Lisbon, Portugal Area Food Sources with Dairy-Free Pantry Options

## Continente

Type: Supermarket

Address: Multiple locations in Lisbon

City: Lisbon

Description: Continente offers a wide range of dairy-free products, including plant-based yogurts under its 'Powered by Plants' brand, featuring almond and coconut-based options.

Website: https://www.continente.pt/

Dietary Preferences/Tags: Dairy-free, vegan, plant-based

## Pingo Doce

Type: Supermarket

Address: Multiple locations in Lisbon

City: Lisbon

Description: Pingo Doce provides various plant-based products, including non-dairy milks, yogurts, and ice creams.

Website: https://www.pingodoce.pt/

Dietary Preferences/Tags: Dairy-free, vegan, plant-based

## Lidl

Type: Supermarket

Address: Multiple locations in Lisbon

City: Lisbon

Description: Lidl offers a variety of dairy-free products, such as soy cream, non-dairy milks, and vegan ice creams.

Website: https://www.lidl.pt/

Dietary Preferences/Tags: Dairy-free, vegan, plant-based

## Auchan

Type: Supermarket

Address: Multiple locations in Lisbon

City: Lisbon

Description: Auchan stores provide a selection of dairy-free products, including vegan cheeses and plant-based alternatives.

Website: https://www.auchan.pt/

Dietary Preferences/Tags: Dairy-free, vegan, plant-based

## El Corte Inglés

Type: Department Store with Supermarket

Address: Av. António Augusto de Aguiar, 31

City: Lisbon

Description: El Corte Inglés includes a supermarket that stocks a variety of dairy-free and vegan products, catering to various dietary needs.

Website: https://www.elcorteingles.pt/

Dietary Preferences/Tags: Dairy-free, vegan, plant-based

## Celeiro

Type: Health Food Store

Address: Multiple locations in Lisbon

City: Lisbon

Description: Celeiro is a well-known health food chain offering a wide range of dairy-free products, including non-dairy milks and vegan items.

Website: https://www.celeiro.pt/

Dietary Preferences/Tags: Dairy-free, vegan, organic

## Biomercado

Type: Organic Supermarket

Address: Multiple locations in Lisbon

City: Lisbon

Description: Biomercado provides various dairy-free choices, including plant-based products and bulk ingredients.

Website: https://www.biomercado.pt/

Dietary Preferences/Tags: Dairy-free, vegan, organic

## Maria Granel

Type: Organic Bulk Store

Address: Multiple locations in Lisbon

City: Lisbon

Description: Maria Granel offers a range of certified organic products, including lactose-free and vegan items, with a focus on reducing ecological footprint.

Website: https://mariagranel.com/

Dietary Preferences/Tags: Dairy-free, vegan, organic, zero-waste

## GreenBeans

Type: Vegan Grocery Store

Address: Lisbon

City: Lisbon

Description: GreenBeans is a 100% vegan grocery store offering a fair, ethical, biological, and healthy alternative for shoppers.

Website: https://www.simbiotico.eco/en/ecospot/greenbeans

Dietary Preferences/Tags: Dairy-free, vegan, organic

## Bomercado

Type: Organic Grocery Store

Address: R. de São Bento 235, 1250-221 Lisbon

City: Lisbon

Description: Bomercado is an organic grocery store offering a variety of vegan products, including fruits, beverages, and gluten-free items, focusing on supporting small producers.

Website: https://www.happycow.net/reviews/bomercado-lisbon-424897

Dietary Preferences/Tags: Dairy-free, vegan, organic