# Protect against Cross-Site Request Forgery (CSRF)

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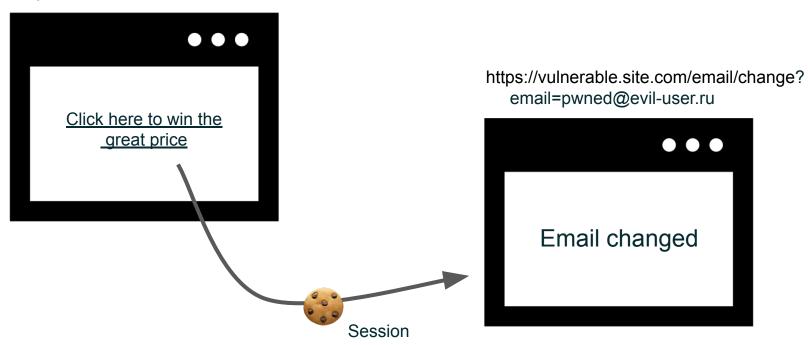


CSRF stands for Cross-Site Request Forgery. It's a type of malicious exploit of a website where unauthorized commands are transmitted from a user that the website trusts. In a CSRF attack, an innocent end user is tricked by an attacker into submitting a web request that they did not intend.

https://vulnerable.site.com/email/change?email=pwned@evil-user.net

The user was previous logged in to the vulnerable site, so the session cookie is send with the request

https://evil.hacker.com



For example, suppose an application contains a function that lets the user change the email address on their account. When a user performs this action, they make an HTTP request like the following:

```
POST /email/change HTTP/1.1
Host: vulnerable-website.com
Content-Type: application/x-www-form-urlencoded
Content-Length: 30
Cookie: session=yvthwsztyeQkAPzeQ5gHgTvlyxHfsAfE
email=peter@mysite.com
```

With these conditions in place, the attacker can construct a web page containing the following HTML

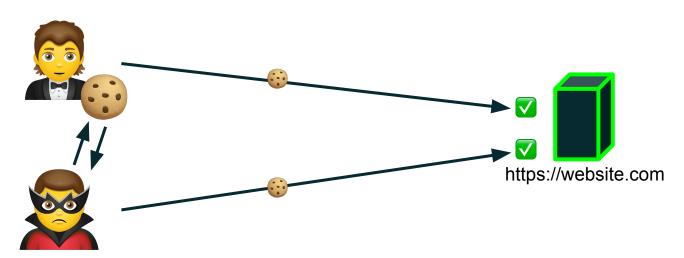
```
<html>
    <body>
        <form action="https://vulnerable-website.com/email/change" method="POST">
            <input type="hidden" name="email" value="pwned@evil-user.ru" />
       </form>
        <script>
            document.forms[0].submit();
        </script>
   </body>
</html>
```

## **Cross-Site Request Forgery In Action**



#### Why does a CSRF attack work?

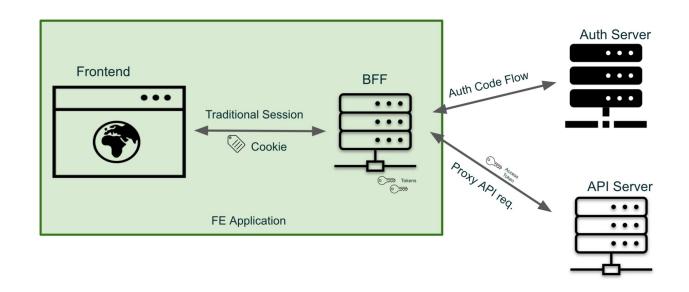
- Browsers automatically send cookies
  - Also session cookies
- When user is authenticated
  - Site cannot distinguish between legitimate requests and forged requests



#### Real life examples

- **ING direct (2008)**: allowed elicit money transfers
- Paypal (2016): attacker can change a users profile without permission (more)
- Moodle (2020): A popular open-source Learning Management System, was found to have a CSRF vulnerability that could allow an attacker to change a user's password.
- **Fortinet FortiOS (2021)**: A CSRF vulnerability was discovered that could allow an attacker to perform administrative operations without the user's consent.
- OkCupid (2021): Vulnerability in dating site OkCupid could be used to trick users into 'liking' or messaging other profiles (more)
- Grafana (2022): Vulnerability which allows anonymous attackers to elevate their privileges (more)

## Remember our Backend for Frontend (BFF)



Cookies are used to handle the session management, so inherently a naive BFF its vulnerable to CSRF attacks.

# How can we stop CSRF attacks



#### **Defences for CSRF**

- Logging off web applications when not in use (logoff after inactivity)
- Traditional Applications (php, webforms, mvc)
  - Synchronizer Token Pattern
  - Double-Submit Cookie Pattern
- SameSite Cookie
- SOP & Cross-Origin Resource Sharing (CORS)

# **CSRF** Defences



**Synchronizer Token** 

#### **CSRF Defence - Synchronizer Token**





```
Login
                                                           Cookie + CSRF Token
                        <form action="/email/change" method="post">
                          <input type="hidden" name="csrf_token" value="OWY4Nm...AS==">
                          <input type="text" name="email">
Send legitimate post request
 POST /change/email HTTP/1.1
 Cookie: session=yvthwsztye....NJNAJ
 email=peter@mysite.com&csrf_token=OWY4Nm...AS==
```

## Preventing CSRF by Synchronizer token

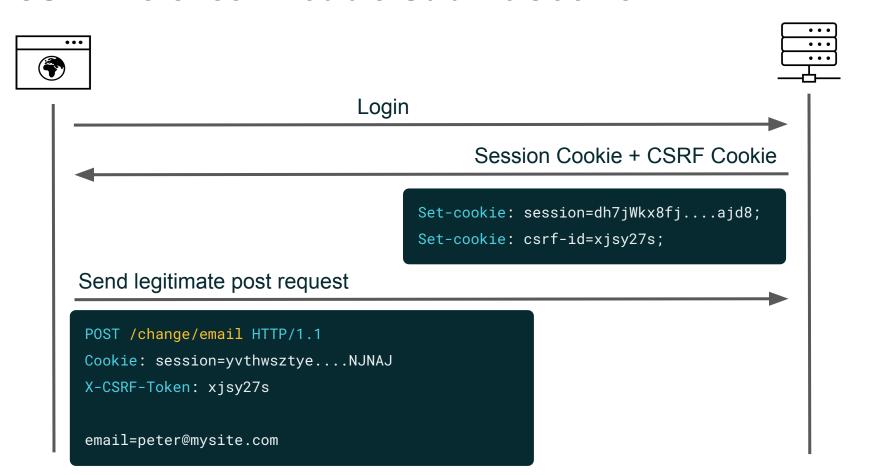


# **CSRF** Defences



# Double-Submit Cookie

#### **CSRF Defence - Double-Submit Cookie**



## **Preventing CSRF by Double-Submit Cookie**



# CSRF Defences



SameSite Cookie

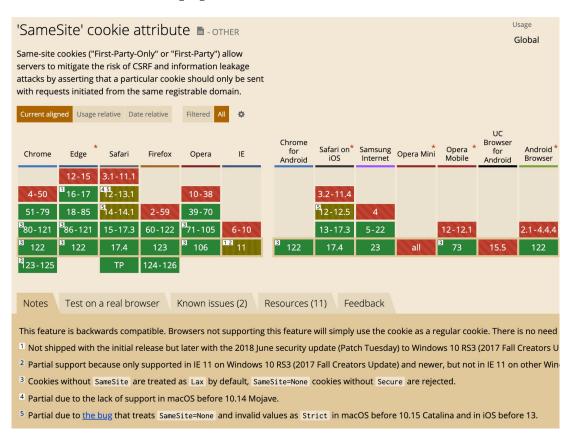
#### **CSRF Defence - SameSite cookie**



#### **CSRF Defence - SameSite cookie**



#### SameSite cookie support



## **Preventing CSRF by SameSite Cookie**



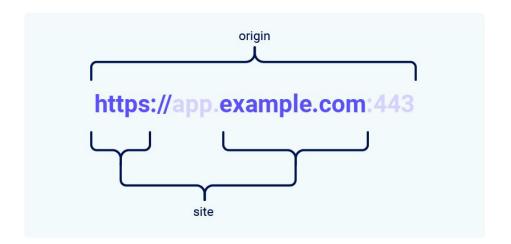
# **CSRF** Defences



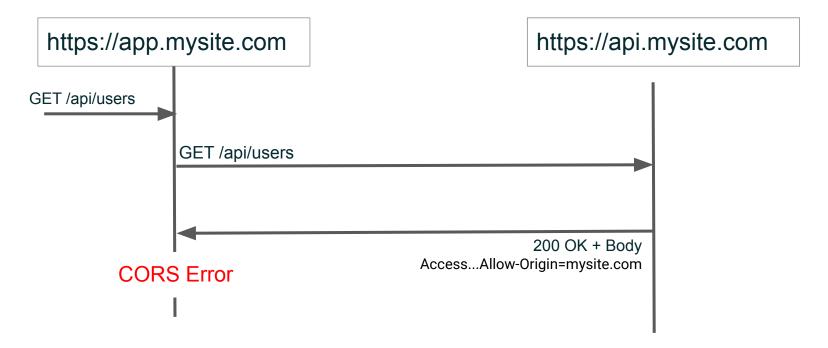
**CORS & Preflight** 

#### Origin, SOP & CORS

- Origin: Web content's origin is defined by the scheme (protocol), hostname (domain), and port of the URL used to access it.
- SOP: Same Origin Policy: SOP <u>restricts</u> web resources from being accessed across different origins
- CORS: Cross Origin Resources Sharing:
   Allows web resources to be accessed across different origins with appropriate permissions

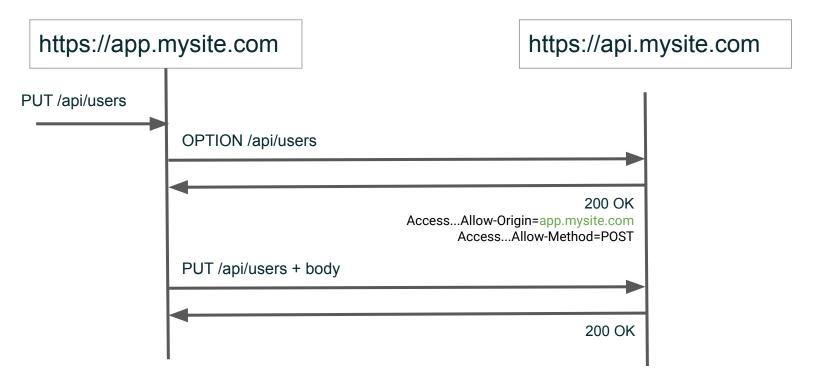


## Simple Request (GET, HEAD, or sometime POST)



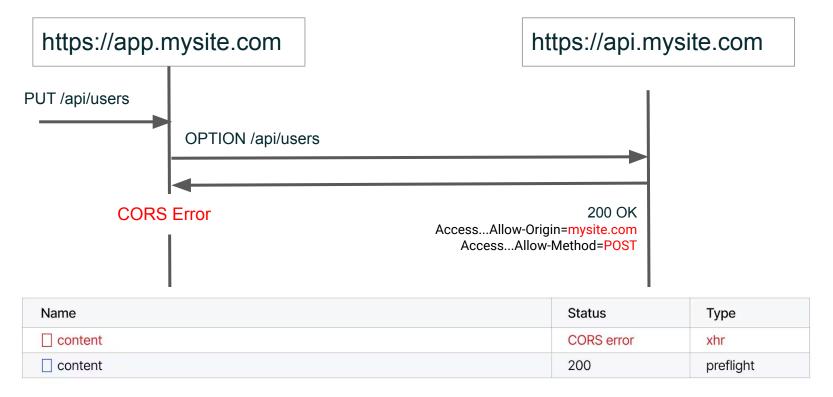
SOP doesn't block simple requests (GET, HEAD) but the browser reject reading of the response body.

#### None Simple Request (PUT, DELETE, ...)



The browser sends a preflight request to understand what (non-simple/unsafe) requests the source allows. If the server allows it the browser continues with the actual request.

#### None Simple Request (PUT, DELETE, ...)



The browser sends a preflight request to understand what (non-simple/unsafe) requests the source allows.

## **Preventing CSRF by Same Origin Policy (SOP)**



#### Mitigation for CSRF

- Synchronizer Tokens and Double Submit Cookie are a good CSRF defence. By requiring the browser to submit a secret token alone with the requested data the backend can identify and reject illegal requests.
- Same-site cookies neutralize CSRF. SiteSite cookies are not included in cross-site requests. But they do not protect against Cross Origin Request Forgery.
- If you set your CORS policy to only accept requests from trusted domains, it can prevent CSRF attacks originating from malicious websites.

## So are we safe now?

Not yet, sorry

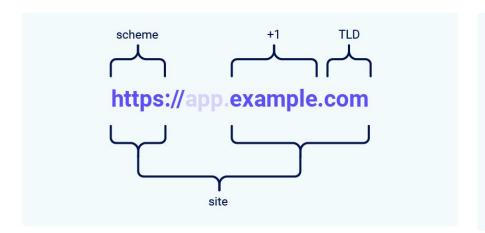


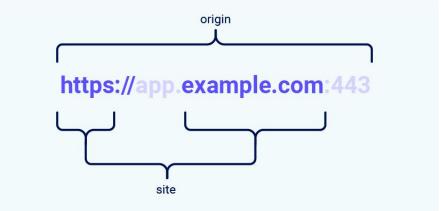
# **CSRF** Defences



Block FORM posting & Strict Content-type

#### Same Site cs Same Origin





The **SameSite cookie** restrictions relates to the **site**. Multiple sub domains are considered as the same site.

Do we trust all subdomains?



# Same Site != Same Origin Is SOP not handling this?

Yes, Same Origin Policy (SOP) is blocking all Cross Origin resource requests.

But ...

#### **Submitting data FORM post**

#### Form POST Request

```
POST /email/change HTTP/1.1
Host: vulnerable-website.com
Content-Type: application/x-www-form-urlencoded
Content-Length: 30
Cookie: session=yvthwsztye

email=peter@mysite.com
```

#### Empty POST Request

```
POST /passw/reset HTTP/1.1

Host: vulnerable-website.com

Cookie: session=yvthwsztye
```

#### Submitting data fetch - nocors

Fetch with mode="no-cors"

```
fetch('https://mysite.com/api/change', {
 mode: 'no-cors'
 method: 'POST',
 headers: {
    'Content-Type': 'application/json'
 },
  body: JSON.stringify({
    email: 'peter@mysite.com'
 })
```



#### Improper Content-Type validation == a vulnerability

Accept Form URL Encoded values

```
const app = express();
app.use(express.urlencoded());
app.use(express.json());
```

Accept all content types

```
const app = express();
app.use(express.json({ type: "*/*" })
```

SOP is for scripts, so make sure you block form post



## **Strict Content-Type verification**



# **CSRF** Defences



CORS & Custom Header

### An empty POST request is a simple request!

**Empty POST Request** 

POST /passw/reset HTTP/1.1

Host: vulnerable-website.com

Cookie: session=yvthwsztye

An empty post is simple request, so no preflight.



## **Block all simple requests**



## **Enforcing CORS (preflight) for all API routes**

```
fetch('https://mysite.com/passw/reset, {
    method: 'POST',
    headers: {
        'X-Cors': 1, // <-- force preflight
    },
})</pre>
```

- Add a custom header (any header)
- This triggers a pre-flight for any cors origin request
- Enforce at the server for every endpoint

NextJS & the Duende BFF framework using this techniek to protect local endpoints

## So are we safe now?





# Key takeaways



#### **Key takeaways**

CSRF Matters when you rely on cookies for authentication

SameSite cookie mitigate CSRF, but not Cross **Origin**Request Forgery (CORF)

API can rely on CORS as a defence against Cross Origin Request Forgery

#### **Further reading**

- Robust defenses for cross-site request forgery.
- Portswigger Cross-site request forgery (CSRF)
- HackTricks Cross Site Request Forgery
- NCC group Common CSRF prevention misconceptions
- The Past, Present, and Future of Cross-Site/Cross-Origin Request Forgery by Dr Philippe De Ryck
- Comparing the BFF Security architecture with an SPA using a public API by damienbod.
- Common no-cors misconceptions