

Stand Up Rules Of The Road Quiz & Additional Participation Agreement

- 1) The absolute safest policy regarding lifejackets on is? **A) Always wear one B) Have one on Board.**
- 2) It is ok for non-swimmers to go paddling as long as they wear a lifejacket. **True/False**
- 3) When leaving or returning to the beach, the safest way is to start and return on your knees. **True/False**
- 4) Use the paddle as a support in the sand to assist when getting on or off of your board. **True/False**
- 5) Keep at least how many feet away from other paddlers, vessels and obstacles? **Circle One: 2' 3' 6'**
- 6) If you must paddle against too much wind, reduce the resistance by paddling on your knees. **True/False**
- 7) If you feel like you may fall, or if you get too close to paddlers, boats. docks or any hard objects, bring your center of gravity closer to the board by dropping low to your knees is a safe standard. **Yes/No**
- 8) The cement stairs at Marina Pacifica should never be used because they are very dangerous! **True/False**
- 9) Dress appropriately for the weather conditions and to expect a fall in the water. **True/False**
- 10) Do not get off on private docks unless you have an emergency. **True/False**
- 11) You are not responsible for any damages incurred by you to persons or private property. **True/False**
- 12) If you ding a board and report it immediately upon returning, do you have to pay for damage? **Yes/No**
- 13) If you ding a board and do not report it, initial here if you agree to pay for damage. _____
- 14) If you think you dinged a board, and you do report it you are a... **Hero/Idiot**
- 15) Never assume or insist on the right of way when approaching other vessels. **True/False**
- 16) When paddling, pick a side instead of paddling in the middle of the channel. **True/False**
- 17) Whenever possible, authorities prefer that you use what side of the channel? **Left/Right**
- 18) There is danger of getting killed by a propeller if you hang onto a power boat while paddling. **True/False**
- 19) It is ok to paddle if you only have one or two drinks. **True/False**
- 20) Never paddle while under the influence of alcohol or drugs. **True/False**
- 21) Safety (when planning or executing your trip) is first and foremost. **True/False**
- 22) It is ok to take the rental boards out into the ocean without an instructor. **True/False**
- 23) It is not ok to even head out through the channel leading out toward the ocean. **True/False**
- 24) Wind, current and boat traffic can affect your paddling experience and all of these conditions and situations should be strongly considered before you decide if it a safe time to paddle. **True/False**
- 25) It is ok to paddle into the swim-restricted areas to get to the beach. **True/False**

26) It is ok to leave your board unattended on a public beach or dock. **True/False**

27) If I lose my board, paddle or lifejacket, either by negligence or it is stolen during my rental time, I agree to pay for replacement at 80% of the manufacturers suggested retail price immediately upon returning, and agree to pay for all costs incurred for the concessionaire to chase me down and collect the payment.

Check proper answer:

_____ **Yes, I absolutely agree to #27 precisely as it is written...** **Initial Here** _____

28) It is ok for me to let someone use the rental board that has not been approved by the concessionaire as long as they are under my direction and I paid for the rental fee. **Yes/No**

29) I have learned how to remove and replace the fin in the board. **True/False**

30) It is ok to leave the board standing upright in a vertical position. **True/False**

31) If you start to fall, and it is too late to get your body low avoid hitting any hard objects such as your board, your paddle, another board, a boat, dock or any hard object by releasing your paddle and falling away from any hard object. **True/False**

32) If you fall into the water, you should ignore the paddle and get onto the board first! **True/False**

33) Boat traffic can obviously affect your paddling experience. Circle the letter that best answers how boats may affect your paddling course and how you will deal with boat traffic...

A) Stay out of boat traffic as much as possible **B)** Stay out of the middle of channels and canals **C)** Pick a side of the channel and use the right side whenever possible **D)** Stay out of the waterski area **E)** Make it clear to boats what direction you are taking by moving out of oncoming traffic and not insisting on a right of way **F)** Stay out of the channel leading out toward the ocean as it is often crowded with boats and increased traffic and wakes make it more difficult and less safe **G)** All of the above. **A B C D E F G**

34) If it is too windy to paddle on your knees, paddle with your arms prone on your stomach **True/False**

35) I understand that the concessionaire has made it clear that paddlers must wear a quality PFD and no employee, volunteer, assistant or worker making any comment adverse to this statement will cause me (or whomever I am signing for) to consider that paddlers' do not need to wear a PFD to be safe. **True/False**

36) I promise to rely on myself & not the concessionaire or anyone at the rental site to check & consider wind conditions through internet and/or other sources before paddling. **Yes/No**

37) It is ok to email me information regarding new rules for reason of safety and/or procedure. **Yes/No**

My email address is: _____

38) It is ok to email to the address above information regarding trips and other special offers. **Yes/No**

39) A Coast Guard approved inflatable PFD must be worn to be acceptable. **True/False**

40) I am a very good swimmer and have no health problems whatsoever. **True/False**

My signature certifies that I fully understand the program and agree to abide by the rules herein. I acknowledge that this is page 3 of a 3 page document, and I have signed the **“Participant Agreement, Release and Acknowledgement of Risk”** and agree that it be fully considered as a permanent waiver for today and all future activities with all parties listed in that waiver, whether my activities be involved in rentals, lessons, trips to Catalina Island, the dolphin adventure, personal waterfront board storage or any involvement with any other person or any entity involved within any aspect of any of these programs.

Print full name of person taking exam _____ Age if under 18 _____

Print Responsible Party Name _____

Responsible Party Signature _____ Date ____/____/____

Phone Number/s _____

Email Address _____

Mailing Address: Include Street, Number and Apartment #, City, State and Zip Code

UNDER 18 PARENT OR RESPONSIBLE PARTY SIGN ONLY PLEASE READ VERY CAREFULLY!

(Yes/No) My son/daughter may participate with me only. Sign if Yes _____

(Yes/No) My son/daughter may participate with anyone 18 or older. Sign if Yes _____

(Yes/No) My son/daughter is a responsible paddler with great aquatic skills, exceptionally mature and safe judgment, and may participate in these activities alone and unsupervised and may walk up to rent at anytime without my being present. **Parent or responsible party sign here if yes** _____

I give the concessionaire the right, but not the responsibility, to restrict my son/daughter from participation in accordance to any slight reservation that may occur at the moment by the concessionaire including but not limited to weather conditions, traffic, attitude of the minor or minors company or any other slight supervision considerations. I also agree that the membership will be revoked without benefit of refund in the event my son or daughter does not abide any safety rule.

My signature hereby grants permission for my son or daughter full participation and I assume full responsibility in accordance with everything within this document and the additional **“Participant Agreement, Release and Acknowledgement of Risk”** which I have also signed. My signature is meant to include all future participation in any activities provided through the concessionaire, and serves as a clarification that I have given 100% consideration of consequence. **I accept and assume all risk and have read and agreed to the terms of BOTH waivers I have signed. I understand the word “concessionaire” and who it releases from liability in accordance with the additional “Participant Agreement, Release and Acknowledgement of Risk” that I have read, fully understood and signed.**

Printed name of minor _____ Age as of the date below _____

Printed Name of Responsible Party _____ Relation to Minor _____

Responsible Party Signature _____ Date ____/____/____

Participant Agreement, Release and Acknowledgment of Risk

Date / /

In consideration of the services of California Aquatics, the City of Long Beach, their agents, owners, officers, volunteers, participants, employees, groupies and any entity acting in any capacity on their behalf (hereinafter collectively referred to as "the concessionaire's"), **I do hereby release and discharge the concessionaire's from liability**, on behalf of myself, my children, my parents, my heirs, assigns, personal representative and estate as follows:

I acknowledge that Stand Up Paddling entails known and unanticipated risks, which could result in physical or emotional injury, paralysis, death, or damage to myself, to property, or to third parties. I understand that such risks cannot be eliminated without jeopardizing essential qualities of the activity. The risks include, among other things, capsizing, drowning, hit by watercraft, attack by giant killer sharks, jellyfish sting, sunburn, an incredibly bunched undergarment, sandy feet & more. Also, **“the concessionaire’s” have difficult jobs. They seek safety but are not infallible. They may be ignorant of a participant’s fitness or abilities. or just ignorant altogether. They may give inadequate warnings or instructions, and the equipment being used might malfunction.**

I agree and to accept and assume all of the risks existing in this activity. My participation is purely voluntary, and I elect to participate in spite of the risks. **I hereby voluntarily release, forever discharge, and agree to indemnify and hold harmless “the concessionaire’s” as listed herein from any and all claims, demands, or causes of action, which are in any way connected with my participation in this activity or my use of “the concessionaire’s” equipment or facilities, including any such claims which allege negligent acts or omissions of “the concessionaire’s”.** Should “the concessionaire’s” or anyone acting on their behalf be required to incur attorney’s fees and costs to enforce this agreement, I agree to indemnify and hold them harmless for all such fees and costs. I certify that I have adequate insurance to cover any injury or damage I may cause or suffer while participating, or else I agree to bear the costs of such injury or damage to myself an all for who I am signing on their behalf. **I further certify that I have no medical or physical conditions which could interfere with my safety in this activity,** and I am willing to assume - and bear costs of - all risks that may be created, directly or indirectly, by any such condition whether I know about it or not.

By signing this document, I acknowledge that if anyone is hurt or property is damaged during my participation in this activity, I may be found in a court of law to have waived my right to maintain a lawsuit against California Aquatics or the City of Long Beach, its agents, officers, employees, volunteers and any other persons acting in any capacity on their behalf, on the basis of any claim from which I have released them herein. **I have had sufficient opportunity to read the documents entitled PARTICIPANT AGREEMENT, RELEASE AND ACKNOWLEDGMENT OF RISK & the SAFETY RULES. I have read and understood these documents, & agree to be bound by the terms. I understand that ALL PARTICIPANTS MUST BE VERY GOOD SWIMMERS & use lifejackets in accordance with the laws.**

I further agree to indemnify and hold harmless "the concessionaire's" from claims brought by, or on behalf of Minors (under 18), and which are in any way connected with such use or participation by any Minors. **My signature qualifies my understanding to fully supervise ALL persons using equipment for which I have signed and assumed responsibility.** I agree to pay for any damage done to ANY boats or property incurred as a result of our participation.

PRINT ALL NAMES HERE

SIGN HERE (Signers must be over 17)

[illegible]