Background & Objectives

Change to the working directory of the assignment, run the test and open it up in Sublime:

```
cd ~/code/lewagon-weekend-workshop/day-2-flow-arrays-iteration/Spicy-01-Simple-Lo
rake
stt
```

There's a third way to **loop** with a programming language: with recursion.

Specs

- Write a method in ruby that computes the sum of the integers between a min value and a max value (min and max included).
- If the min value is greather than the max value, it should return -1
- You should at least implement the two simple versions, using for..end and while..end structures.

Further suggestions & resources

Notice that 1 + 2 + 3 + 4 == (1 + (2 + (3 + (4))))