

# MENTAL HEALTH PROBLEMS: HOW COMMON ARE THEY?

The number of people affected by mental health conditions is staggering. Nearly 1 billion people are living with a mental disorder, around 50% of which start at the age of 14.<sup>1,2</sup>

## GLOBAL DATA

An estimated

**970 MILLION**  
PEOPLE WORLDWIDE

have a mental health or substance use disorder.<sup>3,4</sup>

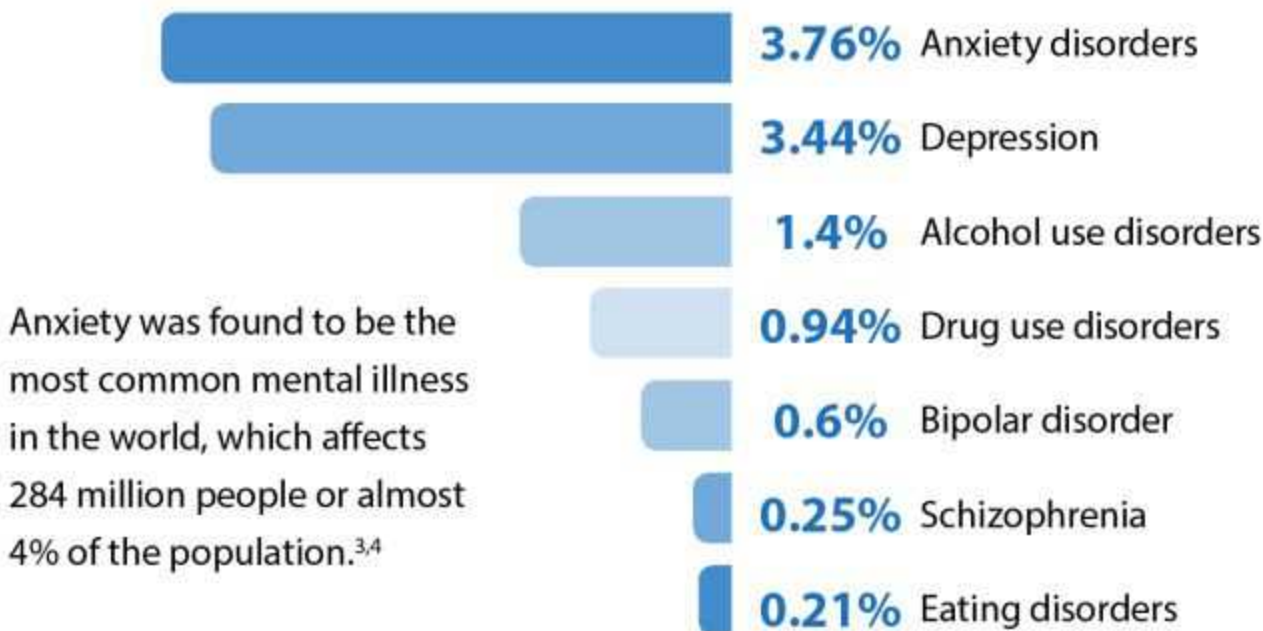


Mental disorders are estimated to make up about

**8 MILLION**

deaths per year or **14.3% of deaths** worldwide.<sup>4,5</sup>

## WORLDWIDE PREVALENCE BY TYPE<sup>3</sup>



## LOCAL DATA

In the Philippines, mental illness is the **3<sup>rd</sup> most common disability**. It is also the country in the Western Pacific region with the **3<sup>rd</sup> highest rate of mental health problems**.<sup>6</sup>

**3.2**  
per  
**100,000**

Suicide rates are estimated to be **3.2 per 100,000** but may be higher due to underreporting or misclassification of cases.<sup>6</sup>



### References:

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