

NUTRI BAN

A PLANT BASED SNACK

OVERNIGHT OATS



NUTRITION FACTS

76.7 g Carbohydrates
30.7 g Protein
7.8 Fat
497 Calories
94.2 mg Sodium

INGREDIENTS

½ cup old-fashioned rolled oats
½ cup unsweetened almond milk
¼ cup greek yogurt
¼ teaspoon vanilla extract
1 tablespoon maple syrup
1 pinch salt
1 Sachet Aminoleban® Oral

PROCEDURE

- 1. Place all of the ingredients in a 16-ounce jar or a bowl and stir until well combined.**
- 2. Cover and refrigerate overnight (at least 8 hours).**
- 3. In the morning, give it a quick stir; and add your Aminoleban® Oral.**
- 4. Top with your choice of fruit.**
- 5. Serve and enjoy!**