Lisbon, Portugal Area Food Sources with Bulk Buying Options

## Maria Granel

Type: Organic Bulk Store

Address: Multiple locations in Lisbon

City: Lisbon

Description: Portugal’s first zero-waste grocery store offering bulk organic grains, seeds, legumes, spices, and baking ingredients.

Website: https://mariagranel.com/

Dietary Preferences/Tags: Bulk, organic, zero-waste

## Celeiro

Type: Health Food Store

Address: Multiple locations in Lisbon

City: Lisbon

Description: Health food chain with select locations offering bulk bins for grains, dried fruits, and other pantry staples.

Website: https://www.celeiro.pt/

Dietary Preferences/Tags: Bulk, organic, vegan, natural

## Go Natural

Type: Health Food Store

Address: Av. da Liberdade, and other locations in Lisbon

City: Lisbon

Description: Focuses on organic and natural products with some locations offering grains, legumes, and nuts in bulk packaging.

Website: https://www.gonatural.pt/

Dietary Preferences/Tags: Bulk, organic, health food

## Miosótis Bio

Type: Organic Supermarket

Address: Av. 5 de Outubro 143D, 1050-052 Lisboa

City: Lisbon

Description: Specializes in organic and local products with options for bulk produce, legumes, and dry goods.

Website: https://www.miosotis-bio.pt/

Dietary Preferences/Tags: Bulk, organic, farm-direct

## Biomercado

Type: Organic Supermarket

Address: Multiple locations in Lisbon

City: Lisbon

Description: Carries a variety of bulk-packaged goods including flours, beans, and grains, all certified organic.

Website: https://www.biomercado.pt/

Dietary Preferences/Tags: Bulk, organic, zero-waste

## Lidl

Type: Supermarket

Address: Multiple locations in Lisbon

City: Lisbon

Description: Though not a bulk store, Lidl regularly offers large value packs of grains, snacks, and frozen items at discount prices.

Website: https://www.lidl.pt/

Dietary Preferences/Tags: Bulk value packs, budget-friendly

## Auchan

Type: Supermarket

Address: Multiple locations in Lisbon

City: Lisbon

Description: Provides a selection of dry goods and frozen items in bulk or extra-large formats, often with store-brand discounts.

Website: https://www.auchan.pt/

Dietary Preferences/Tags: Bulk formats, family-size