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INTRODUCTION TO VIRUS ORIGINS AND THEIR ROLE IN BIOLOGICAL EVOLUTION

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ABBREVIATIONS

AIDS	acquired immune deficiency syndrome
APOBEC	apolipoprotein B mRNA editing complex
CCMV	cowpea chlorotic mottle virus
dsRNA	double stranded RNA
<i>E. coli</i>	<i>Escherichia coli</i>

eHBVs	endogenous hepatitis B viruses
HBV	hepatitis B virus
HCV	hepatitis C virus
HDV	hepatitis delta virus
HIV-1	human immunodeficiency virus type 1
ICTV	International Committee on Taxonomy of Viruses
Kbp	thousand base pairs
mRNA	messenger RNA
PMWS	postweaning multisystemic wasting syndrome
RT	reverse transcriptase
RdRp	RNA-dependent RNA polymerase
ssRNA	single stranded RNA
T7	bacteriophage T7
tRNA	transfer RNA
UV	ultraviolet

1.1 CONSIDERATIONS ON BIOLOGICAL DIVERSITY

To approach the behavior of viruses acting as populations, we must first examine the diversity of the present-day biosphere, and the physical and biological context in which primitive viral forms might have arisen. Evolution pervades nature. Thanks to new theories and to the availability of powerful instruments and experimental procedures, which together constitute the very roots of scientific progress, we are aware that the physical and biological worlds are evolving constantly. Several classes of energy have gradually shaped matter and living entities, basically as the outcome of random events and Darwinian natural selection in its broadest sense. The identification of DNA as the genetic material, and the advent of genomics in the second half of the twentieth century unveiled an astonishing degree of diversity within the living world that derives mainly from combinations of four classes of nucleotides. Biodiversity, a term coined by O. Wilson in 1984, is a feature of all living beings, be multicellular differentiated organisms, single cell organisms, or subcellular genetic elements, among them the viruses. Next generation sequencing methods developed at the beginning of the twenty-first century, which allow thousands of sequences from the same biological sample (a microbial community, a tumor, or a viral population) to be determined, has further documented the presence of myriads of variants in a “single biological entity” or in “communities of biological entities.” Differences extend to individuals that belong to the same biological group, be it *Homo sapiens*, *Drosophila melanogaster*, *Escherichia coli*, or human immunodeficiency virus type 1 (HIV-1). No exceptions have been described.

During decades, in the first half of the twentieth century, population genetics had as one of its tenets that genetic variation due to mutation had for the most part been originated in a remote past. It was generally thought that the present-day diversity was essentially brought about by the reassortment of chromosomes during sexual reproduction. This view was weakened by the discovery of extensive genetic polymorphisms, first in *Drosophila* and humans, through indirect analyses of electrophoretic mobility of enzymes, detected by *in situ* activity assays to yield zymograms that were displayed as electromorphs. These early studies on allozymes were soon extended to other organisms. Assuming that no protein modifications had occurred specifically in some individuals, the results suggested the presence of several different (allelic) forms of a given gene among individuals of the same species,

be humans, insects, or bacteria. In the absence of information on DNA nucleotide sequences, the first estimates of heterogeneity from the numbers of electromorphs were collated with the protein sequence information available. An excellent review of these developments ([Selander, 1976](#)) ended with the following premonitory sentence on the role of molecular biology in unveiling evolutionarily relevant information: “Considering the magnitude of this effect, we may not be overfanciful to think that future historians will see molecular biology more as the salvation for than, as it first seemed, the nemesis of evolutionary biology.”

The conceptual break was confirmed and accentuated when molecular cloning and nucleotide sequencing techniques produced genomic nucleotide sequences from multiple individuals of the same biological species. Variety has shaken our classification schemes, opening a debate on how to define and delimit biological “species” in the microbial world. From a medical perspective it has opened the way to “personalized” medicine, so different are the individual contexts in which disease processes (infectious or other) unfold. Diversity is a general feature of the biological world, with multiple implications for interactions in the environment, and also for human health and disease ([Bernstein, 2014](#)).

1.2 SOME QUESTIONS OF CURRENT VIROLOGY AND THE SCOPE OF THIS BOOK

Viruses (from the Latin “virus,” poison) are no exception regarding diversity. The number of different viruses and their dissimilarity in shape and behavior is astounding. Current estimates indicate that the total number of virus particles in our biosphere reaches 10^{32} , exceeding by one order of magnitude the total number of cells. Viruses are found in surface and deep sea and lake waters, below the Earth surface, in any type of soil, in deserts, and in most environments designated as extreme regarding ionic conditions and temperature ([Breitbart et al., 2004](#); [Villarreal, 2005](#); [Lopez-Bueno et al., 2009](#); [Box 1.1](#)). The viruses that have been studied are probably a minimal and biased representation of those that exist, with at least hundred thousands mammalian viruses awaiting discovery, according to some surveys ([Anthony et al., 2013](#)). This is because high-throughput screening procedures have only recently become available, and also because prevention of disease has provided the main incentive to study viruses. Disease-associated viruses are those most described in the scientific literature.

BOX 1.1 SOME NUMBERS CONCERNING VIRUSES IN THE EARTH BIOSPHERE

- Total number of viral particles: $\sim 10^{32}$. This is 10 times more than cells, and they are equivalent to 2×10^8 tons of carbon.
- Virus particles in 1 cm^3 of sea water: $\sim 10^8$.
- Virus particles in 1 m^3 of air: $\sim 2 \times 10^6$ to 40×10^6 .
- Rate of viral infections in the oceans: $\sim 1 \times 10^{23}/\text{s}$.
- A string with the viruses on Earth would be about $\sim 2 \times 10^8$ light years long ($\sim 1.9 \times 10^{24} \text{ m}$). This is the distance from Earth of the galaxy clusters Centaurus, Hydra, and Virgo.

Based on: [Suttle \(2007\)](#), [Whon et al. \(2012\)](#), and [Koonin and Dolja \(2013\)](#).

Current virology poses some general and fascinating questions which are not easily approachable experimentally. Here are some:

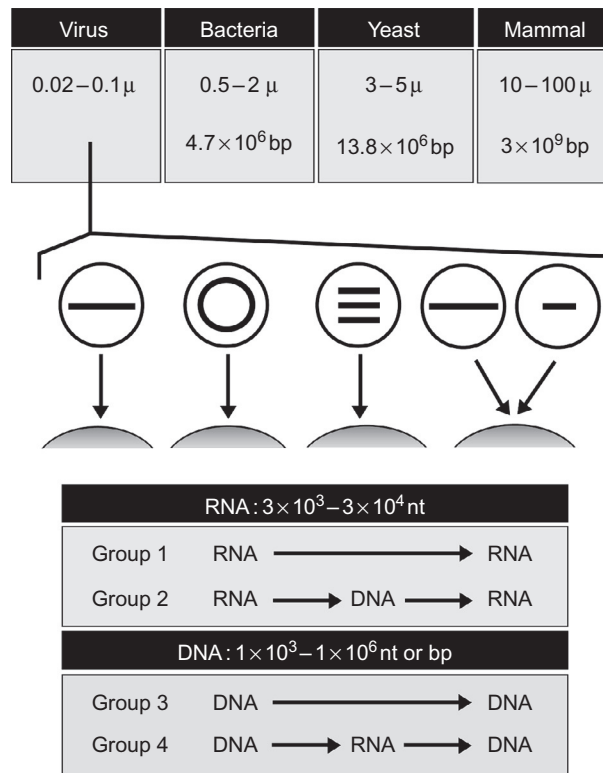
- What is the origin of viruses?
- What selective forces have maintained multiple viruses as parasites of unicellular and multicellular organisms? Why a few viral forms have not outcompeted most other forms? Or have they?
- What has been the role, if any, of viruses in our biosphere?
- Have they played essential evolutionary roles, and do such roles continue at the present time? Are viruses mere selfish, perturbing entities?
- Have viruses been maintained as modulators of the population numbers of their host species?
- Does virus variation play a role in the unfolding of viral disease processes?
- Is the behavior of present-day viruses at the population level an inheritance of their origins, a present-day necessity, or both?

This book deals with some of these issues, mainly those that are amenable to experimental testing. This chapter is an exception in that, despite trying to stick to solid evidence, there are some unavoidable excursions to speculations in an attempt to reconstruct ancient events. Although no research issues in biology are totally independent of others, there are some questions whose answers are directly linked to consider viruses as populations. Examples are the response of viruses to selective constraints (be natural or artificial), mechanisms of short- and long-term diversification, or the effect of viral load and genetic bottlenecks in disease progression. These are the types of topics addressed in coming chapters. They have as a common thread that Darwinian natural selection has an immediate imprint on them, observable in the time scale of days or even hours. The capacity for rapid evolution displayed by viruses represents an unprecedented and often underappreciated development in biology: the direct observation of Darwinian principles at play within short times.

Evolution is defined as a change in the genetic composition of a population over time. In this book evolution will be used in its broader sense to mean any change in the genetic composition of a virus over time, irrespective of the time frame involved and the transience of the change. It is remarkable that only a few decades ago virus evolution (or for that matter microbial evolution in general) was not regarded as a significant factor in viral pathogenesis. Evolution was largely overlooked in the planning of strategies for viral disease control. A lucid historical account of the different perceptions of virus evolution, including early evidence of phenotypic variation of viruses, with emphasis on the impact of the complexity of RNA virus populations, was written by [J.J. Holland \(2006\)](#). The present book was partly stimulated by the conviction that the concept of complexity, despite having been largely ignored by virologists, is pertinent to the understanding of viruses at the population level, with direct connections with viral disease.

1.3 THE STAGGERING UBIQUITY AND DIVERSITY OF VIRUSES: LIMITED MORPHOTYPES

Despite pleomorphism in cells and viruses, presence of envelopes, and viruses being spherical or elongated (helical symmetry), the size of viral particles and their host cells tends to be commensurate with the amount of genetic material that they contain and transmit ([Figure 1.1](#)). Viruses can be divided in two broad groups: those that have RNA as genetic material, termed the RNA viruses, and those that

**FIGURE 1.1**

Representative average diameter values and genome complexity of viruses and some cell types. Diameters are expressed in microns (μ), length of DNA in base pairs (bp), and of RNA in nucleotides (nt). Viral genomes can be linear, circular, segmented, or bipartite (multipartite in general; genome segments encapsidated in separate particles); in the latter case at least two particles, each with one kind of genomic segment, must infect the same cell for progeny production. The bottom boxes describe four groups of viruses according to the type of nucleic acid that acts as replicative intermediate.

have DNA as genetic material, termed the DNA viruses. Both groups, in turn, are subdivided in several orders, families, subfamilies, genera, species, isolates, and multitudes of variants within each isolate. The task of classifying viruses meets with considerable hurdles, and requires periodic revisions by the International Committee on Taxonomy of Viruses (ICTV). ICTV has been essential to provide conceptual order in the vast viral world. One of its objectives is the assignment of newly discovered viruses to the adequate group. A remarkable number of isolates, however, remain unclassified, an echo of the natural diversity of viruses, even among the limited subset that has been isolated and characterized.

According to the structure of their genetic material, RNA viruses can be further subdivided into those that have either single stranded RNA (ssRNA) or double stranded RNA (dsRNA). Both can be either unsegmented RNA (one single piece of RNA) or segmented (two or more pieces or segments of RNA in a single particle or in separate particles). The viral genomic DNA, in turn, can be single

stranded DNA (ssDNA) or double stranded DNA (dsDNA), and either linear or circular; in some cases the viral DNA genome is segmented ([Figure 1.1](#)).

With regard to the concepts addressed in this book, it is helpful to divide viruses into four groups, depending on whether it is DNA or RNA the type of genetic material which acts as a replicative intermediate in the infected cell (bottom gray shaded boxes in [Figure 1.1](#)). The nucleic acids written in the four schemes (two for groups 1 and 3 and three for groups 2 and 4) are those involved in the flow of genetic information. Mistakes in the form of misincorporation of nucleotides during the replication steps indicated by arrows are transmitted to progeny genomes. RNAs produced by transcription to serve solely as messenger RNAs (mRNAs) are essential for gene expression and virus multiplication, but misincorporations in such transcripts are not transmitted to progeny. It could be considered that some mRNA molecule may acquire a mutation relative to the corresponding RNA or DNA template and that this single molecule (e.g., a mRNA encoding a viral polymerase), when expressed, may induce further mutations; we will ignore this possibility since a single mRNA molecule should have a rather limited contribution to the overall genetic variation of a replicating virus population.

Group 1 includes RNA viruses whose genomic replication cycle involves only RNA. They are sometimes called riboviruses. Examples are the influenza viruses, hepatitis A and C viruses, poliovirus, coronaviruses, foot-and-mouth disease virus, or tobacco mosaic virus, among many other important human, animal, and plant pathogens. Their replication is catalyzed by an RNA-dependent RNA polymerase (RdRp) encoded in the viral genome, often organized as a replication complex with viral and host proteins in cellular membrane structures.

Group 2 comprises the retroviruses (such as HIV-1, the acquired immune deficiency syndrome (AIDS) virus, and several tumor viruses) that retrotranscribe their RNA into DNA. Retrotranscription is catalyzed by reverse transcriptase (RT), an RNA-dependent DNA polymerase encoded in the retroviral genome. It reverses the first step in the normal flow of expression of genetic information from DNA to RNA to protein, once known as the “dogma” of molecular biology. This enzyme was instrumental for the understanding of cancer, and in genetic engineering and the origin of modern biotechnology. As a historical account of the impact of H. Temin’s work (codiscoverer of RT with D. Baltimore), the reader is referred to [Cooper et al. \(1995\)](#). Retroviruses include a provirus stage in which the viral DNA is integrated into host DNA. When silently installed in cellular DNA, the viral genome behaves largely as a cellular gene.

Group 3 contains most DNA viruses such as herpesviruses, poxviruses and papilloma viruses, and the extremely large viruses (Mimivirus, Megavirus, and Pandoravirus) and their parasitic viruses ([La Scola et al., 2008](#)). Their replication is catalyzed by a DNA-dependent DNA polymerase either encoded in the viral genome or in the cellular DNA. Cellular DNA polymerases are involved in the replication of DNA viruses that do not encode their own DNA polymerase.

Finally, Group 4 includes viruses which despite having DNA as genetic material, produce an RNA as a replicative intermediate, the most significant examples being the human and animal hepatitis B viruses (HBVs) and the cauliflower mosaic virus of plants.

Most viruses, from the more complex DNA viruses (i.e., 1200 Kbp (thousand base pairs) for the amoeba Mimivirus, 752 Kbp for some tailed bacteriophages, and up to 370 Kbp for poxviruses, iridoviruses, and herpesviruses), the virophages that are parasites of the giant DNA viruses, the simplest DNA viruses (the circular single stranded 1760 residue DNA of porcine circovirus), RNA bacteriophages (4220 nucleotides of ssRNA for bacteriophage Q β), or subviral elements (viroids, virusoids, satellites, and helper-dependent defective replicons) show remarkable genetic diversity. However, RNA viruses that replicate entirely via RNA templates; (Group 1 in [Figure 1.1](#)), retroviruses; (Group 2); and

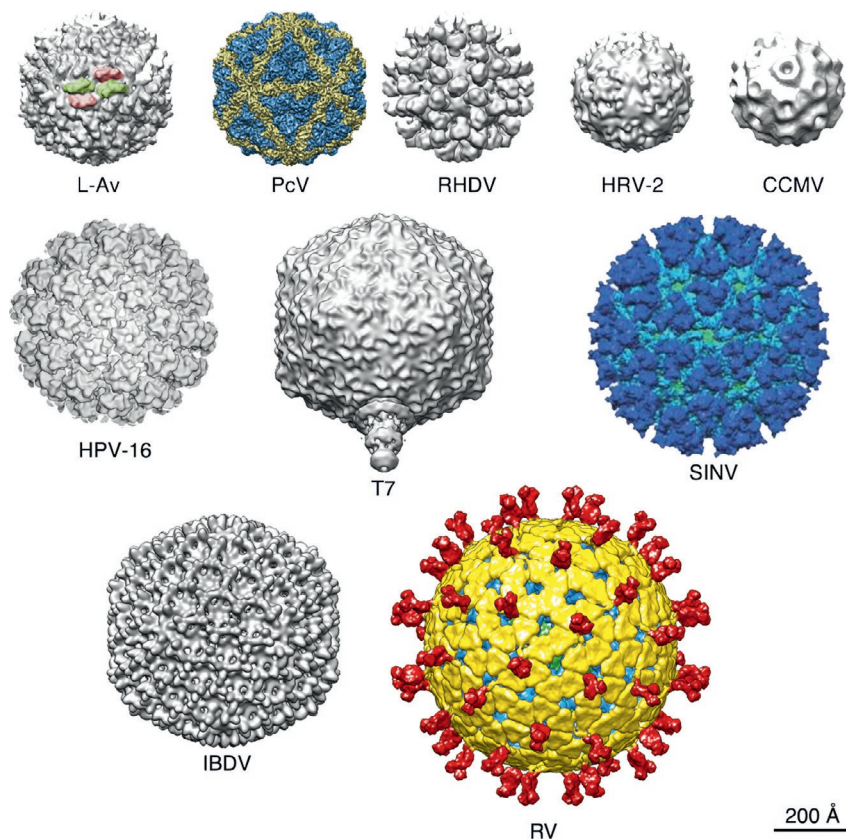
the hepadnaviruses (Group 4) display a salient genetic plasticity, mainly in the way of a high rate of introduction of point mutations (Chapter 2). Their mutability may be an inheritance of a universal flexibility that probably characterized primitive RNA or RNA-like molecules, thought to have populated an ancestral RNA world at an early stage of life on Earth (Section 1.4.2). Thus, the presence of an RNA at any place in the replicative schemes (Group 1, 2, and 4 in Figure 1.1) implies error-prone replication and the potential of very rapid evolution. “Potential” must be underlined because high error rates do not necessarily result in rapid long-term evolution in nature (Chapter 7). The polynucleotide chain or chains that constitute the viral genome has all the information to generate infectious progeny in a cell, as evidenced by the production of infectious poliovirus from synthetic DNA copies assembled to represent the genomic nucleotide sequence (Cello et al., 2002).

The extent of genetic variation and its biological consequences have been less investigated for DNA viruses than for RNA viruses. The available data suggest that DNA viruses are closer to RNA viruses than suspected only a few years ago, regarding their capacity of variation and adaptation. Evolutionary theory predicts that a high-fidelity polymerase machinery is necessary to maintain the stability of complex genomes (those that carry a large amount of genetic information). This necessity and the various repair activities available to replicative DNA polymerases must be reconciled with the observed diversification of DNA viruses (Chapter 3).

Our current capacity to sample thousands and even millions of viral genomes in relatively short times (a trend that is expanding during the twenty-first century) is revealing an astonishing number of slightly different viral genomes within a single infected host, and even within an organ or within individual cells of an organ! Intrahost diversity of viruses can be the result of coinfection with different viruses (or variants of one virus), of infection that triggers reactivation of a related or unrelated virus from a latent reservoir, diversification within the host, or combinations of these mechanisms. In turn, intrahost virus diversification can result from random sampling events (independent of selection), or from selection acting on variants generated by mutation, recombination or reassortment, or their combined effects (Chapters 2 and 3).

Despite the diversity at the genetic level, viral particles can be grouped in a limited number of morphological types. The more than 7000 bacterial and 150 archeal viruses that have been studied can be assigned to as few as 20 morphotypes. The capsids of nonenveloped (naked) viruses display helical or icosahedral symmetry that determine the architecture of the virion. Variation in size and surface protein distributions can be attained from limited protein folds and the same symmetry principles (Mateu, 2013; Figure 1.2). Divergent primary amino acid sequences in proteins can fold in closely related structures. The “structural space” available to viruses as particles is much more restricted than the “sequence space” available to viral genomes (Abrescia et al., 2012). Sequence space and its mapping into a phenotypic space are key concepts for the understanding of evolutionary mechanisms (Chapter 3).

Three-dimensional structures of entire virions or their constituent proteins can provide an overview of phylogenetic lineages and evolutionary steps in cases in which the information cannot be attained by viral genomics (Ravanti et al., 2013). Yet, minor genetic modifications that do not affect the phylogenetic position of a virus or the structure of the encoded viral proteins in any substantial manner can nevertheless have major consequences for virus behavior. Such consequences include alterations of traits as important as host range and pathogenicity, as discussed in following chapters. How such minor changes in viruses can have major biological consequences may relate to the historical role of viruses in an evolving biosphere. To further address this issue we need to examine how viruses may have originated. This, in turn, begs the question of the origin of life and the possible involvement of viruses in the process.

**FIGURE 1.2**

Examples of spherical bacterial, fungal, plant, and animal virus particles reconstructed from cryo-electron microscopy images. L-Av, *Saccharomyces cerevisiae* virus; PcV, *Penicillium Chrysogenum* virus; RHDV, rabbit hemorrhagic disease virus; HRV-2 human rhinovirus type 2; CCMV, cowpea chlorotic mottle virus; HPV-16, human papilloma virus type 16; T7, head of bacteriophage T7; SINV, Sindbis virus; IBVD, Infectious bursal disease virus; RV, rotavirus.

Picture modified from one kindly supplied by J.R. Castón ([Castón and Carrascosa, 2013](#)), with permission.

1.4 ORIGIN OF LIFE: A BRIEF HISTORICAL ACCOUNT AND CURRENT VIEWS

An understanding of the mechanisms involved in the origin of life may help penetrating into the origin of previral entities, the possible precursors of the viruses we isolate in modern times. Different notions on the origin of life have been held in human history, often linked to religious debate. Opinions have ranged from a conviction of the spontaneous and easy generation of life from inanimate materials, or its beginning from a unique and rare combination of small prebiotic molecules, or its being the result of a lengthy prebiotic process, or its inevitability as the outcome of the evolution of matter in our universe (or “sets” of universes with the adequate physical parameters, according to some cosmological models).

As little as 150 years ago (not a very distant time from the discovery of the first viruses), there was a general belief in the spontaneous generation of life. This was somewhat paradoxical because chemists of the seventeenth century divided chemistry into mineral chemistry, vegetal chemistry, and animal chemistry. J.J. Berzelious put together animal and plant chemistry and named the resulting discipline “organic” chemistry, which he distinguished from “inorganic” chemistry (Berzelious, 1806). He formulated what was known as the “central dogma of chemistry”: “The generation of organic compounds from inorganic compounds, outside a living organism, is impossible.” The classical experiments of L. Pasteur provided a definitive proof that, at least under the prevailing conditions on present-day Earth, “life comes from life” (Pasteur, 1861). He established what was considered the “central dogma of biology”: “The generation of a whole living organism from chemical compounds, outside a living organism is impossible.” The requirement of life to generate life was, however, extended to the belief that “living” and “nonliving” were two totally separate categories in the organization of matter, and that organic compounds, and obviously proteins, could be synthesized only by living cells. This doctrine, called “vitalism” dominated biology for almost a century and in a modified manner it continues today regarding the interpretation of mental activity in humans (matter and spirit as “substance dualism”), and the attitude toward some recent developments in genetic engineering and biotechnology (for a general discussion see Silver, 2007). Aspects of the early views on the origin of life have been addressed in several publications (Rohlfing and Oparin, 1972; Bengtson, 1994; de Duve, 2002; Eigen, 2002, 2013; Lazcano, 2010, among others).

Dogmas are generally not to stay. “Vitalism” was shattered by the chemical synthesis of organic compounds from inorganic precursors (urea by F. Wöhler in 1828, acetic acid by H. Kolbe in 1845, hydrocarbons by D. Mendeleev in 1877, and several other compounds by M. Berthelot in the second half of the nineteenth century). The evidence that no “vital force” was needed for such syntheses led F.A. Kekulé to write in his classical textbook on organic chemistry published in 1859-1860: “We have come to the conviction that... no difference exists between organic and inorganic compounds.” From then on, organic chemistry became the chemistry of “carbon compounds.”

A key experiment to show that components of biological molecules could be obtained from inorganic precursors was carried out in 1953 by S. Miller, working with H.C. Urey. He mimicked the conditions thought to be prevalent in the primitive Earth, and mixed hydrogen (H_2), ammonium (NH_3), and methane (CH_4) in a sealed reactor with an influx of water vapor. Synthesis of a number of organic compounds occurred under the influence of electrical discharges. The *de novo* synthesized chemicals included amino acids (glycine, alanine, aspartic acid, and glutamic acid) formic, acetic, propionic and fatty acids, cyanide, and formaldehyde (Miller, 1953, 1987). Several researchers followed the Miller’s approach using other starting chemical mixes, and confirmed that key components of the macromolecules that are associated with living materials (notably purines, pyrimidines, and amino acids) can be made from precursors which were abundant in the primitive Earth or its atmosphere. Today, variant versions of Miller’s protocol (including additional starting chemicals, aerosol spread of chemicals, freeze-thaw cycles, different sources of energy, electron beams, etc.) produce interesting information on the synthesis of organic molecules (Dobson et al., 2000; Miyakawa et al., 2002; Bada and Lazcano, 2003; Ruiz-Mirazo et al., 2014). Intense ultraviolet (UV) irradiation may have contributed to the synthesis of compounds relevant to life: ammonia, methane, ethane, carbon monoxide, formaldehyde, sugars, nitric acid, and cyanide. Complex organic compounds (notably aromatic hydrocarbons and alcohols) are also found in interplanetary dust, comets, asteroids, and meteorites, and they can be generated under the effect of cosmic and stellar radiation. Thus, many organic compounds could have been produced within

the Earth atmosphere or away from it, and be transported to the Earth surface by meteorites, comets, or rain, to become the building blocks for additional life-prone organic molecules. Places at which peptide bond formation and prebiotic evolution could have been favored are hydrothermal systems and the interface between the ocean and the atmosphere (Chang, 1994; Horneck and Baumstark-Khan, 2002; Ehrenfreund et al., 2011; Parker et al., 2011; Danger et al., 2012; Griffith and Vaida, 2012; Ritson and Sutherland, 2012).

A key issue is the degree of oxidation of the primitive Earth atmosphere. Records of an early surface environment dated 3.8 billion years ago were found in metasediments of Isua, Greenland. These materials suggest that the surface temperature of the Earth was below 100 °C, with the presence of liquid and vapor water, and gases supplied by intense volcanism (CO_2 , SO_2 , and N_2). The composition of primitive rocks, together with theoretical considerations, suggest a neutral redox composition of the Earth atmosphere (relative abundances: N_2 , $\text{CO}_2 > \text{CO} \gg \text{CH}_4$, $\text{H}_2\text{O} \gg \text{H}_2$, $\text{SO}_2 > \text{H}_2\text{S}$) around the time of the origin of primeval forms of life. The possible presence of a reducing atmosphere (N_2 , $\text{CO} > \text{CH}_4 > \text{CO}_2$, H_2O , $\sim \text{H}_2$, $\text{H}_2\text{S} > \text{SO}_2$) generally or locally is still debated, but increasingly viewed as unlikely. In an oxidative atmosphere yields of amino acids, nucleotides, and sugars would be lower. Either these diminished yields were sufficient or an earlier reduced atmosphere may have accumulated relevant building blocks, among other possible scenarios (Trail et al., 2011). Despite the validity of “life comes from life” in the current Earth environment, the experimental facts suggest that there is no barrier for the generation of life from nonlife, provided suitable environmental conditions are met. In this line, A.I. Oparin proposed that a “primitive soup” could well have been the cradle of life on Earth, as described in his famous treatise on the origin of life (Oparin, 1938; English version 1953), a concept that had already been sketched by C. Darwin.

“Protein first” and “nucleic acid first” as temporal priority for the origin of life is still a contended issue, although in recent decades the preference for nucleic acids due to their superior capacity for self-organization to perpetuate inheritable messages through base pairings has been favored. Paradoxically, however, the building blocks of nucleic acids have been more difficult to obtain from primeval chemicals than the building blocks of proteins. Peptides of about 20 amino acids in length could have been easily formed under prebiotic conditions (Fox, 1988; Fox and Dose, 1992), and the peptides or derived multimers had a potential to display catalytic activities in a protometabolic stage. Short nucleotide and amino acid polymers might have contributed to cross a complexity threshold for self-sustained replication to arise and evolve (Kauffman, 1993). As soon as peptide- or protein-based catalytic activities developed, they had to be coordinated with oligo- or poly-nucleotide replication. This integration of genotypic information with its phenotypic expression may be achieved through hypercyclic couplings, as proposed by M. Eigen and P. Schuster (1979; Eigen, 2013). A synchronous and sharp increase of bacteriophage Q β RNA and proteins during *E. coli* infection was taken as an experimental proof of the presence of a hypercycle. However, there are multiple molecular mechanisms involved in achieving a necessary increase in viral RNA and proteins during cytolytic infections. The experimental evidence of a general principle of hypercyclic organization should not be taken to mean that Q β is a remnant of a primitive coupling between replication and translation.

1.4.1 EARLY SYNTHESIS OF OLIGONUCLEOTIDES: A POSSIBLE ANCESTRAL POSITIVE SELECTION

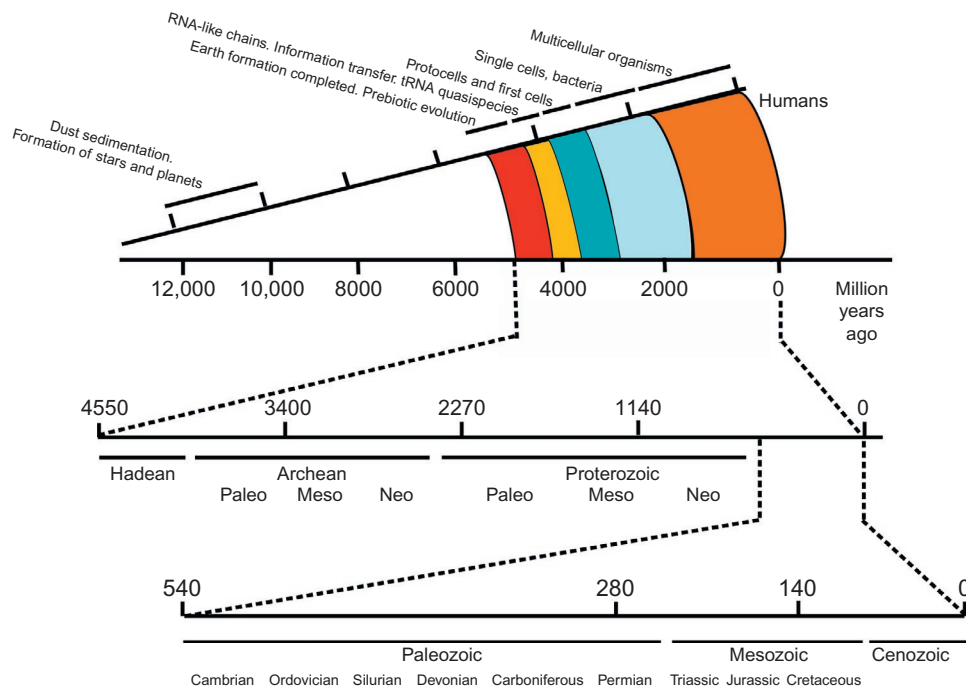
Substantiating the abiotic synthesis of nucleotide- or amino acid-based polymers has been arduous relative to the synthesis of monomeric organic molecules. However, work by L. Orgel and his colleagues documented that polynucleotides could be synthesized from activated nucleotides in the absence of any

enzyme (as a review of these early developments, see [Miller and Orgel, 1974](#)). Recent work has established that there are multiple chemical pathways for abiotic nucleotide synthesis (reviewed in [Ruiz-Mirazo et al., 2014](#)). Mineral surfaces (clay minerals, zeolites, manganates, hydroxides, etc.) have been proposed as key participants in the origin of life, by providing scaffolds for the synthesis of nucleotide and amino acid polymers ([Bernal, 1951](#); [Gedulin and Arrhenius, 1994](#); [Ruiz-Mirazo et al., 2014](#)). The relevant features of clays are their adsorption power, ordered structure, capacity to concentrate organic compounds, and their ability to serve as polymerization templates. Adsorption onto mineral surfaces may lower the activation energy of intermolecular reactions. Minerals with excess positive charge on their surfaces might have played a role in the evolution of RNA-like or RNA-precursor molecules. It has been suggested that mineral-organic complexes (chimeras between materials once thought to belong to unmixable categories) could have been the first living organisms endowed with a genetic program ([Cairns-Smith, 1965](#)).

Bond formation and chain extension, which are needed to synthesize nucleic acids and proteins prebiotically, are inhibited in liquid water, thus favoring mineral surfaces as potential biogenic sites. Polymer formation could have been facilitated also by heating and drying, with a key involvement of the dried phases in catalysis (reviews in [Towe, 1994](#); [Horneck and Baumstark-Khan, 2002](#)). On different clay types, nucleotides and amino acid polymers of dozens of residues have been synthesized, providing a realistic scenario for a transition toward primitive self-replicating entities ([Ferris et al., 1996](#)). One of the first types of Darwinian positive selection could operate prebiologically through differential surface binding. We arrive at the paradox that while primitive polymerization reactions might have required dry surfaces, later forms of life evolved in a water-rich environment, being water the major component of cells. “Origin” and “establishment and evolution” of life have been considered either as linked processes that obey similar rules, or distinct events whose investigation requires dissimilar approaches. A distinction between “origin” and “establishment” will become pertinent also when addressing the origin versus the evolution of viruses later in this chapter and the mechanisms of viral disease emergence in Chapter 7.

1.4.2 A PRIMITIVE RNA WORLD

A simplified overview of a course of events that led to the origin of biological systems is depicted in [Figure 1.3](#). The prebiotic synthesis of potential building blocks—which might have been initiated earlier than 5000 million years ago—renders plausible the existence of a pre-RNA era that was then replaced by an RNA world in the late Hadean early Archean periods on Earth. This stage should have been followed by one in which RNA was complemented by DNA as repository of genetic information ([Bywater, 2012](#)). Polymers other than DNA and RNA are also capable of encoding evolvable inheritable information ([Pinheiro et al., 2012](#); [Robertson and Joyce, 2012](#)). Heterogeneous nucleic acid molecules (including mixtures of ribo- and desoxyribo-polymers) can give rise to functional nucleic acids ([Gilbert, 1986](#); [Lazcano, 1994a](#); [Gesteland et al., 2006](#); [Derr et al., 2011](#); [Szostak, 2011](#); [Trevino et al., 2011](#)). RNA enzymes (ribozymes) such as RNA ligases can evolve from random-sequence RNAs ([Joyce, 2004](#); [Szczepanski and Joyce, 2014](#)). The critical polymerization reaction involves the formation of a phosphodiester bond and release of pyrophosphate—analogue to the reactions catalyzed by the present-day RdRps—and represent an incipient, primitive anabolism ([Eigen, 1992](#); [Lazcano, 1994a](#); [Orgel, 2002, 2004](#); [Dworkin et al., 2003](#); [Joshi et al., 2011](#)). In support of a possible link between catalytic RNA activities and solid mineral surfaces in the origin of life (as summarized in [Section 1.4.1](#)), the catalytic activity of the hammerhead ribozyme of the Avocado Sun Blotch viroid was maintained when bound to the clay mineral montmorillonite ([Biondi et al., 2007](#)).

**FIGURE 1.3**

Schematic representation of geological eons and eras in Earth history, and major prebiological and biological transitions. Time (horizontal lines) is expressed as millions of years before present, counted from the big bang (estimated at ~13,800 million years ago).

Illustration by C. Perales and E. Domingo from information retrieved from references given in the text.

Minimum requirements for an RNA world would be the presence of ribozymes and mechanisms for the intake of energy-rich molecules (Orgel, 2002, 2004). The inherently low copying fidelity of the putative ribozyme polymerases, estimated in 10^{-2} to 10^{-4} errors per nucleotide copied (Wochner et al., 2011) should have ensured genetic variation for selection to act upon variant RNA molecules. Chirality (the existence of two mirror images or enantiomers of a molecule) poses a challenge for the chemical origin of biological molecules (Caglioti et al., 2011; Ruiz-Mirazo et al., 2014; Sczepanski and Joyce, 2014). Present-day biological systems use only D-ribose (D from “dextro” or rotation of the plane of polarized light to the right) while chemical condensation reactions produce equal amounts of the D- and L- (levo) forms. Nonenzymatic template-dependent reactions can be inhibited by the incorrect enantiomer. This led to the proposal that analogs devoid of enantiomeric forms, such as glycerol derivatives, could have been the basis of the most primitive genetic systems (Schwartz and Orgel, 1985). Theoretical studies support the notion that initial achiral conditions can evolve toward chirality, in what has been defined as an extension of punctuated equilibrium to prebiological evolution (Gleiser et al., 2008).

Probably, very little, if anything, remains in our present-day biosphere of a primitive RNA world, let alone traces of the prolonged process that went from chemistry to the first replicating organizations,

so profound have been the changes experienced by the Earth and its surroundings over 4 billion years. Contemporary catalytic RNAs (found in the ribosome, as part of some protein complexes, and in some viroids), as well as nucleotide-like coenzymes have been considered as possible molecular remnants of a primitive RNA world (Lazcano, 1994a). Some authors consider the possibility that cells whose genetic material is made of RNA may still hide in some remote sites of our planet (Yarus, 2010). For a transition from a purely RNA (or RNA like) world to an extended scenario with participation of proteins, the presence of a transfer RNA (tRNA) quasispecies and the generation of a genetic code endowed with evolutionary potential must have been critical (Eigen, 1992). Initial theories of how the genetic code might have arisen were put forward by F. Crick, L. Orgel, and C. Woese in the middle of the twentieth century. Main proposals included a stereochemical fit between some amino acids and the corresponding bases (or codons to be), progressive evolution from a one nucleotide to a three nucleotides code, gradual incorporation of amino acids in the coding system, and the frozen accident model of codon universality (for a review of early concepts, see Crick, 1968). New insights on the code origin have come from integrating knowledge of the mechanisms of protein synthesis with likely events in the RNA world. Primitive tRNA quasispecies (around 4000 million years ago, late Hadean, early Archean, Figure 1.3) and tRNA aminoacylating ribozymes evolved to fit the genetic code which was later expanded in coevolution with the translation machinery (Szathmáry, 1999; Rodin et al., 2011; Caetano-Anolles et al., 2013). Recent models retain several features of the early proposals. The age of the genetic code has been estimated in 3.8 ± 0.5 thousand million years (Eigen, 2013). The present structure of the genetic code is remarkably redundant, and it minimizes the deleterious effects of mutations, suggesting that protein conservation offers a general selective advantage for most cellular entities. Code redundancy may also contribute to functional mRNA secondary structures and stability (Shabalina et al., 2006; see also Chapter 2).

The advent of DNA as an informational macromolecule that was more stable than RNA, allowed integration of modules to form the first “chromosomes,” opening the way to transcriptional regulation prior to protein expression (see also Section 1.5 on the origin of DNA viruses). As in current evolutionary virology, perhaps the most challenging problem to understand early life is to identify the selective constraints that determined (or influenced) the course of events. In contrast to the present-day environmental changes confronted by viruses (multiple and complex, but amenable to experimentation, Chapters 4 and 6), the conditions that permitted primitive genetic entities to acquire expanded coding and signaling capacities defy our imagination. Some aspects are considered next.

1.4.3 LIFE FROM MISTAKES, INFORMATION FROM NONINFORMATION: ORIGIN OF REPLICONS

The most salient attributes of living matter are reproduction, evolvability, energy conversion, and compartmentalization. Two of them are found in viruses: reproduction and evolvability. What selective forces might have led to the integration of these features? Concerning reproduction, there must have been a critical transition from the absence of any inheritable instruction (despite the presence of primitive polymers) to the first molecules endowed with “inheritable” information, for example, a macromolecule capable of producing copies of itself. The transition from “noninformation” to “information” is an essential question for the origin of life that implicates both theory of evolution and information. Current evidence suggests that the process that allowed such critical transformation was slow and inaccurate. Slow because the catalytic RNAs selected in the laboratory are about

10 million-fold slower than most protein enzymes (Jeffares et al., 1998; Yarus, 2010). Inaccurate because pre-enzymatic nucleotide polymerization would rarely display error rates below 10^{-1} to 10^{-2} mutations per nucleotide copied (Inoue and Orgel, 1983). Despite a likely hostile environment, no “predators” (be molecular such as degrading enzymes or others) were present to impede a slow accumulation of variant replicating molecules. Random and unavoidable mistakes allowed polymers to wander in sequence space with reproductive impunity until areas that promoted increased self-organization, replication, and adaptation were encountered. The adaptive potential of mutant distributions is a key concept in the quasispecies theory of the origin of life (Eigen and Schuster, 1979), and a signature of present-day viruses (Chapter 3). Replicative inaccuracy and heterogeneity appear as recurrent requirements for the major transitions and adaptedness of the forms generated throughout prebiological and biological evolution. Once a primitive molecular “memory” (signature sequences with some replication ability) was implemented, in the words of M. Eigen: “...information generates itself in feedback loops via replication and selection, the objective being ‘to be or not to be’” (Eigen, 1994, 2013). In those times this was the only and simple requirement: to be or not to be.

This singular transition resulted in the first replicating entities that are also termed “replicators” or “replicons.” They were selected for replicability, stability, and evolvability with trade-offs (acquisition of benefits for one of the three traits at some cost for another trait) likely playing a role at this stage (see Chapter 4 for trade-offs in virus evolution). Assuming a stage in the absence of peptides, optimization of primitive replicons should have been facilitated by the fact that the same molecule embodied both genotype and phenotype (Eigen, 2013), again a feature of present-day RNA viruses. The genomic RNA by itself determines phenotypic traits, independently of its protein-coding activity. “Priming” of polynucleotide synthesis in the sense we know it today should not have been a limitation since circular RNA or RNA-like molecules could fold partially to prime their own copying. The term “replicon” currently refers to any simple genetic element that encodes sufficient information to be copied (i.e., viruses, plasmids, etc.), even if the copying is carried out by (or in conjunction with) elaborate cell-dependent machineries. Virtual replicons are used in computer simulations, to learn about the dynamics of natural living systems (as reviews, see Adami, 1998; Eigen, 2013).

The environment in which early primitive replicons had to self-organize about 4×10^9 years ago was very different from the environment we have today on Earth. The sun was about 25-30% less luminous than it is today yet it produced more UV light. Due to the absence of oxygen and of an ozone layer, the UV radiation that reached the Earth was 10- to 100-fold more intense than today, the difference being accentuated for the radiation in the 200-280 nm range. Studies of the conversion of UV radiation into DNA-damage equivalents suggest a 2-3 logarithm larger biologically relevant UV radiation during the time of the putative RNA world as compared with today’s radiation (Canuto et al., 1982; Chang, 1994; Horneck and Baumstark-Khan, 2002). In such an environment, radiation-related mutational input could have had drastic effects on replicating entities in ways that can be only roughly anticipated from the present-day chemistry. Even the simplest present-day RNA genetic systems, with their small target size, would undergo severe radiation damage. Reconstruction of protein enzyme-free nucleic acid synthesis under the radiation conditions prevalent on Earth during the RNA world development, during late Hadean and early Archean eras offers a fascinating challenge and opportunity of experimental research for the raising field of Astrobiology.

It has been considered that the time elapsed since the Earth attained a life-friendly environment until protocells arose (from about 4500 million to about 3500 million years ago, Figure 1.3) was insufficient

for life development. This led to the panspermia theory which proposes that life has an extraterrestrial origin. Panspermia in different forms has been defended by noted scientists such as S. Arrhenius in the early twentieth century and later by F. Crick and L. Orgel (discussed by [de Duve, 2002](#)). In addition to the time estimates for life generation being arbitrary, our present understanding of how error-prone replication can facilitate evolvability and exploration of novel biological functions (Chapters 2 and 3) converts a 1 million year time period in a long time for life to originate and initiate multiple branches for its development.

1.4.4 UPTAKE OF ENERGY AND A SECOND PRIMITIVE POSITIVE SELECTION

Energy conversion is an essential feature of life. The fact that we have first discussed the origins of inheritable information should not be taken as its being independent from the incorporation of molecules capable of supplying energy for key reactions. The primitive cellular-like organizations might have obtained energy either from organic molecules captured from the external environment (heterotrophy) or from metabolites they synthesized endogenously using external energy (autotrophy). One line of thought considers that it is more likely that the first cells were heterotrophs, and that only later they evolved toward autotrophy, in the form of photosynthesis, which represented a major transition in the repertoire of biosynthetic pathways. According to this model, fermentation reactions were likely the first ones exploited to break energy-rich bonds, as a source of energy for primordial biochemical reactions.

An alternative view is that the first cellular organism was an autotroph, in particular a chemoautotroph (also termed lithotroph) that used inorganic compounds to obtain energy. One of these proposals is that formation of pyrite from hydrogen sulfide was used by primitive cells as an energy source, resulting from reactions such as $\text{FeS} + \text{H}_2\text{S} \rightarrow \text{FeS}_2 + 2\text{H}^+ + 2\text{e}^-$ ([Wächtershäuser, 1994](#)). Positive charges on pyrite crystals could accumulate negatively charged molecules (e.g., the products of CO_2 fixation) and undergo reductive reactions. The system might have selected surface-bound polymers rather than monomers, and given rise to biocatalysis (selection of one enantiomeric form over another) because of the chiral structure of pyrite ([Wächtershäuser, 1988](#)). Then, an evolution toward an Archean carbon-fixation cycle would occur, a precursor of the metabolic cycles found in present-day archeal and bacterial organisms ([Ruiz-Mirazo et al., 2014](#)). The picture may have been more complex, as judged by the success of mixotrophic organisms which are capable of switching from phototrophy (light-mediated break down of CO_2 for their metabolism) to heterotrophy in some extreme environments of the present-day Earth ([Laybourn-Parry and Pearce, 2007](#)).

The integration of early replication systems and metabolism was probably favored by some compartmentalization of replicative-metabolic units through lipid bilayers ([Carrara et al., 2012](#); [Stano et al., 2013](#); [Ruiz-Mirazo et al., 2014](#)). Here a second decisive positive selection event might have entered the scene at the stage of formation of protocells and the first individual cells (3600-3200 million years ago, [Figure 1.3](#); [Eigen, 1992](#)). Lipid bilayers endowed with a splitting capacity should have been strongly selected at this stage of life development because of their power to spread. This underlines the concept that Darwinian selection need not be associated exclusively with template-copying processes (Chapter 10). Membrane traffic and reorganizations are essential for the life cycle of many present-day viruses ([Huotari and Helenius, 2011](#)). Virus particle stability and capacity to spread, associated with membrane capture and interactions, might derive from the early genomes that exploited membrane-based organelles to achieve functional diversification. Compartmentalization was the key to initiate a cell-based life ([Morowitz, 1992](#)).

Despite obvious difficulties in reproducing with our current technology critical physical and chemical processes that were likely involved in the origin of life, there is sufficient evidence to render probable that the most primitive organizations that we would now consider as “living” resulted from the assembly of simple organic compounds that attained a required level of complexity (Kauffman, 1993). The various facets that distinguish living from inanimate matter are recapitulated in the definitions of life that scientists from different backgrounds have proposed, and some of them are listed in Box 1.2. A. Lazcano summarized the current situation in the arduous search on the origin of life: “There are still unsolved problems but they are not completely shrouded in mystery, and this is no minor scientific achievement. Why should we feel disappointed by our inability to even foresee the possible answers to these luring questions? As the Greek poet Konstantinos Kavafis once wrote, *Odysseus should be grateful not because he was able to return home, but on what he learned on his way back to Ithaka*. It is the journey that matters” (Lazcano, 1994b; for a general overview of the history of life on Earth, centered in paleontology, see Cowen, 2005).

The spectacular progress in experimental generation of synthetic life evidences that the assembly of polynucleotide building blocks (of viral, bacterial, and eukaryotic genomes and chromosomes) gives rise to macromolecules that display features of life. Synthetic life is now within reach in years, following assembly principles, that in the absence of man-made technology, took millions of years for the evolution of our young planet.

After this brief survey of origin of life, we can now examine theories on how, when and why viruses arose, and became active actors in our biosphere.

BOX 1.2 SOME DEFINITIONS OF LIFE AND LIVING ORGANISMS

- Life is the property of a system that continuously draws negative entropy (maintains orderliness), and delays decay into thermodynamic equilibrium (Schrödinger, 1944).
- Life is an expected, collectively self-organized property of catalytic polymers (Kauffman, 1993).
- Life is a property of any population of entities possessing those properties that are needed if the population is to evolve by natural selection (Maynard Smith and Szathmáry, 1999).
- Life is what is common to all living beings. This answer is not a tautology, as it allows many attributes to be excluded from the definition of life (de Duve, 2002).
- Life is descent with modification. Replication is life’s ultimate chemical and physical survival strategy (Yarus, 2010).
- Life is a self-sustained chemical system capable of Darwinian evolution (NASA Astrobiology Institute).
- Living organisms are metabolic-replicating systems composed of molecules and cells which are subject to spontaneous changes in structure and function due to mutations (Demetrius, 2013).
- Life in three statements: (1) Life is not represented by any fundamental physical structure. (2) Life is an overall organization that is governed by functional rather than by structural principles. (3) In order for life to come about, there must exist some physical principle that controls complexity (Eigen, 2013).
- Life, whatever else it may be, is certainly a regularity among material processes (Eigen, 2013).

1.5 THEORIES OF THE ORIGINS OF VIRUSES

Although not in a linear fashion, the number of nucleotides or base pairs in the genetic material—that presumably reflects the amount of genetic information relevant to confer phenotypic traits—increased as evolution led to differentiated organisms. The major theories of the origin of viruses are divided in two opposite categories: those that attribute virus origins to the early development of life, and those that propose that viruses arose when a cellular life was already in place (Figure 1.4). These two views, however, might not be irreconcilable.

From our present understanding of viruses and their genomes, and the likely events in the origin of life discussed in the preceding sections, five main theories—not all totally independent or mutually

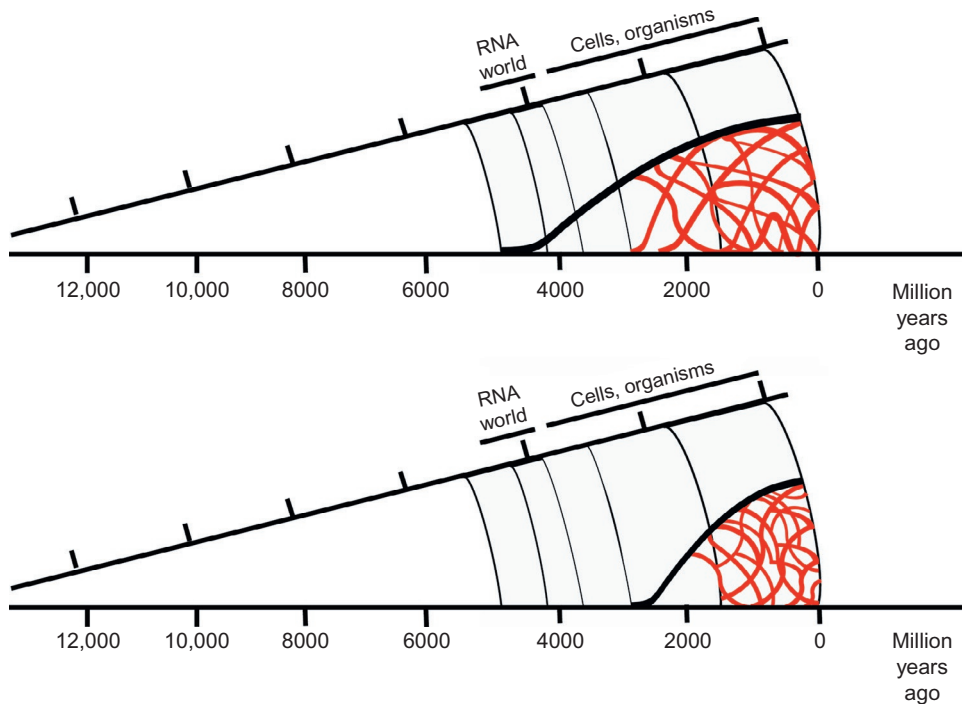


FIGURE 1.4

Two possible course of events regarding when viruses first appeared and participated in the evolution of the biosphere. The scheme of time frames and major biological events (RNA world, first cells and organisms) are those displayed in Figure 1.3. According to the upper diagram, viruses (or previrus-like entities) arose together with the first (precellular) replicating entities. According to the second diagram, viruses (or previrus-like entities) arose when a cellular life had already been established. Presence of virus is generically represented by the external, thick, black curves. The internal red, wavy lines represent generation, dominance and extinction of multiple viral lineages whose numbers and true dynamics will remain unknown.

Illustration by C. Perales and E. Domingo from information retrieved from the different models of virus origin and references included in the text.

exclusive—of the origin of viruses have been proposed. They are summarized next, with some comments that benefit from our current understanding of viruses.

1.5.1 VIRUSES ARE REMNANTS OF PRIMEVAL GENETIC ELEMENTS

- Viruses were involved in the origin of life. Some viruses are the descendants of primitive RNA or RNA-like replicons that preceded cellular forms.

Because of their limited genetic complexity, RNA viruses and subviral RNA elements have been considered possible descendants of the primitive replicating entities that predated cell-based life forms (upper diagram in [Figure 1.4](#)). As early as the beginning of the twentieth century, H.J. Muller, L.T. Troland, and J.B.S. Haldane suggested that viruses represented primordial life forms. Influenced by the discovery of bacteriophages by F. d’Herelle, J.B.S. Haldane proposed viruses as intermediates between the prebiotic soup and primitive cells (reviewed in [Lazcano, 2010](#)). In those times knowledge of viruses was still superficial from today’s perspective, and lent to daring proposals coherent with viruses being perceived as simple. Despite simplicity and replication being features that could be also attributed to primitive life forms, we have to distinguish the role that virus-like entities might have played in the establishment of early life from the possibility that present-day viruses reflect how early life might have been. A reader versed in the structural and functional complexity of RNA viruses, with all the intricacies of virus-host relationships, will realize how unlikely is that present-day RNA viruses are remnants of an ancestral RNA world, at least as current evidence portrays it. Also, the conditions prevailing in the RNA world did not necessitate that a primitive replicon displays rapid replication—a trait of most present-day viruses—for it to become established, because of the scarcity of predators.

Rather than the RNA viruses, the plant viroids (self-replicating RNAs of 250–400 nucleotides in length) or related genetic elements lodged in the animal world, such as the defective delta agent, also termed hepatitis delta virus (HDV), might be a vestige of primitive genetic elements ([Robertson et al., 1992](#)). HDV is dependent on HBV for the completion of its infectious cycle (reviewed in [Quer et al., 2008](#); [Taylor and Pelchat, 2010](#)). The HDV genome is a mosaic RNA consisting of a viroid-like RNA and an RNA region whose complementary RNA (antigenomic strand) encodes two forms of a structural protein termed the delta antigen. Both the genomic and antigenomic RNAs possess a strong secondary structure with about 70% paired nucleotides. The delta antigen is encapsidated by the HBV surface antigen as a component of HDV particles. Thus, HDV appears to be the result of an RNA conjunction between a viroid-like RNA and an mRNA-coding region. Such conjoined RNAs might have been the precursors of the modern eukaryotic organization into coding sequences (exons) and intervening sequences (introns) ([Sharp, 1985](#); [Robertson, 1992, 1996](#); [Chao, 2007](#); [Taylor and Pelchat, 2010](#)).

The structure of the HDV genome seems to echo processes that originated with primitive RNAs selected for their ability to replicate that incorporated a protein-coding moiety through recombination with other RNAs. Such replication-competent and protein-coding chimeras might have been fully realized in the form of DNA genomes at a later stage of macromolecular evolution. Being circular, the primitive viroid-like RNAs and their conjoined derivatives might have permitted a rolling circle-based replication mechanism that allowed maintenance of the genetic information without the continued presence of primer molecules or other replication-initiation factors.

The question of whether conjoined RNAs or other subviral or viral entities played some key role in early life may never be settled. Adaptation of primitive, replicating virus-like RNAs to an evolved

DNA-RNA-protein world (precellular and cellular), impulsed by the implementation of the genetic code ([Section 1.4.2](#)), should have erased genetic signatures of an RNA-only world. The advent of an enzyme that could copy RNA into DNA to carry out reverse transcription should have been instrumental in generating primitive DNA viruses and other DNA-based genomes ([Lazcano et al., 1992](#)). Because of its higher stability than RNA, DNA could incorporate different preexistent functional modules to construct increasingly complex genetic systems.

The discovery of the chimeric structure of the HDV genome illustrates how insights into the origin and early evolution of life can be gained from current genomics, despite lacking experimental approaches to recreate episodes that led to virus origins. Even if experiments could be designed, the time frame involved would occupy several generations of scientists, which is not feasible given the current research grant system.

1.5.2 VIRUSES ARE THE RESULT OF REGRESSIVE MICROBIAL EVOLUTION

- Viruses originated from regressive evolution of microbes with a cellular organization, and became parasites of cells.

This theory is quite opposite to the previous one because it presupposes that a cellular world was the source of viruses (lower diagram in [Figure 1.4](#)). It was already put forward in the twentieth century when it was evidenced that complex DNA viruses encoded enzymes and immunomodulatory proteins that had cellular counterparts. The virus-generating cells could be either fully functional from the onset or belong to a class of simple cells that parasitized functionally more advanced cells. Now, with the discovery and characterization of giant viruses that probably coexisted with cellular ancestors ([Nasir et al., 2012](#)) this theory has acquired new impetus.

The capacity to spread, so inherent to the concept of virus, might have been first attained by cells. At a later stage, the positively transmitted cell could have regressed toward a subcellular transmissible form. Prokaryotic cells can spread effectively among differentiated eukaryotic hosts, and tumor cells have been regarded as transmissible parasites ([Banfield et al., 1965](#); [Murgia et al., 2006](#); [Pearse and Swift, 2006](#)). The observation that some “infectious cells” can be disseminated by insects provides a model for an early origin of vector-borne viruses. For a number of viruses, notably HIV-1, it has been recognized that transmission of virus from an infected cell into a recipient cell need not involve a prolonged stay of the virus in the extracellular environment. Infection “synapses” allow intimate cell-to-cell contacts through which virus transmission takes place. It is estimated that synapse-mediated transmission may be 100-fold more efficient than transmission of viral particles released into the extracellular environment. Obviously, acquisition of a capacity for long-range transmission in space and time should have provided a selective advantage to a virus. Perhaps the participation of infection synapses in virus transmission is an evolutionary remnant of an early period in which the infectious entities were cells, with now the “cell-to-environment-to-cell” mode of transmission coexisting with the “cell-to-cell” mode.

The possibility that RNA viruses derive from some “organism” that used RNA as genetic material was suggested initially by [D. Baltimore \(1980\)](#). The evidence that RNA-dependent RNA synthesis is rare in cells suggests that either RNA viruses derived their replicases from a now probably extinct “RNA organism,” or that the viral replicases evolved from cellular DNA polymerases ([Baltimore, 1980](#); [Forterre, 2005, 2006a,b](#); [Yarus, 2010](#)).

1.5.3 VIRUSES ARE LIBERATED AUTONOMOUS ENTITIES

- Viruses originated from cellular DNA or RNA that evolved to embody autonomous replication, and an extracellular step in their replication cycle.

Related to the regressive evolution model, this theory does not imply an initial cellular nature of the virus-to-be. Rather, some *bona fide* cellular nucleic acids acquired genetic elements that triggered their competence as autonomous, albeit cell dependent elements able to survive transiently outside the cell. This new way of life should have been positively selected if an increased capacity of cell-to-cell transfer conferred an advantage to the cells regarding acquisition of new traits for functional diversification while maintaining a capacity to sustain virus multiplication.

Decades ago, the view that viruses originated from subcellular organelles was a favored one (see e.g., [Joklik, 1974](#)). Despite discernible sequence identity between some viral and mitochondrial DNA sequences, no evidence of viruses having functions encoded in cellular organelles and not in chromosomal DNA has been obtained, perhaps reflecting an earlier relationship between viruses and primitive free-living cells rather than between viruses and modern (eukaryotic) cells.

1.5.4 VIRUSES ARE ELEMENTS FOR LONG-TERM COEVOLUTION

- Viruses are as ancient as cells, and coevolved with cells or even with precellular genomic organizations, with which they shared functional modules.

Current genomics of viruses and their host organisms ([Bushman, 2002](#); [Mount, 2004](#); [Hacker and Dobrindt, 2006](#)) tends to favor this theory. From the catalogs of regulatory sequences and protein-coding genes from cellular organisms and viruses whose functions have been identified, some viral genes, notably those encoding the viral capsid and the genome packaging machinery, appear to be devoid of a cellular counterpart. Such typical viral genes constitute what has been referred to as the “conserved innate viral self” ([Krupovic and Bamford, 2007](#)), that embraces essential functions for the phenotypic traits shared by all viruses. Other viral functions do not deviate in any salient way from cellular functions. They include viral proteins involved in genome replication, and in proteolytic processing of proteins and polyprotein precursors. Comparative genomics suggests that the exchange of functional and structural modules through lateral gene transfers, together with fine adjustments mediated by mutation, have contributed to the coadaptation of cells and autonomous replicons over ancient evolutionary periods ([Gorbalenya, 1995](#); [Holland and Domingo, 1998](#); [Jalasvuori and Bamford, 2008](#); [Villarreal, 2008](#)). Even mechanisms that prompt viral variation in cell tropism (Chapter 4) have parallels in differentiated organism. As an example, a two amino acids insertion into ectodysplasin—a member of the tumor necrosis-binding family—alters its receptor specificity, and the differential expression of the two protein versions plays a role in epidermal morphogenesis ([Yan et al., 2000](#)). Furthermore, as the number of three-dimensional structures for viral and cellular enzymes has increased to reach thousands, structural similarities between key cellular and viral enzymes (polymerases, proteases) have become apparent. Arguments in favor of either ancestral cells or ancestral viruses being the main source of what we now identify as functional modules may never be settled.

[Baltimore \(1980\)](#) proposed that a limited number of “archetypal” proteins could be responsible for RNA virus function. He named as “archetypal” a “positive virus polymerase,” a “negative virus polymerase,” a set of “surface” proteins, and several “proteases,” among other proteins and regulatory elements. The argument that “archetypal” modules could spread among positive and negative strand

RNA viruses was based on features and mechanisms now recognized as much more profuse than in 1980: the multifunctionality of viral proteins, their capacity to diversify by mutation, and the existence of RNA recombination (Chapter 2). Regulatory strategies were also likely shared by cells and viruses. Small micro-RNAs that now populate the cellular world can act as molecular switches for RNA viral genomes to modulate their replication and gene expression ([van Rij and Andino, 2008](#); [Diaz-Toledano et al., 2009](#)). A long coevolution of protocells and primitive virus-like elements that gradually yielded the continuously coevolving cells (at the individual and organismal level) and viruses we see today is a likely course of events.

1.5.5 VIRUSES FROM VESICLES

- “Protoviruses” might have originated in primitive vesicles.

Early protocellular communities probably lacked a cell wall or other compartmentalization barriers, an absence that allowed fluid transfers of metabolites and genetic material ([Woese, 2002](#)). The most primitive vesicles might have evolved to contain self-replicating macromolecules ([Jalasvuori and Bamford, 2008](#); [Adamala and Szostak, 2013](#)). Vesicles located either in hydrothermal vents, or in other favorable microenvironments of a primitive Earth, had the potential to exchange small molecules between the inside and outside, and materials could reach other vesicles.

Depending on their composition, lipid vesicles could form and remain stable at temperatures of about 100 °C. Their transfer to lower temperatures might have modulated their permeability prior to the stage at which peptide or protein transporters were inserted as membrane components. Here again, “heterogeneities” became important: membranes made of mixtures of amphiphiles display increased thermostability, permeability, and tolerance to divalent cations. Budding vesicles endowed with traits such as growth, division, and permeability should have been positively selected for their ability to spread favorable replicating molecules and protocellular functions. Selected protoviral vesicles became gradually dispensable for the spreading of beneficial genes, and viruses evolved from being solely beneficial entities into displaying also a parasitic behavior that exploited cell resources (compare with [Sections 1.7 and 1.8](#)). According to this model, when cells became independent units surrounded by a lipid membrane, viruses promoted selection of cells that expressed peptidoglycan molecules on their surface to decrease or prevent virus infection. This transition could mark the onset of an arms race behavior that has been associated with a survival strategy of many present-day viruses. One of the early outcomes might have been the formation of a cell wall, that allowed vertical transmission of genetic information, and rendered the cell metabolically independent. In addition, it provided an osmotic environment suitable for energy production. Genetic information and molecular devices for energy capture, storage, and use were equally important for a sustainable cellular organization. Thus, according to this theory, viruses originated from protoviral elements whose main function was to spread useful genes horizontally. The evolved viruses acted as selective agents to promote microbial evolution and then became established in an increasingly differentiated cellular world ([Villarreal, 2005, 2008](#); [Hendrix, 2008](#); [Jalasvuori and Bamford, 2008](#)).

Geological studies indicate that several mass extinctions of a brief duration (less than 100,000 years, a short geological time!) occurred at several points when multicellular organisms populated the Earth. The end-Permian, end-Triassic, and end-Cretaceous extinctions rank among the most drastic, resulting in profound environmental perturbation ([Burgess et al., 2014](#) and references therein). As depicted in

the form of red upward and downward curved lines in [Figure 1.4](#), perturbations associated with viral extinctions (due to massive host extinctions) and severe bottleneck events have periodically blurred traces of many viruses we will never know anything about.

Mechanisms implied by each of the five theories summarized here might have had some participation in the origin of viruses as we know them today, and any model will remain speculative for several and obvious reasons. Viruses have not left a fossil record amenable to analysis with current technology. Moreover, viral genomes can evolve at very high rates in response to environmental necessities (Chapter 7), and reconstructions of how early Earth environments might have looked like are at best imprecise. For these reasons, viruses, independently on when they became active actors in the biosphere ([Figure 1.4](#)), are unlikely to have maintained molecular signatures that could shed light on their remote past.

1.6 BEING ALIVE VERSUS BEING PART OF LIFE

An often asked question is whether viruses are alive or not. The answer is debated, as reflected in the various definitions of virus, some of which are listed in [Box 1.3](#). Two opposite views coexist. One of them considers viruses as macromolecular aggregates, that is, viruses are regarded as “chemicals.” A second proposal is championed by the “ribovirocell” concept of P. Forterre which implies that a viable, virus-infected cell contains two different organisms that coexist symbiotically: the cell that produces virus and the virus itself. Another facet of the same duality is manifested when viruses are considered merely as perturbing chemicals with no participation in the tree of life versus viruses being actually important players in the tree of life. The dual character of viruses as “alive” during intracellular replication and “not alive” outside the cell was stressed in some early literature (e.g., [Davis et al., 1968](#)).

As discussed in [Section 1.4](#), if life is best defined as a conglomerate of complementary features, viruses display two of these features: the capacity to replicate and to evolve. Thus, although it is debatable whether viruses qualify as “alive,” they are (and most likely have historically been) an integral part of life. Viruses have influenced the tree of life as we know it, with lateral

BOX 1.3 SOME DEFINITIONS OF VIRUS

- Viruses are strictly intracellular and potentially pathogenic entities with an infectious phase and (1) possessing one type of nucleic acid, (2) multiplying in the form of their genetic material, (3) unable to grow and to undergo binary fission, and (4) devoid of a Lipmann system ([Lwoff, 1957](#)).
- Viruses are entities whose genomes are elements of nucleic acid that replicate inside living cells using the cellular synthetic machinery and causing the synthesis of specialized elements that can transfer the viral genome to other cells ([Luria et al., 1978](#)).
- Viruses are replicating microorganisms that are among the smallest of all life forms (first two editions of *Fields Virology*).
- Viruses are transmissible deoxyribonucleic acid (DNA) or ribonucleic acid (RNA) genetic elements that require a cell for multiplication ([Domingo and Perales, 2014](#)).

gene transfers—some mediated by viruses—being a key element in its construction and architecture (Ciccarelli et al., 2006). Because of the difficulties of defining “life” unambiguously, the reader might have noticed that in previous sections the question addressed has been “how is life” rather than “what is life.” The question of “why” have viruses persisted in the biosphere is addressed next.

1.7 ROLE OF VIRUSES IN THE EVOLUTION OF THE BIOSPHERE

Two general models have been proposed to explain the maintenance of viruses in the biological world:

- Viruses have persisted because they parasitized opportunistically any cellular niche which was compatible with their replication apparatus while the cells remained viable.

In this view, viruses are “selfish” replicating elements that became successful when increasingly efficient polymerization activities became part of their life cycles. Several observations indicate that what was once considered purely “selfish” (also referred to as “junk”) DNA may not be that useless after all. In line with these findings, and the intimate connections between cells and viruses, the view of the latter being purely blind, selfish entities appears as less and less tenable. A different issue is that under some particular environments virus display a “selfish” element-like behavior, as one of the outcomes of their having been positively selected.

- The presence of viruses was positively selected because they promoted cellular variation and functional diversification.

This proposal relates to some of the theories of virus origins (Section 1.5) and the early evolution of life that implied a role for virus-like entities. According to this view, viruses, together with other subcellular genetic elements (plasmids, retroelements, etc.), penetrated the genetic material of ancestral cell forms, acted as agents of lateral gene transfers, and modified the expression profiles of the recipient cells. Probably, there has been (and there still is) a constant flow of genes between cells and viruses and other mobile genetic elements. The abundance of endogenous retroviruses in the mammalian genomes is a clear symptom of such a genetic flow. A nonfunctional viral infectivity factor (Vif) (the HIV-1 protein that can counteract the mutagenic activity of the apolipoprotein B mRNA editing complex (APOBEC) proteins; see Section 2.7 in Chapter 2) was found in the remnant of a rabbit endogenous retrovirus termed rabbit endogenous lentivirus type k (Katzourakis et al., 2007). About 8% of the human genome is made of retroviral-like elements. Present-day human endogenous retroviruses probably contribute to pluripotency of human cells (Santoni et al., 2012).

In addition to the promotion of gene transfers to construct key cellular components, viruses probably acted as selective agents for cells to evolve defense mechanisms against viruses, and this may have originated new cellular functions. Also, viruses could favor survival of some cell types over others, based on differential cell susceptibility to virus infection, thus contributing to cellular diversification. The need to escape viral infection may have furnished novel cell surface receptor proteins through selection of cellular escape mutants (Buckling and Rainey, 2002; Saren et al., 2005). Some experimental systems consisting of persistently infected cells in which the cells and the resident virus coevolve (Chapter 6) illustrate how viruses could act as selective agents to promote cellular variation. Such variation would

not necessarily involve exchanges of genetic material between the virus and the cells, provided sufficient genetic variation of cells took place.

Multicellular organisms devoid of viral entities should have endured a long-term disadvantage over an alternative scenario with the coexistence of cells and viruses. Selection by viruses need not be restricted to cells, and it can be extended to entire host organisms and their populations. Abundance of hosts may promote viral epidemiological fitness, which is a factor in viral disease emergence (Chapters 5 and 7). Host subpopulations may be selected by their resistance to epidemic outbreaks by highly pathogenic viruses such as in the 1918 influenza pandemics or currently with the AIDS pandemics and Ebola outbreaks in some parts of Africa. Traditionally, plagues decimated the human population and acted as selective agents for differential survival of individuals.

Selfish-opportunistic and selected-functional are not incompatible models of virus maintenance. Once the instruction to replicate had been positively selected, selfish elements could ensue. As we learn about viral and cellular genomics, the current promiscuity and diversity of viruses (Section 1.3) appear as complementary agencies to promote general biological evolution following Darwinian mechanisms. Viruses might have contributed to the DNA replication machinery of cells, to the formation of the eukaryotic cell nucleus, and to a number of developmental processes (Baranowski et al., 2001; Bushman, 2002; Bacarese-Hamilton et al., 2004; Mallet et al., 2004; Villarreal, 2005, 2008; Forterre, 2006a). Cells are a necessity for viruses and viruses are promoters of cell diversity and, as a consequence, of cellular differentiation (compartmentalization and functional specialization).

1.7.1 CURRENT EXCHANGES OF GENETIC MATERIAL

Present-day viruses reveal several mechanisms of exchange of genetic material that might have roots in early cellular evolution. Temperate bacteriophages (the prototypic example being *E. coli* phage λ) integrate their genomic DNA in the DNA of their host bacteria. The uptake of cellular genes by viruses has been amply documented in transducing bacteriophages (those that can transfer DNA from one bacterium to another), as well as in RNA and DNA tumor viruses. Even RNA viruses that are not known to include a reverse transcription step in their replication cycle can incorporate host RNA sequences. Replication-competent, cytopathic variants of bovine viral diarrhea virus (a type species of the genus *Pestivirus* of the important family of pathogens *Flaviviridae*) can acquire cellular mRNA sequences in their genome, via nonhomologous recombination (Meyers et al., 1989). Insertion of 28S ribosomal RNA sequences into the hemagglutinin gene of influenza virus increased its pathogenicity (Khatchikian et al., 1989). Some defective-interfering particles of Sindbis virus included cellular tRNA sequences at their 5'-ends (Monroe and Schlesinger, 1983). Sequences related to some flaviviruses can persist in an integrated form into the DNA of the insect vectors *Aedes albopictus* and *Aedes aegypti* (Crochu et al., 2004). Endogenous hepatitis B viruses (eHBVs) have been identified in the genomes of birds and land vertebrates (amniotes), crocodilians, snakes, and turtles. The evidence is that eHBVs are more than 207 million years old, and that ancient HBV-like viruses infected animals during the Mesozoic Era (Suh et al., 2014; Figure 1.4). The existence of alternative mechanisms for the integration of viral genetic material into cellular DNA suggests an ancient origin and a selective advantage of exchanges of genetic information in shaping a diverse and adaptable cellular world (Eigen, 1992, 2013; Gibbs et al., 1995; Villarreal, 2005, 2008).

1.7.2 SYMBIOTIC RELATIONSHIPS

Symbiotic or mutualistic interactions involving viruses are frequent in the present-day biosphere. Human endogenous retroviruses can protect human tissues and the developing fetus against infection by some exogenous retroviruses (Ryan, 2004). Some bacteria require bacteriophage to express virulence determinants (Tinsley et al., 2006). Symbiosis can be established between bacteriophages and animals (Barr et al., 2013). The presence of a dsRNA mycovirus in a fungus is essential for the latter to confer heat tolerance to some plants; these findings have defined a three-way symbiosis required for an important phenotypic trait (Marquez et al., 2007; Roossinck, 2013). Several plant RNA viruses delay the symptoms of abiotic stress, such as those produced by drought and frost (dehydration, osmotic stress, and oxidative stress). Protection is mediated by increased levels of osmoprotectants and antioxidants in the infected plants (Xu et al., 2008).

Symbiotic relationships represent a state of local equilibrium between viruses and hosts, triggered by compatibility and occasionally by mutual benefits. An arms race implied by the virus-host interactions described in previous sections might have been the *modus vivendi* for viruses, only interrupted by occasional armistices. Alternatively, symbiotic and mutualistic interactions might have been the norm, only interrupted by occasional defections by killer personalities that have become the key actors of hospital wards and virology textbooks (Roossinck, 2011). It is fashionable to favor the second model, but one can find arguments in favor of either scenario. As discussed in connection with natural counterparts of the transition toward error catastrophe in viruses (Chapter 9), cells have evolved to be able to divert some physiological activities to become part of an innate immune response against viruses. This phenotypic flexibility of cellular functions to the point of being used to confront viruses attests of transient losses of an equilibrated coexistence. Some middle- and long-term equilibrium between virus and host population numbers must be continuously restored by selective events, otherwise this book would not have been written.

The evolutionary origin of defense mechanisms against viruses can be regarded as a response to an excessive number of virus-cell interactions. Superinfection exclusion is one of the mechanisms used by present-day cells to limit replication of a virus when another one is actively replicating (or incorporated) into the same cell. Exclusion has a biochemical interpretation in the competition of two viral entities for cellular resources, but it might have been boosted by early cellular adaptation to limit viral invasions (Chapter 4). Likewise, components of the intrinsic and innate immune response that prevent infection and disease might have been also endowed with activities that promoted cell variation for adaptability. Cellular editing activities such as those displayed by some of the adenosine deaminase acting on double stranded RNA and APOBEC proteins are also part of the innate immune response against some viruses. Not surprisingly, in turn, viruses have evolved multiple functions to counteract the host immune response (Chapter 4).

1.8 VIRUS AND DISEASE

The two opposite views of the activity of viruses in the biosphere (i.e., opportunistic occupation of any suitable cellular niche or intimate cooperative coevolution with host cells) would be expected to produce a different proportion of pathogenic viruses. Opportunistic invasions should lead mainly to

disease-prone viruses, while long coevolutionary periods should lead to a dominance of nonpathogenic viruses. Not all viruses that have been characterized are pathogenic and, in fact, only a minority of those that exist might be. However, since only a few of the viral genomes that metagenomic surveys have detected have been characterized, it is not possible to adventure a proportion of beneficial or neutral versus harmful viruses. In the course of investigations on poliomyelitis, a search for related viruses was undertaken, and a number of new viruses later to be known as echoviruses were discovered. They were isolated because they caused cytopathology to cells in culture. The virus-containing samples were from individuals that did not show symptoms of a viral infection. The new isolates were designated as “orphans,” meaning viruses without disease. The term echovirus derives from enteric cytopathogenic human orphan virus. Some of them, or their close relatives, were later associated with disease syndromes, but others not. Viruses as diverse as circoviruses, polyoma, or herpesviruses colonize a considerable proportion of animals, and only some of the virus types are the direct cause of disease (e.g., postweaning multisystemic wasting syndrome (PMWS) by porcine circovirus type 2, or cancer by some polyomaviruses, among many other examples). Disease potential is unrelated to viral genome size. PMWS is associated with the smallest mammalian DNA virus genome of only 1.7 Kb, while the almost 100-fold larger herpes virus genomes can coexist with immunocompetent humans without noticeable disease. The fact that a virus is pathogenic or not depends on intricacies of virus-host interactions that are poorly understood.

The more the knowledge of the virus-host interactions progresses, the fuzzier the border between virus being pathogenic or nonpathogenic appears to be. Viruses may not damage essential cell functions, but may affect dispensable cellular functions. Studies by M.B.A. Oldstone and his colleagues on persistent infections of lymphocytic choriomeningitis virus in neuroblastoma cells demonstrated that the resident virus altered a differentiated cell trait while preserving vital functions (Oldstone et al., 1977). This is one of many examples of virus-induced modifications of the so-called “luxury” functions of cells (Oldstone, 1984). Later work unveiled the changes in gene expression that underlie some of these alterations. Again, there is no clear cut distinction between a virus being or not pathogenic. Disease manifestations depend on multiple host and viral factors, including coinfections with viruses or other agents. With the increase of infections by HIV-1 and hepatitis C virus (HCV) experienced during the end of the twentieth century, dual infections with these two viruses are now frequent. The evolution of HCV-associated liver disease (i.e., an increasing degree of liver fibrosis) is accelerated in individuals coinfecting with HIV-1. Given the number of viruses still to be discovered (Section 1.3), and the spectrum of mild to severe pathologies that can be associated with “different” variants of the “same” virus (Holland et al., 1992), we cannot anticipate whether most or only a minority (as often assumed) of the viruses that currently replicate in our biosphere are pathogenic or potentially so (Li and Delwart, 2011).

1.9 OVERVIEW AND CONCLUDING REMARKS

Contrary to usual practice in experimental virology, the contents of this chapter have forced a considerable degree of uncertainty and at times speculative argumentation. It was, however, a necessary exercise, since at least part of what we see today in viruses must have roots in the origin of life and the role of viruses in life development during epochs that humans have not witnessed. We are left with trying to reconstruct. This chapter is excitingly as close to physics and chemistry as is to biology. Many of the

questions addressed are open to debate and they will probably remain open for a long time. Here are some of them. Concerning the origin of life: peptides or nucleic acids first; replication or metabolism first; sufficient time or not for life to originate on Earth; formation of protocells as an early or late event; low temperature or high temperature; and so on. Concerning the origin of viruses: early replicons or latecomers in a cellular world; first RNA viruses or DNA viruses; first cellular microbes or viruses; viruses or cells as the elements that supplied building blocks for more complex genomes; and so on. Many open questions!

Interestingly, however, the terms “heterogeneity” and “complexity” have appeared several times in this chapter in dealing with concepts coming from physics, chemistry, and biology. In fact, such key words anticipate features of present-day viruses discussed in coming chapters. Complex populations, be them of viruses, cells, protocells, lipid vesicles, primitive replicons, or peptide soups are the raw materials on which natural selection can act. Primitiveness does not imply simplicity. Complexity was likely a constant trait for early and modern life, both for the extinguished viruses we will never know anything about, and for those we strive to understand and control (see Summary Box).

SUMMARY BOX

- It is unlikely that present-day viruses are physically related to the primitive replicons that participated in early life.
- However, key features of viruses may be an inheritance of primitive replicons, notably error-prone replication and spread through membrane structures.
- At least two ancestral positive selection events might have contributed to the development of life: selection of replicating over nonreplicating polymers, and selection of splitting-prone versus nonsplitting-prone membrane vesicles.
- The geological record indicates multiple, brief, and drastic mass extinction events in Earth’s history. Such events anticipate mass extinction of the resident viruses. A dynamics of emergences, re-emergences and extinctions might have operated historically at a grand-scale, with mechanisms that may have features that we observe with present-day viruses.

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