

To what extent do you agree or disagree with the following statements?

1. **I am happy with the life that I have.**

Strongly Agree Agree Neutral Disagree Strongly Disagree

2. **I find it easier to learn from my mistakes and let go of them, rather than dwell upon them.**

Strongly Agree Agree Neutral Disagree Strongly Disagree

3. **I set high standards and expect to live up to them.**

Strongly Agree Agree Neutral Disagree Strongly Disagree

4. **I would rather eat at a restaurant with a good but limited menu, than one with a wider range of dishes to choose from.**

Strongly Agree Agree Neutral Disagree Strongly Disagree

5. **At times, I feel disappointed or disillusioned as a result of a choice, when the outcome is not as rewarding as I had hoped.**

Strongly Agree Agree Neutral Disagree Strongly Disagree

6. **When shopping, I like to browse a wide range of products to compare them against one another.**

Strongly Agree Agree Neutral Disagree Strongly Disagree

7. **I set my expectations low so that I am not disappointed.**

Strongly Agree Agree Neutral Disagree Strongly Disagree

8. **I sometimes regret the decisions that I have made and wish that I could turn back time and choose another option.**

Strongly Agree Agree Neutral Disagree Strongly Disagree

9. **We can't make the right decisions all of the time.**

Strongly Agree Agree Neutral Disagree Strongly Disagree

10. **I would rather delay a decision rather than make the wrong choice.**

Strongly Agree Agree Neutral Disagree Strongly Disagree