed by Edmer Guanlao (Jun 2016)	
	PAMILYA MASAGANA Directed by Mark Agcaoili (Dec 2017)	
	HIWAGA NG NAKALIPAS Directed by Mark Agcaoili (Dec 2018)	
	SI JEPOY AT SI EMONG Directed by Pete Mariano (Aug 2022)	
		(For Release/Currently Filming)
		Tikkoun (French movie) directed by Xavier Gianolli (2022)
		Dissimulo, directed by Allen Erojo (2022)
		Pamilya Puti, directed by Chocoy Torres (2018)
		Nichole...bilang ganti, directed by Danilo "Brownie" Pansalin (2019)
		Misyon, directed by Marc Agcaoili (2017)
		Macario Sakay, directed by William Mayo
		Isang Bala ka Lang, directed by William Mayo
		Ngalan ni Tatay, Wah Chi, directed by William Mayo
		Untitled directed by Gorio Vicuna
		Untitled directed by Dennis Padilla
		D.A.D. directed by Dinkydoo
		Black Palette, directed by Fritz Silorio

JUNE 27, 2024



REY-AN NIÑO L. GARCIA, M.D.



Chairperson, Department of Orthopedics, St Paul Hospital Cavite

Associate Active Professional Medical Staff, De La Salle University Medical Center

Fellowship in Pediatric Orthopedics / Limb Lengthening and Deformity Correction, Korea University Medical Center

Finished Orthopedic Residency Training, De La Salle University Medical Center

Graduate Doctor of Medicine, De La Salle Medical and Health Sciences Institute

OLIVER ALLAN C. DAMPIL, M.D.

Active Consultant of Internal Medicine, St Lukes Medical Center and Providence Hospital

Masters in Health Care Management , Trinity University

Graduate Doctor of Medicine, University of Santo Tomas



RYE MANUZON (THEY/HE/SIYA)



Executive Director, Philippine Anti-Discrimination Alliance of Youth Leaders (PANTAY) Inc

Specializes on Rights of LGBTIQ+, Program Management on Student Organizing, Sexual and Reproductive health and rights, advocacy and campaign

ALFRED Q. LASALA II, M.D.

Vice Chairman, Department of Surgery, University of Santo Tomas Hospital

Awarded, Presidential Citation for Distinguished Service 2022, Philippine Society of General Surgeons

Medical Specialist III, Dr Jose Fabella Memorial Hospital

Graduate of Doctor of Medicine, University of Santo Tomas



JEREMIAH D. LIM, M.D.



Graduate of Doctor of Medicine from Far Eastern University - NRMF

Ranked Top 1 during the Physician Licensure Examination held 2021

Consistently awarded Latin honors from medical school and pre-medicine course

JUNE 27, 2024



FREDERICK S. AGUSTIN, M.D.

Chairman, Department of Human Anatomy, Pamantasan ng Lungsod ng Maynila, College of Medicine
Chairman, Department of Family and Community Medicine, Mary Johnston Hospital
Chairman, Department of Family and Community Medicine, Healthway Medical Network
Graduate of Doctor of Medicine, Far Eastern University - NRMF

ANTONIO ALEJANDRO D. REBOSA, M.D.

Senior Partner of Law Firm of Castro Rebosa Rebosa and Associates
Medico-Legal Consultant of at least 29 hospital institutions
Board reviewer in Legal Medicine/ Medical Jurisprudence
Associate Professor of at least 14 academic institutions
Graduate of Law, Faculty of Civil Law, University of Santo Tomas
Graduate of Doctor of Medicine, Faculty of Medicine and Surgery, University of Santo Tomas



MARC DEXTER M. MACALINTAL, M.D.

Head of Medical and Nutrition Operations, Macalintal Doctors' Clinic
Lead Lifestyle Medicine Consultant, Calamba Medical Center
Top 1, Diplomate, International Board of Lifestyle Medicine
Certified Primary Care Family Physician, Philippine Academy of Family Physicians
Graduate of Doctor of Medicine, De La Salle Health Sciences Institute

JUNE 28, 2024



CLEMENTINE A. BAUTISTA, M.D.

Acting Senior Vice President, Philippine Health Insurance Corporation

Specializes in Public Health (Social Health Insurance)

Diploma in Organization Development, De La Salle University College of St. Benilde

Medical Internship, University of the Philippines - Philippine General Hospital

Graduate Doctor of Medicine, University of the East Ramon Magsaysay Memorial Medical Center

EMELY G. ANUPOL, M.D.

Medical Specialist I, Philippine Heart Center

Consultant Pediatrician, New Era General Hospital and Bernardino General Hospital 1 and 2

District President, Quezon City Medical Society District V

Graduate of Doctor of Medicine, Manila Central University FDTMF



JOSELITO L. ATABUG, M.D.

Chairman, Adult Cardiology Fellowship Program

Head, Noninvasive Cardiovascular Laboratory

Awarded Outstanding Thomasian Cardiologist

Graduate of Doctor of Medicine from Faculty of Medicine and Surgery, University of Santo Tomas

MARIA ARLA ANDREA G. CARASCO, M.D.

Medical Specialist III, Philippine General Hospital

Consultant Psychiatrist, QCPDAO and US Department of Veterans Affairs Manila Outpatient Clinic

Graduate of Doctor of Medicine from University of the Philippines Manila



ADRIEN R. QUIDLAT, M.D.

Executive Medical Director, University of Perpetual Help Medical Center, Las Pinas and Binan, Laguna

Awarded QCMS Senior Physician's Award by Quezon City Medical Society

Graduate of Doctor of Medicine of Faculty of Medicine and Surgery, University of Santo Tomas

JUNE 28, 2024



MARIA LILYBETH R. TANCHOCO, M.D.

Dean, College of Medicine, Manila Central University
Medical Specialist III, Jose R. Reyes Memorial Medical Center
Had Subspecialty in Pain Medicine, University of the Philippines, Philippine General Hospital
Had Residency training in Anesthesiology, Manila Central University

WILFREDO S. TAGLE, M.D.

Section Head, Urology, De Los Santos Medical Center
Consultant, Urology, Providence Hospital
Head, Department of Urology, World Citi Medical Center
Had Master in Management Major in Hospital Administration
Fellowship in Urology Oncology, University of Washington
Residency in Urology, Jose R Reyes Memorial Medical Center



CARMINA ANN JEREZ-CORTEZ, M.D.

Visiting Consultant, UERMMMCI
Faculty, UERMMMCI, College of Allied Rehabilitation Sciences
Graduate of Doctor of Medicine, UERMMCI

SERGIO M. TANHUECO, JR., M.D.

Medical Specialist IV, East Avenue Medical Center
Awarded SPOT Awardee and Physician's Awards, The Medical City
Graduate Masters in Hospital Administration
Fellow, Philippine Academy of Family Physicians

Graduate of Doctor of Medicine from Faculty of Medicine and Surgery, University of Santo Tomas



JOSEPH RYLAN G. FLORES, M.D.

Consultant, De Los Santos Medical Center
Vice President, General Assembly, Philippine Medical Association, 2024-2025
Awarded The Outstanding Filipino Physician 2023 amongst others
Past President, Quezon City Medical Society
Diplomate in Orthopedics, Philippine Academy of Medical Specialists
Graduate of Doctor of Medicine from Fatima College of Medicine

JUNE 28, 2024



FREDERICK S. DY, M.D.

Assistant Professor, University of Santo Tomas

Chief, Section of Gastroenterology, University of Santo Tomas Hospital

Active Consultant, St Lukes Medical Center Quezon City

Past President, Philippine Society of Gastroenterology, 2016

Graduate of Doctor of Medicine from Faculty of Medicine and Surgery, University of Santo Tomas



CARLOS PRIMERO D. GUNDRAN, M.D.

Assistant Professor 7, DHPA, CPH, UP Manila

Disaster Preparedness and Management Coordinator, Manila Med

Medical Director, Transcare EMS

Graduate of Doctor of Medicine, Faculty of Medicine and Surgery, University of Santo Tomas



LISA S. TRABOCO, M.D.

Rheumatologist, St Lukes Medical Center Global City and Paranaque Doctors Hospital

Awarded JCR/ KCR Research Award

Fellowship in Rheumatology from St Lukes Medical Center Quezon City

Residency Training in Internal Medicine from St Lukes Medical Center Quezon City

Graduate of Doctor of Medicine from Faculty of Medicine and Surgery, University of Santo Tomas



BASEL I. ELSAWALHI, M.D.

HOD and Consultant Ophthalmologist and Neuro ophthalmologist, Medical Services DRC, Sultanate of Oman

Awarded Outstanding Physician, DRC Sultanate of Oman, 2024

Fellowship in Neuro Ophthalmology Society of the Philippines

Graduate of Doctor of Medicine, Manila Central University



BENJAMIN D. CUENCA, M.D.

Previous President, Philippine Obstetrics and Gynecology Society

Past President, Philippine Society of Gynecologic Oncologists

Past President, Philippine Society of Cervical Pathology and Colposcopy

Graduate of Doctor of Medicine from Far Eastern University - NRMF

JUNE 28, 2024



GENALIN F. AMPARO, M.D.



Assistant Professor Vi, University of the East Ramon Magsaysay Memorial Medical Center College of Medicine

Active consultant Department of OBGYNE for at least 4 hospital institutions

Graduate of Master in Business Administration in Health, Ateneo Graduate School of Business

Fellowship in Gynecologic Oncology, Jose R Reyes Memorial Medical Center

Residency Training in OBGYNE, Armed Forces of the Philippines Medical Center

Graduate of Doctor of Medicine, University of the East Ramon Magsaysay Memorial Medical Center

IRENE GAILE C. ROBREDO-VITAS, M.D.

Consultant, Asian Hospital and Medical Center

Clinical Instructor, Skin and Cancer Foundation Inc, Dermatology Residency Training

Dermatologist, dermHQ and beautiqueMD

Residency Training in Dermatology, Skin and Cancer Foundation, Inc

Graduate of Doctor of Medicine, University of the East Ramon Magsaysay Memorial Medical Center



MINUTES OF THE GENERAL ASSEMBLY MEETING



Minutes of the General Assembly / Meeting

38th QCMS Annual Convention

June 30, 2023 / 12:30 pm

Novotel Araneta Center, Cubao, Quezon City

Attendance:

The Executive Council

Governor : Ma. Lilybeth Pascual-Naguit, M.D.

President : Joseph Rylan G. Flores, M.D.

Vice President : Ma. May Jasmin R. Yason, M.D.

Secretary : Marie Michelle A. Dado, M.D.

Assistant Secretary : Maribelle A. Reyes, M.D.

Treasurer : Shane D. Marte, M.D.

Assistant Treasurer : Richie Roy Ryan L. Reyes, M.D.

Auditor : Dean Hernando A. Zenarosa, M.D.

P.R.O. : Suzanne Y. Langcauon, M.D.

Protocol Officer : Arnold E. Monteiro, M.D.

Former Presidents of the QCMS

District I, II, III, IV & V Officers

Members of the QCMS

Total Attendees - 253 members

1. Call to order

The meeting was called to order at 12:46 p.m. This was presided by Dr. Joseph Rylan G. Flores, the President of the Quezon City Medical Society.

2. Prayer

Dr. Suzanne Y. Langcauon, QCMS PRO, led the opening prayer.

3. Declaration of Quorum - Dr. Marie Michelle A. Dado, QCMS Secretary, reported that there were 253 Attendees hence a quorum was declared. No objection was raised.

4. Approval of the Agenda

A motion for the approval of the agenda was called by Dr. Ma. Realiza G. Henson, QCMS Past President, and this was seconded by Dr. Albert C. Guevarra, also a QCMS Past President.

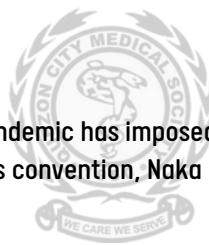
5. Reading and Approval of the minutes of the previous General Assembly/Business Meeting last June 16, 2022

Dr. Flores informed the body that the minutes of the previous General Assembly Meeting held last June 16, 2022 was in the souvenir program.

A motion for approval of the minutes of the previous General Assembly held last June 16, 2022, was made by Dr. Mechael Angelo G. Marasigan, QCMS Past President and seconded by Dr. Albert C. Guevarra and Dr. Ma. Realiza G. Henson, both QCMS Past Presidents.

6. Business arising from the minutes of the previous meeting

There were no matters arising from the minutes of the previous General Assembly meeting.



7. New Business

7.1. President's Report - Dr. Joseph Rylan G. Flores.

"2022-2023 is actually the beginning of most, if not all, of us coming out from the confines that the pandemic has imposed on us all. And because of this, we are all hopeful that all of us have moved forward thus the title of this convention, Naka Move On Ka Na Ba? was thought of as most appropriate."

I would like to now present to you what we did for fiscal year 2022-2023. We started out with trying to get back to all our members, involve all the colleagues that we have in the Quezon City and Region of Quezon City. This is why the earliest project we did was the Directors Night where we had a chance to actually get in touch with our colleagues, our members, who are at the forefront of their respective hospitals as Medical Directors. The aim of this project was to rekindle ties and relationships with all our colleagues in the medical field across all hospitals in QC as well as to the different subspecialty societies under the Philippine Medical Association.

We have increased the following benefits for our members:

Death Benefits - Php20,000

Disability Benefits - Php15,000

Legal Benefits - Php8,000

We had a total of 29 Meetings - Regular Board Meetings, Special Meetings and Committee Meetings.

Through our Outreach Committee, we have done 346 outreach programs in all the 5 districts under the Quezon City Medical Society.

Under the Sports Committee, we held our very first badminton tournament in collaboration with District 1. We also had our yearly bowling tournament.

With the help of Joy in Urban Farming and with the blessing of the PMA to use the garden, we have planted vegetable and have given these to our members.

We had a total of 33 Webinars, inclusive of post graduate symposiums and conventions where we partnered with the different training hospitals in QC in relation to CPD unit acquisition.

I am proud to share that the Quezon City Medical Society has won the much-coveted Icasiano award for Most Outstanding Component Society of the PMA Category I First Prize. The following are the other awards received by the society.

1. PMA Award for Most Outstanding Component Medical Society Category I - First Prize
2. PMA Leadership Award - Category I - First Prize - Dr. Joseph Rylan G. Flores
3. PMA Award for Most Outstanding Component Society Secretary Category I - First Prize - Dr. Marie Michelle A. Dado
4. PMA Award for Most Outstanding Component Society Treasurer Category I - First Prize - Dr. Shane D. Marte
5. Pujalte Award - PMA Award for Exemplary Humanitarian Service in Times of Calamities (Natural disasters or manmade) - First Prize
6. PMA Award for the Most Active Component Society in Child Advocacy - First Prize
7. PMA Adopt-a-Barangay Project - First Prize
8. PMA Award for Community Service - Third Prize
9. Most Outstanding Physician - Dr. Teresita N. Agda
10. Dr. Hermogenes A. Santos Memorial Award for Continuing Medical Education - Dr. Arnel Gerald Q. Jiao

We are also now part the QC government's People's Council and have received our certificate as CSO.

Dr. Flores then presented the whole Executive Board for 2022-2023 and Districts of the entire QC.

7.2. Treasurer's Report - Dr. Shane D. Marte.



Good afternoon, everyone.

Let me present to you the QCMS Annual Financial Report. This is the statement of receipt and disbursement for the year which ended May 31, 2023

Total receipt - P16,071,022.00

Total Disbursement & Expenses - P 7,991,318.10

Total Net Surplus - P 8,079,703.90

Thank you.

8. Ratification of the Acts and Resolutions of the QCMS Executive Board for fiscal year 2022-2023 by the General Assembly.

Dr. Flores presented the list of Acts and Resolution of the QCMS Executive Board for the fiscal year 2022-2023.

May we ask a ratification of the General Membership in this General Assembly Meeting.

A motion for a ratification of the Acts and Resolutions of the QCMS Executive Board for the fiscal year 2022-2023 was moved by Dr. Ma. Realiza G. Henson, former QCMS President and seconded by Dr. Ma. Mercedes V. Agustin, former QCMS President.

Dr. Flores: For 2022-2023, again from the Executive Board, maraming salamat sa inyong lahat and we are all looking forward to 2023-2024.

9. Adjournment - The meeting ended at 1:06 p.m. There was no other business to discuss.

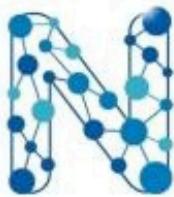
Prepared by:

MARIE MICHELLE A. DADO, M.D.
Secretary, QCMS

Noted by:

JOSEPH RYLAN G. FLORES, M.D.
President, QCMS

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References: 1. Liraglutide(Saxenda®) PnFD-A Current Approved Professional Leaflet. ©December 2017. 2. Pi-Sunyer X, Astrup A, Fujioka K, et al; for the SCALE Obesity and Prediabetes NN0022-1639 Study group: a randomized, controlled trial of 3.0mg of liraglutide in weight management. *N Engl J Med.* 2015;373(1):1-22. 3. Le Roux CW, Astrup A, Fujioka K, et al; for the SCALE Obesity and Prediabetes NN0022-1639 Study Group. 3 years of liraglutide versus placebo for type 2 diabetes reduction and weight management in individuals with prediabetes: a randomized, double-blind trial. *Lancet.* 2017;389(10077):1399-1409. 4. Wadden TA, Hollander P, Klein S, et al; on behalf of N NN022-1923 Investigators. Weight maintenance and additional weight loss with liraglutide after low-calorie-diet-induced weight loss: the SCALE Maintenance randomized study. *Int J Obes (Lond).* 2013;37(12):1443-1451. DOI:10.1038/sj.ijo.083348. 5. Davies MJ, Bergenfelz R, Bode B, et al; for the NN0022-1922 Study Group. Efficacy of liraglutide for weight loss among patients with type 2 diabetes: the SCALE Diabetes Randomized Clinical Trial [correction on published online December 10, 2015]. *JAMA.* 2015;314(7):687-688. doi:10.1001/jama.2015.9676. 6. Marso SP, Pouleur NR, Nissen SE, et al. Design of the liraglutide effect and action in diabetes: evaluation of cardiovascular outcome results (LEADER) trial. *Am Heart J.* 2015;169(5):823-830.

Full Prescribing Information Available Upon Request.

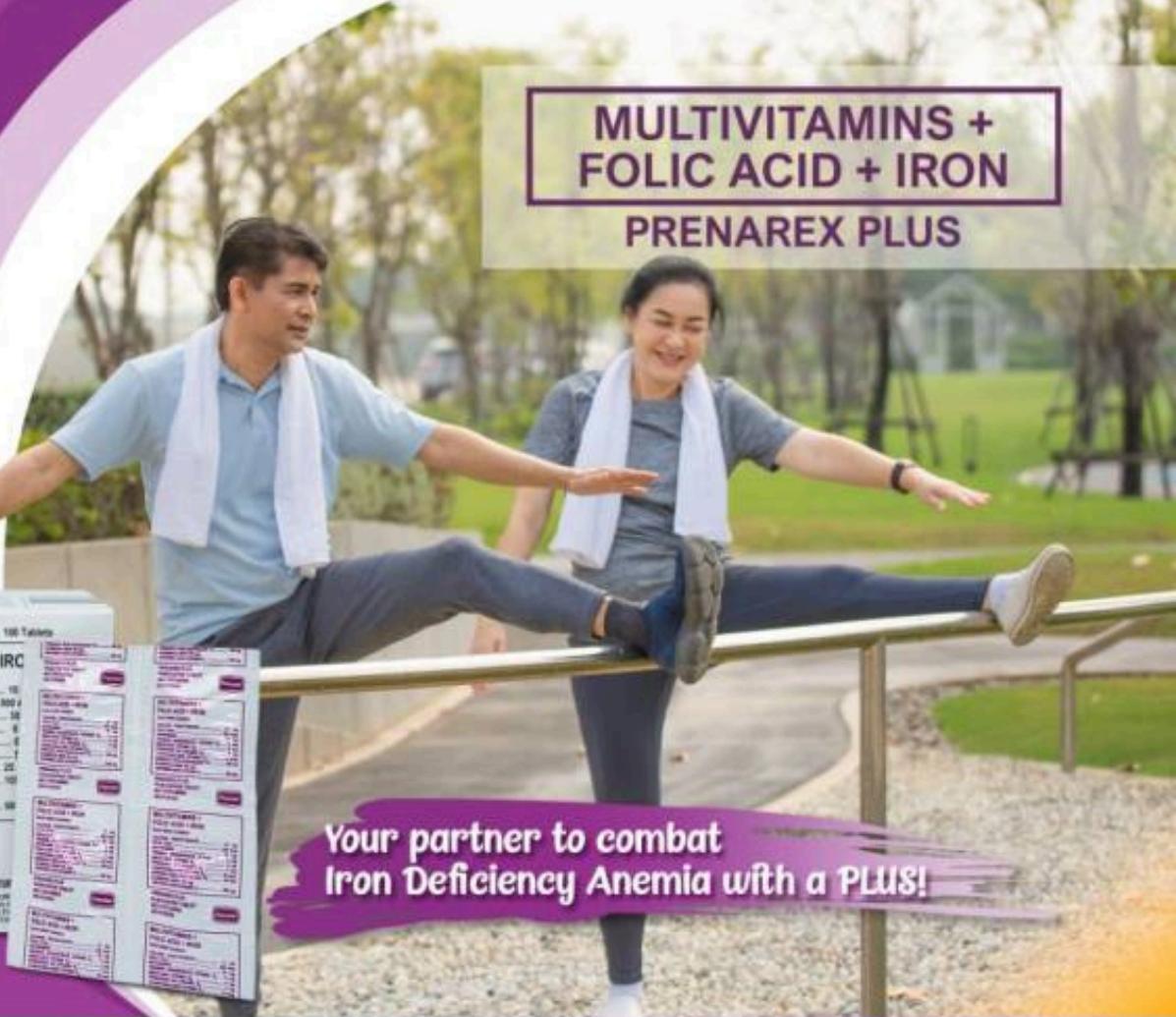
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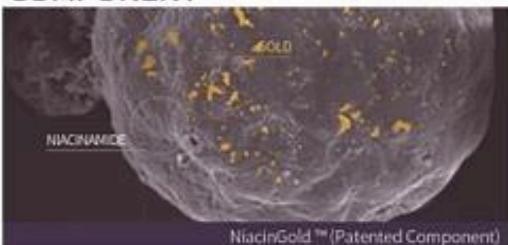
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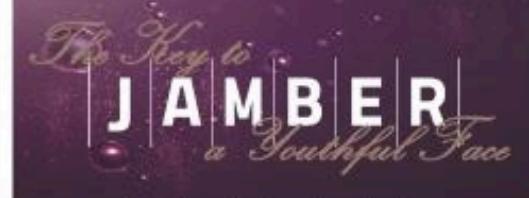
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Dr. Hector Santos, Jr.
(PMA President 2024-2025)

Dr. Liza Vinluan Santos

Dr. Alyssa V. Santos

Janinna V. Santos

Dr. Julio V. Santos

Dr. Bea O. Santos

Emilia & Inigo



Congratulations to the Winnigest Component Society of the PMA!

Ma. Lissa Angela G. Henson, MD, DPBS, DPBPS
General and Pediatric Surgeon



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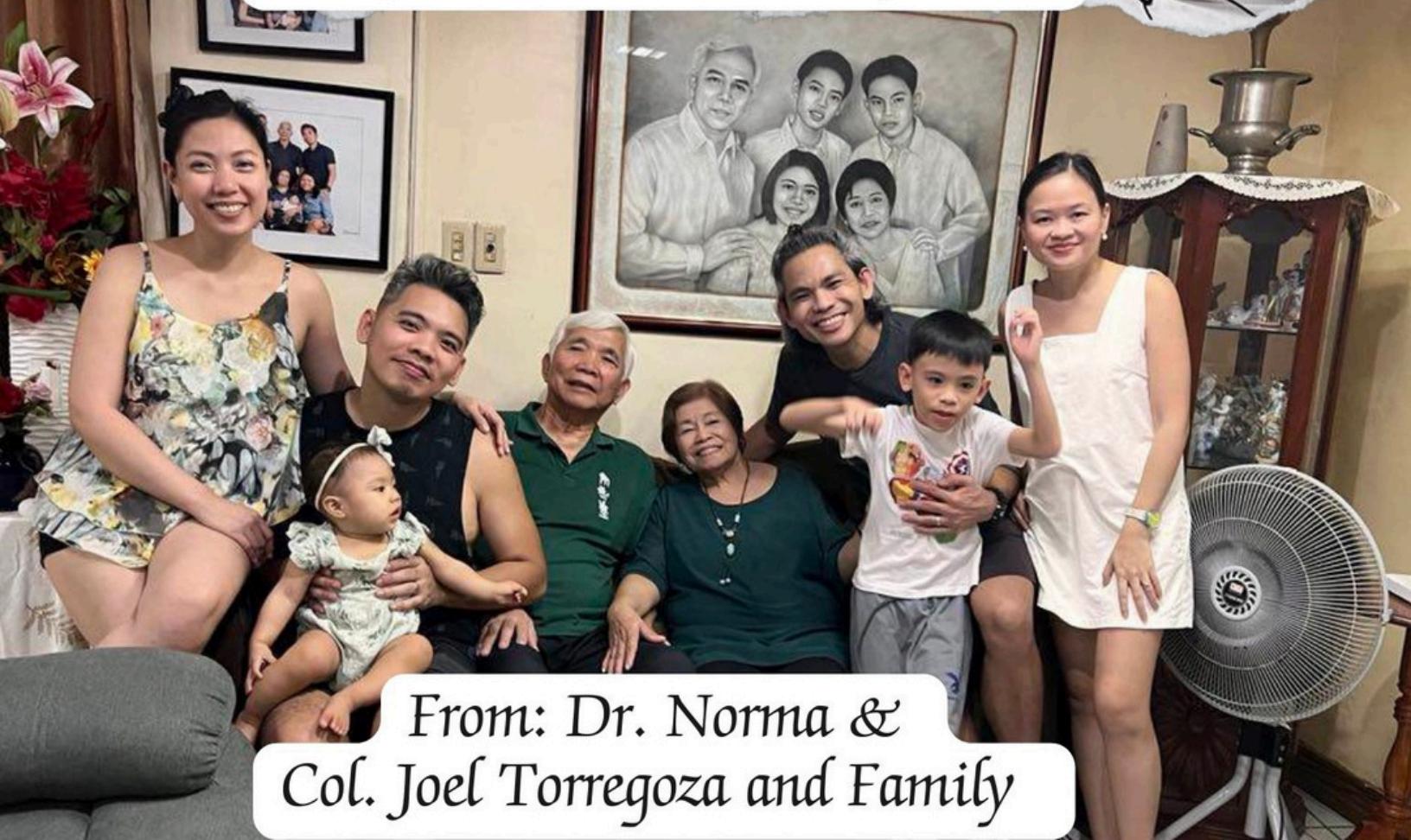
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Capitol Medical Center
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Congratulations, QCMS!



From: Dr. Norma &
Col. Joel Torregoza and Family

Warmest felicitations
to the
QCMS and PMA-Q.C. Region

from the



ARNOLD CACHAPERO YU, MD

*PMA Governor (2006 – 2007) & QCMS President (2003 – 2004)
Fellow, Philippine Dermatological Society*



**Don Ramon Lim Yu, Sr. and Doña Florentina Donato
Cachapero-Yu, seated in the center, with their 11 children.**

Dear Dad,

Congratulations on becoming
the new President of QCMS!

We are so proud of you!

Your Zens ❤



Dr. Dean Hernando Zenarosa (QCMS President) with family.
L-R: Hern (son), Heidi (wife), Marga (daughter), Francesco (son).



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Face to face Round Table Discussion hosted by District V



Christmas Gift Giving by District V Officers



Winners during the Bowling Tournament

Congratulations to our dear Quezon City Medical Society!



NAGUIT FAMILY

From Left to Right :Todd Reyes, MD with Laura Rosea Reyes(in the stroller), Therese Naguit-Reyes, MD, Christian Naguit, MD, Chinee Naguit, DMD, CHITO and BETH, Oleg Paz, DMD, Lizeth Naguit-Paz, DMD with Lucia Reyes and Anna Naguit



Congratulations
to QCMS!

From:
Dr. Editha Dilangalen
& Family



*Greetings to Quezon City
Medical Society*

DR CESAR E. MERIS

Past President, QCMS 1999-2000
Past PMA Governor for the Quezon City
Region

Congratulations, QCMS!



AGDA FAMILY
(Engr. Leon Jr., Dr. Tess, Shiela
Marie, Mary Leisa and JP)



Congratulations:



from Toro Hills Health Center, Barangay Bahay Toro, District I, Quezon City!
Adopted Barangay of QCMS.

Trade Hall 1, SMX CONVENTION CENTER, CLARK PAMPANGA

Congratulations to QCMS!



From: Dr. Arnold Monteiro



Congratulations!

From: Mr. Arthur & Dr. Mercy Agustin and Family



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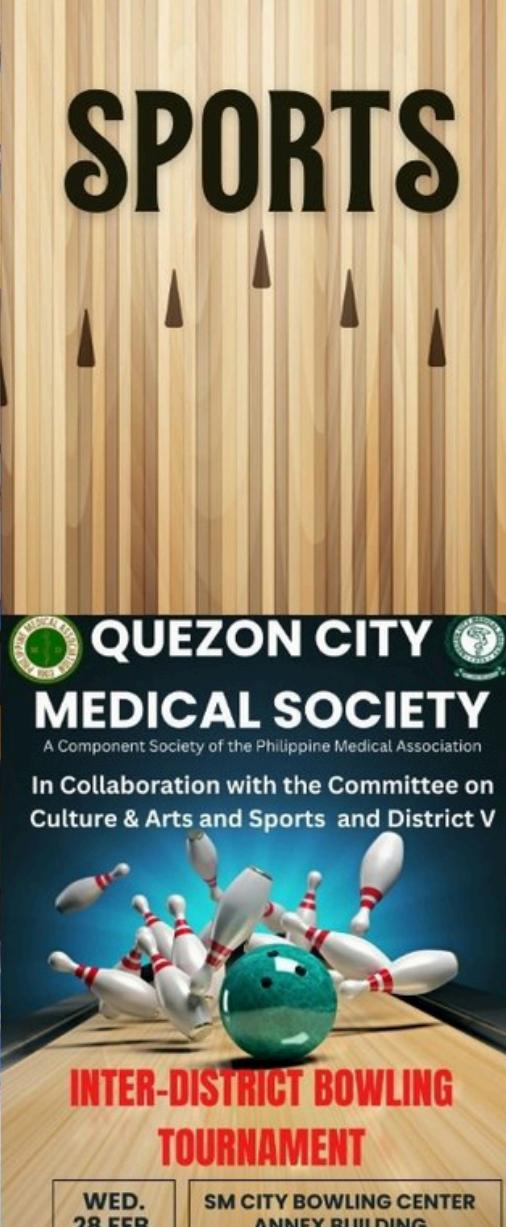
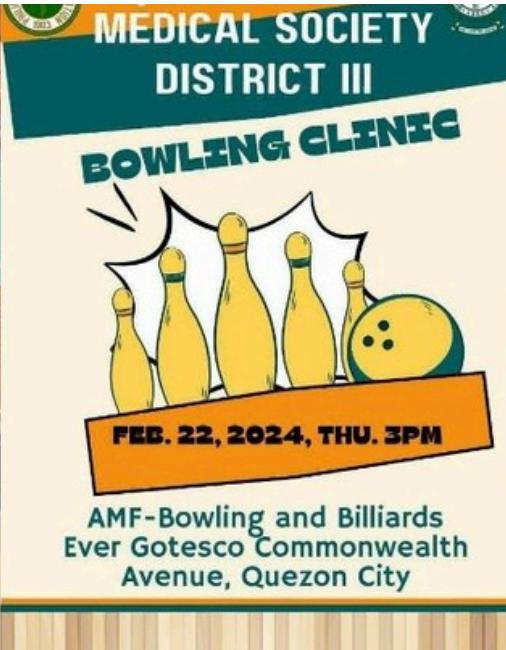


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