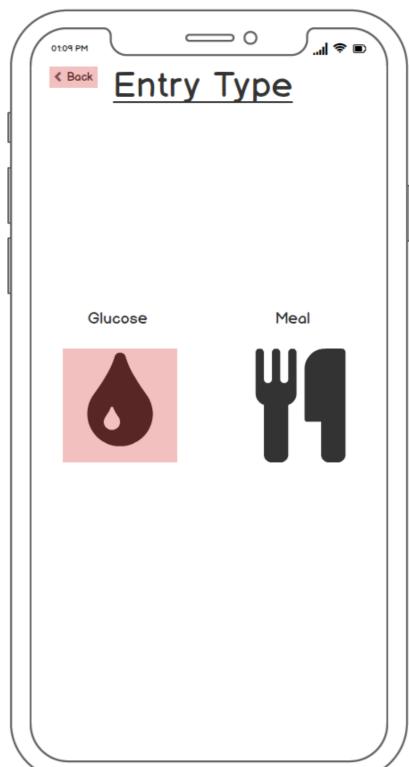
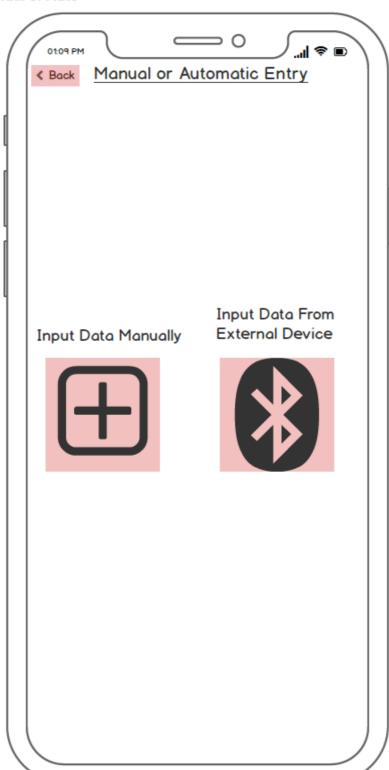


User is given reminders at preset times to input new data

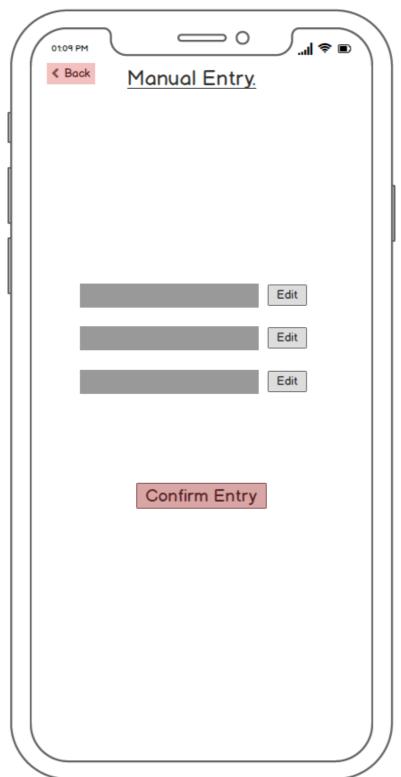




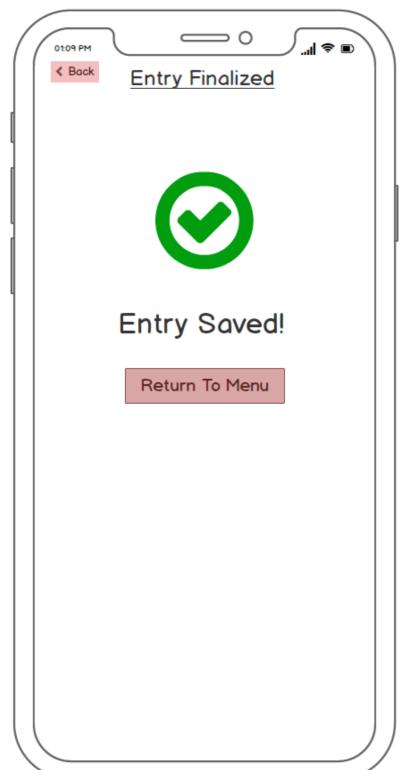




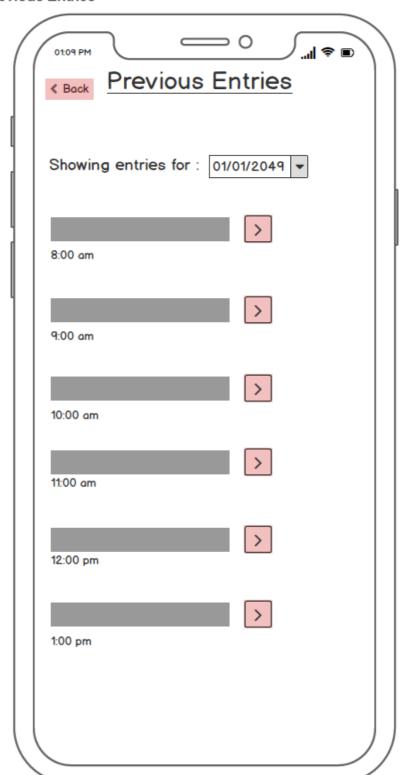
## **Manual Entry**

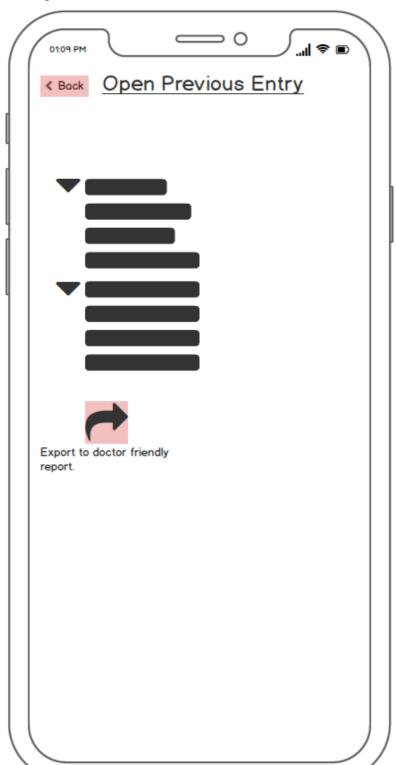


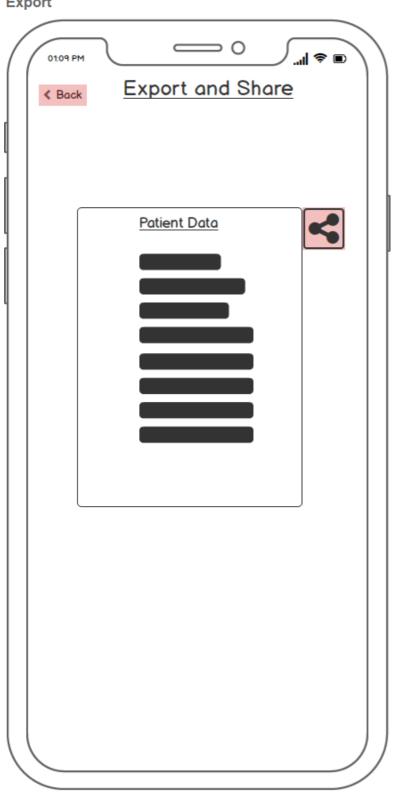




## **Previous Entries**







after hitting export button, the entry will be converted to a report and displayed here, and a share button will display to give the user access to social media options

