

Jose Guillen

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SUMMARY

Dedicated and adaptable professional with a background in Public Health and ongoing web development training. I am eager to leverage my strong analytical and problem-solving skills, commitment to high-quality work, and ongoing technical education to contribute to the success of your team.

WORK EXPERIENCE

Summit High School Mental Health Intervention

Hs-403C: Plan, Implementing, and Evaluating Health Promotion Programs 7/2019-12/2019

- Designed a thought-provoking mental health intervention program with a focus on mindfulness activities towards underrepresented middle school students at Summit High.
- Collaborated with a community partner at Summit High to decrease stress levels in 16 middle school students to which we implemented within three weeks in October.
- Evaluated program based on effectiveness of reducing stress levels.
- Presented research findings at the NAU Undergraduate Symposium.

NACA Health Promotions Intern

Experienced based intern within a collaborative team 1/2020-5/2020

- Conducted research grant related work for various NACA projects
- Community outreach work to help promote indigenous lifestyles

Antigua Heat Seal Operator/Quality Control

Operated HS machinery and ensure garment QC 11/2022-Present

- Operate heat seal machine to apply embroidery logos to garments
- Ensure QC standards are met by inspecting outbound garment goods

SKILLS

- Web Dev Languages: JS, HTML, CSS || Git, Insomnia, Heroku || Node.js, Express.js, Sequelize, React || SQL, MongoDB
- Proficient in Microsoft Office (PowerPoint, Word, Excel).
- Able to effectively work under team collaborations with consideration from team members.
- Thinking critically, analyzing and collecting data within a largescale project.

EDUCATION

Northern Arizona University

Flagstaff, Arizona

Bachelor of Science in Health Sciences: Public Health

June 2016 - May 2020

Fullstack Web Development

Phoenix, Arizona

ASU Bootcamp – 24 Week Course

June 2023 - Ongoing