NUTRITION AND DIETETICS SERVICE

Medical Nutrition Therapy (Nutrition Care Plan)		
Name of Patient (Last, First, MI):		
Name of Attending physician:		
Diagnosis:	_Religion:	_
	<u>ASSESSMENT</u>	
Present Diet of Patient:		(cm) Weight: (kg)
No change	Usual weight:	
Food/ Mostly Liquids	Weight change:	% overweeks/months
Nutrient/ Sub-Optimal	% IBW:	
Energy Intake: Starvation	Biochemical Data	
Poor intake prior to admission	Albumin:	Hemotocrit:
Physical assessment:	BUN:	Hemoglobin:
Functional Bedridden Ambulatory	Calcium:	LDL:
assessment: Needs assistance	Cholesterol:	Phosphate:
Chewing/Swallowing Difficulties:	Creatinine:	Potassium:
Constipation:Diarrhea:	Glucose::	Sodium:
Food Allergies:	HbA1C:	Triglycerides:
Food intolerance:	HDL:	URR:
Nutrient & Drug Interaction:	Others:	
Nutricite & Drug Interaction.	BP:	Acid Base Gas (ABG):
		(12)
SCORING OF NUTRITIONAL RISK RELATED FACTORS		
Screening criteria for potential nutritional risk	Mechanical / Di	igestive Problem (1 point)
(1 point)	Low Albumin (1	
<85% or >130% Ideal Body Weight (1 point) Significant Lab Result (1)		
Unintentional Weight Loss%	Other/s (1)	
overweeks/months (2 points)		TOTAL POINTS:
A nutrition risk factor with the	following total score	indicates:
A nutrition risk factor with the	e following total score 2-3 Moderate	indicates: >3 High Risk
1 Low Risk	2-3 Moderate	
1 Low Risk		>3 High Risk
1 Low Risk	2-3 Moderate	>3 High Risk
1 Low Risk NUTRITION Normal	2-3 Moderate NAL STATUS: Moderate Malnutrition	>3 High Risk Severe Malnutrition
1 Low Risk	2-3 Moderate NAL STATUS: Moderate Malnutrition n, Etiology, Signs, and	>3 High Risk Severe Malnutrition
1 Low Risk	2-3 Moderate NAL STATUS: Moderate Malnutrition n, Etiology, Signs, and related to	>3 High Risk Severe Malnutrition
1 Low Risk NUTRITION Normal	2-3 Moderate NAL STATUS: Moderate Malnutrition n, Etiology, Signs, and related to	>3 High Risk Severe Malnutrition
NUTRITION DIAGNOSIS (Probler as evidence	2-3 Moderate NAL STATUS: Moderate Malnutrition n, Etiology, Signs, and related to d by	>3 High Risk Severe Malnutrition
NUTRITION DIAGNOSIS (Probler as evidence	2-3 Moderate NAL STATUS: Moderate Malnutrition n, Etiology, Signs, and related to d by NTERVENTION	>3 High Risk Severe Malnutrition Symptoms)
NUTRITION DIAGNOSIS (Probler as evidence	2-3 Moderate NAL STATUS: Moderate Malnutrition n, Etiology, Signs, and related to d by	>3 High Risk Severe Malnutrition Symptoms)
Normal NUTRITION DIAGNOSIS (Probler as evidence	2-3 Moderate NAL STATUS: Moderate Malnutrition n, Etiology, Signs, and related to d by NTERVENTION	>3 High Risk Severe Malnutrition Symptoms) irement:
NUTRITION NOTRITION DIAGNOSIS (Problem as evidence NUTRITION I Shift diet to Nutrition Education	2-3 Moderate NAL STATUS: Moderate Malnutrition n, Etiology, Signs, and related to d by NTERVENTION Total Energy Requirements	>3 High Risk Severe Malnutrition Symptoms) irement:es:
NUTRITION DIAGNOSIS (Probleras evidence Shift diet to Nutrition Education Request for Laboratory Data	2-3 Moderate NAL STATUS: Moderate Malnutrition n, Etiology, Signs, and related to d by NTERVENTION Total Energy Requirements Total Protein:	>3 High Risk Severe Malnutrition Symptoms) irement:es:
NUTRITION NOTRITION DIAGNOSIS (Problem as evidence NUTRITION I Shift diet to Nutrition Education	2-3 Moderate NAL STATUS: Moderate Malnutrition n, Etiology, Signs, and related to d by NTERVENTION Total Energy Requi Total Carbohydrate Total Protein: Total Fat:	Severe Malnutrition Symptoms) irement:
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NUTRITION NORMA NUTRITION DIAGNOSIS (Probler as evidence NUTRITION I Shift diet to Nutrition Education Request for Laboratory Data Other/s: NUTRITION MONITOR Adequacy of intake: Calories Protein Flu	2-3 Moderate NAL STATUS: Moderate Malnutrition n, Etiology, Signs, and related to d by NTERVENTION Total Energy Requi Total Carbohydrate Total Protein: Total Fat: Others (e.g. micror	>3 High Risk Severe Malnutrition Symptoms) irement: es: nutrients): N
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NUTRITION NORMA NUTRITION DIAGNOSIS (Probler as evidence NUTRITION I Shift diet to Nutrition Education Request for Laboratory Data Other/s: NUTRITION MONITOR Adequacy of intake: Calories Protein Flu GI Tolerance	2-3 Moderate NAL STATUS: Moderate Malnutrition n, Etiology, Signs, and related to d by NTERVENTION Total Energy Requi Total Carbohydrate Total Protein: Total Fat: Others (e.g. micror RING AND EVALUATION Id Comp	Severe Malnutrition Symptoms) irement:
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