



Sabrina Lakes



Sabrina Lakes

Suggested Flies for the Sabrina Lakes Backcountry Area:
[Eastern Sierra Hatch Selection](#)

Other Local Favorites:

Stillwater Flies:

[Woolly Buzzer #8-10](#)
[Krystal Buggers #8-10](#)
[Clouser Minnow \(Black/Silver/blue\) #6-8](#)
[Matuku #6-10](#)

Nymphs:

[Prince Nymph](#)
[Hare's Ear Nymph](#)

Drys:


[Olive Caddis](#)
[Parachute Adams](#)
[Royal Wulff #16-18](#)
[BWO Sparkle Dun #18-20](#)
[BWO Parachute Dun #18-20](#)

Directions:

Sabrina Lake trailhead. From Highway 395 in downtown Bishop, turn west on Line Street / Highway 168 and drive 18 miles to Lake Sabrina. The day use parking area is at the end of the road. From the parking area walk 0.3 miles back down the road to the trailhead, located on the east side of the road. There are limited parking spots along the Lake Sabrina Road in the vicinity of the trailhead. Be sure you are pulled well off the road if you use these spots. Overnight parking is located at a dirt lot on the west side of Highway 168, just before the turnoff to North Lake, 0.9 miles down the road from the day use parking area.

North Fork trailhead. The north fork of Bishop Creek can be reached from Bishop on Hwy 395; take W. Line St. (Hwy 168) west, go 15 miles to South Lake below Intake II; Continue 2 miles to North Fork just below Lake Sabrina.

South Fork trailhead. To go to south fork of Bishop Creek, turn left at fork; follow South Fork upstream 5 miles toward Weir Lake.

 Sabrina Lake Directions

Notes:

Sabrina Lake Backcountry has its own bowl of lakes with exclusive access. You can reach further into the John Muir Wilderness by going through Piute Pass from North Lake or Bishop Pass from South Lake (*Click map above on South Lake for details*). Sabrina Lake is 200 acres in size at 9,130 feet elevation. It was created by an earthen dam built in 1908. It's also a very popular destination with a marina and the small community of Aspendell is nearby with some provisions available. It is heavily stocked with 30,000 10-12 inch **Rainbows** each season. The lake record for Rainbow is 15 Lbs. 12 oz. The lake also contains **Brookies**. Sabrina Lake is deep, so most flyfishing options are along the southern shore near the inlets. Along Hwy 168, is Intake 2 which can be float tubed and can hold some fairly large Rainbows and **Browns**. Bishop Creek, below Sabrina Lake, is also heavily used by roadside fishermen. It is heavily planted with Rainbows but also consists of Brookies and Browns. Your best flyfishing opportunities, however, are within the backcountry. The season is last Saturday of April to October 31st. Often, the lake is froze over until late May so that only ice-fishing is available until the thaw.

The trailhead starts at 9,100 feet elevation just below the lake and proceeds along its eastern shoreline for about a mile, the trail forks to the left taking you up a ridge toward the Tyee Lakes where you can take the trail further down to South Lake Road for an exit. Along the trail is:

Little George Lake: About 2.3 miles from the trailhead at 10,160 feet. Consists of small Brookies.

George Lake: 2.7 miles from the trailhead at 10,700 feet. Consists of Brookies.

Tyee Lakes: Going over an 11,500 foot ridge you drop into Tyee Lakes, about 4.25 miles from the trailhead at 11,000 feet. There are 6 lakes within this group for about a mile. Lakes #1, 4, and 5 contain brookies and rainbows. Lake #2 contains just Brookies and Lake #6 contains just Rainbows. Lake #3 is managed "fishless". Lake #1 is at the lowest elevation is 10,300 feet. The nearest exit is 1.5 miles further downstream where the trail meets South Lake Road at the T trailhead.

Continuing straight on the Blue Lake trail you can access a number of lakes:

Blue Lake: Blue Lake (30 acres) is at 10,400' and consist of Rainbows and Brookies. It's a two hour hike in from Lake Sabrina about 3 miles from the trailhead. It lies within a granite cirque surrounded by conifers with the Thompson Ridge as a backdrop to the southeast. The trail goes across the lake's outlet stream follows along the lake's western shore to a granite outcrop, with magnificent views of the lake and surrounding peaks. The best campsites are on located on benches around the west and south sides of the lake.

Donkey Lake: About 3.5 miles from the trailhead at 10,640 feet. Consists of Brookies.

Baboon Lakes: Three lakes of 13, 7, and 3 acres at 11,000 feet elevation. Consists of Rainbows and Brookies. About a 3 hour hike at 3.7 miles from the trailhead.

Sunset Lake: (30 acres) at 11,200 feet elevation. Consists of Brookies. About a 4 hour hike at 5 miles from the trailhead. Must follow creek from Baboon Lake.

From the western shoreline of Blue Lake the trail forks to the west about 2.5 miles from the trailhead. This takes you to past the Emerald Lakes to a number of lakes:

Emerald Lakes: At 10,400 feet, 3 miles from the trailhead, Emerald consists of 4 small, shallow lakes with Brookies and Kamloop Rainbows. Most of the fish are less than 8 inches.

Dingleberry Lake: About 4.6 miles from the trailhead at 10,500 feet elevation. Consists of Brookies 6-8 inches. Best at the inlet on the southern shore. Goats can be found at the north and south end of the lake.

Pee Wee Lake: At 4 miles, the trail forks to the east to Pee Wee and Topsy Turvey Lake. Pee Wee is a small lake about 4.4 miles from the trailhead at 10,600 feet. Contains Brookies.

Topsy Turvey Lake: Shallow lake filled with gigantic boulders, about 4.5 miles from trailhead at 10,800 feet. Consists of Rainbows and Brookies.

Sailor Lake: At 4.2 miles from the trailhead the trail forks to the east to Sailor Lake, Moonlight Lake, and Hungry Packer. Sailor Lake is at 11,040 feet about 4.2 miles from the trailhead. Consists of Brookies and Kamloop Rainbows.

Moonlight Lake: Go along the south shore of Sailor Lake and follow the creek up to Moonlight Lake at 11,060 feet. About 20 acres in size with numerous brookies throughout. Consists of Brookies. From Moonlight Lake, you can follow the creek up to Echo Lake about 1 mile further at 11,600 feet. Supposedly, there are the 16 inch class up there.

Hungry Packer Lake: 30 acre lake at 11,070 feet about 5.2 miles from the trailhead. Hungry Packer is deeper than most of the area lakes and contains son rainbows and brookies. Steep sides along the southern shoreline.

Midnight Lake: Following the trail straight ahead, the trail ends at Midnight Lake at the bottom of a cistern granitic bowl, surrounded on three sides by steep and jagged peaks. It's at 11,000 feet elevation about 4.9 miles from trailhead. Talus slopes cascade down to the lakes southern shore. To the west, Mount D (13,831-ft.) pierces the sky. Consists of Brookies.

To the west of Midnight Lake is:

Blue Heaven Lake: At 11,821 feet. Must go off-trail to the west from the inlet of Midnight Lake about 3/4 miles with a 850 foot gain. Contains Brookies.

Hell Diver Lakes: At 11,700 feet. Three small lakes to the northeast of Blue Heaven Lake. Contains Brookies.

Accessed from Dingleberry Lake, you can reach:

Fishgut Lakes: At 11,000 feet. Must go off-trail to the northwest from the inlet of Dingleberry Lake about 3/4 miles with a 550 foot gain. Contains Brookies.

Bottleneck Lake: At 11,122 feet. About 1/4 mile southwest of Fishgut Lakes. Contains Brookies.

Schober Lakes: At 11,700 feet. About 1/2 mile west of Bottleneck Lake. Contains Brookies in the Lower Lake. Brookies and Goldens in the Upper Lake.

Prior to reaching Sabrina Lake is a turnoff to North Lake. There are two trails out of North Lake. One takes you up to Piute Pass into the Humphreys Basin and the other trail forks to the south and brings you into the Lamarack Lakes area. From the Lamarack Lakes Trail you can encounter:

Grass Lake: A small lake at 9,800 feet elevation with Brookies about 1 mile from the trailhead at North Lake.

Lower Lamarack Lake: About 1.5 miles from the trailhead at 10,600 feet. Consists of Brookies and Rainbows.

Upper Lamarack Lake: Trail ends at 2.0 miles from trailhead. Lake is at 10,900 feet and consists of Brookies and Rainbows.

Wonder Lakes: At Lower Lamarack Lake, go along the northern shore and follow the creek up to Wonder Lakes. The first lake will be about 2.0 miles from the trailhead. There are about a dozen lakes over a two mile stretch starting at 10,800 feet and going up to 11,600 feet, consisting of small brookies.

Fishing Regulations (Effective March 1st, 2021)

Sabrina Lake and South Lake:

Last Saturday in Apr. through Nov. 15. No restrictions. 5 trout per day.

All Lakes and Reservoirs in Inyo and Mono Counties (except Bridgeport Reservoir and tributaries; Convict Lake; Crowley Lake; George Lake; Grant Lake; Horseshoe Lake; June Lake; Lundy Lake; Mamie Lake; Mary Lake; Rock Creek Lake; Sabrina Lake; Silver Lake; South Lake; Twin Lakes (Mammoth); Twin Lower and Upper (Bridgeport); Virginia Lake, Lower and Upper):

Open all year. 5 trout. 10 in possession. No gear restrictions.

All creeks and tributaries:

From the last Saturday in April through November 15, five trout daily bag limit, 10 trout in possession; and, from November 16 through the Friday preceding the last Saturday in April, 0 trout bag limit, artificial lures with barbless hooks only and trout must be released unharmed and not removed from the water.

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