Lisbon, Portugal Area Food Sources with Farm-Raised Meat

## Biomercado

Type: Organic Supermarket

Address: Multiple locations in Lisbon

City: Lisbon

Description: Biomercado offers organic, ethically sourced meat from local and regional farms, including beef, pork, and poultry.

Website: https://www.biomercado.pt/

Dietary Preferences/Tags: Farm-raised meat, organic, local

## El Corte Inglés

Type: Department Store with Supermarket

Address: Av. António Augusto de Aguiar, 31

City: Lisbon

Description: Includes a gourmet meat section with select cuts from Portuguese farms known for humane and sustainable practices.

Website: https://www.elcorteingles.pt/

Dietary Preferences/Tags: Farm-raised meat, premium, regional

## Mercado de Campo de Ourique

Type: Traditional Market

Address: Rua Coelho da Rocha, 104

City: Lisbon

Description: Traditional market with butchers offering farm-sourced meats including pasture-raised and locally butchered cuts.

Website: https://www.mercadodecampodeourique.pt/

Dietary Preferences/Tags: Farm-raised meat, local, traditional

## Time Out Market Lisboa (Mercado da Ribeira)

Type: Market

Address: Avenida 24 de Julho

City: Lisbon

Description: Several vendors sell farm-direct meat, including sausages and specialty cuts, often from small Portuguese producers.

Website: https://www.timeoutmarket.com/lisboa/

Dietary Preferences/Tags: Farm-raised meat, local, artisan

## Miosótis Bio

Type: Organic Supermarket

Address: Av. 5 de Outubro 143D, 1050-052 Lisboa

City: Lisbon

Description: Organic market known for high-quality produce and meats, including traceable farm-raised cuts of beef and poultry.

Website: https://www.miosotis-bio.pt/

Dietary Preferences/Tags: Farm-raised meat, organic, traceable

## Herdade do Freixo do Meio (sold via online and Lisbon markets)

Type: Organic Farm & Online Store

Address: Online and available at local Lisbon farmer markets

City: Lisbon

Description: A renowned organic farm offering direct-to-consumer meat deliveries, specializing in regenerative farming and Iberian breeds.

Website: https://herdadedofreixodomeio.com/

Dietary Preferences/Tags: Farm-raised meat, organic, regenerative, delivery