categories

CategoryID 🔑	int
CategoryName	varchar(50)

recipes

RecipeID 🔑	int
RecipeName	varchar(100)
CategoryID	int
Instructions	text
CookingTime	int

ingredients

IngredientID 🔑	int
IngredientName	varchar(100)
Unit_Si	varchar(20)

recipeingredients

RecipeID 🔑	int
IngredientID 🔑	int
Quantity	int

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